

GRINDURO!

GRINDURO CALIFORNIA 2023 | MUST HAVE RACER INFORMATION

Are you ready for some maxin' and relaxin' or what?! We sure are! We are stoked to see you soon in Mt. Shasta. This snazzy Google Doc is your go-to for key event information. Visit [Grinduro.com/california](https://grinduro.com/california) for even more event details. Alright, let's jump right in!

TRANSFER DEADLINE IS MONDAY, MAY 15

If you can't make it to Grinduro CA, transferring to another rider is your best option. (As a reminder, Grinduro CA has a no-refund policy, and registrations cannot be transferred to another event). To transfer your spot to another rider, first find somebody to take your place, then visit the [registration page](#) and click "Edit My Entry" towards the top of the page under the "Grinduro California 2023" banner.

BikeReg will send you an email with instructions on how to transfer. Note that the recipient will need to pay the \$25 transfer fee, and then you'll need to coordinate directly with that person on getting payment for your entry fee. Transfers must be complete by Monday, May 15.

VENUE ADDRESS & MAP OF EVENT GROUNDS

Shastice Park, 800 Rockfellow Drive, Mt. Shasta, CA 95067

[See venue location on Google Maps and get directions.](#)

[Download 8.5x11 PDF map of event grounds.](#)



PLEASE WASH YOUR BIKE PRIOR TO ARRIVAL

The U.S. Forest Service has requested that you wash your bike prior to arriving in Mt. Shasta to help prevent the spread of Port Orford Cedar Root Rot. Remove all material, dirt, and mud from wheels, tires, and frame. This root disease has killed many Port Orford Cedar trees in California and Oregon, and there are currently no infections in the Sacramento Basin on the Shasta-Trinity National Forest. Let's help keep it that way. [Get more details from USFS about preventing the spread of Port Orford Cedar Root Rot at Grinduro CA.](#)

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EVENT SCHEDULE

Get the full weekend schedule, including meal times, expo hours, awards schedule, live music, and oh so much more!

[Grinduro CA Event Schedule](#)

CELL COVERAGE & WIFI

There is no WiFi available at Shastice Park, but there is very good cell coverage. You'll be able to 'gram without issue!

PARTICIPANT ARRIVAL & PARKING

GATES OPEN: Grinduro CA gates open for participant arrival on Friday, May 19, at 12:00pm. Greeters will be located at the entrance of the park to direct you towards tent camping dropoff, the car camping sites, street parking along Rockfellow Drive, or the designated event parking lots. Please do the following depending on where you're camping:

- **TENT CAMPING:** Greeters and parking attendants will direct you to dropoff your camping supplies near the Open Tent Campsite 1, then park either in street parking along Rockfellow Drive or in the designated lots on Everitt Memorial Highway at the Mt. Shasta High School*. You can ride/walk back into the park from the parking areas.
 - **Note that the designated parking lots at Mt. Shasta High School are not available until 4:00pm on Friday. If you arrive before 4:00pm, you will use street parking along Rockfellow Drive.*
- **CAR CAMPING:** If you pre-purchased a Car Camping Permit, greeters and parking attendants will direct you to the Car Campsites. You will check-in with a parking attendant at the Car Campsite using your name. They will verify that you're on the car camping list, then direct you to park in a designated spot. From there, please get your Car Camping Permit at packet pickup (open 2pm - 8pm). Only park in one spot, and please do not block any spots next to you.
- **NOT CAMPING / STAYING OFFSITE:** If you are arriving for packet pickup only and NOT camping in the event venue, you cannot drive into Shastice Park and will be directed to park either in street parking along Rockfellow Drive or in the designated lots on Everitt Memorial Highway at the Mt. Shasta High School*. You can then ride/walk into the park from the parking lot.
 - **Note that the designated parking lots at Mt. Shasta High School are not available until 4:00pm on Friday. If you arrive before 4:00pm, you will use street parking along Rockfellow Drive.*

LATE ARRIVAL (AFTER 9PM): We will have welcome greeters at the entrance to Shastice Park until 9pm on Friday, May 19. If you arrive after 9pm, please do the following depending on where you're camping:

- **TENT CAMPING LATE ARRIVAL:** If you are tent camping, enter the park and drop off your camping items by Open Tent Campsite 1, then park in one of the designated lots on Everitt Memorial Highway at the Mt. Shasta High School and walk/ride back into the park. Please do not park in the Sponsor & Vendor Parking Area.
- **CAR CAMPING LATE ARRIVAL:** If you pre-purchased a Car Camping Permit, park in a spot within one of the dedicated Car Campsites. You will need to get your Car Camping Permit at packet pickup first thing in the morning and display the permit on your dash. Please also check-in using your name with one of the Car Campsite parking attendants.

ONSITE REGISTRATION

Onsite registration is available Friday and Saturday during the normal Registration/Check-in hours. Cash or credit card accepted.

*****ONSITE TRANSFERS WILL BE NOT ACCEPTED.*****

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CHECK-IN / PACKET PICKUP

Check-in is open in the Race Control area (see map of event grounds on page 1) during the following hours:

- **Friday: 2:00pm - 8:00pm**
- **Saturday: 6:00am - 7:30am**

Bring the following with you to packet pickup:

- **Your ID**
- **Signed waiver** (Waivers available onsite, but save time by bringing a signed copy: [Grinduro CA Event Waiver Download](#))

At packet pickup, you will receive the following:

1. Your race envelope that includes: number plate, twist ties, meal/drink tickets, plus any additional purchased items (car camping permit, friends/family camping pass, friends/family camping & meal pass)
2. Your swag bag full of goodies from Grinduro CA event partners
3. Your timing chip

IMPORTANT TIMING CHIP DETAILS (AKA: HOW NOT TO MESS UP YOUR RESULTS!)

- You will get a timing chip to track your stage times.
- **Timing chips must be worn on your RIGHT WRIST** and kept on for the duration of the ride.
- **DO NOT WEAR YOUR CHIP NEXT TO A GPS WATCH.**
- **IMPORTANT!!!** You **MUST** activate your chip and have it checked by staff prior to starting the ride. Activate your chip in the staging area by the start/finish arch. **IF YOU DO NOT ACTIVATE YOUR CHIP, YOU WILL NOT RECEIVE TIMES.**
- If you lose or forget your timing chip you will not get times.
- When you finish the ride, **RETURN YOUR CHIP TO THE TIMING TENT NEAR THE START/FINISH ARCH.** You will get a print out of your stage times, and your overall results will appear on screen shortly after.
 - **Friday Prologue Stage Timing Chip DIP Cutoff Time: 6:45pm***
**If you race the Friday Prologue stage, you will not return your timing chip after the ride, but you do need to "dip your chip" at the timing tent once you return to the venue.*
 - **Saturday Grinduro & Grindurito Timing Chip RETURN Cutoff Time: 5:30pm**
- DNF's must still return the timing chip to the Timing Tent! You can also give your timing chip to a staff member or volunteer.
- **A LOST CHIP WILL RESULT IN A \$100 CHARGE!**

COURSE MAP & STAGE DETAILS

NOTE: The Ride with GPS maps and GPX files were updated May 15, at 9:30am to account for a small detour resulting from a road closure. The reroute is in the first few miles of Grinduro/Grindurito. Riders will be behind police escort for the full reroute.

All Route Details Available Here! Including:

- [Ride with GPS Route Maps](#) (Friday Prologue, Grindurito, Grindurito, Sunday Hangover)
- [GPX Files](#)
- Route description and stage details

Download 8.5x11 Grinduro Map PDF (not updated with detour info, but everything the same after first few miles)

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RESULTS

Live results will be available as timing chips are turned in at the end of your ride. Results will be displayed on a monitor at the timing tent near the start/finish arch and also can be viewed at: [Grinduro CA Live Results Available Here](#)

SCHWALBE SHAKEDOWN RIDE & PROLOGUE STAGE

The Schwalbe Shakedown Ride & Prologue Stage is open to ride anytime on Friday from 2:30pm - 5:30pm, with a podium for overall Male, Female, and Open Gender stage winners Friday at 7:30pm on the main stage. You must complete packet pickup and get your timing chip before your ride. You will activate your chip at the stage start and must return to the timing tent by 6:45pm to dip your chip to be included in overall results. *This is an optional ride and will not be counted towards Saturday's results.*

SATURDAY RACE START

Grinduro & Grindurito Mass Rollout: 8:00am

(NOTE: Police escort details updated 5/15 @ 11:30am to account for detour in first few miles of the route.)

There is a mandatory rider briefing at 7:45am. **Please activate your timing chip and be staged for the start by 7:45am!** There will be a neutral rollout behind a police escort for the first few miles of the route.

GRINDURO / GRINDURITO COURSE SPLIT

(NOTE: Split details updated 5/15 @ 11:30am to account for detour in first few miles of the route.)

All Grinduro and Grindurito riders start together, but the course split comes quick at mile 3.5. At this point Grindurito riders will make a right turn onto Lake Siskiyou Trail, and Grinduro riders will make a left turn onto Siskiyou Lake Boulevard. Keep your head up and make sure you end up on the correct route!

STAGE START CLOSE TIMES

All timed stage starts have a close time. If you arrive at a stage after the start has closed, you will not receive a time for that stage.

- Stage 1 (Gravel Descent) Start Closes at: 11:30am
- Stage 2 (Road Time Trial) Start Closes at: 2:45pm
- Stage 3 (Gravel Climb) Start Closes at: 3:15pm
- Stage 4 (Singletrack Rolling) Start Closes at 4:00pm

CUTOFF TIMES

There are two cutoff times for Grinduro, and one for Grindurito:

- Grinduro Cutoff 1: 3:00pm / End of Stage 2 (Paved Road Climb Stage)
- Grinduro Cutoff 2: 3:30pm / Leaving Aid Station E (Located Before Stage 4 / Singletrack Rolling Stage)
- Grindurito Cutoff 1: 12:30pm / Start of Stage 4 (Singletrack Rolling Stage)

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If you arrive at any cutoff after the times above, you have missed the cutoff and cannot continue on course. You must forfeit your timing chip to a course marshal, and you will receive no time for the uncompleted race stages. You will be directed to a shortcut back to the event venue or given the option of getting a ride back to the venue in a sweep vehicle.

TIMING CHIP DIP/RETURN CUTOFF TIMES

You must dip/return your timing chip to the timing tent by the cutoff times listed below to be included in race results.

- **Friday Prologue Stage Timing Chip DIP Cutoff Time: 6:45pm***
- **Saturday Grinduro & Grindurito Timing Chip RETURN Cutoff Time: 5:30pm**

If you dip/return your chip after the cutoff times, your results will not be included.

**If you race the Friday Prologue stage, you will not return your timing chip after the ride, but you do need to "dip your chip" at the timing tent once you return to the venue. If the only chips you've dipped have been into salsa—don't worry, this will make sense once you're there.*

AID STATIONS

There are two types of aid stations on course:

BASIC: Water and porta potties only

FULL: Full hosted aid station (porta potties, water, nutrition, fun snacks, mechanical support, good vibes, etc.)

Full aid stations will be equipped with Skratch Labs Hydration Drink Mix, Bobo's Bars Oat Bites, CLIF BLOKS Energy Chews, plus a variety of fun snacks and other surprises provided by our aid station hosts (thank you WTB and Deadwood & Trail Labs Co.). If you have specific nutrition preferences, please bring your own supplies with you.

Aid stations will be located at:

- **GRINDURO: (NOTE: Grinduro mileages updated 5/15 @ 11:30am to account for detour in first few miles of the route.)**
 - Aid Station A / BASIC: ~~Mile 9.5~~ Mile 11.2
 - Aid Station B / FULL: ~~Mile 17.2~~ Mile 18.9 (hosted by WTB)
 - Aid Station C / LUNCH: ~~Mile 28.7~~ Mile 30.4
 - Aid Station D / BASIC: ~~Mile 39.6~~ Mile 41.2
 - Aid Station E / FULL: ~~Mile 47.6~~ Mile 48.4 (hosted by Deadwood & Trail Labs Co.)
- **GRINDURITO:**
 - Aid Station D / BASIC*: Mile 15.8
This basic aid station will be equipped with extra nutrition (Bobo's Oat Bites and CLIF BLOKS) for Grindurito riders.
 - Aid Station E / FULL: Mile 23.0 (hosted by Deadwood & Trail Labs Co.)

NEUTRAL SUPPORT

- **AT THE VENUE:** Shimano Neutral Support will be in the Grinduro Village offering complimentary service. **Shimano Neutral Support is available in the Grinduro Village Friday from 1:00pm - 9:00pm and Saturday from 6:00am - 8:00am.**
- **ON COURSE:** You should bring everything you need to take care of any issues you might have (multi-tool, tubes, tire plugs, patch kit, pump, etc). If you are in need of assistance, **Shimano Neutral Support will be located at Aid Station B and Aid Station E, plus neutral support riders will be roaming throughout the course on bike and moto.**

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WEATHER & LAYER DROP

- **WEATHER:** Mountain weather in springtime can be unpredictable and changes often, so [check the Mt. Shasta weather](#) regularly leading up to the event and be prepared for anything. **Keep in mind that the Grinduro route covers an altitude of about 3,000-feet up to 5,000-feet, and there can be a temperature difference from the lowest to highest points.** We recommend always carrying at least a wind jacket in case it's colder than you expected at the highest points of the ride.
- **LAYER DROP:** If it's cold for the early morning start of the ride, don't hesitate to bundle up! **Layer drops are available for both Grinduro and Grindurito at the following locations:**
 - Grinduro Layer Drop: Water Stop @ Aid Station A / Mile 11.2
 - Grindurito Layer Drop: Water Stop @ Aid Station D / Mile 16
- Your layers will be available for pickup at the Grinduro Village Event Info Booth in the tennis courts after the ride.

COURSE CONDITIONS & SNOW UPDATE

The course is in great shape! Here are some details on each section of the course:

- **South Loop (Soda Springs) (Grinduro only)** - Has some awesome snow walls riders will pass through. The road has been plowed with a rotary and the walls are about 3' tall in places. The dogwood are starting to bloom and the creek is running. For the time staged, there are some segments of road that are pretty rough due to an active logging operations (no activity on race day), so riders will need to pay attention on that gravel descent.
- **Lake Siskiyou (Grinduro & Grindurito)** - North Shore road has been graded and filled.
- **North Loop (Black Butte) (Grinduro & Grindurito)** - Great views, no snow, no active operations on private land but there is a logging operation on Forest Service land as riders come down into the plantation. Watch for variable road conditions.
- **Gateway Trails (Grinduro & Grindurito)** - The trees have been cleared and paths shoveled through the remaining snow. Some sections are tight with brush. Otherwise, here dirt. The Gateway is running sweet!

Mt. Shasta received some late spring snow, and there may still be some drifts on course. We will be plowing/shoveling any remaining snow prior to the event, but there may be very short sections where you need to ride/walk through snow. **Road shoes are not recommended.**

FAQs

Looking for information that you can't find here or on the [event website](#)? Try checking here: [Grinduro CA Frequently Asked Questions](#)

STAGE 5

Whew, that should be all the important info. **But one last thing: don't forget to save some energy for Stage 5... The dance party!**

WE LOOK FORWARD TO A WEEKEND OF MAXIN' & RELAXIN' WITH YOU IN MT. SHASTA!

XOXO, The Grinduro CA Planning Squad