- Thank you for your interest in the Student Experience Study.

- **What is the Student Experience Study about?**
  - The Student Experience Study examines how different entry pathways to college education (e.g., transfer or traditional routes) influence student mental health. The study also examines how institutional resources can improve mental health in the face of the existing challenges students encounter.
- **What is involved in participating in the Student Experience Study?**
  - This is an anonymous online survey that will be taken in one sitting (approximately one hour). The survey is compiled of twenty short questionnaires that ask about demographic information, mental health symptoms, utilization of UCLA resources/communities, student perceptions of UCLA resources/communities, and other experiences you may encounter as a student.
- **In order to be eligible for this online survey:**
  - You must be a student at UCLA.
- **The online study can accessed two ways:**
  - Through the SONA website in which you would receive course credit for completing the study
    - 1 credit will be granted per hour of participation
  - By contacting bablab.ucla@gmail.com in which you would be entered into a raffle for the chance to win a $50 amazon gift card
    - Send an email to bablab.ucla@gmail.com with the following subject: "Student Experience Study Request". Please include in the email that you are a student at UCLA would like to participate in the Student Experience Study
- **How to enroll in SONA**
  - Find all SONA information [here](#)
  - **Request an Account**
    - You will see a link to request an account on the front page of the system site at http://ucla.sona-systems.com/. You will be required to provide some very basic information and must use your UID as your username. You will receive an email notification with your login information and instructions shortly after requesting your account. You will be assigned a password, which you can change after your first login. In many cases, you may also provide an alternate email address (after your first login).
    - The login email will come from the administrator's email address (listed on the request account page), so be sure to configure your junk mail filters to allow email from that address. If you did not receive your login information, check your email program's junk mail folder before

contacting the administrator. The most common reason for not receiving login information is that an email program misclassified the email as junk mail.

- ○ **Logging In**
    - ■ Once you have your login information, go to the front page of the site and enter your user ID and password to login. Your login (also known as a session) will expire after a certain period of inactivity, usually 20 minutes. This is done for security purposes. If this happens, you can always log in again. When you are done using the system, it is better to explicitly log out, to prevent any problems that may arise if someone uses your computer before the session expires. This is especially important if you are using a public computer lab.
- ○ **Finding the Student Experience Study**
    - ■ After you log into the SONA system you will see the main menu
    - ■ Click on studies from the top toolbar and look for the study named "Student Experience Study"
    - ■ Please verify that you meet the eligibility requirements before signing up for the study
    - ■ Once you sign up, you will be immediately taken to to the survey and will receive credit upon completion
    - ■ The researcher must grant you credit. If it has been more than a week and you have still not received credit, contact the researcher listed
- **How long will the study take to complete?**
    - ○ Approx. 1 hour and should be done in one sitting