

PROCEDURE: , Flexible sigmoidoscopy.,PREOPERATIVE  
DIAGNOSIS:, Rectal bleeding.,POSTOPERATIVE  
DIAGNOSIS: ,Diverticulosis.,MEDICATIONS: ,  
None.,DESCRIPTION OF PROCEDURE: ,The Olympus  
gastroscope was introduced through the rectum and  
advanced carefully through the colon for a distance of 90 cm,  
reaching the proximal descending colon. At this point, stool  
occupied the lumen, preventing further passage. The colon  
distal to this was well cleaned out and easily visualized. The  
mucosa was normal throughout the regions examined.  
Numerous diverticula were seen. There was no blood or old  
blood or active bleeding. A retroflexed view of the anorectal  
junction showed no hemorrhoids. He tolerated the procedure  
well and was sent to the recovery room.,FINAL  
DIAGNOSES:,1. Sigmoid and left colon diverticulosis.,2.  
Otherwise normal flexible sigmoidoscopy to the proximal  
descending colon.,3. The bleeding was most likely from a  
diverticulum, given the self limited but moderately severe  
quantity that he described.,RECOMMENDATIONS:,1. Follow  
up with Dr. X as needed.,2. If there is further bleeding, a full  
colonoscopy is recommended.