**Reading 1**

**The Power of a United Community**  
In the heart of Greenwood lies a bustling community center that has become the lifeblood of the town. Every day, children, teenagers, and the elderly gather here to participate in various programs designed to promote learning, health, and unity. The center offers free classes ranging from computer skills for seniors to art workshops for children. These programs are funded by local businesses and run by volunteers who are passionate about making a difference.

One of the most successful initiatives at the community center is the *Food Sharing Program*. Twice a week, residents donate surplus food, which is then distributed to families in need. This program has not only reduced food waste but also ensured that no one in the town goes hungry. Local farmers often contribute fresh produce, and bakeries donate unsold bread and pastries. The program’s success has inspired other towns in the region to adopt similar practices.

Beyond the programs, the community center hosts events to celebrate local culture. From music nights featuring regional bands to storytelling sessions about Greenwood’s history, these events bring people together and strengthen their sense of identity. The center is more than just a building; it’s a symbol of what people can achieve when they come together with a shared purpose.

**Questions**

1. **What is the main purpose of the community center in Greenwood?**  
   a. To promote learning, health, and unity among residents.  
   b. To serve as a recreational area for children only.  
   c. To provide a space for businesses to operate.  
   d. To teach farming techniques to local farmers.
2. **What type of classes are offered at the community center?**  
   a. Language training for teenagers.  
   b. Classes in art and computer skills.  
   c. Advanced business courses.  
   d. Only sports-related classes.
3. **What is the Food Sharing Program designed to do?**  
   a. Encourage people to buy more local produce.  
   b. Distribute surplus food to families in need.  
   c. Teach families how to grow their own food.  
   d. Sell surplus food to local markets.
4. **How do local farmers contribute to the Food Sharing Program?**  
   a. They organize food-related events.  
   b. They teach classes about agriculture.  
   c. They donate fresh produce.  
   d. They deliver food directly to families.
5. **What kind of events does the community center host?**  
   a. Competitive sports tournaments.  
   b. Music nights and storytelling sessions.  
   c. Science fairs and technology exhibitions.  
   d. National festivals and parades.
6. **What does the community center symbolize for Greenwood?**  
   a. A place for personal entertainment.  
   b. The power of collective effort and unity.  
   c. The cultural heritage of the town.  
   d. The importance of technology in modern life.

### ****Reading 2****

**The Lantern Festival: A Community Tradition**  
Every spring, the small town of Brightfield comes alive with its annual Lantern Festival. This much-anticipated event brings together residents of all ages to celebrate their rich cultural heritage. In the weeks leading up to the festival, families gather to craft colorful lanterns, each one unique in design. From simple paper lanterns to elaborate creations shaped like animals or flowers, the festival showcases the creativity and unity of the community.

The highlight of the event is the grand lantern parade, where hundreds of glowing lanterns light up the streets as residents walk through town. The parade is accompanied by traditional music, dance performances, and food stalls offering local delicacies. For many, this festival is more than just a celebration; it’s a chance to reconnect with neighbors and strengthen community bonds.

In addition to the festivities, the Lantern Festival also raises funds for local charities. Proceeds from ticket sales and donations are used to support educational programs and provide resources for underprivileged families. This has made the festival not only a cultural highlight but also a meaningful tradition that gives back to the community.

### ****Questions****

1. **What does the Lantern Festival celebrate?**  
   a. A famous historical event.  
   b. The arrival of winter.  
   c. The town’s founding anniversary.  
   d. The cultural heritage of Brightfield.
2. **What do families do to prepare for the Lantern Festival?**  
   a. Clean the streets for the parade.  
   b. Cook traditional meals together.  
   c. Learn traditional music and dances.  
   d. Design and craft colorful lanterns.
3. **What is the highlight of the Lantern Festival?**  
   a. A fireworks display.  
   b. A cooking competition.  
   c. A lantern parade with music and dance.  
   d. A historical reenactment.
4. **How does the Lantern Festival help the community financially?**  
   a. By selling lanterns to other towns.  
   b. By attracting tourists to the town.  
   c. By funding new businesses.  
   d. By raising money for local charities.
5. **What happens to the proceeds from the festival?**  
   a. They are given to local businesses.  
   b. They fund the next Lantern Festival.  
   c. They are used to build new roads in Brightfield.  
   d. They support educational programs and underprivileged families.
6. **Why is the Lantern Festival meaningful to the residents of Brightfield?**  
   a. It allows residents to showcase their cooking skills.  
   b. It is a chance to celebrate and give back to the community.  
   c. It helps them remember their history.  
   d. It provides an opportunity for artistic expression.

### ****Reading 3****

**The Challenges of Urban Living**  
Living in a city comes with both benefits and challenges. On the one hand, cities offer a wide range of job opportunities, better access to healthcare, and a variety of entertainment options. However, urban living can also be stressful. The high cost of living, traffic congestion, and pollution are some of the major issues faced by city dwellers. Many residents spend hours commuting to and from work, and this can lead to a decrease in quality of life.

In addition to the physical challenges, city living can also be mentally exhausting. People often feel isolated due to the fast-paced nature of urban life. The constant noise, crowded spaces, and lack of green areas can make it difficult to find peace and quiet. However, many cities are now focusing on improving the quality of life for their residents by creating more green spaces and promoting sustainable living practices. Some cities are investing in public transportation, reducing pollution, and building more parks to ensure a better future for all urban residents.

### ****Questions****

 **What is one of the major challenges of urban living mentioned in the text?**  
a. A variety of entertainment options.  
b. High cost of living.  
c. Availability of jobs.  
d. Access to healthcare.

 **How does commuting affect city dwellers?**  
a. It reduces stress levels.  
b. It makes them more productive at work.  
c. It leads to a decrease in quality of life.  
d. It improves the quality of life.

 **Why do people living in cities often feel isolated?**  
a. Because of the abundance of green spaces.  
b. Due to the size of the city.  
c. Because of the lack of job opportunities.  
d. Due to the fast-paced nature of urban life.

 **What are some ways cities are addressing the challenges of urban living?**  
a. By increasing the number of skyscrapers.  
b. By decreasing the number of public transportation options.  
c. By creating more green spaces and promoting sustainable practices.  
d. By reducing the cost of living.

 **What is the impact of noise and crowded spaces on city residents?**  
a. It contributes to mental exhaustion.  
b. It helps residents become more social.  
c. It leads to improved physical health.  
d. It makes it easier for them to find quiet spaces.

 **What future improvements are cities focusing on to improve urban life?**  
a. Focusing on developing rural areas.  
b. Increasing the number of entertainment options.  
c. Building more skyscrapers.  
d. Investing in public transportation and reducing pollution.

### ****Reading 4****

**Living in a Smart City**  
Smart cities are becoming increasingly popular around the world as they use technology to improve the lives of their residents. These cities use sensors, data, and other technologies to monitor and manage urban systems such as traffic, public transportation, energy use, and waste management. For example, smart traffic lights can change their timing based on real-time traffic conditions, reducing congestion. Additionally, smart waste bins can send notifications to city services when they are full, improving waste collection efficiency.

One of the key benefits of living in a smart city is the convenience. Citizens can access information and services online, including paying bills, reporting issues, and even booking public transportation. Furthermore, many smart cities are focusing on sustainability, with efforts to reduce energy consumption, promote green energy, and enhance waste recycling programs. However, some people worry about privacy and the potential misuse of data in smart cities. Despite these concerns, the rise of smart cities shows great promise for creating a more efficient, sustainable, and connected urban environment.

### ****Questions****

1. **What is one of the main purposes of a smart city?**  
   a. To promote traditional waste management practices.  
   b. To use technology to improve urban life.  
   c. To reduce access to online services.  
   d. To increase traffic congestion.
2. **How do smart traffic lights help improve city living?**  
   a. They are used only for emergency vehicles.  
   b. They increase traffic jams.  
   c. They change timing based on traffic conditions.  
   d. They monitor weather conditions.
3. **What can citizens do in a smart city?**  
   a. Avoid using public transportation.  
   b. Only visit city offices in person.  
   c. Access information and services online.  
   d. Only use paper forms for services.
4. **What is a major concern of residents in smart cities?**  
   a. The lack of public transportation.  
   b. The inefficiency of waste collection.  
   c. Privacy and misuse of data.  
   d. The lack of green spaces.
5. **How are smart cities focusing on sustainability?**  
   a. By using more paper for services.  
   b. By increasing the use of fossil fuels.  
   c. By limiting waste recycling programs.  
   d. By reducing energy use and promoting green energy.
6. **What does the rise of smart cities promise?**  
   a. A decrease in technological innovation.  
   b. A reduction in online services for citizens.  
   c. A more efficient, sustainable, and connected urban environment.  
   d. A return to traditional urban management methods.

### ****Reading 5****

**The Importance of a Balanced Life for Students**  
For teenagers, maintaining a balanced life is crucial for both academic success and personal well-being. One of the most important aspects of a balanced life is managing time effectively. Students need to allocate enough time for studying, participating in extracurricular activities, and socializing with friends. While academic achievement is important, it is equally essential to maintain a healthy lifestyle. Regular exercise, eating nutritious meals, and getting enough sleep are all key components of a balanced life.

Additionally, students should learn how to manage stress. Schoolwork, social pressures, and the demands of daily life can cause stress, which negatively impacts physical and mental health. Practicing mindfulness, engaging in hobbies, and spending time with family can help reduce stress levels. By finding a healthy balance between schoolwork, personal interests, and relaxation, teenagers can improve their overall well-being and set themselves up for future success.

### ****Questions****

1. **Why is maintaining a balanced life important for teenagers?**  
   a. To focus solely on academic achievement.  
   b. To avoid socializing with friends.  
   c. To ensure good physical and mental health.  
   d. To spend all their time studying.
2. **What is a key component of a balanced life for students?**  
   a. Spending all their time on social media.  
   b. Ignoring academic responsibilities.  
   c. Getting enough sleep, eating healthy, and exercising.  
   d. Avoiding hobbies and relaxation.
3. **How can students manage stress?**  
   a. By staying up late and working more.  
   b. By engaging in hobbies and spending time with family.  
   c. By avoiding exercise and outdoor activities.  
   d. By focusing solely on schoolwork.
4. **What should students learn to do to maintain a balanced life?**  
   a. Focus entirely on socializing.  
   b. Spend all their time relaxing.  
   c. Manage their time and prioritize their activities.  
   d. Avoid engaging in extracurricular activities.
5. **What impact does stress have on teenagers?**  
   a. It improves their academic performance.  
   b. It has a negative effect on physical and mental health.  
   c. It helps them become more social.  
   d. It increases their energy levels.
6. **What can students do to improve their well-being?**  
   a. Focus only on academics.  
   b. Find a balance between school, personal interests, and relaxation.  
   c. Avoid exercise and sleep.  
   d. Only focus on socializing

### ****Reading 6****

**How English People Keep Traditional Cuisine Alive**  
In England, traditional cuisine plays an important role in the cultural heritage. Dishes like roast beef with Yorkshire pudding, fish and chips, and shepherd's pie are not only popular in the past but continue to be enjoyed today. Many families still prepare these classic meals for special occasions, and some even stick to old recipes that have been passed down through generations.

To keep these traditions alive, there are numerous food festivals and events that celebrate English cuisine. For example, the Great British Bake Off, a popular TV show, has brought renewed attention to traditional baking methods, from making scones to baking fruitcakes. At the same time, local restaurants and pubs serve traditional dishes, often with a modern twist, to attract younger customers while preserving the essence of the original recipes. As a result, traditional English food remains a cherished part of the culture, adapting to modern tastes while keeping its historical roots intact.

### ****Questions****

1. **Why is traditional cuisine important in England?**  
   a. Because it is only enjoyed by older generations.  
   b. It plays a role in the country’s cultural heritage.  
   c. It is less popular today than in the past.  
   d. It is only served at fast food chains.
2. **Which traditional dish is mentioned in the reading?**  
   a. Tacos.  
   b. Roast beef with Yorkshire pudding.  
   c. Sushi.  
   d. Pizza.
3. **How do many families keep traditional English dishes alive?**  
   a. By preparing them for special occasions and using old recipes.  
   b. By avoiding old recipes.  
   c. By preparing these dishes only once a year.  
   d. By using new ingredients in old recipes.
4. **What role does the Great British Bake Off play in preserving traditional cuisine?**  
   a. It focuses on modern international recipes.  
   b. It encourages people to stop baking traditional dishes.  
   c. It helps popularize traditional English baking methods.  
   d. It focuses only on vegetarian meals.
5. **How do modern restaurants keep traditional dishes alive?**  
   a. By serving them with a modern twist to attract younger customers.  
   b. By removing traditional dishes from their menus.  
   c. By making traditional dishes less flavorful.  
   d. By only serving the same traditional dishes without any changes.
6. **What is the main idea of the passage?**  
   a. English people prefer international cuisine.  
   b. Traditional English food is no longer popular.  
   c. Traditional English food is preserved and adapted to modern tastes.  
   d. English cuisine has no historical significance.

### ****Reading 7****

**Summer Course Experiences**  
Summer courses are an excellent way for students to spend their free time, learn new skills, and meet people from different backgrounds. These courses can vary from academic subjects like science and mathematics to creative subjects such as painting, writing, or music. Many students enjoy these experiences because they offer a chance to dive deeper into subjects they are passionate about, and they often lead to new friendships.

For example, a summer art course can be an opportunity to explore different techniques and styles. Students may learn about painting, sculpture, and other art forms while working with experienced instructors. Similarly, a language immersion course abroad provides students with the opportunity to practice speaking and listening in a foreign language, making the experience both fun and educational. Regardless of the type of course, summer programs help students gain new knowledge, develop important life skills, and make lasting memories.

### ****Questions****

1. **What is one benefit of summer courses mentioned in the reading?**  
   a. They help students spend all their time on academic subjects.  
   b. They offer an opportunity to meet new people and learn new skills.  
   c. They only focus on physical activities.  
   d. They require students to stay at home.
2. **What kinds of subjects do summer courses cover?**  
   a. Only academic subjects like science and mathematics.  
   b. Only physical education.  
   c. Both academic and creative subjects.  
   d. Only traditional subjects like history.
3. **What do students typically enjoy about summer courses?**  
   a. They help students to avoid socializing.  
   b. They allow students to explore subjects they are passionate about and make new friends.  
   c. They only focus on making friends.  
   d. They do not offer any hands-on experience.
4. **What can students learn in a summer art course?**  
   a. How to play a musical instrument.  
   b. Techniques like painting, sculpture, and other forms of art.  
   c. Only about one specific art form.  
   d. How to learn a foreign language.
5. **What does a language immersion course provide?**  
   a. A chance to practice writing in a foreign language.  
   b. An opportunity to practice speaking and listening in a foreign language.  
   c. Only grammar lessons in a foreign language.  
   d. A chance to learn a foreign language online.
6. **What is the main takeaway from the passage?**  
   a. Summer courses are only for students who want to study science.  
   b. Summer courses help students learn new skills and make lasting memories.  
   c. Summer courses are only focused on academic subjects.  
   d. Students should avoid taking summer courses.

### ****Reading 8****

**Changes in Learning Styles: Then and Now**  
Learning styles have undergone significant changes over the years. In the past, education in Vietnam was more traditional. Students sat in classrooms with limited resources, learning mostly from textbooks and teachers. The method of instruction was lecture-based, and students were expected to memorize information and follow strict rules. Teachers played a central role in the classroom, and students had little interaction with modern technology.

Today, however, education has evolved with the integration of technology. Students now have access to online learning resources, multimedia tools, and interactive platforms that make learning more engaging and personalized. Teachers still play an important role, but they now serve more as facilitators, guiding students in their learning process. Moreover, there is a greater emphasis on critical thinking, creativity, and problem-solving, which encourages students to think independently and collaborate with others. As a result, the learning environment today is much more dynamic and interactive, offering students a wider range of educational opportunities.

### ****Questions****

1. **How was education in Vietnam in the past?**  
   a. It was more focused on creativity and problem-solving.  
   b. It was traditional with limited resources and lecture-based teaching.  
   c. It involved more online learning resources.  
   d. It was centered around technology and multimedia.
2. **What was the role of teachers in the past?**  
   a. Teachers were facilitators who guided students.  
   b. Teachers played a central role and delivered lectures.  
   c. Teachers used multimedia tools to teach.  
   d. Teachers encouraged independent thinking.
3. **What has changed in education today?**  
   a. There is less emphasis on technology.  
   b. Education is still mostly lecture-based.  
   c. Technology has become an integral part of learning.  
   d. Teachers no longer have a role in the classroom.
4. **How do students learn today?**  
   a. They only memorize information from textbooks.  
   b. They have access to interactive platforms and multimedia tools.  
   c. They follow strict rules and listen to lectures.  
   d. They focus only on critical thinking and creativity.
5. **What is the emphasis in education today?**  
   a. Memorizing facts and following strict rules.  
   b. Critical thinking, creativity, and problem-solving.  
   c. Relying on textbooks and teachers alone.  
   d. Focusing only on theoretical knowledge.
6. **What is the main idea of the passage?**  
   a. Education has become more dynamic, interactive, and technology-driven.  
   b. Education has stayed the same over the years.  
   c. Students today do not need to think independently.  
   d. Teachers are no longer important in the learning process.

### ****Reading 9****

**Life in a Modern City**  
City life can be both exciting and challenging. In large cities, there is a constant buzz of activity, with people rushing to work, attending meetings, or enjoying the vibrant nightlife. Modern cities offer a wide range of conveniences, including advanced public transportation, shopping malls, entertainment venues, and a variety of dining options. People from diverse cultures and backgrounds come together, creating a rich and dynamic environment.

However, living in a city also comes with its drawbacks. High population density, pollution, and traffic congestion are just a few of the challenges residents face. The fast-paced nature of city life can lead to stress, and the constant noise can be overwhelming. Furthermore, with so many people living in close proximity, personal space can be limited. Despite these challenges, many people choose to live in cities because of the opportunities they offer, from job prospects to cultural experiences.

### ****Questions****

1. **What are some advantages of living in a modern city?**  
   a. There is less noise and fewer people.  
   b. Cities offer modern conveniences like public transportation, shopping, and entertainment.  
   c. City life is slower and more relaxing.  
   d. There is more space and privacy.
2. **What are some challenges of living in a city?**  
   a. Lack of job opportunities and culture.  
   b. High population density, pollution, and traffic congestion.  
   c. A quiet, peaceful environment.  
   d. Limited access to entertainment.
3. **Why might people experience stress in a city?**  
   a. Because of the slower pace of life.  
   b. Due to the constant noise, fast-paced lifestyle, and traffic congestion.  
   c. Because they have too much personal space.  
   d. Because of limited job opportunities.
4. **What might limit personal space in a city?**  
   a. The large number of people living in close proximity.  
   b. The wide open spaces in urban areas.  
   c. The calm, peaceful environment.  
   d. The quiet residential areas.
5. **Why do many people choose to live in cities despite the drawbacks?**  
   a. For the opportunity to experience peace and quiet.  
   b. Because of the job opportunities and cultural experiences.  
   c. To escape the challenges of rural life.  
   d. For the lack of entertainment and activities.
6. **What is the main idea of the passage?**  
   a. City life is only stressful and difficult.  
   b. People are moving away from cities due to noise and pollution.  
   c. Life in a modern city offers many benefits, but also presents challenges.  
   d. Cities offer a peaceful and relaxing environment.

### ****Reading 10****

**Maintaining a Healthy Lifestyle as a Teenager**  
Maintaining a balanced and healthy lifestyle is essential for teenagers. It is important for teens to pay attention to their physical health, mental well-being, and social lives. Regular physical activity, such as playing sports or simply going for a walk, helps to improve physical health, boosts energy levels, and reduces stress. A healthy diet, rich in fruits, vegetables, and whole grains, can also improve focus and energy levels, while providing the necessary nutrients for growth.

In addition to physical health, mental well-being is just as important. Managing stress, maintaining a positive mindset, and practicing mindfulness can significantly improve a teenager’s mental health. Balancing schoolwork with social activities is crucial, as engaging with friends and participating in hobbies helps to alleviate stress and improve overall happiness. Teenagers should strive for balance and prioritize their well-being in order to thrive during these important years of growth and development.

### ****Questions****

1. **Why is maintaining a healthy lifestyle important for teenagers?**  
   a. It helps improve their grades.  
   b. It supports physical health, mental well-being, and social lives.  
   c. It makes them more popular among their peers.  
   d. It helps them perform better in sports only.
2. **What are some benefits of regular physical activity?**  
   a. It increases stress levels and reduces energy.  
   b. It helps improve physical health, boosts energy levels, and reduces stress.  
   c. It causes negative effects on physical health.  
   d. It has no effect on physical or mental health.
3. **What is an important aspect of a healthy diet for teenagers?**  
   a. Eating only junk food.  
   b. Consuming a diet rich in fruits, vegetables, and whole grains.  
   c. Avoiding fruits and vegetables.  
   d. Relying only on protein supplements.
4. **How can teenagers improve their mental well-being?**  
   a. By avoiding social activities and focusing only on schoolwork.  
   b. By managing stress, maintaining a positive mindset, and practicing mindfulness.  
   c. By staying up late and worrying about school grades.  
   d. By spending less time with friends.
5. **Why is balancing schoolwork with social activities important for teenagers?**  
   a. It helps them become more successful academically.  
   b. It helps alleviate stress and improve overall happiness.  
   c. It increases their workload.  
   d. It helps them avoid exercising.
6. **What is the main idea of the passage?**  
   a. Teenagers should focus only on schoolwork.  
   b. Physical health is the most important aspect of a teenager’s life.  
   c. Teenagers should prioritize their well-being by balancing physical, mental, and social health.  
   d. Teenagers should avoid engaging in social activities.