



SYLLABUS
2015-2016

CLASS - I

DELHI PUBLIC SCHOOL, FARIDABAD

Prescribed Text Book—

New ! Learning to Communicate - Course Book - 1:Oxford School Education

New ! Learning to Communicate - Work Book - 1:Oxford School Education

New ! Learning to Communicate - Enrichment Reader - 1:Oxford School Education

1st Semester

Unit I. April 06 to July 13

Lang. : Naming Words, Blends, Oral and Visual Identification, Use of a / an, Opposites, Use of This/That, is/ are / am. Use of capital letter.

Course Book: Ch. 1 - Two stories, Ch. 4 - About People

Oral : Ch. 2 Inside and Outside,

Ch. 3 My Breakfast.

Poem : O Giraffe, O Giraffe, Cats, The Apple Jam, When you are happy.

Enric.Reader: Ch. 1 - Froggie Can

Ch. 2- A Squirrel in the House

Work Book : Pgs. 11,12,14, 17, 18, 20, 28, 35, 36, 50, 56, 57, 61, 64 and 68.

Speaking skills - My School, Self Introduction.

Conversation Cafe - Our Classroom

Activity : Ballot Box (a/an), Find Your Partner, Vocabulary Building Exercises.

Unit II. July 14 to Sep. 17

Lang. : Reading Practice, Singular Plural, Use of These/Those, Colours, Use of Capital letters, Full Stop and Question Mark, Describing Words, Days of the Week, Make Sentences.

Course Book : Ch. 5 - We are Toys, Ch. 6 - What's This?

Poem : The Swing, Now I am Eight, Oh, You Silly Pussy Cat!

Enric.Reader: Ch. 3 - The Kitemaker

Ch. 4- The Singing Gnat

Work Book : Pgs. 13, 19, 22, 23, 33, 34, 42, 44, 45, 48, 49, 52, 53, 58, 59, 60, 62.

Speaking skills : My Teacher, Rainy Season

Conversation Cafe - Out in the Mall

Activity : Flash Cards (Singular/Plural) Tippy Tippy Tap.

2nd SEMESTER

Unit III. Sept. 30 to Dec. 14

Lang. : Action Words, Months of the year,
Use of He / She, His/Her, You/Your.
Jumbled Words, Use of in/on/under,
Make Sentences, Jumbled Sentences.

Course Book Ch. 7 - What Colour is It?
Ch. 8 - Hot and Cold

Poems : Somersaults, Evening, Six Little Mice.

Enric.Reader: Ch. 5 - Stone Soup
Ch. 6 - The Blue Jackal

Work Book : Pgs. 16, 29, 30, 32, 43, 55, 65, 66,
67, 70, 71, 72, 73, 74, 80 and 81.

Speaking skills : My Favourite Festival, My Best Friend.

Conversation Cafe - In the Party

Activity : Word Chain, Reading Comprehension

Unit IV. Dec. 15 to March 04

Lang. : Use of I / My / Our, was/were, has/have,
Guided Picture Composition, Creative
Writing, Genders (oral)

Course Book : Ch. 9 - Nancy has a Yellow Kite
Ch. 11 - I am the Ship of the Desert

Poems : Q is a Funny Letter, Bubbles,
Travelling Travelling.

Enric.Reader: Ch. 7 - Bhulu and The Robber King
Ch. 8 - Donkey Ride.

Work Book : Pgs. 21, 24, 25, 27, 37, 46, 47, 54,
63, 69, 75, 76, 77, 78, 79 and 82.

Speaking skills : My family , My Favourite Season.

Conversation Cafe - In a Restaurant

Activity : Story Building, Word Scrabble

विषय : हिन्दी

कक्षा : ।

निर्धारित पुस्तक - वितान हिन्दी पाठमाला - ।

- सुनो कहानी - ।

प्रथम सत्र

इकाई ।. अप्रैल 6 - जुलाई ।३

1. पुनरावृति- अक्षर ज्ञान (स्वर व व्यंजन)
2. आ, इ, ई, की मात्राओं का बोध व अभ्यास।
पाठ-१ - बतख आई, पाठ - २ आम वाला आया,
पाठ-३- विमान उड़ गया,पाठ. ४ - चिड़िया आई,
पाठ-५- खिंचड़ी बढ़िया बनी
3. सरल वाक्य
4. उच्चारण व ध्वनि पर विशेष ध्यान।
5. सुलेख व श्रूतलेख
6. कविता - नया सवेरा, जी होता चिड़िया बन बाँ
7. पाठमाला Pgs ९ - १८
सुनो कहानी - शेर की खाल, नकलची बंदर
क्रियात्मक कार्य - मात्राओं का ज्ञान

इकाई ।। जुलाई ।४ - सितम्बर ।७

1. पुनरावृति मात्राएँ - आ, इ, ई।
2. उ, ऊ, ए, ऐ औ औ की मात्राओं का बोध व
अभ्यास
पाठ-६ लाल गुलाब, पाठ-७ नटखट झपटू,
पाठ-८ किसके पीछे, पाठ-९ रेत का घर,
पाठ-१० जोकर का खेल,पाठ-११ मटर या टमाटर
3. पाठमाला Pgs ३१, ७४, ७५, ८६-८९
4. सरल वाक्य
5. सुलेख व श्रूतलेख
6. कविता - गुलमोहर का पेड़, वर्षा और पानी
सुनो कहानी - गधे का बोझ, शरारती रामू
क्रियात्मक कार्य - शब्द पहेली Pg ९७.

द्वितीय सत्र

इकाई 3. सितम्बर 30 - दिसम्बर 14

1. मात्राओं की पुनरावृत्ति हेतु शुतलेख।
2. अं और ^ के शब्दों का बोध व अभ्यास
3. पाठ - 12 आओ झूले पर
4. पाठ - 13 हाथी राजा (मौखिक)
5. रंगों के नाम
6. गिनती 1 - 10
7. चित्र लेखन (रिक्त स्थान भरो)
8. सरल वाक्य
9. एक - अनेक (केला - केले, किताब - किताबें)
10. श,ष,ण, वाले शब्दों का बोध।
11. पाठमाला Pgs 78 - 80
12. कविता - हमारे त्योहार, सूरज के घोड़े, चाँद तारे।
सुनो कहानी - बुरा न सुनो, एकता की ताकत, घमड का फल

क्रियात्मक कार्य - श्रवण कौशल

इकाई 4. दिसम्बर 15 - मार्च 13

1. मात्राओं की पुनरावृत्ति हेतु शुतलेख।
 2. पाठ - 14 सफेद हंस
 3. पाठ - 15 दो बकरियाँ
 4. पाठमाला Pgs 95, 85 (मौखिक-विलोम शब्द)
 5. एक-अनेक (चिड़िया-चिड़ियाँ, माला-मालाएँ)
 6. ध, त्र, झ, श वाले शब्दों का बोध
 7. रचनात्मक लेखन
 8. कविता - मौसम, पतंग
- सुनो कहानी - चालाक मुर्गा, बलवान कौन, घास का लालच
- क्रियात्मक कार्य - कहानी बुनो

Subject : Maths

Prescribed Text Book — Success with Maths Ahead

Class : I

Orient Blackswan

1st Semester

Unit I. April 06 to July 13

- Numbers till 100
- Forward, Backward counting
- Addition and Subtraction till 100
- What comes before, after, in between
- Number Names 1- 50
- >, <, =
- Circle the Smallest, Greatest Number
- Maths Ahead Pgs. 1- 5, 9 - 13, 15 - 30
34 - 43, 48 - 49, 51- 61, 65 - 69, 87 - 90

Activity : Number Grid

Unit II. July 14 to Sep. 17

- Revision of all concepts
- Number Names 51 - 100
- Mixed Sums
- Place Value introduction
- Circle the Smallest, Greatest Number
- Ascending Order
- Descending Order
- Maths Ahead - Pgs. 91 - 102, 105, 106,
108 - 112, 114, 115, 117, 118, 120, 121

Activity : Fun with Housie

2nd SEMESTER

Unit III. Sept. 30 to Dec. 14

- Revision of all concepts
- Addition - Carry over Sums
- Ordinal Numbers
- Calendar
- Place Value
- Subtraction Borrowing Sums

- Time
- Mixed Sums
- Maths Ahead - Pgs. 103, 104, 124, 125, 127 - 132, 152 - 153, 31 - 32, 44 - 46, 62 63, 70, 71, 113, 119, 122

Activity : Clock making /
My daily Time-table

Unit IV. Dec. 15 to March 04

- Mixed Sums
- Number Stories (Simple Addition and Subtraction)
- (Mixed - Carryover and Borrowing)
- Skip Counting of 2, 3, 5, 10
- Money
- Shapes and Patterns
- Tables 2, 3, 5, 10 (oral)
- Measurements
- Maths Ahead - Pgs. 134 - 139, 141-146, 149 - 151, 73 - 83, 171 - 174

Activity : Fun with Shapes, Data Handling

Audio Visual : Conceptual teaching through Smart Class

Subject : Environmental Studies

Class : I

Prescribed Text Book — My Green World - 1

1st Semester

Unit I. April 06 to July 13

- Topics : - Myself
- My Body
- My Sense Organs
- My Family
- My House

Project : My Family

Unit II. July 14 to Sep. 17

- Topics : - My School
- Food We Eat
- Keeping Healthy
- Good Manners
- Our Nation

Project : My Country My Pride

2nd Semester

Unit III. Sept. 30 to Dec. 14

- Topics : - Means of Transport
- Keeping Safe
- Festivals we celebrate
- People who help us
- Seasons

Project : Safety around me

Unit IV. Dec. 15 to March 04

- Topics : - Plants around us
- Animals around us
- The Earth and the Sky
- Air
- Water

Project : Germination of Seed

Subject : Computer Science

1st Semester

Unit I. April 06 to July 13

1. Computer and its parts

Theory : What we can do on computer, Main parts, Helping parts

Practical : Stories , Rhymes,

Unit II. July 14 to Sep. 17

2. The Mouse

Theory : Holding the mouse, Clicking the mouse, Buttons, Single click, Double Click, Click and Drag

Practical : MS Paint

2nd Semester

Unit III. Sept. 30 to Dec. 14

3. MS - Paint

Theory : Steps to open paint, Components of Paint, Window, Basic Tools - Pencil, Brush, Fill with Color, Eraser, Shapes for drawing.

Practical : Ms - Paint

Unit IV. Dec. 15 to March 04

4. Keyboard

Theory : Alphabet, Number, Space bar, Enter Key, Delete and Backspace Keys

Practical : Notepad

Class : I

Subject : Life Skills

Class : I

1st Semester

Unit I. April 06 to July 13

- Respecting Elders
- Understanding 4 R's –
- Reduce, Reuse, Recycle, Refuse

Unit II. July 14 to Sep. 17

- Etiquettes and Manners
- Healthy Eating Habits

2nd Semester

Unit III. Sept. 30 to Dec. 14

- Neighbours and Neighbourhood
- Our Festivals

Unit IV. Dec. 15 to March 04

- Thanking nature - Plants and Animals
- Save Mother Earth

Subject : General Knowledge

Class : I

Prescribed Text Book —General Knowledge Online 1

1st SEMESTER

Unit I. April 06 to July 13

1. Clean home and body
- 2 Etiquettes
 - Good Words
 - Table Manners
 - Behaving Well

G.K. Online - Pgs - 9, 19, 20, 21, 26, 27, 28, 35, 40

Unit II. July 14 to Sep. 17

1. Our India
 - Proud Indians
 - Famous Buildings
- 2 Language and Literature
 - Stories
 - Fairy Tales

G.K. Online - Pgs - 5, 6, 7, 8, 11, 12, 14, 22, 23, 29, 31

2nd SEMESTER

Unit III. Sept. 30 to Dec. 14

1. Animal World
2. Fruits and Vegetables
3. Months of the year
4. Food and Water

G.K. Online - Pgs - 13, 15, 16, 17, 18, 32, 36, 39

Unit IV. Dec. 15 to March 04

1. Traffic Symbols
2. Sports & Entertainment
 - Adventure Sports
 - Sports Balls
 - Outdoor Games
 - Beach Activities
3. Shapes
4. Sky
5. Problem Solving

G.K. Online - Pgs - 10, 30, 33, 34, 38, 41, 43, 43, 46

Subject : Aerobics

Class : I

Unit I. April 06 to July 13

1. What is fitness
2. Standing position
3. March on Music
4. Hand movements

Unit II. July 14 to Sep. 17

1. Why we need to be fit
2. Step Up
3. Step Down
4. Hand movements

Unit III. Sept. 30 to Dec. 14

1. How can we get fit body and mind
2. Step Twist
3. Step Heel
4. Hand movements

Unit IV. Dec. 15 to March 04

1. How to control mind and senses
2. Step Tapout
3. Step Touch
4. Hand movements

Subject : S.U.P.W.

Class : I

Unit I. April 06 to July 13

- Yoga
- Clay Modelling

Unit II. July 14 to Sep. 17

- Rainbow Sandwich
- Origami

Unit III. Sept. 30 to Dec. 14

- Self Defence
- Sprout Making

Unit IV. Dec. 15 to March 04

- Vegetable Printing
- Collage with shapes

Subject : Art & Craft

Prescribed Text Book — Start with Art 1

Class : I

Unit I. April 06 to July 13

Pages : 3, 5, 7, 9, 15, 18, 25, 36, 44, 46

Free Expression : My favourite Toy
Me and my friend

Unit II. July 14 to Sep. 17

Pages : 4, 13, 14, 17, 21, 22, 23, 29, 37, 39, 40

Free Expression : Rainy Day
Raksha Bandhan

Unit III. Sept. 30 to Dec. 14

Pages : 6, 8, 10, 11, 16, 24, 26, 28, 33, 34, 38

Free Expression : Greeting Card (Pressed Flowers)
Ice Cream Seller
Diwali

Unit IV. Dec. 15 to March 04

Pages : 2, 12, 19, 27, 31, 32, 35, 41, 43, 45

Free Expression : Origami boat in lake
Santa's Face
Trip to the moon

Subject : Sports/Games Activities

Class : I

Unit I. April 06 to July 13

Commands, Basics of a game, Fitness, Basics of Physical exercise.

PEC - 1, 2, 3, 4, 19, 20

1. Formation of different positions
 - Attention
 - Stand at ease
 - Left and right turn
 - About turn
2. Warming up exercises
3. Short distance race (50 m)
4. Fire in the mountain
5. Relay race

Unit II. July 14 to Sep. 17

Safety and security, Basics of safety rules

PEC - 5, 6, 13, 14, 17, 18

1. Zig Zag running
2. Passing the ball
3. Short distance race with both legs
4. side ways running
5. standing jump (on pit)

Unit III. Sept. 30 to Dec. 14

Basics of a game, movement, awareness

PEC - 1, 2, 7, 8

1. Dribbling the ball
2. Dog and the bone
3. Zig-zag running with football
4. Free throw (Basketball)
5. Jump with one leg (on pit)

Unit IV. Dec. 15 to March 04

Good health and clean environment, spirit of Adventures,

Group activities and games.

PEC - 9, 10, 11, 12, 15, 16

1. Jump over the hurdles
2. Relay race with ball (basketball)
3. Penalty kick (Football)
4. Catching the ball (Cricket ball)
5. Throwing the ball (cricket ball)

Subject : Indian Music

Class : I

Unit I. April 06 to July 13

Topics :

1. अलंकार
2. राष्ट्रगीत
3. प्रभु हमारा आज का दिन

Unit II. July 14 to Sep. 17

Topics :

1. विजयी विश्व तिरंगा प्यारा.....
2. एक दौड़ नया दुनिया में
3. स्वच्छ भारत का इरादा कर लिया हम ने

Unit III. Sept. 30 to Dec. 14

Topics :

1. स्वर विस्तार
2. रघुपति राघव राजा राम.....
3. जय हिन्द जय भारत जय हिन्दुस्तान

Unit IV. Dec. 15 to March 04

Topics :

1. सरस्वती वंदना
2. प्रभु हम सबको ये वर दो.....

Subject : Western Music

Class : I

Unit I. April 06 to July 13

- Boogie Woogie.....
- Give me oil in my lamp

Unit II. July 14 to Sep. 17

- All things bright and beautiful
- We shall over come.....

Unit III. Sept. 30 to Dec. 14

- We are in the army of the.....
- We are happy family.....

Unit IV. Dec. 15 to March 04

- Bingo was is name of
- Merry's boy child
- Joy to the world

Subject : DANCE

Class : I

Unit I. April 06 to July 13

- Foot tapping dance on various English songs
- Basic Folk footwork
- Marching, Tapping and Clapping in Counts

Unit II. July 14 to Sep. 17

- Basic dance steps and controlled movement of foot
- Enactment of makhan chor (on counts)

Unit III. Sept. 30 to Dec. 14

- Folk and traditional dance on Recorded Song (Diwali)
- Christmas Dance

Unit IV. Dec. 15 to March 04

- Dance based on animal movements
- Spring celebration dance (with flower Petals)
- * Activity (Holi Song)

ORAL INTERACTION

1st SEMESTER

Unit I. April 06 to July 13

1. Health and Hygiene
2. Summer Season
3. General Etiquettes - STEP
4. Table Manners.
5. 3R's - Reduce, Reuse, Recycle.

Unit II. July 14 to Sep. 17

1. Rainy Season
2. The Story of a Cloud
3. Water is Precious
4. Pollution
5. Neighbourhood

2nd SEMESTER

Unit III. Sept. 30 to Dec. 14

1. Importance of Reading Books
2. Good Body Posture, Good Habits
3. Airport Scene
4. Railway Station

Unit IV. Dec. 15 to March 04

1. Importance of Plants
2. Our Universe
3. Living / Non - Living Things
4. Helpful Machines
5. Seasons

Class : I

HELP ME GROW

"Help me Grow" is the need of the hour, for the proper growth and development of a pre-schooler. It does not call for any special technique or skill - just a few minutes out of your busy schedule will work wonders for your child. In this competitive world you can give a few minutes to your child and help him grow into a positive individual with a balanced mind, high emotional security, good communicative skill, articulate and above all a confident child with good ethical values. A number of activities are given below for reinforcement. These activities are carried out in classes - but reinforcement of these activities are essential for the positive growth of the child.

Child Centered activities with parental involvement.

1. Observation Skills and Analytical Skills .
2. Creativity and Imagination.
3. Concentration
4. Language Skills (Vocabulary reading and writing).
5. Personality Development (confidence, self discipline and social skills)
6. Reflexes (Physical and mental exercises).

Unit I -

Language Skills :

Read a story (familiar or new) to your child. When finished, ask your child to draw a picture of what happened first and a picture of what happened last.

Analytical Skill :

Adding and Subtracting Necklace : This activity is an engaging way for your child to learn basic addition and subtraction. Make a necklace out of string and large beads or plastic rings. Have her throw dice and decide whether she wants to add on or take off the number of pieces indicated by the dice. Encourage your child to use

such terms as 'more' 'less' plus and minus to introduce her to the basic vocabulary of Maths.

- **Observation Skills : Memory Game**

Show your child few objects in a tray. Hide them with a cloth and see how many of the objects can be recalled.

- **Language Skills : I spy with my little eye:**

Think of an object within the room and say "I spy with my little eye something beginning with F" Give clues if required.

- **What's different :**

Start this activity by placing three or four related objects e.g. kitchen utensils on a table. Show your child the objects and ask him to name them one by one. Then have him turn around and cover his eyes. Remove one item and replace it with any object unrelated to the group. Ask the child to identify the missing object and name the new object.

Unit II

- **Tippy Tippy Tap :**

To reinforce the concept of colours you can play this game with your child. Say 'Tippy Tippy Tap' and let her ask you "Which colour do you want". Which ever colour is chosen for eg. 'I want green', the child will then look for any object of that colour.

- **Observation skills :**

A sponge garden grown from seeds : A household sponge is an ideal medium for

growing a mini garden. Use grass seed or birdseed that has been soaked in water overnight. Wet the sponge and place it in a dish, then sprinkle the seed on top and set the dish in a sunny spot. Be sure to keep the sponge moist.

- **Reflexes : Tosses for two (One ball for every two children)**

Assign partners and then ask the partners to play catch the ball with one another. Show the children how to open their hands with their palms up so they are ready to catch the ball. Encourage the children to throw the ball with their palms up.

- **Language skills :**

- **Reflexes : Word Treasure -** Hide alphabets around the house. Send your child on a treasure hunt to see if he or she can find them, then find objects corelating to the alphabet.

- **Charades : Demonstrate any simple daily activity through actions only, like washing clothes, making chappaties etc. Ask the child to keep guessing. When he / she gets the answer right let the child act out while you guess.**

- **Down Memory lane :** Take turns with the child in narrating childhood memories and interesting experiences. Show him / her old albums and help him make his own album.

- **Let's play cricket :** Take a book open any page and note down its number. Ask your child to write its number name.

Unit III

Language Skills :

Give your child a word and see how many new words can be formed from it.

Observation Skills :

Learning about weight can begin with objects of almost identical size but different weights - a table tennis ball and a golf ball, or a lunch bag filled with sand and another with leaves. Ask your child to lift these objects and describe them as light or heavy. Your child will learn that weight cannot always be determined by size or appearance.

Creativity and imagination :

Discovering new uses : Challenge your child to find new uses for common toys and objects. A handkerchief can be a flag, a spoon and pan used as a drumstick and drum, a paper bag for a top hat. Ask your child for suggestions and encourage him to come up with innovative ideas - a crayon might become a rocket; wooden puzzle pieces could be served as delicious food pieces for dolls.

Surprise Jar :

Write the names of animals or objects on a slip of paper. Put the slips in a jar and let each child pick one. Then read aloud what is written on each slip. Ask the child to pretend to be whatever the slip reads. Add your name, scores and see who comes first. One might imitate a Cat - stretching, meowing, grooming itself and curling up to take a nap.

A weather Game :

You and your child join as a team to act out your responses to various kinds of weather e.g. suggest that it is raining so you have to cover your head with a newspaper or umbrella. Next, you come to a puddle. What to do? So jump across and you do too. You might expand the game by asking your child to select a particular season of the year and act out a few of its characteristics.

Language Skills

Encourage your child to use what he learns. Let him make signs for his room eg. This is Jimmy's room. You can even encourage him to make a shopping list / birthday list on his own.

Unit IV

Reflexes (Mental and Physical Exercise):
Place six empty cans and place them in a pyramid shape. Take turns to aim at them with a ball from a distance.

Map Making :

Take a walk together and let the child decide landmarks such as friends house, park etc. When you get home spread a large piece of paper on the floor. Draw your own street and mark where you live, add other street and landmarks labelling each item. You can use this map to play with your toy trucks, cars and dolls.

Transforming Food : Using your kitchen as a science centre, you can help your child understand how things can be transformed into different forms, shapes

and textures. Let your child observe while you cook e.g. have him / her crack an egg in a bowl, touch it and describe it. Next boil two eggs. Take out one egg after 3 minutes and one after 10 minutes. Let the child observe the difference in all three eggs.

- **Creativity and Imagination** : Cut out a large picture of a person's face from a magazine, then cut it in half, vertically. Glue one of the halves onto a sheet of paper, leaving room on the sheet for your child to draw on the other side to complete the face.
- **Reflexes (Mental and Physical Skills)** : Tell your child that you are going to play Hide and Seek with him in a make believe way. Your pretend hiding places might include the car's glove compartment etc. Have the child try to find you by asking questions.
- Take your child for a visit to a Post Office and come home and do role play, acting out the journey of the letter with all family members enacting different roles from writing, posting, collecting, delivering and receiving.