

Master Label Approval



**BORD BIA
QUALITY
ASSURANCE**
ORIGIN-IRELAND



IMMUNE

closed cup mushrooms

450g^e

Store in the Fridge.
Wash Before Use.

Nutrition 4-5 mushrooms
Typical Values 100g as sold

Energy	35kJ
	8kcal
Fat	0.2g
of which saturates	0.1g
Carbohydrate	0.3g
of which sugars	0.3g
Fibre	0.7g
Protein	1.0g
Salt	0.01g

Vitamins 4-5 mushrooms
/Minerals 100g as sold

Vitamin D	2.7µg (54%RD)
Selenium	55µg (100%RD)

RI=Reference Intake

Monaghan Mushrooms
Tyholland, Co. Monaghan,
Ireland.

 **HIGH IN
VITAMIN D*** ***CONTRIBUTES TO THE
NORMAL FUNCTION OF THE
IMMUNE SYSTEM**
 **HIGH IN
SELENIUM***

These mushrooms have been grown in selenium enriched compost.
UV-treated mushrooms (*Agaricus bisporus*).
Controlled light treatment was used to increase vitamin D levels.

DISPLAY UNTIL BEST BEFORE

22 Feb 23 Feb

KITIJA GRAUDONE
IRELAND PN:1259
17:32 (8)



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21327201
MIGHTY IMMUNE
 SUPPLIER NAME: MONAGHAN MUSHROOMS
 GROWER NAME / NUMBER: KITIJA GRAUDONE
 COUNT WEIGHT: 6 x 450g
 COUNTRY OF ORIGIN: IRELAND
 CDC DATE: 17.02.2024
 DISPLAY UNTIL DATE: 22.02.2024



Approved by: _____

Date: _____

Procedure No	Page	Date of Issue	Issue No
QS-04i	1 of 1	11/01/2021	4