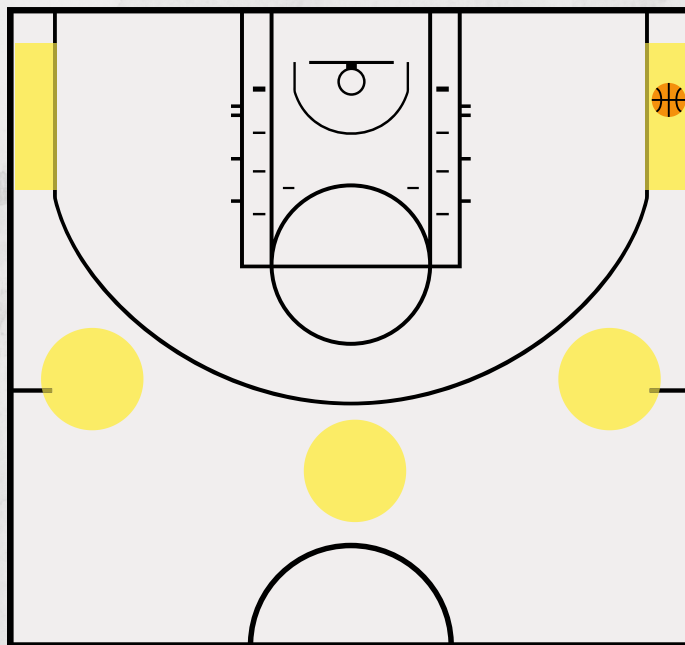


4 Minute Perimeter Shooting



GOAL: Make 70% or more of shots attempted.

INSTRUCTIONS: Set a timer for 4 minutes. Shoot 3-Point Catch and Shoot shots, shuffling from one highlighted spot to the next in-between shots, until time expires. Track makes and attempts. Divide makes by attempts to get your percentage.

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