

Simon Kibet

simonkibet01@gmail.com | (437) 766 0290 | ON, M6B 2P7

PROFESSIONAL SUMMARY

Proficient in managing recreational programs and public health initiatives, having worked as a recreational assistant and public health officer. Proven ability to create and carry out community health assessments, create and implement health policies, and encourage wellness through fun recreational activities. Adept at working with stakeholders to improve community health outcomes through data analysis, program review, and collaboration. Competent in developing accessible and inclusive leisure activities that promote social interaction and physical exercise. Devoted to enhancing public health via creative leisure interventions and evidence-based practices.

SKILLS

- Proficient in comprehensive patient assessment and care planning.
- Expertise in gerontological care and mental health support.
- Skilled in public health education and chronic disease management.
- Effective in crisis intervention and emergency care response.
- Adept at interprofessional collaboration and team coordination.
- Strong communicator with patients, families, and healthcare teams.
- Languages - English

EDUCATION**Post Graduate Certificate in Gerontology Interprofessional Practice**

[Fanshawe College](#), Toronto

Jan 2024 - Date

Bachelor of Science in Public Health

[Jaramogi Oginga Odinga University of Science and Technology](#)

Sep 2015 - Dec 2020

Kenya Certificate of Secondary Education

Jan 2011-Dec 2015

St. Francis Boys High School

Kenya Certificate of Primary Education

Jan 2002-Dec 2010

Chebilil Primary School

WORK EXPERIENCE

Recreational Aide

[Villa Colombo-](#) Toronto

May 2024- To Date.

- Oversaw a range of leisure pursuits, such as team sports and fitness activities.
- Closely collaborated with other staff members to guarantee that activities and programs were carried out as planned.
- Kept an eye on events to ensure every resident was safe and secure and dealt with problems promptly and efficiently.
- Involved students and attendees in events, promoting involvement and guaranteeing a welcoming atmosphere.
- Gave participants with special needs individualized support and assistance, modifying activities to suit a range of skills.
- Developed activity calendars with the recreation aide, ensuring various options were available, including sports, arts and crafts, fitness classes, and community events.

Public Health Volunteer

Aug 2022 - Oct 2023

[Moi Teaching and Referral Hospital,](#) Eldoret, Kenya

- Proficient in assessing and improving sanitary conditions in public facilities, ensuring a safe environment for older adults.
- Skilled in conducting environmental health surveys and monitoring to protect older adults from pollution sources.
- Experienced in investigating health and safety complaints, which is crucial for addressing elder care facility concerns.
- Adept at developing and implementing health safety programs, focusing on risk mitigation for senior populations.
- Expertise in providing gerontological health consultations and training, enhancing community awareness and safety for older adults.

Public Health Intern

Feb 2022 – Aug 2022

[Mama Lucy Kibaki Hospital](#), Nairobi, Kenya

- Developed effective time management and planning skills, which are crucial for coordinating elderly patient care.
- Collaborated with interprofessional teams to ensure a comprehensive approach to the health and emotional well-being of older adults.
- Assisted in the management of pain and symptoms, providing support during end-of-life care for seniors and their families.
- Trained in medical emergency responses, including CPR and basic life support, essential for geriatric crisis intervention.

CERTIFICATION

- Registered Public Health Officer, Issued on March 2023-2025, Public Health and Technician Council
- Standard First Aid and CPR/AED level C, 2024/02/03-2027/02/02, Canadian Red Cross, ON.

References

- ♦ Will be provided upon request.