

Sources of Information COVID-19 Scale – SICS
(Made for the Parenting-Under-Pressure Study)

Instructions: Please read each item and answer the following question about it.

- (1) Almost Never or Never True
- (2) Not Very Often True
- (3) Sometimes True
- (4) Often True
- (5) Almost Always or Always True

Parent Threat

- 1. I warn my child about COVID-19
- 5. I tell my child about the dangers of COVID-19
- 9. My child hears about how to prevent contamination with COVID-19 from me

Media

- 2. My child hears scary things about COVID-19 when watching television
- 8. My child sees warnings about COVID-19 on social media

School

- 3. When my child was in school, they saw posters hanging in the school about how to prevent contamination with COVID-19
- 6. My child receives newsletters or emails from school about COVID-19

Friends

- 7. My child's friends talk to them about the dangerousness of COVID-19

Direct Experience

- 4. My child know someone who is infected with COVID-19

Adapted from the SISF (Sources of Information about Swine Flu)

Remmerswaal, D., & Muris, P. (2011). Children's fear reactions to the 2009 Swine Flu pandemic: The role of threat information as provided by parents. *Journal of anxiety disorders*, 25(3), 444-449.