

SONA Advertisement- First-Year Student Experience Survey

The purpose of this study is to better understand how different student experiences during the first year of college map on to mental health outcomes.

The study involves completing a series of surveys about yourself and your experiences here at UCLA.

The questionnaires may contain sensitive items that ask about negative experiences, thoughts or feelings (e.g symptoms of depression and anxiety, imposter syndrome, social support). They also may ask about personal obligations (e.g caring for family members), feelings of stress and feelings of financial insecurity. You do not have to answer any questions that you do not want to answer or that you feel uncomfortable answering.

The questionnaires will incorporate many methods and scales to assess the degree to which you agree to a statement or given experience.

All of the collected data is anonymous, you will not be asked to report personally identifiable information.

Eligibility Requirements

- Have never participated in the First-Year Student Experience Survey
- 18 years or older
- Fluent in English (spoken and written)
- First-year student at UCLA (either a transfer student who transferred from a community college or a traditional student who came to UCLA soon after graduating high-school)

Duration

Participation will last approximately 1.5 hours. The surveys must be completed in one sitting.

Credits

You will receive 1 credit for every 60 minutes of participation. Should you complete the survey in more than 60 minutes, but less than 120 minutes you will receive 2 credits.

This study is being conducted by: Dr. Bridget Callaghan (Director of The Brain and Body (BAB) Lab at ULCA) and Alyssa Ortega. We are located in the Psychology Department, Franz Hall Room 5581.