

Sleep Health Analytics Dashboard

Gender

All

Occupation - category

All

BMI Category

All

7.13

Average Sleep Duration

7.31

Average Sleep Quality

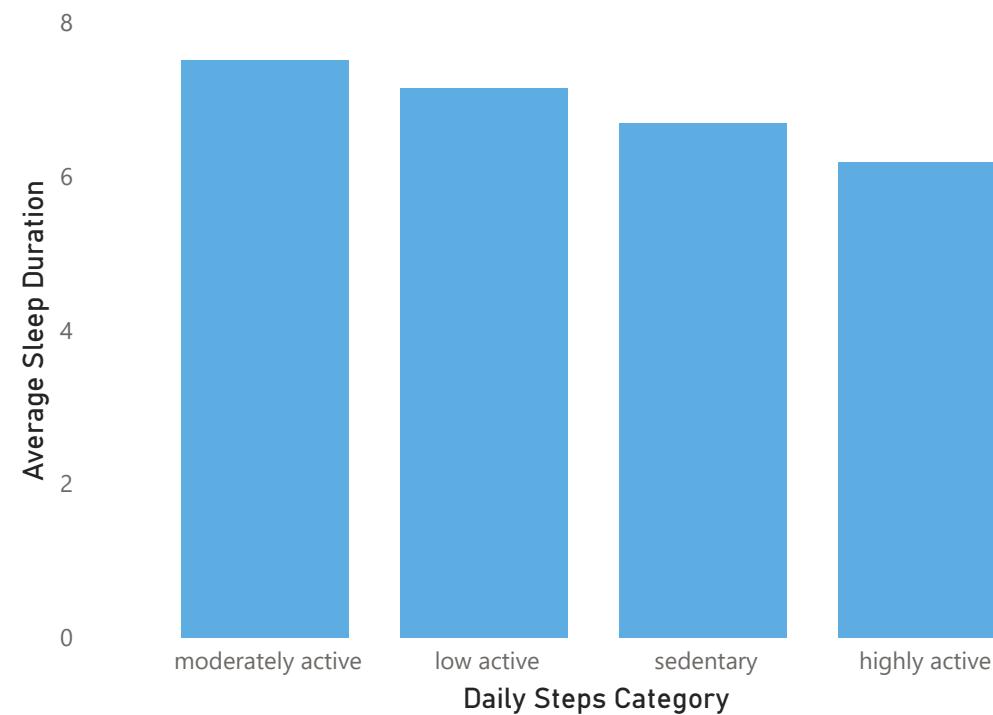
5.39

Average Stress Level

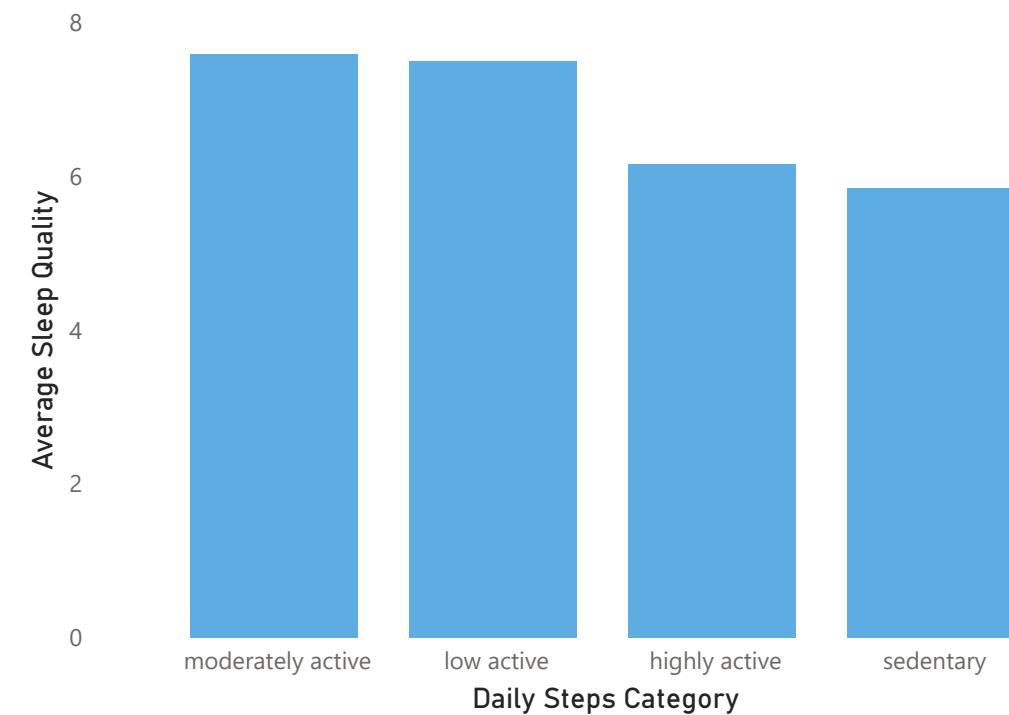
6.82K

Average Daily Steps

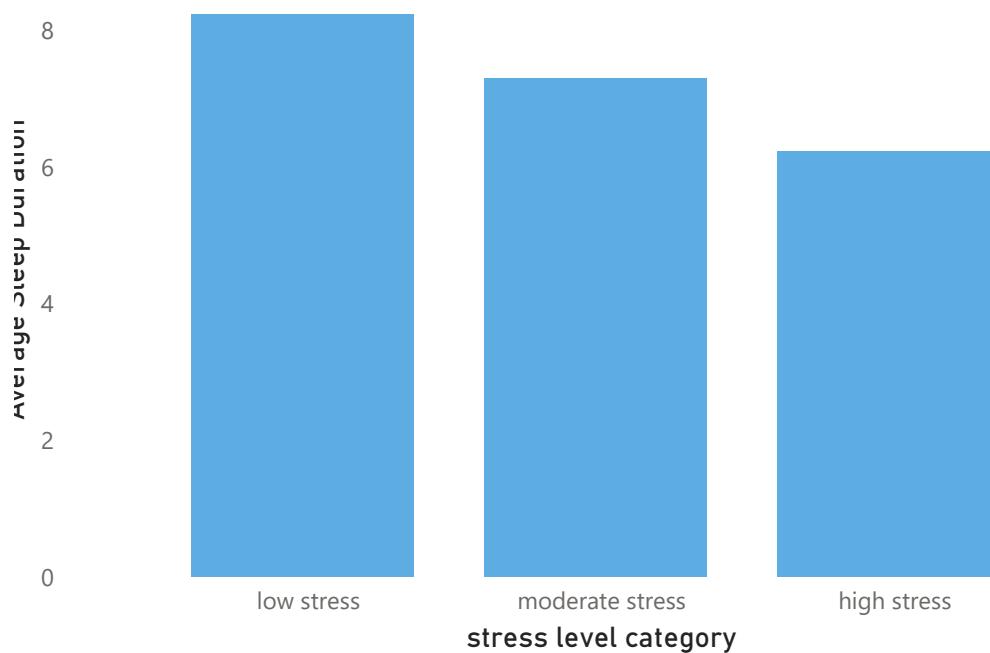
Average Sleep Duration by Daily Steps



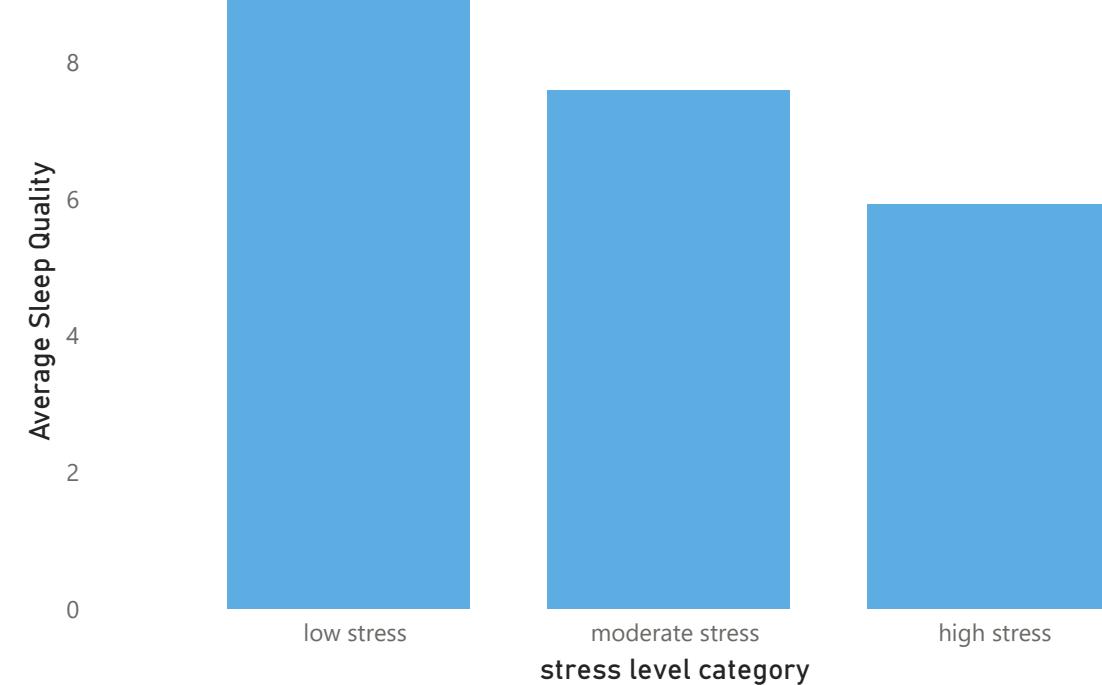
Average Sleep Quality by Daily Steps



Average Sleep Duration By Stress Level

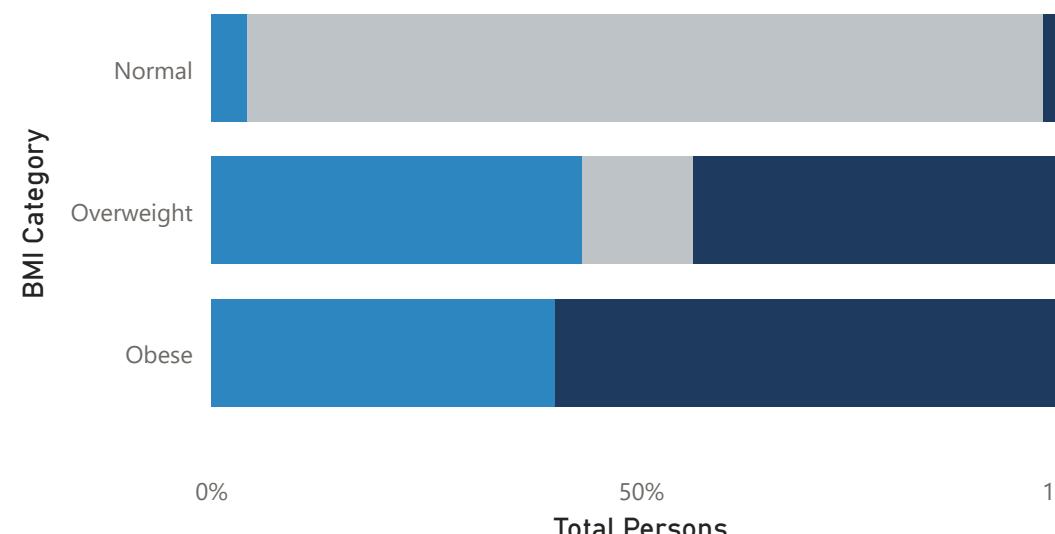


Average Sleep Quality By Stress Level



Total Persons by Occupation category and Sleep Disorder

Sleep Disorder ● Insomnia ● None ● Sleep Apnea



Total Persons by Occupation category and Sleep Disorder

Sleep Disorder ● Insomnia ● None ● Sleep Apnea

