Definition 17.1. Given a Euclidean or Hermitian space E, a linear map $f\colon E \to E$ is *normal* if

$$f \circ f^* = f^* \circ f.$$

A linear map $f\colon E \to E$ is *self-adjoint* if $f = f^*$, *skew-self-adjoint* if $f = -f^*$, and *orthogonal* if $f \circ f^* = f^* \circ f = \mathrm{id}$.

Obviously, a self-adjoint, skew-self-adjoint, or orthogonal linear map is a normal linear map. Our first goal is to show that for every normal linear map $f\colon E \to E$, there is an orthonormal basis (w.r.t. $\langle -, -\rangle$) such that the matrix of f over this basis has an especially nice form: it is a block diagonal matrix in which the blocks are either one-dimensional matrices (i.e., single entries) or two-dimensional matrices of the form

$$\begin{pmatrix} \lambda & \mu \\ -\mu & \lambda \end{pmatrix}.$$

This normal form can be further refined if f is self-adjoint, skew-self-adjoint, or orthogonal. As a first step we show that f and f^* have the same kernel when f is normal.

Proposition 17.1. *Given a Euclidean space E, if $f\colon E \to E$ is a normal linear map, then* $\mathrm{Ker}\, f = \mathrm{Ker}\, f^*$.

Proof. First let us prove that

$$\langle f(u), f(v)\rangle = \langle f^*(u), f^*(v)\rangle$$

for all $u, v \in E$. Since f^* is the adjoint of f and $f \circ f^* = f^* \circ f$, we have

$$\begin{aligned} \langle f(u), f(u)\rangle &= \langle u, (f^* \circ f)(u)\rangle, \\ &= \langle u, (f \circ f^*)(u)\rangle, \\ &= \langle f^*(u), f^*(u)\rangle. \end{aligned}$$

Since $\langle -, -\rangle$ is positive definite,

$$\begin{aligned} \langle f(u), f(u)\rangle = 0 \quad &\text{iff} \quad f(u) = 0, \\ \langle f^*(u), f^*(u)\rangle = 0 \quad &\text{iff} \quad f^*(u) = 0, \end{aligned}$$

and since

$$\langle f(u), f(u)\rangle = \langle f^*(u), f^*(u)\rangle,$$

we have

$$f(u) = 0 \quad \text{iff} \quad f^*(u) = 0.$$

Consequently, $\mathrm{Ker}\, f = \mathrm{Ker}\, f^*$. ∎