

PROCEDURE: , Flexible sigmoidoscopy.,PREOPERATIVE
DIAGNOSIS:, Rectal bleeding.,POSTOPERATIVE
DIAGNOSIS: ,Diverticulosis.,MEDICATIONS: ,
None.,DESCRIPTION OF PROCEDURE: ,The Olympus
gastroscope was introduced through the rectum and
advanced carefully through the colon for a distance of 90 cm,
reaching the proximal descending colon. At this point, stool
occupied the lumen, preventing further passage. The colon
distal to this was well cleaned out and easily visualized. The
mucosa was normal throughout the regions examined.
Numerous diverticula were seen. There was no blood or old
blood or active bleeding. A retroflexed view of the anorectal
junction showed no hemorrhoids. He tolerated the procedure
well and was sent to the recovery room.,FINAL
DIAGNOSES:,1. Sigmoid and left colon diverticulosis.,2.
Otherwise normal flexible sigmoidoscopy to the proximal
descending colon.,3. The bleeding was most likely from a
diverticulum, given the self limited but moderately severe
quantity that he described.,RECOMMENDATIONS:,1. Follow
up with Dr. X as needed.,2. If there is further bleeding, a full
colonoscopy is recommended.