

1. State the difference between while loop, for loop and do while loop.
2. What is the difference between break and continue.

WHILE LOOP	FOR LOOP	DO WHILE LOOP
Checks Before Loops starts	Checks Before Loops starts	After Loops body runs onces
When number of iterations is unknown	When number of iterations is known	When you want to run the loop at least once
May not run if condition is false	May not run if condition is false	Runs at least once, even if false

BREAK	CONTINUE
Exits the loop completely	Skips current iteration and goes to next one
When you want to stop the loop early	When you want to skip specific cases

Break example :

```
for (let i = 1; i <= 5; i++) {
  if (i === 3) break;
  console.log(i);
}
```

Continue example :

```
for (let i = 1; i <= 5; i++) {
  if (i === 3) continue;
  console.log(i);
}
```