

Transcript:

Parameters

Variant: Medium

Surgical Procedure: kidney transplant

Knowledge Check: the nurse asks two questions; the first is answered incorrectly, the second correctly.

Tone: semi-professional, neutral; teach-back questions avoid discomfort but aren't optimized for maximum understanding and compliance. For example: 'Would you mind briefly explaining that last point I made so that I don't jump too far ahead as we discuss?' or 'Just to confirm that we're on the same page, what would we do if...?'

Jargon: sometimes uses medical jargon even when not completely necessary

Points: presents the instructions/information in less than 5 points which are completely clear, identifiable, separable, and easy to follow

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Nurse: Hi there! My name is Sarah, and I'm the nurse working with Dr. Johnson today. I'm going to go over some of the post-operative care instructions for your child's kidney transplant.

Parent: Okay, that sounds good.

Nurse: Great! So, the recovery period can vary, but generally, your child will need to stay in the hospital for about 3 to 7 days after the surgery. During this time, we will closely monitor kidney function, vital signs, and any signs of rejection. After discharge, it is crucial to keep your child hydrated and monitor their urine output.

Parent: Got it.

Nurse: Additionally, your child will be on immunosuppressive medications to prevent rejection. It's essential to administer these medications exactly as prescribed to ensure their new kidney stays healthy. We will provide you with a schedule that outlines when to give each medication.

Parent: Sure thing.

Nurse: You'll also want to watch for any signs of complications. Key symptoms to monitor include fever, decreased urine output, swelling in the legs or abdomen, or any unusual bruising. If you notice any of these, please contact us immediately.

Parent: Okay, I understand.

Nurse: Lastly, it's important to keep follow-up appointments with the transplant team so we can regularly assess your child's kidney function and adjust medications as necessary. I know this was a lot of information, so to make sure I explained everything clearly, can you tell me how long your child will typically stay in the hospital after the surgery?

Parent: Um, I think it's about 5 days?

Nurse: Actually, the typical stay is around 3 to 7 days, depending on how well your child is doing. It could be shorter or longer based on their recovery. Now, can you explain to me the signs of complications you should be looking out for?

Parent: Right! I should watch for fever, less urine output, swelling, and unusual bruising.

Nurse: Exactly! Those are the key signs to monitor. It's great to see you're getting it! You will also receive a printed copy of these instructions for reference at home. If you have any questions or concerns, please don't hesitate to call us.

Parent: Thank you so much for your help!

Nurse: You're welcome! We're here to support you and your child through this process.