Theorem 17.15. *Given a Euclidean space E of dimension n, for every skew-self-adjoint linear map $f\colon E \to E$ there is an orthonormal basis $(e_1, \ldots, e_n)$ such that the matrix of f w.r.t. this basis is a block diagonal matrix of the form*

$$\begin{pmatrix} A_1 & & \ldots & \\ & A_2 & \ldots & \\ \vdots & \vdots & \ddots & \vdots \\ & & \ldots & A_p \end{pmatrix}$$

such that each block A_j is either 0 or a two-dimensional matrix of the form

$$A_j = \begin{pmatrix} 0 & -\mu_j \\ \mu_j & 0 \end{pmatrix},$$

where $\mu_j \in \mathbb{R}$, with $\mu_j > 0$. In particular, the eigenvalues of $f_{\mathbb{C}}$ are pure imaginary of the form $\pm i\mu_j$ or 0.

Proof. The case where $n = 1$ is trivial. As in the proof of Theorem 17.12, $f_{\mathbb{C}}$ has some eigenvalue $z = \lambda + i\mu$, where $\lambda, \mu \in \mathbb{R}$. We claim that $\lambda = 0$. First we show that

$$\langle f(w), w\rangle = 0$$

for all $w \in E$. Indeed, since $f = -f^*$, we get

$$\langle f(w), w\rangle = \langle w, f^*(w)\rangle = \langle w, -f(w)\rangle = -\langle w, f(w)\rangle = -\langle f(w), w\rangle,$$

since $\langle -, -\rangle$ is symmetric. This implies that

$$\langle f(w), w\rangle = 0.$$

Applying this to u and v and using the fact that

$$f(u) = \lambda u - \mu v \quad \text{and} \quad f(v) = \mu u + \lambda v,$$

we get

$$0 = \langle f(u), u\rangle = \langle \lambda u - \mu v, u\rangle = \lambda\langle u, u\rangle - \mu\langle u, v\rangle$$

and

$$0 = \langle f(v), v\rangle = \langle \mu u + \lambda v, v\rangle = \mu\langle u, v\rangle + \lambda\langle v, v\rangle,$$

from which, by addition, we get

$$\lambda(\langle v, v\rangle + \langle v, v\rangle) = 0.$$

Since $u \neq 0$ or $v \neq 0$, we have $\lambda = 0$.

Then going back to the proof of Theorem 17.12, unless $\mu = 0$, the case where u and v are orthogonal and span a subspace of dimension 2 applies, and the induction shows that all the blocks are two-dimensional or reduced to 0. $\square$