

# Fitting RL models to behavior

Tutorial for BAMB 2024

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References included in a pdf, but special credit to Luigi Acerbi:  
a long-time friend, mentor, and collaborator



# On models

A model is a lie that helps you see the truth.

*Howard Skipper*

The purpose of models is not to fit the data but to sharpen the questions.

*Samuel Karlin*

# Outline

- Introduction
  - Descriptive vs. Process models
  - Psychometric function and RL models and their likelihood functions
  - Example task: 2AFC
- Model fitting, selection, and recovery
  - As a statistical estimation problem
  - Optimizing the likelihood function
  - Tips for model selection for sequential data
  - Basics of model recovery
- A cautionary tale about model fitting
  - Good experimental design and why steady-state behavior matters

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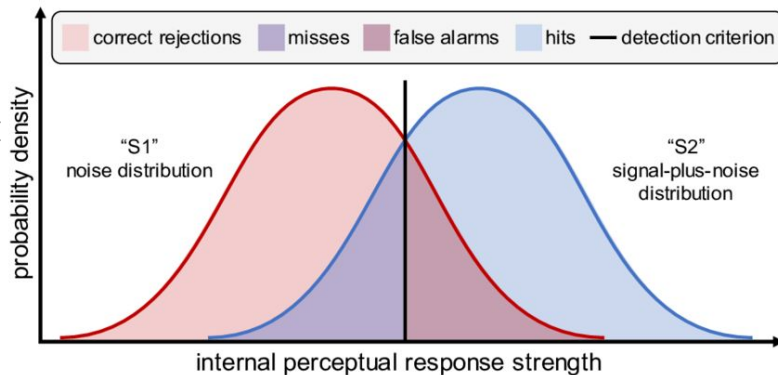
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# Two kinds of models

- Descriptive model
  - Purpose:
    - Describes observed relationships in the data
  - Examples:
    - The psychometric function
    - neural networks
- Process model
  - Purpose:
    - Seeks to explain the mechanisms underlying psychological phenomena
  - Examples:
    - Signal Detection Theory
    - Drift-diffusion models
    - Bayesian (ideal observers)
    - Reinforcement Learning models

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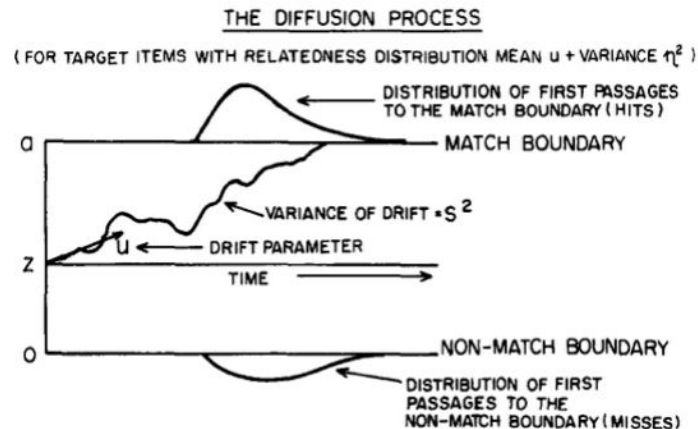
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# Two kinds of models

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## Bayesian models:

- Special kind of process models
- Reason about sources of uncertainty
  - Noise
  - Ambiguity

- Process model

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# International Brain Laboratory

Experimental & theoretical neuroscientists collaborating to understand brainwide circuits for complex behavior

*The International Brain Laboratory will release all data sets within 12 months of collection, or upon acceptance for publication of an associated manuscript, whichever comes first.*

We will use their task as a guiding example

# The IBL task



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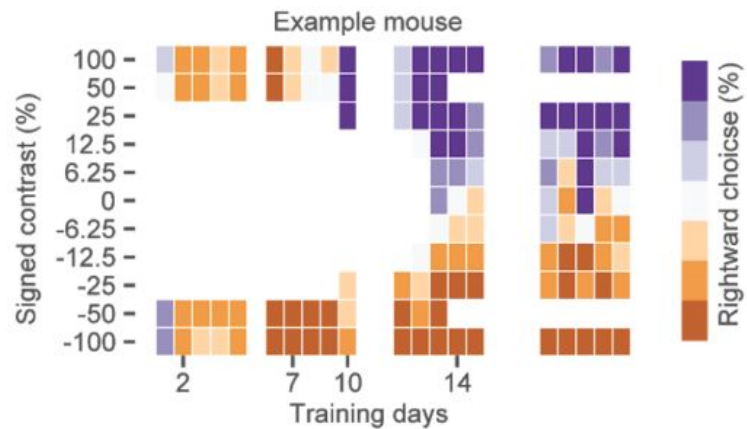
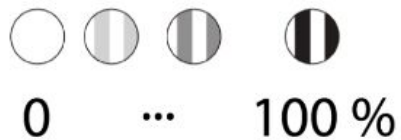
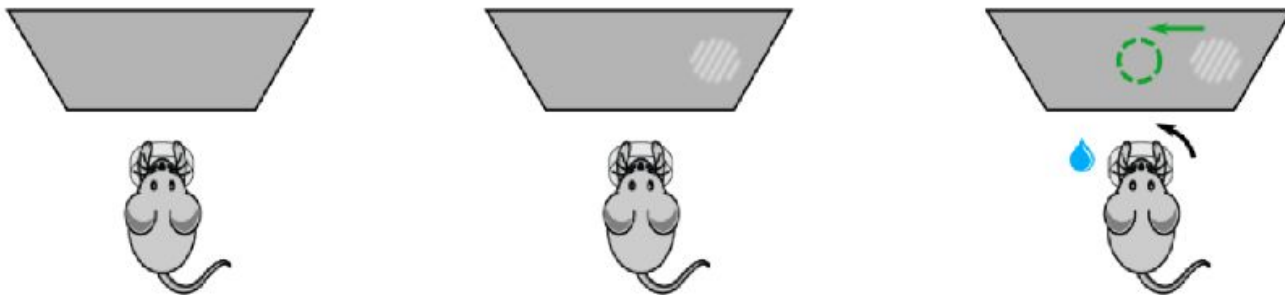


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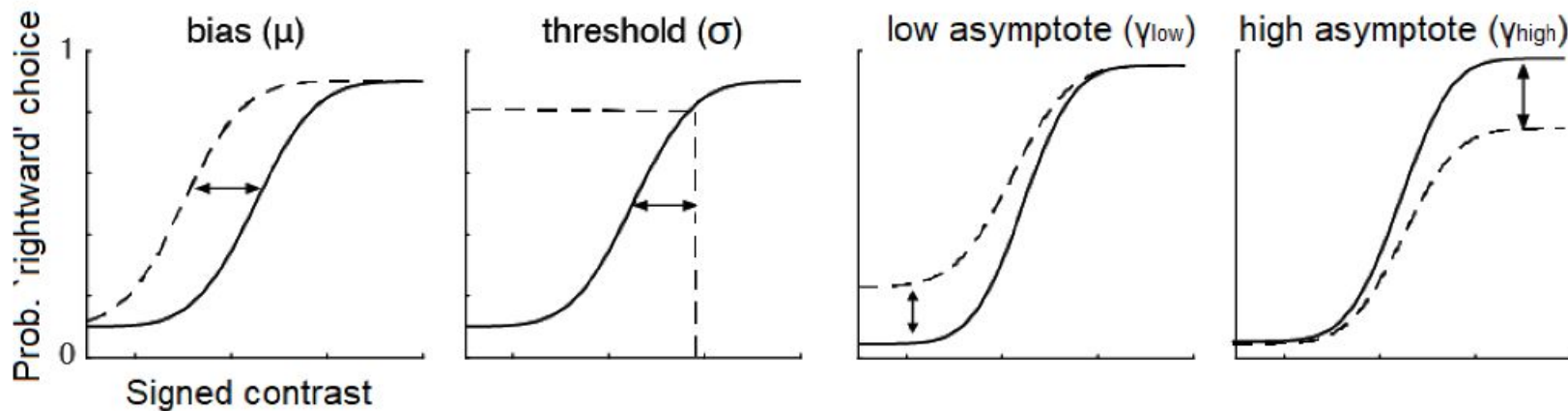
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100 %

# The IBL task



# The psychometric function as a descriptive model



- Data: (signed contrast, choice) for each trial
- Parameters  $\theta$ :  $(\mu, \sigma, \gamma_{\text{low}}, \gamma_{\text{high}})$

$$p(\text{rightward choice} | s, \theta) = \gamma_{\text{low}} + (1 - \gamma_{\text{high}} - \gamma_{\text{low}}) \cdot F(s; \mu, \sigma)$$

# The (log) likelihood

- $p(\text{data}|\theta)$  is a *probability density* as you vary data for fixed  $\theta$
- $p(\text{data}|\theta)$  is the *likelihood*, a function of  $\theta$  for fixed data

- For numerical reasons, we work with  $\log p(\text{data}|\theta)$
- For descriptive models that ignore the sequential nature of the data:

$$\log p(\text{data}|\theta) = \sum_{i=1}^N \log p_i(r^{(i)}|s^{(i)}, \theta)$$



# A Reinforcement Learning model

- Learn values with TD-learning, here, Q-learning

$$Q(s_t, a_t) = (1 - \alpha)Q(s_t, a_t) + \alpha \cdot \delta$$

$$\delta = r(s_t, a_t) + \gamma \max_{a'} Q(s_{t+1}, a') - Q(s_t, a_t)$$

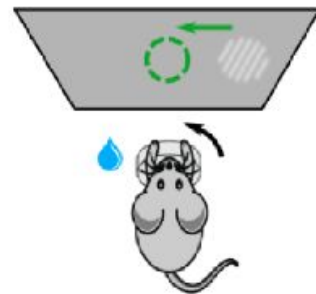
- Use a softmax choice policy

$$\pi(a|s_t) \propto \exp(\beta \cdot Q(s_t, a))$$

$$\pi(a|s_t) = \frac{\exp(\beta \cdot Q(s_t, a))}{1 + \exp(\beta \cdot Q(s_t, a))}$$

Note: this makes several implicit assumptions.

In fact, it optimizes a slightly different objective specified by maximum entropy RL (see Levine 2018: RL as inference)

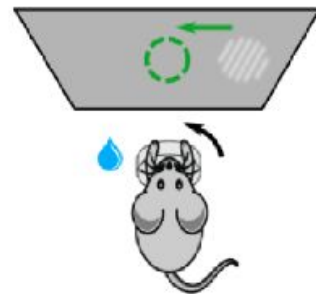


# A Reinforcement Learning model

- Data: (signed contrast, choice) for each trial
- Parameters  $\theta$ :  $(\alpha, \beta)$

$$p(a|s; \theta) = \pi(a_t|o_t, M, o_{1:t-1}, a_{1:t-1}; \theta_t)$$

- Given the data, this is a deterministic function of the parameters!
- For RL algorithms with stochastic update rules, e.g. policy gradient methods using SGD, this likelihood would be noisy (but sometimes there is no way around it)



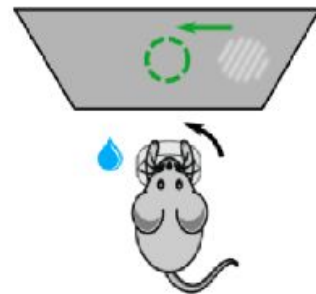
# A Reinforcement Learning model

- Data: (signed contrast, choice) for each trial
- Parameters  $\theta$ :  $(\alpha, \beta)$

$$p(a_t|s_t; \theta) = \pi(a_t|o_t, M, o_{1:t-1}, a_{1:t-1}; \theta)$$

- With the likelihood for one trial, we can compute it sequentially for the data:

$$\log p(\text{data}|\theta) = \sum_{t=1}^T \log \pi(a_t|o_t, M, o_{1:t-1}, a_{1:t-1}; \theta)$$



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# Model fitting

as a statistical estimation problem

1. Maximum likelihood estimation (MLE)

- Find the maximum of  $p(\text{data}|\theta)$

$$\hat{\theta}_{ML} = \arg \max_{\theta} p(\text{data}|\theta) = \arg \max_{\theta} \log p(\text{data}|\theta)$$

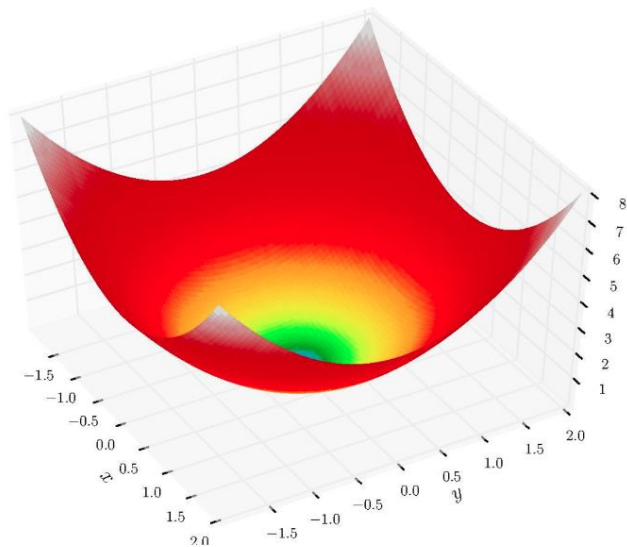
2. Bayesian posterior

$$p(\theta|\text{data}) \propto p(\text{data}|\theta)p(\theta)$$

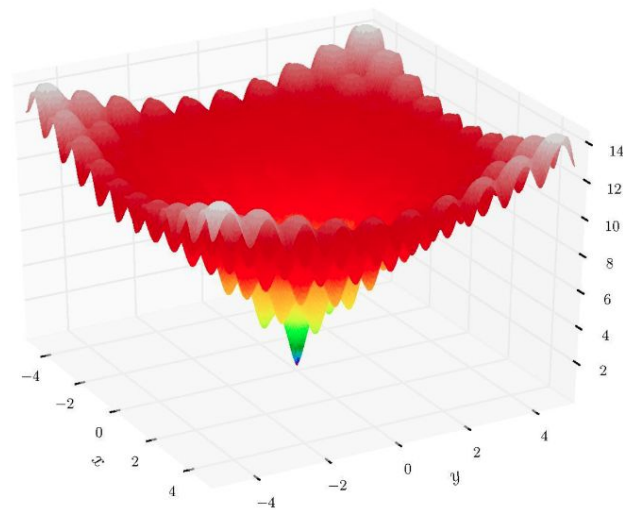
- Full posterior is informative about parameter uncertainty
- But computationally expensive

# Now we can fit the models!

Expectation



Reality



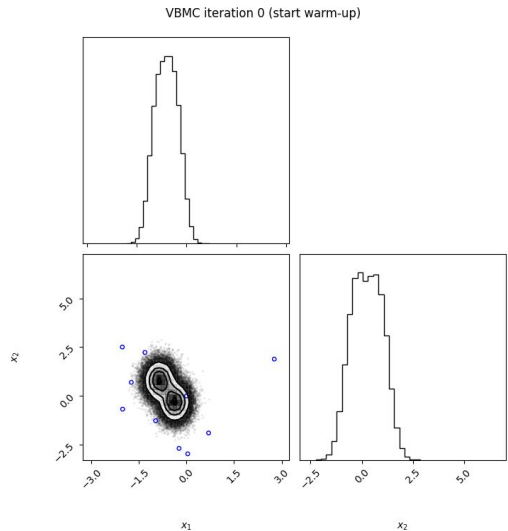
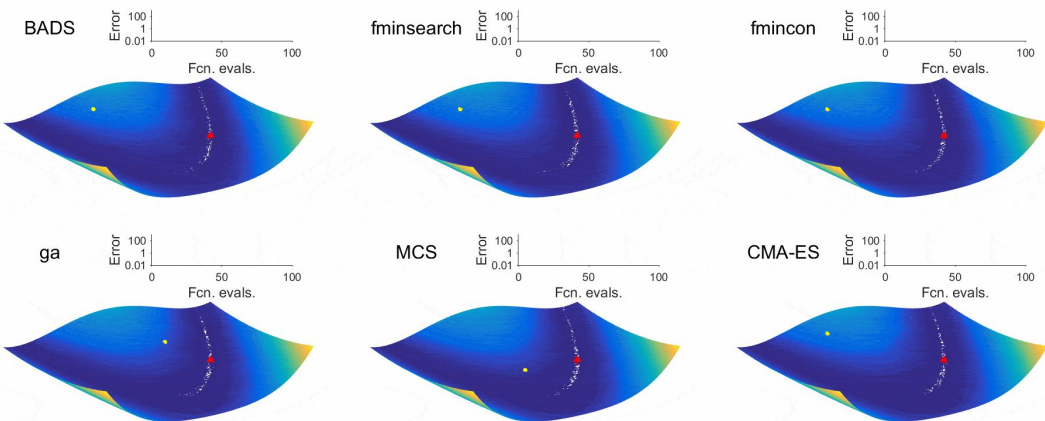
Model fitting is hard!

# Toolboxes for fitting RL models (with noisy likelihoods)

Bayesian Adaptive Direct Search  
( $\approx$  Direct Search + Bayesian Optimization)

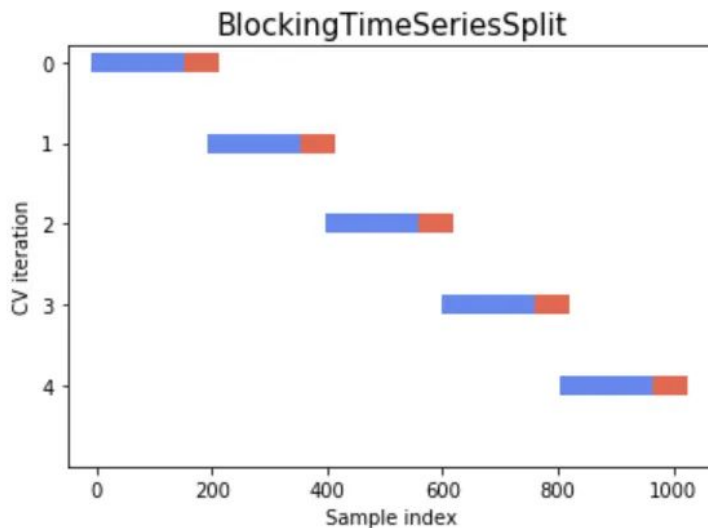
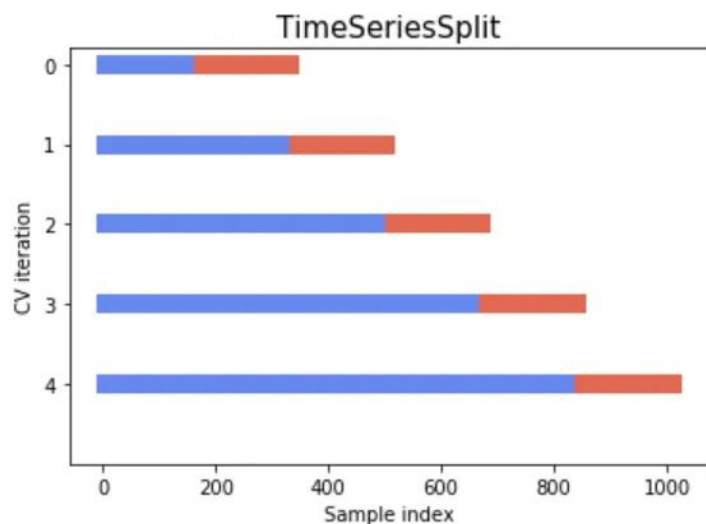
Variational Bayesian Monte Carlo  
( $\approx$  Variational inference + Monte Carlo)

OptimViz (noisy Rosenbrock function)



# Tips for model selection for RL models

- Be careful with cross validation - data is non iid



from scipy.stats import TimeSeriesSplit, BlockingTimeSeriesSplit



# Some additional tips and resources

- Wilson & Collins 2019:
  - Ten simple rules for computational modeling for behavioral data
- Danwitz et al. 2021:
  - Parameter and model recovery of reinforcement learning models
- Barbosa et al. 2023:
  - A practical guide for studying human behavior in the lab

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# On model fitting

*Claims about behavior that are solely based on results from model fitting are hard to believe. I like to design experiments such that the effects we're after are obnoxiously staring in your face.  
I call it the Ocular Obviousness Test.*

Antonio Rangel



Questions?