

Bachelor of Science

Human Services (BS)

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The program leading to the Bachelor of Science in human services prepares students for entry-level positions in a wide variety of community service settings. Students in the program learn the roles and functions of the human service profession; characteristics of human growth and development; personal, social, and environmental factors affecting individual development; characteristics of human service agencies; theories and skills of human services; and how ethical issues, legal issues, and multicultural issues affect the work of the human service profession. Graduates are prepared to assist clients in coping successfully with developmental tasks of normal growth and in solving problems caused by personal, social, and environmental stress. Graduates may be employed in a wide variety of settings including mental health, disability services, substance abuse, aging/gerontology, domestic violence, child and youth services, correction/criminal justice, health care, recreation/fitness, and vocational rehabilitation.

Admission

Students must have a grade point average of 2.00 or above and have successfully completed ENGL 110C and ENGL 211C or ENGL 231C. A grade of C or better must be earned in ENGL 110C and ENGL 211C or ENGL 231C to meet the undergraduate writing program requirement.

Requirements

All human services majors must satisfy the Bachelor of Science in human services core requirements, major requirements, minor requirements, any applicable electives, and General Education requirements as listed below.

Lower-Division General Education

Written Communication (http://catalog.odu.edu/undergraduate/requirements-undergraduate-degrees/#written)	6
Oral Communication (http://catalog.odu.edu/undergraduate/requirements-undergraduate-degrees/#oral)	3
Mathematics (http://catalog.odu.edu/undergraduate/requirements-undergraduate-degrees/#math)	3
Language and Culture (http://catalog.odu.edu/undergraduate/requirements-undergraduate-degrees/#language)	0-6
Information Literacy and Research (http://catalog.odu.edu/undergraduate/requirements-undergraduate-degrees/#information)	3
Human Behavior (http://catalog.odu.edu/undergraduate/requirements-undergraduate-degrees/#behavior)	3
Human Creativity (http://catalog.odu.edu/undergraduate/requirements-undergraduate-degrees/#creativity)	3
Interpreting the Past (http://catalog.odu.edu/undergraduate/requirements-undergraduate-degrees/#interpret)	3
Literature (http://catalog.odu.edu/undergraduate/requirements-undergraduate-degrees/#literature)	3
Philosophy and Ethics (http://catalog.odu.edu/undergraduate/requirements-undergraduate-degrees/#philosophy)	3
The Nature of Science (http://catalog.odu.edu/undergraduate/requirements-undergraduate-degrees/#nature)	8
Impact of Technology (http://catalog.odu.edu/undergraduate/requirements-undergraduate-degrees/#impact)	3

Written Communication Skills: Grade of C or better required in both courses

Mathematical Skills: STAT 130M preferred.

Human Behavior: SOC 201S (C or better) required.

Oral Communication: Satisfied by HMSV 339 in the major.

Upper-Division General Education

Select one option from the following:

- Option A. Approved Disciplinary Minor (a minimum of 12 hours determined by the department) or Second Major or Second Degree
- Option B. Interdisciplinary Minor (specifically 12 hours, 3 of which may be in the major)
- Option C. An approved Certification Program such as teaching licensure
- Option D. Two Upper-Division Courses from outside the College of Education and Professional Studies and not required by the major (6 hours)

Requirements for Graduation

Requirements for graduation include the following:

- Minimum of 120 credit hours.
- Minimum of 30 credit hours overall and 12 credit hours of upper-level courses in the major program from Old Dominion University.
- Minimum overall cumulative grade point average of C (2.00) in all courses taken.
- Minimum overall cumulative grade point average of C (2.00) in all courses taken toward the major.
- Minimum overall cumulative grade point average of C (2.00) in all courses taken toward a minor.
- Completion of ENGL 110C, ENGL 211C or ENGL 231C, and the writing intensive (W) course in the major with a grade of C or better. The W course must be taken at Old Dominion University.
- Completion of Senior Assessment.

Human Services Major

General Education

Complete lower-division requirements	38-44
Complete upper-division requirements (minimum of 6 credit hours)	6

Human Services

HMSV 339	Interpersonal Relations	3
HMSV 341	Introduction to Human Services	3
HMSV 343	Human Services Methods	3
HMSV 344	Career Development and Appraisal	3
HMSV 346	Diversity Issues in Human Services	3
HMSV 368	Case Management & Crisis Techniques through Field Observation	3
HMSV 440W	Program Development, Implementation, and Funding	3
HMSV 444	Psycho-educational Groups	3
HMSV 449	Crisis Intervention, Prevention and Ethics	3
HMSV 491	Family Guidance	3
HMSV 468	Internship in Human Services	12

Select one of the following: 3

HMSV 447	Introduction to Substance Abuse *
HMSV 448	Interventions and Advocacy with Children

Select one of the following: 3

HMSV 452	Substance Abuse Treatment and Research *
HMSV 494	Entrepreneurship in Human Services and Non-Profit Fundraising *

Total Credit Hours 92-98

* For students pursuing credentialing as a CSAC or CADC following graduation, HMSV 447 must be taken as the HMSV elective. Additionally, HMSV 452 must be selected as part of the required curriculum instead of HMSV 494. Please see the section below on Substance Abuse Course Sequence for additional information.

Electives

Elective credit will be needed to meet the minimum of 120 hours required for the degree.

Additional Requirements and Information

A one-semester, unpaid internship (HMSV 468) is required after all other General Education courses, core courses, major courses, and minor courses are completed. Students are not to take any other courses when enrolled in the internship. Requirements for the internship include a minimum cumulative GPA of 2.0 overall and in the major and minor. Students must earn a grade of C (2.00) or better in all HMSV courses before taking the internship.

Students' prior coursework will be evaluated by an advisor at the time of admission to the program. Following admission, students must obtain permission from an authorized faculty advisor before registering. Students should obtain a curriculum sheet from the Human Services website http://education.odu.edu/chs/academics/human_services/ or from their academic advisor to assist in making course selections. Students must adhere to all course prerequisites and corequisites as stated in the course descriptions and on the curriculum sheets.

Human Services Double Major Options

Human services majors can elect to double major in the areas listed below. Combining interest areas between two majors allows more versatility for students' future through enhanced opportunities to pursue graduate school and strengthening employability. In addition, several of these double major opportunities include specialized certificates to further demonstrate students' commitment and leadership in their field of choice.

Human Services and Sociology

The Department of Counseling and Human Services and the Department of Sociology and Criminal Justice have created an opportunity for undergraduate students to major in both human services and sociology. Both majors can be earned within the 120 credit hours required for an undergraduate degree. Within this double major, students have an opportunity to pursue a certificate in addiction prevention and treatment. Students who select the addiction prevention and treatment option will graduate with a certificate in addiction prevention and treatment.

Human Services and Criminal Justice

The Department of Counseling and Human Services and the Department of Sociology and Criminal Justice have created an opportunity for undergraduate students to major in both human services and criminal justice. Both majors can be earned within the 120 credit hours required for an undergraduate degree. Within this double major, students have an opportunity to pursue a certificate in addiction prevention and treatment. Students who select the addiction prevention and treatment option will graduate with a certificate in addiction prevention and treatment.

Human Services and Interdisciplinary Studies - Leadership

The Department of Counseling and Human Services and the Department of Interdisciplinary Studies have created an opportunity for undergraduate students to major in both human services and interdisciplinary studies-leadership. Both majors can be earned within the 120 credit hours required for an undergraduate degree. Within this double major, students will be exposed to a number of fields of study to enhance their knowledge and skills in the area of leadership, professional writing, and technology, while engaging in human services coursework. In addition, students may pursue two specialized certificates within the double major – addiction prevention and treatment and professional leadership.

Students interested in these double major options should contact the Human Services Director for more information, HMSVupd@odu.edu.

Departmental Honors

Students may earn the designation of departmental honors on their diplomas by completing the minimum University standards for honors designation in addition to the human services program standards. Specifically, the standards are:

1. Minimum cumulative GPA of 3.25.
2. Minimum major GPA of 3.5.
3. Completion of at least two 300-400 level courses designated by the department to be honors courses.
4. Completion of at least 60 credit hours at Old Dominion University, 54 of which must be in grade-point graded courses.
5. Completion of a scholarly experience such as a research project with a human services faculty mentor. HMSV 397 Independent Study: Guided Research in Human Services can be taken as an elective course and will qualify as a scholarly experience. Students enrolled in this course may conduct individual or group projects focused on research, literature review, or methodology development. All work is conducted under the supervision and evaluation of a program faculty member. Please contact Dr. Kristy Carlisle, kcarlisl@odu.edu, for more information regarding this course.

Contact the program director, Dr. Kristy Carlisle kcarlisl@odu.edu for more information about this opportunity.

Substance Abuse Course Sequence

For those wishing to pursue credentialing as a Certified Substance Abuse Counselor (CSAC) or Certified Alcohol and Drug Counselor (CADC), the following must be completed: all HMSV degree requirements (core requirements, major requirements, minor requirements, any applicable electives, and General Education requirements) with the selection of HMSV 447 and HMSV 452 as required human services electives. Additionally, HMSV 468 (Internship) is recommended to be in a substance abuse treatment setting.

Degree Program Guide

The Degree Program Guide is a suggested curriculum to complete this degree program in four years. It is just one of several plans that will work and is presented only as broad guidance to students. Each student is strongly encouraged to develop a customized plan in consultation with their academic advisor. Additional information can also be found in Degree Works.

Human Services

Course	Title	Credit Hours
Freshman		
First Semester		
ENGL 110C	English Composition (C or better required)	3
SOC 201S	Introduction to Sociology (C or better required)	3
Mathematics (STAT 130M preferred)		3
Interpreting the Past		3
Elective or Foreign Language (if required)		3
Credit Hours		15
Second Semester		
Select one of the following:		3
ENGL 211C	Writing, Rhetoric, and Research	3
ENGL 231C	Writing, Rhetoric, and Research: Special Topics	
Impact of Technology		3

Philosophy and Ethics		3
Information Literacy and Research		3
Elective or Foreign Language (if required)		3
Credit Hours		15
Sophomore		
First Semester		
Nature of Science		4
Literature		3
Elective		3
HMSV 339	Interpersonal Relations (C or better required)	3
HMSV 341	Introduction to Human Services (C or better required)	3
Credit Hours		16
Second Semester		
Nature of Science		4
Human Creativity		3
Elective		3
Elective		3
HMSV 343	Human Services Methods (C or better required)	3
Credit Hours		16
Junior		
First Semester		
Minor or Upper-Division General Education		3
Minor or Elective		3
HMSV 344	Career Development and Appraisal (C or better required)	3
HMSV 346	Diversity Issues in Human Services (C or better required)	3
HMSV 447 or HMSV 448	Introduction to Substance Abuse (C or better required) or Interventions and Advocacy with Children	3
Credit Hours		15
Second Semester		
Minor or Upper-Division General Education		3
Minor or Elective		3
HMSV 440W	Program Development, Implementation, and Funding (C or better required)	3
HMSV 444	Psycho-educational Groups (C or better required)	3
HMSV 452 or HMSV 494	Substance Abuse Treatment and Research (C or better required) or Entrepreneurship in Human Services and Non-Profit Fundraising	3
Credit Hours		15
Senior		
First Semester		
Minor or Elective		3
Elective		3
Elective		1

HMSV 368	Case Management & Crisis Techniques through Field Observation (C or better required)	3
HMSV 449	Crisis Intervention, Prevention and Ethics (C or better required)	3
HMSV 491	Family Guidance (C or better required)	3
Credit Hours		16
Second Semester		
HMSV 468	Internship in Human Services (C or better required)	12
Credit Hours		12
Total Credit Hours		120

Double Major - Human Services & Criminal Justice - Addiction Prevention and Treatment Certificate

Course	Title	Credit Hours
Freshman		
First Semester		
ENGL 110C	English Composition (C or better required)	3
SOC 201S	Introduction to Sociology (C or better required)	3
Mathematics (STAT 130M required)		3
Interpreting the Past		3
Foreign Language (if required)		0-3
Credit Hours		12-15
Second Semester		
Select one of the following:		3
ENGL 211C	Writing, Rhetoric, and Research	
ENGL 231C	Writing, Rhetoric, and Research: Special Topics	
Impact of Technology		3
Philosophy and Ethics		3
Information Literacy and Research		3
Foreign Language (if required)		0-3
Credit Hours		12-15
Sophomore		
First Semester		
Nature of Science		4
Literature		3
HMSV 339	Interpersonal Relations (C or better required)	3
HMSV 341	Introduction to Human Services (C or better required)	3
CRJS 215S	Introduction to Criminology	3
Credit Hours		16
Second Semester		
Nature of Science		4
Human Creativity		3
CRJS 262	Law and the Criminal Justice System	3
CRJS 222	The Criminal Justice System	3

HMSV 343	Human Services Methods (C or better required)	3
Credit Hours		16
Junior		
First Semester		
300-/400-Level CRJS Elective		3
SOC 337	Social Research Methods	3
HMSV 344	Career Development and Appraisal (C or better required)	3
HMSV 346 or SOC 320	Diversity Issues in Human Services (C or better required) or Social Inequality	3
HMSV 447 or HMSV 448	Introduction to Substance Abuse (C or better required) or Interventions and Advocacy with Children	3
Elective (if needed to reach 120 hours)		1
Credit Hours		16
Second Semester		
300-/400-Level CRJS Electives		6
CRJS 426W	Criminological Theory	3
HMSV 440W	Program Development, Implementation, and Funding (C or better required)	3
HMSV 444	Psycho-educational Groups (C or better required)	3
Select one of the following:		3
HMSV 452	Substance Abuse Treatment and Research	
HMSV 494	Entrepreneurship in Human Services and Non-Profit Fundraising	
SOC 494	Entrepreneurship in Sociology/ Criminal Justice	
Credit Hours		18
Senior		
First Semester		
CRJS 436	Capstone Research Project	3
HMSV 368	Case Management & Crisis Techniques through Field Observation (C or better required)	3
HMSV 449	Crisis Intervention, Prevention and Ethics (C or better required)	3
300-/400-Level CRJS Electives		9
Credit Hours		18
Second Semester		
HMSV 468	Internship in Human Services (C or better required)	12
Credit Hours		12
Total Credit Hours		120-126

Double Major - Human Services & Interdisciplinary Studies, Leadership Major

Course	Title	Credit Hours
Freshman		
First Semester		
ENGL 110C	English Composition (C or better required)	3
SOC 201S	Introduction to Sociology (C or better required)	3
Mathematics (STAT 130M preferred)		3
Interpreting the Past		3
Elective or Foreign Language (if required)		3
Credit Hours		15
Second Semester		
Select one of the following: (C or better required)		3
ENGL 211C	Writing, Rhetoric, and Research	
ENGL 231C	Writing, Rhetoric, and Research: Special Topics	
Impact of Technology (may be met in the double major with IDS 307T/ENGL 307T or with Leadership Elective IT 360T)		3
Philosophy and Ethics (may be met with the Ethical Leadership course option PHIL 303E)		3
Information Literacy and Research		3
Elective or Foreign Language (if required)		3
Credit Hours		15
Sophomore		
First Semester		
Nature of Science		4
Literature		3
HMSV 339	Interpersonal Relations (C or better required)	3
HMSV 341	Introduction to Human Services (C or better required)	3
Select one of the following:		3
IDS/ENGL 307T	Digital Writing	
IDS 493	IDS Electronic Portfolio Project	
IDS 368	Internship in Interdisciplinary Studies	
Credit Hours		16
Second Semester		
Nature of Science		4
Human Creativity		3
Leadership Elective		3
HMSV 343	Human Services Methods (C or better required)	3
IDS 300W	Interdisciplinary Theory and Concepts (C or better required)	3
Credit Hours		16
Junior		
First Semester		
Ethical Leadership Course		3
Legal Issues Course		3

HMSV 344	Career Development and Appraisal (C or better required)	3
HMSV 346	Diversity Issues in Human Services (C or better required)	3
HMSV 447 or HMSV 448	Introduction to Substance Abuse (C or better required) or Interventions and Advocacy with Children	3
Credit Hours		15

Second Semester

Communication Skills & Leadership Course		3
HMSV 440W	Program Development, Implementation, and Funding (C or better required)	3
HMSV 444	Psycho-educational Groups (C or better required)	3
Leadership Elective		3
HMSV 494 or IDS 494 or HMSV 452	Entrepreneurship in Human Services and Non-Profit Fundraising or Entrepreneurship in Interdisciplinary Studies or Substance Abuse Treatment and Research	3
Credit Hours		15

Senior

First Semester

HMSV 368	Case Management & Crisis Techniques through Field Observation (C or better required)	3
HMSV 449	Crisis Intervention, Prevention and Ethics (C or better required)	3
HMSV 491	Family Guidance (C or better required)	3
Legal Issues Course		3
Leadership Elective		3
Elective		1
Credit Hours		16

Second Semester

HMSV 468	Internship in Human Services (C or better required)	12
Credit Hours		12
Total Credit Hours		120

Double Major - Human Services & Sociology - Addiction Prevention and Treatment Certificate

Course	Title	Credit Hours
Freshman		
First Semester		
ENGL 110C	English Composition (C or better required)	3
SOC 201S	Introduction to Sociology (C or better required)	3
Mathematics (STAT 130M required)		3
Interpreting the Past		3
Foreign Language (if required)		0-3
Credit Hours		12-15

Second Semester

Select one of the following: 3

ENGL 211C	Writing, Rhetoric, and Research	
ENGL 231C	Writing, Rhetoric, and Research: Special Topics	
Impact of Technology		3
Philosophy and Ethics		3
Information Literacy and Research		3
Foreign Language (if required)		0-3
Credit Hours		12-15

Sophomore

First Semester

Nature of Science		4
Literature		3
SOC 337	Social Research Methods	3
HMSV 339	Interpersonal Relations (C or better required)	3
HMSV 341	Introduction to Human Services (C or better required)	3
Credit Hours		16

Second Semester

Nature of Science		4
Human Creativity		3
300-/400-Level SOC Electives		6
HMSV 343	Human Services Methods (C or better required)	3
Credit Hours		16

Junior

First Semester

300-/400-Level SOC Elective		3
HMSV 344	Career Development and Appraisal (C or better required)	3
HMSV 346	Diversity Issues in Human Services (C or better required)	3
HMSV 447	Introduction to Substance Abuse (C or better required)	3
SOC 409W	Sociological Theory	3
Elective (if needed to reach 120 hours)		3
Credit Hours		18

Second Semester

HMSV 440W	Program Development, Implementation, and Funding (C or better required)	3
HMSV 444	Psycho-educational Groups (C or better required)	3
HMSV 494 or SOC 494	Entrepreneurship in Human Services and Non-Profit Fundraising or Entrepreneurship in Sociology/Criminal Justice	3
300-/400-Level SOC Electives		6
Elective (if needed to reach 120 hours)		1
Credit Hours		16

Senior		
First Semester		
SOC 436	Capstone Research Project	3
HMSV 368	Case Management & Crisis Techniques through Field Observation (C or better required)	3
HMSV 449	Crisis Intervention, Prevention and Ethics (C or better required)	3
HMSV 491	Family Guidance (C or better required)	3
300-/400-Level SOC Elective		3
HMSV 452	Substance Abuse Treatment and Research	3
Credit Hours		18
Second Semester		
HMSV 468	Internship in Human Services (C or better required)	12
Credit Hours		12
Total Credit Hours		120-126

Double Major - Human Services & Sociology, Social Welfare Major

Course	Title	Credit Hours
Freshman		
First Semester		
ENGL 110C	English Composition (C or better required)	3
SOC 201S	Introduction to Sociology (C or better required)	3
Mathematics (STAT 130M required)		3
Interpreting the Past		3
Foreign Language (if required)		0-3
Credit Hours		12-15
Second Semester		
Select one of the following:		3
ENGL 211C	Writing, Rhetoric, and Research	
ENGL 231C	Writing, Rhetoric, and Research: Special Topics	
Impact of Technology		3
Philosophy and Ethics		3
Information Literacy and Research		3
Foreign Language (if required)		0-3
Credit Hours		12-15
Sophomore		
First Semester		
Nature of Science		4
Literature		3
SOC 337	Social Research Methods	3
HMSV 339	Interpersonal Relations (C or better required)	3
HMSV 341	Introduction to Human Services (C or better required)	3
Credit Hours		16

Second Semester		
Nature of Science		4
Human Creativity		3
HMSV 343	Human Services Methods (C or better required)	3
SOC 320	Social Inequality	3
SOC 325	Social Welfare	3
Credit Hours		16
Junior		
First Semester		
HMSV 344	Career Development and Appraisal (C or better required)	3
SOC 409W	Sociological Theory	3
HMSV 346	Diversity Issues in Human Services (C or better required)	3
HMSV 448	Interventions and Advocacy with Children	3
300-/400-Level SOC Elective		3
Elective (if needed to reach 120 hours)		3
Credit Hours		18

Second Semester		
SOC 323	Sociology of Minority Families	3
SOC 402	Sociology of Child Welfare	3
HMSV 440W	Program Development, Implementation, and Funding (C or better required)	3
HMSV 494 or SOC 494	Entrepreneurship in Human Services and Non-Profit Fundraising or Entrepreneurship in Sociology/Criminal Justice	3
HMSV 444	Psycho-educational Groups (C or better required)	3
Elective (if needed to reach 120 hours)		1
Credit Hours		16

Senior		
First Semester		
SOC 436	Capstone Research Project	3
HMSV 447	Introduction to Substance Abuse (C or better required)	3
HMSV 449	Crisis Intervention, Prevention and Ethics (C or better required)	3
HMSV 491	Family Guidance (C or better required)	3
SOC 426	Minority Group Relations	3
300-/400-Level SOC Elective		3
Credit Hours		18

Second Semester		
HMSV 468	Internship in Human Services (C or better required)	12
Credit Hours		12
Total Credit Hours		120-126

BA or BS to MBA (Master of Business Administration) Linked Program

The linked BA/MBA or BS/MBA program is an early entry to the MBA program of study. The early-entry program is designed for well qualified non-business undergraduate ODU students to start their MBA program prior to completing their undergraduate degree. Well qualified non-business undergraduate students may take MBA-level courses as early as three semesters prior to graduation and count up to 12 graduate credits toward their undergraduate degree. Students participating in the early-entry program must earn a minimum of 150 credit hours (120 discrete credit hours for the undergraduate degree and 30 discrete credit hours for the graduate degree). Early-entry program students should carefully consider their undergraduate degree program requirements when planning their course of study. Students in the early-entry program work in close consultation with the MBA Program Office and should refer to information in the Strome College of Business section in the graduate catalog (<http://catalog.odu.edu/graduate/stromecollegeofbusiness/>) to develop an individualized plan of study based on the required coursework.

BA or BS to MPA (Master of Public Administration) Linked Program

The linked BA/MPA or BS/MPA program provides qualified Old Dominion University undergraduate students with the opportunity to earn a master's degree in public administration while taking credits in the MPA program as an undergraduate student. The program is designed for highly motivated students with the desire to immediately continue their education after the bachelor's degree. The program is especially relevant to individuals seeking to work (or currently working) in the public or non-profit sectors, but is suitable for students from any undergraduate major. Graduate courses may be taken during the fall and spring semester of the student's senior undergraduate year. Up to 12 graduate credits can count toward both the undergraduate and graduate degree and can meet upper-level General Education requirements. After receiving the undergraduate degree, a student will continue with the MPA program, taking MPA courses until completing the required 39 credit hours. Students in the linked program must earn a minimum of 150 credit hours (120 discrete credit hours for the undergraduate degree and 30 discrete credit hours for the graduate degree).

Requirements for admission to the graduate program can be found in the School of Public Service section of the Graduate Catalog (<http://catalog.odu.edu/graduate/business/public-service/>). For additional information, please contact the School of Public Service in the Strome College of Business.