Create a trigger that automatically updates a EmployeeCount table with the total number of employees each time an employee is added or removed.

```
DELIMITER //

-- Trigger to handle insertion--------------------
CREATE TRIGGER after_employee_insert
AFTER INSERT ON employee
FOR EACH ROW
BEGIN
   UPDATE EmployeeCount
   SET emp_count = emp_count + 1;
END //

-- Trigger to handle deletion--------------------------
CREATE TRIGGER after_employee_delete
AFTER DELETE ON employee
FOR EACH ROW
BEGIN
   UPDATE EmployeeCount
   SET emp_count = emp_count - 1;
END //

DELIMITER ;

CREATE TABLE EmployeeCount(emp_count INT);

INSERT INTO EmployeeCount (emp_count)
VALUES ((SELECT COUNT(*) FROM employee));

INSERT INTO employee (emp_id, name, dept, salary)
```

```sql
VALUES (11, 'John Doe', 'IT', 55000);


SELECT * FROM EmployeeCount;

DELETE FROM employee WHERE emp_id=1;

SELECT * FROM EmployeeCount;
```