

Minor

Exercise Science Minor

Requirements

BIOL 240 or BIOL 250 and EXSC 225 are prerequisites for the minor and are not included in the calculation of the grade point average for the minor. Requirements for the minor are:

EXSC 322	Anatomical Kinesiology	3
HPE 409	Physiology of Exercise	3
EXSC 415	Exercise Testing for Normal and Special Populations	4
Select one of the following:		3
EXSC 240	Prevention and Care of Injuries Related to Physical Activity	
EXSC 369	Practicum in Exercise Science	
EXSC 408	Nutrition for Fitness and Sport	
EXSC 420	Research Methods in Exercise Science	
EXSC 428	Exercise Prescription for Chronic Disease	
Total Credit Hours		13

For completion of a minor, a student must have a minimum overall cumulative grade point average of 2.00 in all courses specified as a requirement for the minor exclusive of 100- and 200-level courses and prerequisite courses and complete a minimum of six hours in upper-level courses in the minor requirement through courses offered by Old Dominion University.