



SLICED MUSHROOMS		Ireland		83024	
Grover	4056186905277	CLASS I		6X250G	
Pack-House	Monaghan Mushrooms, Tynholland, Co. Monaghan H18 FW95 5080087240015	SLICED		30-55mm	
Supplier	4056186905277	Tynholland Mushrooms		22 Feb	
Key	GB072	4063651290455			

ORIGIN: IRELAND

W4968

250ge

BEST BEFORE:

22Feb (1) 11:07

#### Why 5 a day?

The Department of Health recommends eating at least 5 portions of fruit and vegetables a day as an important part of a healthy lifestyle. Your five portions should include a variety of fruit and vegetables, since different fruits and vegetables contain different combinations of fibre, vitamins, minerals and other nutrients.

#### Additional Information

**Warning:** To avoid danger of suffocation, please keep this bag away from babies and young children. Visit us at [www.lidl.co.uk](http://www.lidl.co.uk) or [www.lidl.ie](http://www.lidl.ie).



Specialty packed for:  
Lidl Great Britain Ltd, Lidl House,  
14 Kingston Road, Surbiton, KT5 9NU.  
Lidl Ireland GmbH, Main Road,  
Tallaght, Dublin 24.



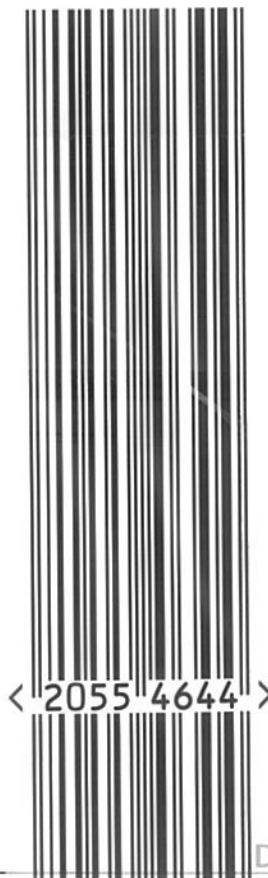
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#### Storage Information

Nutrition Information			
Typical values	per 100g	per serving 80g	%RI*
Energy	35kJ/8kcal	28kJ/6kcal	<1%
Fat	0.2g	0.2g	<1%
of which saturates	<0.1g	<0.1g	<1%
Carbohydrate	0.3g	0.2g	<1%
of which sugars	0.3g	0.2g	<1%
Fibre	0.7g	0.6g	2%
Protein	1.0g	0.8g	2%
Salt	<0.01g	<0.01g	<1%

\*Reference intake of an average adult (8400kJ/2000kcal)

This pack contains approx. 3 servings



Approved by:

Date:

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