Proposition 9.6. For any matrix norm $\| \|$ on $M_n(\mathbb{C})$ and for any square $n \times n$ matrix $A \in M_n(\mathbb{C})$, we have

$$\rho(A) \le ||A||.$$

Proof. Let λ be some eigenvalue of A for which $|\lambda|$ is maximum, that is, such that $|\lambda| = \rho(A)$. If $u \neq 0$ is any eigenvector associated with λ and if U is the $n \times n$ matrix whose columns are all u, then $Au = \lambda u$ implies

$$AU = \lambda U$$
.

and since

$$|\lambda| \|U\| = \|\lambda U\| = \|AU\| \le \|A\| \|U\|$$

and $U \neq 0$, we have $||U|| \neq 0$, and get

$$\rho(A) = |\lambda| \le ||A||,$$

as claimed. \Box

Proposition 9.6 also holds for any real matrix norm $\| \|$ on $M_n(\mathbb{R})$ but the proof is more subtle and requires the notion of induced norm. We prove it after giving Definition 9.7.

It turns out that if A is a real $n \times n$ symmetric matrix, then the eigenvalues of A are all real and there is some orthogonal matrix Q such that

$$A = Q \operatorname{diag}(\lambda_1, \dots, \lambda_n) Q^{\top},$$

where $\operatorname{diag}(\lambda_1, \ldots, \lambda_n)$ denotes the matrix whose only nonzero entries (if any) are its diagonal entries, which are the (real) eigenvalues of A. Similarly, if A is a complex $n \times n$ Hermitian matrix, then the eigenvalues of A are all real and there is some unitary matrix U such that

$$A = U \operatorname{diag}(\lambda_1, \dots, \lambda_n) U^*,$$

where $\operatorname{diag}(\lambda_1, \ldots, \lambda_n)$ denotes the matrix whose only nonzero entries (if any) are its diagonal entries, which are the (real) eigenvalues of A. See Chapter 17 for the proof of these results.

We now return to matrix norms. We begin with the so-called *Frobenius norm*, which is just the norm $\| \|_2$ on \mathbb{C}^{n^2} , where the $n \times n$ matrix A is viewed as the vector obtained by concatenating together the rows (or the columns) of A. The reader should check that for any $n \times n$ complex matrix $A = (a_{ij})$,

$$\left(\sum_{i,j=1}^{n} |a_{ij}|^2\right)^{1/2} = \sqrt{\operatorname{tr}(A^*A)} = \sqrt{\operatorname{tr}(AA^*)}.$$

Definition 9.6. The *Frobenius norm* $\| \|_F$ is defined so that for every square $n \times n$ matrix $A \in \mathcal{M}_n(\mathbb{C})$,

$$||A||_F = \left(\sum_{i,j=1}^n |a_{ij}|^2\right)^{1/2} = \sqrt{\operatorname{tr}(AA^*)} = \sqrt{\operatorname{tr}(A^*A)}.$$