

CHIEF COMPLAINT:, This 1-year-old female presents today for a health maintenance exam. Patient was accompanied by mother.,The child eats 3 meals a day plus 2 snacks and is off the bottle. She sleeps through the night. She takes morning and afternoon naps. Mother is concerned about child's red, matted eye and not walking completely alone yet.

Immunizations need to be updated at today's

visit.,**DEVELOPMENTAL MILESTONES:**, 1 year developmental milestones reached: bangs blocks together, drinks from cup, eating finger foods, feeds self, gives toys on request, imitates vocalizations, looks for dropped or hidden objects, points to desired objects, pulls to stand and cruises, releases cube into cup after demonstration, says ""mama"" and ""dada"" with meaning, says one or two other words, tries to build tower of 2 cubes and waves bye.,**ALLERGIES:**, No known medical allergies.,**MEDICATIONS:**, None.,**PMH:** , Past medical history is unremarkable.,**PSH:** , No previous surgeries.,**FAMILY HISTORY:**, Patient admits a family history of cancer associated with maternal aunt, hypertension associated with paternal grandfather.,**SOCIAL HISTORY:**, She lives at home with parents. Patient admits being in daycare.,**REVIEW OF SYSTEMS:**, No change since last visit,**PHYSICAL EXAM:**, Temp: 97.6 Height: 0 ft. 31 in.

Weight: 28 lbs. BMI: 20,Growth Chart Entry: Weight: 28 lbs 0 ozs Height: 0 ft 31 in Head Circumference: 18.50 in Patient is a 1 year-old female who appears in no apparent distress, well developed and well nourished.,Inspection of head and face shows anterior fontanel normal, posterior fontanel normal and

head is normocephalic and atraumatic.,Eyes: Fundoscopic exam reveals red reflex is present bilaterally.,Alignment is normal.,Sclera is white bilaterally.,Left inferior palpebral conjunctiva reveals conjunctivitis.,Ocular motility exam reveals gross orthotropia with full ductions and versions bilateral.,ENT: Pinna: normal.,Otoscopic examination reveals no abnormalities of external auditory canals and tympanic membranes.,Inspection of nose reveals no abnormalities and nares that are normal.,Nasal mucosa moist, pink, and without mass or exudate with no abnormalities of the septum and turbinates noted.,Inspection of lips, gums, and palate reveals no abnormalities.,Examination of oropharynx reveals no abnormalities and tissues pink and moist.,Neck: Neck exam reveals no masses.,Respiratory: Assessment of respiratory effort reveals even and nonlabored respirations. Auscultation of lungs reveal clear lung fields and no rales noted.,Cardiovascular: Heart auscultation reveals rate is regular, rhythm is regular and no murmurs, gallop, rales or clicks. Femoral pulses are 2 /4, bilateral.,Abdomen: Abdomen soft, nontender, bowel sounds present x 4 without palpable masses. Palpation of liver reveals no abnormalities. Palpation of spleen reveals no abnormalities.,Genitourinary: Examination of anus and perineum shows no abnormalities.,Musculoskeletal: Inspection and palpation of bones, joints and muscles is unremarkable.,Muscle tone is normal.,Skin: Skin is not pale, jaundice, or cyanotic. Skin turgor, hydration, and texture is good. Palpation of skin shows no abnormalities.,Neurologic/Psychiatric: Moves all

extremities.,TEST & X-RAY RESULTS:, Hb: 12
g/dl.,IMPRESSION:, Routine well child care. Acute
conjunctivitis.,PLAN: