

Change Over Time

In the Fall of 2018, I was accepted into a 6-month program, traveling to 6 countries and working for 6 different agencies, one month at a time. As a way to synthesize my experience, I collected data from my daily experiences and explored ways to display it in real time.

In addition to this daily log, I wrote a reflection at the end of each month as a summary of my experiences. Finally, I photographed everything I packed in my suitcase and generated a screensaver that “unpacks” onto the screen if the mouse remains inactive.

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Data Collected

- Hours slept
- Miles walked
- Web pages visited
- Cups of coffee
- Modes of transportation

Typefaces

Monument Grotesk
Janson Regular

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	A	B	C	D	E	F	G	H	
1	Month	Date	Hours Slept	Miles Walked	Km walked	Modes of Transport	Web Pages Visited	Cups of Coffee	
2	December	10-01-18	6	8.7	14	Walk, U-Haul, Subway, Lyft, Airplane	43	1	
3		10-02-18	8	4.3	6.9	Airplane, Car	2	1 (Allpress—we were pissed)	
4		10-03-18	5	4.8	7.7	Walk, Tube	1105	2	
5		10-04-18	6	2.6	4.2	Walk, Tube, Bus	251	4	
6		10-05-18	4	2.6	4.2	Walk, Tube	183	2	
7		10-06-18	6	3	4.8	Walk, Tube	27	5	
8		10-07-18	6.5	2.2	3.5	Walk, Tube, Bus	79	3	
9		10-08-18	12	1.2	1.9	Sleeeeeeep	4	0	
10		10-09-18	6	5.6	9	Walk, Tube, Bus	125	1	
11		10-10-18	5	4.4	7.1	Walk, Tube	312	3	
12		10-11-18	5.5	2.3	3.7	Walk, Tube	104	2	
13		10-12-18	6.5	2.3	3.7	Walk, Tube, Bus	255	3	
14		10-13-18	7	7	11.3	Walk, Tube, Bus	535	4	
15		10-14-18	6.5	3.2	5.1	Walk, Tube	48	2	
16		10-15-18	10	0.5	0.8	Sleeeeeeep	163	0	
17		10-16-18	10	1.8	2.9	Walk, Tube	67	1	
18		10-17-18	4	3	4.8	Walk, Tube	114	3	
19		10-18-18	5	5.5	9.0	Walk, Tube	179	0	