(based on this idea) — it is the energy expended acting against a force. eg — the energy expended moving a weight against gravity.

We need some definitions

Definition. • Time t — measured in seconds

- Position s measured in metres
- Mass m measured in grams of kilograms
- Newton's second law

Force = mass × acceleration
$$F = m \frac{\mathrm{d}^2 s}{\mathrm{d}t^2}$$

Force is measured in Newtons = $kg.m/s^2$

• Work at constant force measures energy required to act against a force

Work = Force
$$\times$$
 displacement $W = Fd$

Measured in Newton-metres = Joules

So if the force is constant, then the work is simply the force times the distance moved against the force — eg moving a heavy weight up off the floor. How much work is done moving a 1kg book from the floor to the top of a 2m heigh shelf?

- Acceleration due to gravity = $9.8m/s^2$. Force due to gravity = ma = 9.8N.
- Work done against force is $9.8 \times 2 = 19.6J$.

Very easy. But what happens when the force is not constant? If it varies with distance — eg a spring — then we approximate the work by a Riemann sum.

- Let f(x) be the force acting on an object at position x.
- To compute the work done in order to move the object from x = a to x = b we cut up the interval [a, b] into n segments $[x_{i-1}, x_i]$ each of width (b a)/n.
- We approximate the varying force in the interval $[x_{i-1}, x_i]$ by a constant force $f(x_i^*)$ where $x_i^* \in [x_{i-1}, x_i]$ just as we approximated the area in a Riemann sum.
- The work done in this interval $[x_{i-1}, x_i]$ is then approximately $f(x_i^*)\Delta x$.
- So the total work is

$$W \approx \sum_{i=1^n} f(x_i^*) \Delta x$$

which is exactly a Riemann sum.

• Hence as $n \to \infty$ we have

$$W = \int_{a}^{b} f(x) \mathrm{d}x$$

Definition (Work — clp 2.1.1). The word done by a force F(x) moving an object from x = a to x = b is

$$W = \int_{a}^{b} F(x) \mathrm{d}x$$

Note that if F(x) = c is constant then W = c(b - a).

Hooke's law relates the force exterted by a string, F, to the distance it has been stretched x:

$$F = kx$$
 $k = \text{spring constant}$

Holds for lots of materials provided x isnt too large.

A standard example: A spring has natural length of 20cm. If a 25N force is required to keep it stretched at a length of 30cm how much work is required to stretch it from 20cm to 25cm?

- Careful of units we need newtons and metres.
- First work out the spring constant:

$$F = kx$$

$$25 = k(0.30 - 0.20)$$

$$k = 25/0.1 = 250N/m$$

• So we can now work out the work

$$W = \int_0^{0.05} F(x) dx$$
$$= \int_0^{0.05} 250x dx$$
$$= [125x^2]_0^{0.05} = 125 \times 0.0025 = 0.3125J$$

Another slightly less standard example: A chain lying on the ground is 10m long and weighs 80kg. How much work is required to raise one end to a height of 6m?

- Assume that the chain will be "L" shaped when it has been lifted, with 4m left on the ground. Also assume no friction and constant density of the chain = 8kg/m. (A picture might help)
- Let us do this with a Riemann sum split the chain into segments $[x_{i-1}, x_i]$ and work out how much work is done lifting each segment.
- Let x be the distance (in m) from the top of the chain. The piece of chain at x is lifted 6-x m. Hence the segment $[x_{i-1}, x_i]$ is lifted $6-x_i^*$ m.
- The segment weighs $8\Delta x$, so experiences $8 \times 9.8\Delta x = 78.4\Delta x$ gravitational force.
- So the Riemann sum is given by

$$W \approx \sum_{i=1}^{n} (6 - x_i^*) 78.4 \Delta x$$

• So the work is given (limit of $n \to \infty$)

$$W = 78.4 \int_0^6 (6 - x) dx$$
$$= 78.4 [6x - x^2/2]_0^6 = 78.4 \times 18 = 1411.2J$$

What if the chain was dangling from the roof and we were to lift the far end?

- Let x be the distance from the middle of the chain.
- The piece of chain at x is lifted a distance of 2x
- Hence the Riemann sum is

$$W \approx \sum_{i=1}^{n} 2x_i^* 78.4 \Delta x$$

• So the work done is

$$W = \int_0^5 156.8x dx$$

= 156.8[x²/2]₀⁵ = 156.8 × 12.5 = 1960

Similarly if we calculate the work done pumping water from a tank — compute the work done pumping out each "slice" of water.

A very standard example:

- The tank is shaped like an inverted cone height = 10m, radius = 4m.
- Filled to height of 8m.
- Find work pumping water out of top.
- Density of water is $1000kg/m^3$.

How do we do this?

- Draw a picture.
- How much work done to remove each "slice" of water?
- Let x be distance from bottom of the tank. The slice at x has volume

$$V(x) = \pi r(x)^{2} \Delta x$$
$$= \pi \left(\frac{2x}{5}\right)^{2} \Delta x$$

- The weight of this slice is 1000V(x). So the gravitation force acting on the slice is $1000V(x) \times 9.8$.
- We need to move the slice at x up 10 x metres.

• So the work done is

$$W = \int_0^8 9800V(x)(10 - x) dx$$
$$= 1568\pi \int_0^8 x^2 (10 - x) dx$$
$$\approx 3.36 \times 10^6 J$$

Finally — let is look at how work relates to some of newton's laws of motion. To do this assume that we are moving an object against a force, F(x), and that the position of the object is given by x(t). Then the work is given by

$$W = \int_{a}^{b} F(x) dx$$
 sub $x = x(t)$
$$= \int_{t=\alpha}^{t=\beta} F(x(t)) \frac{dx}{dt} dt$$

Newton to the rescue with his laws F = ma:

$$= \int_{\alpha}^{\beta} m \frac{d^{t}2}{dx^{t}} \frac{dx}{dt} dt$$

$$= m \int_{\alpha}^{\beta} v'(t)v(t) dt \qquad \text{a little chain rule}$$

$$= m \int_{\alpha}^{\beta} \frac{d}{dt} \left(\frac{1}{2}v(t)^{2}\right) dt$$

$$= m \left[\frac{1}{2}v(t)^{2}\right]_{\alpha}^{\beta}$$

$$= \frac{1}{2}mv(\beta)^{2} - \frac{1}{2}mv(\alpha)^{2}$$

This new function $\frac{m}{2}v^2$ is the *kinetic energy* — so this is telling us that the work done is equal to the difference in kinetic energy. (this is related to the concept of "conservation of energy").