**Benjamin Huntley**

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**EDUCATION** East Carolina University: Greenville, NC

Master of Science: Substance Abuse and Clinical Mental Health Counseling May, 2015

Bachelor of Arts: Psychology December, 2012

Honors: Dean’s List, Honor Roll

**LICENSURE** LCAS License number: LCAS-21957

**EMPLOYMENT**

Meritor Manufacturing Plant, *Warehouse Associate* May, 2018- September, 2018

* Worked with a team in the Gearing Dept.
* Worked on the lap line inspecting each gear and pinion to determine if the parts had any non-conforming pieces and, if so, used a rotary tool to grind nicks and burrs.
* Operated fork truck to move gears and pinions to different departments within the warehouse.

Easter Seals UCP,*ACTT QP General Therapist* January, 2016 – February, 2018

* Functioned effectively as a part of a multi-disciplinary team
* Provided support within the community and in individuals’ homes.
* Conducted comprehensive substance abuse assessments considering the relationship between substance use and mental health
* Assessed, tracked and documented individual’s stages of change readiness and stages of treatment
* Used outreach and motivational interviewing techniques to work with individuals in earlier stages of change readiness
* Facilitated access to 12-step groups and other community supports
* Used cognitive behavioral approaches and relapse prevention to work with beneficiaries in later stages of change readiness
* Provided structured face-to-face scheduled therapeutic interventions to provide support and guidance in all areas of functional domains: adaptive, communication, personal care, domestic, psychosocial, problem solving, etc. in preventing, overcoming, or managing the individual's level of functioning and enhancing his/her ability to remain in the community
* Provided psychosocial rehabilitative interventions and case coordination
* Ensured that the team’s treatment approaches were consistent with individual’s stages of change readiness
* Facilitated the Person-Centered Planning process for individuals assigned, provided case management and develops treatment plans that change as client’s needs change all for an assigned group of clients in the individual treatment team (ITT)
* Served as a consultant and educator to fellow ACT team members on the topic of integrated dual disorder treatment (IDDT) and motivational interviewing.
* Prepared and submitted documentation accurately and on time
* Participated in peer review
* Ensured incident reports were prepared and submitted on time
* Prepared and presented documentation for utilization review
* Assisted in training new employees
* Completed required training within prescribed timeframes including the DMH approved ACTT training
* Consulted with community agencies and families to maintain coordination in the treatment process.
* Participated in 24/7/365 on-call crisis phone rotation
* Participated in daily staff meetings and treatment planning review meetings
* Other duties as assigned

**RELEVANT Experience**

Spring Semester 2015

Internship Course

Julian F. Keith Alcohol and Drug Abuse Treatment Center

Black Mountain, NC

During my internship, I co-facilitated a Seeking Safety therapy group for women diagnosed with substance use disorders and posttraumatic stress disorder. I conducted individual counseling sessions with a caseload of two to three patients. I have also completed initial assessments and presented the patients to treatment team for both men and women at the ADATC. I had supervision from a licensed professional counselor supervisor (LPCS), licensed clinical addictions specialist (LCAS), and certified clinical supervisor (CCS).

September 2014

Practicum Student for M.S. in Substance Abuse and Clinical Counseling Program in the Department of Addictions and Rehabilitation at East Carolina University

PORT Human Services Methadone Clinic

I led a 3-hour SAIOP group that provided educational and therapeutic interventions to assist the patients in movement towards continued abstinence from mood altering substances. I addressed and discussed mental health systems as they related to abstinence and possible relapse. Therapeutic Interventions used: Cognitive behavioral; Motivational Interviewing; Supportive Counseling; Relapse Prevention. I also lead a 2-hour parenting group and had a caseload of four clients for individual counseling sessions on a weekly basis. I had supervision from a licensed professional counselor supervisor (LPCS), licensed clinical addictions specialist (LCAS), and certified clinical supervisor (CCS).

January 2014- November 2014

Graduate Assistantship

ECU College of Education, Operation LINK program

Greenville, NC

I worked for an after school program that taught robotics to children of military families. My duties included data entry and management, maintenance of member files, and distribution of information about the program to potential partners and customers. I traveled to Wayne County to assist in the training of the mentors on coding and robotics.

May 2013-August 2013

Paraprofessional

North Carolina Summer Treatment Program for Kids

Greensboro, NC

Worked as paraprofessional mental healthcare provider under the supervision of three clinical psychologists

Worked with children ages 7-12

Children all had diagnoses of AD/HD and many had learning disorders and oppositional defiant disorder

Certified in NCI Interventions and qualified to use physical techniques and restraints

Certified in HIPAA training

Program simulated school/ summer camp and used an evidence-based point system for behavior modification

Created individualized treatment plans for five children

Reported to parents on a daily basis by providing a report card with weekly goals based on individual needs

Gained clinical experience

Academic Achievements and Experience

April 21, 2012

Research and Poster Presentation

Undergraduate Research Poster Presentation

2012 NCPA/NCPF Spring Conference Poster Session

Poster Title: Is There a Relationship Between Stimulant Therapy and Substance Use or Abuse in Undergraduates with AD/HD?

Prepared a brief oral summary of the poster and presented twice for reviewers who asked questions and made written comments on the poster.

I researched the poster topic with Dr. Kristin King using a database at a university-affiliated AD/HD clinic.

Spring 2011-Spring 2012

PSY: Independent Research Experience

AD/HD Clinic

Dr. Arthur Anastopoulos and Dr. Kristin King

3 Semesters

Worked with PhD graduate students on their research projects by entering data into large databases.

Learned how to use the Statistical Package for the Social Sciences (SPSS) program and how to apply statistical formulas for research designs.

Acquired an understanding of how research is conducted in the field of psychology.

Became familiar with several rating scales including the AD/HD rating scale IV, Beck Depression Inventory, Beck Anxiety Inventory, and others

I learned APA format for literature reviews and research proposals

Fall 2012

Right Track Longitudinal Study

1 Semester

Worked as a study facilitator in data management and input for a longitudinal study that focused on three different cohorts and was concerned with children’s social behavior. The project was looking for child and family factors that predict emotion regulation and behavior problems over time.

Helped to train graduate students to be experimenters by participating in cognitive and memory tasks administered by the students

Was trained to be a confederate in experiments by memorizing a script designed to induce target emotions in the participants

Wrote article critiques for select Right Track publications. I learned to summarize studies and analyze the research designs by identifying the studies’ limitations and suggesting improvements for reliability and validity.