The 4-Mat System

Four:5

Concrete Experience

What's Going on in the World?

4

2

What if?

Let them teach themselves & others

25% Self Discovery

Interaction
Evaluate & Predict.

Active Experimentation

Just do it!

How does it work?

Let them try it out -- do it!

18% Coaching

Coaching & Facilitating Students reacting

Why (and Why not)?

Need reasons, and relevance

35% Discussion

Interaction

Motivate & Witness

Reflective Observation

Just look at it!

What about it?

Give them more information!

22% Information

Teaching
Students listening; Taking notes

Abstract Concepts

What's Going on in the Training?