All LaTeX input files conform to a certain structure, illustrated here. The first command above specifies the type of document you intend to create. The article class provides a good all-purpose layout.

This is a new paragraph (just leave a blank line.) many short lines like these are joined to make a paragraph. LaTeX does not start a new output line until it encounters a blank line (new paragraph) or you force a new line by inserting double backslashes.

Now this will be a new line in the output.