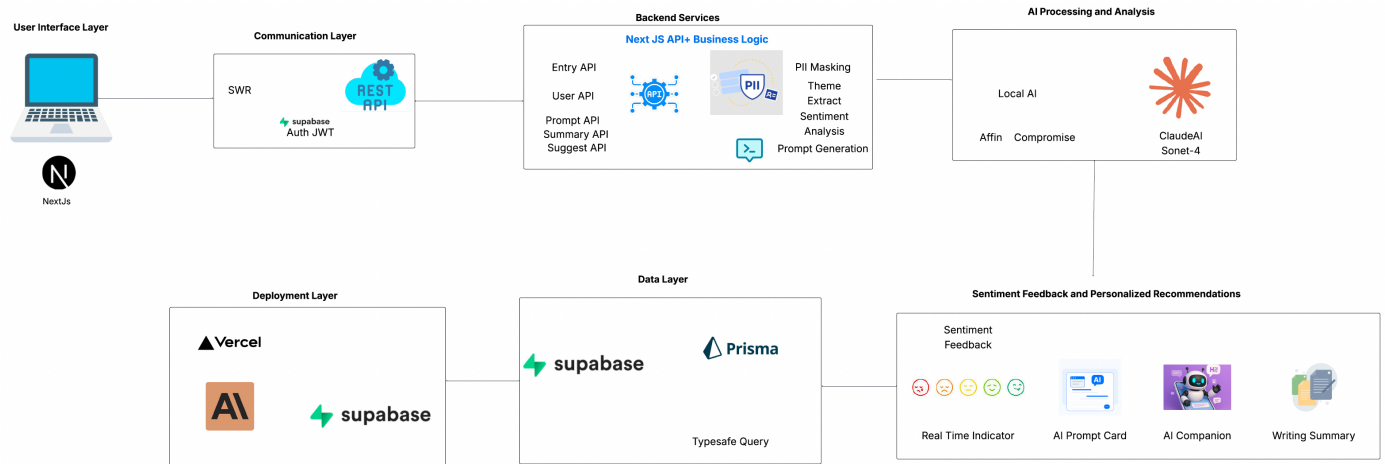


Architecture Diagram



Reflect AI - Design Choices

1. Privacy-First Architecture

Choice: PII masking before all external API calls, local processing for sentiment analysis

Rationale: Critical for user trust in a journaling app. Demonstrates security-first mindset for PANW judges.

2. Hybrid AI Processing

Choice: Local AFINN sentiment (instant) + Cloud Claude API (advanced features)

Rationale: Instant feedback without latency, reduces API costs, works offline, maintains privacy.

3. Next.js 14 App Router

Choice: Server Components by default, Client Components only when needed

Rationale: Smaller bundle size, better performance, direct database access, improved SEO.

4. TypeScript Throughout

Choice: 100% TypeScript with strict type checking

Rationale: Catch errors at compile time, better IDE support, safer refactoring, types as documentation.

5. SWR for Data Fetching

Choice: SWR library for client-side data fetching with caching

Rationale: Automatic caching, background revalidation, optimistic updates, reduces API calls.

6. Prisma ORM

Choice: Prisma instead of raw SQL queries

Rationale: Type-safe queries, excellent migrations, prevents SQL injection, better developer experience.

7. PostgreSQL via Supabase

Choice: PostgreSQL database hosted on Supabase

Rationale: Relational data fits journal entries, JSON support for flexible data, integrated auth, free tier.

8. REST API Architecture

Choice: REST API routes instead of GraphQL

Rationale: Simpler to implement, better HTTP caching, works well with TypeScript, less overhead.

9. Aggregated Data Only

Choice: Weekly summaries send only statistics, not full entry text

Rationale: Privacy protection, smaller payloads, lower costs, faster API calls.

10. Debouncing for AI Suggestions

Choice: 2-second delay + >100 characters before AI suggestions

Rationale: Reduces API calls, prevents overwhelming users, natural rate limiting, cost efficiency.

11. Caching Strategy

Choice: Cache prompts (24h) and summaries (weekly)

Rationale: Reduces API costs, faster responses, stays within rate limits, better UX.

12. Supabase Auth

Choice: Supabase Auth instead of custom authentication

Rationale: Battle-tested security, faster implementation, JWT tokens, integrated with database.

13. Zod Input Validation

Choice: Zod schemas for all API request validation

Rationale: Type inference, runtime validation, clear error messages, prevents malicious input.

14. Component-Based Architecture

Choice: Modular React components organized by feature

Rationale: Reusability, maintainability, easier testing, clear organization, better collaboration.

15. shadcn/ui Component Library

Choice: shadcn/ui built on Radix UI

Rationale: Excellent accessibility, easy Tailwind customization, copy-paste components, TypeScript support.

16. Separation of Concerns

Choice: Clear separation between API routes, business logic, and data layer

Rationale: Maintainability, testability, reusability, better organization, easier debugging.

17. Vercel Deployment

Choice: Deploy on Vercel platform

Rationale: Optimized for Next.js, global CDN, serverless functions, easy Git-based deployment.

18. Local Processing First

Choice: Sentiment analysis and theme extraction happen locally

Rationale: Instant feedback, no external calls, privacy, works offline, cost-effective.

19. Context-Aware Prompts

Choice: Prompts generated based on entry history, themes, and sentiment patterns

Rationale: Personalized experience, reduces blank page anxiety, creates continuity, improves engagement.

20. User Privacy Controls

Choice: Users can disable AI features, export data, delete account

Rationale: User trust, compliance with privacy regulations, transparency, user control.

Reflect AI Tech- Stack

1. Frontend Technologies

-> Core Framework

- **Next.js 14.2.0** (App Router)

- Server Components by default
- Route Handlers for API endpoints
- Built-in optimizations (image, font, script)
- File-based routing with route groups

-> UI Framework

- **React 18.3.0**

- Functional components with hooks
- Server Components for data fetching
- Client Components for interactivity

-> Language

- **TypeScript 5.x**

- Full type safety throughout
- Strict mode enabled
- Type inference and narrowing

-> Styling

- **Tailwind CSS 3.4.1**

- Utility-first CSS framework
- Mobile-first responsive design
- Custom color palette (teal primary)
- Dark mode support

-> UI Component Library

- **shadcn/ui (built on Radix UI)**

- Accessible component primitives
- Customizable with Tailwind
- Components used:
 - Button, Card, Input, Textarea
 - Dialog, Dropdown Menu
 - Switch, Toast, Label

-> Icons

- **Lucide React 0.400.0**

- Consistent icon set
- Tree-shakeable
- Used throughout UI

-> Data Visualization

- **Recharts 2.12.0**

- Sentiment trend charts
- Responsive line charts
- Customizable styling

-> State Management & Data Fetching

- **SWR 2.2.5**

- Client-side data fetching
- Automatic revalidation

- Cache management
- Optimistic updates

-> Forms

- **React Hook Form 7.52.0**

- Form state management
- Validation integration
- Performance optimized

-> Validation

- **Zod 3.23.0**

- Schema validation
- Type inference
- API request validation
- Error messages

2. Backend Technologies

-> API Framework

- **Next.js API Routes (Route Handlers)**

- Server-side API endpoints
- TypeScript support
- Middleware integration
- Edge runtime compatible

-> Database ORM

- **Prisma 5.20.0**

- Type-safe database client
- Migration management
- Query builder
- Relationship handling

-> Database

- **PostgreSQL (via Supabase)**

- Relational database
- JSON column support
- Full-text search capability
- Connection pooling

-> Authentication

- **Supabase Auth (@supabase/ssr 0.8.0)**

- JWT-based authentication
- Email/password auth
- Session management
- Server-side auth helpers

3.AI & NLP Technologies

-> Cloud AI Service

- **Anthropic Claude API (@anthropic-ai/sdk 0.40.0)**

- Model: claude-sonnet-4-20250514
- Prompt generation

- Writing suggestions
- Weekly summaries
- PII masking before API calls

-> Local Sentiment Analysis

- sentiment 5.0.2

- AFINN-165 word list
- Real-time sentiment scoring
- No external API calls
- Score range: -5 to +5

-> Local NLP Processing

- compromise 14.10.0

- Theme extraction
- Part-of-speech tagging
- Noun phrase extraction
- Local text processing

-> PII Detection

- email-regex 5.0.0

- Email address detection
- phone-regex 1.0.0
- Phone number detection
- Custom regex patterns
- SSN, credit card, address detection

4. Development Tools

-> Build Tools

- TypeScript Compiler

- Type checking
- ES2020 target
- Module resolution

-> Code Quality

- ESLint 8.x

- Next.js config
- TypeScript rules
- React hooks rules

-> Package Management

- npm

- Dependency management
- Script execution
- Post-install hooks

-> Environment Management

- dotenv-cli 11.0.0

- Environment variable loading
- Local development

5. Deployment & Infrastructure

-> Hosting

- Vercel

- Edge network
- Automatic deployments
- Environment variables
- Serverless functions

-> Database Hosting

- Supabase

- Managed PostgreSQL
- Connection pooling
- Real-time capabilities
- Free tier available

-> Version Control

- Git

- Source control
- Branch management
- Commit history

6.Utility Libraries

-> Utilities

- clsx 2.1.0

- Conditional class names

- Tailwind class merging

- tailwind-merge 2.3.0

- Merge Tailwind classes
- Conflict resolution

- class-variance-authority 0.7.0

- Component variant management
- Type-safe variants

-> Date Handling

- date-fns 4.1.0

- Date formatting
- Date calculations
- Timezone handling

7.Architecture Patterns

-> Design Patterns Used

1. Server Components First: Default to Server Components, use Client Components only when needed
2. API Route Pattern: RESTful API routes for data operations
3. Repository Pattern: Prisma abstracts database access
4. Service Layer: Business logic separated from API routes
5. Middleware Pattern: Authentication and route protection

-> Code Organization

src/

- |— app/ # Next.js App Router pages and API routes
- |— components/ # React components
- |— lib/ # Utility functions and business logic
- |— hooks/ # Custom React hooks
- |— types/ # TypeScript type definitions

Performance Optimizations

1. Server Components: Reduce client bundle size
2. Code Splitting: Automatic with Next.js
3. Image Optimization: Next.js Image component
4. SWR Caching: Reduce API calls
5. Debouncing: Limit AI API requests
6. Database Indexing: Optimized queries
7. Connection Pooling: Efficient database connections

Security Features

1. PII Masking: Before external API calls
2. Input Validation: Zod schemas
3. SQL Injection Prevention: Prisma ORM
4. Authentication: Supabase JWT tokens
5. HTTPS: Encrypted traffic
6. Environment Variables: Secure secret management

Browser Support

- Modern browsers (Chrome, Firefox, Safari, Edge)
- Mobile responsive (iOS Safari, Chrome Mobile)
- Progressive Web App (PWA) ready

Development Environment

- Node.js: 18.x or higher
- npm: 9.x or higher
- TypeScript: 5.x
- PostgreSQL: Managed via Supabase

Key Dependencies Summary

-> Production Dependencies

```
```.json
{
 "@anthropic-ai/sdk": "^0.40.0",
 "@prisma/client": "^5.20.0",
 "@radix-ui/react-*": "^1.0.5 - ^2.1.16",
 "@supabase/ssr": "^0.8.0",
 "@supabase/supabase-js": "^2.45.0",
 "class-variance-authority": "^0.7.0",
 "clsx": "^2.1.0",
```

```
"compromise": "^14.10.0",
"date-fns": "^4.1.0",
"email-regex": "^5.0.0",
"lucide-react": "^0.400.0",
"next": "14.2.0",
"next-themes": "^0.4.6",
"phone-regex": "^1.0.0",
"react": "^18.3.0",
"react-dom": "^18.3.0",
"react-hook-form": "^7.52.0",
"recharts": "^2.12.0",
"sentiment": "^5.0.2",
"swr": "^2.2.5",
"tailwind-merge": "^2.3.0",
"tailwindcss-animate": "^1.0.7",
"zod": "^3.23.0"
}
` ``
```

## -> Development Dependencies

```
` `` json
{
 "@types/node": "^20",
 "@types/react": "^18",
 "@types/react-dom": "^18",
 "autoprefixer": "^10.4.19",
```

```
"dotenv-cli": "^11.0.0",
"eslint": "^8",
"eslint-config-next": "14.2.0",
"postcss": "^8.4.38",
"prisma": "^5.20.0",
"tailwindcss": "^3.4.1",
"typescript": "^5"
}
` ``
```

### **Technology Choices Rationale**

-> Why Next.js 14 App Router?

- Server Components reduce client bundle size
- Built-in API routes simplify backend
- Excellent developer experience
- Optimized for production

-> Why Prisma?

- Type-safe database access
- Excellent migration system
- Great developer experience
- Strong TypeScript support

-> Why Supabase?

- Managed PostgreSQL database
- Built-in authentication



- Free tier for hackathons

- Easy to set up

-> Why Anthropic Claude?

- Demonstrates PANW product knowledge

- High-quality AI responses

- Good prompt engineering support

- Privacy-conscious API

-> Why Local Sentiment Analysis?

- Instant feedback (no API delay)

- Privacy-first (no external calls)

- Cost-effective (no API costs)

- Reliable (no rate limits)

-> Why SWR?

- Automatic caching and revalidation

- Optimistic updates

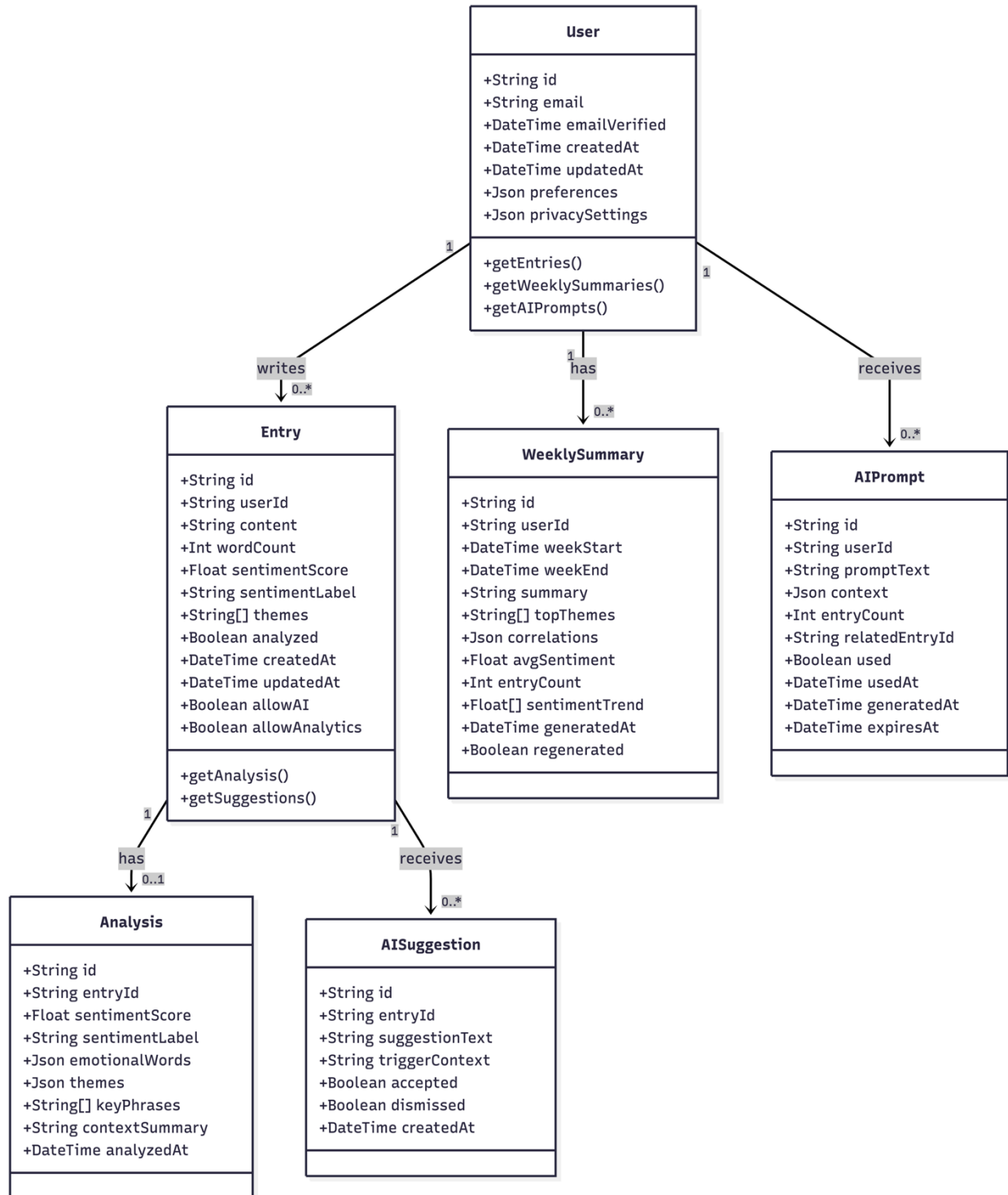
- Error handling built-in

- Small bundle size

## **UML Diagrams**

### **1.Class Diagram**

The class diagram shows the database models and their relationships in Reflect AI.



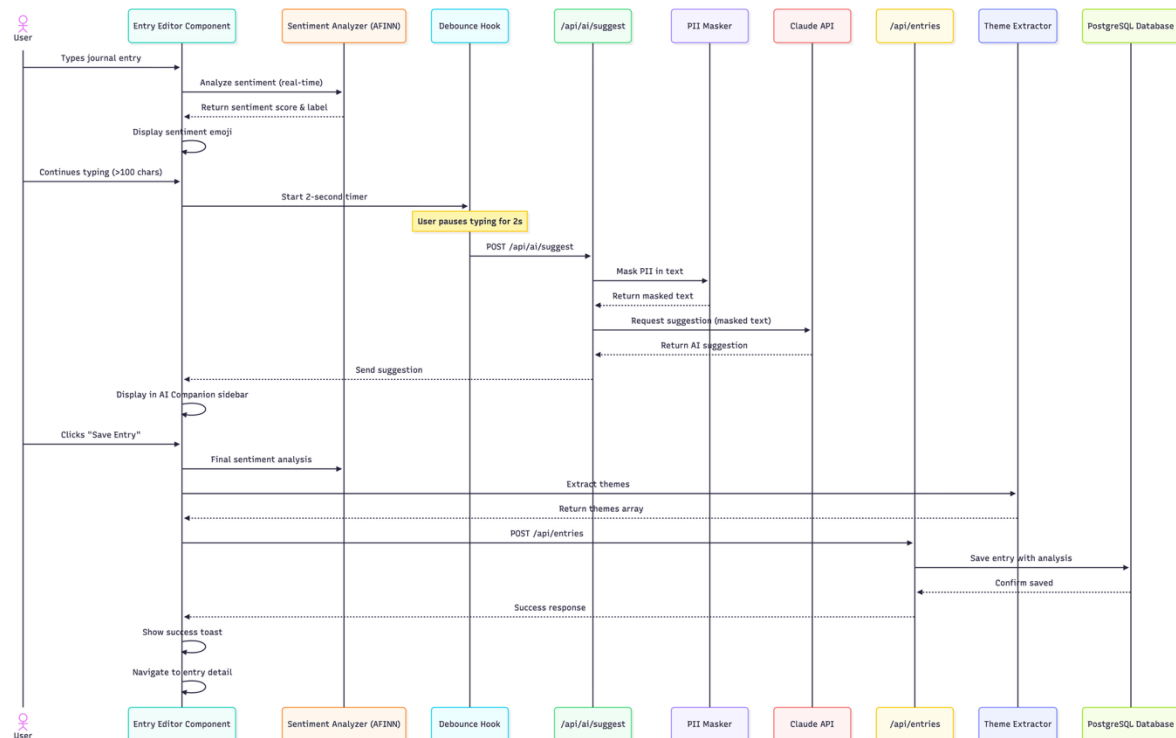
- User → Entry: One-to-many relationship. A user can write multiple entries.

- User → WeeklySummary: One-to-many relationship. A user can have multiple weekly summaries.
- User → AIPrompt: One-to-many relationship. A user can receive multiple AI prompts.
- Entry → Analysis: One-to-zero-or-one relationship. An entry can have an optional detailed analysis.
- Entry → AISuggestion: One-to-many relationship. An entry can receive multiple AI suggestions.

## 2. Sequence Diagrams

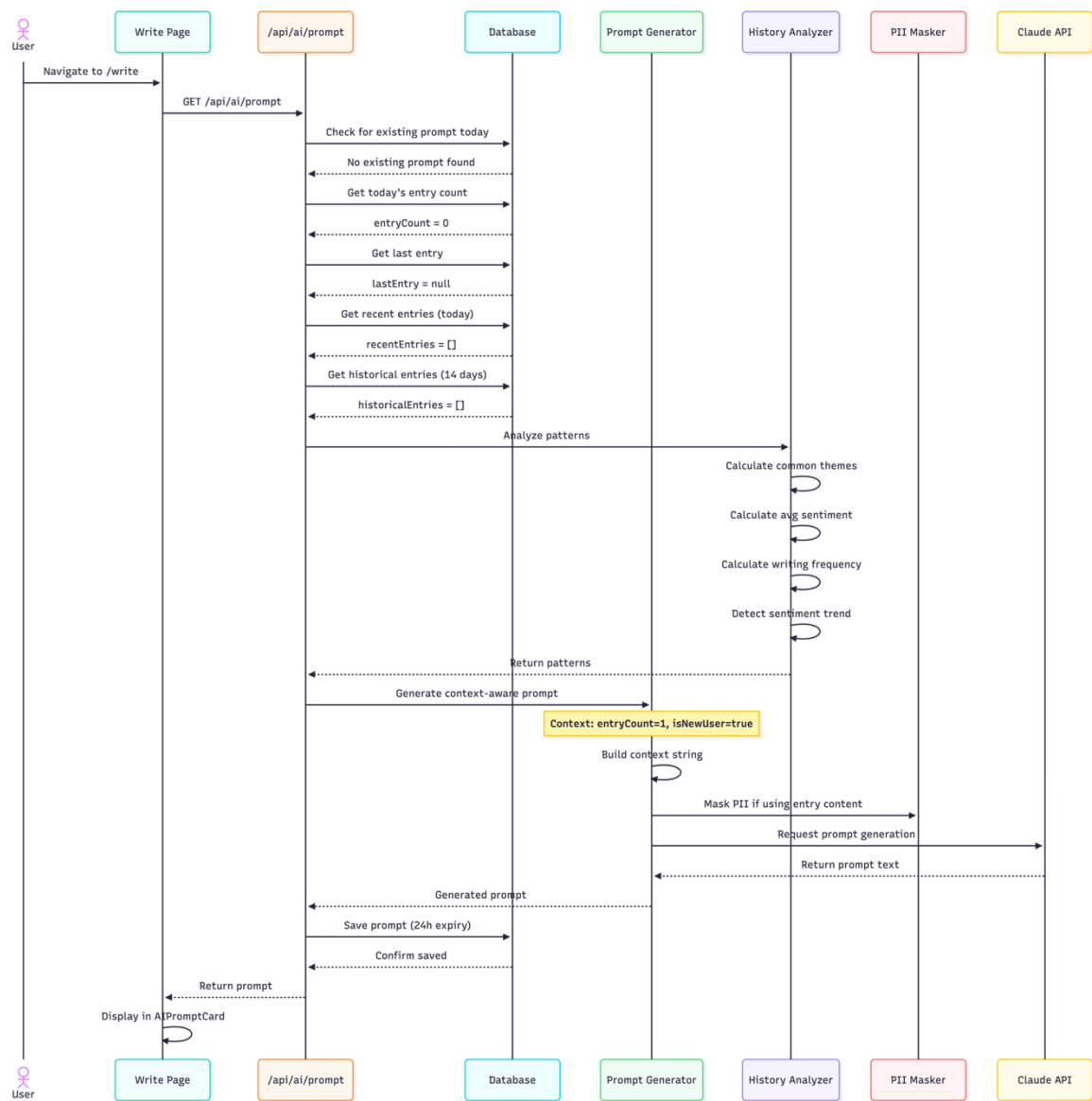
### 2.1.Entry Creation with Real-Time Companion

This sequence diagram shows the complete flow when a user creates a journal entry with AI companion suggestions.



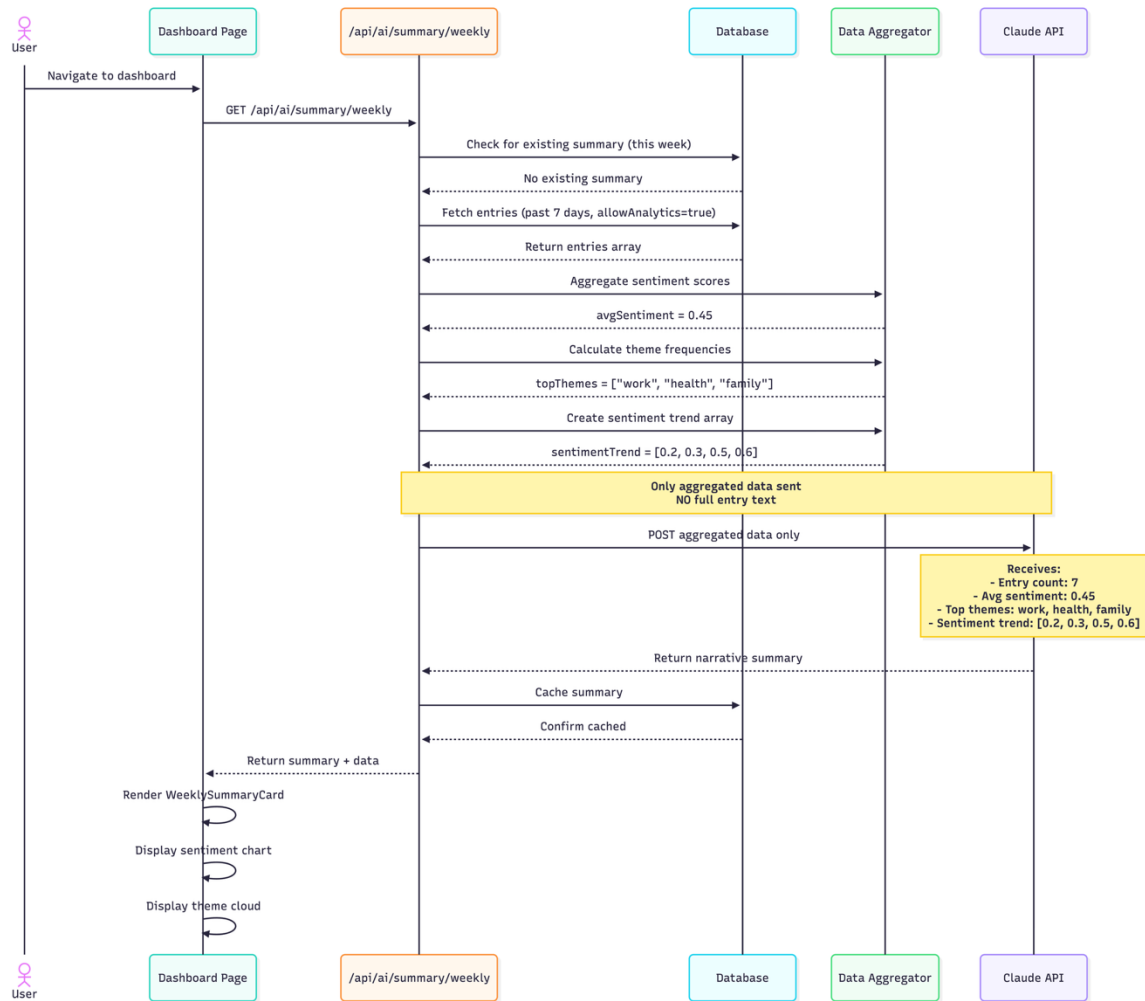
### 2.2 Context-Aware Prompt Generation

This sequence shows how the system generates context-aware prompts based on user history.



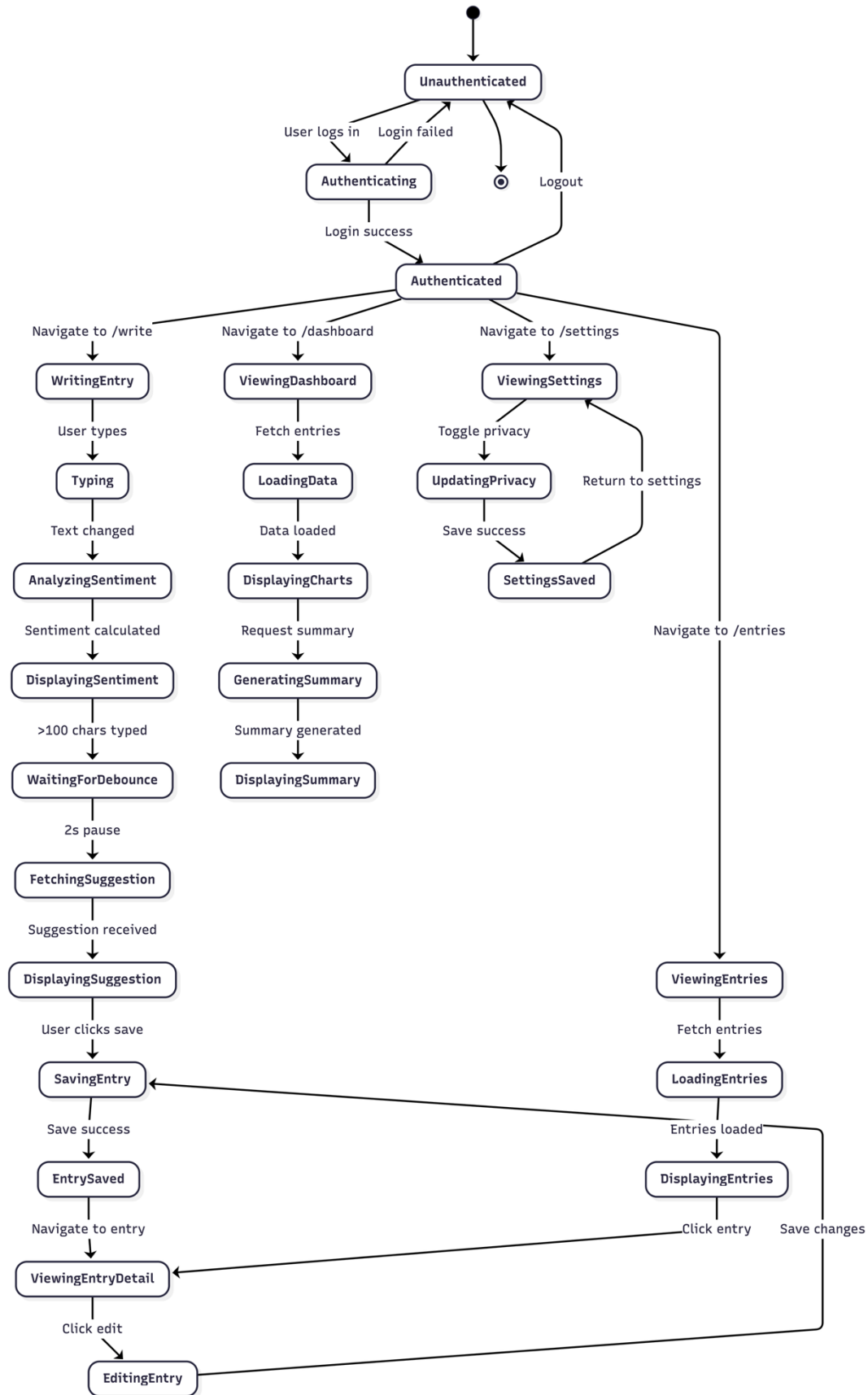
## 2.3 Weekly Summary Generation

This sequence shows how weekly summaries are generated using only aggregated data.



### 3. State Management Diagram

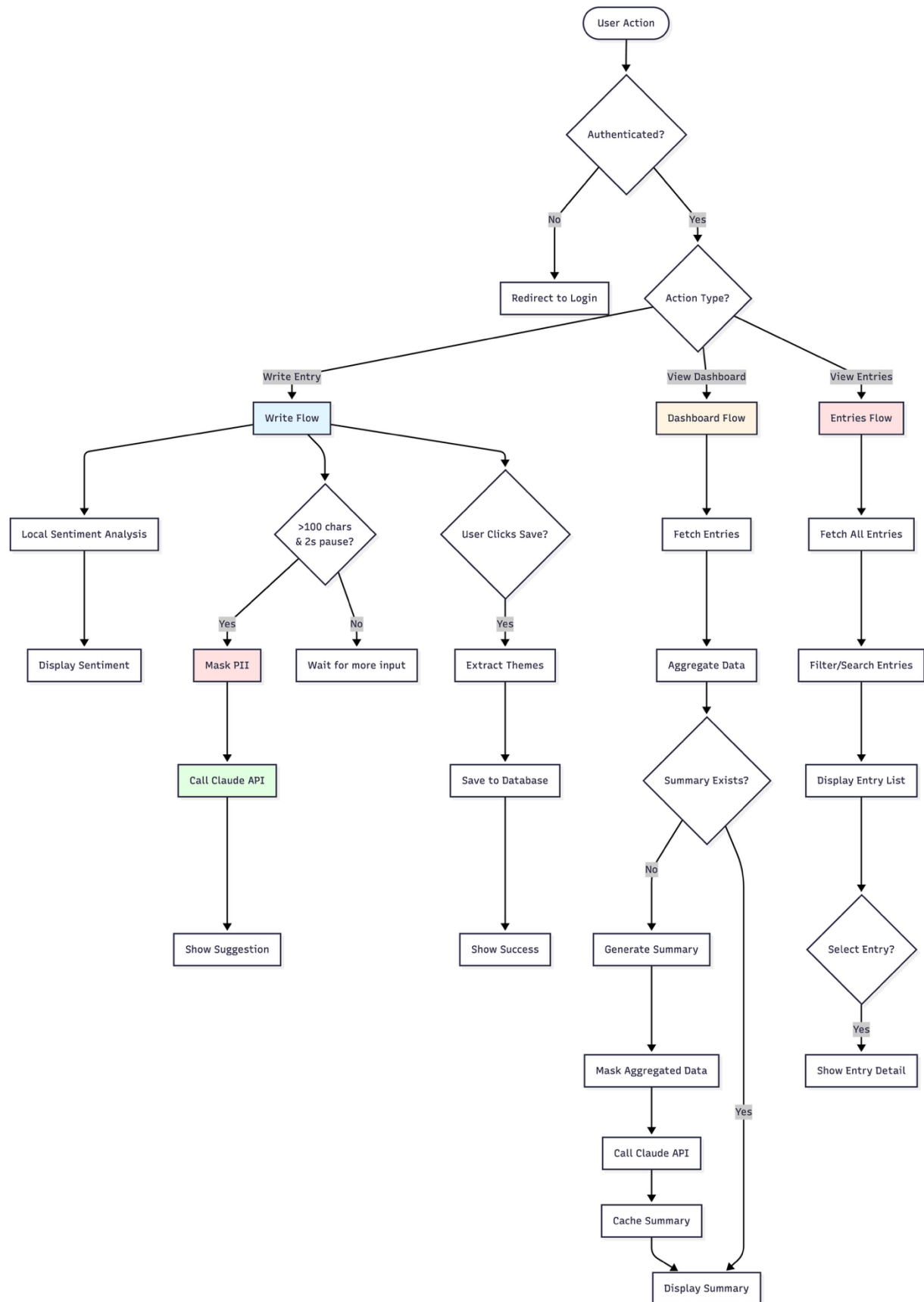
This diagram shows how state flows through the application.



#### 4. Data Flow Diagram

This diagram shows how data flows through the system for different operations.





# Potential Future Enhancements

## 1. Sentiment-Based Activity Recommendations

- Music Recommendations: Suggest calming music when user is stressed, energizing music when mood is low
- Interactive Games: Mindfulness games, breathing exercises, puzzles to help manage stress
- Doctor/Professional Recommendations: Detect depression patterns and suggest mental health resources, therapists, or crisis hotlines when needed
- Wellness Activities: Meditation guides, gratitude exercises, and relaxation techniques based on sentiment

## 2. Mobile Applications

- Native iOS and Android apps with offline journaling support
- Push notifications for daily prompts and reminders
- Quick entry widgets for home screen
- Voice-to-text journaling capabilities

## 3. Voice & Multimedia Journaling

- Voice journaling with speech-to-text conversion
- Photo and video entries
- Audio sentiment analysis from voice tone
- Visual timeline with media attachments

## 4. Social Features (Privacy-First)

- Share prompts with community
- Share entries with trusted friends or family
- Anonymous support groups by theme
- Couples or family journaling spaces