

ACROMIOCLAVICULAR JOINT INJECTION,PROCEDURE::

Informed consent was obtained from the patient. All possible complications were mentioned including joint swelling, infection, and bruising. The joint was prepared with Betadine and alcohol. Then 1 mL of Depo-Medrol and 2 mL of 0.25% Marcaine were injected using the anterior approach. This was injected easily using a 25 gauge needle with the patient sitting and the shoulder propped up on a pillow. The joint was entered easily without any great difficulty. Aspiration was performed prior to the injection to make sure there was no intravascular injection. There were no complications and good relief of symptoms.,POST PROCEDURE INSTRUCTIONS:

The patient has been asked to report to us any redness, swelling, inflammation, or fevers. The patient has been asked to restrict the use of the * extremity for the next 24 hours.