



DELHI PUBLIC SCHOOL, FARIDABAD

Subject : English

Class — Prep

Prescribed Books — *Young Learners English Phonics*
Book-3 - Viva Education.

1st Semester

Unit - I April 6 to July 13

- Cursive small letters (a -*z*). Recognition and Writing
- Phonic drill - Recognition of sounds.
- Oral Introduction of sight words - 'a', 'is'
- Young Learners English Phonics Pgs : 1,2,3,70, 71, 72

Rhymes : Mothers, Smile

Story : The Ugly Duckling

Speaking skill : Myself, My School

Activity : Matching Letters

Unit II. July 14 to Sep. 17

- Reading and writing of 3-letter words with vowels 'a', 'e', 'i' - at, an, ad, ag, ap, ed, en, et, ib, it, id, in, ip, ig,
- Rhyming words (oral)
- Oral introduction of Sight words - 'in', 'on', 'and', 'a', 'is'
- Young Learners English Phonics Pgs: 4, 6,7,9,15, 18, 20, 21, 28,31, 33, 34, 35, 36, 58, 59

Rhymes : Little Raindrops, community helpers, Colours.

Story : The smart Doves

Speaking skill : My Country, Rainy Season

Activity : Crossword

2nd Semester

Unit III. Sep. 30 to Dec. 14

- Reading and writing of 3 letter words with vowel 'o' & 'u' - od, ot, og, ox, ug, un, ut
- Reading and writing of spellings with double letters 'ee', 'll' and 'oo',
- Rhyming words
- Opposites (oral)
- Oral introduction of Sight words - 'my', 'you'
- Young Learners English Phonics Pgs : 11, 12, 13, 14, 22, 23, 27, 37, 43, 45, 49, 51, 53-57, 63, 64, 67, 77, 79-82

Rhymes : Farm, Fruits and Vegetables
Story : Sly Fox, The Hen
Speaking skill : Festivals, My Pet
Activity : Phonics Play

Unit IV. Dec. 15 to March 4

- Reading and Writing of spellings with double letter & 3 letters- 'ang', 'ing', 'ong', 'ch' and 'sh'
- Rhyming Words
- Oral Interdiction of Sight words - 'his', 'her'
- Use of Sight words in sentences.
- One - Many
- Construction of simple sentences with 'It'
- Construction of simple questions / answers with Yes and No using 'It'
- Reading of simple sentences using This / That
- Young Learners English Phonics Pgs: 16, 17, 39, 42, 44, 68, 69, 76, 83, 84, 86, 87, 90, 91

Rhymes : This and That, Happy New year,
The little Plant,
Story : The two Friends
Speaking skill : People who help us, Spring
Season
Activity : Reading is Fun
Smart Class : Conceptual teaching through
Audio Visual

विषय : हिन्दी

निर्धारित पुस्तक - हिन्दी पढ़ो और सीखो - प्रवेशिका
हिन्दी पढ़ो और सीखो - I

कक्षा : Prep

(मधुबन पब्लिकेशन)

प्रथम सत्र

इकाई 1. अप्रैल 6 - जुलाई 13

- वर्ण : पहचान, पठन एवं लेखन कार्य - अ से अः तक।
- विशेष जानकारी - परिवार के सदस्य, गर्भों का मौसम
- हिन्दी पढ़ो और सीखो (प्रवेशिका) - पृष्ठ 2 से पृष्ठ 16 तक।
- हिन्दी पढ़ो और सीखो (I) - पृष्ठ 45, 46, 54, 55, 56
- कविताएँ - स्वर गीत, समय से
- कहानी - भालू की चालाकी
- मौखिक अभिव्यक्ति - मेरा घर, मेरी अध्यापिका

इकाई 2. जुलाई 14 - सितम्बर 17

- वर्ण : पहचान, पठन एवं लेखन कार्य - क से न तक।
- विशेष जानकारी : रंगों के नाम, वर्षा ऋतु
- हिन्दी पढ़ो और सीखो (प्रवेशिका) - पृष्ठ 17 से 34, 50
- हिन्दी पढ़ो और सीखो (I) - पृष्ठ 4 से 7, 37
- गिनती (मौखिक) : 1 - 10
- कविताएँ - कहाँ से आए रंग, नन्हे सिपाही, तितली रानी
- कहानी - गधु और अप्पू
- मौखिक अभिव्यक्ति - मेरा देश, जन्माष्टमी

द्वितीय सत्र

इकाई 3. सितम्बर 30 - दिसम्बर 14

- वर्ण : पहचान, पठन एवं लेखन कार्य
- प से ह तक।
- ड़, ड़, क्ष
- हिन्दी पढ़ो और सीखो (प्रवेशिका) - पृष्ठ 35 से 49, 51
- हिन्दी पढ़ो और सीखो (I) - पृष्ठ 21 से 23, 31, 32, 36
- विशेष जानकारी : त्वोहारों का महत्व, पेड़ों की उपयोगिता
- फूलों, फलों और सब्जियों के नाम
- पशु, पक्षियों के नाम
- गिनती मौखिक : (11-20)
- कविताएँ - प्यासा कौआ, दीवाली की रात है आई
- कहानी - झूठ का फल
- मौखिक अभिव्यक्ति - दीपावली, सर्दी का मौसम

इकाई 4. दिसम्बर 15 - मार्च 4

- त्र, ज्ञ, श्र
- दो वर्णों के शब्द
- तीन वर्णों के शब्द
- चार वर्णों के शब्द
- सरल वाक्य संरचना
- विशेष जानकारी - जल का महत्व
- एक अनेक (मौखिक)
- हिन्दी पढ़ो और सीखो (I) - पृष्ठ 47 से 53, पृष्ठ 33 से 35, पृष्ठ 24 से 30, पृष्ठ 8 से 20, पृष्ठ 38 से 44,
- कविताएँ - होली है भई होली है, तारे, आओ वृक्ष लगाएँ
- कहानी - आलस का रोग
- मौखिक अभिव्यक्ति - मेरा विद्यालय, होली

Subject : Maths

Prescribed Books — Success With Maths Ahead - Primer B

Class — Prep

- Orient Blackswan

1st Semester

Unit I April 6 to July 13

- Pre - number vocabulary.
- Numbers 1- 50 (counting)
- Writing of numbers 1- 50.
- Backward Counting (10-1)
- Concept of Before, After, Between Numbers (upto 10)
- Greater, lesser, equal to. Use of signs >, < or = (upto 10)
- Success With Maths Ahead Pgs : 1, 2, 3, 4, 5, 12, 13, 30, 31, 34, 35, 39, 40, 43, 44, 49, 51, 52

Unit II. July 14 to Sep. 17

- Numbers 51-99 (counting)
- Writing of numbers 1-99.
- Backward Counting (30-1)
- Before, After and Between Numbers (upto 30)
- Greater, lesser, equal to. Use of signs >, < or = (upto 30)
- Success With Maths Ahead Pgs. : 47, 48, 53, 54, 55, 56, 57, 58, 59, 60, 61, 97, 98, 99, 100

2nd Semester

Unit III. Sep. 30 to Dec. 14

- Concept of biggest and smallest number (upto 50)
- Before, After, Between Numbers (1-50)

- Greater, lesser or equal to (1 – 50)
- Simple Addition
- Introducing the term and symbol ‘+’ by simple addition using sticks and forward counting.
- Concept of mental horizontal addition.
- Addition of single and double digit numbers (without carry over). (upto 99)
- Success With Maths Ahead Pgs : 62, 63, 64, 65, 66, 67, 68, 69, 70, 71, 72, 73, 74.

Unit IV. Dec. 15 to March. 4

- Number Names (1-10)
- Simple Subtraction
- Introducing the term and symbol ‘—’ followed by simple subtraction using sticks and forward counting.
- Concept of mental horizontal subtraction.
- Subtraction without borrowing to be continued (single and double digit numbers) (upto 99)
- Success With Maths Ahead Pgs. 50, 75, 76, 77, 78, 79, 80, 81, 82, 83, 84, 85, 113, 114, 115, 116, 117, 118, 119, 120, 121

Subject : E.V.S.

Prep

Prescribed Text Book — Young Learners Environmental Studies Book- 1 -

Viva Education

1st Semester

Unit I. April 6 to July 13

- Marvellous Me
- Body Parts
- Sense Organs
- My School
- My Family and Home
- Project - My World
- Activity - School Walk
- Environmental Studies : Pgs 1-20

Unit II. July 14 to Sep. 17

- World Around Me
- My Country
- Colours : Introduction of Primary and Secondary colours
- People who help us
- Festivals
- Seasons/Weather
- Project - Our Helpers, One land many seasons
- Activity - National Symbols
- Environmental Studies : Pgs 22-35, 83-95.

2nd Semester

Unit III. Sep. 30 to Dec. 14

- Amazing Animals
- Sounds, homes, young ones of animals
- Domestic, Wild, Pet Animals

- Travel and Communication
Means of transport - Land, Air and Water
- Means of Communication
- Project - Traffic and Safety rules, Animals and their homes.
- Activity - World of Communication
- Environmental Studies - Pgs. 21,60-70, 72-82.

Unit IV. Dec. 15 to March 4

- Nurturing Nature
 - Plants - Parts and Uses
 - Food - Healthy/Unhealthy
 - Living and Non-Living Things
 - The Sky
 - Sun, moon and stars
 - Air and Water
- Project - Collage on Healthy / Unhealthy food.
- Activity - My Universe (Powerpoint presentation)
- Environmental Studies - Pgs 47-59;71, 96-104

Smart Class : Conceptual teaching through Audio Visual

Subject : S.U.P.W.

Prep

Unit - I April 6 to July 13

- Bookmark Making
- Sandwich Making

Unit - II July 14 to Sep. 17

- Origamy (Boat Making)
- Rakhi Making

Unit - III Sep. 30 to Dec. 14

- Aerobics
- Diya Decoration

Unit - IV Dec. 15 to March 4

- Christmas Carols
- Gardening Activity.

Subject : ORAL INTERACTION

1st Semester

Unit I. April 6 to July 13

- All about myself
- My school, class teacher
- My town
- Basic manners
- Days of the week
- Months of the year
- Cleanliness and personal hygiene

Unit II. July 14 to Sep. 17

- Shapes
- Patriotism
- Bus Manners
- Public places
- Fun places
- Telephone Manners
- Places of worship

2nd Semester

Unit III. Sep. 30 to Dec. 14

- Care for animals
- Safety and First aid
- Means of Communication
- Kindness
- Value of time
- Punctuality and discipline
- Respect for elders
- Hardwork is the key to success.

Unit IV. Dec. 15 to March 4

- Gardening
- Our Environment
- Conservation of Energy (water and electricity)
- Truthfulness
- Sharing and Caring
- Self Help (Buttoning, polishing, tying laces)

Prep

Subject : Dance

Prep

Unit - I April 6 to July 13

- Expressions
- Free style Dancing with music

Unit - II July 14 to Sep. 17

- Tapping and clapping in counts
- Western dance (Christmas Theme)
- Five Postures of Bal Gopal

Unit - III Sep. 30 to Dec. 14

- Western Dance (Christmas Theme)
- Picture colouring of dancing figures

Unit - IV Dec. 15 to March 4

- Christmas Dance
- Spring Celebration dance (with flower petals activity)

Subject : Western Music

Prep

Unit - I April 6 to July 13

- Clap your hands.....
- He's got the whole world.....

Unit - II July 14 to Sep. 17

- This is the day.....
- God's love is so.....

Unit - III Sep. 30 to Dec. 14

- All things bright and beautiful.....
- God is always with us.....

Unit - IV Dec. 15 to March 4

- You better watchout.....
- Rudolph the red nose.....
- Joy to the world.....

Subject : Indian Music

Prep

Unit - I April 6 to July 13

- अलंकार
- हम बालक हैं तेरे
- राष्ट्र गीत

Unit - II July 14 to Sep. 17

- आओ बच्चों तुम्हें दिखाएँ जाँकी हिन्दुस्तान की.....
- सारे जहाँ से अच्छा.....

Unit - III Sep. 30 to Dec. 14

- हे राम, हे राम.....
- दिवाली गीत
- रघुपति राघव राजा राम

Unit - IV Dec. 15 to March 4

- स्वर सरगम
- हे सारदे माँ.....

Subject : Physical Education

Unit - I April 6 to July 13

- Socio-Emotional Development
- Races
- Backward catch passing the ball

Unit - II July 14 to Sep. 17

- Eye Hand Coordination
- Basket ball
- Hurdle Race

Unit - III Sep. 30 to Dec. 14

- Cognitive development
- Musical chair
- Backward race
- Hurdle Race

Unit - IV Dec. 15 to March 4

- Motor development
- Basket ball (Dribbling)
- Hand ball (Catching and throwing)
- Foot ball (kicking)

Prep

Subject : Art & Craft

Prescribed Text Book - Start with Art - C Sapphire India Publishers.

Unit - I April 6 to July 18

- Colouring - Ball, Rainbow, Light and Dark (Trees) Medium: Plastic Crayons
- Free Expression: - Rose Bud, Butterfly.
- Medium: Plastic crayons and sketch pen
- Start with Art - C Pgs: 3, 4, 12, 40, 41, 42, 43

Unit - II July 14 to Sep. 17

- Colouring - Fruit (Pears), Bird (Duck)
- Medium:- Plastic crayon
- Free Expression: Bird (Sparrow), Face of a boy, Face of a girl, Umbrella
- Medium: Plastic crayon and sketch pen
- Start with Art - Pgs : 5, 6, 7, 23, 25, 33, 35, 39, 44

Unit - III Sep. 30 to Dec. 14

- Colouring - Tree, Patterns
- Medium:- Plastic crayon and sketch pen
- Free Expression: An animal (Giraffe), A duck in a pond, Christmas (mistle toe)
- Medium: - Plastic crayon and sketch pen
- Start with Art - C Pgs: 8, 11, 13, 14, 18, 19, 20, 22, 23, 26, 30, 31, 32, 37

Unit - IV Dec. 15 to March 4

- Colouring - Spring Flowers
- Medium: Plastic crayons
- Free Expression:- New Year card, Animal (Cat) Standing Boy and Girl
- Medium: Plastic crayons and sketch pens
- Start with Art - C Pgs: 10, 17, 21, 24, 27, 28, 29, 34, 36

Prep

HELP ME GROW

"Help me Grow" is the need of the hour, for the proper growth and development of a pre-schooler. It does not call for any special techniques or skills - just a few minutes out of your busy schedule will work wonders for your child. In this competitive world you can give a few minutes to your child and help him grow into a positive individual with a balanced mind, high emotional security, good communicative skill, articulate and above all a confident child with good ethical values. A number of activities are given below for reinforcement. These activities are carried out in classes - but reinforcement of these activities is required.

I. April to May

Concept : Observation Skill

- **Walk and look** — Take a walk with your child. Ask your child to name all the creatures he / she can see that has four / two legs. On your way back collect leaves, flowers, pebbles etc.
- **Sounds around us** - See if your child can make the sounds of thunder, aeroplane, ambulance, engine etc.
- **Look and remember** - Place few vegetables and fruits in a tray. Let your child see and observe them for a minute. Then cover the tray with a piece of cloth. Now ask your child to name as many fruits and vegetables as he remembers.
- **Familiar Places** — Take your child for a drive. On the way show him some specific spots eg - pizza shop, fire station etc. While coming back on the same road, ask your child to recollect and identify the spots.
- **Story time** - Select a short story and read it along with your child. Then pose questions related to that particular story.

II. July to Aug.

Concept : Social Skill

- **Household chores** - If you ask your child to perform certain household duties such as taking out the trash or cleaning his or her bedroom, show your child how to do it (the behavioural steps) and clearly explain your expectations. When the child knows how to complete a task and take care of his personal belongings, he learns what it means to act responsibly.
- **Telephone manners** - Teach your child how to answer the phone calls. Let him / her make a few calls to wish relatives a 'Happy Birthday' or Happy Anniversary.
- **Basic manners** - Teach your child to wish the elders - Good Morning , Good Night etc.
- **How old are you** - Help your child string beads on strong thread. Ask your child to show with beads how old he or she is now. Then ask your child to show how old he or she will be on his or her next birthday.
- **Listening** — Spend some time just listening to your child. Have him / her tell you about an experience, a request or anything he / she would like to share and offer hugs.
- **5 Golden words** - Introduce the 5 golden words; Please, Sorry, Thank you, Excuse Me and May I, in sentences in different situations, every day.

III. September

Concept : Fun Skill

- **Bounce and Catch** - Show your child how to bounce a ball and catch it at waist level. Be sure the ball is large enough for your child to catch easily.

- Play time - Give your child some old clothes to wear for play. Encourage him / her to dress up in some of the clothing and pretend to be different characters.
- Pop Ups! - Hold the ball in one hand and strike it off with your other hand. Ask your child to repeat the same.
- Chinese - Whisper - Make a group of 6 or more friends to play "Chinese - Whisper". The first child should whisper a particular phrase. For eg. "I love eating chocolates", into the ears of the child sitting next to him. The second one hears and whispers into the ears of the third one and so on. Eventually, the last one speaks the phrase aloud to compare whether the first person spoke the same one or it got changed during the game.
- Tunnel ball - Stand about 6 feet from each other with your legs spread apart. Practise rolling a ball through each other's legs.

IV. Oct to Nov.

Concept : Motor Skill

- Fun with dough - Give your child plasticine / clay / dough and ask him / her to use his/her imagination in making different objects.
- Pencils and Dots - (Nur and Prep) - Draw a number of dots one after the other on a large sheet of paper. Point to where your child should begin, and ask him / her to connect the dots. Count the number of dots together.
- Exercise - See how many ways you and your child can move your arms and legs and still remain in the same place. Begin by lying on your back and moving your arms and legs in different ways.

- Collage - Draw any shape or object on a sheet of paper. Give some different coloured glazed papers to your child and ask him to tear it into small pieces and paste it within the given shape.

V. Dec. to Jan.

Concept : Concentration Skill

- Reading Time - Reading a new story to your child. Ask him / her questions when you finish.
eg. "How do you think felt when.....?"
- Switch on a cassette of nursery rhymes and ask the child to listen to it at least for 2 days. Ask him / her to recite as many rhymes as he can recollect.
- Jigsaw Puzzle - Ask your child to assemble the various pieces of a jigsaw puzzle.
- Memory game - Speak out 20 words such as train, Cat, Hospital, Balloon, School, Garden etc. to your child in one minute. Then ask your child to recollect as many words as he can.
- Picture reading - Show five pictures / flash cards to your child within a minute, for eg. a green car, jumping rat etc. Then remove the flash cards and ask your child questions such as (1) What was the colour of the car? (2) What was the rat doing?
- Germination - Sow a seed in your garden. Ask your child to water the plant as it grows and observe it regularly.

VI. Feb. to Mar.

Concept : Language Development

- Rhymes - Take turns saying favourite rhymes aloud. Agree on one rhyme that both of you can repeat together. Add some

hand and body actions as you say the words.

Rhyming words (Nursery and Prep) - Say any word eg. Moon. Now ask your child to give you another word which sounds the same, like, noon, soon etc.

- Improve his / her recognition of the alphabet through newspapers or magazines by reading daily with him. Point out a few letters or small words i.e. b, f, g, or in, of, if etc. and then ask your child to look for more on a particular page and encircle them.
- **Sight Words (Prep Activity)** - Choose any 2 words for a day i.e. the, shoe etc. and help the child spot these wherever possible
 - On TV, on hoarding, name plates of shops in the market etc.