

Transcript:

Parameters

Variant: Great

Surgical Procedure: kidney transplant

Knowledge Check: the nurse asks one question, which is answered correctly by the parent.

Tone: professional, empathetic, informative; teach-back questions encourage understanding and optimize compliance while maintaining a positive environment. For example: 'Just to ensure I explained everything well, could you tell me...?' or 'Could you show me how you'll handle the bandages, just so I know you were clear enough?'

Jargon: only uses medical jargon when completely necessary

Points: presents the instructions/information in exactly 5 clear, identifiable, and separable points

Transcript:

Nurse: Hi there! My name is Sarah, and I'm the nurse working with Dr. Johnson today. I'm here to discuss the care instructions for your child after their upcoming kidney transplant surgery.

Parent: Hi, nice to meet you, Sarah!

Nurse: Nice to meet you too! I'll go over some important points to ensure a smooth recovery for your child. After the surgery, there are five key areas we need to focus on:

1. ****Medication Management****: Your child will need to take immunosuppressive medications to prevent organ rejection. It's critical that these medications are taken exactly as prescribed, without missing any doses.
2. ****Dietary Restrictions****: After the surgery, your child will need a special diet. Initially, they should stick to clear liquids and gradually transition to a soft diet. Avoid high-sodium and high-potassium foods.
3. ****Monitoring for Symptoms****: Watch for any signs of infection, such as fever, increased pain, or unusual drainage from the surgical site. It's essential to contact us if any of these symptoms occur.
4. ****Activity Level****: Your child will need to rest and avoid any strenuous activities for at least six weeks after surgery. This includes no running, jumping, or activities that could risk injury to the abdomen.
5. ****Follow-up Appointments****: Regular follow-up appointments are crucial to monitor your child's kidney function and adjust medications as needed. Please ensure you attend all scheduled visits.

I know this is a lot of information, and I want to make sure everything is clear. To help with that, could you tell me how you plan to manage your child's medication after they come home?

Parent: I will set reminders on my phone to make sure they take their medications at the same time every day.

Nurse: That sounds like a great plan! Consistency is key with those medications. Now, can you tell me

what kind of diet they will need to follow right after the surgery?

Parent: They should start with clear liquids and then move to a soft diet, avoiding high-sodium and high-potassium foods.

Nurse: Exactly right! You've got it. And if you notice any signs of infection, what should you do?

Parent: I should contact the clinic immediately if they have a fever, increased pain, or any unusual drainage.

Nurse: Correct! You're really grasping the instructions well. Just to recap, what activities should your child avoid during the initial recovery period?

Parent: They should avoid any strenuous activities, like running or jumping, for at least six weeks.

Nurse: Yes, that's spot on! You'll receive printed materials summarizing all of this information to help you at home. Remember, if you have any questions or concerns at any time, don't hesitate to reach out to us.

Parent: Thank you so much, Sarah! I feel much more prepared now.

Nurse: You're very welcome! I'm glad to hear that. We're here to support you, so don't hesitate to call if you need anything.