Proof. Let us compute $\langle f(u), v\rangle$ in two different ways. Since v is an eigenvector of f for μ, by Proposition 17.3, v is also an eigenvector of f^* for $\overline{\mu}$, and we have

$$\langle f(u), v\rangle = \langle \lambda u, v\rangle = \lambda\langle u, v\rangle,$$

and

$$\langle f(u), v\rangle = \langle u, f^*(v)\rangle = \langle u, \overline{\mu}v\rangle = \mu\langle u, v\rangle,$$

where the last identity holds because of the semilinearity in the second argument. Thus

$$\lambda\langle u, v\rangle = \mu\langle u, v\rangle,$$

that is,

$$(\lambda - \mu)\langle u, v\rangle = 0,$$

which implies that $\langle u, v\rangle = 0$, since $\lambda \neq \mu$. ☐

We can show easily that the eigenvalues of a self-adjoint linear map are real.

Proposition 17.5. *Given a Hermitian space E, all the eigenvalues of any self-adjoint linear map $f\colon E \to E$ are real.*

Proof. Let z (in $\mathbb{C}$) be an eigenvalue of f and let u be an eigenvector for z. We compute $\langle f(u), u\rangle$ in two different ways. We have

$$\langle f(u), u\rangle = \langle zu, u\rangle = z\langle u, u\rangle,$$

and since $f = f^*$, we also have

$$\langle f(u), u\rangle = \langle u, f^*(u)\rangle = \langle u, f(u)\rangle = \langle u, zu\rangle = \overline{z}\langle u, u\rangle.$$

Thus,

$$z\langle u, u\rangle = \overline{z}\langle u, u\rangle,$$

which implies that $z = \overline{z}$, since $u \neq 0$, and z is indeed real. ☐

There is also a version of Proposition 17.5 for a (real) Euclidean space E and a self-adjoint map $f\colon E \to E$ since every real vector space E can be embedded into a complex vector space $E_{\mathbb{C}}$, and every linear map $f\colon E \to E$ can be extended to a linear map $f_{\mathbb{C}}\colon E_{\mathbb{C}} \to E_{\mathbb{C}}$.

Definition 17.2. Given a real vector space E, let $E_{\mathbb{C}}$ be the structure $E \times E$ under the addition operation

$$(u_1,\, u_2) + (v_1,\, v_2) = (u_1 + v_1,\, u_2 + v_2),$$

and let multiplication by a complex scalar $z = x + iy$ be defined such that

$$(x + iy)\cdot(u,\, v) = (xu - yv,\, yu + xv).$$

The space $E_{\mathbb{C}}$ is called the *complexification* of E.