Remark: There is another way to prove Proposition 15.7 that does not use Theorem 15.5, but instead uses the fact that given any field K, there is field extension $\overline{K}$ of K ($K \subseteq \overline{K}$) such that every polynomial $q(X) = c_0 X^m + \cdots + c_{m-1}X + c_m$ (of degree $m \geq 1$) with coefficients $c_i \in K$ factors as

$$q(X) = c_0(X - \alpha_1) \cdots (X - \alpha_n), \quad \alpha_i \in \overline{K}, i = 1, \ldots, n.$$

The field $\overline{K}$ is called an *algebraically closed field* (and an algebraic closure of K).

Assume that all eigenvalues $\lambda_1, \ldots, \lambda_n$ of A belong to K. Let $q(X)$ be any polynomial (in $K[X]$) and let $\mu \in \overline{K}$ be any eigenvalue of $q(A)$ (this means that μ is a zero of the characteristic polynomial $\chi_{q(A)}(X) \in K[X]$ of $q(A)$. Since $\overline{K}$ is algebraically closed, $\chi_{q(A)}(X)$ has all its roots in $\overline{K}$). We claim that $\mu = q(\lambda_i)$ for some eigenvalue λ_i of A.

Proof. (After Lax [113], Chapter 6). Since $\overline{K}$ is algebraically closed, the polynomial $\mu - q(X)$ factors as

$$\mu - q(X) = c_0(X - \alpha_1) \cdots (X - \alpha_n),$$

for some $\alpha_i \in \overline{K}$. Now $\mu I - q(A)$ is a matrix in $\mathrm{M}_n(\overline{K})$, and since μ is an eigenvalue of $q(A)$, it must be singular. We have

$$\mu I - q(A) = c_0(A - \alpha_1 I) \cdots (A - \alpha_n I),$$

and since the left-hand side is singular, so is the right-hand side, which implies that some factor $A - \alpha_i I$ is singular. This means that α_i is an eigenvalue of A, say $\alpha_i = \lambda_i$. As $\alpha_i = \lambda_i$ is a zero of $\mu - q(X)$, we get

$$\mu = q(\lambda_i),$$

which proves that μ is indeed of the form $q(\lambda_i)$ for some eigenvalue λ_i of A. $\square$

Using Theorem 15.6, we can derive two very important results.

Proposition 15.8. *If A is a Hermitian matrix (i.e. $A^* = A$), then its eigenvalues are real and A can be diagonalized with respect to an orthonormal basis of eigenvectors. In matrix terms, there is a unitary matrix U and a real diagonal matrix D such that $A = UDU^*$. If A is a real symmetric matrix (i.e. $A^\top = A$), then its eigenvalues are real and A can be diagonalized with respect to an orthonormal basis of eigenvectors. In matrix terms, there is an orthogonal matrix Q and a real diagonal matrix D such that $A = QDQ^\top$.*

Proof. By Theorem 15.6, we can write $A = UTU^*$ where $T = (t_{ij})$ is upper triangular and U is a unitary matrix. If $A^* = A$, we get

$$UTU^* = UT^*U^*,$$

and this implies that $T = T^*$. Since T is an upper triangular matrix, T^* is a lower triangular matrix, which implies that T is a diagonal matrix. Furthermore, since $T = T^*$, we have