Thus,

$$\max_x \left\{ x^\top A x \mid (x \in \{u_{n-k+1}, \ldots, u_n\}^\perp) \wedge (x^\top x = 1) \right\} \leq \lambda_{n-k},$$

and since this maximum is achieved for $e_{n-k} = (0, \ldots, 0, 1, 0, \ldots, 0)$ with a 1 in position $n-k$, we conclude that

$$\max_x \left\{ x^\top A x \mid (x \in \{u_{n-k+1}, \ldots, u_n\}^\perp) \wedge (x^\top x = 1) \right\} = \lambda_{n-k},$$

as claimed. $\square$

For our purposes we need the version of Proposition 17.23 applying to min instead of max, whose proof is obtained by a trivial modification of the proof of Proposition 17.23.

Proposition 17.24. *(Rayleigh–Ritz) If A is a symmetric $n \times n$ matrix with eigenvalues $\lambda_1 \leq \lambda_2 \leq \cdots \leq \lambda_n$ and if $(u_1, \ldots, u_n)$ is any orthonormal basis of eigenvectors of A, where u_i is a unit eigenvector associated with λ_i, then*

$$\min_{x \neq 0} \frac{x^\top A x}{x^\top x} = \lambda_1$$

(with the minimum attained for $x = u_1$), and

$$\min_{x \neq 0, x \in \{u_1, \ldots, u_{i-1}\}^\perp} \frac{x^\top A x}{x^\top x} = \lambda_i$$

(with the minimum attained for $x = u_i$), where $2 \leq i \leq n$. Equivalently, if $W_k = V_{k-1}^\perp$ denotes the subspace spanned by $(u_k, \ldots, u_n)$ (with $V_0 = (0)$), then

$$\lambda_k = \min_{x \neq 0, x \in W_k} \frac{x^\top A x}{x^\top x} = \min_{x \neq 0, x \in V_{k-1}^\perp} \frac{x^\top A x}{x^\top x}, \quad k = 1, \ldots, n.$$

Propositions 17.23 and 17.24 together are known as the *Rayleigh–Ritz theorem*.

Observe that Proposition 17.24 immediately implies that if A is a symmetric matrix, then A is positive definite iff all its eigenvalues are positive. We also prove this fact in Section 22.1; see Proposition 22.3.

As an application of Propositions 17.23 and 17.24, we prove a proposition which allows us to compare the eigenvalues of two symmetric matrices A and $B = R^\top A R$, where R is a rectangular matrix satisfying the equation $R^\top R = I$.

First we need a definition.

Definition 17.5. Given an $n \times n$ symmetric matrix A and an $m \times m$ symmetric B, with $m \leq n$, if $\lambda_1 \leq \lambda_2 \leq \cdots \leq \lambda_n$ are the eigenvalues of A and $\mu_1 \leq \mu_2 \leq \cdots \leq \mu_m$ are the eigenvalues of B, then we say that the eigenvalues of B *interlace* the eigenvalues of A if

$$\lambda_i \leq \mu_i \leq \lambda_{n-m+i}, \quad i = 1, \ldots, m.$$