

INDICATIONS: , The patient is a 22-year-old female with past medical history of syncope. The patient is also complaining of dizziness. She was referred here by Dr. X for tilt table.,TECHNIQUE: , Risks and benefits explained to the patient. Consent obtained. She was lying down on her back for 20 minutes and her blood pressure was 111/75 and heart rate 89. She was standing up on the tilt tablet for 20 minutes and her heart rate went up to 127 and blood pressure was still in 120/80. Then, the patient received sublingual nitroglycerin 0.4 mg. The patient felt dizzy at that time and heart rate was in the 120 and blood pressure was 110/50. The patient felt nauseous and felt hot at that time. She did not pass out.,COMPLICATIONS:, None.,Tilt table was then terminated.,SUMMARY:, Positive tilt table for vasovagal syncope with significant increase of heart rate with minimal decrease of blood pressure.,RECOMMENDATIONS: , I recommend followup in the office in one week and she will need Toprol-XL 12.5 mg every day if symptoms persist.