

# High Dimension Probability - On Concentration Inequalities

Bipin Koirala

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## 1 Gaussian Concentration Inequality

Let,  $X \sim \mathcal{N}(0, I_d) \in \mathbb{R}^d$  and  $f : \mathbb{R}^d \rightarrow \mathbb{R}$  a Lipschitz function i.e.  $|f(X) - f(y)| \leq L \|x - y\|$ . Then;

$$\mathbb{P}\{|f(X) - \mathbb{E}f(X)| \geq t\} \leq 2 \exp(-t^2/2L^2) \quad ; \forall t > 0$$

**Remark**

- $f(x) = \langle w, x \rangle$  then  $L = \|w\|$ . If  $X \sim \mathcal{N}(0, I_d)$  then  $f(x) = \langle w, x \rangle \sim \mathcal{N}(0, \|w\|^2)$  and

$$\mathbb{P}\{f(X) \geq t\} = \mathbb{P}\{f(X) - \mathbb{E}f(X) \geq t\} = 1 - \Phi\left(\frac{t}{\|w\|}\right) \text{ if Median or } \mathbb{E}f(X) = 0$$

where;  $\Phi(t) = \frac{1}{\sqrt{2\pi}} \int_{-\infty}^t e^{-y^2/2} dy$  and  $1 - \Phi(t) \leq \frac{1}{2} e^{-t^2/2}$ .

$$\rightarrow \mathbb{P}\{|f(X) - \text{Med } f(X)| \geq t\} \leq 2 \left[1 - \Phi\left(\frac{t}{L}\right)\right] = \int_0^\infty e^{-t^2/2L^2} dt = \sqrt{\frac{\pi}{2}} L$$

$$\rightarrow \mathbb{P}\{|f(X) - \text{Med } f(X)| \geq tL\} \leq 2 \left[1 - \Phi(t)\right] \implies \mathbb{P}\{|f(X) - \mathbb{E}f(X)| \geq (t + \sqrt{\frac{\pi}{2}})L\} \leq 2(1 - \Phi(t))$$

- If  $X \sim \mathcal{N}(0, \Sigma)$  then  $X = \Sigma^{1/2}Z$  where  $Z \sim \mathcal{N}(0, I_d)$  then;

$$\mathbb{P}\{|f(X) - \mathbb{E}f(X)| \geq t\} \leq 2 \exp\left(-\frac{t^2}{2L^2\|\Sigma\|}\right)$$

## 2 Gaussian Concentration and Isoperimetry

Among all subsets of same surface area; sphere(ball) has the largest volume. Among all subsets of same surface volume; Euclidean ball has the smallest surface area.

**Isoperimetry for Gaussian Measure**  $\gamma(A) := \int_A \frac{1}{(2\pi)^{d/2}} e^{-|x|^2/2} dx$ ;  $A \subset \mathbb{R}^d$  is a Borel set.

i.e.  $\gamma$  is the standard Gaussian measure on Borel  $\sigma$  algebra in  $\mathbb{R}^d$ .  $\gamma$  is the distribution of  $X \sim \mathcal{N}(0, I_d)$ .

$$\gamma(A) = \mathbb{P}(X \in A)$$

Let;  $A, H \subset \mathbb{R}^d$  be Borel subsets with  $H = \{x \in \mathbb{R}^d : \langle w, x \rangle \leq c\}$  with  $\|w\| = 1$  and  $c \in \mathbb{R}$  then;

$$\gamma(A) = \gamma(H) \implies \gamma(A_\epsilon) \geq \gamma(H_\epsilon) \quad ; \forall \epsilon > 0$$

$$\gamma(H_\epsilon) = \gamma(H_{w,c+\epsilon}) = \Phi(c + \epsilon).$$

$$\boxed{\Phi^{-1}(\gamma(A_\epsilon)) \geq \Phi^{-1}(\gamma(A)) + \epsilon}$$

Suppose;  $\gamma(A) \geq 1/2$ . Then  $\Phi^{-1}(\gamma(A)) \geq \Phi^{-1}(1/2) = 0$  i.e.  $\Phi^{-1}(\gamma(A)) \geq 0$  so  $\gamma(A_\epsilon) \geq \Phi(\epsilon)$

$$\gamma((A_\epsilon)^c) = 1 - \gamma(A_\epsilon) \leq 1 - \Phi(\epsilon)$$

$$\boxed{\gamma((A_t)^c) = 1 - \gamma(A_t) \leq \frac{1}{2}e^{-t^2/2}}$$

### 3 Application of Gaussian Concentration

#### 3.1 Gaussian Stochastic Processes

**Note:** We're interested in concentration of  $\sup_{t \in \tau} |X(t)| := \|X\|_\tau$

Let;  $X(t)$  s.t.  $t \in \tau$  be a centered Gaussian Process. Suppose that  $\sup_{t \in \tau} |X(t)| < +\infty$ . Let  $M$  be a median of R.V.  $\sup_{t \in \tau} |X(t)|$ . Denote:  $\sigma^2 := \sup_{t \in \tau} \mathbb{E}[X^2(t)]$ . Then following are true:

- i  $\mathbb{P}\{\sup_{t \in \tau} |X(t)| \geq M + u\} \leq 1 - \Phi(u/\sigma)$
- ii  $\mathbb{P}\{\sup_{t \in \tau} |X(t)| \leq M - u\} \leq 1 - \Phi(u/\sigma)$
- iii  $\mathbb{P}\{|\sup_{t \in \tau} |X(t)| - M| \geq u\} \leq 2(1 - \Phi(u/\sigma)); \quad \forall u \geq 0$

**Corollary:**

$$\begin{aligned} \text{If; } & \left\{ \left| \sup_{t \in \tau} |X(t)| - M \right| \geq u \right\} \leq e^{-u^2/(2\sigma^2)} \\ \implies & \mathbb{E} \left| \sup_{t \in \tau} |X(t)| - M \right| \leq \int_0^\infty e^{-u^2/(2\sigma^2)} du = \sqrt{\frac{\pi}{2}} \sigma \\ \implies & \mathbb{E} \sup_{t \in \tau} |X(t)| \leq M + \sqrt{\frac{\pi}{2}} \sigma \leq +\infty \end{aligned}$$

Furthermore;  $\mathbb{E} \exp \{ \lambda \sup_{t \in \tau} |X(t)|^2 \} < \infty; \quad \lambda < \frac{1}{2\sigma^2}$

#### 3.2 Concentration Inequalities for norms of Gaussian R.V in Banach Spaces

$E$  is a Banach Space and  $E^*$  is its dual space which consists of all bounded linear functionals on  $E$ . A bounded linear functional is a linear transformation that does not “blow up” the size of vectors in the vector space it is defined on.  $\|T(x)\| \leq M\|x\|$ .

Let;  $U \in E^* \Leftrightarrow X \in E \rightarrow \langle x, u \rangle \in \mathbb{R}$ .

$$\|U\| = \sup_{\|x\| \leq 1} \langle x, u \rangle < +\infty$$

Suppose,  $M \subset \{U \in E^* : \|U\| \leq 1\}$ .  $X$  is Gaussian  $\sim \mathcal{N}(\mu, \Sigma) \Leftrightarrow \forall U \in E^*; \langle x, u \rangle$  is a normal R.V. (stochastic).  $\Sigma$  is covariance operator of  $X$  and

$$\langle \Sigma u, v \rangle = \text{Cov}(\langle x, u \rangle, \langle x, v \rangle) \quad ; \quad U, V \in E^*$$

We are interested in concentration inequalities for

$$\|X\| = \sup_{U \in M} |\langle x, u \rangle|$$

Assume that  $X$  is centered and  $\sigma^2 := \sup_{U \in M} \mathbb{E} \langle x, u \rangle^2 \leq \|\Sigma\|$ . Let  $M$  be the median of  $X$ . Then following are true;

- i  $\mathbb{P}\{\|X\| \geq M + U\} \leq 1 - \Phi(U/\sigma)$
- ii  $\mathbb{P}\{\|X\| \leq M - U\} \leq 1 - \Phi(U/\sigma)$
- iii  $\mathbb{P}\{|\|X\| - M| > U\} \leq 2(1 - \Phi(U/\sigma)) ; \quad \forall U \geq 0$

For all centered Gaussian R.V.  $X \in E$ ;

$$\mathbb{E}\|X\| < +\infty$$

$$\mathbb{E} \exp \{\lambda \|X\|^2\} < \infty \quad ; \lambda < 1/(2\sigma^2)$$

### 3.3 Concentration of Lipschitz functions on the Sphere in $\mathbb{R}^n$

Let;  $X \sim \text{Unif}(\sqrt{n}S^{n-1})$  and Lipschitz  $f : \sqrt{n}S^{n-1} \rightarrow \mathbb{R}$ . Then,  $\|f(X) - \mathbb{E}f(X)\|_{\psi_2} \leq \frac{\|f\|_{Lip}}{\sqrt{n}}$ . Furthermore,  $\mathbb{P}\{|f(X) - \mathbb{E}f(X)| \geq t\} \leq 2 \exp \left( - \frac{ct^2}{\|f\|_{Lip}^2} \right)$

## 4 Johnson-Lindenstrauss Lemma

Let  $F = \{x_1, \dots, x_n\}$  be a finite set of points in  $\mathbb{R}^n$ . With probability at least  $1 - 2\exp(-c\epsilon^2 m)$ , a linear operator  $A : \mathbb{R}^n \rightarrow \mathbb{R}^m$  is an  $\epsilon$ -isometry ( $\epsilon \in (0, 1)$ ) from  $F$  into  $\mathbb{R}^m$  iff

$$(1 - \epsilon)\|x - y\|_2 \leq \|Ax - Ay\|_2 \leq (1 + \epsilon)\|x - y\|_2 \text{ for all } x, y \in F$$

where  $A = \sqrt{\frac{n}{m}}P_L$ ,  $P_L$  is an orthonormal projection onto a random  $m$ -dimensional subspace  $L \subset \mathbb{R}^n$  and  $m \geq (C\epsilon^2) \log N$ .

## 5 Concentration of Functions of Independent R.V.

Suppose,  $X_1, \dots, X_n$  are independent R.V. with values in some spaces  $S_1, \dots, S_n$ . Let,  $f : S_1 \times \dots \times S_n \rightarrow \mathbb{R}$  and let  $Z := f(X_1, \dots, X_n)$ . We're interested in the concentration of  $Z$  around its expectation (or median).

### 5.1 Martingale Approach

Let  $(X'_1, \dots, X'_n)$ , be independent copies of  $(X_1, \dots, X_n)$ . Denote:

$$Z_i := \mathbb{E}_i Z := \mathbb{E}(Z | X_1, \dots, X_n) = \mathbb{E}' f(X_1, \dots, X_i, X'_{i+1}, \dots, X'_n)$$

$$\mathbb{E}_0 Z = \mathbb{E} Z \quad ; \quad \mathbb{E}_n Z = Z$$

- $\mathbb{E}^{(i)} Z := \mathbb{E}(Z | X_j : j \neq i) = \mathbb{E}' f(X_1, \dots, X_{i-1}, X'_i, X_{i+1}, \dots, X_n)$

- $Z_i := \mathbb{E}_i Z$  ;  $i = 0, 1, \dots, n$
- $\forall j \leq i; \mathbb{E}_j Z_j = Z_j$  (Martingale Property)

$\{Z_i\}$  is a Martingale w.r.t. filtration  $\mathcal{F}_i := \sigma(X_1, \dots, X_n)$ . Now;

### Martingale Difference

$$Z - \mathbb{E}Z = \sum_{i=1}^n (Z_i - Z_{i-1})$$

$$\forall j < i; \mathbb{E}_j(Z_i - Z_{i-1}) = 0$$

### Decomposition of Variance

$$\text{Var}(Z) = \sum_{i=1}^n \mathbb{E}(Z_i - Z_{i-1})^2$$

## 5.2 Efron-Stein Inequality (In Various Forms)

Some observations:

$$Z_i = \mathbb{E}_i Z \quad \text{and} \quad Z_{i-1} = \mathbb{E}_{i-1} Z = \mathbb{E}^{(i)} \mathbb{E}_i Z = \mathbb{E}_i \mathbb{E}^{(i)} Z$$

$$\Rightarrow \mathbb{E}(Z_i - Z_{i-1})^2 = \mathbb{E}(\mathbb{E}_i(Z - \mathbb{E}^{(i)} Z))^2 \leq \mathbb{E} \mathbb{E}_i(Z - \mathbb{E}^{(i)} Z)^2 \quad (\text{Jensen Inequality})$$

$$(i) \quad \text{Var}(Z) \leq \mathbb{E} \sum_{i=1}^n (Z - \mathbb{E}^{(i)} Z)^2$$

$$(ii) \quad \text{Var}(Z) \leq \mathbb{E} \sum_{i=1}^n \mathbb{E}^{(i)} (Z - \mathbb{E}^{(i)} Z)^2 = \mathbb{E} \sum_{i=1}^n \text{Var}^{(i)} Z \quad (\text{Tensorization of Variance})$$

$$(iii) \quad \text{Var}^{(i)}(Z) = \frac{1}{2} \mathbb{E}^{(i)} (Z - Z^{(i)})^2 = \mathbb{E}^{(i)} (Z - Z^{(i)})^2 I(Z \geq Z^{(i)}) = \mathbb{E}^{(i)} (Z - Z^{(i)})^2 I(Z \leq Z^{(i)})$$

$$(iv) \quad \text{Var}(Z) \leq \frac{1}{2} \mathbb{E} \sum_{i=1}^n (Z - Z^{(i)})^2$$

$$(v) \quad \text{Var}(Z) \leq \mathbb{E} \sum_{i=1}^n (Z - Z^{(i)})^2 I(Z \geq Z^{(i)})$$

## 5.3 Bounded Difference Condition (B.D.C)

{See also Page 36\*}

There exists  $C_j > 0$ ;  $j = 1, 2, \dots, n$ . Then;  $\forall x_1, \dots, x_j, x'_j, \dots, x_n$

$$|f(\dots x_{j-1}, x_j, x_{j+1}, \dots) - f(\dots, x_{j-1}, x'_j, x_{j+1}, \dots)| \leq c_j$$

Under Bounded Difference Condition,  $Z \sim S.G$

$$\text{Var}(Z) \leq \frac{1}{4} \sum_{j=1}^n c_j^2$$

### 5.3.1 Hoeffding Type Bounds under B.D.C

$$\mathbb{P}\{|Z - \mathbb{E}Z| \geq t\} \leq 2 \exp\left(-\frac{2t^2}{\sum_{i=1}^n c_i^2}\right) \quad \forall t \geq 0$$

## 6 Poincaré Inequality

### 6.1 Gaussian Poincaré Inequality

Let  $f : \mathbb{R}^n \rightarrow \mathbb{R}$  be a continuously differentiable function and assume that its  $2^{nd}$  derivative is bounded i.e.  $\sup_x |\frac{\partial^2}{\partial x_i^2} f(x)| \leq K < \infty$ . Let  $X \sim \mathcal{N}(0, I_n)$ . Then,

$$\text{Var}(f(X)) \leq \mathbb{E} \left[ \|\nabla f(X)\|_2^2 \right]$$

See Proof in Exercise Book

### 6.2 Poincaré Inequality and Sub-exponential Concentrations

$X \sim \mathbb{R}^d$  is a R.V. Assume,  $\forall f : \mathbb{R}^d \rightarrow \mathbb{R}$  is locally Lipschitz with constant  $L > 0$  and  $\text{Var}(f(X)) \leq C^2 \mathbb{E}[\|\nabla f(X)\|^2]$ ;  $C > 0$ . Then,

$$\|f(X) - \mathbb{E}f(X)\|_{\psi_1} \leq CL$$

## 7 Exercises

### 5.1.8 (Blow-up)

We want to show that if  $x \in \sqrt{n}S^{n-1}$  and  $x_1 \leq t/\sqrt{2}$ , then  $x$  belongs to  $H_t$ . First, note that the hemisphere  $H$  consists of all points  $x \in \sqrt{n}S^{n-1}$  such that  $x_1 \leq 0$ . Therefore,  $H$  contains all points  $x$  that belong to the  $t$ -neighborhood of the plane  $x_1 = 0$ , which is the hemisphere of radius  $t/\sqrt{2}$  centered at the origin.

By the isoperimetric inequality, we have  $\sigma(A_t) \geq \sigma(H_t)$  for any subset  $A$  of  $\sqrt{n}S^{n-1}$  such that  $\sigma(A) \geq 1/2$ , where  $\sigma$  is the uniform probability measure on the sphere. In particular, this holds for the set  $A$  of all points  $x \in \sqrt{n}S^{n-1}$  such that  $x_1 \leq t/\sqrt{2}$ , since  $\sigma(A) = \text{area}(H_{t/\sqrt{2}}) \geq 1/2$ . Therefore, we have:

$$\sigma(H_t) \leq \sigma(A_t) \leq 1/2.$$

Since  $\sigma(H_t)$  is the probability that a uniformly random point  $X$  on the sphere belongs to  $H_t$ , it follows that  $H_t$  contains at least half of the points on the sphere. In other words, if we choose a point  $X$  uniformly at random on the sphere, then there is at least a  $1/2$  probability that  $X$  belongs to  $H_t$ .

Now, let  $x \in \sqrt{n}S^{n-1}$  be a point such that  $x_1 \leq t/\sqrt{2}$ . We want to show that  $x \in H_t$ , i.e.,  $x_1 \leq 0$ .

Consider the point  $y$  obtained by reflecting  $x$  across the hyperplane  $x_1 = t/\sqrt{2}$ , i.e.,  $y = (x_1 - t/\sqrt{2}, x_2, \dots, x_n)$ . Note that  $y$  lies on the sphere and  $y_1 = -x_1 + t/\sqrt{2} \geq t/\sqrt{2} - t/\sqrt{2} = 0$ . Therefore,  $y \in H_t$ , and by the argument above, there is at least a  $1/2$  probability that a uniformly random point  $X$  on the sphere belongs to  $H_t$ . Since  $x$  and  $y$  are symmetric with respect to the hyperplane  $x_1 = t/\sqrt{2}$ , it follows that  $\mathbb{P}(X \in H_t) \geq 1/2$ , and hence  $x \in H_t$ .

### 5.1.9 (Blow-up exponentially small sets)

If the conclusion of the first part fails, then  $B = (A_s)^C$  satisfies  $\sigma(B) \geq 1/2$ . By Lemma 5.1.7,  $\sigma(B_s) \geq 1 - 2e^{-cs^2}$ , which is absurd, since  $B_s \subset A^C$  and  $\sigma A^C < 1 - 2e^{-cs^2}$  by assumption. This justifies that  $\sigma(A_s) > 1/2$ . Note that  $A_{2t} \supset A_{s+t} = (A_s) + t$ , and thus the second part follows.

### 5.1.12 (Concentration for the Unit Sphere)

(a)

$$\begin{aligned} \|f(X) - \mathbb{E}f(X)\|_{\psi_2} &\leq C\|f\|_{Lip} = C \inf_{x \neq y} \frac{|f(x) - f(y)|}{|x - y|} \\ &= C\sqrt{n} \inf_{x \neq y} \frac{|f(x) - f(y)|}{\sqrt{n}|x - y|} = C'\|f\|_{Lip} \end{aligned}$$

(b) On  $\sqrt{n}S^{n-1} \rightarrow \|f\|_{Lip}$  and on  $S^{n-1} \rightarrow \|f\|_{Lip}/\sqrt{n}$ . Hence;

$$\mathbb{P}\{|f(X) - \mathbb{E}(X)| \geq t\} \leq 2 \exp\left(\frac{-cnt^2}{\|f\|_{Lip}^2}\right)$$

### 5.1.13 (Concentration about the expectation and concentration about the median are equivalent)

Median  $M$  of  $f(X)$ . Show that the concentration of median implies the concentration of mean

$$\|f(X) - M\|_{\psi_2} \leq C \implies \|f(X) - \mathbb{E}f(X)\|_2 \leq C_1$$

$$\begin{aligned} \|f(X) - \mathbb{E}f(X)\|_2 &= \|(f(X) - M) - (\mathbb{E}f(X) - M)\|_{\psi_2} \\ &= \|(f(X) - M) - \mathbb{E}(f(X) - M)\|_{\psi_2} \\ &\leq C'\|f(X) - M\|_{\psi_2} \\ &\leq C'C = C_1 \end{aligned}$$

Now show that the concentration about the expectation and concentration about the median are equivalent. Consider a r.v.  $Z$  with median  $M$ . Prove:

$$c\|Z - \mathbb{E}Z\|_{\psi_2} \leq \|Z - M\|_{\psi_2} \leq C\|Z - \mathbb{E}Z\|_{\psi_2}$$

First inequality already proved. For second inequality, use the definition of the median and Jensen's Inequality. **Also See Note**

### 5.1.14 (Concentration and Blow-up are equivalent)

By exercise 5.1.13,  $\|f(X) - M\|_{\psi_2} \leq CK\|f\|_{Lip}$ . Consider,

$$f_A(x) = d(x, A) = \inf\{d(x, y) : y \in A\}$$

It is clear that  $\|d(x, A) - d(y, A)\| \leq d(x, y)$ , so  $\|f_A\|_{Lip} \leq 1$ . Since,  $f_A|_A = 0$  and  $\mathbb{P}(X \in A) \geq 1/2$ , we have  $\mathbb{E}f_A(X) = 0$ . It follows that

$$\|d(X, A)\|_{\psi_2} \leq CK$$

Note that  $\{X \in A_t\} = \{d(X, A) \leq t\}$ , and thus completes the proof.

### 5.1.15 (Exponential set of mutually almost orthogonal points)

**Hint 1:** “there exist”—means that we can use probabilistic way to show this happen with positive probability. First choose  $k = \exp(\epsilon^2 n/4)$  vectors  $v_1, \dots, v_k$  by choosing each coordinate to be  $\pm 1$  w.p.  $1/2$  each. Then define,  $u_i = v_i/\sqrt{n}$ . Chernoff bound shows that the probability  $|\langle u_i, u_j \rangle| \geq \epsilon$  is at most  $2 \exp(-(\epsilon^2/2)n)$ . This equals  $2/k^2$  choice of  $k$ , and hence one can take the union-bound over the at most  $\binom{k}{2} < k^2/2$  pairs  $(i, j)$  to show that there is a positive probability of  $|\langle u_i, u_j \rangle| < \epsilon$  holding for all  $i \neq j$ .

**Hint 2:** Recall  $X \sim \text{Unif}(\sqrt{n}S^{n-1})$  satisfies  $\|X\|_{\psi_2} \leq C$ . For any given point  $x_0 \in S^{n-1}$ , denote  $C(x_0, \epsilon) = \{x \in S^{n-1} : \langle x_0, x \rangle > \epsilon\}$ . We have  $\sigma(C(x_0, \epsilon)) = \mathbb{P}\{\langle x_0, X \rangle > \sqrt{n}\epsilon\} \leq \exp(-cn\epsilon^2)$ . Let  $\{x_1, \dots, x_N\}$  be a maximal collection of unit vectors in  $\mathbb{R}^n$  that are mutually almost orthogonal, then  $S^{n-1} \subset \bigcup_{i=1}^N C(x_i, \epsilon)$ . It follows that  $1 \leq \sum_{i=1}^N \sigma(C(x_i, \epsilon)) \leq N \exp(-cn\epsilon^2)$  i.e.  $N \geq \exp(c\epsilon^2 n)$

### 5.2.3 (Deduce the Gaussian concentration inequality (Theorem 5.2.2) from the Gaussian isoperimetric inequality (Theorem 5.2.1))

**Hint 1:** Use Gaussian isoperimetric inequality, and gaussian measure is rotation-invariance, we can rotate the half space and focus only on first coordinates.

**Answer 2:** Consider  $X \sim \mathcal{N}(0, I_n)$  and  $f : \mathbb{R}^n \rightarrow \mathbb{R}$  with  $\|f\|_{Lip} = 1$ . Let  $A = \{x \in \mathbb{R}^n : f(x) \leq M\}$  where  $M$  is median of  $f(X)$ . Then  $\gamma_n(A) \geq 1/2$  and thus

$$\gamma_n(A_t) \geq \Phi(\Phi^{-1}(\gamma_n(A)) + t) \geq \Phi(t) \geq 1 - \exp(-t^2/2) \quad \forall t > 0$$

On the other hand, we have  $\gamma_n(A_t) = \mathbb{P}\{X \in A_t\} \leq \mathbb{P}\{f(X) \leq M + t\}$  since  $f$  is 1-Lipschitz. Combining these inequalities gives

$$\mathbb{P}\{f(X) - M > t\} = 1 - \mathbb{P}\{f(X) - M \leq t\} \leq \exp(-t^2/2)$$

Repeating the argument for  $-f$ , we obtain the same bound for  $\mathbb{P}\{f(X) - M < -t\}$ . By Exercise 5.1.13,  $\|f(X) - \mathbb{E}f(X)\|_{\psi_2} \leq \|f(X) - M\|_{\psi_2}$  and therefore  $\|f(X) - \mathbb{E}f(X)\|_{\psi_2} \leq C$

### 5.2.4 (Replacing Expectation by $L^p$ norm)

Replace  $\mathbb{E}f(X)$  by  $(\mathbb{E}f^p)^{1/p}$ , for non-negative Lipschitz function  $f$ , show a similar result, the constants may depend on  $p$ .

**Hint:** Let  $Z = f(X) \geq 0$ ,  $\|Z - \mathbb{E}Z\|_p \geq \|Z\|_p - \|\mathbb{E}Z\|_p = \|Z\|_p - \mathbb{E}Z$ .

$$\|Z - \|\mathbb{E}Z\|_p\|_{\psi_2} \leq \|Z - \mathbb{E}Z\|_{\psi_2} + \|\mathbb{E}Z - \|Z\|_p\|_{\psi_2} \leq C\|f\|_{Lip} + C'\mathbb{E}Z - \|Z\|_p$$

$$\|\mathbb{E}Z - \|Z\|_p\| \leq \|\mathbb{E}Z - Z\|_p < C''\sqrt{p}\|Z - \mathbb{E}Z\|_{\psi_2} < C'C\sqrt{p}\|f\|_{Lip}$$

### 5.2.11 (Pushing forward the Gaussian to the uniform distribution)

$\Phi(x)$  is c.d.f of  $\mathcal{N}(0, 1)$ . Consider a random vector  $Z := (Z_1, \dots, Z_n) \sim \mathcal{N}(0, I_n)$ . Show:

$$\phi(Z) := (\phi(Z_1), \dots, \phi(Z_n)) \sim \text{Unif}([0, 1]^n)$$

Let  $U = \phi(Z)$ . We want to show that  $U$  is uniformly distributed on  $[0, 1]^n$ . Note pdf of  $Z$  is

$$f(z) = \frac{1}{\sqrt{2\pi}} \exp(-||z||^2/2)$$

The cumulative distribution function of  $U$  is given by:

$$\begin{aligned} \mathbb{P}(U_1 \leq u_1, \dots, U_n \leq u_n) &= \mathbb{P}(\phi(Z_1) \leq u_1, \dots, \phi(Z_n) \leq u_n) \\ &= \mathbb{P}(Z_1 \leq \Phi^{-1}(u_1), \dots, Z_n \leq \Phi^{-1}(u_n)) \\ &= \int_{-\infty}^{\Phi^{-1}(u_1)} \dots \int_{-\infty}^{\Phi^{-1}(u_n)} f_Z(z_1, \dots, z_n) dz_1 \dots dz_n. \end{aligned}$$

To show that  $U$  is uniformly distributed on  $[0, 1]^n$ , it suffices to show that the above probability is equal to the volume of the hypercube  $[0, 1]^n$ , which is equal to 1.

By the change of variables formula, we have:

$$\begin{aligned} &\int_{-\infty}^{\Phi^{-1}(u_1)} \dots \int_{-\infty}^{\Phi^{-1}(u_n)} f_Z(z_1, \dots, z_n) dz_1 \dots dz_n \\ &= \int_0^{u_1} \dots \int_0^{u_n} f_Z(\Phi^{-1}(x_1), \dots, \Phi^{-1}(x_n)) \left| \frac{\partial(z_1, \dots, z_n)}{\partial(x_1, \dots, x_n)} \right| dx_1 \dots dx_n \\ &= \int_0^{u_1} \dots \int_0^{u_n} \frac{1}{(2\pi)^{n/2}} \exp\left(-\frac{1}{2} \sum_{i=1}^n (\Phi^{-1}(x_i))^2\right) \left| \frac{\partial(z_1, \dots, z_n)}{\partial(x_1, \dots, x_n)} \right| dx_1 \dots dx_n \\ &= \int_0^{u_1} \dots \int_0^{u_n} \frac{1}{(2\pi)^{n/2}} \exp\left(-\frac{1}{2} \sum_{i=1}^n (\Phi^{-1}(x_i))^2\right) \prod_{i=1}^n \phi(\Phi^{-1}(x_i)) dx_1 \dots dx_n \\ &= \int_0^{u_1} \phi(\Phi^{-1}(x_1)) dx_1 \dots \int_0^{u_n} \phi(\Phi^{-1}(x_n)) dx_n, \end{aligned}$$

In the last step, we used the fact that  $\phi(\Phi^{-1}(x_i))$  is the density of the standard normal distribution evaluated at  $\Phi^{-1}(x_i)$ .

Now, we can use the substitution  $y_i = \Phi^{-1}(x_i)$ , so that  $x_i = \Phi(y_i)$  and  $dx_i = \phi(y_i) dy_i$ . This gives us:

$$\begin{aligned} &\int_0^{u_1} \phi(\Phi^{-1}(x_1)) dx_1 \dots \int_0^{u_n} \phi(\Phi^{-1}(x_n)) dx_n \\ &= \int_{-\infty}^{\Phi^{-1}(u_1)} \phi(y_1) dy_1 \dots \int_{-\infty}^{\Phi^{-1}(u_n)} \phi(y_n) dy_n \\ &= \int_{-\infty}^{\infty} \phi(y_1) \mathbb{I}_{y_1 \leq \Phi^{-1}(u_1)} dy_1 \dots \int_{-\infty}^{\infty} \phi(y_n) \mathbb{I}_{y_n \leq \Phi^{-1}(u_n)} dy_n \\ &= \mathbb{P}(Z_1 \leq \Phi^{-1}(u_1), \dots, Z_n \leq \Phi^{-1}(u_n)) \\ &= \mathbb{P}(U_1 \leq u_1, \dots, U_n \leq u_n), \end{aligned}$$

where  $\mathbb{I}_A$  is the indicator function of the event  $A$ .

Therefore, we have shown that  $\phi(Z)$  is uniformly distributed on  $[0, 1]^n$ .

---



To show that  $\phi(Z)$  is uniformly distributed over  $[0, 1]^n$ , we need to show that for any  $\mathbf{u} = (u_1, u_2, \dots, u_n) \in [0, 1]^n$ , we have

$$\mathbb{P}(\phi(Z_1) \leq u_1, \phi(Z_2) \leq u_2, \dots, \phi(Z_n) \leq u_n) = u_1 \dots u_n$$

Since  $\phi(x)$  is the cumulative distribution function of  $\mathcal{N}(0, 1)$ , we have  $\phi(x) = \int_{-\infty}^x \frac{1}{\sqrt{2\pi}} e^{-t^2/2} dt$ . Let  $U_i = \phi(Z_i)$ , then  $U_i$  is a random variable with uniform distribution on  $[0, 1]$ .

Therefore, we have

$$\begin{aligned} & \mathbb{P}(\phi(Z_1) \leq u_1, \phi(Z_2) \leq u_2, \dots, \phi(Z_n) \leq u_n) \\ &= \mathbb{P}(U_1 \leq u_1, U_2 \leq u_2, \dots, U_n \leq u_n) \\ &= \mathbb{P}(\phi(Z_1) \leq u_1) \cdot \mathbb{P}(\phi(Z_2) \leq u_2) \cdots \mathbb{P}(\phi(Z_n) \leq u_n) \\ &= \prod_{i=1}^n \mathbb{P}(\phi(Z_i) \leq u_i) \\ &= \prod_{i=1}^n \int_{-\infty}^{\Phi^{-1}(u_i)} \frac{1}{\sqrt{2\pi}} e^{-t^2/2} dt \quad (\text{using inverse transform method}) = \prod_{i=1}^n u_i \\ &= u_1 u_2 \cdots u_n. \end{aligned}$$

Therefore, we have shown that  $\phi(Z)$  is uniformly distributed over  $[0, 1]^n$ .

### 5.3.3

The Johnson-Lindenstrauss lemma states that for any  $0 < \epsilon < 1$  and  $0 < \delta < 1$ , if  $n$  points in  $\mathbb{R}^d$  are embedded into  $\mathbb{R}^k$  using a random projection matrix  $P$  with  $k = O(\frac{1}{\epsilon^2} \log(\frac{1}{\delta}))$ , then the distortion is preserved with probability  $1 - \delta$ . That is, for any  $x, y$  in the  $n$  points, we have  $(1 - \epsilon)|x - y|_2^2 \leq |Px - Py|_2^2 \leq (1 + \epsilon)|x - y|_2^2$ .

Now consider the matrix  $Q = \frac{1}{\sqrt{m}}A$ . Let  $x, y$  be two vectors in  $\mathbb{R}^n$ , and let  $P = Q^T Q$ . Then we have

$$|Px - Py|_2^2 = (x - y)^T P^T P (x - y) \tag{1}$$

$$= (x - y)^T (Q^T Q) Q^T Q (x - y) \tag{2}$$

$$= ((Qx)^T (Qy))^T ((Qx)^T (Qy)) \tag{3}$$

$$= |Qx|_2^2 |Qy|_2^2 - 2(Qx)^T (Qy)^T ((Qx)^T (Qy)) \tag{4}$$

$$= |x|_2^2 |y|_2^2 - 2(Qx)^T (Qy)^T ((Qx)^T (Qy)) \tag{5}$$

$$= |x|_2^2 |y|_2^2 - 2(Qy)^T (Qx)^T ((Qy)^T (Qx)) \tag{6}$$

$$= |x|_2^2 |y|_2^2 - 2(Qy)^T (Qx) (Qx)^T (Qy) \tag{7}$$

$$= |x|_2^2 |y|_2^2 - 2 \frac{1}{m} y^T A^T A x \tag{8}$$

$$= |x|_2^2 |y|_2^2 - 2 \frac{1}{m} \langle Ax, Ay \rangle \tag{9}$$

$$\tag{10}$$

Now we need to bound  $\frac{1}{m} \langle Ax, Ay \rangle$ . Since  $A$  has independent, mean-zero sub-gaussian isotropic random vectors as its rows, we have  $\mathbb{E}[A_{i,j}] = 0$  and  $\mathbb{E}[A_{i,j}^2] = \frac{1}{n}$ , and for any vector  $v$  with  $|v|_2 = 1$ ,

we have  $\mathbb{E}[|\langle A_i, v \rangle|^2] \leq K$  for some constant  $K$ . This implies that  $A_i$  is a sub-gaussian isotropic random vector with sub-gaussian norm at most  $\sqrt{K}$ . Thus, we have

$$= \frac{1}{m} \sum_{i=1}^m \mathbb{E}[\frac{1}{2}(\langle A_i, x+y \rangle^2 - |A_i(x-y)|^2)] \quad (11)$$

$$= \frac{1}{2m} \sum_{i=1}^m (|x+y|_2^2 - |x-y|_2^2) \quad (12)$$

$$= \frac{1}{2m} \sum_{i=1}^m (4\langle x, y \rangle) \quad (13)$$

$$= \frac{2}{m} \langle x, y \rangle \quad (14)$$

$$(15)$$

where the second equality follows from the polarization identity, and the third equality follows from the definition of a sub-gaussian random vector.

Therefore, we have

$$|Px - Py|_2^2 = |x|_2^2 |y|_2^2 - 2 \frac{1}{m} \langle Ax, Ay \rangle \quad (16)$$

$$= |x|_2^2 |y|_2^2 - \frac{4}{m} \langle x, y \rangle \quad (17)$$

$$= |x|_2^2 |y|_2^2 - \frac{4}{\sqrt{m}} \langle Qx, Qy \rangle \quad (18)$$

Thus, we have shown that the conclusion of the Johnson-Lindenstrauss lemma holds for  $Q = \frac{1}{\sqrt{m}}A$  with distortion parameter  $\epsilon = \frac{2}{\sqrt{m}}$  and probability  $1 - \delta$  with  $k = O(\frac{1}{\epsilon^2} \log(\frac{1}{\delta})) = O(\frac{m}{4} \log(\frac{1}{\delta}))$ .

---

We want to show that with high probability, the distance between projections onto  $m$  random vectors  $a_1, a_2, \dots, a_m$  chosen from  $Q = \frac{1}{\sqrt{m}}A$  is preserved up to a small constant factor, where  $A$  is an  $m \times n$  random matrix whose rows are independent mean-zero sub-gaussian isotropic random vectors in  $\mathbb{R}^n$ .

Let  $x, y \in \mathbb{R}^n$  be any two vectors. Let  $P$  be the projection matrix onto the span of  $a_1, a_2, \dots, a_m$ , and let  $P^\perp = I - P$  be the projection matrix onto the orthogonal complement of the span. Then we can write  $x$  and  $y$  as  $x = Px + P^\perp x$  and  $y = Py + P^\perp y$ .

Let  $z = Px - Py$ . Then we have  $|z|_2 = |Px - Py|_2 = |P(x - y)|_2 \leq |x - y|_2$ , since  $P$  is a projection matrix and thus can only make vectors shorter. Therefore, it suffices to show that with high probability,  $|Qz|_2$  is small.

Now, note that  $z$  is a vector in the span of  $a_1, a_2, \dots, a_m$ . In other words, we can write  $z = Av$  for some  $v \in \mathbb{R}^m$ . Then we have

$$|Qz|_2^2 = \frac{1}{m} |Av|_2^2 = \frac{1}{m} v^T A^T A v$$

By the matrix Bernstein inequality, we know that with probability at least  $1 - \delta$ , we have

$$\left| \frac{1}{m} A^T A - I_n \right|_2 \leq \sqrt{\frac{2 \log(2n/\delta)}{m}}$$

where  $I_n$  is the  $n \times n$  identity matrix. In particular, this implies that with probability at least  $1 - \delta$ , all the eigenvalues of  $\frac{1}{m}A^T A$  are bounded between  $1 - \sqrt{\frac{2 \log(2n/\delta)}{m}}$  and  $1 + \sqrt{\frac{2 \log(2n/\delta)}{m}}$ . Therefore, we have

$$\mathbb{P} [|Qz|_2^2 \geq (1 + \epsilon)|z|_2^2] \leq \delta$$

where  $\epsilon = 2\sqrt{\frac{2 \log(2n/\delta)}{m}}$ .

Finally, by the triangle inequality, we have

$$\begin{aligned} |Px - Py|_2 &= |z|_2 \\ &\leq |Qz|_2 + |(I - Q)z|_2 \\ &\leq \sqrt{\frac{1 + \epsilon}{m}}|z|_2 + \sqrt{1 - \frac{1 + \epsilon}{m}}|z|_2 \\ &= \sqrt{2 - \epsilon}|z|_2 \end{aligned}$$

## 8 Applications of Efron-Stein

### 2.

Let  $X_1, \dots, X_n$  be independent r.v. in a linear normed space. Prove that

$$\text{Var}(|X_1 + \dots + X_n|) \leq 4 \sum_{i=1}^n \mathbb{E}||X_i - \mathbb{E}X_i||^2$$

*Proof:* The Efron-Stein inequality states that for any function  $f$  of  $n$  independent random variables  $X_1, \dots, X_n$ , we have

$$\text{Var}(f) \leq \sum_{i=1}^n \text{Var}(f|X_1, \dots, X'_i)$$

where  $X'_i$  is an independent copy of  $X_i$ . To apply this inequality to our problem,

let  $f(X_1, \dots, X_n) = |\sum_{i=1}^n X_i|$ . Then we have

$$\begin{aligned}
\text{Var}(|\sum_{i=1}^n X_i|) &= \text{Var}(f(X_1, \dots, X_n)) \leq \sum_{i=1}^n \text{Var}(f|X_1, \dots, X'_i) \\
&= \sum_{i=1}^n \text{Var}(|\sum_{j=1}^i X_j + \sum_{j=i+1}^n X_j||X_1, \dots, X'_i) \\
&= \sum_{i=1}^n \text{Var}(|\sum_{j=1}^i X_j| + |\sum_{j=i+1}^n X_j||X_1, \dots, X'_i) \\
&= \sum_{i=1}^n \text{Var}(|\sum_{j=1}^i X_j||X_1, \dots, X'_i) \\
&\leq \sum_{i=1}^n \mathbb{E} \left[ \left| \sum_{j=1}^i X_j - \mathbb{E} \left( \sum_{j=1}^i X_j | X_1, \dots, X'_i \right) \right|^2 \right] \\
&= \sum_{i=1}^n \mathbb{E} \left[ \left| \sum_{j=1}^i X_j - i\mathbb{E}(X_1) \right|^2 \right] \\
&= \sum_{i=1}^n i\mathbb{E} [ |X_i - \mathbb{E}(X_1)|^2 ] \\
&= \sum_{i=1}^n \mathbb{E} [ |X_i - \mathbb{E}(X_i)|^2 ] \\
&\leq 4 \sum_{i=1}^n \mathbb{E} [ |X_i - \mathbb{E}(X_i)|^2 ]
\end{aligned}$$

where we used the triangle inequality, the fact that  $|\sum_{j=i+1}^n X_j| \geq 0$ , the conditional variance formula, the fact that  $|\cdot|$  is a norm and satisfies the triangle inequality, the law of total expectation, and the fact that  $i\mathbb{E}(X_1) = \mathbb{E}(\sum_{j=1}^i X_j)$ . This completes the proof.

### 3.

Let  $X_1, \dots, X_n$  be independent r.v, where  $X_i$  is a Bernoulli with parameter  $p_i \in [0, 1]$ . Let  $g(x_1, \dots, x_n)$  be a function, satisfying the bounded difference condition with constants  $c_1, c_2, \dots, c_n > 0$ . Show that

$$\text{Var}(g(X_1, \dots, X_n)) \leq \sum_{i=1}^n c_i^2 p_i (1 - p_i)$$

*Proof:*

Let  $X = (X_1, \dots, X_n)$  and  $\mu = \mathbb{E}(g(X))$ . Define the random variables  $X_i^{(1)}, \dots, X_i^{(n)}$  as follows:

$$X_j^{(i)} = \begin{cases} X_j & \text{if } i = j, \\ X'_j & \text{otherwise,} \end{cases}$$

where  $X'_j$  is an independent copy of  $X_j$ . Then, we have

$$\begin{aligned}
\text{Var}(g(X)) &= \text{Var}(g(X_1, \dots, X_n)) \\
&= \text{Var}(g(X_1^{(1)}, \dots, X_n^{(1)})) \\
&= \text{Var}(\mathbb{E}(g(X_1^{(1)}, \dots, X_n^{(1)}) \mid X_2, \dots, X_n)) \\
&\leq \sum_{i=1}^n \text{Var}(\mathbb{E}(g(X_1^{(1)}, \dots, X_n^{(1)}) \mid X_i, X_{i+1}, \dots, X_n)) \\
&= \sum_{i=1}^n \text{Var}(g(X_1^{(1)}, \dots, X_i, X_{i+1}^{(i+1)}, \dots, X_n^{(n)})) \\
&= \sum_{i=1}^n \text{Var}(g(X_1^{(1)}, \dots, X'_i, X_{i+1}^{(i+1)}, \dots, X_n^{(n)})) \\
&= \sum_{i=1}^n \text{Var}(g(X_1^{(1)}, \dots, X'_i, X_{i+1}^{(i+1)}, \dots, X_n^{(n)}) - \mu) \\
&\leq \sum_{i=1}^n c_i^2 \mathbb{E}((X'_i - X_i)^2) \\
&= \sum_{i=1}^n c_i^2 p_i (1 - p_i),
\end{aligned}$$

where we used the bounded difference condition to get the second-to-last line. Therefore, we have shown that  $\text{Var}(g(X)) \leq \sum_{i=1}^n c_i^2 p_i (1 - p_i)$ , as desired.

## 5.

Let  $X_1, \dots, X_n$  be independent r.v. in  $[0, 1]$  and let  $g(X_1, \dots, X_n)$  be the minimal number of bins in which one could pack the numbers  $X_1, \dots, X_n$  so that the sum of the numbers in each bin does not exceed one. Prove that

$$\text{Var}(g(X_1, \dots, X_n)) \leq \frac{n}{4}$$

and provide an example showing that this upper bound could not be improved.

*Proof:* To apply Efron-Stein inequality, let  $X_1, \dots, X_n$  be our original independent random variables, and define  $Z_1, \dots, Z_n$  to be independent copies of  $X_1, \dots, X_n$ , respectively. For each  $i \in 1, \dots, n$ , let  $X'_i$  be a random variable that is equal to  $X_i$  with probability  $\frac{1}{2}$  and  $Z_i$  with probability  $\frac{1}{2}$ . Define  $g'$  to be the corresponding function of  $X'_1, \dots, X'_n$ .

Note that  $g'$  depends only on the  $2^n$  possible values of  $(X'_1, \dots, X'_n)$ , which can be represented as  $(\epsilon_1 X_1, \dots, \epsilon_n X_n)$ , where  $\epsilon_1, \dots, \epsilon_n \in -1, 1$  are independent and uniformly distributed. Let  $A_1, \dots, A_n$  be subsets of  $-1, 1$  such that  $|A_i| = \frac{1}{2} 2^n$ , and define  $g'_i$  to be the function of  $(\epsilon_1 X_1, \dots, \epsilon_n X_n)$  that depends only on  $\epsilon_j X_j$  for  $j \neq i$  and  $\epsilon_i X_i$  with  $\epsilon_i \in A_i$ .

By the Efron-Stein inequality, we have

$$\begin{aligned}
\text{Var}(g') &\leq \frac{1}{2} \sum_{i=1}^n \text{Var}(g'_i) \\
&= \frac{1}{2} \sum_{i=1}^n \mathbb{E}[(g'_i)^2] - \left( \frac{1}{2} \sum_{i=1}^n \mathbb{E}[g'_i] \right)^2.
\end{aligned}$$

Note that for each  $i \in 1, \dots, n$  and  $\epsilon_i \in A_i$ , the function  $g'_i$  is just the function  $g$  applied to the  $n - 1$  variables  $\epsilon_j X_j$  for  $j \neq i$ . Thus, we have

$$\begin{aligned}
\mathbb{E} [(g'_i)^2] &= \mathbb{E} [g(\epsilon_1 X_1, \dots, \epsilon_{i-1} X_{i-1}, Z_i, \epsilon_{i+1} X_{i+1}, \dots, \epsilon_n X_n)^2] \\
&= \mathbb{E} [g^2(X_1, \dots, X_n)] \\
&\leq (\mathbb{E} [g(X_1, \dots, X_n)])^2 + \text{Var} (g(X_1, \dots, X_n)) \\
&\leq \left(\frac{n}{2}\right)^2 + \frac{n}{4} \\
&= \frac{5n^2}{16}.
\end{aligned}$$

Similarly, we have

$$\begin{aligned}
\mathbb{E} [g'_i] &= \mathbb{E} [g(\epsilon_1 X_1, \dots, \epsilon_{i-1} X_{i-1}, Z_i, \epsilon_{i+1} X_{i+1}, \dots, \epsilon_n X_n)] \\
&= \frac{1}{2} \mathbb{E} [g(X_1, \dots, X_n)] + \frac{1}{2} \mathbb{E} [g(Z_1, \dots, Z_n)] \\
&\leq \frac{n}{2}.
\end{aligned}$$

Substituting these expressions into the Efron-Stein inequality gives

$$\begin{aligned}
\text{Var}(g') &\leq \frac{1}{2} \sum_{i=1}^n \mathbb{E} [(g'_i)^2] - \left( \frac{1}{2} \sum_{i=1}^n \mathbb{E} [g'_i] \right)^2 \\
&\leq \frac{1}{2} n \cdot \frac{5n^2}{16} - \left( \frac{1}{2} n \cdot \frac{n}{2} \right)^2 \\
&= \frac{n}{4}.
\end{aligned}$$

---

Therefore, we have shown that  $\text{Var}(g(X_1, \dots, X_n)) \leq \text{Var}(g'(X'_1, \dots, X'_n)) \leq \frac{n}{4}$ , as required.