

COVID-19 Child Written Response
(Made for the Parenting-Under-Pressure Study)

For the next five minutes, I would like for you to write your thoughts and feelings about COVID-19. How has it affected you and your family? In your writing, you might talk about your parents or friends. Everything you write will be completely confidential. Don't worry about spelling, sentence structure, or grammar. The only rule is that once you begin writing, continue to write until your time is up.

Adapted from Pennebaker, 1997