Proof. For every vector u, we have

$$||Au||_1 = \sum_i \left| \sum_j a_{ij} u_j \right| \le \sum_j |u_j| \sum_i |a_{ij}| \le \left(\max_j \sum_i |a_{ij}| \right) ||u||_1,$$

which implies that

$$||A||_1 \le \max_j \sum_{i=1}^n |a_{ij}|.$$

It remains to show that equality can be achieved. For this let j_0 be some index such that

$$\max_{j} \sum_{i} |a_{ij}| = \sum_{i} |a_{ij_0}|,$$

and let $u_i = 0$ for all $i \neq j_0$ and $u_{j_0} = 1$.

In a similar way, we have

$$||Au||_{\infty} = \max_{i} \left| \sum_{j} a_{ij} u_{j} \right| \le \left(\max_{i} \sum_{j} |a_{ij}| \right) ||u||_{\infty},$$

which implies that

$$||A||_{\infty} \le \max_{i} \sum_{j=1}^{n} |a_{ij}|.$$

To achieve equality, let i_0 be some index such that

$$\max_{i} \sum_{j} |a_{ij}| = \sum_{j} |a_{i_0j}|.$$

The reader should check that the vector given by

$$u_j = \begin{cases} \frac{\overline{a}_{i_0 j}}{|a_{i_0 j}|} & \text{if } a_{i_0 j} \neq 0\\ 1 & \text{if } a_{i_0 j} = 0 \end{cases}$$

works.

We have

$$||A||_{2}^{2} = \sup_{\substack{x \in \mathbb{C}^{n} \\ x^{*}x = 1}} ||Ax||_{2}^{2} = \sup_{\substack{x \in \mathbb{C}^{n} \\ x^{*}x = 1}} x^{*}A^{*}Ax.$$

Since the matrix A^*A is symmetric, it has real eigenvalues and it can be diagonalized with respect to a unitary matrix. These facts can be used to prove that the function $x \mapsto x^*A^*Ax$ has a maximum on the sphere $x^*x = 1$ equal to the largest eigenvalue of A^*A , namely, $\rho(A^*A)$. We postpone the proof until we discuss optimizing quadratic functions. Therefore,

$$||A||_2 = \sqrt{\rho(A^*A)}.$$