

A hand is shown holding a small flame in its palm. Above the hand, a glowing, ethereal arc of light or energy curves across the frame. The background is dark and textured with subtle light effects.

# Finding Balance

[bit.ly/BalanceAnotherWay](http://bit.ly/BalanceAnotherWay)

Finding Balance is a series of weekly conversations on the dualities that are causing friction in the Arts, across discipline. Each week we pull a topic from pop culture to put through the Sustainability Cycle, an innovative approach to navigating uncertainty. We can't promise we'll find solutions to everything, but we can promise an hour and a half of presence, awareness, and mindful conversation.

<https://findingbalanceseries.eventbrite.com/>

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**THEATER**