

Eye Pattern Elicitation Questions

Six:8

You can find out if someone is normally or reversed organized by asking the following or similar questions and watching for the responses. Remember to ask quickly and have the questions be surprising (i.e. not something they were already thinking about). Otherwise some people will simply access by defocusing.

(Remember, some people access Vr, Ar, Ad or K by defocusing.)

V^r	Visual Remembered	Seeing images from memory, recalling things they have seen before.
	Question:	"What was the color of the room you grew up in?" "What color was the first car you ever owned?"
V^c	Visual Constructed	Images of things that people have never seen before. When people are making it up in their head, they are using visual constructed.
	Question:	"What would your room (car) look like if it were blue?"
A^r	Auditory Remembered	When you remember sounds or voices that you've heard before, or things that you've said to yourself before.
	Question:	"Growing up, what was the sound of your pet's voice?" "What was the very last thing I said?" "Can you remember the sound of your mother's voice?"
A^c	Auditory Constructed	Making up sounds you have not heard before.
	Question:	"What would I sound like if I had Donald Duck's voice?"
Ad	Auditory Digital	This is where your eyes go when you are talking to yourself — internal dialogue.
	Question:	"Can you recite the Pledge of Allegiance to yourself?" "Is there a poem from grade school that you remember?" "Can you say the times tables for seven to yourself?"
K	Kinesthetic	(Feelings, sense of touch.) Generally you look in this direction when you are accessing your feelings.
	Question:	"Do you have a favorite beach or place in the outdoors to walk? What does it feel like to walk there without shoes?" "What does it feel like to touch a wet rug?"