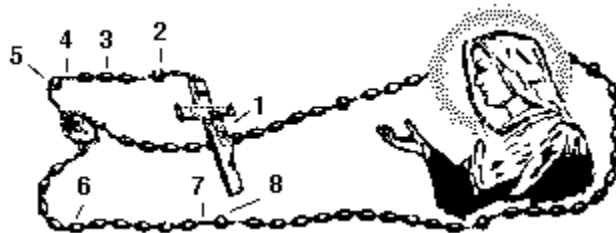


The Joyful Mysteries

without Distractions

Illustrations and suggested points of reflection from our booklet [Praying the Rosary Without Distractions](#), available in our on-line store.

Also available in our store: the booklet [Scripturally Based Rosary](#), ideal for individual study and prayer.



(Numbers other than the 10 Hail Marys refer to the numbers pointing to the beads in the above illustration.)

- 1) Make the **Sign of the Cross** saying "In the name of the Father, and of the Son, and of the Holy Spirit. Amen.", and say the **Apostles' Creed**: "I believe in God, the Father almighty creator of heaven and earth and in Jesus Christ, His only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried. He descended into hell. On the third day he rose again from the dead. He ascended into heaven and is seated at the right hand of God, the Father almighty. He will come again in glory to judge the living and the dead. I believe in the Holy Spirit, the Holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen."
- 2) Say the **Our Father**: "Our Father, who art in heaven hallowed be thy name; thy kingdom come; thy will be done on earth as it is in heaven. Give us this day our daily bread and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen."
- 3) Say **three Hail Marys** for Faith, Hope, and Charity: "Hail Mary, full of grace. The Lord is with thee. Blessed art thou among women, And blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, Pray for us sinners, Now and at the hour of our death. Amen." – 3 times.
- 4) Say the **Glory Be**: "Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen."



5) Announce “**The First Joyful Mystery – The Annunciation**” and then say the ***Our Father***.

6) Say ten ***Hail Marys*** while meditating on the Mystery.

1. The time for the Incarnation is at hand.
 2. Of all women God prepared Mary from her conception to be the Mother of the Incarnate Word.
 3. The Angel Gabriel announces: “Hail, full of grace! The Lord is with thee.”
 4. Mary wonders at this salutation.
 5. The Angel assures her: “Fear not . . . you shall conceive in your womb, and give birth to a Son.”
 6. Mary is troubled for she has made a vow of virginity.
 7. The Angel answers that she will conceive by the power of the Holy Spirit, and her Son will be called the Son of God.
 8. The Incarnation awaits Mary’s consent.
 9. Mary answers: “Behold the handmaid of the Lord. Be it done unto me according to your word.”
 10. The Word was made flesh and dwelt among us.
- Spiritual Fruit: **Humility**

7) **Glory Be**

Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.

Oh My Jesus

O my Jesus, forgive us our sins. Save us from the fires of hell. Lead all souls into heaven, especially those in most need of thy mercy. Amen.



8) Announce “**The Second Joyful Mystery – The Visitation**” and then say the ***Our Father***.

Say ten **Hail Marys** while meditating on the Mystery.

1. Mary's cousin Elizabeth conceived a son in her old age... for nothing is impossible with God.
2. Charity prompts Mary to hasten to visit Elizabeth in the hour of her need.
3. The journey to Elizabeth's home is about eighty miles requiring four or five days.
4. Though long and arduous, the journey is joyous, for Mary bears with her the Incarnate Word.
5. At Mary's salutation, John the Baptist is sanctified in his mother's womb.
6. Elizabeth exclaims: "Blessed are you among women, and blessed is the fruit of your womb."
7. "How have I deserved that the mother of my Lord should come to me?"
8. "Blessed is she who believed that the Lord's words to her would be fulfilled."
9. Mary replies: "My soul proclaims the greatness of the Lord, and my spirit finds joy in God my Savior."
10. Mary serves her cousin in all humility for three months until the birth of John the Baptist.

Spiritual Fruit: **Love of Neighbor**

Glory Be

Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.

Oh My Jesus

O my Jesus, forgive us our sins. Save us from the fires of hell. Lead all souls into heaven, especially those in most need of thy mercy. Amen.



Announce "**The Third Joyful Mystery – The Nativity of Our Lord**" and then say the **Our Father**.

Say ten **Hail Marys** while meditating on the Mystery.

1. Joseph and Mary go to Bethlehem to comply with the decree of Caesar Augustus.
2. The hour for Mary to give birth is near, but there is no room in the inn.
3. In the stillness of the night, the Savior is born in a cave, Mary remaining a Virgin.
4. She wraps Him in swaddling clothes and lays Him in a manger.
5. In unspeakable joy Mary gathers to her bosom the Flower of her virginity.
6. Jesus enters the world in poverty to teach the lesson of detachment from earthly things.
7. The angel announces to the shepherds: "Today there is born to you in the town of David a Savior, Who is Christ the Lord."
8. The angelic chorus sing: "Glory to God in the highest, and peace to His people on earth."
9. The shepherds come to the stable to pay homage to the Infant Jesus.
10. The Magi come to adore the Holy Child and offer Him gifts.

Spiritual Fruit: **Detachment**

Glory Be

Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.

Oh My Jesus

O my Jesus, forgive us our sins. Save us from the fires of hell. Lead all souls into heaven, especially those in most need of thy mercy. Amen.



Announce "**The Fourth Joyful Mystery – The Presentation**" and then say the ***Our Father***.

Say ten ***Hail Marys*** while meditating on the Mystery.

1. Observing the law of Moses they take Jesus to the Temple to present Him to the Lord.
2. According to the Law the firstborn male child of every family should be consecrated to the Lord.
3. Mary offers her Son to the Father, then ransoms Him back at the price paid by the

poor.

4. Jesus is not subject to the law of Moses, yet to teach obedience, submits to it.
5. Mary is not subject to the law of purification, yet in humility she submits to it.
6. God had revealed to Simeon that he would not see death until he had seen the Messiah.
7. Recognizing the Child, he prays: "Now you can dismiss your servant in peace. You have fulfilled your word."
8. "This Child is destined to be the downfall and rise of many in Israel, a sign that will be opposed."
9. And to Mary Simeon reveals: "And your own soul a sword shall pierce."
10. After they fulfill all the Law requires they return to Nazareth.

Spiritual Fruit: **Obedience**

Glory Be

Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.

Oh My Jesus

O my Jesus, forgive us our sins. Save us from the fires of hell. Lead all souls into heaven, especially those in most need of thy mercy. Amen.



Announce "**The Fifth Joyful Mystery – Finding Jesus in the Temple**" and then say the **Our Father**.

Say ten **Hail Marys** while meditating on the Mystery.

1. When Jesus is twelve years old, He goes with His parents to Jerusalem for the feast of the Passover.
2. After the feast of the Passover, Joseph and Mary unknowingly set out for Nazareth without Jesus.
3. At the end of the first day's journey they discover Jesus is missing.
4. His parents return immediately looking for Him.
5. This loss causes grief and anxiety beyond our understanding to the hearts of Mary and

Joseph.

6. On the third day, they find Jesus in the Temple among the Doctors who were astonished at His wisdom.
7. Mary: "Son, why have you done this to us? Your father and I have been searching for You in sorrow."
8. Jesus: "Why did you search for Me? Did you not know that I must be about My Father's business?"
9. Jesus goes down with them to Nazareth, and is subject to them.
10. Mary keeps all these things in her heart.

Spiritual Fruit: **Perseverance**

Glory Be

Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.

Oh My Jesus

O my Jesus, forgive us our sins. Save us from the fires of hell. Lead all souls into heaven, especially those in most need of thy mercy. Amen.

Closing Prayers

Hail Holy Queen

Hail Holy Queen, Mother of Mercy, our Life, our Sweetness, and our hope. To thee we cry, poor banished children of Eve. To thee we send up our sighs, mourning and weeping in this vale of tears. Turn then most gracious advocate, Thine eyes of mercy toward us, and after this, our exile, show unto us, the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary. Pray for us O Holy Mother of God, That we may be made worthy of the promises of Christ. Amen.

Final Prayer

Let us pray. O God, whose only begotten Son, by His life, death, and resurrection, has purchased for us the rewards of eternal life, grant, we beseech Thee, that meditating upon these mysteries of the Most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ Our Lord. Amen.

Make the ***Sign of the Cross***.