

Parent Child Relationship Questionnaire (Made for the Parent-Child-COVID Study)

Instructions: Please reflect on the degree to which each of the following statements currently applies to your relationship with your child. Using the scale below, circle the appropriate number for each item.

Definitely does not apply 1	Not really 2	Neutral, not sure 3	Applies somewhat 4	Definitely applies 5
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1. I share an affectionate, warm relationship with my child.
2. My child brings, shows, and involves me in his/her interests.
3. My child looks to me for reassurance when trying new things.
4. My child does not want to accept help when he/she needs it.
5. By using his/her body language, my child is able to show me he/she wants to play, talk, or interact.
6. I wonder a lot about what my child is thinking and feeling.
7. I seem to have a need to control and lead things and have a hard time backing off.
8. When I'm at home together with my child, we interact and talk to each a lot.
9. My child keeps track of my location in new surroundings.
10. My child is overly dependent on me.
11. My child's feelings toward me can be unpredictable or can change suddenly.
12. I find it hard to understand the needs of my child.
13. My child often turns to me for comfort and support when he/she is troubled about something.
14. When I see my child upset, I try to ask her/him questions so that she/he can better understand what he/she is feeling.
15. My child easily becomes angry at me.
16. My child recognizes when I am upset and attempts to comfort me.
17. My child is uncomfortable with physical affection or touch from me.
18. Now and then, my child elicits more anger in me than I would like.
19. I try to see situations through the eyes of my child.
20. My child openly shares his/her feelings and experiences with me.
21. I succeed in adjusting to my child's behaviors and actions when necessary.

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22. Often, my child's behavior is too confusing to bother figuring out.
23. When my child shows difficult or oppositional behavior, I sometimes don't know how to cope with the conflict.
24. When my child is upset, I help him/her understand his/her feelings.
25. My child and I always seem to be struggling with each other.
26. Please select option four (applies somewhat) for this item
27. My interactions with my child make me feel effective and confident as a parent.

13: Adapted from Network of Relationships Inventory (Attachment Security; subscale: Safe Haven)

3, 9, 16: Adapted loosely from Attachment Q-Sort Observational Measure (Attachment Security; subscale: Secure Base: #2, 4; Empathy: #5)

6, 19, 22: Parental Reflective Functioning Questionnaire (subscales: Interest and Curiosity in Mental States: #6, 19; Pre-Mentalizing Modes: #22)

2, 5, 7, 8, 12, 18, 21, 23: Emotional Availability-Self-Report (subscales: Mutual Attunement: #12, 21, 23; Child Involvement with Parent: #2, 5; Hostility: #18; Intrusiveness: #7).

*Note: #8 included in "Intrusiveness, but I see more as Child Involvement with Parent

1, 4, 10, 11, 15, 17, 20, 25, 27: Child-Parent Relationship Scale (subscales: Closeness: #1, 20, 26 ; Conflicts: #11, 15, 25; Dependence: #10)

* Note: #4, 17 not included in subscale, assume under Conflicts

14, 24: Parent Emotion Regulation Scale (subscale: Orientation to Child's Emotions: #14, 24)

NOTE: likert does not apply-apply scale taken from the CPRS

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