## Part III – Topics in Ergodic Theory (Ongoing course, rough)

Based on lectures by Dr. P. Varjú Notes taken by Bhavik Mehta

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## Contents

Index 6

Ergodic theory is all about measure preserving systems.

**Definition** (Measure preserving system). A **measure preserving system**  $(X, \mathcal{B}, \mu, T)$  with X a set,  $\mathcal{B}$  a  $\sigma$ -algebra,  $\mu$  a probability measure  $(\mu(A) \geq 0 \ \forall A \in \mathcal{B} \ \text{and} \ \mu(X) = 1)$  and T is a measure preserving transformation. Recall a measure preserving transformation  $T: X \to X$  is a measurable function such that  $\mu(T^{-1}(A)) = \mu(A) \ \forall A \in \mathcal{B}$ .

If Y is a random element of X with distribution  $\mu$ , then T(Y) also has distribution  $\mu$ .

**Example.** For example, consider a circle rotation. We have  $X = \mathbb{R}/\mathbb{Z}$ ,  $\mathcal{B}$  is the Borel sets,  $\mu$  the Lebesgue measure, and  $T = R_{\alpha}$ , with  $x \mapsto x + \alpha$  and  $\alpha \in \mathbb{R}/\mathbb{Z}$  is a parameter.

We also have the 'times 2 map', with the same  $X, \mathcal{B}, \mu$  and  $T = T_2, x \mapsto 2 \cdot x$ .

Proof that  $T_2$  is measure preserving. First check for intervals: Let I=(a,b), then  $\mu(I)=b-a$ . Also,  $\mu(T_2^{-1}I)=\mu\left(\left(\frac{a}{2},\frac{b}{2}\right)\cup\left(\frac{a}{2}+\frac{1}{2},\frac{b}{2}+\frac{1}{2}\right)\right)=\frac{b}{2}-\frac{a}{2}+\frac{b}{2}-\frac{a}{2}=b-a$ , as required. Now, let  $U\subset\mathbb{R}/\mathbb{Z}$  be open. Then  $U=I_1\sqcup I_2\sqcup\cdots$  is a disjoint union of intervals:

$$\mu(T^{-1}U) = \mu\left(\bigcup T^{-1}I_j\right)$$

$$= \sum \mu(T^{-1}I_j)$$

$$= \sum \mu(I_j)$$

$$= \mu(U).$$

Let  $K \subset \mathbb{R}/\mathbb{Z}$  be a compact set.

$$\mu(T^{-1}K) = 1 - \mu((T^{-1}K)^c) = 1 - \mu(T^{-1}K^c) = 1 - \mu(K^c) = \mu(K).$$

Now let  $A \in \mathcal{B}$  be arbitrary. Let  $\epsilon > 0$ .  $\exists U$  open and  $\exists K$  compact such that  $K \subset A \subset U$  and  $\mu(U \setminus K) < \epsilon$ .

$$\mu(K) = \mu(T^{-1}K) \le \mu(T^{-1}A) \le \mu(T^{-1}U) = \mu(U).$$

We also have  $\mu(K) \leq \mu(A) \leq \mu(U)$ . Since  $\mu(U) - \mu(K) < \epsilon$ ,  $|\mu(A) - \mu(T^{-1}A)| < \epsilon$ .  $\epsilon$  was arbitrary, so  $\mu(A) = \mu(T^{-1}A)$ .

The two examples generalise to the Haar measure on a topological group and to endomorphisms respectively.

In ergodic theory, we study the long term behaviour of orbits.

**Definition** (Orbit). The orbit of  $x \in X$  is the sequence

$$x, Tx, T^2x, \dots$$

Some questions we might ask are:

- Let  $A \in \mathcal{B}$  and  $x \in A$ . Does the orbit of x visit A infinitely often? (Recurrence)
- What is the proportion of times n such that  $T^n x \in A$ ?
- What is  $\mu(\{x \in A \mid T^n x \in A\})$  if n is large? (Mixing property)

**Example.** Let  $A = [0, \frac{1}{4}) \subset \mathbb{R}/\mathbb{Z}$ . Then  $T_2^n x \in A \iff$  the n+1th and n+2th 'binary digits' of x are 0.

For some  $x = 0.x_1x_2x_3..._2$ ,  $x \in A$  corresponds to  $x_1, x_2$  both being 0 and the doubling map sends x to  $T_2x = x_2x_3..._2$ , giving the required property above.

For example,  $x = \frac{1}{6} = 0.001010101..._2$  starts in A but never comes back to A. Also, we have  $\mu(\lbrace x \in A \mid T_2^n x \rbrace) = \frac{1}{16}$  if  $n \geq 2$ .

**Example** (Markov shift). Let  $P_1, P_2, \dots, P_n$  be a probability vector. Let  $A \in \mathbb{R}_{\geq 0}^{n \times n}$  be the 'matrix of transition probabilities'. Assume

$$A\begin{pmatrix}1\\1\\\vdots\\1\end{pmatrix}=\begin{pmatrix}1\\1\\\vdots\\1\end{pmatrix}, (P_1 \quad P_2 \quad \dots \quad P_n) A=(P_1 \quad P_2 \quad \dots \quad P_n)$$

Take  $X = \{1, ..., n\}^{\mathbb{Z}}$ ,  $\mathcal{B}$  the Borel  $\sigma$ -algebra generated by the product topology of the discrete topology on  $\{1, ..., n\}$ ,  $T = \sigma$  the shift map:  $(\sigma x)_m = x_{m+1}$ . Finally, set the measure

$$\mu(\{x \in X \mid x_m = i_0, x_{m+1} = i_1, \dots, x_{m+n} = i_n\}) = P_{i_0} a_{i_0 i_1} \cdots a_{i_{n-1} i_n}$$

**Theorem** (Szemerédi). Let  $S \subset \mathbb{Z}$  of positive upper Banach density. That is,

$$\bar{d}(S) \coloneqq \limsup_{N,M:M-N\to\infty} \frac{1}{M-N} |S \cap [N, M-1]|$$

and  $\bar{d}(S) > 0$ . Then S contains arbitrarily long arithmetic progressions. That is,  $\forall l, \exists a \in \mathbb{Z}, d \in \mathbb{Z}_{>0}$ ,

$$a, a + d, \dots, a + (l - 1)d \in S.$$

**Theorem** (Furstenberg, multiple recurrence). Let  $(X, \mathcal{B}, \mu, T)$  be a measure preserving system. Let  $A \in \mathcal{B}$  such that  $\mu(A) > 0$ . Let  $l \in \mathbb{Z}_{>0}$ . Then

$$\liminf_{N \to \infty} \frac{1}{N} \sum_{n=1}^{N} \mu(A \cap T^{-n}A \cap \dots \cap T^{-(l-1)n}A) > 0.$$

Let

- $X = \{0, 1\}^{\mathbb{Z}}$
- $\mathcal{B} = \text{Borel } \sigma\text{-algebra}$
- $\sigma$  = the shift map  $\mathbf{x} \mapsto (x_{n+1})_n$

Let  $\mathbf{x}^S \in X$  be defined by

$$\mathbf{x}_n^S = \begin{cases} 1 & n \in S \\ 0 & n \notin S. \end{cases}$$

Also let  $A \in \beta$  be given by  $A = \{x \in X \mid x_0 = 1\}$ . Observe then that

$$\mathbf{x}_n^S = 1 \iff n \in S \iff \sigma^n \mathbf{x}^S \in A \iff (\sigma^n \mathbf{x}^S)_0 = 1.$$

Let  $\{M_m\}$  and  $\{N_m\}$  be sequences s.t.  $M_n - N_m \to \infty$  and

$$\bar{d}(S) = \lim_{m \to \infty} \frac{1}{M_m - N_m} \left| S \cap [N_m, M_m - 1] \right|$$

Let

$$\mu_m = \frac{1}{M_m - N_m} \sum_{n=N_m}^{M_m - 1} \delta_{\sigma^n \mathbf{x}^S}$$

where  $\delta_x$  is a measure on X defined as

$$\delta_x(B) = \begin{cases} 1 & x \in B \\ 0 & x \notin B \end{cases}$$

Let  $\mu$  be the weak limit of a subsequence of  $\mu_m$ . Note how the  $\mu$  could be different dependent on subsequence choice.

**Definition** (Weak limit). Let X be a compact metric space. Let  $\mu_m$  be a sequence of Borel measures on X, and let  $\mu$  be another Borel measure. Then  $\mu_m$  converges weakly to  $\mu$  if for any  $f \in C(X)$ , we have

$$\lim_{n \to \infty} \int_X f \, d\mu_n = \int_X f \, d\mu.$$

**Theorem.** (Banach-Alaoglu, or Helly) Let X be a compact metric space. Then  $\mathcal{M}(X)$ , the set of Borel probability measures on X, endowed with the topology of weak convergence, is compact and metrizable. That is, there is a weakly convergent subsequence in any sequence of Borel probability measures.

**Lemma.**  $(X, \mathcal{B}, \mu, \sigma)$  as defined above is a measure preserving system.

Proof sketch. Let  $B \in \mathcal{B}$ . Then

$$\mu_{m}(B) = \frac{1}{M_{m} - N_{m}} \left| \left\{ n \in [N_{m}, M_{m} - 1] \mid \sigma^{n} \mathbf{x}^{S} \in \mathcal{B} \right\} \right|$$

$$\mu_{m}(\sigma^{-1}B) = \frac{1}{M_{m} - N_{m}} \left| \left\{ n \in [N_{m}, M_{m} - 1] \mid \sigma^{n} \mathbf{x}^{S} \in \sigma^{-1} \mathcal{B} \right\} \right|$$

$$= \frac{1}{M_{m} - N_{m}} \left| \left\{ n \in [N_{m} + 1, M_{m}] \mid \sigma^{n} \mathbf{x}^{S} \in \mathcal{B} \right\} \right|$$

So the difference is such that

$$|\mu_m(B) - \mu_m(\sigma^{-1}B)| \le \frac{1}{M_m - N_m} \to 0$$

It can be shown that we can pass to the limit on m and conclude that  $\mu(B) = \mu(\theta^{-1}B)$ .  $\square$ 

**Remark.** If B is a cylinder set, i.e.  $\exists L \in \mathbb{Z}_{>0}$  and  $\tilde{B} \subseteq \{0,1\}^{2L+1}$  such that

$$B = \{ x \in X \mid (x_{-L}, \dots, x_L) \in \tilde{B} \},\,$$

then B is both closed and open. Therefore  $\chi_B$ , the characteristic function of B is continuous. Hence  $\lim_{n\to\infty}\mu_m(B)=\mu(B)$ , since  $\mu_m(B)=\int\chi_B\,d\mu_m$  and  $\mu(B)=\int\chi_B\,d\mu$ .

Approximating any Borel set by such cylinder sets would help complete the proof, but we in fact can get this result on spaces where  $\chi$  is not continuous on nice set of sets. So we leave full proof till a more general theorem.

**Proposition.** Let  $S \subseteq \mathbb{Z}$ , let  $\mathbf{x}^S, A, (X, \mathcal{B}, \mu, \sigma)$  as defined above. Let  $l \in \mathbb{Z}_{>0}$ . Suppose that  $\exists n \in \mathbb{Z}_{>0}$  such that

$$\mu\left(A\cap\sigma^{-n}(A)\cap\cdots\cap\sigma^{-n(l-1)}(A)\right)>0.$$

Then S contains an arithmetic progression of length l.

*Proof.* Without loss of generality, we can assume  $\mu = \lim \mu_m$  - if not, pass to a subsequence. Let  $B = A \cap \sigma^{-n} A \cap \cdots \cap \sigma^{-n(l-1)}(A)$ . Observe that B is a cylinder set. Then by the earlier remark,  $\mu(B) = \lim \mu_m(B)$ , hence  $\exists m$  such that  $\mu_m(B) > 0$ .

By definition of  $\mu_m$ ,  $\exists k \in [N_m, M_m - 1]$  such that  $\sigma^k \mathbf{x}^S \in B$ . Hence

$$\sigma^k \mathbf{x}^S \in A, \sigma^k \mathbf{x}^S \in \sigma^{-n}(A), \dots, \sigma^k \mathbf{x}^S \in \sigma^{-n(l-1)}(A).$$

Thus,  $k, k + n, ..., k + n(l - 1) \in S$ .

Returning to the overall proof, we note A is a cylinder set. Then  $\mu_m(A) \to \mu(A)$ , i.e.

$$\mu(A) = \underbrace{\lim_{m \to \infty} \frac{1}{M_m - N_m} |\{ n \in [N_m, M_m - 1] : n \in S \}|}_{\bar{d}(S)} > 0$$

where the inequality comes from satisfying the conditions of Furstenberg.

## Index