Agile Practices

A process is needed, when we would not do the same thing naturally.

Who owns the code?

- Collective ownership is nothing more than an instantiation of the idea that products should be attributable to the team, not individuals who make up the team.
  - Strong Ownership / Loose Ownership are usually not good enough.

Generalist vs. Specialist

- Design is a complex, iterative process.
  - The initial design solution will likely be wrong and certainly not optimal.

Software Development is not the same as Manufacturing

A highly stable design usually costs the same to implement as an unstable one.

Programmers shift from design to coding when the problem is decomposed to a level of "primitives" that the designer has mastered. If the coder is not the same person as the designer, the designer's primitives are unlikely to match the coder's primitives, and trouble will result.

Manufacturing is a popular metaphor for software development.

One inference from this metaphor: highly skilled engineers design; less skilled laborers assemble the products.

This metaphor has messed up a lot of projects for one simple reason—software development is all design.

Automated Developer Tests
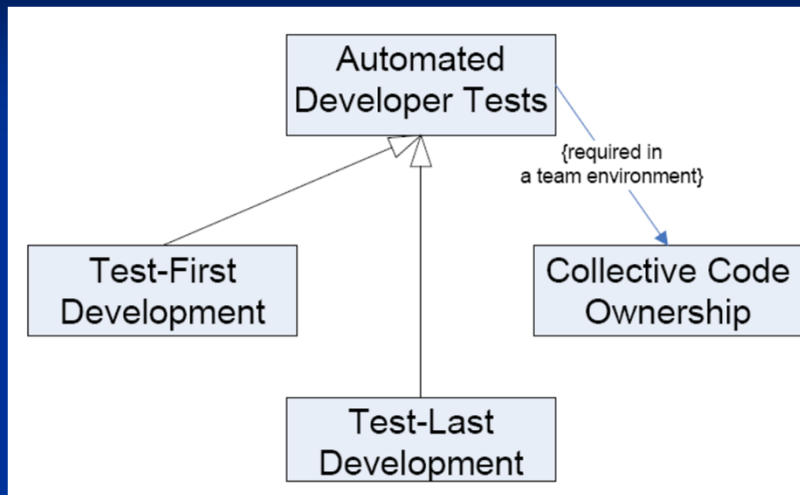
8/26/2023 10:46 AM   vijaynathani.github.io   Page 4

The way in which people run a 100m sprint is much different than running 10 Km race. In 100m, the runners are hefty and strong. In a 10 Km race, the runners are light and can change their running strategy.

Person who is ahead a the start in 10 KM will usually not win. Runners need to pace themselves. By cutting quality, we can go fast in the short run. Software is like 10 KM race.

Software development is like a 10 Km race.

We need to know whether we are done. We don't want to be almost complete. Project remain almost complete for many weeks / months.

Every failing test causes the line to stop.

Continuous Integration
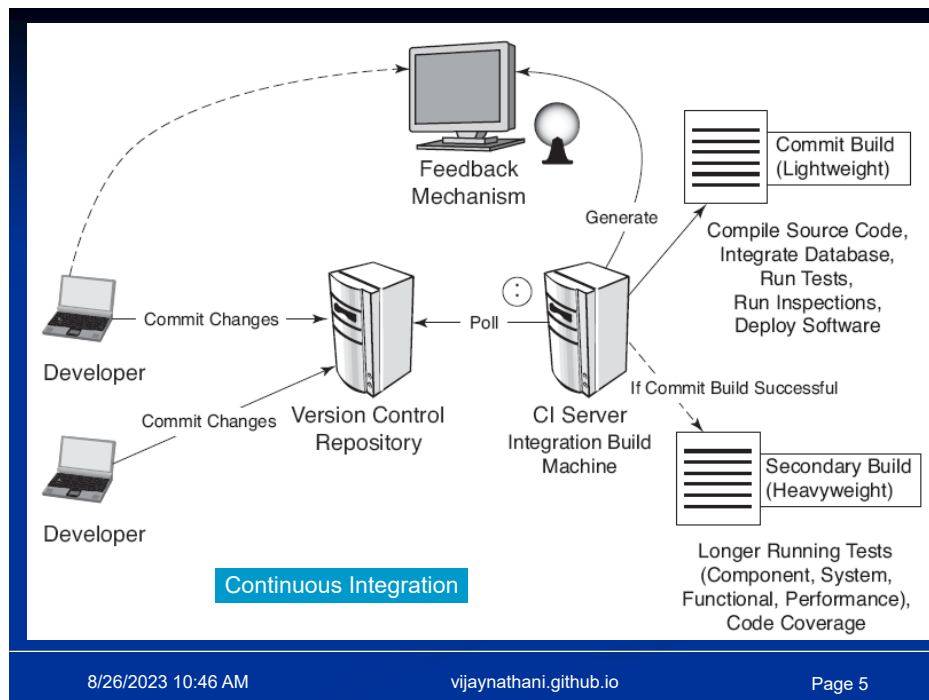
For every check-in

      Incremental Build

      Fast tests (Unit)

Every Few hours

      Full Build

      Fast Tests

      Slow Tests (Unit & Functional)

Information Radiator

===================================

A build and test should take less than 10 minutes or else developers will avoid using it.

      Code tested with build test suite is frequently separated from the database with mock objects to speed up execution.

      These are fast tests

Acceptance tests are slow tests. They can run less frequently (but at least once a day)
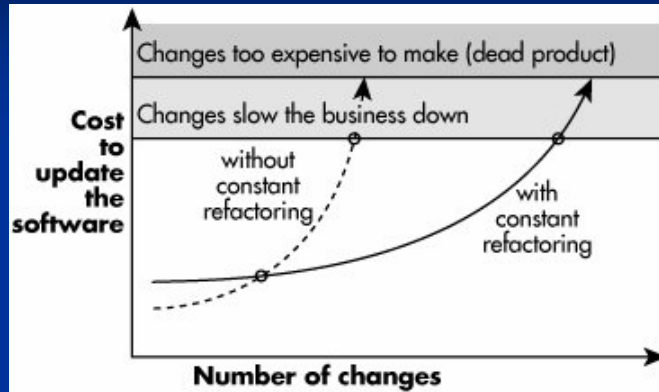
CI means:

•All developers run private builds on their own workstations before committing their code to the version control repository to

ensure that their changes don't break the integration build.

• Developers commit their code to a version control repository at least once a day.

• Integration builds occur several times a day on a separate build machine.

• 100% of tests must pass for every build.

• A product is generated (e.g., WAR, assembly, executable, etc.) that can be functionally tested.

• Fixing broken builds is of the highest priority.

• Some developers review reports generated by the build, such as coding standards and dependency analysis reports, to seek areas for improvement.

Refactoring

Refactoring is the process of changing a software system in such a way that it does not alter the external behavior of the code [design] yet improves its internal structure.

Changes too expensive to make (dead product)

Cost to update the software — Changes slow the business down

without constant refactoring

with constant refactoring

Number of changes

Refactoring is lot like getting our teeth cleaned. We can think of a thousand reasons to delay it, and we will get away with procrastinating for quite a while. But eventually, our delaying tactics will come back and cause pain.
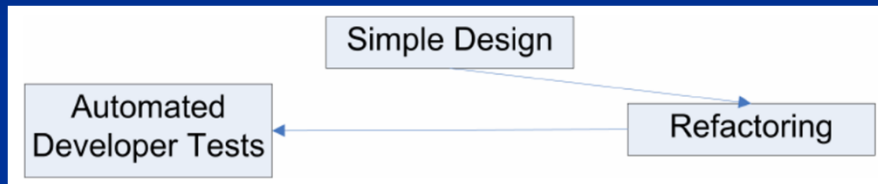
You can pay a little now, or

you can pay a lot more later.

– Sign in a garage

suggesting a tune up.

Simple Design

Simple Design → Refactoring → Automated Developer Tests
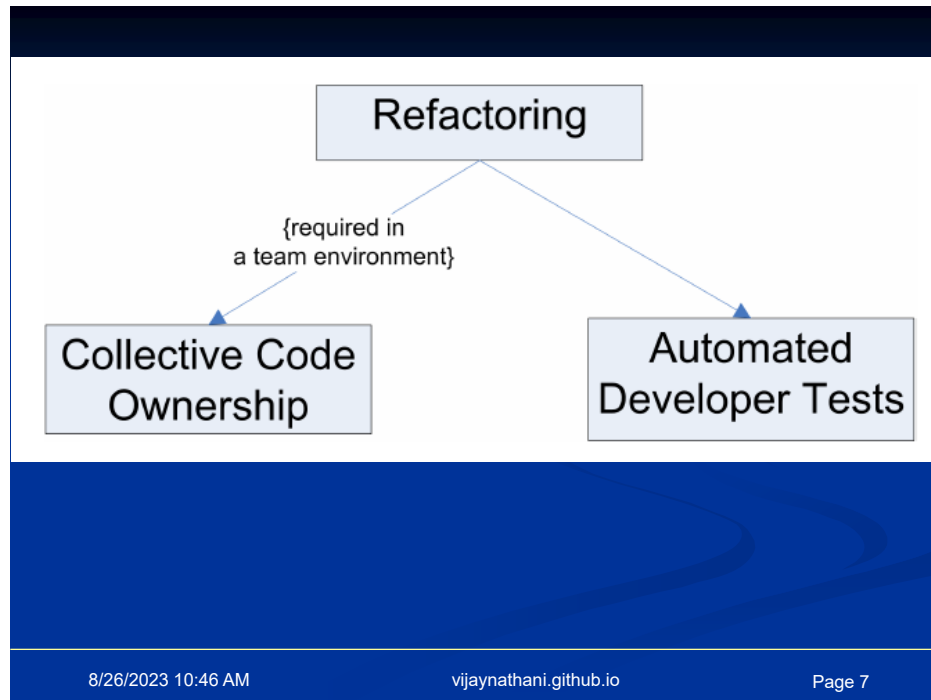
BDUF can be even worse than wasted time because of incorrect guesses. BDUF can also lead to self-fulfilled prophesies.

It's pretty well known that a Big Design Up-Front (BDUF) has some big problems. At the same time, most often we know some things from day one. It's a matter of balance.

Finally, a last remark regarding DDD and TDD: Domain Models are very suitable for TDD. Sure, you can also apply TDD with more database-oriented design, but I haven't been able to apply it as gracefully and productively as when I'm working with Domain Models.
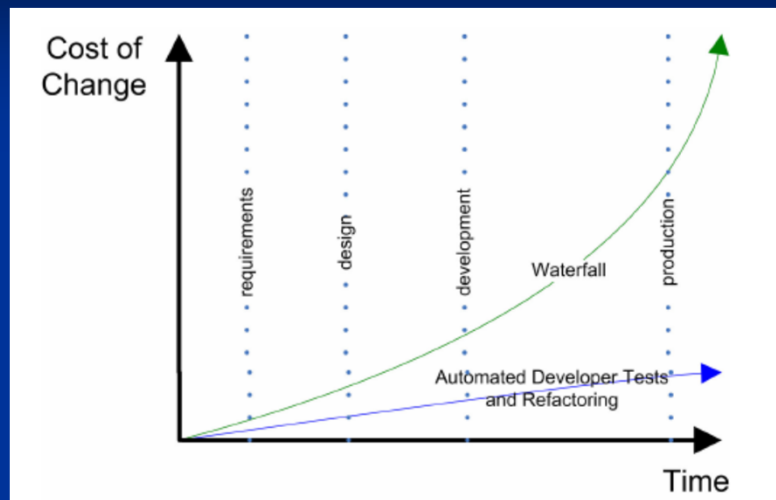
Simple Design

Evolutionary Design

Collective Code Ownership

Continuous Integration

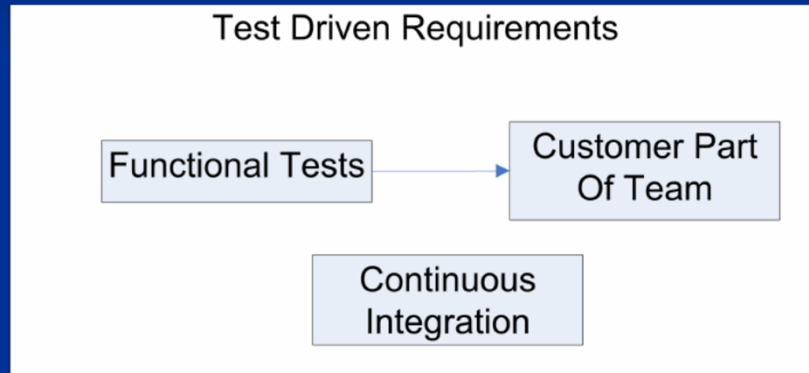**No matter where you are in the system life cycle, the system will change, and the desire to change it will persist throughout the life cycle. -** *Bersoff, et al, 1980*

On an average, 35% of the requirements change during project execution

It is estimated that 25% to 50% of effort in waterfall goes in discussing / managing change requests.
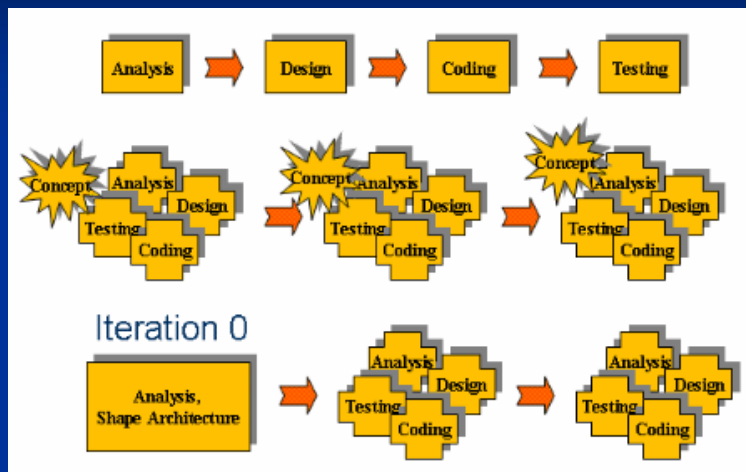
Extreme Programming

Waterfalls are wonderful tourist attractions.
They are spectacularly bad strategies for
organizing software development projects.

Thoughtworks is primarily a XP shop.

Predictive vs. Agile

The first row is Waterfall.

The second row is XP.

The third row is Scrum.

As I've been contemplating moving agile throughout our entire organization here at Data Transfer Solutions, I've been considering the usefulness and effectiveness of an Iteration Zero. Many agile teams use what's known as Iteration Zero to put the necessary systems in place to enable the delivery of value to the customer. It's essentially the *getting started* iteration. It takes place before any development begins. I think Peter Schuh described Iteration Zero very well in his book Integrating Agile in the Real World. Peter says:

> "An iteration zero does not deliver any functionality to the customer. Instead the project team focuses on the simple processes that will be required for the adoption and use of most agile practices. From a management point of view iteration zero may include:
>
> > •Initial list of features identified and prioritized.
> >
> > •Project planning mechanism identified and agreed upon.
> >
> > •Identification of and agreement upon a team customer, essential stakeholders, and business users and the nature of iterative planning process, such as the time of planning meetings and the length of iterations."

What is XP?

- XP is a lightweight methodology for small to medium sized teams developing software in the face of vague or rapidly changing requirements. -- Kent Beck.
- The goal of XP is outstanding software development

Developer Bill of Rights

- *You have the right to know what is needed, with clear declarations of priority.*

- *You have the right to produce quality work at all times.*

- *You have the right to ask for and receive help from peers, superiors, and customers.*

- *You have the right to make, and update your own estimates.*

- *You have the right to accept your responsibilities instead of having them assigned to you.*

The Customer Bill of Rights.

- *You have the right to an overall plan, to know what can be accomplished, when, and at what cost.*

- *You have the right to get the most possible value out of every programming week.*

- *You have the right to see progress in a running system, proven to work by passing repeatable tests that you specify.*

- *You have the right to change your mind, to substitute functionality, and to change priorities without paying exorbitant costs.*

- *You have the right to be informed of schedule changes, in time to choose how to reduce scope to restore the original date. You can cancel at any time and be left with a useful working system reflecting investment to date.*

Why is it Extreme?

- Because we take good practices to extreme levels (turning the knobs up to 10!)
  - Code reviews – pair programming
  - Testing – CI
  - Design – TDD
  - Feedback in minutes

If code reviews are good, we'll review code all the time (pair programming).

If testing is good, everybody will test all the time (unit testing), even the customers (functional testing).

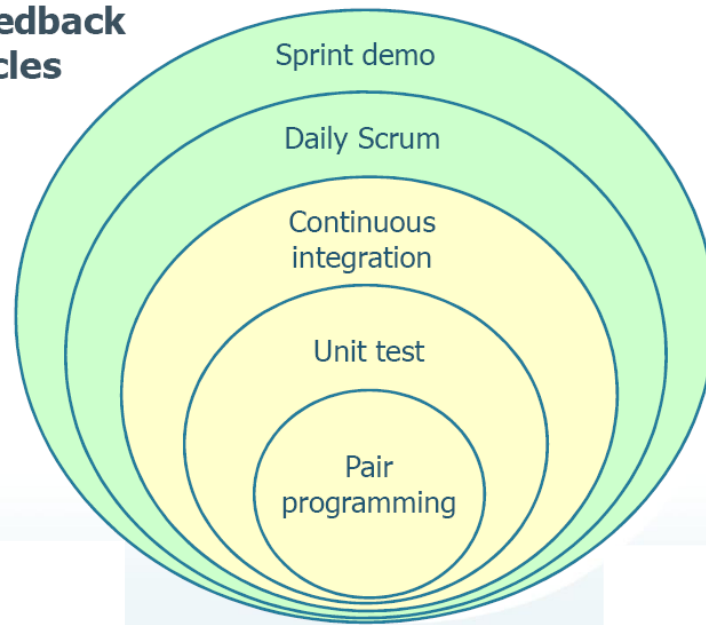If design is good, we'll make it part of everybody's daily business (Refactoring).

If simplicity is good, we'll always leave the system with the simplest design that supports its current functionality. (The simplest thing that could possibly work.

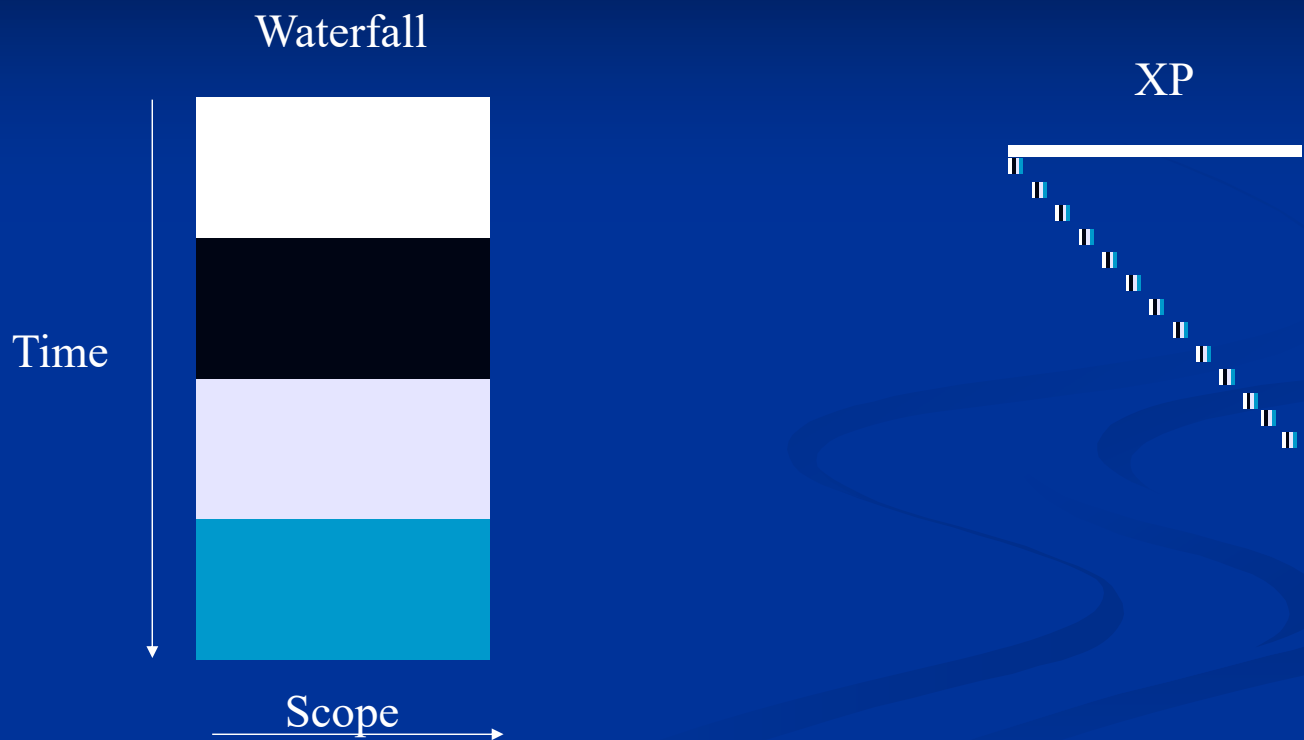If architecture is important, everybody will work defining and refining the architecture all the time (Metaphor).

If integration testing is important, then we'll integrate and test several time a day (continuous integration).

If feedback is good, we'll get feedback quickly -- seconds and minutes and hours, not weeks and months and years (the Planning Game).
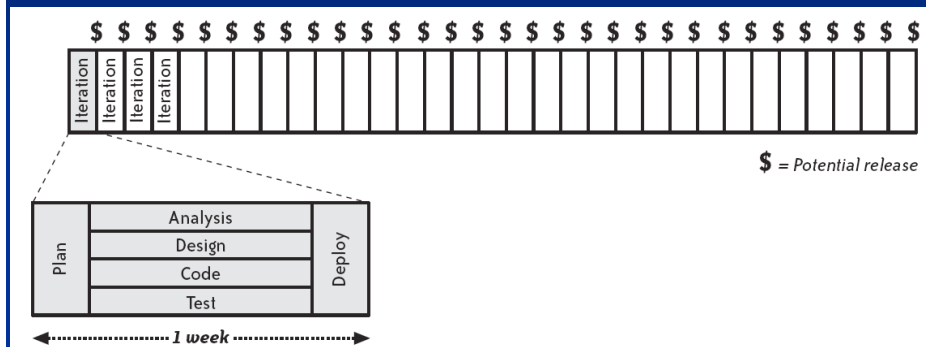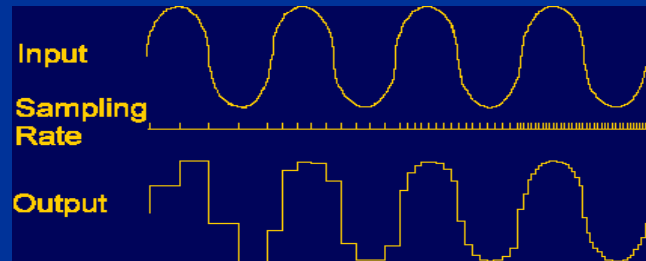
Feedback cycles

- Sprint demo
- Daily Scrum
- Continuous integration
- Unit test
- Pair programming

Different Processes

Waterfall

Time

Scope

XP

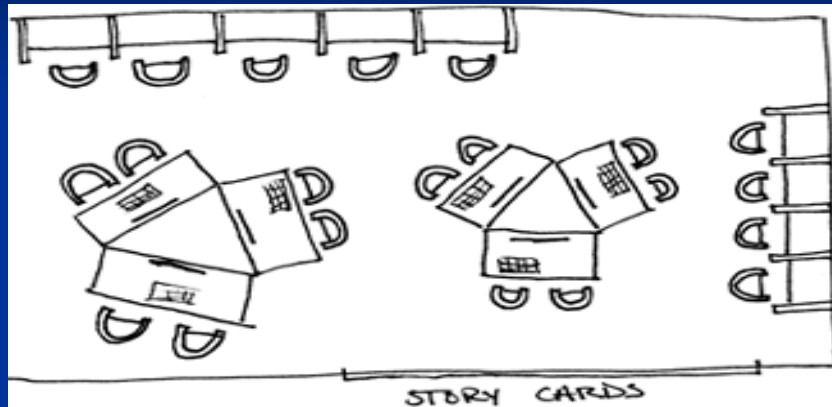# 1 Week Iteration

$ = Potential release

Rate of Change

- Rapid technical changes
- Global scheduling pressure
- Compounded opportunity costs

Caves & Commons

STORY CARDS

Energized Work

- Software development is a game of insight, and insight comes to the prepared, rested, relaxed mind.

Card: role, feature, benefit

Customer withdraws cash

As a customer,
I want to withdraw cash
from an ATM,
so that I don't have to
wait in line at the bank.

User Story Example

"I would have written a shorter letter, but I didn't have time" – Mark Twain.

The main purpose of a story card is to act as a reminder, to discuss the feature.

In XP, the estimate is given in ideal hours. These are written at the corner of the card.

How to find User Stories

- For every actor
  - What does the actor want from the system?
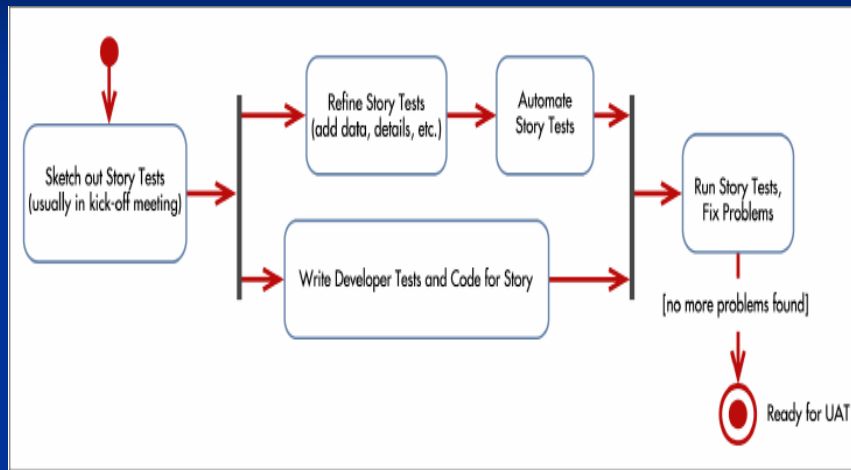 - What does the system want from the actor?

User Story Characteristics

- I   – Independent
- N   – Negotiable
- V   – Valuable
- E   – Estimatable
- S   – Small
- T   – Testable

A User story should be closed i.e. People must get a feeling of accomplishment, when it is done.
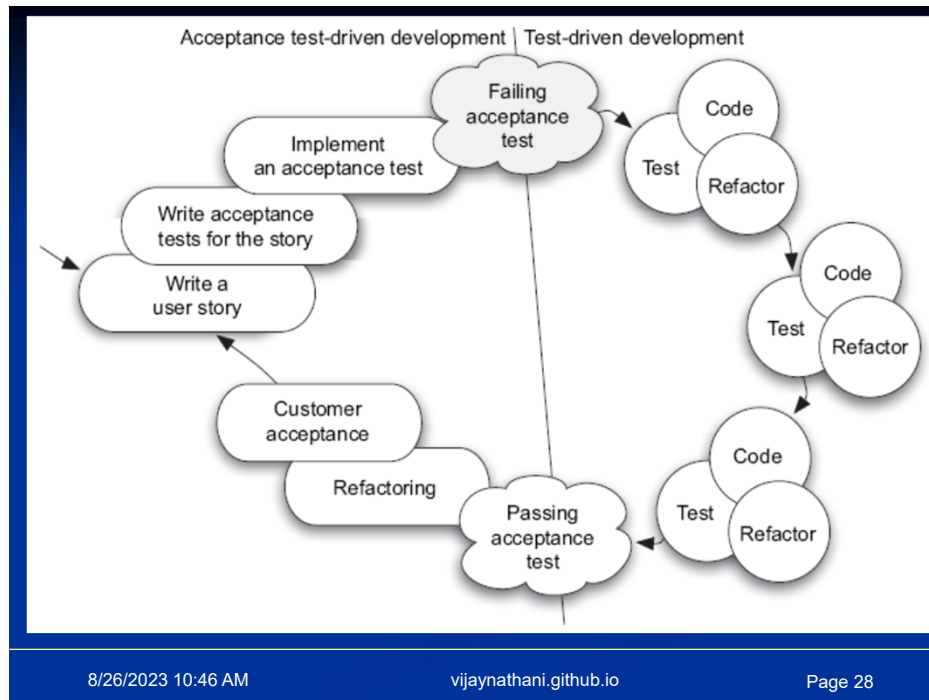
Every User story is 0% done or 100% done.

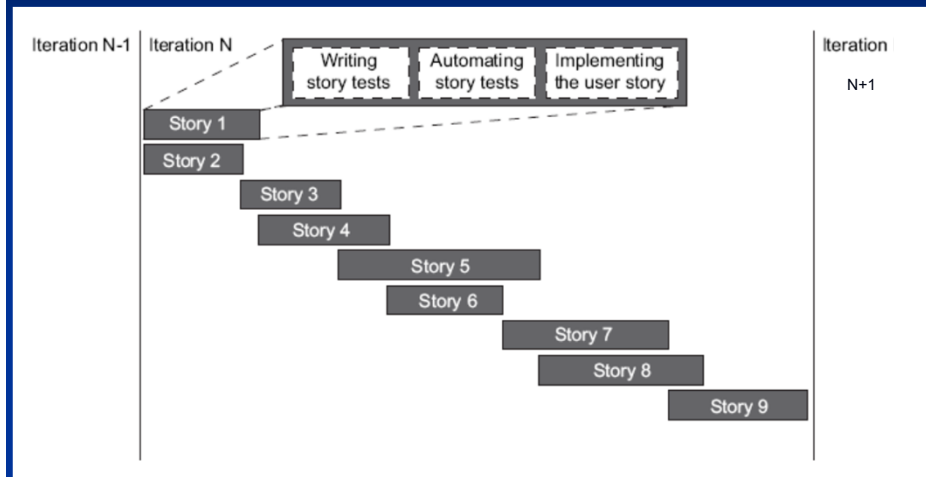Acceptance Tests are the requirements artifacts

Unit Tests are the Detailed Design artifacts

Testers on an XP team help customers choose and write automated functional tests in advance of implementation

Much of the responsibility for catching trivial mistakes is accepted by the programmers.

Acceptance test-driven development | Test-driven development

Acceptance TDD timeline

| Iteration N-1 | Iteration N | Writing story tests | Automating story tests | Implementing the user story | Iteration N+1 |

Story 1
Story 2
Story 3
Story 4
Story 5
Story 6
Story 7
Story 8
Story 9

Automated TDD are

•Executable unambiguous requirements

•Inexpensive for developers to run

•Regression testing ability

•Release process confidence

•High ROI in the long run

Test driven development vs. Traditional Testing

Figure – Comparison of Paying-as-you-go vs. Having a Single Testing Phase
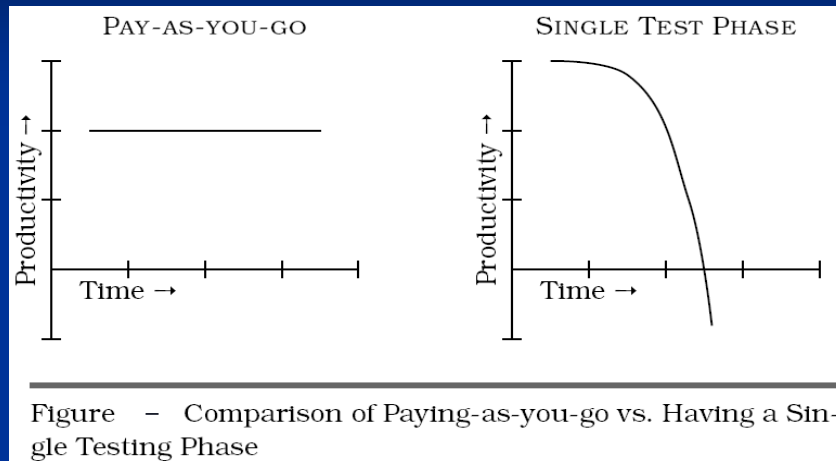
With manual testing, the more stressed the team, the more mistakes the team members make in both coding and testing.

With automated testing, running the tests themselves is a stress-reliever.

Health of the software is more important than the quality

"The act of writing a unit test is more an act of design than of verification" - Robert Martin

"Test-driven development seeks specification, not validation, letting you think through your design before you write your functional code" - Scott Ambler

"Test-Driven Development is a powerful way to produce well designed code with fewer defects" - Martin Fowler

"Fewer defects, less debugging, more confidence, better design, and higher productivity in my programming practice" - Kent Beck

"The best way that I know to write code is to shape it from the beginning with tests" - Ron Jeffries

Most managers have difficulty in understanding that Pair programming is actually good for the project.

It will increase speed because of increase in quality.

Reviews and Inspections are needed when, people don't

•Work together

•Share their work

•Have good communication/collaboration

"There is no particular reason why your friend and colleague cannot also be your sternest critic" – Jerry Weinberg

Pair Programming Example

- 50KLoc application at 50LOC/hour
- Team of individuals:
  - Time 1000 hours, Defects 1500
- Team of Pair Programmers
  - Time 1150 hours, Defects 1275
- QA finds a defect, cost 10 hours/defect.
  - Cost of 225 defects is 2250 hours
- Customer finds a defect, cost 40 hours / defect
  - Cost of 225 defects is 9000 hours

www.objectWind.com has this example.

It is one of the most beautiful compensations of life, that no man can sincerely try to help another without helping himself.

Don't point out errors harshly. One way to be gentle is to ask a question that enables the producer to discover the error.
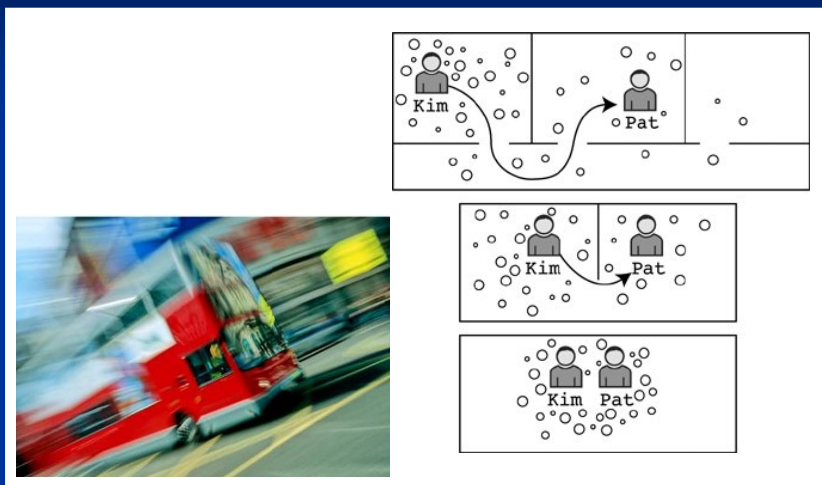
==

Company that always does pair programming Menlo Innovations http://www.menloinnovations.com/

Team members give feedback to each other.

They have 13 or 15 levels. All people on a level get the same salary. Team members decide when a person should be promoted.
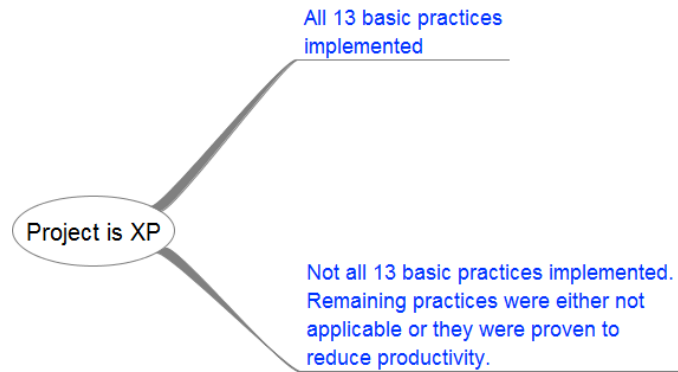
See video on Vimeo "How being agile changed our human resources Policies (James Goebel)"

Bus Factor

How many people have to be hit by a bus for the project to stop?

Is my Project XP?

All 13 basic practices implemented

Project is XP

Not all 13 basic practices implemented. Remaining practices were either not applicable or they were proven to reduce productivity.

The XP Basic Practices

1. Sit together
2. Whole Team
3. Informative Workspace
4. Energized work
5. Pair Programming
6. Stories
7. Weekly cycle
8. Quarterly cycle
9. Slack
10. Ten-minute build
11. Continuous Integration
12. Test-first programming
13. Incremental Design

The XP Corollary Practices

14. Real Customer Involvement
15. Incremental deployment
16. Team continuity
17. Shrinking teams
18. Root-cause analysis
19. Shared code
20. Code and tests
21. Single code base
22. Daily Deployment
23. Negotiated scope contract
24. Pay-per use

Flicr does 10+ deployments everyday. (Documented in an agile talk by James Shore)

Stackoverflow deploys everyday (http://itc.conversationsnetwork.org/audio/download/ITC.SO-Episode70-2009.10.13.mp3)

Amazon deploys everyday.

IMVU.com does continuous deployment e.g. deployment 50 times a day. For every checkin, if all tests pass, deploy.

Role of Project Manager

- Project manager is a facilitator and not a controller.
- Project Manager facilitates communication inside the team and coordinate communication with customers, suppliers, and the rest of the organization.

They act as team historians, reminding the team how much progress it has made.

To remain accurate, the information changes frequently; which gives project managers the challenge of communicating changes helpfully.