Keeping track of your stools



Talking to your doctor about how you're feeling while taking UKONIQ is important in helping you understand and manage your therapy. In clinical trials, the most common side effect of UKONIQ was diarrhea or inflammation of your intestine—58% of patients had some level of diarrhea, with 10% of patients having severe diarrhea.

Drink plenty of fluids during treatment with UKONIQ to help prevent dehydration from diarrhea. Tell your doctor if you have diarrhea that does not go away or gets worse, or stool with mucus or blood, or if you have severe stomach area (abdominal) pain during treatment with UKONIQ. To prepare for conversations with your doctor, a written stool tracker (or one that is downloaded on your smartphone or tablet) is an effective method for tracking your stool history.

Talking to your doctor about changes in your stool



The Bristol Stool Chart (see next page) is a resource for you to describe the shape, type, and texture of your stool with your doctor or nurse.

The chart shows 7 types of stool. While every person has different bowel habits, stools should be soft and easy to pass (Type 3 and Type 4). If you recently started UKONIQ, take this chart to your appointment to talk about your stool type, especially if it has changed since beginning treatment.

WHAT IS UKONIQ (UMBRALISIB)?

UKONIQ is a prescription medicine used to treat adults with:

- Marginal zone lymphoma (MZL) when the disease has come back or did not respond to treatment and who have received at least 1 certain type of prior treatment
- Follicular lymphoma (FL) when the disease has come back or did not respond to treatment and who have received at least 3 prior treatments

It is not known if UKONIQ is safe and effective in children.

UKONIQ was approved through a faster FDA review process based on the percentage of patients whose tumor size shrank or disappeared after treatment. There is an ongoing study to confirm the benefit of UKONIQ for these uses.

IMPORTANT SAFETY INFORMATION

UKONIQ can cause serious side effects, including:

Infections. UKONIQ can cause serious infections that may lead to death. Tell your healthcare provider right away if you have fever, chills, weakness, flu-like symptoms, or any other signs of infection during treatment with UKONIQ.

Please see Important Safety Information throughout and accompanying Medication Guide and full Prescribing Information.

The Bristol stool chart

Adapted from the Bristol Stool Scale (Heaton et al 1992)

Type 1 Severe constipation	Separate hard lumps, like nuts (hard to pass)	
Type 2 Mild constipation	Sausage-shaped but lumpy	
Type 3 Normal	Like a sausage but with cracks on its surface	
Type 4 Normal	Like a sausage or snake, smooth and soft	
Type 5 Lacking fiber	Soft blobs with clear cut edges (passed easily)	
Type 6 Mild diarrhea	Fluffy pieces with ragged edges, mushy stool	
Type 7 Severe diarrhea	Watery, no solid pieces, entirely liquid	

Stool trackers available for download on your smartphone or tablet*:

Poop Tracker for iPhone/iPad and Android devices

Tracks bowel movements and can be easily printed and shared with your doctor

Bowel Mover Pro for iPhone or iPad

Tracks bowel movements and overall digestion patterns

Stool Log, Bowel Movement Journal for iPhone/iPad and Android devices

Logs bowel movements using the Bristol Stool Scale and uses additional data such as color, consistency, weight/volume, and feeling

*Please note that these are applications developed by third-party organizations that are unaffiliated with TG Therapeutics. TG Therapeutics does not necessarily endorse the content in these applications nor do the organizations that develop these applications necessarily endorse TG Therapeutics or its products.

Please see Important Safety Information throughout and accompanying Medication Guide and full Prescribing Information.

DAY	DAILY NOTES TO SHARE WITH YOUR DOCTOR	STOOL TYPE
		1 2 3 4 5 6 7
SAMPLE ENTRY	1st stool at 10am, 2nd stool at 9pm; both appeared normal.	000000
S		000000
М		000000
T		000000
W		000000
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DAY	DAILY NOTES TO SHARE WITH YOUR DOCTOR	STOOL TYPE
		1 2 3 4 5 6 7
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Talk to your doctor or nurse if you have diarrhea that does not go away or becomes worse.

DAY	DAILY NOTES TO SHARE WITH YOUR DOCTOR	STOOL TYPE										
		1	2	3	4	5	6	7				
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IMPORTANT SAFETY INFORMATION (CONT'D)

Low white blood cell count (neutropenia). Neutropenia is common with UKONIQ treatment and can sometimes be serious. Your healthcare provider will check your blood counts regularly during treatment with UKONIQ. Tell your healthcare provider right away if you have a fever or any signs of infection during treatment with UKONIQ.

Diarrhea or inflammation of your intestine (colitis). Diarrhea is common during UKONIQ treatment and can sometimes be serious. Tell your healthcare provider right away if you have diarrhea that does not go away or worsening diarrhea, stool with mucus or blood, or if you have severe stomach area (abdominal) pain during treatment with UKONIQ. Drink plenty of fluids during treatment with UKONIQ to help prevent dehydration from diarrhea.

Liver problems. Abnormal liver function blood test results are common and can sometimes be serious. Your healthcare provider will do blood tests before and during your treatment with UKONIQ to check for liver problems. Tell your healthcare provider right away if you have any of the following symptoms of liver problems:

- Yellowing of your skin or the white part of your eyes (jaundice)
- Dark or brown (tea colored) urine
- Pain in the upper right side of your stomach area (abdomen)
- Bleeding or bruising more easily than normal

Please see Important Safety Information throughout and accompanying Medication Guide and full Prescribing Information.

IMPORTANT SAFETY INFORMATION (CONT'D)

Severe skin reactions. Rashes and other skin reactions are common with UKONIQ treatment and can sometimes be severe and lead to death. Tell your healthcare provider right away if you get a new or worsening skin rash or other signs of a severe skin reaction during treatment with UKONIQ, including:

- Painful sores or ulcers on your skin, lips, or in your mouth
- Rash with blisters or peeling skin
- Rash with itching
- Rash with fever

If you have any of the above serious side effects during treatment with UKONIQ, your doctor may completely stop your treatment, stop your treatment for a period of time, or change your dose of UKONIQ.

Before starting UKONIQ, tell your healthcare provider about all of your medical conditions, including if you:

- Have an infection
- Have abdominal or intestinal problems
- Have liver problems
- Are allergic to FD&C Yellow No. 5 (tartrazine) or aspirin. UKONIQ tablets contain FD&C Yellow No. 5 (tartrazine), which may cause allergic-type reactions (including bronchial asthma) in certain people, especially people who also have an allergy to aspirin
- Are pregnant or plan to become pregnant. UKONIQ can harm your unborn baby. If you are able to become pregnant, your healthcare provider will do a pregnancy test before starting treatment with UKONIQ

- Females and males with female partners who are able to become pregnant should use effective birth control (contraception) during treatment with UKONIQ and for 1 month after the last dose of UKONIQ. Talk to your healthcare provider about birth control methods that may be right for you. Tell your healthcare provider right away if you or your partner become pregnant or think you are pregnant during treatment with UKONIQ
- Are breastfeeding or plan to breastfeed. It is not known if UKONIQ passes into your breast milk. Do not breastfeed during treatment with UKONIQ and for 1 month after the last dose of UKONIQ

Tell your healthcare provider about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements.

The most common side effects of UKONIQ include:

- Changes in certain kidney function blood tests
- Tiredness
- Nausea
- Muscle or bone pain
- Low red blood cell count (anemia)
- Low platelet count
- Upper respiratory tract infection
- Vomiting
- Abdominal pain
- Decreased appetite

These are not all the possible side effects with UKONIQ. Call your healthcare provider for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

Please see Important Safety Information throughout and accompanying Medication Guide and full Pescribing Information.

