

# Prime Directives of the Unconscious Mind

One:4

- ①. **Stores memories**  
Temporal (in relationship to time)  
Atemporal (not in relationship to time)
2. **Makes Associations** (links similar things and ideas), **and Learns Quickly**
- ③. **Organizes all your memories**  
(Uses the Time Line. Mechanics is the Gestalt)
- ④. **Represses memories with unresolved negative emotion**
- ⑤. **Presents repressed memories for resolution**  
(to make rational and to release emotions)
6. **May keep the repressed emotions repressed for protection**
- ⑦. **Runs the body**  
Has a blueprint:  
of body now  
of perfect health (in the Higher Self)
- ⑧. **Preserves the body**  
Maintain the integrity of the body
9. **Is the domain of the emotions**
10. **Is a highly moral being** (the morality you were taught and accepted)

# Prime Directives of the Unconscious Mind

One:5

- 11. Enjoys serving; needs clear orders to follow**
- 12. Controls and maintain all perceptions**
  - Regular
  - Telepathic
  - Receives and transmits perceptions to the Conscious Mind
- 13. Generates, stores, distributes and transmits “energy”**
- 14. Maintains instincts and generate habits**
- 15. Needs repetition until a habit is installed**
- 16. Is programmed to continually seek more and more**
  - There is always more to discover
- 17. Functions best as a whole, integrated unit**
  - Does not need parts to function
- 18. Is symbolic**
  - Uses and responds to symbols
- 19. Takes everything personally** (The basis of Perception is Projection)
- 20. Works on the principle of least effort**
  - Path of least resistance
- 21. Does not process negatives**