

607 E Lincolnway

Valparaiso, IN 46383

(219)548-8727

**Monthly Progress Report**

Ariana DAngelo

**Report Period: January 1, 2012 to January 31, 2012**

|  |  |
| --- | --- |
| **Parent(s) Name** | **Ariana DAngelo** |
| **Child(ren)** |  |
| **Referral Agency:** | **Porter County DCS** |
| **Case Manager/Probation Officer:** | **Nicole Eklund** |
| **List Service Standard** | **Provider Agency Staff for each Service** |
| **10808.7979 Substance use outpatient treatment-counseling INDIVIDUAL** | **Lawanda Parrett** |

**Reason for Referral and Presenting Issues: Individual counseling to address Ariana's substance use and relationship problems.**

**Family Functional Strengths:**

**N/A**

**Overall recommendation and progress summary:**

Ari is progressing slow and steady addressing her substance abuse and relationship problems. Continuation of services is recommended to assists Ari with achieving her identified goals.

**Next scheduled contact with family:**

N/A

**Signature Date**

**Individual Service Standard Monthly Report**

**Ariana DAngelo**

**Report Period: January 1, 2012 to January 31, 2012**

***Complete the following information for each DCS service standard***

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Service Provide (Service Standard)** | | | **10808.7979 Substance use outpatient treatment-counseling INDIVIDUAL** | | |
| **Begin/End Date of Referral:** | | | **8/31/12 UNTIL 2/27/13** | | |
| **Service Provider Staff** | | | **Lawanda Parrett** | | |
| **Number of Service Unit Authorized** | | | **24** | | |
| **Number of service units delivered to end of report period** | | | **19** | | |
| **Contact Date** | **Time** | **Duration** | **Method** | **Location** | **Those Present** |
| 1/3/13 | 5:00p | 1 | FF | Valparaiso | Ariana |
| 1/10/13 | 5:00p | 1 | FF | Valparaiso | Ariana |
| 01/17/13 | 5:00 PM | 1 | FF | Valparaiso | Ariana |
| 01/24/13 | 5:00 PM | 1 | FF | Valparaiso | Ariana |
| 01/31/13 | 5:00 PM | 1 | FF | Valparaiso | Ariana |

**ch things as Face to Face(ff), Phone(ph), Collateral Contacts(cc), DCS Contacts(dcs), CFTM Attendance (cftm), Court Testimony (ct), ‘**

|  |  |
| --- | --- |
| **Number of Appointments cancelled by Family** | **0** |
| **Number of Appointments cancelled by Provider** | **0** |
| **No Shows** | **0** |

***Complete the following for each Goal: (Duplicate as needed)***

|  |
| --- |
| **DCS Service Goal:**   1. **Individual counseling should occur at least once a week for Ariana. However, Ariana's therapist can use her discretion if two sessions per week is necessary.** 2. **Individual counseling should address Ariana's substance use and relationship problems.** 3. **Drug screening should occur per the following: Test for synthetic, designer drug and all other drugs once a month, test for alcohol once a week and include a BAC level.** |
| **Narrative Discussion of Services provided for this goal**:  SESSION 1: Ari appears really agonized in her affect today. She wants to just give up and not give herself any credit for what accomplishments she has achieved. Ari voiced her determination to keep striving but her conviction did not match her eyes. She appeared deflated and beaten.  SESSION 2: Ari appears disappointed and disgusted in affect today. Ari is very overwhelmed and wants things over now. Ari processed how her case is progressing in the natural flow of things and she placed herself in this situation. Regardless of how overwhelmed she becomes, she cannot just give up and start defocusing. Ari concluded session with a better attitude.  SESSION 3: Ari appears sad and dejected in affect today. She can not dispute the evidence nor justify her behavior. Ari does not want to attend AA meetings to address her recently failed drug test. Ari processed the events leading to alcohol consumption and identified errors in thinking. Ari released her negative thought patterns and observed how easily she can revert backward if not careful of people, places, and things. Ari demonstrates an addictive personality. Her recent failed UDS confirms how easily it would be for her to consume alcohol and lose control. She must accept attending AA to provide stronger support as she makes positive changes in her life.  SESSION 4: Ari appears indifferent in affect today. She is forcing herself to focus on the positive side of Rosiland's transitioning with Cory. Ari knows that Cory is a good father; however, she feels she is a good mother. She does not understand why Cory is fighting for sole custody and not allowing joint custody. Ari feels based on her past parenting abilities; she should be awarded joint custody.  SESSION 5: Ari appears optimistic in her affect today. She is calmer and more positive in her outlook. She is reflective and really attempting to move into a positive place. She is processing her actions and its consequences. She addresses the need to attend AA for stronger support. Ari also reports speaking to people in her life and evaluating their importance to her recovery. |
| **Progress Summary toward goal:**  Ari is progressing slow and steady. She is addressing her substance abuse and relationship problems. Ari is starting to attribute every bad outcome in her life as a direct result of alcohol consumption. Ari is starting to understand the need for positive coping skills. |
| **Family cooperativeness:**  N/A |
| **Recommendation regarding services for goal: (Continue: Reason or End: Reason)**  Continuation of services is recommended to assists Ari with achieving her identified goals. |

**Signature Date**