is a little tricky. The strategy is to prove the identity for $\lambda \in \mathbb{Z}$, then to promote it to $\mathbb{Q}$, and then to $\mathbb{R}$ by continuity.

Since

$$\begin{aligned}\langle -u, v\rangle &= \frac{1}{4}(\|-u+v\|^2 - \|-u-v\|^2)\\ &= \frac{1}{4}(\|u-v\|^2 - \|u+v\|^2)\\ &= -\langle u, v\rangle,\end{aligned}$$

the property holds for $\lambda = -1$. By linearity and by induction, for any $n \in \mathbb{N}$ with $n \geq 1$, writing $n = n - 1 + 1$, we get

$$\langle \lambda x, y\rangle = \lambda\langle x, y\rangle \quad \text{for all } \lambda \in \mathbb{N},$$

and since the above also holds for $\lambda = -1$, it holds for all $\lambda \in \mathbb{Z}$. For $\lambda = p/q$ with $p, q \in \mathbb{Z}$ and $q \neq 0$, we have

$$q\langle (p/q)u, v\rangle = \langle pu, v\rangle = p\langle u, v\rangle,$$

which shows that

$$\langle (p/q)u, v\rangle = (p/q)\langle u, v\rangle,$$

and thus

$$\langle \lambda x, y\rangle = \lambda\langle x, y\rangle \quad \text{for all } \lambda \in \mathbb{Q}.$$

To finish the proof, we use the fact that a norm is a continuous map $x \mapsto \|x\|$. Then, the continuous function $t \mapsto \frac{1}{t}\langle tu, v\rangle$ defined on $\mathbb{R} - \{0\}$ agrees with $\langle u, v\rangle$ on $\mathbb{Q} - \{0\}$, so it is equal to $\langle u, v\rangle$ on $\mathbb{R} - \{0\}$. The case $\lambda = 0$ is trivial, so we are done.

We now define orthogonality.

12.2 Orthogonality and Duality in Euclidean Spaces

An inner product on a vector space gives the ability to define the notion of orthogonality. Families of nonnull pairwise orthogonal vectors must be linearly independent. They are called orthogonal families. In a vector space of finite dimension it is always possible to find orthogonal bases. This is very useful theoretically and practically. Indeed, in an orthogonal basis, finding the coordinates of a vector is very cheap: It takes an inner product. Fourier series make crucial use of this fact. When E has finite dimension, we prove that the inner product on E induces a natural isomorphism between E and its dual space E^*. This allows us to define the adjoint of a linear map in an intrinsic fashion (i.e., independently of bases). It is also possible to orthonormalize any basis (certainly when the dimension is finite). We give two proofs, one using duality, the other more constructive using the Gram–Schmidt orthonormalization procedure.