for some invertible matrix Q. Indeed, we know that in a change of basis matrix, a Gram matrix G becomes $G' = P^\top G P$. If the basis corresponding to G' is orthonormal, then $G' = I$, so $G = (P^{-1})^\top P^{-1}$.

There is a more constructive way of proving Proposition 12.9, using a procedure known as the *Gram–Schmidt orthonormalization procedure*. Among other things, the Gram–Schmidt orthonormalization procedure yields the *QR-decomposition for matrices*, an important tool in numerical methods.

Proposition 12.10. *Given any nontrivial Euclidean space E of finite dimension $n \geq 1$, from any basis $(e_1, \ldots, e_n)$ for E we can construct an orthonormal basis $(u_1, \ldots, u_n)$ for E, with the property that for every k, $1 \leq k \leq n$, the families $(e_1, \ldots, e_k)$ and $(u_1, \ldots, u_k)$ generate the same subspace.*

Proof. We proceed by induction on n. For $n = 1$, let

$$u_1 = \frac{e_1}{\|e_1\|}.$$

For $n \geq 2$, we also let

$$u_1 = \frac{e_1}{\|e_1\|},$$

and assuming that $(u_1, \ldots, u_k)$ is an orthonormal system that generates the same subspace as $(e_1, \ldots, e_k)$, for every k with $1 \leq k < n$, we note that the vector

$$u'_{k+1} = e_{k+1} - \sum_{i=1}^{k} (e_{k+1} \cdot u_i)\, u_i$$

is nonnull, since otherwise, because $(u_1, \ldots, u_k)$ and $(e_1, \ldots, e_k)$ generate the same subspace, $(e_1, \ldots, e_{k+1})$ would be linearly dependent, which is absurd, since $(e_1, \ldots, e_n)$ is a basis. Thus, the norm of the vector u'_{k+1} being nonzero, we use the following construction of the vectors u_k and u'_k:

$$u'_1 = e_1, \qquad u_1 = \frac{u'_1}{\|u'_1\|},$$

and for the inductive step

$$u'_{k+1} = e_{k+1} - \sum_{i=1}^{k} (e_{k+1} \cdot u_i)\, u_i, \qquad u_{k+1} = \frac{u'_{k+1}}{\|u'_{k+1}\|},$$

where $1 \leq k \leq n - 1$. It is clear that $\|u_{k+1}\| = 1$, and since $(u_1, \ldots, u_k)$ is an orthonormal system, we have

$$u'_{k+1} \cdot u_i = e_{k+1} \cdot u_i - (e_{k+1} \cdot u_i) u_i \cdot u_i = e_{k+1} \cdot u_i - e_{k+1} \cdot u_i = 0,$$

for all i with $1 \leq i \leq k$. This shows that the family $(u_1, \ldots, u_{k+1})$ is orthonormal, and since $(u_1, \ldots, u_k)$ and $(e_1, \ldots, e_k)$ generates the same subspace, it is clear from the definition of u_{k+1} that $(u_1, \ldots, u_{k+1})$ and $(e_1, \ldots, e_{k+1})$ generate the same subspace. This completes the induction step and the proof of the proposition. $\square$