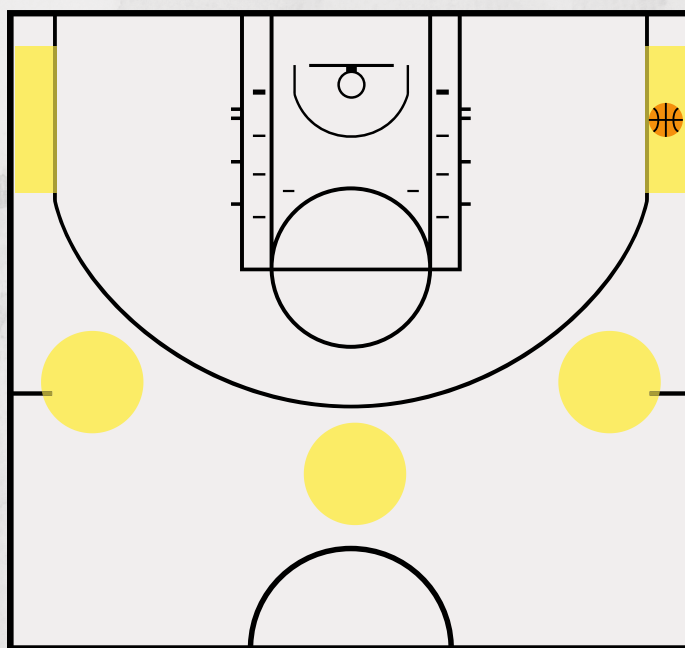


## 50 Makes 1 Miss - Perimeter



**GOAL:** Make 10 shots in a row from each spot without missing more than 1.

**INSTRUCTIONS:** Start by shooting in the Right Corner. Shoot until you make 10 shots in a row. You're allowed 1 miss. If you miss more than 1, reset to 0 and start over at that spot. Advance to the next spot when you hit the goal and repeat at each remaining spot. Record the amount of time it takes to complete all 5 spots.

### GET IN TOUCH:



[www.mychalmartinezbasketball.com](http://www.mychalmartinezbasketball.com)



[www.instagram.com/CoachMychal](https://www.instagram.com/CoachMychal)



[www.facebook.com/CoachMychal](https://www.facebook.com/CoachMychal)



[www.twitter.com/CoachMychal](https://www.twitter.com/CoachMychal)



**ELITE** IS EARNED.