

At home, keep me in the fridge to keep flavour and taste for longer

## NUTRITION

We suggest this product provides 2 servings

Typical Values	Per 100g	†RI
Energy kJ Energy kcal	35 8	8400 2000
Fat of which saturates	0.2g 0g	70g 20g
Carbohydrate of which sugars	0.3g 0.3g	260g 90g
Fibre	0.7g	6,000
Protein Suggestion	1.0g	50g
Salt	0.01g	6g
†RI = Reference Intake.		

## **COOKING INSTRUCTIONS**





o pan. Add ti



Sliced mushrooms

## Live Better with ASDA

It is important to eat a varied and balanced diet as part of a healthy lifestyle.

For help with making the healthiest choices, visit asda.com/livebetter

Not 100% happy?

We'll replace & refund it. Return to one of our stores. Or, call us on: **0800 952 0101** Visit our website: **ASDA.com** 

for freezing.



Do not recycle at home





Fry wrinkly mushrooms in butter or oil for use as a pizza topping or use in stews, sauces and casseroles,

or freeze them for later. For more tips visit lovefoodhatewaste.com or scan the QR code.



WASH BEFORE USE

BATCH:[2] 09:59 SUPPLIER COBE:YAH

IRELAND

250g (



MONAGHAN MUSHROOMS WIN: 51334433

SITE: YAH



(01)05063089141373(15)230426

250G SLICED MUSHROOMS H18 FW95

Best Before

**26 APR** 

12x250g

Ireland Mushrooms

Approved by:

Date:

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