About the Workshop

Join us for an engaging and hands-on workshop to learn how **Action Research** can empower communities to address local challenges, such as health monitoring and wellness programs. This session is designed for community members, educators, and health practitioners.

Date: July 15, 2025

Time: 9:00 AM - 3:00 PM

Location: Community Center,

Main Hall

Registration: Free, RSVP at

research@community.org

Contact Information

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Official Picture

Workshop Topics

1. Understanding Action Research: Principles and Purpose

Learn the foundations of action research, a participatory approach to solving real-world problems. Discover how it empowers communities to drive change, such as improving health monitoring systems through collaborative inquiry.

- 2. **Designing an Action Research Plan: Steps and Tools** Gain hands-on skills to create a research plan, from identifying issues to collecting data (e.g., health vitals). Use practical tools to ensure systematic and impactful research tailored to your community.
- 3. Ethical Considerations in Community-Based Action Research

Explore ethical practices, including informed consent and data privacy, to ensure responsible research. Learn how to protect sensitive data, like health metrics, while engaging communities effectively.

Why Attend?

This workshop equips you with the tools to lead community-driven research, fostering solutions that matter. Be part of creating healthier, stronger communities!