

# Om Tours and Travel

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## Day 1:

4:00 AM: Wake up and prepare for your budget adventure to Paris! Realistically, Rs. 5000 won't cover flights or accommodation, so this itinerary focuses on dreaming of Paris for a day and creating a Parisian-themed experience at home. Brew a strong cup of Indian chai, pretending it's a Parisian café au lait.

4:30 AM: Begin "traveling" by watching a travel vlog about Paris on YouTube. Focus on vlogs that show museums like the Louvre or Musée d'Orsay. Take notes about exhibits that interest you.

6:00 AM: "Arrive" in Paris (still virtually!). Start with a digital "visit" to the Louvre Museum via their online tour. Focus on the Mona Lisa and other famous pieces. Take virtual "photos" (screenshots) of your favorite artworks.

8:00 AM: Prepare a simple French-inspired breakfast: a croissant (if available locally, otherwise a buttered toast will do) with some jam. Enjoy it while listening to French music on Spotify or YouTube Music. Think Edith Piaf or a Parisian café playlist.

9:00 AM: Continue your museum "tour" with the Musée d'Orsay. This museum houses Impressionist and Post-Impressionist art. Again, explore the online collection. Take notes and screenshots.

11:00 AM: "Walk" along the Seine River (virtually, of course!). Find a street view video of someone walking along the Seine and experience the sights and sounds. Imagine the bridges, the book stalls, and the atmosphere.

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12:00 PM: Prepare a budgetfriendly "French" lunch. This could be a simple baguette sandwich with cheese and ham (if vegetarian, use paneer or tofu). Alternatively, try making a quick quiche (using affordable local ingredients).

1:00 PM: Watch a documentary about Paris or French culture. This will immerse you further in the Parisian experience.

2:30 PM: Dedicate some time to learning a few basic French phrases. Practice pronunciation. "Bonjour," "Merci," "Au revoir," "Parlezvous anglais?" are good starters.

3:30 PM: Research Parisian fashion. Look at images of iconic Parisian style and try to recreate a similar outfit using clothes you already own. It's all about effortless chic.

4:30 PM: "Visit" the Eiffel Tower! Find a live webcam feed of the Eiffel Tower and observe it. Imagine yourself climbing it and enjoying the panoramic views.

6:00 PM: Prepare a "French" dinner. Perhaps a simple pasta dish with a creamy sauce (inspired by French cuisine). A lentil soup or ratatouille adaptation with available vegetables would also work well.

7:00 PM: Watch a classic French film with subtitles. Consider something like "Amelie" or "Breathless."

9:00 PM: Enjoy a "Parisian" dessert. This could be a simple crepe (if you can make one, otherwise a sweet pancake) with Nutella or fruit. Alternatively, enjoy a piece of chocolate.

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10:00 PM: Reflect on your virtual day in Paris. Plan your actual trip for the future when your budget allows. Read more about the places you virtually visited.

11:00 PM: Bedtime! Dream of Paris.

### Travel Tips:

This itinerary is entirely virtual due to the budget constraints. A real trip to Paris from Rourkela would cost significantly more.

Embrace the imagination! Make the experience as immersive as possible.

Utilize free online resources such as YouTube, Google Arts & Culture, and Spotify.

Adapt the food recommendations to your own dietary restrictions and preferences, using affordable local ingredients.

This is a fun way to experience the culture and start planning a future actual trip.

### Local Cuisine Recommendations (for a real trip someday):

Croissants and pain au chocolat

Crêpes

Steak frites

Soupe à l'oignon gratinée (French onion soup)

Macarons

Baguette

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**Day 1 Budget: Rs. 500** (This covers the cost of ingredients for the meals. It's assumed you already have internet access.)

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