

Prime Concerns Elicitation

Two:48

Elicitation #1 - Starting, Changing, Stopping

- a) What are you best at?
- b) What are you worst at?
- c) (Who/What) are you not (Being/Doing/Having) that you want to (Be / Do / Have)?

- (Write Answers in Column 1 on Prime Concerns Notes)

Elicitation #2 – Ecstatic State

- a) “Can you remember a time when you were totally ecstatic? Do that, would you please?”
- b) “As you remember a time when you were totally ecstatic, what was present in that state that’s not usually present?”

- (Write Answers in Column 2 on Prime Concerns Notes)

- c) “What was missing that’s usually present in your normal, usual, waking state?”

- (Write Answers in Column 3 on Prime Concerns Notes)

Prime Concerns Notes

Two:49

Elicitation 1c

"What are you not Being
/ Doing / Having that you
want to (Be / Do / Have)?"

Be / Do / Have

Elicitation 2b

"What was present in that
state that's not usually
present?"

Present/Missing

Elicitation 2c

"What was missing that's
usually present in your normal,
usual, waking state?"

Missing/Present

Prime Concerns Notes

Two:50

Elicitation 1c

"What are you not Being
/ Doing / Having that you
want to (Be / Do / Have)?"

Be / Do / Have

Elicitation 2b

"What was present in that
state that's not usually
present?"

Present/Missing

Elicitation 2c

"What was missing that's
usually present in your normal,
usual, waking state?"

Missing/Present