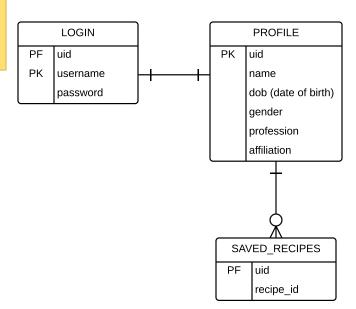
uid and username are a composite primary key



affiliation here references whether the user is part of a company or not

In this case, the description of the recipe would include the steps, and the recipe_ingredients table would simply be used to reference the ingredients so that we could get the price from there