

2014 Edition

Promote Your Business ! With Holidays and Special Awareness

A whole year's
worth of
promotional
opportunities!



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Promote Your Business with Holidays and Special Awareness

2014 Edition



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ABOUT THIS BOOK

This book is the result of hundreds of hours of research. Every effort has been made to verify and authenticate the information contained herein. However, in order to provide you with the greatest amount of useful and beneficial information, and because of the changing nature of the subject matter, we cannot guarantee its accuracy.

We live by the creed: Givers Gain. One of our favorite quotes is from Winston Churchill:

You make a living by what you get. You make a life by what you give.

It is in this spirit of giving that we have released this edition of *Promote Your Business*. We are also happy to offer our assistance to develop advertising campaigns and promotional programs. Our areas of expertise are not limited to just advertising and promotion. We are also able to help with workplace safety programs, employee recognition, employee performance enhancement, motivation and morale, mobile and internet marketing as well as a host of other needs. We are able to assist with almost every facet of business.

We are available for consultation in your place of business. To schedule an appointment, contact us today.

INTRODUCTION

Why We Celebrate

Holidays have existed for thousands of years. These “Holy Days” originated with religious observances. Later, specific days were set aside to commemorate special events or to honor certain individuals.

The Days of the Week

Even the days of the week were originally intended to honor certain deities. The names of the days are in some cases derived from Teutonic deities or, such as in Romance languages, from Roman deities. The early Romans, around the first century, used Saturday as the first day of the week. As the worshipping of the Sun increased, the Sun's day (Sunday) advanced from being the second day to being the first day of the week (and Saturday became the seventh day).

Sunday

The name comes from the Latin *dies solis*, meaning “the sun's day,” the name of a pagan Roman holiday. It is also called *Dominica* (Latin), the Day of God. The Romance languages, languages derived from the ancient Latin language (such as French, Spanish, and Italian), retain the root.

French: *dimanche*. Italian: *domenica*. Spanish: *domingo*.

German: *Sonntag*. Dutch: *zondag*. [both mean “sun-day”]

Monday

The name comes from the Anglo-Saxon *monandaeg*, meaning “the moon's day.” This second day was sacred to the goddess of the moon.

French: *lundi*. Italian: *lunedì*. Spanish: *lunes*. [from *Luna*, “Moon”]

German: *Montag*. Dutch: *maandag*. [both mean “moon-day”]

Tuesday

This day was named after the Norse god Tyr. The Romans named this day after their god of war Mars: *dies Martis*.

French: *mardi*. Italian: *martedì*. Spanish: *martes*. [named for Mars]

German: *Dienstag* (meaning “Assembly Day”). In the Netherlands it is known as *dinsdag*, in Denmark as *tirsdag* and in Sweden *tisdag*.

Wednesday

The day named to honor *Wodan* (Odin).

The Romans called it *dies Mercurii*, after their god Mercury.

French: *mercredi*. Italian: *mercoledì*. Spanish: *miércoles*.

German: *Mittwoch*. Dutch: *woensdag*.

Thursday

In the Norse languages this day is called *Torsdag*, after the Norse god Thor.

The Romans named this day *dies Jovis* (“Jove’s Day”), after Jove or Jupiter, their most important god.

French: *jeudi*. Italian: *giovedì*. Spanish: *jueves*.

German: *Donnerstag*. Dutch: *donderdag*.

Friday

The day in honor of the Norse goddess Frigg.

In Old High German this day was called *frigedag*.

The Romans named this day *dies veneris* (“Venus’ Day”) to honor the goddess Venus.

French: *vendredi*. Italian: *venerdì*. Spanish: *viernes*.

German: *Freitag*. Dutch: *vrijdag*.

Saturday

The Romans called this day *dies Saturni* (“Saturn’s Day”) in honor of Saturn. Anglo-Saxon: *sater daeg*.

French: *samedi*. Italian: *sabato*. Spanish: *sábado*.

German: *Samstag*. Dutch: *zaterdag*.

Swedish: *Lördag*. Danish and Norse: *Lørdag*. [“washing day”]

The Months of the Year

Originally, there were ten months in the year. This was probably for the same reason as why we have a decimal counting system (increments of ten), because we have ten fingers. The months were named for certain deities or individuals, or for their order on the calendar:

January

The first month in the year in the Julian and Gregorian calendars. January is named after Janus the god “of the doorway” or “of all beginnings.” No later than 153BC, January replaced March as the first month of the new year.

February

The second month was originally unnamed on the Roman calendar. The name, first known to be used sometime before the twelfth century AD, is from the Latin *Februa*, plural, meaning “feast of purification.”

March

This month received its name from the Romans, derived from the Latin *Martius* referring to Mars, the Roman god of war. It is understandable that the Romans would give a whole month to this particular god, seeing that they were all about conquest.

April

April is thought to be based on the Etruscan *apru* for Aphrodite the ancient Greek goddess of love and beauty, identified by the Romans with Venus. April may also originate from *aperire*, “to open.” Possible because it is the month in which the buds begin to open.

May

Originally the third month of the Roman calendar. The name probably comes from *Maiesta*, the Roman goddess of honor and reverence.

June

Named in honor of Juno. However, the name might also come from *iuniores* (young men; juniors) as opposed to *maiores* (grown men; majors) for May, the two months being dedicated to young and old men.

July

This was the month in which Julius Caesar was born, and named *Julius* in his honor in 44 BC, the year of his assassination. Also called *Quintilis* (fifth month).

August

This month was originally called *Sextilis* (from *sextus*, “six”), but the name was later changed in honor of the first of the Roman emperors, Augustus (because several fortunate events of his life occurred during this month).

September

The name for this month comes from *septem*, “seven.” It was originally the seventh month until July and August were inserted into the mix.

October

October comes from *octo*, “eight.”

November

November comes from *novem*, “nine.”

December

December comes from *decem*, “ten.”

Holy Days

As mentioned before, the term “holiday” is a contraction of the words, “holy” and “day.” Many of the holidays we observe today have their origin in paganism. After the establishment of the Roman Catholic Church in 325AD, many elements of Roman and Greek mythology were adapted and modified to fit the newly accepted Christian religion. Rather than trying to abolish the well-established pagan holidays and practices, the Roman emperor Constantine chose to “Christianize” them by creating Christian observances to coincide with them.

The pagan origins of these special days have been essentially ignored or forgotten by all but the historians. These holidays are now observed with their relative significance to modern society and nothing more.

Time for a Break

Almost every month has at least one day set aside as a day of respite. In the United States, there are ten “legal holidays” given for Federal employees:

“Federal law (5 U.S.C. 6103) establishes the following public holidays for Federal employees. Please note that most Federal employees work on a Monday through Friday schedule. For these employees, when a holiday falls on a nonworkday -- Saturday or Sunday -- the holiday usually is observed on Monday (if the holiday falls on Sunday) or Friday (if the holiday falls on Saturday).”

<http://www.opm.gov/policy-data-oversight/snow-dismissal-procedures/federal-holidays/#url=2014>

Wednesday, January 1	New Year's Day
Monday, January 20	Birthday of Martin Luther King, Jr.
Monday, February 17	Washington's Birthday
Monday, May 26	Memorial Day
Friday, July 4	Independence Day
Monday, September 1	Labor Day
Monday, October 13	Columbus Day
Tuesday, November 11	Veterans Day
Thursday, November 27	Thanksgiving Day
Thursday, December 25	Christmas Day

In addition to these federally recognized holidays, there are also many days throughout the year that have been designated by Presidential Proclamation. A Presidential Proclamation is a statement issued by a President on a matter of public policy. They are generally defined as, “...a written or printed document in which are contained such matters, issued by proper authority; as the president's proclamation...”

www.lectlaw.com

The Presidential Proclamation does not have the force of law, unless authorized by Congress. Congress must pass an act to make a holiday official. However, even though a Presidential Proclamation is only ceremonial, it does establish the holiday or special awareness day as such by one of the highest authorities. To have a day designated for the purpose of giving special awareness to a specific cause or issue by Presidential Proclamation is indeed an honor.

HOW TO USE THIS BOOK



Fly the Flag Today – On certain days it is especially appropriate to display the U.S. Flag. These days may be holidays or special observance days established by law, Presidential Proclamation, or custom. We have indicated these days with the photograph and message shown here. Government facilities fly the flag every day and the public can display the flag whenever they choose.

Flag Etiquette – The Flag of the United States of America should be shown respect at all times. More information can be found here:

- www.usflag.org/flagetiquette.html
- www.ushistory.org/betsy/flagetiq.html
- www.usa-flag-site.org/etiquette.shtml
- www.heritage-flag.com/heritage_etiquette.htm
- www.vfw.org/Community/Flag-Education/
- www.senate.gov/reference/resources/pdf/RL30243.pdf

Throughout the history of our nation, the flag has evoked intense, sincere feelings of patriotism.

– Jimmy Carter, 39th President of the United States

You can take advantage of promotional opportunities by displaying the flag on special days. Doing so creates the perception that we are loyal, trustworthy, dedicated, and committed to the greater good. These are excellent attributes for any company or organization. Even the colors: red, white and blue, when used together, will create this perception. Being patriotic is just good business.

We can help. We can provide the United States (and any other country) flag in almost any size, as well as other patriotic promotional products. We can also provide promotional products that are made in the USA.



This book is full of ideas for advertising campaigns and promotional programs from our staff. Many of these suggestions are ideas we have used with other clients with great success. Take note whenever you see the light bulb guy shown above.

JANUARY

January 2014						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	Notes:

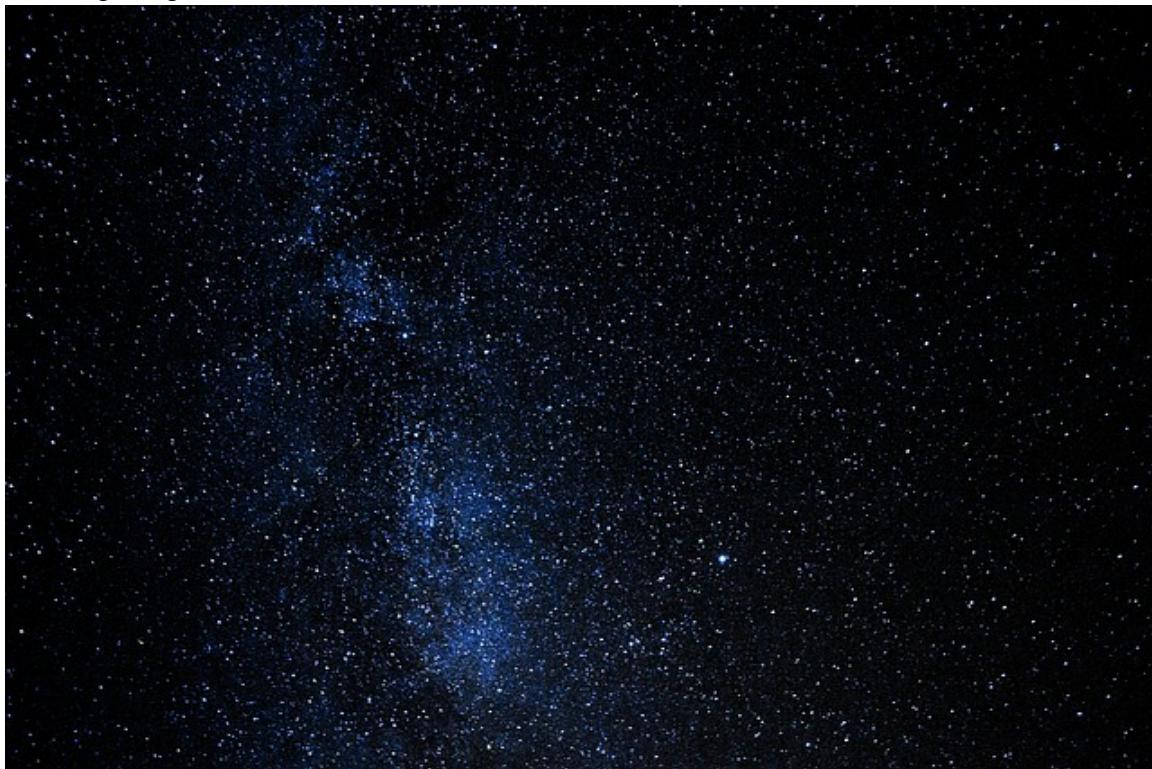


Wednesday, January 1
Day 1 364 Days Remaining



New Years Day – This has been celebrated on January 1 in most English-speaking countries since the British calendar act was passed in 1751. Before that it had been observed on March 25. The first time the ball was dropped at Times Square in New York City was in 1908.

New Moon – The “New Moon” phase of the moon is when the moon is fully hidden in the earth’s shadow from the sun. A clear night during a new moon is a prime opportunity for stargazing. The new moon will occur at 5:15AM CST, 11:15 UTC.





It is a good idea to plan your advertising and promotions for the entire year in advance. To conduct an effective campaign or program can require months of planning and preparation. We will be glad to meet with you to brainstorm ideas. Together, we can make this your best year ever. Contact us today for a free, no-obligation consultation!



Tournament of Roses Parade – The first rose parade, with horse-drawn carriages decorated with flowers, was in Pasadena, California in 1890. If January 1 is on a Sunday, then the parade is held on January 2.

www.tournamentofroses.com

Baby-Boomer Day – From 1946 to 1964, more than 76 million babies were born in the United States.

www.bbhq.com

Z Day – People whose (first or last) name starts with 'Z' get to go first for a change!

Daydreamers Day – Are you guilty of dreaming during the day? “Daydreaming” is an altered state of consciousness. Highly creative people (about four percent of the population) spend more than half of their conscious time daydreaming. Psychologists consider daydreaming to be a positive activity. It can help you deal with guilt or anxiety, reduce tension, escape from intolerable situations, combat boredom, and process information into long term memory.

Buckle Up Day – The first mandatory seat belt law went into effect in New York in 1985. Wearing a seat belt keeps the occupant from continuing in motion when the vehicle suddenly slows down or stops, such as in an accident. The driver is able to maintain more control of the vehicle during quick and sudden maneuvers, if he or she is wearing a seat belt. Bottom line: Seat belts save lives! Make it a new year resolution for all occupants to be wearing their seat belts before the vehicle starts to move.

Ellis Island Day – Ellis Island started processing immigrants in 1892.

<http://ellisisland.org>



Photo: LIFE

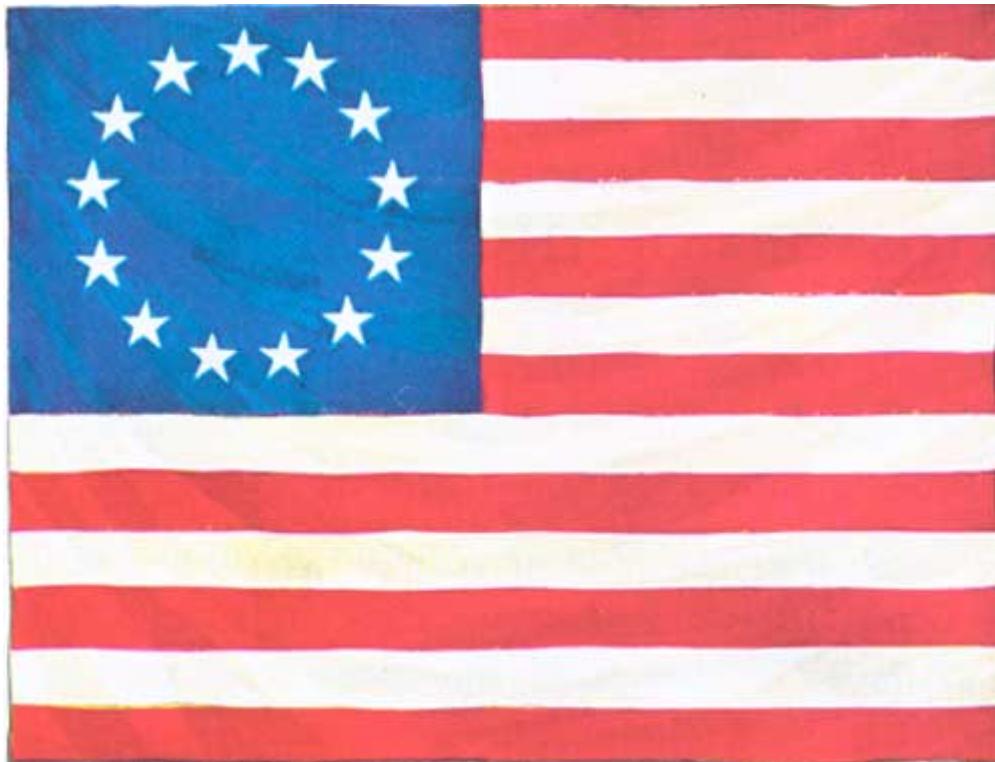


Photo: National Park Service

Betsy Ross Day – Birthday of Elizabeth (Betsy) Ross (January 1, 1752 – January 30, 1836), the seamstress responsible for crafting one of the first American flags. Although she was known to make flags for fifty years, there is no conclusive proof that she made the original stars and stripes. The design that is most attributed to her, with the stars arranged in a circle, did not begin to appear until the early 1790's.

www.ushistory.org/betsy

http://www.nps.gov/history/history/online_books/flag/h_doc_100-247/sec1.htm

Paul Revere Day – Birthday of Paul Revere (January 1, 1735 – May 10, 1818), a Boston silversmith made famous by Longfellow's poem, *The Midnight Ride of Paul Revere*.
www.paulreverehouse.org

Income Tax Day – With the Revenue Act of 1861, taxes were collected based on income starting in 1862. This tax revenue was used to finance the Civil War, which lasted for four years and cost approximately \$2.5 million per day.

www.irs.gov

Traveler's Check Day – The first traveler's checks were issued in London in 1772 by the London Exchange Banking Company.

*Photo: Paul Revere Statue in front of Old North Church
Courtesy of National Park Service*



Thursday, January 2
Day 2 363 Days Remaining

Quadrantids Meteor Shower – The Quadrantids are an above average shower, with up to 40 meteors per hour at their peak. The shower usually peaks on the evening of January 2 and the early morning of January 3, but some meteors can be visible from January 1 – 5. The near last quarter moon will hide many of the fainter meteors with its glare. Best viewing will be from a dark location after midnight. Look for meteors radiating from the constellation Bootes.

Run up the Flagpole and See if Anyone Salutes Day – This is an expression, which means to float an idea to see what people think, or if they notice. The expression is commonly used in advertising and print media.

Positive Postcard Day – Send an encouraging postcard to a friend who may be suffering from post-holiday blues.

Thrift with Flair Day – Shop at your local thrift store. You might be surprised to find some real bargains.

www.goodwill.org

Fairmount Park Bridge Day – The first wire suspension bridge in the United States opened in Fairmount, Pennsylvania in 1842.

www.workshopoftheworld.com/fairmount_park/fairmount_park.html

Science Fiction Day – Birthday of science fiction author Isaac Asimov (January 2, 1920 – April 6, 1992).

www.asimovonline.com

55 mph Speed Limit – The National Maximum Speed Law was a provision of the 1974 Emergency Highway Energy Conservation Act. It was meant to conserve fuel and save lives, which it did. However, the states disliked this federal intrusion. The law was modified in 1987 and 1988 to allow the speed limit to be raised to 65 mph on rural roads. Congress finally repealed the law in 1995, returning control to the individual state governments. The lower speed limit didn't save as much fuel as expected, partly due to the fact that automobiles produced prior to 1975 were geared for maximum efficiency at speeds closer to 70 mph. Cars manufactured after 1975 were geared to maximize fuel usage at 55 mph, the specific gear being called "overdrive." Even though the speed limit is considerably higher today, most drivers will realize better fuel economy at lower speeds.

www.commondreams.org/headlines05/0501-01.htm



Tournament of Roses Parade – In years when the first falls on a Sunday, the parade is held on the second.

www.tournamentofroses.com

Georgia Admission Day – Georgia became the fourth state in 1788.

<http://ourgeorgiahistory.com>



Friday, January 3
Day 3 362 Days Remaining

Drinking Straw Day – In 1888, Marvin Stone patented the spiral winding process to manufacture the first paper drinking straws. His straw design was 8 ½ inches long and made from paraffin-coated manila paper.

<http://inventors.about.com/od/sstartinventions/a/History-Of-Drinking-Straws.htm>

Silly Putty® Day – Silly Putty® was created by accident in 1943 by James Wright, an engineer with General Electric, who was trying to create a synthetic rubber for the U.S. Army. It was introduced to the toy market in 1950 by Peter Hodgson, an advertising copywriter turned entrepreneur. The trade name is now owned by Crayola.

<http://web.mit.edu/invent/iow/sillyputty.html>



Silly Putty® is a great promotional item to use in any program focused on families or children. It can also be used to occupy children's attention in a constructive manner. If you need to distract children while you conduct business with the parents, this is a great toy/tool to keep them occupied for an extended period of time. And they get to keep it and take it home! The kids are happy, which makes the parents happy.

We can imprint your logo and/or advertising message on the outside of the egg-shaped container, reinforcing your brand and creating goodwill with your customers and clients.



Silly Putty® is not just for kids. It can also be a great tool for stimulating creative thought.

- Give it to every attendee at a creativity workshop.
- Turn a boring board meeting into a stimulating and cooperative exchange of thoughts and ideas.
- Children are the most creative thinkers. Encourage everyone to “think like a kid again.”

One of the fun things you can do with it is to “copy” printing off of paper. This works especially well with newspaper print (and paper currency). Use this product as part of an advertising or promotion program. Here are some sample program themes:

- “Often copied, but never duplicated.”
- “Expanding Our Reach.”
- “Making a Good Impression.”
- “Stretching Our (Resources, Money, Buying Power, etc.)”

If you work with both children and adults, as in the two scenarios cited above, then this product can fill both needs.

Ask us for a [free sample](#) of this product and get your creative juices flowing!



Festival of Sleep Day

www.sleepfoundation.org

Fruitcake Toss Day – If you haven’t eaten it by now, you probably never will. Toss it.

National Chocolate Covered Cherry Day

Brooklyn Bridge Day – Work began on the bridge in 1870.

www.nyc.gov/html/dot/html/bridges/brooklyn_bridge.shtml

Missing Persons Day – New York television broadcast the first missing persons report on this day in 1943.

www.missingkids.com The National Center for Missing and Exploited Children

Humiliation Day – Humiliation can be quite humbling.

National Write to Congress Day

www.congressmerge.com

Alaska Admission Day – Alaska became the 49th state in 1959. It was purchased from Russia in 1867, and organized as a territory in 1912.

www.alaskahistoricalsociety.org

www.akhistorycourse.org



Saturday, January 4

Day 4 361 Days Remaining

Trivia Day – Learn a bit of trivia to use in a conversation today.
www.funtrivia.com

Spaghetti Day – Originating from Italy, this thin string-like pasta started being served in American restaurants around the end of the 19th century.

Blender Day – In 1910 Fred Osius, L.H. Hamilton and Chester Beach started the Hamilton Beach Manufacturing Co. and received a patent for the blender, the first motor-driven kitchen appliance.
www.angelfire.com/ns2/mixerhistory

First Bank Day – The Bank of North America opened on this day in 1782. It was the first commercial bank in the U.S.
http://blog.wellsfargo.com/guidedbyhistory/2010/04/bank_of_north_america.html

Louis Braille Day – Birthday of Louis Braille (January 4, 1809 – January 6, 1852). An accident at the age of three caused Braille to lose his eyesight. He attended a school for the blind where he invented the tactile alphabet at the age of fifteen. He later became a teacher at the same school. The Braille alphabet did not receive widespread usage until after its creator's death.
www.afb.org/louisbraillemuseum American Foundation for the Blind

Appendectomy Day – The first appendectomy was performed in 1885 in Iowa by Dr. William Grant.

Saint Elizabeth Ann Seton Feast Day – Birthday of Elizabeth Ann Seton (August 28, 1774 – January 4, 1821). The only recognized saint born in the U.S. She is the patron saint of seriously ill children, in-law problems, orphans, and lapsed Catholics.
www.setonheritage.org
www.catholic.org/saints/saint.php?saint_id=180
www.elizabethannseton.org

Utah Admission Day – Utah became the 45th state on this day in 1896.
<http://history.utah.gov>



Sunday, January 5
Day 5 360 Days Remaining

Epiphany

Get on the Computer Day

FM Radio Day – The first FM (Frequency Modulation) radio broadcast took place on this day in 1940.

National Second-Hand Wardrobe Day

Can Opener Birthday – Tin cans were developed in 1813 as a way to store and preserve food. But for several years there was not an easy way to open the metal can. A U.S. patent was issued in 1858 to Ezra J. Warner of Connecticut for a hand-operated can opener.

National Bird Day – A day established to emphasize the plight of captive birds and draw attention to the exploitation of birds in the U.S. pet industry. Organizers suggest we reflect upon the conditions of birds held in captivity.

www.nationalbirdday.com

Divorce Day – The first legal divorce in North America was granted to Anne Clark in 1643. Marital divorce can have serious emotional, physical, legal, and financial consequences on the entire family, especially the children.

www.divorce360.com



Monday, January 6
Day 6 359 Days Remaining

Cuddle Up Day – It's cold outside, so here's your excuse to cuddle up.

Feast of the Epiphany (aka Three Kings Day) – According to legend, Caspar, Melchior and Balthasar were the three kings (also known as the Three Wise Men) who saw the star

over Bethlehem when Christ was born. They followed it to find the Christ child on January 6th. They brought the Christ child gold, frankincense and myrrh. In actuality, the Bible does not say how many wise men came from the east, only that they were more than one (plural). Because there are three gifts mentioned in the Bible, it has been assumed that there were three wise men, each with a gift to present to the Christ child.

Birthday of Saint Joan of Arc – Joan of Arc (January 6, 1412 – May 30, 1431) is a Roman Catholic Saint and one of the patron saints of France. At age 19 she was burned at the stake for heresy.

www.stjoan-center.com Saint Joan of Arc Center

Sherlock Holmes Day – Sherlock Holmes is a fictional detective created by author Sir Arthur Conan Doyle. The first story about Holmes was published in 1887.

www.sherlockian.net

Bean Day – Many farming communities celebrate the harvest of the bean crop around this time of the year. There is no fixed day to celebrate it. Some celebrate on January 5th. In the year 2003, John Hoeven, the Governor of North Dakota announced November 3rd as Bean Day.



North Dakota is known to have a huge production of dry beans. However, Garrison, North Dakota celebrates its Bean Day on April 15th. This day has been chosen because it is believed that after people pay their taxes they have to eat beans for some time.

Every year, in the beginning of October in Alabama and Athens, a Bean Day dinner is held by the Fire Department so that the money collected goes towards charity. About 3,000 people are fed on this day.

Many people still do not agree with the date of the Bean Day celebration. There is a disagreement between the 5th and 6th of January. For both these days which are celebrated as Bean Day, there are two separate organizational precedents. In Minnesota, the Northharvest Bean growers Association of Minnesota have been celebrating the Bean Day in the month of January since 1975. This day is celebrated in the third week of January. An annual meeting is held by the Nebraska Dry Bean Growers Association on the “Bean Day”.

National Smith Day – There are more than 2.3 million families with Smith (or its variants) as a last name.

www.clansmithsociety.org

www.ancestry.com

Telegraph Day – Samuel Morse first demonstrated the telegraph in 1838.

www.samuelmorse.net

New Mexico Admission Day - New Mexico became the 47th state in 1912.



Tuesday, January 7
Day 7 358 Days Remaining

I'm Not Going to Take it Anymore Day

Really Long Distance Day – The first transatlantic telephone service was started between New York and London in 1927. It cost \$75 for a five minute call.

Rampant Inflation Day - The cost of a U.S. postage stamp went from five cents to six cents in 1968.

www.usps.com

Old Rock Day

First Balloon Flight across the English Channel – This took place on this day in 1785.



Balloons are fun. That explains why they are so popular. They're so much fun, that they transcend age, gender, and virtually all other demographic boundaries. Kids love them. So do adults. They are probably one of the most versatile promotional products available. Children love balloons. And, surprisingly, children have a profound affect on their parents' buying decisions. According to a recent survey published in USA Today:

- 74% of kids help decide leisure activities
- 52% where to vacation
- 78% fast-food restaurants
- 55% full-service restaurants
- 31% which brand of food to buy
- 79% which TV shows to watch
- 14% what kind of car the family buys

Interestingly, the higher the parents' income and the more educated they are, the more say their children have in family decisions. If your business is such that your customers usually have their children with them, then it would be smart not to ignore the little darlings. They can be your best friend and ally, or your worst enemy to making a sale.

Balloons are safe. At least, no one has ever been seriously injured by getting bumped in the head with one. Just keep them away from infants (under 2 years old), unless the parent can supervise. Give a kid a balloon, and they'll be happy and content for at least a little while. Or, make it a happy parting gift, with the little tike having the joy of choosing the color or style.

Balloons are festive. When people see a bunch of balloons, the usual response is to ask, "Where's the party?" Balloons are the unofficial symbol of celebration. They are standard protocol for grand openings, birthdays, anniversaries, and inaugurations. Balloons are a cheap and easy way to turn any promotional event into a celebration.

Balloons are a creative way to communicate your message. Since they are small and lightweight, they can be mailed in a standard envelope with a letter, without incurring additional postage. (Just be sure that the balloon is positioned inside the folded letter, so it will not jam the Postal Service's automated handling equipment.) An invitation imprinted on a balloon is sure to get noticed. In fact, any message imprinted on a balloon is going to get additional attention. Announce a sale, a board meeting, a seminar or training session, a promotion, an added employee benefit, a new product or service, you name it!

Recently, a client of ours used balloons to announce that their company had just won a major contract. They were mailed out to every employee and to all the stockholders. The resulting boost in company pride was very evident.

Balloons are cheap (especially when you purchase them from us!). They can be used indiscriminately, without too much concern for their cost. And the more balloons you use, the better! A tank of helium can be kept on hand to produce an instant bouquet of bouncing balloons whenever the opportunity arises (no pun intended). Just give us a call, and we can recommend some convenient sources.

Here are a few more possible uses for balloons:



Restaurants can use balloons imprinted with the children's menu on one side, and the name of the restaurant on the other. Filled with helium, the balloon's string can be taped to the table, or tied in a loop to go around the child's wrist. An alternative to using helium is a pair of cardboard feet through which the neck of the balloon is pulled through and attached. A few facial features are added to the imprint to create a clown character or an animal.

Introduce a new product or service. Here are some possible captions:

- “High Volume Pricing”
- “Service worth Celebrating”
- “Fun for the whole Family”
- “We Promise High-Flying Results”
- “A Blow-out Sale”
- “Pop in for a Test Drive”
- “We’re Expanding”
- “Grow with Us”

Use a balloon as a coupon or token. Combined with a theme promotion, the coupon can be redeemed for a discount on purchase, free purchase, free gift, buy one - get one free, etc. A dotted line box can be placed around the imprint for added effect. A balloon makes a great admission ticket Distribute in advance for a seminar or training camp. This lets the person know that this meeting is going to be fun and exciting. Same thing goes for an open house invite.



Don't forget what balloons do best: Decorate! You don't have to be a professional "balloon artist" to create a promotional sensation. A product that is especially useful is called the Balloon Decorating Strip. This versatile, transparent tape makes it easy to create dramatic balloon presentations. Contact us to receive a free sample and idea sheet. Some time ago, one of my clients used this product to create two spiraling green and gold balloon towers to draw attention to their booth at a heavily-attended event. The results were overwhelming! The towers were easy to spot, so no one had any difficulty finding the booth, even from across a crowded room.

Balloons come in a wide variety of shapes, sizes, and colors. Here are a few of the more exceptional choices available:

- A round balloon shaped like a tire with a hole in the center. Or is it a donut? A bagel? A zero, as in "zero interest" or "zero money down?"
- An "Earth" balloon with a 360° imprint depicting the continents of the world. This would be great for a travel agency, international trade, "best in the world" theme, etc.
- A heart-shaped balloon is the perfect choice for a dating service, a blood bank, a hospital or clinic, or any business that wants to tell their customers that they're "All Heart!"
- Bigger really is better! Giant round balloons are available in three feet, four feet, and five feet diameters.

- The new mylar balloons provide even more choices, and have longer flying times than the regular latex balloons.

As a final note, we highly encourage our clients to consider using balloons as a standard promotional item. Actually, they are so cheap, that we do not make much on the order. But, because they are so versatile, we think balloons are ***a great promotional idea!***



Birthday of President Millard Fillmore – Millard Fillmore (January 7, 1800 – March 8, 1874) was the thirteenth president. He was Zachary Taylor's Vice President, so he assumed the office of President after Taylor's death on July 9, 1850.

www.whitehouse.gov/about/presidents

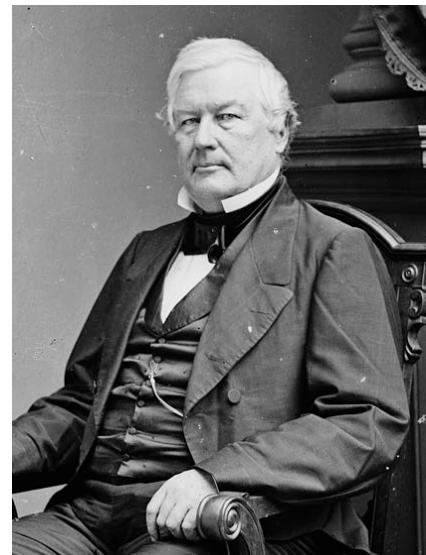


Photo: Library of Congress



Wednesday, January 8
Day 8 357 Days Remaining

Bubble Bath Day – According to the Online Etymology Dictionary the first written record of the phrase 'bubble bath' was in 1949.

National English Toffee Day

Milk Carton Day – Milk was first packaged for sale in cartons in 1929.

Male Watcher Day

Around the World Day – The earth's rotation on its axis was proved in 1851 by French physicist Jean Foucault.

It All Adds Up Day – The tabulating machine was patented by Dr. Herman Hollerith on this day in 1889.

Rock and Roll Day – Elvis Presley was born on this day in 1935.
www.elvis.com

Photo: LIFE



Thursday, January 9
Day 9 356 Days Remaining

Stepfather's Day

Organize Your Home Day - The first step to organizing is to unclutter. You can't have everything in its place if there isn't a place for everything.

<https://sites.google.com/site/clutterersanonymous/> Clutterers Anonymous

Word Nerd Day

Play God Day

Dear Abby – This advice column was published for the first time on this day in 1956. Abigail Van Buren was the pen name created by Pauline Phillips and is now owned and used by her daughter, Jeanne Phillips. Pauline's twin sister, Esther "Eppie" Lederer, wrote a similar advice column, Ask Ann Landers, from 1955 until shortly after her death in 2002.

www.DearAbby.com



Photo: Ann Landers LIFE

Gilligan Day – Birthday of actor Robert Osbourne “Bob” Denver (January 9, 1935 – September 2, 2005). Denver played the gullible and clumsy Gilligan on the television sitcom *Gilligan's Island*, which ran for three seasons on the CBS network (September 26, 1964 to September 4, 1967).

www.gilligansisle.com

www.bobdenver.com

Rape Survivor Day

www.theforensincnurse.com/What_to_say_to_a_rape_survivor.cfm

www.dancinginthedarkness.com

Connecticut Admission Day – Connecticut became the fifth state in 1788.

www.cthistoryonline.org

<http://connecticuthistory.org>

Birthday of President Richard Nixon – Richard Milhous Nixon (January 9, 1913 – April 22, 1994) was the thirty-seventh president.

www.whitehouse.gov/about/presidents

<http://nixonfoundation.org/>

<http://www.nixonlibrary.gov/>



Photo: NARA National Archives and Records Administration



Friday, January 10
Day 10 355 Days Remaining

Houseplant Appreciation Day – Having a living plant indoors has been proven to be beneficial to the human emotional state.

Peculiar People Day

www.nationalwhateverday.com/whatever-days/january/peculiar-people-day

Where's the Beef? Day – The first time Wendy's used their famous slogan was on this day in 1984.

www.wendys.com

45-RPM Day – In an attempt to attain position and dominate the phonograph market, RCA Victor introduced a seven-inch phonograph record on this day in 1949. This new format was played back at 45 RPM (Revolutions Per Minute) and had a playing time of up to eight minutes per side. This short playing time only allowed for mostly short recordings or individual songs, which made it the preferred format for releasing a new song as a “single.” This format co-existed with its larger cousin, the twelve-inch LP (Long Playing) 33-1/3 RPM record or “album” (called such because it can hold multiple songs). Phonograph records left the mainstream in 1991 with the introduction of digital media, specifically the CD (Compact Disk). However, they have recently started regaining popularity. They are especially used by DJs (Disk Jockeys, a term referring to a person playing a phonograph record or disk) and audiophiles. Records continue to be manufactured and distributed.

www.45-rpm.com

www.history-of-rock.com/record_formats.htm

Unicycle Day – John Severin set a new hundred-mile unicycle speed record of 9 hours and 21 minutes on this day in 1981.

www.unicyclist.com

www.unicycling.com

National Cut Your Energy Costs Day

<http://ase.org> Alliance to Save Energy

www.inc.com/ss/9-ways-cut-energy-costs 9 ways to cut energy costs



Saturday, January 11

Day 11 354 Days Remaining

Amelia Earhart Day

January 11, 1935 was the historic day when Amelia Earhart became the first person (of either gender) to fly solo crossing the Pacific Ocean. Another popular flight was her solo flight across the Atlantic at a stretch on May 20-21, 1932 which made her the first woman to accomplish this feat.

Recognizing the great accomplishments of Amelia Earhart, the Congress, by joint resolution, called upon President Ronald Reagan to proclaim May 20, 1982, as “Amelia Earhart Day.”

Amelia Earhart is the most acclaimed female aviator in the history of aviation and was one of the most popular women of her time. She established several aviation records, which include becoming the first woman to fly across the Atlantic as a passenger in 1928, the first woman (and second person after Lindbergh) to solo fly the Atlantic in 1932, and the first person to fly solo across the Pacific, from Honolulu, Hawaii, to Oakland, California, in the year 1935.



Photo: Library of Congress

Amelia Earhart was a modern woman with immense courage and independency, and manifested a strong social conscience during her time. She had been instrumental in fighting for international peace, equality for women, the involvement of women in aviation, and the competition of commercial aviation.

On July 2, 1937, after successfully finishing 22,000 miles of the journey, she took off from Lae, New Guinea, some 18 hours and 2,556 mile across the ocean to Howland Island.

When the plane was about to approach its destination, Earhart reported that she thought she was flying over Howland, but couldn't see it below. She was lost and confused, with her plane short of fuel, she asked for help by radio to the tiny island. She lost radio communications and the cutter's radio operators could not reestablish communication with her. A comprehensive air, land, and sea search for almost two weeks failed to find any trace of the world's most famous and daring female pilot, her navigator, or their plane. A major motion picture, *Amelia*, was released in 2009 by Fox Searchlight Pictures, staring Hilary Swank in the title role.

www.ameliaearhart.com

Thank You Card Day

Jump in a Puddle and Splash Someone Day

Milk in a Bottle Day – On this day in 1878 milk was delivered in bottles for the first time.

Rhubarb Day – Reportedly, Benjamin Franklin shipped the first known shipment of rhubarb from London, England to a friend in the colonies in 1770.

www.rhubarbinfo.com

Designated Hitter Day – The American Baseball League adopted the “designated hitter” rule in 1973.

www.ablonline.org American Baseball League

Smoking is Bad for You Day – The U.S. Surgeon General officially declared cigarettes to be hazardous to our health in 1964.

www.cancer.org American Cancer Society

Tattoo Pride Day

www.tattoo.com



Sunday, January 12
Day 12 353 Days Remaining

Roller Skating Day

Museum Day – The first public museum opened in Charleston, South Carolina in 1773.

National Pharmacist Day

www.pharmacist.com American Pharmacists Association.

Joe Frazier Day – Birthday of champion heavyweight boxer “Smokin’ Joe Frazier” (January 12, 1944 – November 7, 2011).

www.joefrazier.com

Feast of Fabulous Wild Men Day



Monday, January 13
Day 13 352 Days Remaining

Make Your Dream Come True Day – “Cherish your visions and your dreams as they are the children of your soul, the blueprints of your ultimate achievements.” – Napoleon Hill

Dinner Day – Celebrate by going out to dinner or preparing dinner at home.

www.beefitswhatsfordinner.com Cattlemen’s Beef Board

Turn Your Radio On Day - The first radio broadcast was in 1910.

Accordion Day - The accordion was patented in 1854 by Anthony Faas of Philadelphia, Pennsylvania.

International Skeptics Day – This is also listed as October 13th or the first Friday the 13th of the year.

Lighter Car Day – In 1942, Henry Ford patented a design for a lighter weight plastic-bodied automobile.

www.thehenryford.org

Secret Pal Day (second Sunday)



Tuesday, January 14
Day 14 351 Days Remaining

National Dress Up Your Pet Day

Assembly Line Worker's Day

C-Section Day – In 1794, Dr. Jesse Bennett performed the first successful Cesarean Section (on his wife).

Ratification Day – The Revolutionary War ended on this day in 1784 with the ratification of a Treaty establishing the U.S. as a sovereign entity.

National Clean off Your Desk Day (second Monday) - See OnlineOrganizing.com.
www.lifeorganizers.com



Wednesday, January 15
Day 15 350 Days Remaining

Birthday of Martin Luther King, Jr. – King (January 15, 1929 – April 4, 1968) was born Michael Luther King, Jr., but later had his name changed to Martin. The holiday that honors him is observed on the third Monday.

www.thekingcenter.org

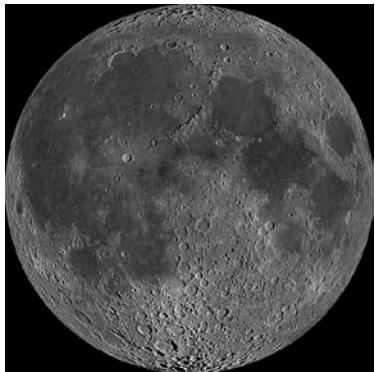


National Hat Day

Strawberry Ice Cream Day

National Fresh Squeezed Juice Day

Basketball Day - On this day in 1892, the rules of basketball were first published in Springfield, Massachusetts.



Full Moon – The Moon will be directly opposite the Earth from the Sun and will be fully illuminated as seen from Earth. This phase occurs at 10:53PM CST (January 16, 04:52 UTC). This full moon was known by early Native American tribes as the “Full Wolf Moon” because this was the time of year when hungry wolf packs howled outside their camps. This moon has also been known as the “Old Moon” and the “Moon After Yule.”

<http://www.moonconnection.com/moon-january-2014.phtml>

First Super Bowl Anniversary – The first Super Bowl game was played on this day in 1967. The Green Bay Packers beat the Kansas City Chiefs. Super Bowl XLVII (47th) will be played this year on February 3 in New Orleans, Louisiana.

www.neworleanssuperbowl.com

Willie Hoppe Day - On this day in 1906, 18-year old Willie Hoppe won his first world billiard championship.

4-H Anniversary Day – 4-H started in 1902.

www.4-h.org

Happy Day – The TV show Happy Days premiered in 1974.

www.sitcomsonline.com/happydays.html

www.tv.com/shows/happy-days/



Thursday, January 16
Day 16 349 Days Remaining

Tu BiShvat – A minor Jewish holiday: New Year for Trees.

<http://www.hebcal.com/holidays/2013-2014>

National Nothing Day – This day is very easy to celebrate. It is a day to do nothing!

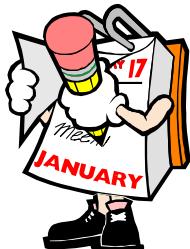
Appreciate a Dragon Day

Everett Barney Day – On this day in 1866 Everett Barney was awarded a patent for a roller skate that clamped on the sole of your shoes and was tightened with a key.

Fig Newton Day – Newtons are now available in several varieties, with other fruit fillings besides fig.

Inflatable Tire Day - The birthday of Andre Michelin (January 16, 1853 – April 4, 1931) who invented the inflatable auto tire.

National Religious Freedom Day - On this day in 1786 Thomas Jefferson's Statute for Religious Freedom was adopted by the Virginia General Assembly. This statute formed the basis for separation of church and state that gave freedom of religion to all Americans. This day has been recognized by presidential proclamation.



Friday, January 17
Day 17 348 Days Remaining

Forget Your New Year's Resolution Day

Golf Day

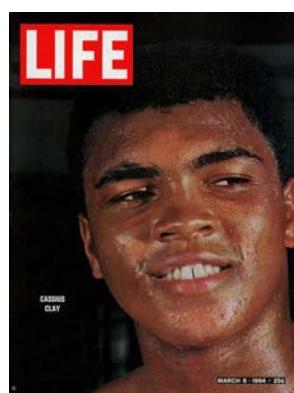
www.golf.com

Photo Developing Day - An automatic film-developing machine was patented by Anatol M. Josepho in 1925.

Shari Lewis Day – Shari Lewis was born Sonia Phyllis Hurwitz (January 17, 1933 – August 2, 1998) in New York City. She was a puppeteer, ventriloquist and author. She is most remembered for her puppet “Lamb Chop.” She won a dozen Emmys, a Peabody, seven Parents’ Choice Awards, and numerous other awards for children’s programs.

Birthday of Cassius Clay (aka Muhammad Ali) – Cassius Marcellus Clay, Jr. (January 17, 1942) is a boxer who later took the name Muhammad Ali. He won the heavyweight champion title in 1964, 1974, 1978. Many people do not know that he recorded a pretty good version of Ben E. King’s “Stand By Me” in 1966.

www.ali.com



Photos: LIFE

Rid the World of Fad Diets and Gimmicks Day

www.hungryforchange.tv

Cable Car Day - A cable car system was patented by Andrew S. Hallidie of San Francisco, California. It was put into operation in 1873.

www.cablecarmuseum.org

Customer Service Day

J.C. Penney Birthday - J.C. Penney Company was incorporated on this day in 1913.

www.jcpenny.com

Operation Desert Storm Anniversary

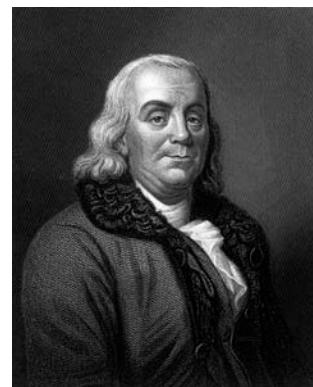
– Operation Desert Storm (code name, part of the Persian Gulf War which began on August 2, 1990 and continued until February 28, 1991) began on January 17, 1991 and continued until February 28, 1991. A U.N.-authorized coalition force from 34 nations led by the United States acted in response to Iraq's invasion and annexation of Kuwait. Had Iraq been successful in keeping Kuwait, and its oil-exportation ports on the Persian Gulf, they would have controlled one-fourth of the world's oil supply. www.ushistory.org/us/60a.asp



Saint Anthony the Great Feast Day - Saint Anthony the Great lived from 251 - 356. He is called on for help against infectious diseases, especially skin diseases.

Benjamin Franklin's Birthday – Franklin (January 17, 1706 – April 17, 1790) was one of our nation's Founding Fathers. Not only was he a political figure but he invented bifocals, the lightning rod, the Franklin stove, and many other useful things.

www.fi.edu The Franklin Institute



Florida Arbor Day (third Friday)

Hat Day (third Friday)



Saturday, January 18
Day 18 347 Days Remaining

Winnie-the-Pooh Day - Alan Alexander 'A.A.' Milne was born on this day in 1882. He is best remembered as the author of Winnie-the-Pooh.

Tell the Truth Day - The modern polygraph was invented in 1951.

Thesaurus Day - Peter Mark Roget (January 18, 1779 – September 12, 1869) was a physician and inventor but is best remembered for compiling a thesaurus.

Unsliced Bread Day - From this day in 1943 until the end of WWII, commercial bakers sold whole loaves of bread only and the consumer had to slice it.

Metric System Day

Bald Eagle Appreciation Days – (third weekend) Get more info at the Keokuk, Iowa website. The American Bald Eagle is our national bird.

www.keokukiowatourism.org/eagledays.htm

Learn to Ski Day (third Saturday)



Sunday, January 19
Day 19 346 Days Remaining

America's Sunday Supper – Inspired by Dr. King's vision of people of diverse backgrounds interacting on personal levels, America's Sunday Supper encourages people to share a meal and discuss issues that affect their communities, to increase racial and cultural understanding. Points of Light provides toolkits, films, conversation starters and incentives to help individuals and groups organize Sunday Suppers and service projects.

www.pointsoflight.org/mlk/host-americas-sunday-supper

www.handsonnetwork.org/events/mlk/americas-sunday-supper

<https://www.facebook.com/events/143521502369602/>

National Popcorn Day

Whisper "I Love You" Day

Puzzle Day

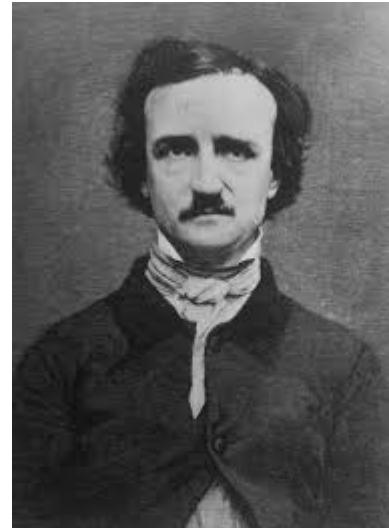
Tin Can Day - Tin cans were patented in 1825.

Neon Sign Day - The neon tube sign was patented by George Claude of Paris in 1915.

Edgar Allan Poe Day – Poe (January 19, 1809 – October 7, 1849) was an author, poet, editor and literary critic.

www.poemuseum.org Edgar Allan Poe Museum in Richmond, Virginia

www.eapoe.org Edgar Allan Poe Society of Baltimore



Birthday of Robert E. Lee – Robert Edward Lee (January 19, 1807 – October 12, 1870) was a general in the Confederate Army.

<http://www.civilwar.org/education/history/biographies/robert-e-lee.html>

<http://www.pbs.org/wgbhamericanexperience/features/biography/grant-lee/>

National Sanctity of Human Life Day – (3rd Sunday) This day has been recognized as such by presidential proclamation.



Monday, January 20
Day 20 345 Days Remaining



Martin Luther King, Jr. Day – King was born on January 15, but the national holiday is observed on the third Monday. After a long struggle, legislation was signed in 1983 creating a federal holiday marking the birthday of Rev. Dr. Martin Luther King, Jr. This day has been recognized by presidential proclamation.

www.thekingcenter.org

Martin Luther King, Jr. Day of Service 2014 – In 1994, Congress designated the Martin Luther King Jr. Federal Holiday as a national day of service and charged the

Corporation for National and Community Service with leading this effort. Taking place each year on the third Monday in January, the MLK Day of Service is the only federal holiday observed as a national day of service – a “day on, not a day off.” The MLK Day of Service is a part of United We Serve, the President's national call to service initiative. It calls for Americans from all walks of life to work together to provide solutions to our most pressing national problems. The MLK Day of Service empowers individuals, strengthens communities, bridges barriers, creates solutions to social problems, and moves us closer to Dr. King's vision of a beloved community.

www.pointsoflight.org/mlk

www.pointsoflight.org/signature-events/martin-luther-king-jr-day-service

<http://mlkday.gov/about/serveonkingday.php>

National Cheese Lover's Day

National Buttercrunch Day

Camcorder Day – The camcorder was invented in 1982.

Penguin Awareness Day

Stay Young Forever Day

Stop! Yield! Day - The first traffic rules were published on this day in 1900.



Tuesday, January 21
Day 21 344 Days Remaining

Ethan Allen Day – He was a Revolutionary War hero. Because of some confusion between the Julian and Gregorian calendars, some sources cite January 10, 1737 as his date of birth (this is according to the Julian calendar). His actual date of birth according to our calendar (the Gregorian) is January 21, 1738.

www.ethanallenhomestead.org

National Hugging Day – The first celebration of this day was in 1986 in Caro, Michigan. It was started by the Reverend Kevin Zaborney. This day is now also being celebrated in Canada, England, Australia, Poland and Germany.

Granola Bar Day

John Moses Browning Day - Browning, born on this day in 1855, invented the single shot rifle and automatic pistol.

Squirrel Appreciation Day - Christy Hargrove from Asheville, North Carolina started this day on January 21, 2001. Christy, a wildlife rehabilitator, is affiliated with the Western North Carolina Nature Center.

Birthday of Stonewall Jackson - This Confederate general, known for tactics, was born in 1824. His death was a major setback for the Confederacy.

www.stonewalljackson.org

www.nps.gov/frsp/js.htm



Concorde Day – The first flight service, using the supersonic commercial passenger aircraft, occurred on this day in 1976. Commercial flights continued for 27 years, until the Concorde was retired in 2003 due to mostly economic reasons.



Wednesday, January 22
Day 22 343 Days Remaining

National Blonde Brownie Day

www.cooks.com

National Polka Dot Day

Talk to Your Cat Day

Come in From the Cold Day

Celebration of Life Day - Be thankful your mother chose life.

Speak Up and Succeed Day

Lord Byron Day – Birthday of poet George Gordon Noel Byron (January 22, 1788 – April 19, 1824). He was the sixth Baron Byron.



Thursday, January 23
Day 23 342 Days Remaining

Frisbee® Day – The Frisbie Pie Company opened in Bridgeport, Connecticut in 1871. Students from nearby universities would have fun throwing the empty pie tins to each other. In 1948, Walter Fredrick Morrison and his partner Warren Franscioni created a plastic version of the flying disc. In 1955, Morrison sold his idea to the WHAM-O company for \$1 million. It was first called the “Pluto Platter” in an attempt to capitalize on the public craze over UFOs (Unidentified Flying Objects). WHAM-O started production of the flying disc on this day in 1957. A year later, the name was changed to “Frisbee®.”

www.frisbeedisc.com



A Flying Disk (the generic name for the product mentioned above) has many business promotion uses:

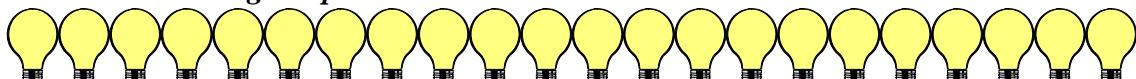
- It holds a standard eight-inch paper plate perfectly, making it great for company picnics and other outdoor events where food is served. The flying disk is kept as a souvenir of the event.
- It's possible to mail a flying disk through the U.S. Postal Service. We can imprint a promotional message on the disk. Then we place a paper insert on the underside of the disk for addressing



and affixing postage. This is one piece of mail that will definitely get noticed (and read)!

- A flying disk can be used as a unique and fun serving dish or food plate. Use it for seminars and workshops to reinforce a “fun” theme.
- Use it as an effective memo – “Get back to us on this.”
- Use it as an invitation to a fun company event, or to liven up a boring event.
- Use it as packaging for a T-shirt, CDs, literature, etc. Insert items, then apply shrink-wrap or place inside a plastic open-mesh bag.

There are many more promotional uses for a Flying Disk. And they are very affordable, which makes this a *great promotional idea!*



Pie Day - Pie Day was created by the American Pie Council. It started in 1986 to commemorate Crisco's 75th anniversary of "serving foods to families everywhere."

National Handwriting Day – Started in 1977 by the Writing Instrument Manufacturers Association to promote good penmanship. January 23rd was chosen for this day because it is the birthday of John Hancock (January 23, 1737 – October 8, 1793). John Hancock was the first person to sign the Declaration of Independence. His signature is the most prominent and expressive on the document.

www.johnhancock.org

www.ushistory.org/declaration/signers/hancock.htm

<http://oliverrosenbloom.tripod.com>

www.history.com/topics/john-hancock

www.crfcelebrateamerica.org/index.php/holiday-heroes/86-john-hancock

www.wima.org



Birthday of John Hancock – John Hancock (January 23, 1737 – October 8, 1793) was an American patriot, president of the Second Continental Congress and was the first and third Governor of the Commonwealth of Massachusetts.

Measure Your Feet Day

Brrr! It's Cold Day - In 1971 the temperature in Prospect Creek Camp, Alaska was 80 degrees below zero Fahrenheit. That is the lowest temperature ever recorded in the United States.

Archery Day - The National Archery Association was established in 1879.

Women in Medicine Day - In 1849 Elizabeth Blackwell was the first woman in the U.S. to receive a medical degree.

Better Business Communication Day

Clashing Clothes Day (fourth Thursday)

Women's Healthy Weight Day (Thursday of the third full week) – This is part of Healthy Weight Week.

www.bodypositive.com



Friday, January 24
Day 24 341 Days Remaining

Belly Laugh Day

Compliment Day - This was started in 1998 by authors, Kathy Chamberlin and Debby Hoffman, both of New Hampshire.

Microwave Oven Birthday - The microwave oven was patented on this day in 1950 by Percy Spencer.

Eskimo Pie Day - The Eskimo Pie was patented by Christian K. Nelson of Iowa in 1922.

Birthday of “Betty Marie” “Maria” Tallchief – Tallchief (January 24, 1925) was the first Native American to become prima ballerina.

www.greatwomen.org National Women's Hall of Fame.

Square Dance Day (also celebrated November 29)

www.dosado.com

Gold Rush Day - Gold was discovered at Sutters Mill, California in 1848.

Heart to Heart Day - The first heart transplant surgery was in 1964.

TV Game Show Day - Mark Goodman, long time game show host was born on this day in 1915.

Beer Can Appreciation Day - The first canned beer was placed on sale by the Krueger Brewing Company in Richmond, VA in 1935.



Saturday, January 25
Day 25 340 Days Remaining

Prime Number Day – The largest known prime number (to date) was discovered on this day in 2013. Curtis Niles Cooper, a professor at the University of Central Missouri – Department of Mathematics and Computer Science, discovered his third Mersenne prime which is two to the 57,885,161th power minus one. The newest prime number contains over seventeen million digits (17,425,170), beating the previously discovered largest known prime number record held since August 23, 2008 (with 12,978,189 digits). The feat was accomplished using the computing power of 360,000 volunteer processors, an Internet searching system called GIMPS (Great Internet Mersenne Prime Search). After Cooper made his discovery, one computer among his prime-searching network spent 39 days to prove that the number was truly prime.

<http://www.livescience.com/26866-largest-prime-number-discovered.html>

<http://primes.utm.edu/largest.html#Mersenne>

<http://newsfeed.time.com/2013/02/07/math-madness-new-largest-prime-number-is-17-million-digits-long/>

<http://www.mersenne.org>

National Opposite Day

101 Dalmatians Birthday – Walt Disney's original 101 Dalmatians movie was released on this day in 1961.

Long Distance Day - The first transcontinental phone call was in 1915 between Alexander Graham Bell in New York and his assistant, Thomas Watson, in San Francisco.

Wedding March Day - Mendelssohn's Wedding March was used at a wedding for the first time in 1858 for Queen Victoria and the Crown Prince of Prussia.

Intravenous Nurse Day

Winter Olympics Anniversary - The first Winter Olympics started on this day in 1924.

Robert Burns Day - The Scottish poet and lyricist who wrote Auld Lang Syne was born on this day in 1759.



Sunday, January 26
Day 26 339 Days Remaining

Spouse's Day

National Peanut Brittle Day

Television Birthday - The television was invented in 1926.

Rocky Mountain National Park Anniversary - On this day in 1915, President Woodrow Wilson signed the bill that created Rocky Mountain National Park.

Dental Drill Day - The electric dental drill was patented by Dr. George F. Green of Kalamazoo, Michigan in 1975.

Michigan Admission Day - Michigan became the 26th state in 1837.

Australia Day – Australia Day, which was earlier known as Foundation Day and Anniversary Day, is certified public day of Australia. It is commemorated yearly on 26th January; the day celebrates the entrance of First Fleet at Sydney Cove in 1788, the lifting of British flag here and the announcement of British rule over eastern seaboard of Australia.

The Australia Day is an authorized public holiday in each state and country of Australia. It is marked through Australian of the Year awards and Order of Australia, along with a tackle from Prime Minister.

In the year 2004, approximately 7.5 million community presented on Australia Day functions and celebrations. The Australia Day is noticed as touchy through some Australians, mainly historians. And there have been noteworthy protests from Indigenous Australian community. Several Australians see the Australia day as a commemoration of the obliteration of aboriginal culture via British colonialism. Since 1988, "Invasion Day" disapprovals have been detained supporting this observation. Considering these concerns, suggestions to modify the date of Australia Day to new dates have been created.
Australia Day History

On 13th May 1787, fleet of 11 ships, which is known as First Fleet, was sent through British Admiralty from England to Australia. And Under the rule of Captain Arthur

Phillip, the fleet required to set up a severe colony at the Botany Bay on the shore of New South Wales, which had been surveyed by Captain James Cook in 1770.

The resolution was observed as needed owing to the thrashing of the colonies in North America. The Fleet entered between 18 and 20 January 1788, although Captain Phillip found Botany Bay inappropriate and on 26th January. He continued 12 kms. Northwards to Port Jackson, which he affirmed "the finest harbor in the world".

The 150th anniversary of British resolution in Australia in 1938 was usually celebrated. Preparation started in 1936 with the pattern of Celebrations Council. In that year, New South Wales was the state to discard the customary long weekend and the yearly Anniversary Day communal holiday was celebrated on the genuine anniversary day – Wednesday 26 January. The state government and the commonwealth agreed to merge the collaborations on 26th January as the Australia Day in 1946, though the communal holiday was as an alternative acquired on Monday nearby to the authentic anniversary.

In 1988, the collaboration of 200 years as the entrance of First Fleet was prearranged on a big scale, with several noteworthy events arranged in all main cities. Above 2.5 million people concentrated the occasion in Sydney. And theses comprised concerts, street parties, including presentations on the steps and open space of Sydney Opera House and at several other community venues, historic re-enactments, art and literary competitions, and opening of a Powerhouse Museum at its latest place. A re-enactment of the entrance of First Fleet occurred in Sydney Harbor, with ships that had sailed from Portsmouth a year earlier participation.

Since 1988 the Australia Day has been commemorated on the concrete day, 26 January. If it falls on a weekend, the civic celebration is on the Monday, but the authorized celebrations still happen on 26 January.



Monday, January 27
Day 27 338 Days Remaining

Chocolate Cake Day

Let There Be Light Day - The electric incandescent lamp was patented in 1880 by Thomas Alva Edison of Menlo Park, New Jersey.

Punch the Clock Day

Birthday of Lewis Carroll - Carroll best known as the author of Alice in Wonderland was born in 1832. His real name was Charles Dodgson.

Mozart Day - Wolfgang Amadeus Mozart, born on this day in 1756, was a musician and composer.

National Activity Professionals Day

www.thenaap.com The National Association for Activity Professionals

National Geographic Day - The National Geographic Society was founded in 1888.

www.nationalgeographic.com

Holocaust Remembrance Day - This was designated by the United Nations General Assembly in 2005. It is the anniversary of the liberation of Auschwitz-Birkenau. Holocaust Memorial Day, also known as Holocaust Remembrance Day, is an official Jewish holiday observed on April 28.

<http://hmd.org.uk> Holocaust Memorial Day Trust

Bubble Wrap® Appreciation Day (last Monday)

www.fast-pack.com/bubblewrapappreciation.html

Elementary School Teacher Day (fourth Monday)



Tuesday, January 28
Day 28 337 Days Remaining

National Blueberry Pancake Day

Daisy Day

National Kazoo Day – This day was started by Paul Newman and Barbara Stewart in 1976. The kazoo is very easy to play. All you do is put it to your lips and hum into it. Alabama Vest of Georgia conceived the idea for the kazoo in the 1840's and had Thaddeus Von Clegg make it to his specifications. Commercial production didn't start until 1912.

Make Your Point Day

Serendipity Day

Number Please Day - The first telephone exchange was established in New Haven, Connecticut in 1878 with twenty-two subscribers.

Fun at Work Day

Coast Guard Day - The Coast Guard was established in 1915.

Christa McAuliffe Day – The space shuttle Challenger exploded 73 seconds after launching in 1986, killing six astronauts and school teacher Christa McAuliffe. McAuliffe had been chosen from thousands of applicants to experience space flight from her unique perspective as an educator.



Wednesday, January 29
Day 29 336 Days Remaining

Sugar Cone Day - A machine to make rolled sugar cones for ice cream was patented by Carl R. Taylor of Cleveland, Ohio in 1924.

<http://whatscookingamerica.net/History/IceCream/IceCreamCone.htm>

National Corn Chip Day

National Jigsaw Puzzle Day

Baseball Hall of Fame Day

Birthday of Oprah Winfrey – Well-known talk show host, Oprah Winfrey (January 29, 1954) is a well-known television talk show host, actress, producer, and philanthropist.

www.oprah.com

Seeing Eye Dog Day - The Seeing Eye® was incorporated in 1929 in Nashville, Tennessee to train guide dogs for the blind.

www.seeingeye.org The Seeing Eye

Freethinkers Day - Thomas Paine was born on this day in 1736. He was the author of The Declaration of Independence and the first to use the phrase 'these United States of America'. He was one of the earliest advocates for freeing slaves and for basic human rights.

Kansas Admission Day - Kansas became the 34th state in 1861.

Birthday of President William McKinley – William McKinley, Jr. (January 29, 1843 – September 14, 1901) was the twenty-fifth president until he was assassinated. Carnations were McKinley's favorite flower and a patriotic group dedicated to preserving his memory is known as The Carnation League of America.

www.whitehouse.gov/about/presidents

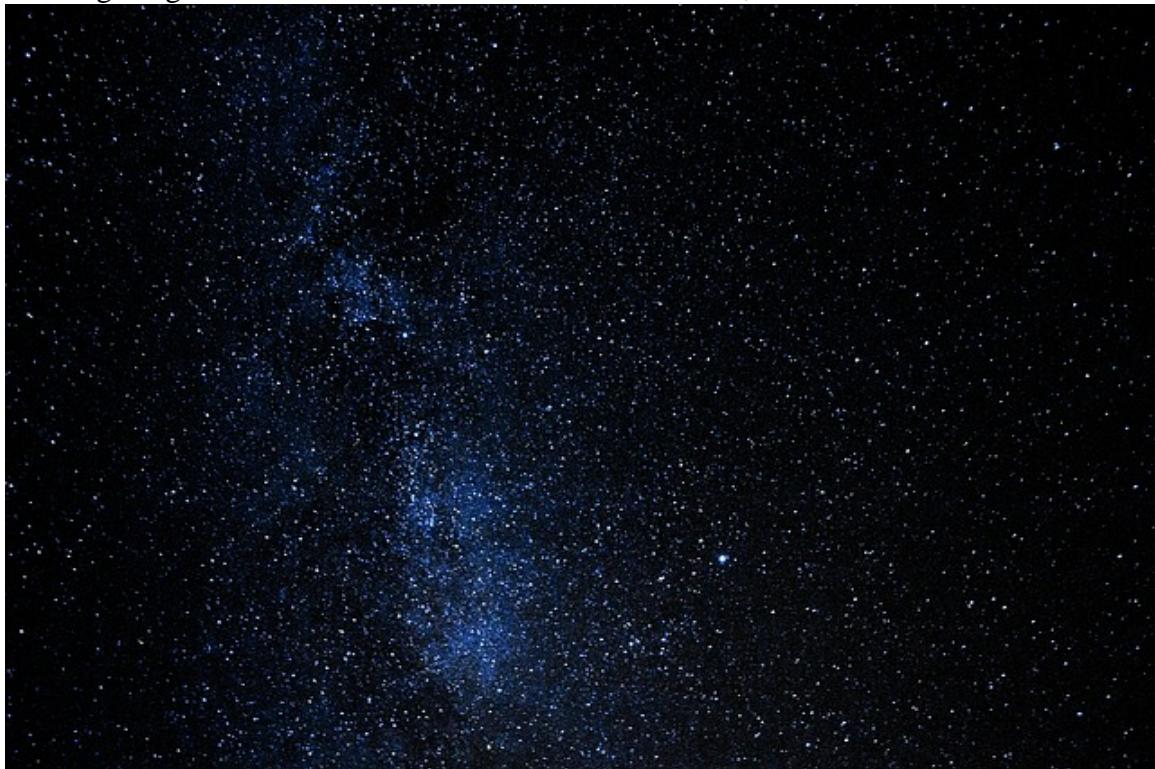
www.ohiostatehouse.org



Thursday, January 30

Day 30 335 Days Remaining

New Moon – The “New Moon” phase of the moon is when the moon is fully hidden in the earth’s shadow from the sun. A clear night during a new moon is a prime opportunity for stargazing. The new moon will occur at 3:40PM CST, 21:38 UTC.



Croissant Day

Draw a Dinosaur Day
<http://drawadinosaurday.com>

Bye Bye Beatles Day – The Beatles rock band made their last public appearance in London on this day in 1969.

National Inane Answering Machine Message Day

Cash Register Birthday - On this day in 1883 James and John Ritty were granted a patent for a cash register. One purpose was to add sales correctly but the main purpose was to keep the employees in Jame's saloon from stealing profits. The cash drawer couldn't be opened except by pushing the total key. A bell would ring every time the total key was pressed to alert him to watch that the money went in the register and not in the employee's pocket.

Lone Ranger Day – The show was on the radio the first time in 1933. There is still a Lone Ranger Fan Club. Walt Disney Pictures has produced a motion picture entitled The Lone Ranger, scheduled for release July 3, 2013. Armie Hammer stars as John Reid/The Lone Ranger and Johnny Depp as his trusty companion, Tonto.

www.otr.net/?p=lone
www.lonerangerfanclub.com
<http://disney.go.com/the-lone-ranger>

Jackhammer Day – The pneumatic jackhammer was patented in 1894 by Charles B. King of Detroit, Michigan.

Birthday of President Franklin D. Roosevelt – Franklin Delano Roosevelt (January 30 – April 12, 1945) was the thirty-second president.
www.whitehouse.gov/about/presidents



Friday, January 31
Day 31 334 Days Remaining

Chinese New Year 2014 – Year of the Horse.

Backwards Day

Inspire Your Heart with Art Day

Hell is Freezing Over Day

Jackie Robinson Day - Jack Roosevelt Robinson was born on this day in 1919. He became the first black professional baseball player when he joined the Brooklyn Dodgers in 1947.

<http://baseballhall.org/hof/robinson-jackie>

Thermos Bottle Day - The American Thermos Bottle Company was incorporated on this day in 1907.

Twist Off Cap Day - The twist off bottle cap was invented in 1956. That took the place of the clamped-on bottle cap, invented in 1892, that required an opener to remove. Previous to that corks were used.

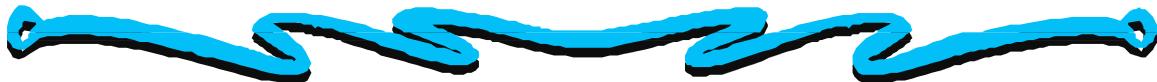
Social Security Day - The first Social Security check, for \$22.54, was issued on this day in 1940 to Ida May Fuller of Ludlow, Vermont. That would be \$369.43 of buying power in 2013 dollars. She had paid in \$24.75 between 1937 and 1939 on an income of less than \$2,500.

www.usinflationcalculator.com

www.ssa.gov/history

Child Labor Day - The next time your child complains about having to take out the trash, go to The History Place and show him/her what life was like for many children a hundred years ago in America (and sadly still is in some countries).

Week-Long Events in JANUARY



Celebration of Life Week (1 - 7)

Universal Letter-Writing Week (8 - 14)

Lose Weight, Feel Great Week (1 - 8)

www.weightwatchers.com

<http://jennycraig.com>

“Someday We'll Laugh About This” Week (first full week)

Women's Self-Empowerment Week (first full week)

www.imow.org International Museum of Women

Law Enforcement Training Week (first full week)

Pizza Week (second week)

School Crossing Guard Week (second week)

Thank a Cow Week (second week)

Thank You Week (second week)

No Tillage Week (second work week) – The 21st Annual National No-Tillage Conference will take place January 9-12 at the Hyatt Regency in Indianapolis, Indiana.

www.no-tillfarmer.com

www.notillconference.com

Universal Letter Writing Week (second full week)

www.letterwritingguide.com

<http://jerz.setonhill.edu/writing/e-text/email/> Writing Effective Email: Top 10 Email Tips

National Handwriting Analysis Week (week that includes the 23rd, John Hancock's birthday)

www.handwriting.org Handwriting Analysis Group

Special Education Week (third week)

Graves' Disease Awareness Week (second full week)

www.gdatf.org Graves' Disease and Thyroid Foundation

Skating Week (third week)

Man Watchers Week (third week)

Hunt for Happiness Week (third full week) 20 – 26

<http://sohp.com> Secret Society of Happy People™

Reminiscence Week (third week)

Healthy Weight Week (third full week)

<http://nhlbisupport.com/bmi> Calculate Your Body Mass Index.

National Activity Professionals Week (third full week)

<http://naap.info> National Association of Activity Professionals

No Name-Calling Week (third work week)

National Creative Frugality Week (fourth week)

Founded by Nancy Twigg of Knoxville, Tennessee, author of “101 Creative Ways to S-T-R-E-T-C-H a Dollar.”

NCFW occurs one month after the week of Christmas.

Ms. Twigg gives 5 ways for you to jumpstart your frugality this week:

1. Record everything you spend.
2. Cut down on extras.
3. Postpone spending.
4. In addition to saving, look for ways to make extra money.
5. Enjoy free fun, like reading a book.

<http://frugalgravy.wordpress.com/2009/09/26/the-abcs-of-creative-frugality>

www.creativefrugality.com

Hot Air Balloon Week (fourth week)

www.hotairballoon.com

Junior Achievement® Week (fourth week)

www.ja.org Junior Achievement USA®

Nurse Anesthetist Week (fourth work week)

www.aana.com American Association of Nurse Anesthetists

National Folic Acid Awareness Week (fourth work week)

www.folicacidinfo.org National Counsel on Folic Acid.

Hoof Care Week (fourth work week)

www.hoofcare.com

www.hoof-care.com

www.horseshoes.com

Catholic Schools Week (January 27 – February 2)

www.ncea.org/news/catholicschoolsweek.asp National Catholic Education Association

Month-Long Events in JANUARY



Celebration of Life Month

It's OK to Be Different Month

National Hobby Month – As declared by the city of Santa Clarita, California in 2000. Congress has had joint resolutions asking for other months to be declared hobby month but none that a president has signed.

Get Organized Month - As declared by the National Association of Professional Organizers. The first step to organizing it to unclutter. You can't have everything in its place if there isn't a place for everything.

www.napo.net National Association of Professional Organizers

National Mailorder Gardening Month - Visit the Mailorder Gardening Association for more info.

www.directgardeningassociation.com

Life Balance Month

www.sheryl.com

National Radio Month

www.westga.edu/~bquest/2001/radio.htm

Senior Women's Travel Month

www.aarp.org/travel

www.women-traveling.com

International Get Over It Month

International Creativity Month – Several people have designated a 'creativity month'. One of them is author Randall Munson. He helps people and businesses get ahead by using creativity and innovation.

www.creativelyspeaking.com/creativity_month.html

Walk Your Pet Month

National Book Blitz Month

Love Your Independent Bookstore Month

Reference Book Month

www.educationworld.com

Clean Up Your Computer Month

<http://free.avg.com/us-en/virus-removal>

www.avast.com/free-antivirus-download

www.malwarebytes.org

National High Tech Month - This was designated by Congress in 1985 as being in October but most calendars now list it in January (as early as 1999).

Yours, Mine and Ours Month

Careers in Cosmetology Month

www.probeauty.org/nca National Cosmetology Association

Human Resources Month

National Financial Wellness Month

Poverty in America Awareness Month

<http://americanpoverty.org>

www.feedingamerica.org

National Mentoring Month

www.mentoring.org

School Board Recognition Month

www.nsba.org

National Personal Self-Defense Awareness Month

www.nonosenseselfdefense.com

Crime Stoppers Month

www.c-s-i.org Crime Stoppers International

Bread Machine Baking Month

Fat Free Living Month

National Fiber Focus Month

National Oatmeal Month

www.quakeroats.com

Prune Breakfast Month – This was started by the California Prune Board, now called the California Dried Plum Board.

www.californiadriedplums.org

National Soup Month – The most recognized brand of soup in America is Campbell's®.

www.campbellsoup.com

International Coffee Gourmet Month

www.starbucks.com

National Hot Tea Month

Family Fit Lifestyle Month

National Glaucoma Awareness Month - As observed by the
www.nei.nih.gov National Eye Institute – National Institutes of Health

National Eye Care Month

www.seetolearn.com

Home Fire Safety Month

www.befiresmart.com

www.usfa.fema.gov/kids/flash.shtml

Bath Safety Month

www.yourchildshealth.com

National Volunteer Blood Donor Month

www.redcross.org American Red Cross

www.americasblood.org America's Blood Centers®

National Birth Defects Prevention Month

www.nbdpn.org National Birth Defects Prevention Network

www.marchofdimes.com March of Dimes

Cervical Health Awareness Month

www.nccc-online.org National Cervical Cancer Coalition

Clinical Trial Awareness Month – Clinical trials are scientific research studies testing ways to prevent or treat diseases. Patients with terminal or life-altering medical problems may find this is their only hope if other treatments don't work.

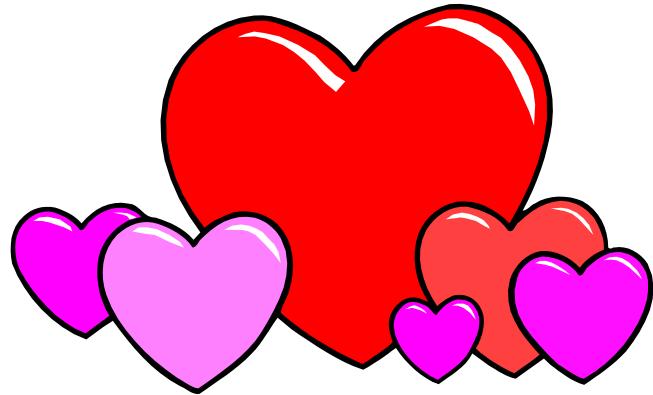
www.novartis.com/innovation/research-development/clinical-trials/index.shtml

National Radon Action Month – This was designated by the EPA. Radon is an invisible, odorless radioactive gas resulting from the natural breakdown of uranium in the soil. Breathing radon can cause lung cancer. The Surgeon General has warned that radon is the second leading cause of lung cancer in the U.S., responsible for over 20,000 deaths each year. There are steps that can be taken to reduce the amount of radon exposure in the home. A home test kit is easy to use and inexpensive.

www.epa.gov/radon/nram/ Environmental Protection Agency

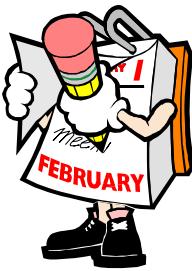
Thyroid Awareness Month – As designated by the American Association of Clinical Endocrinologists.

www.aace.com



FEBRUARY

~ February 2014 ~						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	Notes:



Saturday, February 1
Day 32 333 Days Remaining

Baked Alaska Day

Skippy® Peanut Butter Day – Skippy® peanut butter was first sold on this day in 1933.

www.peanutbutter.com



Robinson Crusoe Day – The anniversary of the day Scottish sailor, Alexander Selkirk, was rescued in 1709. He is believed to be the inspiration for Daniel Defoe's book, *Robinson Crusoe*.

National Freedom Day – This was designated by President Harry Truman in 1948. It is the anniversary of the day in 1865 when President Abraham Lincoln signed the 13th Amendment to the Constitution to abolish slavery.

www.whitehouse.gov/blog/2013/02/01/national-freedom-day-commitment-end-modern-slavery

Canadian Mounties Day – The Royal Canadian Mounted Police was created on this day in 1920 when the Royal Northwest Mounted Police merged with the Dominion Police.

www.canadadaylondon.com/featured-guests/meet-the-mounties/



Sunday, February 2
Day 33 332 Days Remaining

Groundhog Day – Folklore has it that if the groundhog sees his shadow today, there will be six more weeks of winter. If it is cloudy on this day, then spring will come early.

<http://www.groundhog.org/groundhog-day/>

Self-Renewal Day

National League Birthday – The National League was formed on this day in 1875.

World Wetlands Day – The theme for the 2014 World Wetlands Day is “Wetlands and Agriculture” as 2014 is the UN International Year of Family Farming. The slogan for the Day is “Wetlands and Agriculture: Partners for Growth,” placing a focus on the need for the wetland, water and agricultural sectors to work together for the best shared outcomes.
http://www.ramsar.org/cda/en/ramsar-activities-wwds-wwd2014index/main/ramsar/1-63-78%5E26287_4000_0

GI Joe's Birthday – The iconic boy's toy was created in 1964.

Grand Central Station Anniversary – Grand Central Station opened on this day in 1913 in New York City. Technically Grand Central Station was the name of the terminal after it was rebuilt in 1900 from the original Grand Central Depot. After extensive rebuilding between 1903 and 1913 the new building was designated as Grand Central Terminal. However, among the general public the old name stuck.

Superbowl Sunday 2014 (first Sunday) – Super Bowl XLVIII will be the 48th edition of the Super Bowl in American football, and the 44th annual championship game of the modern-era National Football League (NFL). It is scheduled to be held at the MetLife Stadium at the Meadowlands Sports Complex in East Rutherford, New Jersey. This will be a first in several respects:

- This will be the first Super Bowl to be played outdoors in a cold weather environment.
- The first Super Bowl game in 38 years to be played outdoors on artificial turf.
- The first in which two US states (New York and New Jersey) will work together with hosting duties.
- It will also be the first Super Bowl in NFL history to have two host teams (the New York Jets and New York Giants) as both play in the same stadium.

And be sure to watch the commercials!

<http://www.nynjsuperbowl.com>

National Popcorn Day 2014 (on Superbowl Sunday) - Make popcorn in a pan instead of in the microwave. Using the fireplace as your heat source is even better.

www.popcorn.org





Monday, February 3
Day 34 331 Days Remaining

Artist Appreciation Day

Carrot Cake Day

Halfway Point of Winter – This is a day to celebrate the fact that spring is coming closer every day.

Signing of the Endangered Species Act - The Endangered Species Act was signed on this day in 1973.

The Day the Music Died - On this day in 1959 Buddy Holly, Richie Valens, and the Big Bopper died in a plane crash.



Tuesday, February 4
Day 35 330 Days Remaining

Rosa Parks Birthday – Today is Rosa Parks 100th birthday. Rosa Louise Parks (February 4, 1913 – October 24, 2005) was arrested for civil disobedience, for refusing to give up her seat in the “colored” section to a white passenger when the “white” section was full on a bus in Montgomery, Alabama. The U.S. Congress called her “the first lady of civil rights,” and the “mother of the freedom movement.” When she died in 2005, she was the first woman and second non-U.S. government official to lie in honor at the U.S. Capitol Rotunda.

www.thehenryford.org/exhibits/rosaparks/story.asp

www.rosaparksfacts.com

www.rosaparks.org Rosa & Raymond Parks Institute for Self Development

Homemade Soup Day

<http://allrecipes.com/Recipes/Soups-Stews-and-Chili/> Search through over 1,000 recipes for homemade soup here.

Stuffed Mushroom Day

http://southernfood.about.com/od/stuffedmushrooms/Stuffed_Mushroom_Recipes.htm

Stuffed Mushroom Recipes.

Thank a Postal Worker Day

www.usps.com

USO Anniversary Day - The USO was incorporated on this day in 1941 by President Franklin D. Roosevelt.

www.uso.org

Birthday of Charles Lindbergh – Lindbergh (February 4, 1902 – August 26, 1974) was an American aviator. His plane was called the “Spirit of St. Louis.” He was the first aviator to fly solo nonstop across the Atlantic Ocean (May 20-21, 1927).

www.charleslindbergh.com



Wednesday, February 5

Day 36

329 Days Remaining

Chocolate Fondue Day

www.gofondue.com

www.fonduerrecipes.com

Birthday of Hank Aaron – Aaron (February 5, 1934) hit 755 home runs in one season, back when the seasons were considerably shorter than they are today.

<http://baseballhall.org/hof/aaron-hank>

www.755homeruns.com/timeline.shtml

Belle Starr Day – Myra Maybelle Shirley, aka Belle Starr (February 5, 1848 – February 3, 1889), was notorious outlaw was born in Carthage, Missouri. Her mother was a Hatfield from the infamous Hatfield-McCoy feuds. Belle was acquainted with both the Younger and the James brothers.

http://www.whitsett-wall.com/Fort_Smith/BelleStar.htm

National Weatherperson's Day – Also known as **National Weatherman's Day**, is a holiday observed primarily in the United States. It recognizes individuals in the fields of meteorology, weather forecasting and broadcast meteorology, as well as volunteer storm

spotters and observers. It is observed on the birthday of John Jeffries, one of the United States' first weather observers who took daily measurements from 1774 to 1816.

http://www.crh.noaa.gov/news/display_cmsstory.php?wfo=lot&storyid=21403&source=0

Aerial Victory Day – The first aerial victory by the U.S. military happened on this day in 1918 when Stephen Thompson shot down a German plane.

National Girls and Women in Sports Day – (first Wednesday)
www.womenssportsfoundation.org



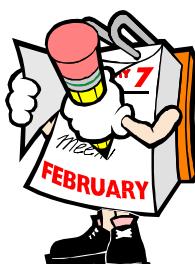
Thursday, February 6
Day 37 328 Days Remaining

National Frozen Yogurt Day

Monopoly Day – The first Monopoly Game (in the form we know it today) went on sale in 1935. Some sources list this as November 19.

Massachusetts Admission Day - Massachusetts became the 6th state in 1788.

www.mass.gov



Friday, February 7
Day 38 327 Days Remaining

Fettuccine Alfredo Day

<http://allrecipes.com//Recipe/to-die-for-fettuccine-alfredo>

Send a Card to a Friend Day

Birthday of Laura Ingalls Wilder - Laura Elizabeth Ingalls Wilder (February 7, 1867 – February 10, 1957) was an American author who wrote the *Little House* series of books based on her childhood in a pioneer family. Her series of books inspired the popular TV series Little House on the Prairie.

www.littlehousebooks.com

www.liwfrontiergirl.com

www.liwms.com

<http://lauraingallswilderhome.com>

www.lauraingallswilder.com

Dump Your Significant Jerk Day

Wear Red Day – (first Friday) See Go Red for Women™ for information about this campaign to fight heart disease and stroke.

www.goredforwomen.org

Give Kids a Smile® Day 2014 (first Friday)



Saturday, February 8
Day 39 326 Days Remaining

Smiles are Contagious Day

Boy Scout Anniversary – The Boy Scouts of America was founded on this day in 1910.

www.scouting.org



Rebel Day – James Dean, the original 'rebel', was born on this day in 1931.

www.jamesdean.com



Sunday, February 9

Day 40 325 Days Remaining

Bagels and Lox Day – See How to Prepare Bagels and Lox.

www.ehow.com/how_2141299_prepare-bagels-lox.html

Weather Day

Develop Alternative Vices Day – I think the purpose of this is to change your bad habits by substituting something that is better for you. For example, if you can't stop eating between meals at least eat something that is good for you. Or if you are a compulsive shopper, shop at Dollar Tree.

Birthday of President William Henry Harrison (February 9, 1773 – April 4, 1841) - He was the ninth president, and the first U.S. president to die in office.

www.whitehouse.gov/about/presidents/williamhenryharrison

World Marriage Day (second Sunday) – See Worldwide Marriage Encounter, the sponsor of World Marriage Day.

www.wwme.org



Monday, February 10

Day 41 324 Days Remaining

Gold Record Day – The first gold record was awarded to Glenn Miller on this day in 1942 for Chattanooga Choo Choo.

www.choochoo.com

Umbrella Day

YWCA Birthday – The Young Women's Christian Association was founded in 1870.

www.ywca.org



Tuesday, February 11
Day 42 323 Days Remaining

Make a New Friend Day

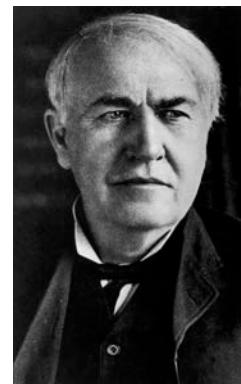
National Shut-in Visitation Day – If you know a shut-in please take time to visit them today. Even a few minutes of conversation can brighten their day for someone who is unable to get out and about.

Grandmother Achievement Day – Whether your grandmother bakes the best cookies in the world or is a corporate attorney, this would be a good day to tell her how proud you are of her.

Be Electric Day – This was created by Carolyn Finch in 1998 to celebrate Thomas Edison's birthday.

Birthday of Thomas Edison – Thomas Alva Edison (February 11, 1847 – October 18, 1931) was an American inventor and businessman.

www.thomasedison.com



Don't Cry Over Spilled Milk Day

Inventors Day – Have family or friends write down what they think are the five most important inventions of the past fifty years. Try to imagine what life would be like without them.

www.inventors-day.com

www.invent.org

www.inventorsdigest.com

www.uspto.gov/inventors/index.jsp

www.women-inventors.com



Wednesday, February 12

Chocolate Day – When is Chocolate Day?

There's a bit of confusion as to the actual date of this holiday. You see we have "Chocolate Day," World Chocolate Day, International Chocolate Day, and National Chocolate Day. Without even saying; it's obvious how these holidays can get all mixed up.

World Chocolate Day

Some calendars say World Chocolate Day is celebrated on September 23 but we also found reference to World Chocolate Day at this website that states: "Why not join in on World Chocolate Day on September 4th. World chocolate day is an annual event, with various events organised in different countries. The world day started first in 2003 and now events are organised annually on September 4th. The day itself was chosen because it is the birth date of the World Chocolate Day founder, the Italian, Valeria Lo Iacono."

International Chocolate Day

Some say "International Chocolate Day" is celebrated on September 13. If you do an Internet search; you will also find reference to National Chocolate Day on October 28, December 24, December 28, December 29, February 10 and July 7.

- We also have a National Milk Chocolate Day, celebrated on July 28.
- National White Chocolate Day - September 22
- National Chocolate Anything Day - December 16
- American Chocolate Week--March 14-20

Is it possible that this holiday is celebrated on more than one day?

Yes it is! In fact we have many holidays listed as a National Day but is also celebrated Internationally on a different date. It's also possible that this holiday started out as a Movable Holiday which could explain why so many different dates are listed. We think the biggest answer to this puzzle is simply the fact that there are so many chocolate holidays; everyone is getting them all mixed up. Also: Many times candy companies will promote chocolate on certain days and call that day "Chocolate Day" this in turn confuses the public into thinking that it's National Chocolate Day when it's actually just a "chocolate day promotion." Also chocolate is a very popular choice for fundraisers too. Oh well- - - We are still researching this holiday and if we ever find the creator of this holiday we will pass on the information. Until then, enjoy chocolate on all these dates by eating chocolate and sending chocolate day greeting- Yep, there's even greeting cards that say September 23 is Chocolate Day :)

How is this holiday celebrated?

Chocolate Day is a perfect excuse to indulge in chocolate! This holiday is celebrated by enjoying your favorite chocolate recipe! Is there anything better than that? Gather up your friends and family and treat everyone with something chocolate and delicious. Pull out your favorite chocolate recipes and share in the baking and making of chocolate desserts-

- Chocolate Cake Recipes

- Chocolate Pie Recipes
- Chocolate Mint Cupcake Recipe
- Chocolate Covered Bacon
- Chocolate Chip Cookies

Origin of this Holiday?

Our research did not find the creator, or the origin of this day. We did however find that this holiday has been celebrated for years. There is plenty of documentation to support that this holiday does indeed exist. This is referred to as a "National" day as all food holidays are. However, we did not find any congressional records or presidential proclamations for this day. Even though, this is still a holiday to celebrate.

We found recognition about this holiday from:

Calendar sites and personal Internet sites that blog and share information about this holiday.

Chocolate, one of the most popular flavors in the world:

"Chocolate has become one of the most popular flavors in the world. Gifts of chocolate molded into different shapes have become traditional on certain holidays: chocolate bunnies and eggs are popular on Easter, chocolate coins on Hanukkah, Santa Claus and other holiday symbols on Christmas, and hearts on Valentine's Day. Chocolate is also used in cold and hot beverages, to produce chocolate milk and hot chocolate."

www.exploratorium.edu/exploring/exploring_chocolate/

National Lost Penny Day ©1995 – The first US penny was minted in 1787 and was made of pure copper and was designed by Benjamin Franklin. On February 12th, 1909, marking the 100th anniversary of Lincoln's birth, the first Lincoln penny was issued. It was the first regular issue US coin to honor an actual person. On Lost Penny Day, gather all those pennies you have been collecting and cash them in.

Put all those pennies that you have collected or that have accumulated around your house back into circulation by donating them to a worthy cause.

<http://adriennesiouxkoopersmith.blogspot.com/2007/12/from-creator-of-lost-penny-day-1995.html>

Darwin Day – Charles Robert Darwin (February 12, 1809 – April 19, 1882) wrote *On the Origin of Species* in 1859, which provided the foundation for the theory of evolution.

www.darwinday.org

Birthday of President Abraham Lincoln – Abraham Lincoln (February 12, 1809 – April



15, 1865) was the sixteenth president. His birthday, along with George Washington's (February 22) is observed on the third Monday of February (February 17), commonly called "Presidents' Day" and is a national holiday.

International Pancake Day (Tuesday before Ash Wednesday) - See International Pancake Day for info about this annual competition between the women of Liberal, Kansas and the women of Olney, England.

www.pancakeday.net/about.htm



Thursday, February 13

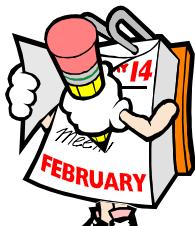
Day 44 321 Days Remaining

I Value Our Friendship Day

National Tortellini Day

Tortellini Recipes : <http://allrecipes.com//Recipes/pasta/ravioli-and-tortellini/Main.aspx>

First Public School Day – The first public school in America was established on this day in 1635 in Boston, Massachusetts.



Friday, February 14

Day 45 320 Days Remaining

Saint Valentine's Day – Valentine was a pagan priest that converted to Christianity. When it was illegal for Roman soldiers to marry, he performed marriage ceremonies in secret. He was arrested for this and imprisoned. He would send notes to his friends and family and sign them "Your Valentine." He was executed on this day in 269AD, and is considered a Christian martyr.

Snow Moon (Full Moon) – The "Full Moon" phase of the Moon is when it is entirely outside of the Earth's shadow from the Sun. On a clear night, the full moon can give enough light to make it possible to read a newspaper. A full moon can be used to

promote a “Moonlight Madness” sale or other nighttime promotion. The full moon in February is called the “Snow Moon.” Some other popular names for this month’s full moon are “Hunger Moon” or “Wolf Moon.” The full moon will occur at 5:54PM CST, 23:53 UTC.

Purim Katan – A minor Jewish holiday: Minor Purim celebration during Adar I on leap years.

<http://www.hebcal.com/holidays/2013-2014>



Quirky Alone Day - If you are single, go to Quirky Alone and take the quiz.

<http://quirkyalone.net/qa>

National Call in Single Day

National Condom Day

www.cashe.org/events/2013-national-condom-day

www.nationalcondomweek.com

www.redhot.org/news/national-condom-day

Ferris Wheel Day – American engineer George Washington Gale Ferris, Jr. (February 14, 1859 – November 22, 1896) is most well known for creating the original Ferris Wheel for the 1893 Chicago World's Columbian Exposition.

ENIAC Anniversary – ENIAC (Electronic Numerical Integrator And Computer) was the first electronic general-purpose computer, completed in 1946 after taking almost three years to build. It weighed 28 tons and was, of course, much slower than computers today.

<http://en.wikipedia.org/wiki/ENIAC>

www.itdictionary.org/term/Electronic_Numerical_Integrator_and_Computer.aspx

www.onlineitdegree.net

Have a Heart Day

Organ and Tissue Donor Day

www.organdonor.gov

Arizona Admission Day – Arizona became the 48th state in 1912.

Oregon Admission Day – Oregon became the 33rd state in 1859.

Women's Heart Health Day 2014 (Friday in same week as Valentines Day)

www.womenheart.org



Saturday, February 15

Day 46 319 Days Remaining

Burger Lovers Day – Several sources claim to have concocted this consummate “fast food” in the United States as early as 1885.

<http://burgerdoctor.com/burgerology-origin-of-the-hamburger.html>

National Gumdrop Day – One source cites that the gumdrop was invented by Percy Trusdale in 1801.

Clifford the Big Red Dog Birthday - Norman Bridwell's first book, *Clifford the Big Red Dog*, was published on this day in 1963. (Some sources say September 5, 1963.)

Sticky Stamp Day – The Postal Service first used adhesive postage stamps on this day in 1842. Actually, there is some dispute about this date. The official US Postal Service website cites the exact day as February 1. Regardless, these were the kind of stamps you had to lick to activate the adhesive on the back. Sticky stamp trivia: The USPS contracted with adhesive label company Avery Dennison to produce a self-adhesive postage stamp in 1974. They became so popular with customers that the majority of stamps today are of the “no licking required” type.

<http://about.usps.com/who-we-are/postal-history/stamps-postcards.htm>

wwwaverydennison.com/avy/en_us/Newsroom/Press-Kit/Fact-Sheet---Corporate

Galileo Day – Galileo Galilei was born on this day in 1564.

<http://galileo.rice.edu>

<http://plato.stanford.edu/entries/galileo>

Birthday of Susan B. Anthony – This civil rights activist was born on this day in 1820.

<http://susbanthonyhouse.org>

Battleship Day



Sunday, February 16

Day 47 318 Days Remaining

Do a Grouch a Favor Day – The best way to change their disposition.

Almond Day – Usually, almond trees are in full bloom right about now.

911 Day – The first 911 call was placed on this day in 1968 in Haleyville, Alabama. That call was not an emergency but a call set up to introduce the system to the news media. Since that time millions of people have found 911 to be a lifeline.

Nylon Day – Nylon was patented on this day in 1937 by DuPont.



Monday, February 17
Day 48 317 Days Remaining



Presidents Day 2014 (third Monday) - This was first celebrated 22 Feb 1880 to honor the birthday of President George Washington. In 1971, the Uniform Monday Holiday Act changed it to the third Monday in February. Today Presidents Day honors both George Washington and Abraham Lincoln.

www.patriotism.org/presidents_day

Random Acts of Kindness Day

PTA® Founders Day (started in 1910) - The original name of the group was the National Congress of Mothers and was changed to the National Congress of Parents and Teachers in 1925.

www.pta.org



Tuesday, February 18
Day 49 316 Days Remaining

Thumb Appreciation Day

Pluto Day - The planet Pluto was discovered by Clyde Tombaugh in 1930. In 2006 Pluto was demoted to 'dwarf planet' after the criteria for being considered a planet was redefined.

Dale Earnhardt Remembrance Day - Dale Earnhardt died on this day in 2001 at the Daytona 500.



Wednesday, February 19

Day 50 315 Days Remaining

Cherry Coke Day – Cherry cola had been available for many years at drugstore soda fountains and restaurants where a soda jerk would concoct it by adding cherry-flavored syrup to cola. Apparently, it was so popular that the Coca-Cola Co. put it in a bottle and started selling it on this day in 1985.

National Chocolate Mint Day

Crackerjacks Prize Day – The first time there was a prize in a Crackerjacks box was on this day in 1913.

Temporary Insanity Day – Some of us would like to see this holiday occur much more frequently to avoid having to come up with reasonable explanations for our actions.

Iwo Jima Day – This is observed in Massachusetts. This was the first day of the Battle of Iwo Jima in which the United States captured Iwo Jima from Japan.



Thursday, February 20

Day 51 314 Days Remaining

Cherry Pie Day – See links to Cherry Pie Recipes and Dessert Poems and Quotes.

Love Your Pet Day – See ASPCA.org and Pet Scrapbook Ideas.

Clean Out Your Bookcase Day – Started in 1985, this is a good day to clean out all of those books we haven't read (and probably will never read) and donate them to our local library (which will probably have any book we will want to read in the future).

Ansel Adams Day – The photographer and environmentalist was born on this day in 1902.

www.anseladams.com

Student Volunteer Day

Introduce a Girl to Engineering Day

Toothpick Day – According to archeologists, the fossil remains (specifically, the teeth) of Neanderthals show evidence of some type of picking tool. A machine to make wooden toothpicks was developed in 1869 by Charles Foster. Another machine was patented in 1872 by Silas Noble and J.P. Cooley.

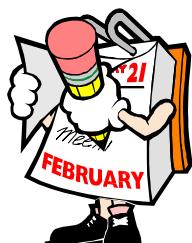
Post Office Anniversary – On this day in 1792 President Washington signed the act that created the U.S. Post Office. Benjamin Franklin was the first Postmaster General.

www.postalmuseum.si.edu



Orbit Day – John Glenn became the first American astronaut to orbit the earth on this day in 1962.

www.johnglennhome.org



Friday, February 21
Day 52 313 Days Remaining

Sticky Bun Day

Single-Tasking Day

Locomotive Day – In 1804 the first steam-engine locomotive was used in Wales. It went nine miles in two hours hauling ten tons of iron, seventy men and five wagons.

<http://inventors.about.com/library/inventors/blrailroad.htm>
www.history.rochester.edu/steam/brown/



Saturday, February 22

Day 53 312 Days Remaining

Be Humble Day – “Let another man praise thee, and not thine own mouth; a stranger, and not thine own lips.” (Proverbs 27:2)

Golf America Day – Golf was first played in the U.S. in 1888.

www.golf.com

Georgian Calendar Day – The Georgian Calendar replaced the Julian Calendar in 1582 in most countries.

World Thinking Day – This is a day for Girl Scouts to think about the meaning of scouting and about Girl Scouts and Girl Guides in other countries.

Birthday of President George Washington (born in 1732) - He was the first president of the United States of America.

www.whitehouse.gov/about/presidents

www.mountvernon.org



Sunday, February 23

Day 54 311 Days Remaining

Banana Bread Day – Don’t let that black, overripe banana go to waste!

Tootsie Roll Day (first made in 1896) - The original Tootsie Rolls were hand made in a small candy store that eventually became Tootsie Roll Industries. They were named after the maker's daughter whose nickname was Tootsie.

www.tootsie.com

Dog Biscuit Appreciation Day



Monday, February 24

Day 55 310 Days Remaining

National Tortilla Chip Day – Rebecca Webb Carranza (born in Durango, Mexico on November 29, 1907 and died in Phoenix, Arizona on January 19, 2006) is credited with creating the now ubiquitous tortilla chip. In the late 1940s, the Carranza family's Los Angeles-based El Zarape Tortilla Factory began making tortillas by machine, but at first many of the corn and flour disks were misshapen and had to be thrown away.

Ms. Carranza took some of the rejects home for a party, cut them into triangles and fried them. They were a huge hit with her guests and she began selling them for 10 cents a bag. By the 1960s the Tort Chips, as they were called, were El Zarape's main business.

In 1994 Ms. Carranza was honored with the Golden Tortilla Award by Azteca Milling, the Irving, Texas-based company that created the honor.

Nylon Toothbrush Day - The first toothbrush with nylon bristles went on sale on this day in 1938.

National Trading Card Day

Birthday of Steven Jobs – (February 24, 1955 – October 5, 2011) He was the co-founder of Apple Computer.

www.apple.com/stevejobs
<http://allaboutstevejobs.com>



Obnoxious Day



Tuesday, February 25

Day 56 309 Days Remaining

Cuddle Day

Let's All Eat Right Day – This is the day Adelle Davis, well-known early nutritionist, was born on in 1904.

Pistol Patent Day - Samuel Colt patented the revolver.
www.colt.com



Wednesday, February 26
Day 57 308 Days Remaining

Tell a Fairy Tale Day

Birthday of Levi Strauss – Strauss, born in 1829, invented denim bluejeans.

National Pistachio Day

Spay Day USA – Always the last Tuesday of February.
www.humanesociety.org/issues/spay_day



Thursday, February 27
Day 58 307 Days Remaining

No-Brainer Day - This is a day to do simple chores that require no thought to leave your brain free to wander where it will.

Polar Bear Day

Aspirin's Birthday – Bayer patented this medicine on this day in 1900. Its patent has since expired, but they are still known for “the wonder drug that works wonders.”

Birthday of Ralph Nadar – Political activist and presidential candidate, Ralph Nadar, was born on this day in 1934.

Mardi Gras Day - According to some sources the first Mardi Gras was held in New Orleans on this day in 1827.

Inconvenience Yourself™ Day 2013 – Observed on the fourth Wednesday of February.
www.inconvenienceyourself.com



Friday, February 28
Day 59 306 Days Remaining

Car Keys and Small Change Day – Probably the reason why pockets were invented.

Floral Design Day - This was designated by Governor William F. Weld of Massachusetts in 1995. It is the birthday of Carl Rittner, founder of The Rittner School of Floral Design in Boston.

www.floralschool.com

Tooth Fairy Day – Also celebrated August 22.

DNA Discovery Day – On this day in 1953 James Watson of the US and Francis Crick of the UK determined the shape and structure of DNA to be a double helix.

Chili Day – Observed on the last Thursday of February (perfect weather for a hot bowl of chili!).

February 29 (2014 is not a leap year, so there is no February 29. This information is provided for information purposes only. The last leap year was 2012. The next leap year will be 2016.)

Leap Day – A complete revolution of the earth around the sun (one solar year) takes approximately 365 days and 4 hours. Thus, an extra 24 hours accumulates every four years, making it necessary to add an extra day to the calendar to get it back in alignment. More precisely, a solar year is 365 days, 5 hours, 49 minutes, and 16 seconds (365.2425 days). Simply adding an extra day to the calendar every four years would be three days too many in 400 years. To keep this from happening, a year divisible by 100 is not a leap year unless it is *also* divisible by 400. So, the years 1600 and 2000 were leap years, as will be 2400 and 2800, but the years 1700, 1800, and 1900 were not, nor will 2100, 2200, or 2300.

Bachelors Day – Irish folklore tells us St Bridget struck a deal with St Patrick to allow women to propose to men just once every 4 years, on Leap Day. If a man refuses a proposal from a woman on this day, he is expected to pay a penalty. Sometimes this was

a monetary fine, a silk gown, or 12 pairs of gloves so that the woman could hide the embarrassment of not wearing an engagement ring.

Yellowstone Park Day – Yellowstone became the first National Park in 1892.

www.nps.gov/yell

www.yellowstonenationalpark.com

Week-long Events in **FEBRUARY**



Pancake Week – Week before Ash Wednesday.

Women's Heart Health Week – First week.

www.womenheart.org

www.americanheart.org

Solo Diners Eat Out Week – The 1st through the 7th.

www.solodining.com

Children's authors and Illustrators Week – First week.

www.childrensauthorsnetwork.com

National Pay Your Bills Week – First week. Created in 1968 by The Association of Credit and Collection Professionals for the purpose of better educating consumers on how to manage their finances. Governor Harold LeVander of Minnesota designated this day in 1970.

www.acainternational.org

Burn Awareness Week – First full week.

www.ameriburn.org

National School Counseling Week – First full week.

www.schoolcounselor.org

International Coaching Week – First full week.

Boy Scout Anniversary Week – First full week.

www.scouting.org

Pride in Food Service Week - First full work week.

www.dmaonline.org

Congenital Heart Defect Awareness Week – The 7th through the 14th.
<http://tchin.org>

Flirting Week – Always the week of Valentines Day.

National Salute to Hospitalized Veterans Week – The week of Valentines Day.
www.volunteer.va.gov

Children of Alcoholics Week – The week of Valentines Day.
www.nacoa.org The National Association for Children of Alcoholics

Cardiac Rehabilitation Week – The week of Valentines Day.
www.aacvpr.org The American Association of Cardiovascular and Pulmonary Rehabilitation.

Cardiovascular Professionals Week – The week of Valentines Day.
www.aacvpr.org

Celebration of Love Week – The week of Valentines Day.

National Condom Week – The week of Valentines Day.
www.nationalcondomweek.com

Muscular Dystrophy Awareness Week – Second week
www.parentprojectmd.org

Homes for Birds Week® – The second week of February by The National Association of Independent Wild Bird Stores.
www.homesforbirdsweek.com

National Child Passenger Safety Awareness Week – Second full week.
www.nhtsa.gov National Highway Traffic Safety Administration

Heart Failure Awareness Week – Second full week.
www.hfsa.org The Heart Failure Society of America

Random Acts of Kindness Week – The week starting the second Monday.
www.randomactsofkindness.org/rak-week

Love Your Pet Week – The third week.
www.aspca.org

Golf Week – The third week.
www.golf.com

International Friendship Week – The last full week in February.

www.friendshipandgoodwill.org International Society of Friendship and Goodwill

Future Farmers of America Week – The week starting the third Saturday.

wwwffa.org Future Farmers of America

The Great Backyard Bird Count Weekend – Friday the 15th through Monday the 18th.

www.birdsource.org/gbbc The Great Backyard Bird Count

Second Honeymoon Weekend – Friday to Sunday following or including Valentine's Day.

Engineering Week – The week including Washington's Birthday. George Washington was a civil engineer and surveyor early in life, and was born on February 22, 1732.

www.nspe.org The National Society of Professional Engineers®

Nostalgia Week – The fourth week.

Eating Disorders Awareness Week – The week starting the last Sunday.

www.nationaleatingdisorders.org The National Eating Disorders Association

Telecommuter Appreciation Week – The week starting the last Sunday. First designated by The American Telecommuting Association in 1993.

www.yourata.com

Month-long Events in FEBRUARY



Random Acts of Kindness Month

National Boost Your Self-Esteem Month

Creative Romance Month

Relationship Wellness Month

International Friendship Month

National Embroidery Month

Get Inspired Month

Library Lovers Month

www.ipl.org The Internet Public Library

Plant the Seeds of Greatness Month

Primrose Month

Violet Month

National Cat Health Month

www.cathealth.com

Responsible Pet Owner Month

www.aspca.org American Society for the Prevention of Cruelty to Animals

National Wild Bird Feeding Month

www.birdfeeding.org National Bird-Feeding Society

American History Month

www.ushistory.org

Black History Month

www.africanamericanhistorymonth.gov

Expect Success Month

www.insidecca.com/inside-cca/international-expect-success-month

www.positivemagazine.com

Time Management Month

www.mayoclinic.com/health/time-management/WL00048

Bake for Family Fun Month

www.joyofbaking.com

Canned Food Month

National Cherry Pie Month

Chocolate Lovers Month

www.allchocolate.com

National Grapefruit Month

Hot Breakfast Month

Pie Month

Potato Lovers Month

National Snack Food Month

www.sfa.org Snack Food Association

National Sweet Potato Month

<http://healthymeals.nal.usda.gov/features-month/february/national-sweet-potato-month>

National Children's Dental Health Month

www.ada.org/5578.aspx

Low Vision Awareness Month

www.lowvision.org

www.preventblindness.org

Macular Degeneration Awareness Month

www.maculardegenerationassociation.org

Sleep Safety Month

www.nhlbi.nih.gov/health/prof/sleep/res_plan/section4/section4d.html

National Caffeine Addiction Awareness Month

www.caffeineawareness.org

National Cancer Prevention Month – Designated by the U.S. Senate in 2004.

www.aicr.org American Institute for Cancer Research

www.cancer.org American Cancer Society

www.cancer.net American Society of Clinical Oncology

www.choosehope.com

National Condom Month

www.ashastd.org/national-condom-month.html American Sexual Health Association

Heart Health Month

www.americanheart.org

Kids E.N.T. (Ears, Nose, Throat) Month

www.entnet.org American Academy of Otolaryngology – Head and Neck Surgery

Marfan Syndrome Awareness Month

www.marfan.org National Marfan Foundation

Wise Health Consumer Month

www.aipm.net American Institute for Preventive Medicine

Women's Heart Health Month

www.womenheart.org



MARCH

~ March 2014 ~						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31	Notes:				

Flower - Daffodil (signifies new beginnings)

Alternate Flower - Jonquil (another name for daffodil)

Birthstone - Aquamarine (signifies courage and hope)

Alternate Birthstone - Bloodstone

Name Origin - named for Mars, Roman god of war



Saturday, March 1
Day 60 305 Days Remaining

New Moon – The “New Moon” phase of the moon is when the moon is fully hidden in the earth’s shadow from the sun. A clear night during a new moon is a prime opportunity for stargazing. The new moon will occur at 2:02AM CST, 08:02 UTC.



National Day of Unplugging (sunset on March 1 to sunset on March 2) – Started in 2009, this is a day to “unplug” from all digital (electronic) devices for a full 24 hours (from sunset to sunset).

<http://nationaldayofunplugging.com>

http://www.huffingtonpost.com/2013/02/28/national-day-of-unplugging-2013_n_2760114.html

Share a Smile Day

Peanut Butter Lover's Day
<http://peanutbutterlovers.com>
<http://peanut-butter.org>



Mechanic's Day

National Pig Day - This was created in 1972 by sisters Ellen Stanley and Mary Lynne Rave.

Peace Corps Anniversary – On this day in 1961, President John F. Kennedy signed the Executive Order officially starting the Peace Corp.
www.peacecorps.gov

Plan a Solo Vacation Day
www.cstn.org Connecting: Solo Travel Network

Yellowstone Day - Yellowstone became the first National Park on February 29 in 1872 (a leap year) by an act of dedication signed by President Ulysses S. Grant. The official date for celebrating the establishment of Yellowstone as a National Park is March 1. One of the park's most popular features is a geyser known as "Old Faithful."

Nebraska Admission Day - Nebraska became the 37th state in 1867.

Ohio Admission Day - Ohio became the 17th state in 1803.



Sunday, March 2
Day 61 304 Days Remaining

National Banana Cream Pie Day

Read Across America Day - This was created by the NEA and is celebrated on the birthday of children's author and illustrator Theodore Seuss Geisel aka Dr. Seuss. He was born in 1904 in Springfield, Massachusetts. He wrote The Cat in The Hat, Horton Hears a Who, How the Grinch Stole Christmas and many other wonderful books.

www.nea.org/grants/886.htm Read Across America

Give Up Easily Day

Old Stuff Day

Iditarod® Start Day (starts the first Saturday) – This is the longest dog sled race in the world and takes from ten to twenty days. The Iditarod Trail runs from Anchorage to Nome in Alaska.

<http://iditarod.com> Official Site of the Iditarod®.

Namesake Day (Sunday of the first full week) - This was established in 1997 by onomatology hobbyist, Jerry Hill.



Monday, March 3
Day 62 303 Days Remaining

I Want You to Be Happy Day

Alexander Graham Bell Day - The teacher, inventor, physicist, and engineer was born on this day in 1847.

www.agbell.org Alexander Graham Bell Association

Peach Blossom Day - This is the day peaches usually start blossoming in Japan.

Star-Spangled Banner Day - The Star-Spangled Banner became the National Anthem on this day in 1931 by a congressional resolution signed by President Herbert Hoover.

Florida Admission Day - Florida became the 27th state in 1845.



Tuesday, March 4
Day 63 301 Days Remaining

National Pound Cake Day - Traditional pound cakes contained one pound each of flour, sugar, eggs and butter. Any cake that contains equal amounts of those four ingredients can still be considered a pound cake.

Cadbury Chocolate Day - John Cadbury opened his a grocery shop in 1824 in Birmingham, England. One of the things he sold was cocoa and drinking chocolate,

which he prepared himself from imported cocoa beans. His chocolate products sold so well that he soon decided to concentrate on them.

www.cadbury.co.uk

Hug a Member of the Military Day - Today is the only day of the year that is a military command: 'march forth'.

U.S. Congress Anniversary - Congress first met on this day at Federal Hall in New York City in 1789.

Employee Appreciation Day



I think it was Napoleon that said, "A man will work for a paycheck, but he will risk his life for a medal." Recognition for a job well done is valued and appreciated more than extra money. A few years ago, a client came to us with a dilemma. They were a home-improvement company with about 100 employees. At Christmas, they would give each employee a \$100 bonus. This was a \$10,000 expense for the company. Rather than appreciating the generous gift, the employees took it as an insult. It wasn't enough of a reward for a whole year of effort. Our client came to us for a better way to recognize and commend their employees. We put together an Employee Recognition Program consisting of a personalized (the lid inscribed with their name) toolbox filled with an assortment of screwdrivers, pliers, tin snips, and other hand tools. The personalized toolboxes were presented to each employee at the annual Christmas dinner. The employees were elated. They showed off their toolboxes like they were made of gold. The program was an overwhelming success, and the cost was still around \$100 per employee. Our client said it was the best money they ever spent, which makes this a *great promotional idea!*



National Waltz Day

Tavern Day - America's first tavern opened on this day in Boston in 1634.

Vermont Admission Day - Vermont became the 14th state in 1791.

Unique Name Day (Tuesday of the first full week) - This was established in 1997 by onomatology hobbyist, Jerry Hill.



Wednesday, March 5

Day 64 301 Days Remaining

Ash Wednesday 2014 – Ash Wednesday is the first day of Lent and is forty-six days before Easter.

www.catholic.org/clife/lent

Say Hi to Mom Day

Babysitter Safety Day

Stop Bad Service Day

Multiple Personality Day - Multiple Personality Disorder is now known as Dissociative Identity Disorder.

Learn What Your Name Means Day (Wednesday of the first full week) - This was established in 1997 by onomatology hobbyist, Jerry Hill.

www.behindthename.com



Thursday, March 6

Day 65 300 Days Remaining

Oreo Cookie Day - Oreo cookies were first sold 1912.

National White Chocolate Cheesecake Day – White Chocolate does not contain cocoa solids. It is made with cocoa butter, sugar, milk solids and salt. It has a pale yellow or ivory appearance instead of the dark brown color of conventional chocolate, hence the name, “white” chocolate.

National Frozen Food Day – This was designated by President Ronald Reagan in 1984.

www.affi.org American Frozen Food Institute

Dentist's Day

www.ada.org American Dental Association



Friday, March 7

Day 66 299 Days Remaining

National Cereal Day - This day is to honor Dr. John Harvey Kellogg who invented Corn Flakes in 1897.

www.kelloggs.com

Say Hello! Day - Alexander Graham Bell patented the telephone on this day in 1876.

International Women's Day - This is a day to celebrate achievements of women past and present.

www.internationalwomensday.com

Uppity Women Day

Middle Name Pride Day (Friday of the first full week) - This was established in 1997 by onomatology hobbyist, Jerry Hill.

www.behindthename.com

Women's World Day of Prayer (first Friday) - This was started in 1927. The purpose is for women to become aware of other cultures, sympathize with the problems of other countries, and pray for and with them.

Salesperson Day (first Friday)



Saturday, March 8

Day 67 298 Days Remaining

Name Your Own Holiday Day – Apparently, there are no holidays or special awareness days for this date, *so you can come up with your own!*

Genealogy Day (Saturday of the first full week)
www.ancestry.com



Sunday, March 9
Day 68 297 Days Remaining

Get Over it Day™ – This is strategically held each year on March 9th, the exact mid-point between Valentine's Day and April Fool's Day.
www.getoveritday.com

Barbie's Birthday – On this day in 1959, the Barbie Doll was first displayed at the American International Toy Fair in New York. Barbie™ is owned by Mattel, Inc.

www.barbie.com

Birthday of Bobby Fischer – This chess champion was born on this day in 1943.



Armored Warships Day – The first battle between armored warships took place on this day in 1862 during the American Civil War. The ships were the Monitor and the Merrimac.

Daylight Savings Time begins (second Sunday) – Turn your clocks *ahead* one hour.

Check Your Batteries Day (second Sunday) – When daylight savings time begins, check the batteries in your smoke detectors, carbon monoxide detectors, emergency flashlights, etc. Doing so could save your life and the lives of those you love.



Monday, March 10

Day 69 296 Days Remaining

Telephone Day - On this day in 1876 the first discernible voice message was transmitted over a telephone.

Dollar Bill Day - The U.S. printed its first modern paper currency on this day in 1862.

Salvation Army Day – The Salvation Army (in the United States) was founded in 1880.

www.salvationarmy.org

www.salvationarmyusa.org

National Women and Girls HIV/AIDS Awareness Day – According to the U.S. Department of Health and Human Services Office, every 35 minutes a woman in the United States tests positive for HIV.

www.womenshealth.gov

Workplace Napping Day (Monday after Daylight Savings Time starts) - This was created by William and Camille Anthony in 1999 to help people adjust to the hour lost to Daylight Savings Time and to point out the benefits of napping.

<http://stress.about.com/od/lowstresslifestyle/a/powernap.htm>



Tuesday, March 11

Day 70 295 Days Remaining

Dream Day

World Kidney Day

www.kidney.org The National Kidney Foundation

Sir Paul Day - Paul McCartney, member of the Beatles was knighted by the Queen on this day in 1997.



Organize Your Home Office Day (second Tuesday)
<http://lifeorganizers.com/office>



Wednesday, March 12
Day 71 294 Days Remaining

Plant a Flower Day

Alfred Hitchcock Day

Girl Scout Birthday - On this day in 1912, Juliette Lowe registered the first eighteen girl members in Savannah, Georgia.

www.girlscouts.org

Fireside Chat Day - On this day in 1933 President Franklin D. Roosevelt gave the first of his fireside chats on the radio.



Thursday, March 13
Day 72 293 Days Remaining

Good Samaritan Involvement Day

Ear-Muff Day - Ear-muffs were patented on this day in 1877 by inventor, Chester Greenwood.

National Open an Umbrella Indoors Day



Friday, March 14

Day 73 292 Days Remaining

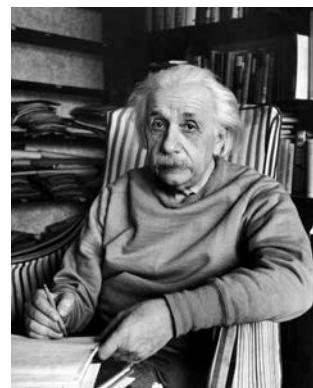
National Potato Chip Day - Potato Chips were invented by George Crum in 1853. He was a chef who became frustrated at a customer who sent back his order of fried potatoes because they were too thick. As a joke he cut them as thin as possible and cooked them in oil. To his surprise the customer loved them and others began asking for them.



Children's Craft Day

Butterflies Day

Genius Day - Albert Einstein was born on this day in 1879.



Pi Day - This was created in 1988 by physicist Larry Shaw. Pi, the ratio of the circumference of a circle to its diameter, is an infinite number. Using a computer he built himself, Shigeru Kondo of Nagano Prefecture, Northern Japan, recently set a new world record by calculating the value of pi to ten trillion digits.



Saturday, March 15

Day 74 291 Days Remaining

Shopping Cart Birthday - The first shopping cart was patented on this day in 1938 by Sylvan Goldman.

Ides of March - In the Roman calendar the 15th of March, May, July and October was known as the ides. Most likely that would be a little known fact today if not for Julius Caesar being stabbed that day after being told by a seer to 'beware the ides of March'.

Maine Admission Day - Maine became the 23rd state in 1820.

Birthday of President Andrew Jackson (born in 1767) - He was the seventh president.
www.whitehouse.gov/about/presidents

National Quilting Day (third Saturday) - This was started in 1991 by The National Quilting Association, Inc.

<http://nqaquilts.org>



Sunday, March 16
Day 75 290 Days Remaining

Sap Moon (Full Moon) – The “Full Moon” phase of the Moon is when it is entirely outside of the Earth’s shadow from the Sun. On a clear night, the full moon can give enough light to make it possible to read a newspaper. A full moon can be used to promote a “Moonlight Madness” sale or other nighttime promotion. The full moon in March is called the “Sap Moon.” Some other popular names for this month’s full moon are the “Crow Moon,” “Snow Crust Moon,” or “Wind Moon.” The full moon will occur at 12:10PM CST, 17:10 UTC.



Purim – A major Jewish holiday, Purim is one of the most joyous and fun holidays on the Jewish calendar. It begins at sundown tonight.

<http://www.hebcal.com/holidays/2013-2014>

Everything You Do is Right Day

Vitamin C Day – Vitamin C was discovered in 1928. This vitamin is easy for healthy people to obtain because so many good foods contain it. Some of them are: red peppers, kiwifruit, broccoli, papaya, strawberries, oranges, kale, lemons, melons, cauliflower, grapefruits, spinach, and potatoes.

Freedom of Information Day

Birthday of President James Madison (born in 1751) - He was the fourth president.
www.whitehouse.gov/about/presidents

West Point Anniversary – West Point was established in 1802 by Thomas Jefferson.
www.usma.edu United States Military Academy



Buzzard Day (first Sunday after the 15th) - People come to Hinckley Township, Ohio to see buzzards return from their winter migration.

www.hinckleytwp.org/content/buzzard-day
www.cleveland.com/hinckley-township/



Monday, March 17
Day 76 289 Days Remaining

St. Patrick's Day – The Feast of Saint Patrick is a cultural and religious holiday. It is named after Saint Patrick (385 – 461AD), the most commonly recognized of the patron saints of Ireland. This was made an official Christian feast day in the early seventeenth century and is observed by the Catholic Church, the Anglican Communion Church (especially the Church of Ireland), the Eastern Orthodox Church and the Lutheran Church. The day commemorates Saint Patrick, a missionary that brought Christianity to Ireland. It has also come to be a celebration of the Irish heritage and culture in general. Celebrations generally involve public parades and festivals, céilíthe, and the wearing of green clothing or shamrocks (a three-leaf clover). Christians in the afore mentioned churches also attend services, and the Lenten restrictions on drinking alcohol are lifted for the day, which has encouraged and propagated the holiday's tradition of alcohol consumption. Many restaurants, bars and pubs that cater to those of Irish descent will serve green beer on this day. Saint Patrick's Day (also known as Saint Paddy's Day) is a public holiday in the Republic of Ireland, Northern Ireland, Newfoundland, Labrador and Montserrat. It is also widely celebrated by those of Irish descent around the world, especially in Britain, Argentina, Australia, New Zealand, Canada and in the United States of America.

<http://www.st-patricks-day.com>
<http://paddynotpatty.com>
<http://gawker.com/5990788/its-st-paddys-day-not-st-pattys-day>

Shushan Purim – A minor Jewish holiday: Purim celebrated in Jerusalem and walled cities.

<http://www.hebcal.com/holidays/2013-2014>

Z Day – Short for Zeitgeist Day
<http://zdayglobal.org>

Rubber Band Day – The rubber band was patented on this day in England in 1845.

Camp Fire Founders Day – Originally called “Camp Fire Girls,” the organization was founded on this day in 1910 by Dr. Luther H. Gulick and his wife Charlotte. It was the first non-sectarian organization for girls in the U.S. In 1975, Camp Fire became a coeducational organization. Today, they serve an essentially equal number of boys and girls.

[www.campfireusa.org](http://campfireusa.org)

Submarine Day

Act Happy Day (third Monday)
<http://sohp.com> Secret Society of Happy People



Tuesday, March 18
Day 77 288 Days Remaining

Grandparents and Grandchildren Day

Awkward Moments Day

Birthday of Sparky the Fire Dog - Sparky is the mascot of National Fire Protection Association.

www.nfpa.org

First Space Walk Day - The first person to take a walk in space was Soviet cosmonaut, Alexei Leonov on this day in 1965.



Birthday of President Grover Cleveland (born in 1908) - He was the twenty-second and twenty-fourth president.

www.whitehouse.gov/about/presidents



Wednesday, March 19

Day 78 287 Days Remaining

National Agriculture Day – Organized by the ACA (Agriculture Council of America) to recognize and celebrate the abundance provided by agriculture. Special events take place in Washington, D.C.

www.agday.org

National Chocolate-Covered Caramel Day

Laugh Day – “A merry heart doeth good like a medicine.” – Proverbs 17:22

Birthday of Wyatt Earp - The old west lawman was born on this day in 1848.

Poultry Day

Swallows Return to San Juan Capistrano Day

www.sanjuancapistrano.net/swallows

Time Zone Day - To sort out the confusion of various states and cities using different times zones Congress adopted the Standard Time Act on this day in 1918.



Thursday, March 20

Day 79 286 Days Remaining

Chicka Chicka Boom Boom Day - This is the birthday of Bill Martin, author of *Chicka Chicka Boom Boom* and other great children's books.

Spring Equinox (also called Vernal Equinox) - This is always between March 19 and 21 and marks the first day of spring. The Sun will shine directly on the equator and there will be nearly equal amounts of day and night throughout the world. This is also the first day of spring (vernal equinox) in the northern hemisphere and the first day of fall (autumnal equinox) in the southern hemisphere. Between 2008 and 2058 it falls on the

20th, except for 2044, 2048, 2052 and 2056 in which it falls on the 19th. In 2007 it was on the 21st.

Snowman Burning Day (first day of Spring) - This started in 1971 as a day to mark the end of winter and welcome spring. Since a real snowman will not actually burn, a snowman made from paper, with a frame of wood, wire or straw is used.

www.lssu.edu/snowman Lake Superior State University

Mr. Rogers Day – Birthday of Fred Rogers (March 20, 1928 – February 27, 2003), host of Mister Rogers' Neighborhood. The children's educational TV show began airing in 1968 and ran for 895 episodes until 2001.

Big Bird Day – Even though he was 'born' in 1969, Big Bird is perpetually six years old.

Extraterrestrial Abductions Day

www.lssu.edu/snowman Alien Abduction Experience and Research

National Native American HIV/AIDS Awareness Day – Initially started in 2007.

www.nnaapc.org National Native American AIDS Prevention Center

Zipper Day – A patent for a 'separable fastener' (later called a zipper) was granted on this day in 1917 to Gideon Sundback.

Absolutely Incredible Kid Day® (third Thursday) - This was created in 1998 by Camp Fire USA to encourage adults to write letters of praise and encouragement to the children in their lives.

<http://campfireusa.org/aikd.aspx>



Friday, March 21
Day 80 285 Days Remaining

World Meteorological Day – Started in 1950, this day was originally celebrated on March 23. This year's theme: "Watching the weather to protect life and property" subtitled "Celebrating 50 Years of World Weather Watch."

www.wmo.int World Meteorological Organization

International Day of Forests – Declared by the United Nations General Assembly. This new global celebration of forests builds on the successes of the International Year of Forests in 2011, and provides a platform to raise awareness of the importance of all types of forests and of trees outside forests. Activities expected to take place on the

International Day include tree-planting and other community-level events, and national celebrations including art, photo and film as well as social media outreach.

<http://www.un.org/esa/forests/international-day-of-forests/index.html>

Common Courtesy Day

www.notsocommoncourtesy.com Book: "not so Common Courtesy™" by Mitzi Taylor

Dance Day

World Poetry Day - This was designated in 1999 by the UN Educational, Scientific and Cultural Organization.

www.poets.org Academy of American Poets

Memory Day

National Single Parent Day - This was designated by Parents Without Partners.

www.parentswithoutpartners.org

Fragrance Day



Saturday, March 22
Day 81 284 Days Remaining

As Young as You Feel Day

National Badminton Day

National Goof-Off Day

Roller Coaster Day - The roller coaster was patented in Coney Island, New York by La Marcus Thompson in 1884.

National Sing-Out Day

World Water Day - This was created in 1992 during the United Nations Conference on Environment and Development.

www.unep.org United Nations Environment Programme

www.unwater.org



Sunday, March 23
Day 82 283 Days Remaining

National Chip and Dip Day

Cuddly Kitten Day

www.nationalhumane.com National Humane Society

Dixie Cup Birthday – Originally called the “Health Kup,” the Dixie Cup was developed by Lawrence Luellen and Hugh Moore in 1912. It became popular very quickly because of the recent discovery of germs on community drinking glasses and dippers being the source of many communicable diseases.

www.dixie.com

Give Me Liberty Day - Patriot Patrick Henry is most famous for a speech he gave on this day in 1775 to encourage more military action against the British. The last part of the speech was “Is life so dear, or peace so sweet, as to be purchased at the price of chains and slavery? Forbid it, Almighty God! I know not what course others may take; but as for me, Give me Liberty, or give me Death!”

www.libertyday.net

Near Miss Day - On this day in 1989 a large asteroid came within 500,000 miles of the earth. Had it hit it would have created a crater the size of Washington, D.C. and destroyed everything for a hundred miles around.



Monday, March 24
Day 83 282 Days Remaining

National Chocolate-Covered Raisin Day

Saint Gabriel Feast Day - This was the date chosen in 1921 when it was first included in the General Roman Calendar. In 1969 the date was changed to September 29. Saint

Gabriel is the patron saint of messengers - including postal, telephone, and telecommunications workers.

World Tuberculosis Day - In 1904 the National Association for the Study and Prevention of Tuberculosis was created. In 1968 the name was changed to the National Tuberculosis and Respiratory Disease Association. Finally in 1973 it became the American Lung Association.

www.lung.org American Lung Association



Tuesday, March 25
Day 84 281 Days Remaining

Greek Independence Day – This day has been recognized as such by presidential proclamation.

Pecan Day - This is the anniversary of the day in 1775 that George Washington planted pecan trees at Mount Vernon. The trees were a gift from Thomas Jefferson and supposedly some of the trees still survive today.

www.ilovepecans.org National Pecan Shellers Association

International Waffle Day - Eating waffles as a way to celebrate the start of spring originated in Sweden.

National Medal of Honor Day - The first medal of honor was presented on this day in 1963.

www.homeofheroes.com/moh/history/day.html

Diabetes Alert Day (fourth Tuesday)

www.diabetes.org American Diabetes Association

Doctors Day (last Tuesday)



Wednesday, March 26

Day 85 280 Days Remaining

Johnny Appleseed Day - John Chapman, better known as Johnny Appleseed, died on this day in 1845.

Birthday of Robert Frost - Robert Frost was born on this day in 1874. He was a poet who wrote The Road Not Taken, Stopping By Woods on a Snowy Evening, and many other wonderful poems.

Dr. Jonas Salk Day - Salk invented the polio vaccine in 1953.

Legal Assistants Day

Medic Alert Birthday - The Medic Alert Foundation was founded on this day in 1956.
www.medicalert.org

Kids Kick Butts Day - (fourth Wednesday)
www.tobaccofreekids.org Campaign for Tobacco Free Kids



Thursday, March 27
Day 86 279 Days Remaining

Night of the Comet: Holmes (2014) – This comet was discovered on November 6, 1892 by British astronomer Edwin Holmes. Comet Holmes orbits our Sun once every 6.88 years. On its last pass around our neighborhood (October 23-24, 2007), as it was moving away from the Sun, it flared unexpectedly. No one is quite sure why or how this occurred. Some speculate that it collided with a meteor. Others, that ice trapped in its core became heated (turned to steam) and caused the comet to partially explode. Whatever the reason, this outgassing caused the comet's coma to briefly increase in size so that by November of 2007, Comet Holmes was the largest object in our entire solar system, even larger than the Sun! Two Polish geophysicists, Konrad Kossacki (Warsaw University) and Slawomira Szutowicz (the Polish Academy of Sciences) believe that Comet Holmes (17P/Holmes) will likely explode on its next orbit near the Sun. If so, us Earthlings will be treated to a rare celestial show! The next perihelion (the comet's closest proximity to the Sun) of Comet Holmes will tonight.

Quirky Country Music Song Titles Day

Joe Day

Urinal Day - The urinal was patented on this day in 1866 by Andrew Rankin.

Viva Viagra Day - The FDA approved Viagra on this day in 1998.



Friday, March 28
Day 87 278 Days Remaining

Children's Picture Book Day

Respect Your Cat Day

Hot Tub Day

Microfilm Day - Microfilm was invented by Benjamin Dancer of England in 1839 but not put into practical use because the film had to be read using a magnifying glass. In 1925 George McCarthy of New York patented a machine to make permanent copies of bank records.

Three Mile Island Day - On this day in 1979 the Three Mile Island nuclear power plant in Middletown, Pennsylvania had a major accident when a core partially melted down.



Saturday, March 29
Day 88 277 Days Remaining

Night of the Comet: Faye (2014) – This comet was discovered on November 22, 1843 by Herve Faye at the Royal Observatory in Paris. Faye was a graduate of, and eventually became a professor at, Ecole Polytechnique, one of the preeminent schools for applied mathematics in France. Comet Faye completes an orbit every 7.55 years. Its last perihelion (closest proximity to the Sun) was on November 15, 2006. It reached an apparent magnitude of 9.5. Its next perihelion will occur tonight, with an expected apparent magnitude of around 12.

Smoke and Mirrors Day

National Mom and Pop Business Owners Day

Knights of Columbus Founders Day - The first Knights of Columbus charter was granted on this day in Connecticut in 1882.

www.kofc.org Knights of Columbus

Birthday of President John Tyler (born in 1790) - He was the tenth president.

www.whitehouse.gov/about/presidents



Sunday, March 30
Day 89 276 Days Remaining

New Moon – The “New Moon” phase of the moon is when the moon is fully hidden in the earth’s shadow from the sun. A clear night during a new moon is a prime opportunity for stargazing. The new moon will occur at 1:48PM CST, 18:48 UTC.



Take a Walk in the Park Day

I am in Control Day - This day started in 1981 when Alexander Haig's statement of "I am in Control" after the attempted assassination President Reagan was taken out of context.

Golf Course Day - The first golf course in the U.S. opened on this day in Yonkers, New York in 1889.

www.golf.com

Alaska Purchase Day - The territory of Alaska was purchased on this day in 1867 from Russia. The cost was 7.2 million dollars, which was less than three cents per acre.

Welcome Home Vietnam Veterans Day - This is an opportunity to thank Vietnam Veterans. Many of them didn't get thanked when they originally served because of the controversy over the war.

www.whvvd.org



Monday, March 31
Day 90 275 Days Remaining



Cesar Chavez Day – This day has been recognized as such by presidential proclamation.

“She’s Funny That Way” Day

National Clam on the Half-Shell Day

American Map Day - The first map of the U.S. produced by an American cartographer was published in 1784.

Bunsen Burner Day - Robert Bunsen, chemist and inventor of the Bunsen Burner, was born on this day in 1811.

National Farm Workers Day

National Sleep Apnea Awareness Day

www.sleepapnea.org American Sleep Apnea Association

Week-Long Events in

MARCH



Peace Corps Week (week that includes March 1st)

www.peacecorps.gov/resources/returned/thirdgoal/pcweek

Severe Weather Awareness Week (date varies by state)

Every business and household should have a severe weather plan and know a safe location to go to in case of a severe storm or tornado.

National Write a Letter of Appreciation Week (1 - 7)

National Telework Week (first full 5-day week, Monday through Friday)

www.workingmother.com

Biking Week (first week)

www.bikeleague.org League of American Bicyclists

National Chocolate Chip Cookie Week (first week)

Return Borrowed Books Week (first week)

If you come across any unreturned library books, no matter how far past due, go ahead and return them today. The library will want the book back rather than to have to replace it. Most libraries have an amnesty program to either fully or partially waive the overdue fine, or will at least limit it to no more than the value of the book.

Celebrate You Name Week (first full week)

This was established in 1997 by onomatology hobbyist, Jerry Hill.

National Foreign Language Week (first full week)

This was designated by President Dwight D. Eisenhower in 1956.

National Professional Pet Sitters Week (first full week)

Read an E-Book Week (first full week)

National Patient Safety Awareness Week (first full week)

This was created in 2002 by The National Patient Safety Foundation.

Save Your Vision Week (first full week)

www.lowvision.org The Low Vision Gateway

www.preventblindness.org

National Consumer Protection Week (first full week)
www.ncpw.gov National Consumer Protection Week website
www.consumer.gov

Cheerleading Week (first full week)
www.varsity.com

Help Someone See Week (first full week)
Your old prescription glasses could be a blessing to someone who can't afford glasses.
<http://neweyesfortheneedy.org> New Eyes for the Needy

Autograph Collectors Week (first full week)
Many people collect autographs of celebrities or historical figures.

Human Resources Week (first full week)

National School Breakfast Week (first full school week)
<http://schoolnutrition.org> School Nutrition Association

Crochet Week (second week)
www.crochet.org Crochet Guild of America

Pediatric Nurse Practitioner Week (second week)
www.napnap.org National Association of Pediatric Nurse Practitioners®

National Problem Gambling Awareness Week (second week)
www.npgaw.org
www.ncpgambling.org National Council on Problem Gambling

National Procrastinators Week (second week - but it's okay to celebrate the third week)
www.structuredprocrastination.com

Brain Awareness Week (second full week)
Sponsored by The Dana Foundation, the purpose is to educate the public on the benefits of brain research.
www.dana.org/brainweek

Pulmonary Rehabilitation Week (second full week)
www.aacvpr.org American Association of Cardiovascular and Pulmonary Rehabilitation

Email of Appreciation Week (second full week)
If you didn't have time to write a letter of appreciation last week, send an email of appreciation now.

National Wildlife Week (second full week)
www.nwf.org National Wildlife Foundation®

Conserve Water Week (second full week)
It is easy to think a slow drip in a single faucet is insignificant. However just one drop every thirty seconds can add up to sixty-nine gallons a year.
www.epa.gov/WaterSense WaterSense®.

Girl Scout Week (week that includes the 12th)
www.girlscouts.org

Sunshine Week (week that includes the 16th)
This week is celebrated by advocates of a more transparent government.
www.sunshineweek.org

Camp Fire USA Birthday Week (week that includes the 17th)
The Camp Fire Girls of America was founded March 17, 1910 and incorporated March 15, 1912. The name was changed to Camp Fire USA and the program became coed in 1975.
www.campfireusa.org

Health Information Professionals Week (17 – 23)
Formerly known as Health Information and Technology Week, AHIMA is partnering with the Canadian Health Information Management Association (CHIMA) to sponsor the event. The 24th Annual HIP Week recognizes the professionals who manage and protect our health information.
www.ahima.org/events/recogweeks.aspx
www.ahima.org American Health Information Management Association

Sports Trivia Week (third week)

National Poison Prevention Week (third week, 17 – 23)
This was established by Congress in 1961.
www.poisonprevention.org

National Pet Poison Prevention Week (third week, 17 – 23)
www.aspca.org ASPCA®

National Animal Poison Prevention Week (third week, 17 – 23)

American Chocolate Week (third week, 17 – 23)
www.allchocolate.com

Inhalants and Poisons Awareness Week (third week, 17 – 23)
www.inhalants.org National Inhalant Prevention Coalition

Jobs for Teens Week (third week)

National Anonymous Giving Week (third week)

National Agriculture Week (week including the first day of spring)

National Spring Fever Week (week including the first day of spring)

National Clutter Awareness Week (fourth week)

www.clutterersanonymous.net Clutterers Anonymous.

Second-Hand Shopping Week (fourth week)

www.goodwill.org

National Bubble Week (fourth week)

National Spring Cleaning Week (week starting the last Sunday)

Root Canal Awareness Week (week starting the last Sunday)

www.aae.org American Association of Endodontists

National Sleep Awareness Week® (week starting the last Monday)

www.sleepfoundation.org National Sleep Foundation

Egg Salad Week (week starting on Easter)

National Work at Home Week (last full week)

www.mops.org/page.php?pageid=2527 MOPS (Mothers Of Preschoolers)

Month-Long Events in

MARCH



National Craft Month

Ethics Awareness Month

Ideas Month

International Mirth Month

International Listening Awareness Month

www.listen.org International Listening Association

National Optimism Month

Daffodil Month

www.daffodilusa.org American Daffodil Society

National Philatelic Society Month

<http://stamps.org> The American Philatelic Society

Youth Art Month

Horse Month

<http://ultimatehorsesite.com> The Ultimate Horse Site

National Humane Education Month

www.humansociety.org The Humane Society of the United States

Honor Society Awareness Month

www.achsnatl.org Association of College Honor Societies

National Music in Our Schools Month

www.nafme.org National Association for Music Education

Academy Awards Month

www.oscars.org The Academy of Motion Picture Arts and Sciences

National Umbrella Month

National Women's History Month – Designated by Congress in 1987.

www.nehp.org National Women's History Project

Improve Management Skills Month

Irish-American Heritage Month

<http://irishamericanheritage.com> The American Foundation for Irish Heritage

On-Hold Month

Parents Without Partners Month

www.parentswithoutpartners.org Parents Without Partners

Professional Social Work Month

www.socialworkers.org National Association of Social Workers

National Science Month – This month emphasizes the role science plays in making us healthier and the world a better place.

www.nsta.org National Science Teachers Association

Small Press Month

www.smallpressmonth.org

Talk to Your Teens about Sex Month

Chocolate Month

www.allchocolate.com

National Frozen Food Month

www.affi.org American Frozen Food Institute

National Noodle Month

National Nutrition Month®

www.eatright.org Academy of Nutrition and Dietetics

National Peanut Month

www.peanut-institute.org The Peanut Institute

National Eye Donor Month - Some people who would like to donate their organs fail to communicate that to their family because they don't like to talk about (or think about) their own death. Try to think about all the lives that you may be saving.

www.organdonor.gov U.S. Department of Health and Human Services

Workplace Eye Safety Month

www.preventblindness.org Prevent Blindness America®.

National Collision Awareness Month

www.roadtripamerica.com/forum/content.php?6-Defensive-Driving-Tips

American Red Cross Month - This was originally designated by President Roosevelt in 1943.

www.redcross.org

Brain Injury Awareness Month

www.biausa.org Brain Injury Association of America

www.amtrauma.org American Trauma Society

Chronic Fatigue Syndrome Awareness Month

www.ncfsfa.org National Chronic Fatigue Syndrome and Fibromyalgia Association

National Colo-rectal Cancer Awareness Month

<http://preventcancer.org> Prevent Cancer Foundation
www.ccalliance.org/awareness_month/index.html Colon Cancer Alliance
www.cdc.gov/Features/ColorectalAwareness/ Centers for Disease Control and Prevention

Deaf History Month

Deep Vein Thrombosis Awareness Month
www.mayoclinic.com/health/deep-vein-thrombosis/DS01005

National Endometriosis Awareness Month
www.endocenter.org Endometriosis Research Center

Hemophilia Month
www.hemophilia.org National Hemophilia Foundation

National Kidney Month
www.kidney.org National Kidney Foundation

Poison Prevention Awareness Month
www.poisonprevention.org

Mental Retardation Awareness Month
www.thearc.org The Arc™ (formerly Association for Retarded Citizens of the United States) For people with intellectual and developmental disabilities.

National Multiple Sclerosis Education and Awareness Month
www.nationalmssociety.org National Multiple Sclerosis Society

National Rosacea Awareness Month
www.rosacea.org National Rosacea Society

Save Your Vision Month
www.lowvision.org The Low Vision Gateway
www.preventblindness.org

Vulvar Health Month
www.vaginaverite.com



~ April 2014 ~

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	Notes:		

Flower - Daisy (signifies loyalty, playfulness and tenacity)

Alternate Flower - Sweet Pea

Birthstone - Diamond (signifies innocence)

Name Origin - named for Aphrodite, Greek goddess of love and beauty



Tuesday, April 1
Day 91 274 Days Remaining

April Fool's Day

National Atheist Day

www.livingwaters.com

No More Dishpan Hands Day - The predecessor of modern dishwashers was invented by Josephine Cochrane in 1886. The company she created to produce the machines eventually became KitchenAid. Josephine was the granddaughter of John Fitch, inventor of the steamboat.

International Tatting Day



Wednesday, April 2
Day 92 273 Days Remaining

International Children's Book Day - This have been celebrated since 1967 on the birthday of author, Hans Christian Andersen, who was born in 1805.

www.ibby.org International Board on Books for Young People

National Peanut Butter and Jelly Day

<http://peanutbutterlovers.com>

<http://peanut-butter.org>

<http://baking.about.com/od/peanutbutter/r/gourmetsandwich.htm> Gourmet PB&J

Great Lovers Day - This is the birthday of Casanova.

Reconciliation Day - This has been promoted by Ann Landers in her column since 1989. Reach out to friends and family members that you have had a falling out with and try to reestablish your previous relationship.

Mint Day - The Coinage Act that proclaimed the establishment of the United States Mint became law on this day in 1792. Philadelphia was the nation's capital at that time so the first mint was built there.

Paraprofessional Appreciation Day (first Wednesday) - This was originally designated by the governor of Missouri and the focus is on education paraprofessionals.



Thursday, April 3
Day 93 272 Days Remaining

National Chocolate Mousse Day

American Circus Day - The first circus in the U.S. opened in Philadelphia, Pennsylvania on this day in 1793.

Find a Rainbow Day

Pony Express Day - The Pony Express, operating between St. Joseph, Missouri and Sacramento, California, started on this day in 1860.

www.xphomestation.com Pony Express Home Station

TV Guide Birthday - TV Guide was first published on this day in 1953.

Tweed Day - This is the birthday of corrupt politician, William 'Boss' Tweed.



Friday, April 4
Day 94 271 Days Remaining

Cordon Bleu Day

Homogenized Milk Day - Auguste Gaulin was granted a patent for a milk homogenization machine in 1892 but homogenized milk wasn't sold commercially until 1919.

International Firefighters' Day - This was started in 1999 by JJ Edmondson of Australia. This is the feast day of Saint Florian, the patron saint of firefighters.
www.firefightersday.org

Ballroom Dance Day - This is the birthday of Arthur Murray, whose show helped popularize ballroom dancing.

www.ballroomdancers.com

Tell a Lie Day

Learn to Read a Road Map Day

Microsoft Birthday - Microsoft was founded by Bill Gates and Paul Allen on this day in 1975.

www.microsoft.com

Walk Around Things Day

School Librarian Day

www.ala.org/aasi/ American Association of School Librarians

Hug a Newsman/Newswoman Day

First Woman Mayor Day – When Susanna Madora Salter was elected mayor of Argonia, Kansas in 1887, she became the first woman mayor in the United States.

www.kancoll.org/khq/1954/54_3_billington.htm
<http://mail.sumnercomm.net/~argonia/museum.htm>

Walk to Work Day (first Friday) - This was created in 2004 by *Prevention* magazine.

Hospital Admitting Clerks Day (first Friday)

Student Government Day (first Friday)



Saturday, April 5
Day 95 270 Days Remaining

Bell Bottoms Day

Dandelion Day

Go For Broke Day

4-leaf clover Lady Luck Day – Fortuna was the Roman goddess of fortune and luck. Perhaps this is how luck became personified as a woman in the term, “Lady Luck.”

Easter Island Day - This island with its gigantic stone carvings was discovered on this day (Easter) in 1722.

www.smithsonianmag.com/people-places/The_Mystery_of_Easter_Island.html

Alcohol-Free Weekend (first weekend)

www.ncadd.org National Council on Alcoholism and Drug Dependence, Inc.



Sunday, April 6
Day 96 269 Days Remaining



Army Day - This is the anniversary of the day the U.S. entered into WWI.

www.defense.gov/afd/army.aspx

TV Dinner Day – TV Dinners were invented by Gerry Thomas in 1954. The original dinners were Swanson brand.

www.swansonmeals.com

Twinkies Day – Twinkies were first baked on this day in 1930. The original Twinkies had a banana cream filling. When bananas were rationed during WWII they changed to a cream filling. It was more popular so they never changed back. Hostess Brands Inc., the owner of the Twinkie brand, filed for Chapter 11 bankruptcy in late 2012. The brand was purchased by private equity firms Apollo Global Management and Metropoulos & Co. under the Hostess Brand name. The yellow cakes with creamy white filling returned to grocery store shelves on July 15, 2013, much to the delight of its devoted fans.

www.twinkiesproject.com/

www.twinkies.org

www.twinkies.com

Jump Over Things Day - Don't walk around things today, unless they are higher than you can jump, of course!

Barney and Friends Day - The show premiered on this day in 1992.

www.barney.com

Post-It® Notes Day - In 1968 Dr. Spencer Silver was trying to invent a strong adhesive for his employer 3M. Instead he came up with a seemingly useless weak adhesive. In 1974, Arthur Fry, another 3M employee, started working on ways to use the adhesive. Post-it Notes first went on sale in 1980 and one year later were the company's best-selling product. Ten years later they were one of the five top-selling office supply products in the U.S.

www.post-it.com

Surviving Rejection Day

North Pole Discovery Day - Though this has been disputed over the years, Robert Peary is usually credited with being the first person to reach the North Pole on this day in 1909.

Tartan Day - This is a holiday for all Americans of Scottish descent.

www.tartanday.org

www.tartandayscotland.com



Teflon® Day - Teflon® was discovered on this day in 1938 by Dr. Roy Plunkett while working on totally unrelated research.

www.dupont.com/Teflon/en_US/



Monday, April 7

Day 97 268 Days Remaining

Caramel Popcorn Day

Coffee Cake Day

Empowered Women Entrepreneurs Day

World Health Day

www.who.int/world-health-day/en/ World Health Organization

International Fun at Work Day (first Monday)

Sweet Potato Day (first Monday)



Tuesday, April 8

Day 98 267 Days Remaining

All is Ours Day

Milk in Glass Bottles Day - On this day in 1879 milk was first sold in glass bottles. Up until that time milk was put into whatever container the customer brought to the seller.

Zoo Lovers Day

www.aza.org Association of Zoos and Aquariums

Hank Aaron Day - In 1974 Hank Aaron broke Babe Ruth's record by hitting his 715th home run.

Tutor Appreciation Day

International Holocaust Remembrance Day - This day commemorates the Warsaw ghetto uprising in 1943.

www.ushmm.org United States Holocaust Memorial Museum



Wednesday, April 9
Day 99 266 Days Remaining

Listening Day

www.listen.org International Listening Association

Public Library Day - There are many different libraries that claim to be the first public library in the U.S. and other countries. This is the day the first 'publicly-funded' library opened in Peterborough, New Hampshire in 1833.

Dry Milk Day - Various types of dried or powdered milk were experimented with over the years but the first U.S. patent was issued to Samuel Percy on this day in 1872.

Astronauts Day



Thursday, April 10
Day 100 265 Days Remaining

Encourage a Young Writer Day

National Siblings Day

Golfer's Day - The first PGA Golf Championship was held in 1916.

www.golf.com

ASPCA® Day - The American Society of the Prevention of Cruelty to Animals was chartered on this day in 1866.

www.aspca.org

Safety Pin Day - The safety pin was patented on this day in 1849 by Walter Hunt.

National Alcohol Screening Day® (Thursday of the first full week)

www.mentalhealthscreening.org/events/national-alcohol-screening-day.aspx



Friday, April 11
Day 101 264 Days Remaining

Write Your Memoirs Day

Cheese Fondue Day

Barbershop Quartet Day - On this day in 1938 the Society for the Preservation and Encouragement of Barbershop Quartet Singing in America was founded.

Eight-Track Tape Day



Saturday, April 12
Day 102 263 Days Remaining

Reach as High as You Can Day

National Licorice Day

Civil War Anniversary - The Civil War started on this day in 1861.



Sunday, April 13
Day 103 262 Days Remaining



Palm Sunday (Sunday before Easter)

Birthday of President Thomas Jefferson – Thomas Jefferson (April 13, 1743 – July 4, 1826) was the third president.

www.whitehouse.gov/about/presidents

Look Up at the Sky Day – Sometimes listed as April 12.

www.starhustler.com

Scrabble Day – Scrabble was created in 1938 by Alfred Butts.

www.scrabble.com

International Plant Appreciation Day

U.S. Elephant Day – On this day in 1796 the first elephant was imported into the United States from India.

Special Librarians Day – This was created in 1991 by The Special Libraries Association. It was discontinued in 2006 and replaced with Global Information Ethics Day in 2009.

www.sla.org Special Libraries Association

National Atheist Day – Birthday of Christopher Hitchens (April 13, 1949 – December 15, 2011). Hitchens was a British and American author and journalist, contributing to many publications and writing twelve books during his career spanning four decades. He was an ardent and outspoken atheist or “antitheist,” a term he coined himself.

www.thinkatheist.com/events/national-atheist-day



Monday, April 14
Day 104 261 Days Remaining



Pan American Day – On this day in 1890, the First International Conference of American States adopted a resolution forming what is now known as the Organization of American States (OAS). The original member countries include Argentina, Bolivia, Brazil, Chile, Colombia, Costa Rica, Cuba, the Dominican Republic, Ecuador, El Salvador, Guatemala, Haiti, Honduras, Mexico, Nicaragua, Panama, Paraguay, Peru, the United States, Uruguay, and Venezuela. Since 1967, 14 more countries have joined: Barbados, Trinidad and Tobago, Jamaica, Grenada, Suriname, Dominica, St. Lucia, Antigua and Barbuda, St. Vincent and the Grenadines, the Bahamas, St. Kitts and Nevis, Canada, Belize, and Guyana.

The purpose of the OAS, which has remained basically unchanged since that time, is to strengthen peace and security in the Western Hemisphere by promoting understanding

among the various countries of North, Central, and South America. The International Union of American Republics (now called the Pan American Union)—the central permanent agency and general secretariat of the OAS—designated April 14 as Pan American Day in 1930, and it was first observed the following year.

Although each member country holds its own celebration, it is at the Pan American Union building in Washington, D.C., that one of the largest observances takes place. Students from all over the Western Hemisphere travel to Washington where, against a backdrop of flags in the courtyard of the House of the Americas, they perform a program of folk songs and dances. Ceremonies are also held in Miami and in other cities with large populations from Latin American countries.

www.oas.org Organization of American States

Start of Passover (April 14 – April 22) – Passover begins at sundown.

International Moment of Laughter Day – This day was created by speaker, author and 'humorologist', Izzy Gesell.

www.izzyg.com/content/International_Moment_of_Laughter_April_14th/1002

Children with Alopecia Day

<http://childrensalopeciaproject.org> Children's Alopecia Project

Secret Service Anniversary – The United States Secret Service was created on this day in 1865 by President Abraham Lincoln.



Tuesday, April 15
Day 105 260 Days Remaining

Grass Moon (Full Moon) – The “Full Moon” phase of the Moon is when it is entirely outside of the Earth’s shadow from the Sun. On a clear night, the full moon can give enough light to make it possible to read a newspaper. A full moon can be used to promote a “Moonlight Madness” sale or other nighttime promotion. This full moon was known by early Native American tribes as the Full Pink Moon because it marked the appearance of the moss pink, or wild ground phlox, which is one of the first spring flowers. This moon has also been known as the Sprouting Grass Moon and the Growing Moon. The full moon will occur at 2:45AM CST, 07:45 UTC.



Pesach (Passover) – A major Jewish holiday, Passover (the Feast of Unleavened Bread) commemorates the Exodus, when the Hebrews left the bondage of Egypt. The holiday begins at sundown tonight and is celebrated for seven or eight days.

<http://www.hebcal.com/holidays/2013-2014>

McDonald's Birthday - The first McDonald's was opened on this day in 1955 in Des Plaines, Illinois.

www.mcdonalds.com

No Fast Food Day

Take a Wild Guess Day - This was created by Jim Barber.

www.thebarbershop.com

Rubber Eraser Day - The first pencil with eraser was patented on this day in 1858.

Tax Day aka Freak-Out Day

www.irs.gov

Income Tax Return Preparers and Accountants Day

Jackie Robinson Day – On this day in 1947, Jackie Robinson became the first African-American in major-league baseball. First commemorated in 2004.

Birthday of Leonardo da Vinci (born in 1452)

<http://legacy.mos.org/leonardo/> Museum of Science

Gallaudet Day – The first U.S. public school for the deaf was founded on this day in 1817 in Hartford, Connecticut by Thomas Gallaudet and Laurent Clerc.

Titanic Remembrance Day - The Titanic sank on this day in 1912.

www.titanic-facts.com



Wednesday, April 16
Day 106 259 Days Remaining

National Eggs Benedict Day

National Stress Awareness Day

www.webmd.com/balance/stress-management/stress-management-relieving-stress

Home Run Times Three Day - On this day in 1984, Dave Kingman of the Oakland A's hit three home runs including a grand slam.



Thursday, April 17
Day 107 258 Days Remaining

Ford Mustang Birthday - Mustangs were introduced to the public on this day in 1964. Since it was in the middle of the normal car model year it is often referred to as a '64 1/2 model.

Horse Day - Horses were first imported into the colonies on this day in 1629. Technically these were not the first horses in North America. Fossil records prove that there were horses here as far back as 55-million years ago that eventually became extinct around 7,000 BC.

<http://ultimatehorsesite.com>

National Cheese Ball Day

Nosy Neighbor Appreciation Day



Friday, April 18
Day 108 257 Days Remaining

Good Friday (Friday before Easter)

National Animal Cracker Day

International Jugglers Day (aka Multi-Task Day)

Make a Quilt Day

National Columnists Day – This was started in 1995 and is sponsored by The National Society of Newspaper Columnists. On this day in 1945, journalist Ernie Pyle was shot by a Japanese sniper near the front lines. Ernie Pyle was a Pulitzer Prize winner.
www.columnists.com/tag/national-columnists-day/

Great San Francisco Earthquake Anniversary – The Great San Francisco Earthquake occurred on this day in 1906.
www.sfmuseum.org/1906/06.html The Virtual Museum of the City of San Francisco.

Laundromat Day - On this day in 1934 the first self-service laundromat opened in Fort Worth, Texas. It was first called a “washeteria.”



Saturday, April 19
Day 109 256 Days Remaining

Garlic Day – For centuries, garlic was believed to possess supernatural and/or medicinal properties.

Revolutionary War Anniversary - The battles of Lexington and Concord on this day in 1775 were the beginning of the Revolutionary War.
www.historycentral.com/Revolt/

Oklahoma City Bombing Commemoration Day - On this day in 1995 Timothy McVeigh detonated an explosive-filled truck just outside the Murrah Federal Building in Oklahoma City, Oklahoma. Eventually 168 people died as a result, including nineteen small children. More than 680 people were injured.

www.oklahomacitynationalmemorial.org Oklahoma National Memorial and Museum.

Husband Appreciation Day (third Saturday)

Auctioneers Day (third Saturday)
www.auctioneers.org National Auctioneers Association

YMCA Healthy Kids Day (third Saturday)
www.ymca.net



Sunday, April 20
Day 110 255 Days Remaining

Easter (Easter is always a Sunday between Mar 22 and Apr 25)

Virginia History Day – Virginia History Day is a history competition for students in grades six through twelve. It is conducted at district and state levels in conjunction with the Kenneth E. Behring National History Day program.

www.history.org/history/teaching/vahisday.cfm
www.history.org/History/teaching/whatnhd.cfm

National Pineapple Upside-Down Cake Day

Look Alike Day

Volunteer Recognition Day

www.volunteermatch.org



Monday, April 21
Day 111 254 Days Remaining

Chocolate-Covered Cashew Day

Lyrids Meteor Shower – The Lyrids are an average shower, usually producing about 20 meteors per hour at their peak. These meteors can produce bright dust trails that last for several seconds. The shower usually peaks on April 21 & 22, although some meteors can be visible from April 16 - 25. The gibbous moon could be a problem this year, hiding many of the fainter meteors in its glare. It will set before sunrise, providing a short window of dark skies. Look for meteors radiating from the constellation of Lyra after midnight.

Birthday of Charlotte Bronte – Charlotte Bronte was born on this day in 1816. She is the author of the fiction novel *Jane Eyre*.

World Puppetry Day – This was started in 1998.

www.unima-usa.org Union Internationale de la Marionnette -USA

Kindergarten Day – Friedrich Froebel was born on this day in 1782. He founded the first Kindergarten in Germany in 1837.

www.recess.ufl.edu/transcripts/2005/0425.shtml

Tuna Rights Day

Patriots' Day (third Monday) - This is in observance of the first battles of the Revolutionary War on April 19, 1775.



Tuesday, April 22
Day 112 253 Days Remaining

Earth Day - The first Earth Day was celebrated in 1970.

www.earthday.org Earth Day Network

April Showers Day

Jelly Bean Day

Girl Scout Leader Appreciation Day

www.girlscouts.org

Oklahoma Day - On this day in 1889 the Oklahoma Territory was opened for settlement. The land was previously part of Indian (Native American) Territory.

School Bus Drivers Day (fourth Tuesday)



Wednesday, April 23
Day 113 252 Days Remaining

World Book Night US – Each year, thirty books are chosen by an independent panel of librarians and booksellers. The authors of the books waive their royalties and the publishers agree to pay the costs of producing the specially-printed World Book Night U.S. editions. Bookstores and libraries sign up to be community host locations for the volunteer book givers. After the book titles are announced, members of the public apply to personally hand out twenty copies of a particular title in their community. The deadline to apply to be a distributor is January 5, 2014.

<http://www.us.worldbooknight.org>

Cherry Cheesecake Day

Electric Mixer Birthday - The electric mixer was invented by Herbert Johnston in 1908. It was sold by KitchenAid.

Take a Chance Day

International Sing-Out Day (this is also celebrated on September 15)

Fire Drill Day – Have an escape route and plan prepared and practiced at home and at work.

www.usfa.fema.gov/kids/flash.shtml

Home Run Day – Hank Aaron hit his first home run on this day in 1954.

To Be or Not To Be Day - William Shakespeare was born on this day in 1564.

Birthday of President James Buchanan (born in 1791) - He was the fifteenth president.
www.whitehouse.gov/about/presidents/

Administrative Professionals Day® (Wednesday of the last full week) – This was formerly called Secretary's Day. Sponsored by IAAP (International Association of Administrative Professionals®). April 21-27 is Administrative Professionals Week®.
www.iaap-hq.org/events/apw



Thursday, April 24
Day 114 251 Days Remaining

Pig in a Blanket Day - This was designated by the American Farm Bureau Foundation.
www.agfoundation.org

Ambivalence Day – I didn't even realize there was such a day.

Library of Congress - The Library of Congress was established on this day in 1800.



Friday, April 25
Day 115 250 Days Remaining

National Zucchini Bread Day

National Crayola Day

www.crayola.com

Partial Lunar Eclipse – The eclipse will be visible throughout most of Africa, Europe, Asia, and Australia.

World Penguin Day - This marks the annual northward migration of penguins which happens each year on or around this day. Penguins do not fly. Rather, they walk, or waddle their way to and from.

Plumbers Day

License Plates Birthday - New York became the first state to require license plates in 1901. Originally people had to make their own until Massachusetts and West Virginia started issuing plates in 1903. The plates were various sizes, causing problems for automobile manufacturers and motorists. It was not until 1957 that a standard size was agreed upon.

Take Our Daughters and Sons to Work Day (fourth Thursday)

<http://www.daughtersandsonstowork.org>

World Meningitis Day (fourth Friday)

<http://comoonline.org> CoMO (Confederation of Meningitis Organisations, Inc.)

Hairball Awareness Day (last Friday)



Saturday, April 26
Day 116 249 Days Remaining

National Static Cling Day

National Pretzel Day

Audubon Day - John James Audubon was born on this day in 1785. He is most known for his wonderful bird portraits.

www.audubon.org

Hug a Prom Sponsor Day

Richter Scale Day - Charles F. Richter was born on this day in 1900. He invented the Richter Scale in 1935 to measure the seismic waves produced by an earthquake. The measurement is on a scale of zero to nine with each number increase being ten times greater in magnitude.

National Arbor Day - (last Friday) This was created by J. Sterling Morton in 1972 of Nebraska. National Arbor Day was designated as the last Friday of the month of April in 1970 by President Richard Nixon. Arbor Day is celebrated on different dates in different states and countries.

Check the date for your state here: www.arborday.org/arborday/arbordaydates.cfm
www.arborday.org The Arbor Day Foundation®



Sunday, April 27
Day 117 248 Days Remaining

Tell a Story Day

Birthday of Roger Hornsby - Baseball player, Roger Hornsby, was born on this day in 1896.

Birthday of President Ulysses S. Grant (born in 1822) - He was the eighteenth president.

www.whitehouse.gov/about/presidents/



Monday, April 28
Day 118 247 Days Remaining

Holocaust Memorial Day (Yom HaShoah) – Holocaust Remembrance Day, or Holocaust Day, is observed as Israel's day of commemoration for the approximately six million Jews and five million others who perished in the Holocaust as a result of the actions carried out by Nazi Germany and its accessories, and for the Jewish resistance during that period. In Israel, it is a national memorial day and public holiday. It was inaugurated on 1953, anchored by a law signed by the Prime Minister of Israel David Ben-Gurion and the President of Israel Yitzhak Ben-Zvi. It is held on the 27th of Nisan (April/May), unless the 27th is adjacent to Shabbat (Sabbath), in which case the date is shifted by a day.

<http://www.hebcal.com/holidays/2013-2014>

Kiss Your Mate Day

Poetry Reading Day

www.poets.org/page.php/prmID/41 Academy of American Poets

Maryland Admission Day – Maryland became the 7th state in 1788.

Birthday of President James Monroe (born in 1758) – He was the fifth president.

www.whitehouse.gov/about/presidents/



Tuesday, April 29
Day 119 246 Days Remaining

Dance Day - This day was designated in 1982 by the International Dance Council to commemorate the birthday of Jean-Georges Noverre, the creator of modern ballet. He was born on this day in 1727.

www.cid-portal.org/site/index.php/dance-day

National Shrimp Scampi Day

New Moon – The “New Moon” phase of the moon is when the moon is fully hidden in the earth’s shadow from the sun. A clear night during a new moon is a prime opportunity for stargazing. The new moon will occur at 1:17AM CST, 06:17 UTC.



Berlin Wall Day - On this day in 1990 wrecking cranes started tearing down the Berlin Wall at Brandenburg Gate.

Teach Children to Save Day (last Tuesday)

www.teachchildrentosave.com



Wednesday, April 30
Day 120 245 Days Remaining

Dare to Live Day – “Life expands or contracts in direct proportion to one's courage.”
– Anais Nin

National Honesty Day - This was created by M. Hirsh Goldberg, author of The Book of Lies.

National Oatmeal Cookie Day

Raisin Day

www.sun-maid.com Sun-Maid®

Hairstylist Appreciation Day

Mr. Potato Head Day - Mr. Potato Head was first sold on this day in 1952 by the Hassenfeld Brothers (later called Hasbro). Originally only the plastic features were included to use with real potatoes or other fruits and vegetables. In 1964 the brown plastic potato head was first included because of concerns about the sharp points needed to poke the parts in real potatoes.

www.mrpotatohead.net The Mr. Potato Head Collector's Page

Vietnam War End Anniversary - The fall of Saigon was on this day in 1975.

Louisiana Admission Day – Louisiana became the 18th state in 1812.

www.louisianahistory.org

Leaders are Readers Day (Tuesday of National Family Reading Week)

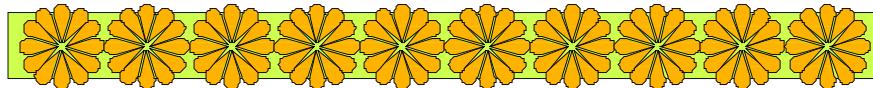
Guide Dog Day (last Wednesday)

www.guidedogs.com Guide Dogs for the Blind

National Walk@Lunch Day (last Wednesday) - This was created by Blue Cross Blue Shield.

www.bcbs.com/why-bcbs/walkingworks/national-walklunch-day.html

Week-Long Events in APRIL



Egg Salad Week (week starting on Easter)

Laugh at Work Week (1 - 7)

This was created by Randall Munson.

Medication Safety Week (1 - 7)

This was designated by the Woman's Heart Foundation. Be sure your doctors know what medications you were prescribed by other doctors.

www.womensheart.org

Testicular Cancer Awareness Week (1 - 7)

www.tcaaw.org Testicular Cancer Awareness Week

<http://tcrc.acor.org> Testicular Cancer Resource Center

Golden Rule Week (first week)

“Do unto others as you would have them do unto you.” A paraphrase of Luke 6:31.

National Read a Road Map Week (first full week)

The best way to start is to get a map of an area you are already familiar with.

National Public Health Week (week starting the first Monday)

www.apha.org American Public Health Association

www.nphw.org National Public Health Week

Explore Your Career Options Week (first full week)

Before looking elsewhere, check opportunities to move up in your current company.

National Week of the Ocean (first full week)

www.national-week-of-the-ocean.org National Week of the Ocean, Inc.

Women's Nutrition Week (starts Monday of the first full week)

www.eatright.org American Dietetic Association

National Library Week (second full week)

This was started in 1958 by the American Library Association.

www.ala.org American Library Association

Landscape Architecture Week (second full week)

www.asla.org American Society of Landscape Architects

ESTEME Week (second full week)

ESTEME stands for Excellence in Science, Technology, Engineering, and Mathematics Education.

www.nsf.gov/od/lpa/nstw/

Week of the Young Child (second full week)

This was created in 1971 by the National Association for the Education of Young Children.

www.naeyc.org

Design Drafting Week (second full work week)
www.adda.org The American Design Drafting Association

National Work Zone Awareness Week 2014 (7 – 11)
The 2014 National Work Zone Awareness Week will be held April 7-11, 2014 in Seattle, Washington. The national kick-off event rotates to a different state outside of the Washington, D.C. metropolitan area every other year. Washington State was selected among 11 applicants as the 2014 host kick-off state.
www.atsa.com/Events/NationalWorkZoneAwarenessWeek.aspx American Traffic Safety Services Association

World Creativity and Innovations Week (15 – 21)
In honor of innovator, Leonardo da Vinci, this week starts on his birthday.
www.creativityday.org
<http://worldcreativity.wordpress.com/>

National Volunteer Week 2014 (6 – 13) This is always in April but the date varies.
Future dates: April 12 – 15, 2015; April 10 – 17, 2016.
www.handsonnetwork.org Hands On Network

National Crime Victims' Rights Week (6-12, 2014) This is always in April but the days vary. This year's theme: "30 Years: Restoring the Balance of Justice."
http://www.ojp.usdoj.gov/ovc/awareness/about_ncvrw.html
http://www.ojp.usdoj.gov/ovc/grants/pdftxt/FY2014_NCVRW_Resource_Guide.pdf
http://crime.about.com/od/victimsrightsbystate/Crime_Victims_Rights_by_State.htm

Consumer Awareness Week (third week)
www.usa.gov/topics/consumer.shtml

Assistant Principals week (third week)
This was designate by the National Association of Secondary School Principals.
www.nassp.org

Young People's Poetry Week (third week)
www.cbcbooks.org Children's Book Council

Organize Your Files Week (third week)
Every hour you spend organizing papers will likely cut down many hours of looking for things later.
www.organizeyourfiles.com

TV Turn-off Week (third week) – This is also celebrated in September.
Now that the weather has warmed up, it is a good time to explore outside activities.
www.screentime.org Center for Screen-Time Awareness
www.2013tv.org/tv-turnoff-week/4021

Public School Volunteer Week™ (third full week) – A time for parents to volunteer their time at their child's school.

<http://www.projectappleseed.org/abc.html>

Cowboy Poetry Week (third full week) – This was created by CowboyPoetry.com in 1991.

www.cowboypoetry.com

National Park Week (third full week)

This was first proclaimed in 1991 by President George Bush.

www.nrpa.org National Recreation and Park Association

Minority Cancer Awareness Week (third full week)

This was designated by Congress in 1987.

www.cancer.gov/cancertopics/disparities Cancer Health Disparities

Organ and Tissue Donor Awareness Week (third full week)

Some people who want to donate their organs don't tell their family because they don't like to talk about (or think about) their own death. Instead think about the lives you could save.

www.OrganDonor.gov

RV Lifestyle Week (fourth week)

www.rvlifestyleexperts.com

Scoop the Poop Week (fourth week)

If you love your dogs, please clean up after them so no one will want to restrict or outlaw them in your apartment complex or neighborhood.

www.apaws.org Association of Professional Animal Waste Specialists

National Infant Immunization Week (starts the fourth Sunday)

www.cdc.gov/vaccines/events/niam/default.htm The Center for Disease Control and Prevention.

Electronic Communications Week (fourth work week)

Playground Safety Week (last week)

This was created by the National Program for Playground Safety.

www.playgroundsafety.org

Karaoke Week (last full week)

Administrative Professionals Week (last full week)

This was created in 1952 as National Secretaries Week.

www.iaap-hq.org International Association of Administrative Professionals

Police Officers Who Gave Their Lives in the Line of Duty Week (last full week)

National Family Reading Week (week ending the first Saturday of May)

Month-Long Events in APRIL



Foot Health Month

www.cdc.gov/Features/DiabetesFootHealth/

Daffynitions Month

www.joe-ks.com/daffynitions.htm

Informed Women Month

<http://informedwomen.org>

Couple Appreciation Month

Appreciate Diversity Month

<http://imdiversity.com>

Straw Hat Month

www.hathistory.org

National Guitar Month

National Humor Month – “We do not stop laughing because we grow old, we grow old because we stop laughing.” – Michael Pritchard

National Kite Month

www.nationalkitemonth.org

National Poetry Month

www.poets.org/page.php/prmID/41 The Academy of American Poets

Card and Letter Writing Month

www.letterwritingguide.com

National Frog Month

www.frogs.org Amphibian Conservation Alliance

Animal Cruelty Prevention Month

www.aspca.org American Society for the Prevention of Cruelty to Animals

Pet First Aid Awareness Month

www.healthypet.com/PetCare/PetCareArticle.aspx?title=Pet_First_Aid

Zoo and Aquarium Month

www.aza.org Association of Zoos and Aquariums

World Habitat Awareness Month – Started by the PALS (Protecting and Preserving Animalkind, Living Habitats and Spiritual Unity) Foundation. The PALS Foundation extends a helping hand to educate and inspire a commitment to protect and preserve wildlife and their natural habitats.

www.pals.r8.org

Boost Your Hometown Month – Many small towns are deteriorating because people work, shop and pursue recreational activities in larger cities near by. When you need to buy something or need entertainment try looking closer to home first.

Community Spirit Month**Home Decorating Month**

<http://interiordec.about.com/> Interior decorating ideas.

Home Inspection Month

www.homeinspector.org/news/details.aspx?id=55

Keep America Beautiful Month

www.kab.org Keep America Beautiful

National Lawn and Garden Month

www.nationalgardenmonth.org

Woodworking Month

<http://nationalwoodworking.com/tag/national-woodworking-month/>

Tackle Your Clutter Month

www.clutterersanonymous.net Clutterers Anonymous

National Recycling Month – This was designated by President George Bush in 1989.

Customer Loyalty Month**School Library Media Month**

www.ala.org/aasl/ American Association of School Librarians

Car Care Month

www.carcare.org

Mathematics Education Month

www.nctm.org National Council of Teachers of Mathematics

Month of the Military Child – Designated by the Department of Defense in 1986.

www.monthofthemilitarychild.org

Leave a Legacy® Month – As designated by the Governor of Michigan to encourage people to remember their favorite charities in their wills.

www.leavealegacy.org

Southern Belles Month

Amateur Radio Month – Amateur radios are also known as ham radios.

www.arrl.org American Radio Relay League

National Welding Month

www.aws.org American Welding Society.

Workplace Conflict Awareness Month

www.chacocanyon.com/wcam.shtml

Holocaust Victims Remembrance Month

www.historyplace.com/worldhistory/genocide/holocaust.htm The History Place™

Grilled Cheese Sandwich Month

www.ilovecheese.com American Dairy Association

Pecan Month

www.ilovepecans.org National Pecan Shellers Association

National Soft Pretzel Month**Bike Safety Month**

www.bicyclesafe.com

Women's Eye Health and Safety Month™

www.preventblindness.org Prevent Blindness America®.

Sports Eye Safety Month

www.geteyesmart.org eyeSmart®

www.preventblindness.org/safety/sportspage1.html

National Child Abuse Prevention Month

www.preventchildabuse.org

National Facial Protection Month

www.aaoms.org American Association of Oral and Maxillofacial Surgeons

National Youth Sports Safety Month

www.nyssf.org National Youth Sports Safety Foundation

California Earthquake Preparedness Month

www.calema.ca.gov California Emergency Management Agency

Prevent Injuries Month

Home Improvement Safety Month

www.workbench-ideas.com/safety-tips.html

Alcohol Awareness Month

www.ncadd.org National Council on Alcoholism and Drug Dependence

National Autism Awareness Month

www.autism-society.org Autism Society

www.autismspeaks.org Autism Speaks

National Cancer Control Month – This was designated by the U.S. Senate in 2004.

<http://oncolink.org> Abramson Cancer Center of the University of Pennsylvania

www.cancer.org American Cancer Society

www.cancer.net American Society of Clinical Oncology

Cesarean Awareness Month

www.americanpregnancy.org/labornbirth/cesareanprocedure.html

Counseling Awareness Month

www.counseling.org American Counseling Association

Foot Health Awareness Month

www.apma.org American Podiatric Medical Association

www.foot.com

Irritable Bowel Syndrome Month

www.aboutibs.org International Foundation for Functional Gastrointestinal Disorders

Occupational Therapy Month

www.aota.org The American Occupational Therapy Association, Inc.

Parkinson's Awareness Month

www.parkinson.org National Parkinson Foundation

www.parkinsonsaction.org Parkinson's Action Network

National Sarcoidosis Awareness Month

www.nationalsarcoidosisfriends.org National Sarcoidosis Society

Sexual Assault Awareness and Prevention Month

www.nsvrs.org National Sexual Violence Resource Center

www.rainn.org Rape, Abuse and Incest National Network.

National STD Awareness and Education Month

www.cdc.gov/std/sam/

Stress Awareness Month

www.webmd.com/balance/stress-management/stress-management-relieving-stress

Testicular Cancer Awareness Month

<http://tcrc.acor.org> Testicular Cancer Resource Center

May



~ May 2014 ~						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6	7	8	9	10
11 Mother's Day	12	13	14	15	16	17 Armed Forces Day
18	19	20	21	22	23	24
25	26 Memorial Day	27	28	29	30	31

Flower - Lily of the Valley (signifies humility and sweetness)

Alternate Flower - Hawthorne

Birthstone - Emerald (signifies love and success)

Name Origin - named for Maia, Italian goddess of spring



Thursday, May 1
Day 121 244 Days Remaining



Law Day – Proclaimed by President Dwight Eisenhower in 1958 (Presidential Proclamation).

www.americanbar.org American Bar Association

Loyalty Day – First observed in 1921 as **Americanization Day**, this is a special day for people to reaffirm their loyalty to the United States and to recognize the heritage of American freedom. Proclaimed by Presidential Proclamation.

May Day – Originally this was the festival of Flora, the Roman Goddess of flowers. Each year, Heritage Preservation encourages cultural institutions to do one simple activity in honor of MayDay, a national campaign to promote emergency preparedness
www.heritagepreservation.org/programs/tflessons/MayDay.html

Mother Goose Day – Founded in 1987 by author, Gloria T. Delamar.
www.librarysupport.net/mothergoosesociety/ The Mother Goose Society

Chocolate Parfait Day

Cheerios Day – Cheerios were first sold in on this day in 1941.
www.cheerios.com

New Homeowners Day
www.newhomeownerguide.com

Amtrak's Birthday – On this day in 1971 Amtrak took over the passenger train operations for eighteen railroad lines.
www.amtrak.com

Empire State Building Birthday – On this day in 1931, President Hoover pressed a button in Washington, DC, which turned on the Empire State Building's lights and officially opened the building. The building originally was 1,250 feet tall. For its twentieth anniversary, the Empire State Building received a new antenna for television, FM radio, and emergency broadcasting. The new antenna made the building 217 feet higher, for a total official height of 1,467 feet.

www.esbnyc.com

Lei Day – One of the most common flowers used in leis are orchids. In Hawaii they celebrate Lei Day instead of May Day. It is a time to celebrate Native Hawaiian culture.
<http://www1.honolulu.gov/parks/programs/leiday/index.htm>

Frequent Flyer Day

www.flyertalk.com

Labor Day – Mexico, Canada and other countries outside the U.S. celebrate Labor Day on this day.

School Principals Day –

<http://www.wallacefoundation.org/knowledge-center/school-leadership/effective-principal-leadership/Pages/The-School-Principal-as-Leader-Guiding-Schools-to-Better-Teaching-and-Learning.aspx>

Wagons Ho! Day - The first wagon train left Independence, Missouri for California on this day in 1841.

National Day of Prayer (first Thursday) – Designated by Congress in 1952 as a day for our nation to pray.

<http://nationaldayofprayer.org>

National Day of Reason (first Thursday) - This is a day to celebrate rational thinking. It is often celebrated with blood drives, donations to food banks and other activities that help society.

<http://nationaldayofreason.org>



Friday, May 2
Day 122 243 Days Remaining

School Lunch Superhero Day (first Friday) – Children's Choice Book Award-winning Graphic Novelist Jarrett J. Krosoczka invites the world to pay tribute to school food service staff.

<http://thejjkblog.blogspot.com/2013/07/save-dateschool-lunch-superhero-day-2014.html>

Sibling Appreciation Day – Make a list of what you appreciate about your siblings, then e-mail it to them.

National Baby Day – We are not sure about the origin of this day, but it could be because Dr. Benjamin Spock was born on this day in 1903.

Truffles Day - There is conflicting information about this day. Some sites indicate it is about Chocolate Truffle confections. Others say it is about the gourmet mushroom.

International Tuba Day (first Friday)

www.tubaday.com



Saturday, May 3
Day 123 242 Days Remaining

Wordsmith Day

<http://wordsmith.org>

Pregnancy Fitness Awareness Day - This was created by author and feminist, Karen Bridson.

<http://pregnancyfitness.net>

www.bodyawarenesspt.com/pregnancy-fitness

<http://withawareness.com/yoga/prenatal-yoga>

www.inspire.com/groups/diet-and-fitness/discussion/pregnancy-body-awareness-and-fitness

www.healthguidance.org/entry/16034/1/Benefits-of-Prenatal-Yoga.html

Birthday of Sugar Ray Robinson – Sugar Ray Robinson (May 3, 1921 – April 12, 1989) was an American professional boxer.

www.cmww.com/sports/robinson/about/bio.html

Join Hands Day (first Saturday) – This is the only national volunteer day on the Seasons of Service calendar that specifically targets and develops relationships between young people and adults through neighborhood volunteering.

<http://joinhandsday.org>

Kentucky Derby (first Saturday) - This is the longest continuously held sporting event in the United States.

www.KentuckyDerby.com

National Scrapbook Day (first Saturday) - I have been involved in this several times as either participant, teacher or vendor and really enjoyed being together with groups of people with common interests. I never got any scrapping done because I was too busy taking pictures of other people's ideas.

<http://scapsociety.com/may-2013-national-scrapbook-day>



Sunday, May 4

Day 124 241 Days Remaining

Relationship Renewal Day – Relationships are too important to take for granted.

Orange Juice Day – Freshly squeezed orange juice has much more nutritional value than packaged orange juice. OJ that has been opened loses *all* antioxidant benefit after just one week. If you must use packaged orange juice, use frozen canned OJ.

www.orangejuicefacts.com

www.eatingwell.com/blogs/health_blog/how_long_does_oj_keep_before_it_loses_vitamins

National Kids Fitness Day

Bird Day - On this day in 1894, Bird Day was first observed at the initiative of Charles Almanzo Babcock, superintendent of schools in Oil City, Pennsylvania. By 1910, Bird Day was widely celebrated, often in conjunction with Arbor Day.

National Candied Orange Peel Day – It takes nearly six hours to make it. But if you want to, here is the recipe:

www.foodnetwork.com/recipes/food-network-kitchens/candied-orange-recipe/index.html

National Weather Observers Day



Monday, May 5

Day 125 240 Days Remaining

Cinco de Mayo – The fifth of May (Spanish) commemorates the Mexican army's 1862 victory over France at the Battle of Puebla during the Franco-Mexican War (1861-1867). A relatively minor holiday in Mexico, in the United States Cinco de Mayo has evolved into a celebration of Mexican culture and heritage, particularly in areas with large Mexican-American populations.

www.history.com/topics/cinco-de-mayo

Israeli Memorial Day (Yom HaZikaron) – Yom Hazikaron (Hebrew: “Day of Remembrance”), or Yom Hazikaron l’Chalalei Ma’arachot Yisrael v’l’Nifghei Peulot Ha’eivah (Hebrew: “Day of Remembrance for the Fallen Soldiers of Israel and Victims of Terrorism”), is Israel’s official Memorial Day. The national observance was enacted into law in 1963. While Yom Hazikaron has been traditionally dedicated to fallen soldiers, commemoration has now been extended to civilian victims of political violence, Palestinian political violence, and terrorism in general.

<http://www.hebcal.com/holidays/2013-2014>

Eta Aquarids Meteor Shower – The Eta Aquarids are an above-average shower, usually producing about 60 meteors per hour at their peak. Most of the activity is seen in the Southern Hemisphere. In the Northern Hemisphere, the rate can reach about 30 meteors per hour. It is produced by dust particles left behind by Halley’s Comet, which has been known and observed since ancient times. The shower runs annually from April 19 to May 28. It peaks this year on the night of May 5 and the morning of the May 6. The first quarter moon will set just after midnight leaving fairly dark skies for what should be a good show. Best viewing will be from a dark location, far from city lights, after midnight. Meteors will radiate from the constellation Aquarius, but can appear anywhere in the sky.

Significant Other Day

Totally Chipotle® Day

www.totallychipotle.com/tc_day.htm

Chocolate Custard Day – If you like chocolate custard, this is your day to indulge.

Hoagie Day – A “hoagie” is a sandwich that consists of a long roll of Italian or French bread, split widthwise either into two pieces or opened in a “V” on one side, and filled with a variety of meats, cheeses, vegetables, seasonings, and condiments. There are

many different regional names for this sandwich, or a version of it. It is called a sub or submarine sandwich, hero sandwich, Italian Sandwich, torpedo, baguette or grinder.

www.philly.com/philly/restaurants/Hoagies_Hoagies.html

Oyster Day – Many people will eat oysters raw (uncooked), usually called “oysters on the half shell.” Eating any meat, including seafood, raw comes with certain health risks.

National Cartoonists Day - The first newspaper comic strip was published on this day in 1895. It was called “The Yellow Kid.”

National Day to Prevent Teen Pregnancy

www.thenationalcampaign.org National Campaign to Prevent Teen and Unplanned Pregnancy.

First American in Space Day - On this day in 1961, Alan Shepard became the first American to orbit the earth. A Soviet cosmonaut was first, on April 12 of the same year.

www.nasa.gov/multimedia/imagegallery/image_feature_171.html

www.space.com/17385-alan-shepard-first-american-in-space.html

www.history.com/this-day-in-history/the-first-american-in-space

Halfway Point of Spring – The first day of Spring is on March 20 and the last day is on June 20. There are 93 days in the season. Today is day 47 of Spring, making it the halfway point.

Perfect Game Day - Cy Young pitched a perfect baseball game on this day in 1904. This has only happened twenty times in the history of professional baseball.

Melanoma Monday® (first Monday) - As designated by the American Academy of Dermatology to promote skin self-examinations.

www.melanomamondays.org

School Bus Drivers Appreciation Day (first Monday)

National Meeting Planners Appreciation Day (Monday of the first full week) - This day recognizes the contribution of meeting and convention planners to tourism in their communities.

www.mpiweb.org



Tuesday, May 6

Day 126 239 Days Remaining

Night of the Comet: 209P/LINEAR (2004) – This comet is one of hundreds of comets and other objects detected by LINEAR (Lincoln Near Earth Asteroid Research), an automated detection system at MIT. The comet takes 5.09 years to complete one orbit around the Sun. The comet will reach perihelion (closest proximity to the Sun) tonight. Take note: Russian astronomer, Mikhail Maslov, believes Earth will pass through the tail of Comet 209P/LINEAR between 7:00 and 8:00 UT on May 24, 2014. It could result in a meteor storm producing between 100 and 400 meteors an hour! Viewing conditions will be particularly good in Canada and the United States.

Israeli Independence Day (Yom HaAtzma'ut) – Commemorates the declaration of independence of Israel in 1948.

<http://www.hebcal.com/holidays/2013-2014>

National Beverage Day - Celebrate with your favorite beverage or one you have never tried before.

Dieting Day Off – If you are on a diet, taking a day off can jumpstart your metabolism and improve weight loss. Plus, it helps your emotional state of mind by allowing you a guilt-free day of indulgence.

www.diet-blog.com/08/have_a_day_off_your_diet.php

Adhesive Postage Stamps Day - In 1840 the first adhesive postage stamps, the Penny Black and the Two Penny Blue, went on sale in Britain.

National No Homework Day – Students will want to celebrate this day.

Birthday of Willie Mays - Willie Howard Mays, Jr. (May 6, 1931), the Say Hey Kid, is a retired American professional baseball player. He played center field for the New York and San Francisco Giants and with the New York Mets.

<http://baseballhall.org/hof/mays-willie>

American Lung Association Birthday – This is the 110th anniversary of the American Lung Association. It started in 1904 as the National Association for the Study and Prevention of Tuberculosis. In 1968 the name was changed to the National Tuberculosis and Respiratory Disease Association. Finally in 1973 it became the American Lung Association. Their advertising slogan: Fighting for Air.

www.lung.org American Lung Association

Babe Ruth Day - On this day in 1915 Babe Ruth hit his first Major League home run, playing for the Boston Red Sox.

www.baberuth.com

National Nurses Day - This is the first day of National Nurses week.

www.nurse.com

<http://nursingworld.org> American Nurses Association

Steel Plow Day - Many sources credit John Deere for inventing the steel plow in 1837. However other sources indicate that blacksmith, John Lane, built the first steel plow in 1833 in Homer Township, Illinois.

Tourist Appreciation Day

Yale Lock Day - The Yale lock was first patented in 1861.

www.yalelock.com

National Teacher Appreciation Day (Tuesday of the first full week)

www.nea.org National Education Association

www.nea.org/grants/1359.htm

www.teacher-appreciation.info

Childhood Depression Awareness Day (Tuesday of the first full week) - This was designated by the National Mental Health Association in 1997. It is also known as Green Ribbon Day. Everyone is encouraged to wear a green ribbon to draw attention to childhood depression.

www.nmha.org National Mental Health Association



Wednesday, May 7
Day 127 238 Days Remaining

Box Camera Day - On this day in 1888, George Eastman patented the Box Camera.

www.eastmanhouse.org

www.kodak.com/ek/US/en/Our_Company/History_of_Kodak/George_Eastman.htm

Fire Escape Ladder Birthday - A wagon-mounted fire escape ladder was patented on this day in 1878 by Joseph Winters.

National Tourism Day - See Discover America - The Official Travel and Tourism Website of the United States

www.discoveramerica.com

Unity in Diversity Day

www.udcworld.org

www.unity-in-diversity.org

Anxiety Disorders Screening Day (first Wednesday)

www.adaa.org/living-with-anxiety/ask-and-learn/screenings/screening-generalized-anxiety-disorder-gad

Great American Grump Out Day (first Wednesday) – Today, everyone is encouraged to avoid being grumpy or rude for twenty-four hours.

Thank a School Librarian Day (Wednesday of the first full week)
www.ala.org/ala/mgrps/divs/aasl/ American Association of School Librarians

National School Nurse Day (Wednesday between 6 - 12) - This used to be celebrated the fourth Wednesday in January but in 2003 it was changed to the Wednesday during National Nurses Week.

www.nasn.org National Association of School Nurses



Thursday, May 8
Day 128 237 Days Remaining

Have a Cola Day – Coca Cola® was introduced in Atlanta, Georgia on this day in 1886 by John Pemberton, a pharmacist. It was originally intended to be a patent medicine.

www.coca-cola.com

Iris Day - If you look around as you go about your day you are likely to see irises blooming.

U.S. Post Office Anniversary - The United States Post Office was established on this day in 1794. Benjamin Franklin was the first Postmaster General. See the Smithsonian National Postal Museum for info about the history of the Post Office as well as games and puzzles for all ages.

www.postalmuseum.si.edu

First Westminster Dog Show Anniversary - On this day in 1877 the first Westminster Dog Show was held.

www.westminsterkennelclub.org

National Student Nurses Day - This was designated by the American Nurses Association in 1998.

www.nursingworld.org

www.nsna.org National Student Nurses Association

V-E Day - This is also known as Victory in Europe Day. It commemorates the day in 1945 when the WWII Allies accepted the surrender of the armed forces of Nazi Germany.

World Red Cross Red Crescent Day - This is the birthday of Henry Dunant (May 8, 1828 – October 30, 1910), founder of the Red Cross.

www.redcross.org

www.myswitzerland.com/en/henry-dunant-museum.html

Birthday of President Harry S Truman (May 8, 1884 – December 26, 1972) – He was the thirty-third president of the United States of America.

www.whitehouse.gov/about/presidents/harrystruman

www.trumanlibrary.org

Make-a-Book Day (Thursday of National Family Reading Week)



Friday, May 9
Day 129 236 Days Remaining

Hurray for Buttons Day

Lawn Mower Day – On this day in 1899 a rotary blade lawn mower was patented that was a big improvement over previous mowers.

Lost Sock Memorial Day – Today is the day to sort through all those orphan socks and find their match, and discard all those socks with no match. On the other hand, maybe that is not a good idea. If you do that the other sock will suddenly reappear.

Tear the Tags Off the Mattress Day – This was more fun back when tags on pillows, mattresses, etc. said “Do not remove under penalty of law.” Now most tags say “May not be removed except by consumer.”

Birth Control Pill Day - On this day in 1960 the birth control pill was approved by the FDA.

www.plannedparenthood.org/health-topics/birth-control/birth-control-pill-4228.htm

Child Care Provider Appreciation Day™ (Friday before Mothers Day) - Thank your daycare provider or pre-school teacher. See Provider Appreciation Day™

www.providerappreciationday.org

National Military Spouse Appreciation Day (Friday before Mothers Day) - This was first designated by President Ronald Reagan in 1984.

<http://spousebuzz.com>



Saturday, May 10
Day 130 235 Days Remaining

Astronomy Day (Part 1) – (Part 2 is on October 4) This is on the Saturday at or before the first quarter moon and occurs between mid-April and mid-May. The first quarter moon occurs on May 6. Astronomy Day will be observed again on October 4, 2014. Astronomy Day is a grassroots effort designed to share the joy of astronomy with the general population – “Bringing Astronomy to the People.”

www.astroleague.org/al/astroday/astrodayform.html Astronomical League

Saturn Night – The ringed planet will be at its closest approach to Earth and its face will be fully illuminated by the Sun. This is the best time to view and photograph Saturn and its moons.

Trust Your Intuition Day – Intuition is the subconscious mind analyzing a situation and informing the conscious mind of its assessment. Because the subconscious mind bases its assessment on prior experiences, we can trust our intuition to a large degree.

www.psychologytoday.com/basics/intuition

Clean Up Your Room Day – This is a good practice, not only for children and teenagers, but for adults as well. An organized room or space saves time by not having to look for things. Productivity is increased by not having unnecessary items in the way.

Blood Pressure Day - It is important to get your blood pressure checked regularly as you get older. High blood pressure can do damage even without symptoms. Many times lifestyle changes can lower your blood pressure without medication.

www.nhlbi.nih.gov National Heart, Lung and Blood Institute

Lupus Awareness Day

www.lupus.org Lupus Foundation of America

First Transcontinental Railroad Completed - On this day in 1869 at Promontory, Utah, the Union Pacific tracks were joined with those of the Central Pacific Tracks. This transcontinental railroad cut the four to six months it took for pioneers to get from the Missouri River to the Pacific states down to six days.

Cornelia de Lange Syndrome Awareness Day (second Saturday)
www.cdlusa.org The Cornelia de Lange Syndrome Foundation

Sun Awareness Day (second Saturday) – Too much exposure to sunlight can damage our skin. Use sunscreen to protect against sunburn and skin cancer. Don't forget to wear sunglasses.

www.skincancer.org
www.sunsafetyforkids.org
www.sunsafetyalliance.org
www.cancer.org/healthy/besafeinthesun/index

Windmill Day (second Saturday) - On this day in Holland more than 600 still-remaining windmills are open to the public. Some of them are still used for their intended purpose and the others have been designated national monuments. With the rise in wind-power in the U.S. hopefully this will become a popular holiday in the U.S.

National Bake Sale Day (second Saturday)

Birth Mother's Day (Saturday before Mother's Day) - This was created in 1990.
www.adopting.org/adoptions/birthmothers-day-mothers-day.html
www.lifetimeadoption.com/for_adoptive_families/remember.html
www.motherhelp.info/birthmothers_day.htm

International Migratory Bird Day (second Saturday) - Created in 1993 by the Smithsonian Migratory Bird Center, International Migratory Bird Day celebrates the incredible journey that migratory birds take each year. They travel thousands of miles between breeding grounds in North America, and their winter homes in Central and South America. Organizers say this is a day to both support, and to increase awareness of conservation efforts in support of migratory birds. They also suggest a field trip into a woods to look for and enjoy migrating birds.

www.birdday.org
www.fws.gov/birds/imbd/
www.fws.gov/birds/imbd.html

National Miniature Golf Day (second Saturday) - This celebration was started in 2007. It is sometimes listed as September 21.
www.golflink.com/minature-golf/
<http://prominigolf.com/history.html>



Sunday, May 11



Day 131 234 Days Remaining

Mothers Day (second Sunday) - The idea for Mothers Day started with Ann Jarvis in Philadelphia in 1907. It was officially designated by Congress in 1914 and the proclamation was signed by President Woodrow Wilson.

www.mothersdaycentral.com

www.history.com/topics/mothers-day

www.mothersdaymovement.org

www.mothersdaycelebration.com

Eat What You Want Day - As long as you eat small amounts, eating whatever you want once in a while will not ruin your diet.

Tubeless Tire Day - The B.F. Goodrich Company announced the development of a tubeless tire on this day in 1947.

www.goodrich.com

Minnesota Admission Day - Minnesota became the 32nd state in 1858.

www.mnhs.org Minnesota Historical Society

www.minnesotahistorycenter.org Minnesota History Center

<http://visitmnhistory.org> Minnesota Historic Sites and Museums

<http://minnesotahistory.net>

www.theus50.com/minnesota/history.php



Monday, May 12

Day 132 233 Days Remaining



Limerick Day – Edward Lear (May 12, 1812 – January 29, 1888) was one of the early limerick writers. A limerick is a humorous five-line poem. The first two lines and the fifth line rhyme, and the third and fourth lines rhyme. Here is an example:

The limerick packs laughs anatomical

In space that is quite economical,

 But the good ones I've seen

 So seldom are clean,

And the clean ones so seldom are comical.

Fibromyalgia Awareness Day

www.fmaware.org National Fibromyalgia Association

Native American Rights Day

www.narf.org Native American Rights Fund
www.indians.org/articles/native-american-rights.html

International Nurses Day – This was designated by the International Council of Nurses in 1965.

www.icn.ch/

Women's Check-up Day (Monday after Mothers Day)

www.womenshealth.gov



Tuesday, May 13

Day 133 232 Days Remaining

I Just Called to Say I Love You Day - Any day is a good day to call loved ones far away (or even not so far away) and say 'I love you'.

Tulip Day

Frog Jumping Day - This is the first day of the Calaveras County Fair and Jumping Frog Jubilee in California. Mark Twain's story "The Notorious Jumping Frog of Calaveras County" was most likely the inspiration for both the fair and the day.

www.frogs.org The Amphibian Conservation Alliance

Leprechaun Day – According to Irish folklore, if you catch a Leprechaun, he has the magical power to grant you three wishes for his release. He is said to keep a pot of gold at the end of a rainbow.

Arlington National Cemetery Day - On this day in 1964, the first military serviceman, Private William Henry Christman of the 67th Pennsylvania Infantry, was interred in Arlington National Cemetery.

www.arlingtoncemetary.mil

<http://arlingtoncemetary.net>

www.arlingtonnationalcemetary.org

www.smithsonianmag.com/history-archaeology/The-Battle-of-Arlington.html



Wednesday, May 14
Day 134 231 Days Remaining

Planting Moon (Full Moon) – The “Full Moon” phase of the Moon is when it is entirely outside of the Earth’s shadow from the Sun. On a clear night, the full moon can give enough light to make it possible to read a newspaper. A full moon can be used to promote a “Moonlight Madness” sale or other nighttime promotion. The full moon in May is called the “Planting Moon,” as farmers trying to get their crops planted may take advantage of the light of the full moon to work into the night. The Native Americans called it the Full Flower Moon because this was the time of year when spring flowers appeared in abundance. It is also called the Milk Moon. The full moon will occur at 2:18PM CST, 19:18 UTC.



National Buttermilk Biscuit Day – Here is a recipe for homemade biscuits.
<http://oldfashionedliving.com/biscuits.html>

Marshmallow Fluff Birthday - On this day in 1920 H. Allen Durkee and Fred L. Mower announced that they had formed a partnership to manufacture Marshmallow Fluff. They had purchased the formula from its creator, Archibald Query.
www.marshmallowfluff.com/pages/history1.html
www.marshmallowfluff.com

Motorcycle Riders Day

National Dance Like a Chicken Day - If you have been to a wedding dance in the past twenty years you have either done this or seen this done.

Drunk Driving Memorial Day
www.madd.org Mothers Against Drunk Driving

National Receptionist Day (second Wednesday) - You only have one chance to make a first impression. For many businesses, the receptionist has the first contact with clients so they play a very important role.
www.nationalreceptionists.com National Receptionists Association.

Donate a Day's Wages to Charity Day (second Wednesday) - This was started in 2002. If you can not afford to donate a whole day's wages, any amount will help. If you can not afford to donate money in this down economy, consider volunteering your time for a day. www.OnedaysWages.org

National Night Shift Workers Day (second Wednesday)



Thursday, May 15
Day 135 230 Days Remaining



Peace Officers Memorial Day – President John F. Kennedy signed the bill into law on October 1, 1962 designating this day to honor Federal, State and local officers killed in the line of duty. Bill Clinton, through Public Law 103-322, directed that the U.S. flag be flown at half-mast on this day. A Presidential Proclamation was made by President George W. Bush in 2002, and by President Barack Obama in 2012.

www.policeweek.org

www.nationalcops.org National C.O.P.S. (Concerns Of Police Survivors)

www.nleomf.com/programs/policeweek/ National Law Enforcement Officers Memorial Fund

Chocolate Chip Day

Airmail Service Anniversary – On this day in 1918 regular airmail service was started between New York, Philadelphia and Washington DC.

Flip Your Mattress Day – Most mattresses last longer and are more comfortable if they are flipped and/or turned every few months. This is easy to forget so mark your calendar.

Nylon Stocking Day – Nylon stockings were sold for the first time on this day in 1940 in several New York stores. 780,000 pairs were sold on the first day. Pantyhose were still in future and these stockings were held up by a garter belt or garters.

Over The Rainbow Day – Birthday of Lyman Frank Baum (May 15, 1856 – May 6, 1919), author of *The Wonderful Wizard of Oz*.

www.online-literature.com/baum/

Brown Bag it Thursday (third Thursday) – This is a day to make your own lunch and carry it to work in a brown paper bag.



Friday, May 16
Day 136 229 Days Remaining

First Woman to Climb Mount Everest Day – Junko Tabei (born Sept. 22, 1939) of Japan led an all-women expedition of Mount Everest. On May 16, 1975, she was the first woman ever to reach the summit via the South-East Ridge route. But the climber didn't stop with Mount Everest. Tabei is also one of a small number of climbers who have climbed to the summits of the highest peaks on all seven continents.

www.everestnews.com/history/tabei.htm

Spam Day - May 16, 1937, marks the unforgettable debut of Spam, a pink, canned lunch meat. Jay Hormel invented the meat as a way to sell pork shoulder. Credit (and the \$100 prize) for the name Spam went to Kenneth Daigneau, the brother of a Hormel vice president. The term is supposedly a combination of the words "spice" and "ham." From 1941 to 1945, more than 100 million pounds of Spam were sent overseas to feed our troops during WWII.

www.spam.com/spam-101/history-of-spam

Love a Tree Day

Coquilles St. Jacques Day

Spaghetti-Os Birthday - Spaghetti-Os was first sold on May 16, 1966.

www.campbellsoupcompany.com/spaghettios.asp

<http://caloriecount.about.com/spaghettios-nutrition-m1157>

<https://www.facebook.com/SpaghettiOs>

Hires Root Beer Birthday - Hires Root Beer was created by pharmacist, Charles Elmer Hires, on May 16, 1866. It was introduced to the public at the Centennial Exposition in Philadelphia in 1876.

www.drpeppersnapplegroup.com/brands/hires/

www.bottlebooks.com/hires.htm

U.S. Nickel Day - The first 5-cent nickel was minted on this day in 1866.

National Sea-Monkey® Day – Sea-Monkeys® are actually a kind of brine shrimp.

www.sea-monkey.com

www.seamonkeyworship.com

www.filtersfast.com/articles/All-About-Sea-Monkeys.php

Wear Purple for Peace Day – Why haven't aliens from outer space visited our planet? The creators of this day believe it is because the earth is too hostile. If we were to become more peaceful, then the aliens would begin visiting. Maybe they would go to Disney World.

National Bike-to-Work Day (third Friday) - This was created in 1956 by the League of American Bicyclists.

www.bikeleague.org

Elected Officials Day (third Friday) - Most of us don't give much thought to all the work our elected officials do unless they do something wrong. Take time today to thank an elected official who is doing their job well.

www.usa.gov/Citizen/Topics/Voting.shtml



Saturday, May 17
Day 137 228 Days Remaining



Armed Forces Day (third Saturday) - This was created in 1949 to honor Americans serving in the Air Force, Army, Navy, Marines, and Coast Guard. It was made an official holiday by President John Kennedy in 1962.

www.defense.gov/afdf/

Merry-Go-Round Birthday - In 1620 the first merry-go-round was introduced. It was powered by horses.

www.merrygoroundmuseum.org

Pack Rat Day

World Information Society Day - This was created by the UN General Assembly and was previously called World Telecommunication Day. The purpose is to raise awareness of changes to society by the internet and other new technologies. It also focuses on ways to reduce the 'digital divide' between those with access to information technology and those who don't.

www.itu.int/wsis/index.html

First Kentucky Derby Anniversary - The first Kentucky Derby was held at Churchill Downs on this day in 1875. This is the longest continuously held sporting event in the United States.

www.kentuckyderby.com

Jamestown Landing Day (Saturday of the second full week) - In April of 1607, explorers landed in Chesapeake Bay. They traveled up the James River to Jamestown Island, where they established America's first permanent English colony in May of that year.

<http://historyisfun.org/Jamestown-Landing-Day-event.htm>

www.jamestowne.org Jamestowne Society

www.virtualjamestown.org

Preakness (third Saturday) - The Triple Crown consists of three races for three-year-old thoroughbred race horses. The Preakness is the second jewel in the Triple Crown.

www.preakness.com

www.preakness-stakes.info



Sunday, May 18

Day 138 227 Days Remaining

No Dirty Dishes Day - You might go out for every meal or use disposable tableware. However, if you have children, it might be fun to come up with various types of food that doesn't require dishes. Some ideas: toaster pastries, breakfast bars, pizza, sandwiches, fresh fruit and vegetables, popsicles, cupcakes.

Visit Your Relatives Day

International Museum Day - This was started in 1977 by The International Council of Museums.

<http://icom.museum>

HIV Vaccine Awareness Day - See The National Institute of Allergy and Infectious Diseases.

www.niaid.nih.gov/Pages/default.aspx

Mount St. Helens Erupted - On this day in 1980 Mount St. Helens erupted in Washington state, resulting in the death of fifty-seven people. It was the only significant volcanic eruption in the contiguous 48 states in sixty-five years.

<http://mountsthelens.com>

www.fs.usda.gov/mountsthelens

http://volcanoes.usgs.gov/volcanoes/st_helens/

www.mt-st-helens.com

Stepmother's Day (third Sunday) – A Stepmother is married to a man with children from a previous marriage. There is no reason why a stepmother cannot be honored on Mothers Day (second Sunday), unless the birth mother doesn't want to share her special day.

Aunt's Day (third Sunday) – This has been proclaimed by the Governors of several states. It is also celebrated the Saturday after Labor Day. Aunts can play an important role in the development of children.



Monday, May 19
Day 139 226 Days Remaining

Devil's Food Cake Day

Circus Day - The first performance of the world-famous Ringling Brothers Circus was on this day in 1884.

www.ringling.com

www.wisconsinhistory.org/topics/ringlingbros/

www.circushistory.org/History/Ringling1898.htm

Plant Something Day – Annuals are a good choice of flower because, once they are planted, they return every Spring without any effort required on our part.

Ancestor Honor Day (third Monday) - This is a day for African Americans to honor their ancestors.

Victoria Day (Monday on or before May 24) - This is a Canadian holiday in honor of Queen Victoria's birthday.

www.victoriadayfestival.com



Tuesday, May 20
Day 140 225 Days Remaining

Blue Jeans Birthday – On this day in 1873, Levi Strauss and David Jacobs received a patent for blue jeans with metal rivets at the stress points, particularly the pockets.

www.levistrauss.com/about/heritage

Pick Strawberries Day – You can often find “pick-your-own” strawberry farms not too far from most cities.

Flying Solo Day - Charles Lindbergh started his nonstop solo transatlantic flight on this day in 1927.

www.charleslindbergh.com

Norman Rockwell Day - On this day in 1916, the first Norman Rockwell painting appeared on the cover of The Saturday Evening Post. The magazine exposure made Rockwell famous, and the paintings made the Saturday Evening Post famous.

www.saturdayeveningpost.com/sections/art-entertainment/norman-rockwell-art-entertainment

www.normanrockwellvt.com/sep.htm



Wednesday, May 21
Day 141 224 Days Remaining

I Need a Patch for That Day

Waitstaff Day – Restaurant waiters and waitresses work hard, and often the majority of their wages come from tips. If you receive good service, leave your server a good tip.

Memo Day

American Red Cross Anniversary - The American Red Cross was established on this day in 1881 by Clara Barton.

www.redcross.org American Red Cross.



Thursday, May 22
Day 142 223 Days Remaining



National Maritime Day – This was designated by Congress in 1933 to honor the maritime industry. It is the anniversary day of when the steamship Savannah sailed from Savannah, Georgia on the first transoceanic steam-powered voyage.

Find Your Soul Mate Day

Buy a Musical Instrument Day – The first step in learning to play a musical instrument is to purchase one. Having the instrument around encourages learning how to play it. This includes percussion instruments. Anybody can play a tambourine.

Toothpaste Tube Birthday - On this day in 1892, the toothpaste tube was invented by dentist, Washington Wentworth Sheffield. Dr. Sheffield created the flexible tube to replace the unhygienic practice of dipping a toothbrush in a jar of dental cream.

Loch Ness Monster Day – Is it real? The first reported sighting of the Loch Ness Monster was on this day in 1933. There is actually very convincing evidence that “Nessy” is a prehistoric creature previously thought to be extinct. The remains of such a creature were recently found off the coast of Japan.

www.visitlochness.com

www.nessie.co.uk

www.lochness.com

Mister Rogers' Neighborhood Anniversary - Mister Rogers' Neighborhood debuted on this day in 1967.

<http://pbskids.org/rogers/>

www.fredrogers.org/FRC/mrn.html

<http://video.pbs.org/program/mister-rogers/>

www.neighborhoodarchive.com/mrn/



Friday, May 23
Day 143 222 Days Remaining

National Taffy Day – Taffy is a favorite carnival treat.

Lucky Penny Day – Finding a penny is said to bring good luck. An old saying: “See a penny, pick it up and all the day you'll have good luck. See a penny, let it lie and bad luck will find you by and by.”

World Turtle Day – This was designated by American Tortoise Rescue.

www.tortoise.com

South Carolina Admission Day - South Carolina became the 8th state in 1788.

www.statelibrary.sc.gov/a-brief-history-of-south-carolina

www.sciway.net/hist/

www.southcarolinahistoricalsociety.org

www.history.com/topics/south-carolina



Saturday, May 24
Day 144 221 Days Remaining

Meteor Shower 2014 – A Russian astronomer, Mikhail Maslov, believes Earth will pass through the tail of Comet 209P/LINEAR (see May 6, 2014) between 7:00 and 8:00 UT tonight. It could result in a meteor storm producing between 100 and 400 meteors an hour! Viewing conditions will be particular good in Canada and the United States.

Asparagus Day – This vegetable is low in calories and is very low in sodium. It is loaded with nutritional content, such as dietary fibre, protein, beta-carotene, vitamin B6, vitamin C, vitamin E, vitamin K, calcium, magnesium, thiamin, riboflavin, rutin, niacin, folic acid, iron, zinc, phosphorus, potassium, copper, manganese, selenium, and chromium (a trace mineral that enhances the ability of insulin to transport glucose from the bloodstream into cells). The amino acid asparagine gets its name from asparagus, as it is relatively rich in this compound. Asparagus is high in antioxidants.

Escarrot Day – A delicacy otherwise known as snails.

Brooklyn Bridge Birthday - The Brooklyn Bridge was opened on this day in 1883.

www.nyc.gov/html/dot/html/bridges/brooklyn_bridge.shtml

Brothers Day – This day is dedicated to the relationship of brotherhood, whether biological, step, fraternity, religious or otherwise.

Scavenger Hunt Day – Scavenger hunts can be a lot of fun. Those participating in a scavenger hunt are given a list of items to locate and secure. Most often, participants work in teams. The hunt can require traveling short or long distances, and overcoming difficult obstacles. A modern-day version of the game is to use a camera to take a photograph of the item, instead of actually acquiring it. The first person or team to return to the designated starting point wins.

Little Lamb Day - Sarah Hale's "Mary Had a Little Lamb" was first published on this day in 1830.

www.songfacts.com/detail.php?id=15971

Night Baseball Anniversary - The first Major League night baseball game was played on this day in 1935 at Crosley Field in Cincinnati, Ohio.

www.baseball-almanac.com

<http://baseballhall.org/museum/experience/history>

International Jazz Day (on the Saturday of Memorial Day weekend) – Jazz music started to come about in the U.S. in the late 1800's. Most jazz music makes extensive use of horn instruments such as the trumpet.

www.allaboutjazz.com

<http://jass.com>

www.apassion4jazz.net

<https://jazzhistoryonline.com>



Sunday, May 25
Day 145 220 Days Remaining

National Tap Dance Day - This was designated by Congress in 1989. It is the birthday of tap dancer, Bill "Bojangles" Robinson (May 25, 1878 - November 25, 1949).

<http://black-face.com/Bill-Bojangles-Robinson.htm>

<http://atdf.org/awards/bojangles.html>

www.danceheritage.org/robinson.html

National Missing Children's Day - This was designated in 1983 by President Ronald Reagan. Public response to posted notices has aided in the recovery of hundreds of missing and abducted children.

www.missingkids.com National Center for Missing and Exploited Children

Indian Motorcycle Birthday - The Indian Motocycle Company was started in 1901 as the Hendee Manufacturing Company. In 1928 the name was changed to the Indian Motorcycle Company. See the history of Indian Motorcycles.

www.indianchiefmotorcycles.com



Monday, May 26

Day 146

219 Days Remaining



Memorial Day (observed the last Monday) – Originally this day was observed on May 30, but in 1968 congress set it as the last Monday. It used to be called Decoration Day because it is a time people decorated the graves of deceased relatives. This day was first created to honor Union soldiers of the Civil War. After WWI, it was extended to honor Americans who died in any war. Now it is a day when many people visit the graves of deceased family and friends whether they served in the military or not.

Cherry Dessert Day

Blueberry Cheesecake Day

Bob Day – This is a day for Bobs to get together and celebrate famous people with their same name. Some famous Bobs are Bob Dylan, Bob Segar and Bobby Kennedy.

<http://thebobclub.com/allbobs.html>

Dracula's Birthday – On this day in 1897 Bram Stoker's novel, Dracula, was first available for purchase.

www.literature.org/authors/stoker-bram/dracula/



Tuesday, May 27

Day 147

218 Days Remaining

National Grape Popsicle Day

Pop-up Toaster Birthday – Charles Strite applied for a patent for the first ejecting or pop-up toaster in 1919.

www.toaster.org Toaster Museum Foundation

Cellophane Tape Anniversary – A patent for cellophane tape was granted to Richard Drew on this day in 1930. This was later marketed by 3M as Scotch tape.

www.scotchbrand.com

National Sunscreen Protection Day – Not all sunscreens are created equal, so be sure to check the SPF level. Most sunscreens do not last all day so check the instructions to see how often you need to reapply. There is also clothing and swimwear that is SPF rated.
www.cdc.gov/cancer/skin/basic_info/prevention.htm

Golden Gate Bridge Anniversary – On this day in 1937 the Golden Gate Bridge opened. At the time it opened it was the longest suspension bridge in the world. Since that time, at least eight bridges have been built that are longer but none of them are as famous or as well-known.

www.goldengatebridge.org
<http://goldengatebridge75.org>



Wednesday, May 28
Day 148 217 Days Remaining

Jerusalem Day (Yom Yerushalayim) – An Israeli national holiday commemorating the reunification of Jerusalem and the establishment of Israeli control over the Old City in June 1967. The Chief Rabbinate of Israel declared Jerusalem Day a minor religious holiday to thank God for victory in the Six-Day War and for answering the nearly 1,900-year-old prayer of “Next Year in Jerusalem.”

<http://www.hebcal.com/holidays/2013-2014>

National Hamburger Day

www.gone-ta-pott.com/national_hamburger_month.html

Sierra club Anniversary – The Sierra Club was founded on this day in 1892 by naturalist, John Muir.

www.sierraclub.org

Women in Trousers Day – In 1923, the U.S. Attorney General determined that it was legal for women to wear trousers anywhere. Prior to this date, dresses were considered appropriate attire for women.

www.wearewoman.us/2012/03/history-of-womens-rights-in-united_18.html

Whooping Crane Day - The first whooping crane born in captivity was in 1975 after whooping crane eggs were moved into sandhill crane nests. Unfortunately, those whooping cranes did not mate so the project was eventually discontinued. Today there are only about four hundred whooping cranes left in the wild.

www.savingcranes.org International Crane Foundation

New Moon – The “New Moon” phase of the moon is when the moon is fully hidden in the earth’s shadow from the sun. A clear night during a new moon is a prime opportunity for stargazing. The new moon will occur at 1:43PM CST, 18:43 UTC.



Amnesty International Day – The purpose of Amnesty International is to help protect the human rights of people around the world.

www.amnesty.org

www.amnestyusa.org

www.amnesty.org/en/who-we-are/history

National Senior Health and Fitness Day (last Wednesday) - This was started in 1993.

www.fitnessday.com



Thursday, May 29
Day 149 216 Days Remaining

Pink Flamingo Day - The pink flamingo lawn ornament was created by Don Featherstone in 1957.

Paper Clip Birthday - The paper clip was patented in 1899 by Norwegian, Johan Vaaler.

Rhode Island Admission Day - Rhode Island became the 13th state on this day in 1790.
www.rihs.org

Wisconsin Admission Day - Wisconsin became the 30th state on this day in 1848.
www.wisconsinhistory.org

Birthday of President John F. Kennedy (May 29, 1917 – November 22, 1963) - He was the thirty-fifth president.

www.whitehouse.gov/about/presidents/johnfkennedy

www.jfklibrary.org John F. Kennedy Presidential Library & Museum
www.johnfkennedy.org



Friday, May 30
Day 150 215 Days Remaining

Hug Your Cat Day (listed in some places as June 4)

Ice Cream Freezer Birthday – An ice cream freezing machine operated with a hand crank was patented by William G. Young on this day in 1848.

Water a Flower Day – By this time of the year, flowers and other plants may not receive sufficient rain and may require additional water.

Indianapolis 500 Anniversary - The first Indianapolis 500 was held on this day in 1911.

www.indy500.com

www.indianapolismotorspeedway.com



Saturday, May 31
Day 151 214 Days Remaining

National Macaroon Day

Bicycle Race Day - The first official bicycle race was held on this day in 1868.

Copyright Law Anniversary - The first federal copyright law in the U.S. was signed by President George Washington on this day in 1790.

"Make My Day" Day – Today is the birthday of Clinton "Clint" Eastwood, Jr. (May 31, 1930). He is best known for playing macho characters such as cowboys and police officers. The actor first spoke the phrase, "Go ahead, make my day," in the movie *Sudden Impact* in 1983.

www.clinteastwood.net

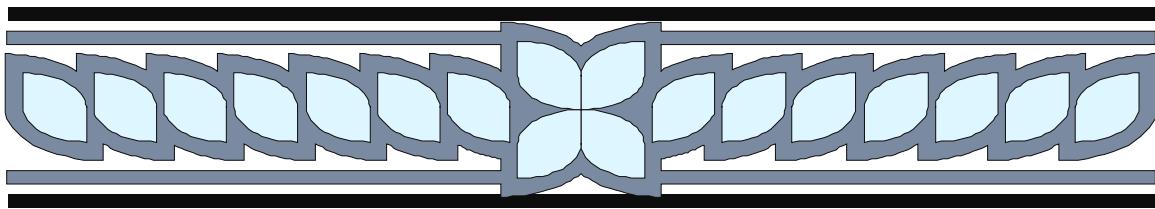
Save Your Hearing Day

www.asha.org American Speech-Language-Hearing Association

World No Tobacco Day - The World Health Organization created this day in 1987 to discourage the use of all forms of tobacco around the world for 24-hours.

www.who.int

Week-Long Events in MAY



National Family Reading Week (week ending the first Saturday)

Let everyone take turns readying aloud from their favorite book.

Eat Dessert First Week (1 - 7)

This week is not just about food, it is about not always doing chores and errands before the fun stuff - and often having no time left for fun. Obviously some chores have to be done but others can wait. So this week do only what chores are necessary and spend the rest of the time having fun.

International Pen-Friends Week (1 - 7)

Letter writing is becoming a lost art. Actually writing a letter requires more effort than simply sending an e-mail, so it means more to receive a hand-written letter. Taking the time to hand-write a letter means you really care.

Take a Smart Risk Week (1 - 7)

Being smart means to carefully consider the risk involved in any decision or action.

Peace of Mind Week (1 - 7)

Peace of mind is achieved when things are put into proper perspective.

National Physical Education and Sport Week (1 - 7)

www.aahperd.org/naspe/ National Association for Sports and Physical Education

National Be Kind to Animals Week® (first full week)

This was started in 1915 by the American Humane Association.

www.americanhumane.org

PTA® Teacher Appreciation Week (first full week)

www.pta.org

National Astronomy Week (5 - 11, 2014, starts the Monday before Astronomy Day)

www.astroleague.org The Astronomical League

<https://twitter.com/NAW2014>

Get Happy Week (first week)

Do things you really enjoy, and spread as much happiness as possible this week.

www.sohp.com Secret Society of Happy People

National Hug Holiday Week (first full week)

Everybody needs a hug now and then.

www.hugs4health.org Hugs for Health Foundation

Suicide Awareness Week (first full week)

Know the signs of potential suicide. Recognizing these signs may help someone get the help they need before it's too late.

www.suicidology.org American Association of Suicidology

National Historic Preservation Week (first full week)

This was created in 1973 by the National Trust for Historic Preservation®.

www.preservationnation.org

Work at Home Moms Week (first full week)

Working at home while raising a family can be rewarding but challenging as well. Be sure to get out of the house occasionally and take time for yourself.

Flexible Work Arrangement Week (first full week)

If you can demonstrate that you can be as efficient, or even more efficient, working outside the normal parameters of your job, you can often negotiate a more flexible working situation for yourself.

Brain Tumor Action Week (first full week)

www.nabraintumor.org North American Brain Tumor Coalition.

North American Occupational Safety and Health Week (first full week)

www.asse.org American Society of Safety Engineers

Goodwill Industries Week (first full week)

Think twice before you throw away clothes, toys, or anything you no longer want but that is in good shape. Your local Goodwill store would like to have it. You will not only be providing someone with a low-cost usable item but jobs for everyone who works for Goodwill. When you take your donations, look around, you might be surprised at what you find.

www.goodwill.org Goodwill Industries International, Inc.

National Travel and Tourism Week (first full week)

This was designated by Congress in 1983.

www.ustravel.org U.S. Travel Association

Multiple Chemical Sensitivity (MCS) Awareness Week (first full week)

MCS is a sensitivity to various toxins in the world around us. This can be pesticides, fragrances, cleaning products, detergent, gasoline fumes, smoke of various kinds, and anything else released into the air. Many people have unknown symptoms that could be caused by MCS.

www.ourlittleplace.com/mcs.html

Children's Mental Health Awareness Week (first full week)

This was designated in 1996 by the National Federation of Families for Children's Mental Health.

<http://ffcmh.org>

National Mental Health Counseling Week (first full week)

www.amhca.org American Mental Health Counselors Association

National Pet Week (first full week)

www.aspca.org

National Postcard Week (first full week)

National Nurses Week (6 - 12, week ending on Florence Nightingale's birthday)

www.calendar-updates.com/info/holidays/us/nurse.aspx

National Wildflower Week (second week)

National Etiquette Week (work week beginning the second Monday)

Good manners are always appropriate.

Food Allergy Awareness Week (second full week)

www.foodallergy.org Food Allergy and Anaphylaxis Network

Stuttering Awareness Week (second full week)

This was designated by Congress in 1988. Stuttering is a speech impediment and not a measure of intelligence or the lack thereof. If someone stutters, be patient with him or her. Let them finish their own sentences.

www.stutteringhelp.org Stuttering Foundation®

Online Romance Week (second full week)

www.onlinedatingsafetytips.com

Cover the Uninsured Week (second full week)

www.rwjf.org/en/about-rwjf/program-areas/coverage.html

National Hospital Week (second full week)

This is said to be the largest health related event of the year.

www.nationalhospitalweek.com

Reading is Fun Week (second full week)

www.rif.org Reading is Fundamental

National Women's Health Week (second full week)

Encourage the women you know to eat healthy, get plenty of exercise, have regular checkups, stop smoking and get enough sleep.

www.womenshealth.gov

National Nursing Home Week® (second full week)

If you know anyone in a nursing home, visit them. You spending time with them will mean so much to them. Even if you don't know anyone in a nursing home, volunteers are always welcome.

www.ahcancal.org American Health Care Association

National Alcohol and Other Drug-Related Birth Defects Week (second full week and previous Friday and Saturday)

www.ncadd.org National Council on Alcoholism and Drug Dependence, Inc.

Children's Book Week (12 - 18, 2014, date varies)

This was previously celebrated the third week in November.

www.cbcbooks.org Children's Book Council

Armed Forces Week (from the second Saturday to the third Sunday)

www.defense.gov/afd/

www.armedforces.org

National Police Week (week that includes the 15th)

According to President George W. Bush, “Peace Officers Memorial Day and Police Week pay tribute to the local, State, and Federal law enforcement officers who serve and protect us with courage and dedication. These observances also remind us of the ongoing need to be vigilant against all forms of crime, especially to acts of extreme violence and terrorism.”

www.policeweek.org

National Transportation Week (week that includes the third Friday)
This was designated by President John Kennedy in 1962.

www.ndtahq.com/events_national_trans_week.htm

International Coaching Week (third full week)
www.coachfederation.org

National Running and Fitness Week (third full week)
www.americanrunning.org American Running Association

Hurricane Preparedness Week (third full week)
www.nhc.noaa.gov National Hurricane Center

Emergency Medical Services Week (third full week)
www.ems.gov
www.acep.org American College of Emergency Physicians

National Medical Transcriptionist Week (third full week)
This was designated in 1985 by President Ronald Reagan.
www.ahdionline.org Association for Healthcare Documentation Integrity

New Friends, Old Friends Week (third full week)
Make new friends and get reacquainted with old ones.

Dog Bite Prevention Week (third full week)
www.cdc.gov/HomeandRecreationalSafety/Dog-Bites/biteprevention.html Centers for Disease Control and Prevention
www.avma.org/KB/Resources/Reports/Pages/A-Community-Approach-to-Dog-Bite-Prevention.aspx American Veterinary Medical Association (tips on preventing dog bites)

National Safe Boating Week (third full week)
www.safeboatingcouncil.org National Safe Boating Council

Neuropathy Week (third full work week)
www.neuropathy.org The Neuropathy Association

Tinnitus Awareness Week (third full week)
Tinnitus is often called “ringing in the ears” but it can be many other sounds.
www.ata.org American Tinnitus Association

Bike to Work Week (third full work week)
www.bikeleague.org League of American Bicyclists

Schizophrenia Awareness Week (third full week)
www.nimh.nih.gov/health/topics/schizophrenia/index.shtml National Institute of Mental Health

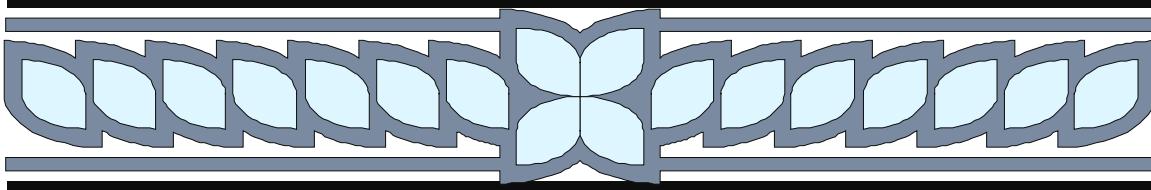
Recreational Water Illness Prevention Week (the week ending on Memorial Day)
Be sure to use hand sanitizer at the lake. Do not let your children swim if they have recently had diarrhea or other bacterial infections.
www.cdc.gov/healthywater/swimming/rwi/rwi-prevention-week/ Centers for Disease Control and Prevention.

National Backyard Games Week (last full week before Memorial Day)
This was created in 1998 by Patch Products.

Click It or Ticket (last Monday to Sunday)
This was previous called Buckle Up American Week.
www.nhtsa.gov/nhtsa/2012ciot/index.html National Highway Traffic Safety Administration.

Older Americans Mental Health Week (last full week)
This was designated by The voice of Midlife and Older Women.
www.owl-national.org

Month-Long Events in MAY



Date Your Mate Month

Creative Beginnings Month
www.exploringwomanhood.com/mindbodysoul/creativitymuscle.htm

National Bike Month
www.bikeleague.org League of American Bicyclists

Tennis Month
www.usta.com United States Tennis Association

Book Month

www.nationalbook.org National Book Foundation

Get Caught Reading Month - As designated by the Association of American Publishers in 1999.

www.getcaughtreading.org

Philatelic Exhibition Month

www.stamps.org The American Philatelic Society

Hope Chest Month**Moving Month****Personal History Month**

www.ancestry.com

Recommitment Month**School's Out Month****Young Achievers Month**

www.youngachievers.us Young Achievers International

National Business Image Improvement Month® - This event was founded by Debbie Allen.

www.debbieallen.com

Classified Ads Month

<http://craigslist.org>

Jewish American Heritage Month

www.jewishheritagemonth.gov

Asian American & Pacific Islander Heritage Month

www.cdc.gov/Features/AAPIHeritageMonth/ Centers for Disease Control and Prevention

Law Enforcement Month

National Military Appreciation Month – First designated by the United States Senate in 1999 and designated by both houses of Congress in 2004.

www.nmam.org

Older Americans Month – First designated in 1963 as “Senior Citizens Month” by President John Kennedy. President Jimmy Carter changed the name to “Older Americans Month” in 1980.

www.aoa.gov Administration on Aging

Professional Photographer's Month

www.ppa.com Professional Photographers of America

Revise Your Work Schedule Month

Barbecue Month

www.barbecuen.com Barbecue'n on the Internet

Egg Month

www.aeb.org American Egg Board

Hamburger Month

www.gone-ta-pott.com/national_hamburger_month.html

Salad Month

Salsa Month

Strawberry Month

Clean Air Month

www.cdc.gov/pcd/issues/2011/jul/10_0200.htm Centers for Disease Control and Prevention

www.lung.org American Lung Association®

Motorcycle Safety Awareness Month

<http://online2.msf-usa.org/msf/> Motorcycle Safety Foundation

Better Sleep Month

www.bettersleep.org Better Sleep Council

Sight-Saving and Ultraviolet Awareness Month

www.preventblindness.org Prevent Blindness America®

Correct Posture Month

http://my.clevelandclinic.org/healthy_living/Back_health/hic_Posture_for_a_Healthy_Ba ck.aspx The Cleveland Clinic

Family Wellness Month

Healthy Vision Month

www.lowvision.org The Low Vision Gateway
www.preventblindness.org Prevent Blindness America®

Prom/Graduation Safety Month

<http://alcoholism.about.com/cs/teens/a/blcc030514.htm> Dangerous Season for Teens
<http://life.familyeducation.com/drugs-and-alcohol/communication/51061.html> Talking with Your Teens about Drugs and Alcohol.

National Physical Fitness and Sports Month

www.fitness.gov President's Council on Fitness, Sports and Nutrition

Women's Health Care Month

www.womenshealth.gov

National Arthritis Month

www.cdc.gov/Features/ArthritisAwareness/ Centers for Disease Control and Prevention
www.arthritis.org The Arthritis Foundation

National Asthma and Allergy Awareness Month

www.cdc.gov/Features/AsthmaAwareness/ Centers for Disease Control and Prevention
www.aafa.org Asthma and Allergy Foundation of America

Better Hearing and Speech Month

www.asha.org American Speech-Language-Hearing Association

National Celiac Awareness Month (started in 1987, originally in October)

www.celiac.org Celiac Disease Foundation
<http://americaneliac.org/celiac-disease/> American Celiac Disease Alliance

Childhood Stroke Awareness Month – Stroke: It's not just an adult condition.

www.pediatricstroke.org/stroke_facts.htm

National Digestive Diseases Awareness Month - As designated by President Ronald Reagan in 1987.

www.pediatricstroke.org/stroke_facts.htm Digestive Disease National Coalition

Fibromyalgia Education and Awareness Month

www.fmaware.org National Fibromyalgia Association

Hepatitis Awareness Month - As designated by the Centers for Disease Control and Prevention in 2001.

www.cdc.gov/hepatitis/

National High Blood Pressure Education Month

www.cdc.gov/Features/HighBloodPressure/ Centers for Disease Control and Prevention
<http://hp2010.nhlbihin.net/nhbpep.htm> National High Blood Pressure Education Program

Huntington's Disease Awareness Month
www.hdsa.org Huntington's Disease Society of America

Lupus Awareness Month
www.lupus.org Lupus Foundation of America

Lyme Disease Awareness Month
www.lyme.org Lyme Disease Foundation

Melanoma/Skin Cancer Detection and Prevention Month® - Also Skin Cancer Awareness Month
www.cdc.gov/Features/SkinCancer/ Centers for Disease Control and Prevention
www.skincancer.org Skin Cancer Foundation
The American Academy of Dermatology and Melanoma.com.
<http://cancer.about.com/od/skincancermelanoma/a/skincanceraware.htm>
www.cancersupportcommunity.org
www.americancancerfund.org
www.meanoma.com

Mental Health Month
www.nmha.org National Mental Health Association
www.mentalhealthamerica.net Mental Health America

National Neurofibromatosis Month - See
www.nfnetwork.org Neurofibromatosis Network
www.ctf.org Children's Tumor Foundation

National Osteoporosis Awareness and Prevention Month
www.nof.org National Osteoporosis Foundation

Stroke Awareness Month – If you suspect someone has had a stroke ask them to: smile, repeat a simple sentence, raise both arms and stick out their tongue. If they have problems with even one of those things call 911 immediately.
www.cdc.gov/Features/Stroke/?s_cid=ncbddd_govd_087 Centers for Disease Control and Prevention
www.stroke.org National Stroke Association

Sturge-Weber Awareness Month
www.sturge-weber.org The Sturge-Weber Foundation

National Teen Pregnancy Prevention Month - See
www.thenationalcampaign.org The National Campaign to Prevent Teen and Unplanned Pregnancy
www.advocatesforyouth.org Advocates for Youth

National Toxic Encephalopathy and Chemical Injury Awareness Month - Every day we are exposed to hundreds of chemicals, many of which are known to alter the normal activity of the nervous system.

www.national-toxic-encephalopathy-foundation.org National Toxic Encephalopathy Foundation

Trauma Awareness Month

www.amtrauma.org American Trauma Society

Tuberous Sclerosis Awareness Month

www.tsalliance.org Tuberous Sclerosis Alliance



JUNE

~ June 2014 ~						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14 Flag Day
15 Father's Day	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	Notes:				

Flower - Rose (signifies happiness, love and friendship)

Alternate Flower - Honeysuckle

Birthstone - Pearl (signifies longevity and purity)

Alternate Birthstones - Moonstone, Alexandrite

Name Origin - named for Juno, Roman goddess of marriage



Sunday, June 1
Day 152 213 Days Remaining

International Children's Day – The World Conference for the Well-being of Children in Geneva, Switzerland, proclaimed June 1 to be International Children's Day in 1925.

http://en.wikipedia.org/wiki/Children%27s_Day

<http://childrensrightsportal.org/focus/childrens-day/>

<http://nswchildrensweek.org.au/>

<http://knol.google.com/k/children-s-day-in-india#>

Artists of America Day

www.alliedartistsofamerica.org/ Allied Artists of America

Dare Day – Dare to do something today that you have been wanting to do but couldn't get up the courage to.

Flip a Coin Day - Today is a day for easy decision making, just flip a coin and follow the results. Coin flipping dates back to ancient times.

Stand for Children Day – The mission of Stand for Children is "to use the power of grassroots action to help all children get the excellent public education and strong support they need to thrive".

www.stand.org

Superman's Birthday – The first Superman comic was published on this day in 1938.

Kentucky Admission Day - Kentucky became the 15th state on this day in 1792.

Tennessee Admission Day - Tennessee became the 16th state on this day in 1796.

National Cancer Survivors Day® (first Sunday)
www.ncsdf.org National Cancer Survivors Day Foundation

National Child's Day (first Sunday) - Designated by President George W. Bush in 2001.



Monday, June 2
Day 153 212 Days Remaining

National Rocky Road Day – A good day for some rocky road ice cream.

Heirloom Seeds Day - Heirloom seeds are open-pollinated and if saved will produce the same variety when planted. Most seeds planted today are hybrid crosses between two different varieties. Their seeds either won't grow or revert back to the parent plants. It is very important to keep heirloom seeds in case certain hybrids develop problems we can go back to original seeds and create new hybrids.

www.treehugger.com/lawn-garden/10-best-seed-companies-selected-by-readers.html

www.mypatriotsupply.com

www.edenbrothers.com/heirloomseeds

www.anniesheirloomseeds.com

www.heirloomseeds.com

http://rareseeds.com

www.seedsavers.org

http://sustainableseedco.com

www.victoryseeds.com

www.ohioheirloomseeds.com

www.amishlandseeds.com

I Love My Dentist Day – Show some appreciation to the person who keeps you smiling.

National Bubba Day – Today, Bubba, is your day!



Tuesday, June 3
Day 154 211 Days Remaining

Ice Cream Cone Day – The ice cream cone was (possibly) invented by Antonio Valvona in England in 1902.

<http://whatscookingamerica.net/History/IceCream/IceCreamCone.htm>

National Hunger Awareness Day

<http://feedingamerica.org> Feeding America (formerly called America's Second Harvest)

Love Conquers All Day – “Love conquers all” is a translation of the Latin “omnia vincit amor,” a phrase from Eclogue X by Virgil.

Repeat Day - Do things today that you don't mind repeating over and over.

Repeat Day - Do things today that you don't mind repeating over and over.

U. S. Air Force Academy Day - The first class graduated on this day in 1959.

www.usafa.af.mil

First American Space Walk - On this day in 1965 Astronaut Edward H. White (November 14, 1930 – January 27, 1967) became the first American to walk in space.

www.hq.nasa.gov/office/pao/History/Apollo204/zorn/white.htm

Birthday of Jefferson Davis - Confederate States of America President, Jefferson Davis (June 3, 1808 – December 6, 1889).

www.civilwarhome.com/jdavisbio.htm

www.civilwar.org/education/history/biographies/jefferson-davis.html

www.tulane.edu/~latner/Davis.html

www.history.com/topics/jefferson-davis

<http://jeffersondavis.rice.edu/>

www.beauvoir.org Beauvoir, the Jefferson Davis Home and Presidential Library



Wednesday, June 4
Day 155 210 Remaining

Shavuot – A major Jewish holiday, Shavuot (Festival of Weeks) commemorates the giving of the Torah (the Law) at Mount Sinai some fifty days after leaving Egypt.

<http://www.hebcal.com/holidays/2013-2014>

Hug Your Cat Day (listed in some places as May 30)

Ford Car Birthday - The first Ford car was manufactured on this day in 1896.

Lassie's Birthday - The dog that first played Lassie (in the movie *Lassie, Come Home*) was born on this day in 1940.

Old Maid's Day – An “old maid” is an adult woman who has never been married.

Apple Computer Day

www.apple.com

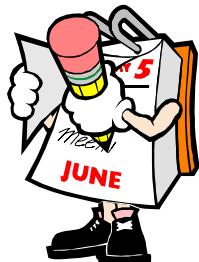
First Hot Air Balloon Flight – On this day in 1783, brothers, Joesph and Jacques Montgolfier, gave the first public demonstration of their hot air balloon. On that flight no one was in the balloon.

Birthday of Aesop – This is possibly the birthday of Aesop in 620 BC.

National Leave the Office Early® Day (first Wednesday) – Only celebrate this day if your boss agrees. This was created by author and speaker, Laura Stack.

www.theproductivitypro.com

Tailors Day (first Wednesday)



Thursday, June 5
Day 156 209 Days Remaining

National Attitude Day – As Zig Ziglar has said, “Your attitude will determine your altitude.” Improve your attitude and see what a difference it makes.

World Environment Day - This was designated by the United Nations in 1973.

National Gingerbread Day

Robert Kennedy Assassination Anniversary - On this day in 1968, Bobby Kennedy was assassinated shortly after a victory speech following his win in the California presidential primary election.



Friday, June 6

Day 157 208 Days Remaining

National Applesauce Cake Day – Applesauce can be substituted for oil in most cake recipes to lower fat and calories.

Gardening Exercise Day – Gardening is good exercise and good for the soul.

National Yo-Yo Day - This is the birthday of Donald Duncan, Sr.(June 6, 1892 – May 15, 1971), founder of the Duncan Company.

Drive-in Theater Birthday - The first drive-in theater opened on this day in Camden, New Jersey in 1933.

YMCA Birthday - The Young Men's Christian Association was founded on this day in 1844 in London England.

D-Day Commemoration (WWII) - This day commemorates the Normandy Invasion during WWII in 1944.

www.dday.org The National D-Day Memorial Foundation

Donut Day (first Friday) - This was created in 1938 by the Salvation Army as a fund raiser and to honor women volunteers who served donuts to soldiers during WWI.

www.salvationarmyusa.org



Saturday, June 7

Day 158 207 Days Remaining

National Chocolate Ice Cream Day

June Bug Day

National Cheerleading Coaches Day

www.aacca.org American Association of Cheerleading Coaches and Administrators

Native American Appreciation Day

VCR Birthday – The VCR (Video Cassette Recorder) was introduced on this day in 1975. Sony's Betamax format was the first to be used, but was later replaced by the VHS (Video Home System) format developed by JVC (Victor Company of Japan).

Daniel Boone Day - On this day in 1769 Daniel Boone entered what would eventually become Kentucky.

Susan G. Komen Global Race for the Cure Day (first Saturday) - This is held in Washington, D.C.

<http://ww5.komen.org> Susan G. Komen for the Cure®

National Trails Day® (first Saturday) – Find a trail near you and take a hike.
www.americanhiking.org The American Hiking Society

National Family Recreation Day (first Saturday) – The family that plays together stays together. Find some recreational activities that the whole family can participate in together.

www.ehow.com/fitness/



Sunday, June 8
Day 159 206 Days Remaining

Best Friends Day – “A man that hath friends must shew himself friendly: and there is a friend that sticketh closer than a brother.” Proverbs 18:24

Ice Cream Day - On this day in 1789, commercially made ice cream was first sold in the U.S. in New York City.

Vacuum Cleaner Birthday - On this day in 1869, Ives McGaffey patented the first mechanical device that cleaned rugs. It was called a “sweeping machine.”

World Oceans Day - This was designated by the United Nations in 2009.
<http://worldoceansday.org>

Abused Women and Children Awareness Day (second Sunday) - If you suspect a child is being abused don't hesitate to report it to some authority, whether the police, child

protective services, or family doctor. If you suspect a woman friend is being abused try bringing up the subject. If she denies it just let her know you are there for her if she wants to talk. If you think her life is in danger, discuss the situation with other friends or family members.

<http://cawc.org> Connections for Abused Women and their Children

Children's Day (second Sunday) - This has been designated by several different organizations and churches.

www.nationalchildrensday.us

http://en.wikipedia.org/wiki/Children%27s_Day

Race Unity Day (second Sunday). This was created in 1957 by the National Spiritual Assembly of the Baha'is. This has grown to include issues involving all types of prejudice.

www.raceunitydaysa.com/main.html

Write to Your Father Day (second Sunday) – The time and effort it takes to hand-write a letter is a sincere expression of love and care.



Monday, June 9
Day 160 205 Days Remaining

Profess Your Love Day

Donald Duck Day - The Donald Duck character was introduced on this day in 1934 in the film *The Wise Little Hen*.

<http://disney.go.com/mickeymouse/donald.html>

Alcoholics Anonymous Birthday - Alcoholics Anonymous was started in 1935 by Bill Wilson and Dr. Bob Smith as a way for alcoholics to help and support each other while getting and staying sober.

www.aa.org



Tuesday, June 10

Day 161 204 Days Remaining

Iced Tea Day – This is said to be a Southern refreshment in the Summer, but it can be enjoyed anytime and anywhere.

Where the Wild Things Are Day – Birthday of Maurice Sendak (June 10, 1928 – May 8, 2012), author of the children's book, *Where the Wild Things Are*.

First Tornado Anniversary - One of the first tornadoes ever recorded in the United States occurred near New Haven, Connecticut in 1682. There are other surviving written reports from the 1600's that describe what may have been tornadoes.

www.ready.gov/tornadoes Tornado Safety Tips



Wednesday, June 11

Day 162 203 Days Remaining

First Women Generals Day - On this day in 1970, Anna Mae Hays and Elizabeth Hoisington received their ranks as U.S. Army Generals.

Birthday of Joe Montana - This football player was born on this day in 1956.

Escape from Alcatraz Day - On this day in 1962, Frank Morris, and John and Clarence Anglin escaped from Alcatraz prison and set off on a make-shift raft. Parts of the raft was found on a nearby island. The official investigation concluded the men drowned while trying to swim to the mainland though a few people think they may have made it to shore.



Thursday, June 12
Day 163 202 Days Remaining

Honey Moon (Full Moon) – The “Full Moon” phase of the Moon is when it is entirely outside of the Earth’s shadow from the Sun. On a clear night, the full moon can give enough light to make it possible to read a newspaper. The full moon in June is called the “Honey Moon,” not to be confused with the trip newlyweds take. Some other popular names for this month’s full moon are the “Flower Moon,” “Rose Moon,” or “Strawberry Moon.” The full moon will occur at 11:13PM CST (June 13, 2014 04:13 UTC).



Taco Day (also celebrated on October 4)

Turtle Races Day

Automotive Service Professionals Day - This was started in 2005 by The National Institute for Automotive Service Excellence.

<https://www.ase.com>

Birthday of Anne Frank - Anne Frank was born on this day in 1929.

Birthday of President George Bush – George Herbert Walker Bush (born June 12, 1924) was the forty-first president of the United States of America.

www.whitehouse.gov/about/presidents/

Career Nurse Assistants Day (second Thursday) - This was started in 1977 and recognizes nursing assistants who work in nursing homes and long-term care centers.
<http://cna-network.org> National Network of Career Nursing Assistants



Friday, June 13

Friday the Thirteenth – Many superstitious people consider this to be an unlucky day. This will be the only Friday the 13th this year. There is also a full moon tonight, which adds considerably to the promotional possibilities.



Friday the Thirteenth can be an excellent day (or night) for a promotional event:

- Declare it to be an unlucky day for your company or store, and a lucky day for your customers. “Our loss is your gain.”
- Make the unlucky group the customers that didn’t hear about your “Lucky Sale” because they chose to not venture out on this day.
- Combat the forces of fortune by counteracting this day with a “Lucky Sale.”
- Dispute the notion that this is an unlucky day. To prove it, make a special offer.
- Since there is also a full moon tonight, announce that your business owner has gone crazy and slashed all the prices in the store. Or that he is giving away stuff for free.
- Have store employees wear werewolf costumes.
- Have a Midnight Madness sales event, with store or office hours extended into the night.
- Make it a family affair, with face painting, balloons, prizes, candy, food, etc.

Taking advantage of the notoriety of Friday the 13th and using it to promote your business is a *great promotional idea!*



Blame Someone Else Day (first Friday the 13th of the year) - Unfortunately some people seem to celebrate this every day.

Weed Your Garden Day

Kitchen Klutzes Of America Day

Saint Anthony of Padua Feast Day - Anthony of Padua is the saint called for help in finding lost possessions. He died on this day in 1231.

Work at Home Fathers Day (Friday before Father’s Day) - This day honors fathers who work from home so they have more time with their families.



Saturday, June 14
Day 165 200 Days Remaining



Flag Day - On this day in 1777, the Continental Congress adopted the Stars and Stripes as the official U.S. flag.

Family History Day – Ask the oldest living members of your family about your family history. They have some amazing stories to tell. There are websites that can assist you in tracing your family tree.

<http://www.cyndislist.com/us/>
<http://ancestry.com>

Pig Callers Day

World Blood Donor Day – Donating blood is one of the easiest things a person can do, and it is vital to saving lives.

<http://www.who.int/campaigns/world-blood-donor-day/2013/en/index.html>
<http://www.edqm.eu/en/World-Blood-Donor-Day-1381.html>

Blood Type Awareness Day - Checking for blood type is not a lengthy process but in an emergency every second counts. Knowing your blood type and having it listed on an ID card could save your life. Also if someone needs blood you will know if you are a match.

U.S. Army Birthday - On this day in 1775 Congress approved the creation of The American Continental Army.

Sandpaper Birthday - The first U.S. patents for sandpaper were issued on this day in 1834 to Isaac Fischer, Jr. of Vermont.

Wicket World of Croquet® Day (second Saturday) - This is an annual fund-raiser for the President Benjamin Harrison Foundation.

www.presidentbenjaminharrison.org

World Juggling Day (Saturday closest to June 17th) - This day was created by The International Jugglers' Association to promote the talent and skill of juggling.

www.juggle.org



Sunday, June 15

Day 166 199 Days Remaining



Father's Day (third Sunday) – Mrs. John Todd of Spokane, Washington first suggested a day to honor fathers in 1910.

www.usa.gov/Citizen/Topics/Fathers-Day.shtml

Smile Power Day – A smile is powerful. It can instantly change a person's demeanor from sad to glad. Smile, and experience the power of happiness.

A Friend in Need is a Friend Indeed Day – Thank a friend, be a friend.

Nature Photography Day - This was started in 2005 by the North American Photography Association.

Fly a Kite Day - Ben Franklin flew a kite in a lightning storm as an experiment in 1752 and discovered electricity.

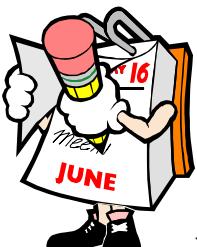
Sneak a Kiss Day - Surprise those close to you with extra kisses today, either the regular kind or the candy kind.

Recess at Work Day - This was created by Rich DiGirolamo to encourage a change in routine at work to improve morale and increase creative thinking.

Birthday of the Lion King - The Lion King was released to theaters on this day in 1994.

Native American Citizenship Day - Congress granted Native Americans U.S. citizenship on this day in 1924. It seems odd that the people who were here first had to be granted citizenship.

Arkansas Admission Day - Arkansas became the 25th state in 1836.



Monday, June 16

Day 167 198 Days Remaining

National Fudge Day

Pepsi-Cola Birthday – Pepsi-Cola was trademarked on this day in 1903.
www.pepsi.com

Fresh Veggies Day – Many communities have a farmer's market or fruit and vegetable stands providing fresh fruits and vegetables.

Cracker Jack® Birthday – The popcorn, caramel and peanut snack was invented by Frederick William Rueckheim in 1893. They didn't start putting prizes in the box until 1913.

www.crackerjackpopcorn.com

National Time Out Day – This day is intended to bring attention to surgery safety. It reminds every one involved in surgery to take time before the procedure to verify the surgery type, surgery site and patient.

www.aorn.org Association of periOperative Registered Nurses

Morticians Day



Tuesday, June 17
Day 168 197 Days Remaining

Bake Your Own Bread Day – Baking your own bread is not as difficult as some people think it is.

Eat Your Vegetables Day – Make a conscience effort to eat more vegetables today. Then continue each day until it becomes a healthy habit.

World Day to Combat Desertification

www.unccd.int United Nations Convention to Combat Desertification

Statue of Liberty Day - The Statue of Liberty arrived in New York City on this day in 1885.

International Violin Day - Composer, Igor Stravinsky, was born on this day in 1882.



Wednesday, June 18

Day 169 196 Days Remaining

International Picnic Day – Today is a great day for a picnic lunch.

National Splurge Day – To splurge means to spend a little more than you would normally do to enjoy something especially nice.

Go Fishing Day - The first American fly-casting tournament was held on this day in 1861 in Utica, New York.



Thursday, June 19

Day 170 195 Days Remaining

Birthday of Garfield the Cat - Jim Davis' Garfield comic strip debuted on this day in 1978.

Butterfly Day – In addition to being beautiful, butterflies play an important role in the environment.

Sauntering Day - This is a day to slow down and take time to look around as you stroll. You may find that changing the pace of your walk also lowers your stress level.

Juneteenth - This day commemorates the ending of slavery in the United States.
www.juneteenth.com



Friday, June 20

Day 171 194 Days Remaining

Ice Cream Soda Day – Enjoy an ice cream soda today.

Vanilla Milkshake Day – This day honors the vanilla milkshake.

Plain Yogurt Day – Plain yogurt is, well, plain. Add some fruit to liven it up.

American Eagle Day

www.eagles.org American Eagle Foundation

Midsummer's Eve - This is the day before Midsummer Day which dates back to ancient times and is celebrated between the 21st and 24th depending on the country.

West Virginia Admission Day - West Virginia became the 35th state in 1863.

Take your Dog to Work Day® (third Friday) - This was started in 1999 and is sponsored by Pet Sitters International.

www.takeyourdog.com



Saturday, June 21
Day 172 193 Days Remaining

Peaches and Cream Day

National ASK Day – ASK (Asking Saves Kids) Day is about stopping and preventing violence against children.

www.cpvy.org/programs/ask/parents/ask-day/ The Center to Prevent Youth Violence

Ferris Wheel Birthday – The first Ferris Wheel opened on this day in 1893 at the World's Columbian Exposition in Chicago, Illinois.

Baby Boomer Recognition Day - This day celebrates the contributions baby boomers have made to society. According to the Census Bureau, Baby Boomers are those born between 1946 and 1964. Others set the dates as 1943 to 1960.

www.bbhq.com Baby Boomer Headquarters

Cuckoo Warning Day – An old superstition says that if a cuckoo sings today it will be a rainy summer. That could be a good thing.

Midsummer Day - This holiday dates back to ancient times and is celebrated between the 21st and 24th depending on the country.

New Hampshire Admission Day - New Hampshire became the 9th state in 1788.

Summer Solstice - This is the longest day of the year and marks the first day of summer. It is always between the 20th and 22nd.



Sunday, June 22
Day 173 192 Days Remaining

Donut Day - There are many theories of how and when donuts were invented. One theory is that they were created by American Hansen Gregory in 1847.

National Chocolate Eclair Day

Dairy Queen® Birthday - The first Dairy Queen® opened on this day in 1940 in Joliet, Illinois. An ice cream cone cost five cents. Within ten years there were more than 1,400 stores.

www.DairyQueen.com

Auto Race Day – We are not sure the origin of this day. Anytime there is something that moves, people will want to race to see which one is the fastest. This time of the year, you are likely to find some kind of auto race in your area or on television.

U.S. Department of Justice Anniversary - The United States Department of Justice was established in 1870.

www.justice.gov

Lady and the Tramp Anniversary – The Disney animated movie, *Lady and the Tramp*, was originally released on this day in 1955.

Stupid Guy Thing Day – As Mrs. Gump (Forrest Gump's mother) would always say, “Stupid is as stupid does.” All men do stupid things from time to time, and here is a day set aside to point them out.



Monday, June 23

Day 174 191 Days Remaining

National Pink Day – As the name implies, this is a day to wear the color pink.

Public Service Day – This was designated by the United Nations General Assembly in 2002 to draw attention to the value of public servants.

Typewriter Day - The first typewriter was patented in 1868 to Christopher Sholes, a mechanical engineer.



Tuesday, June 24

Day 175 190 Days Remaining

Celebration of the Senses Day - Celebrate all your senses today. Taste foods you've never tried before. Listen to a different type of music. Go outside and smell the various flowers in your yard or neighborhood. Take turns trying to identify objects while blindfolded. Go to an art museum and look at the paintings.

Swim a Lap Day - Swimming is a good way to have fun and keep fit at the same time.

Jack Dempsey Day – Birthday of William Harrison “Jack” Dempsey (June 24, 1895 – May 31, 1983), an American professional boxer, also known as “The Manassa Mauler.”

Flying Saucer Day - The first reported UFO sighting was on this day in 1947 by pilot Kenneth Arnold near Mt. Rainier in Washington state.



Wednesday, June 25
Day 176 189 Days Remaining

Strawberry Parfait Day

Tennis Shoe Birthday - Rubber-soled shoes with canvas tops were made by various companies in the early 1900's but it wasn't until 1947 that Adidas created sport-specific tennis shoes.

Birthday of Paddington Bear™ - The first Paddington Bear book was published in 1958.

www.paddingtonbear.com

LEON Day - LEON is NOEL spelled backwards. It means six months after Christmas and six months until Christmas.



Have Christmas in June:

- Send Christmas cards to announce the event.
- Have Santa Claus wearing red and white beachwear instead of his regular red and white fur suit. Have him arrive on a Harley motorcycle or in a stretch limousine.
- Have a palm tree instead of a fir tree for a Christmas tree. Decorate with colored lights.
- Sing or play Christmas music with a twist for Summer. Change the words to fit the occasion.
- Some possible slogans or advertising messages: "Beat the holiday rush." "Santa's coming early this year." "Why wait? Buy now!"



National Catfish Day - Designated in 1987 by President Ronald Reagan to celebrate the value of farm-raised catfish.

Korean War Anniversary - The Korean War started on this day in 1950 and ended on 27 July 1953.

Log Cabin Day - This was designated by The Log Cabin Society in 1986. They promote the preservation of existing log cabins.

www.michigan.org/property/log-cabin-society-of-michigan/

Virginia Admission Day - Virginia became the 10th state in 1788.

<http://marg.mhost.com/vahistory.html>

<http://xroads.virginia.edu/~hyper/vaguide/history.html>

www.vahistorical.org/storyofvirginia.htm

www.vahistorical.org Virginia Historical Society

www.history.com/topics/virginia



Thursday, June 26
Day 177 188 Days Remaining

National Chocolate Pudding Day

Baseball Day – Abner Doubleday (June 26, 1819 – January 26, 1893) has been credited as the inventor of baseball, but he never claimed to have invented or even played the game.

www.nndb.com/people/443/000022377/

Toothbrush Birthday - Bristle toothbrushes were first used in China in 1498. They used boar bristles attached to bone or bamboo handles.

Beauticians Day

Bar Code Birthday - The first UPC grocery scanner was installed at a supermarket in Troy, Ohio in 1974. The first product to carry a UPC bar code was Wrigley's gum.

www.wrigley.com

www.wrigley.com/global/about-us/history-of-gum.aspx

Rat-catchers Day - This celebrates the legend of the Pied Piper of Hamelin. According to Wikipedia the poem by Robert Browning uses the date 22 July 1376 as the day the

Pied Piper led the children from the town of Hamelin, while the Brothers Grimm give it as 26 Jun 1284. This could be a good day for exterminators to promote their businesses.



Friday, June 27

Day 178 187 Days Remaining



Korean War Armistice Day

New Moon – The “New Moon” phase of the moon is when the moon is fully hidden in the earth’s shadow from the sun. A clear night during a new moon is a prime opportunity for stargazing. The new moon will occur at 3:10AM CST, 08:10 UTC.



“Happy Birthday” Birthday - The song “Happy Birthday” was composed on this day in 1859 by teacher, Mildred J. Hill.

Decide to Be Married Day

National Orange Blossom Day

Sunglasses Day – Sunglasses are very important for people of any age. Years of exposure to the sun contribute to cataracts and macular degeneration.

Birthday of Helen Keller – Helen Keller (June 27, 1880 – June 1, 1968) was the first deaf and blind person to earn a Bachelors Degree. She became an author and political activist.

www.braillebug.org/helen_keller_bio.asp American Foundation for the Blind

www.hki.org/about-helen-keller/ Helen Keller International

www.helenkellerbirthplace.org Helen Keller Birthplace

www.afb.org/section.aspx?FolderID=1&SectionID=1

www.history.com/topics/helen-keller

Birthday of Captain Kangaroo – Robert James “Bob” Keeshan (June 27, 1927 – January 23, 2004) played the title character on the children’s television program *Captain Kangaroo* from 1955-84.

www.tv.com/shows/captain-kangaroo/

www.tvparty.com/lostterrytoons.html

www.cbsnews.com/2100-207_162-595419.html

HIV Testing Day

www.napwa.org National Association of People with AIDS



Saturday, June 28
Day 179 186 Days Remaining

National Handshake Day – A handshake is a very effective tool of persuasion. A handshake is not just for greeting. Shaking a customer’s hand at the conclusion of a purchase transaction will help to solidify the sale. Use this day to improve your handshake. Have your friends give you their opinion of your handshake. Many of us have experienced bad handshakes – either too hard, too limp, sweaty, dirty, smelly, etc. Make your handshake the best it can be, and use it often.

Insurance Awareness Day - Our lives are constantly changing. It makes good sense to review our insurance coverage to be sure it is sufficient.

World War I Commemoration - Archduke Franz Ferdinand of Austria was assassinated on this day in 1914. This is considered by many as the trigger that started World War I, after years of conflict between many European countries.

Descendants Days (last Saturday) - This is a day for everyone to contemplate how their actions will impact future generations.

Great American Picnic Day (last Saturday) - This is a great day to pack a picnic and make your weigh to a lake or park. If time is limited, a backyard picnic can be fun as well.



Sunday, June 29

Day 180 185 Days Remaining

Camera Day

Waffle Iron Day – If you have a waffle iron, it is super easy to make waffles.

Remote Control Day - The first TV remote control was developed by Zenith in 1952. It was a radio control that mechanically advanced the actual channel knob on the television. Considered an expensive luxury, it was many years later before they became common place. Most people just had their kids get up and adjust the controls.



Monday, June 30

Day 181 184 Days Remaining

Corvette's Birthday - The Corvette was introduced on this day in 1953.

www.chevrolet.com/corvette-sports-cars.html

www.corvettemuseum.org

www.corvettaracing.com

www.corvette.net

Leap Second Time Adjustment Day - This is a one-second adjust made as needed on June 30 and December 31 to keep Coordinated Universal Time close to mean solar time.

www.its.blrdoc.gov/fs-1037/dir-009/_1277.htm

<http://earthsky.org/human-world/leap-year-leap-second-2012-utc-debate>

Meteorite Day – This is the anniversary of the 1908 Tunguska Event.

www.icr.org/research/index/researchp_sa_r05/ Institute for Creation Research
http://science.nasa.gov/science-news/science-at-nasa/2008/30jun_tunguska/
<http://earthsky.org/space/what-is-the-tunguska-explosion>

Tech Support Appreciation Day

Week-Long Events in JUNE



National Family Recreation Week (1 - 7)

Many times family members go their own way and do things with friends. This week find types of recreation that the family can participate in together. See these Family Recreation Ideas.

Volunteers Week (1 - 7)

This originated in the UK in 1984.

National Fishing Week (first week)

Step-parent Week (first week)

National Headache Awareness Week (first full week)

www.headaches.org National Headache Foundation

Sun Safety Week (first full week)

www.sunsafetyalliance.org Sun Safety Alliance

Tire Safety Week (first full week)

This was created in 2001 by the Rubber Manufacturers Association.

www.rma.org

National Garden Week (first full week)

www.gardenclub.org National Garden Clubs

Dystonia Awareness Week (first full week and previous Saturday)

www.dystonia-foundation.org Dystonia Medical Research Foundation

National Men's Health Week (week before and including Father's Day)

www.menshealthmonth.org/week/index.html

National Little League® Baseball Week (starts the second Sunday)

This was designated by President Eisenhower in 1959.

www.littleleague.org

National Nursing Assistants Week (starts the second Thursday)

This was started in 1977 and recognizes nursing assistants who work in nursing homes and long-term care centers.

<http://cna-network.org> National Network of Career Nursing Assistants

Automotive Service Professionals Week (second full week)

This was started in 2005 by The National Institute for Automotive Service Excellence.

www.ase.com

National Flag Week (week that includes the 14th)

Email Week (second full week)

Meet a Mate Week (second full week)

www.onlinedatingsafetytips.com

IT Appreciation Week (third week)

Thank your IT department for keeping your computers and other technical gadgets up and running smoothly.

National Forgiveness Week (third week)

Helen Keller Deaf-Blind Awareness Week (week that includes the 27th)

Helen Keller was born on June 27, 1889. She was the first deaf and blind person to earn a Bachelors Degree. She became an author and political activist.

National Grasslands Week (third week)

The Tallgrass Prairie National Reserve in Kansas is one of the many examples of groups trying to preserve native grassland.

www.kansatravel.org/tallgrassprairie.htm

Lightning Safety Week (third full week)

www.lightningsafety.noaa.gov National Oceanic and Atmospheric Administration

Universal Father's Week (third full week)

Take Your Pet to Work Week (fourth week)

Help Animals Week (fourth week)

National Camping Week (last full week)

Camping can be a fun and economical vacation option for families. Even camping in the backyard is fun for children.

Eye Safety Awareness Week (June 28 - July 6)

It is no coincidence that this week coincides with the Fourth of July. Most of us think more of fire hazards and hand injuries related to fireworks but they also cause a lot of eye injuries.

www.useironline.org U.S. Eye Injury Registry

Month-Long Events in JUNE



Rebuild Your Life Month

www.4therapy.com/life-topics/family-relationships/divorce/rebuild-rebuild-rebuild-2668

Effective Communications Month

www.communicationandconflict.com/interpersonal-communication.html Principles of Effective Interpersonal Communication

Kids Sports Month

<http://kisnyc.com/about/> Kids in Sports

National Adopt a Shelter Cat Month

www.aspca.org American Society for the Prevention of Cruelty to Animals

Aquarium Month

www.aza.org Association of Zoos and Aquariums

National Accordion Awareness Month - Established in 1989 by Tom Torriglia.

www.letspolka.com

Rivers Month

www.americanrivers.org

Perennial Gardening Month

www.growit.com

National Rose Month

www.ars.org American Rose Society

Men's Month - Designated in 1996 to raise awareness of unique issues that affect men's lives. See Menstuff®
<http://menstuff.org>

International People Skills Month
<http://ezinearticles.com/?People-Skills:-Eight-Essential-People-Skills&id=12294>

National Pest Control Month
www.pestworld.org National Pest Management Association

National Burglary Prevention Month - See Burglary Prevention Tips on ScamBusters.org.
www.scambusters.org/burglary.html

Celibacy Awareness Month – Celibacy is the only 100% guaranteed method of preventing STDs (Sexually Transmitted Diseases) and unwanted pregnancy.
www.celibrate.org/benefits.php
www.care2.com/greenliving/20-benefits-of-celibacy.html
www.essence.com/2012/09/02/meagan-good-talks-benefits-celibacy-and-makes-her-directorial-debut/
<http://health.ninemsn.com/menshealth/healthandfitness/8213998/the-facts-regarding-celibacy>
www.womensforum.com/celibacy-benefits.html

National Beef Steak Month
www.beefitswhatfordinner.com
www.beef.org

Steakhouse Month

National Candy Month
<http://candyaddict.com/blog/>

National Dairy Month
www.midwestdairy.com Midwest Dairy Association

National Fresh Fruit and Vegetables Month
www.healthy-eating-made-easy.com/fresh-fruit-and-vegetables.html

National Frozen Yogurt Month
www.makeicecream.com/recformakfro.html
www.glamour.com/health-fitness/2012/07/the-dos-and-donts-of-frozen-yogurt
www.tcby.com
www.yogurt-land.com

National Iced Tea Month - See Iced Tea Recipes
www.teavana.com/tea-info/how-to-make-iced-tea
www.republicoftea.com/iced-tea/c/27/
www.wikihow.com/Make-Iced-Tea

National Seafood Month - This was previously in October but was moved to June in 2001.
www.weloveseafood.com

Soul Food Month
www.soulfoodandsoutherncooking.com

Turkey Lovers Month
www.eatturkey.com National Turkey Federation

Hunger Awareness Month - Many people donate to food banks during the winter holidays but unfortunately hunger is a year-round problem.
<http://worldhunger.typepad.com>
<http://wsuhunger.wordpress.com/author/wsuhunger/> Wichita State University

Vision Research Month
www.lowvision.org Low Vision Gateway
www.preventblindness.org Prevent Blindness America

Child Vision Awareness Month
www.stopcmv.org The Children's Vision Information Network

Home Safety Month
www.homesafetycouncil.org

Student Safety Month
www.keepschoolssafe.org

National Aphasia Awareness Month
www.aphasia.org National Aphasia Association

National Congenital Cytomegalovirus (CMV) Awareness Month
[www.childrensvision.com](http://childrensvision.com) Children's Vision Information Network

Fireworks Safety Month (June 1 – July 4)
<http://fireworkssafety.org> The National Council of Fireworks Safety

National Hernia Awareness Month
www.webmd.com/digestive-disorders/understanding-hernia-basics

Infertility Month

www.theafa.org American Fertility Association

<http://americanpregnancy.org/infertility> American Pregnancy Association

www.asrm.org American Society for Reproductive Medicine

www.resolve.org National Infertility Association

Myasthenia Gravis Awareness Month

www.myasthenia.org Myasthenia Gravis Foundation of America, Inc.

National Scleroderma Awareness Month

www.scleroderma.org Scleroderma Foundation

National Scoliosis Awareness Month

www.scoliosis.org National Scoliosis Foundation



~ July 2014 ~

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4 Independence Day	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31	Notes:	

Flower - Larkspur (signifies good luck and humor)

Alternate Flowers - Water Lily, Tulip

Birthstone - Ruby (signifies contentment and wisdom)

Name Origin - named for Julius Caesar, Roman dictator



Tuesday, July 1
Day 182 183 Days Remaining

Creative Ice Cream Flavors Day – Since 1945, Baskin Robbins has created over 1,000 unique flavors of ice cream.

www.baskinrobbins.com

International Joke Day - Proverbs 17:22a “A merry heart doeth good like a medicine.”

Sony Walkman Birthday - The first Sony Walkman went on sale in 1979.

<http://store.sony.com/>

Sunglasses Birthday - The first pair of Foster Grant sunglasses were sold on the Boardwalk in Atlantic City, New Jersey.

www.fostergrant.com/

Zoo Day The first zoo in the U.S. opened in Philadelphia, Pennsylvania on this day in 1874.

www.aza.org Association of Zoos and Aquariums

Be Cool at Work Day - Factories first used air-conditioning as a way to improve production. One of the first air-conditioned office buildings opened in 1928 in San Antonio, Texas. The White House was air-conditioned in 1930. Early on, many movie theaters added air-conditioning as a way to boost profits in the summer.

www.carrier.com

Driver License Test Birthday – In 1913, the State of New Jersey began requiring all drivers to take a test to receive a license to drive an automobile.

National Ducks and Wetlands Day – Designated by President George Bush in 1990.
www.wetlandtrust.org

Early Bird Day – Businesses that experience a slump in customer volume during certain times can encourage more customers to patronize their establishments by offering “Early Bird” specials.

Postage Stamp Anniversary – The first U.S. postage stamp was issued in 1847.
www.usps.com

ZIP Code Anniversary – ZIP codes were first used on this day in 1963. ZIP stands for “Zone Improvement Plan.” The first digit of a zip code represents a group of states. The next two digits designate a region (specific state, part of state or large city) within that group of states. The next two digits represents a smaller area within the larger area. The Postal Service has since extended the code to “ZIP+4” in an effort to expedite delivery.
www.usps.com

Canada Day (aka **Dominion Day**) – This day celebrates the signing of the Constitution Act of 1867, which united two British colonies and a province into one country.

www.canada-day.ca
www.canadadaylondon.com



Wednesday, July 2
Day 183 182 Days Remaining

I Forgot Day - On this one day of the year you don't have to apologize for forgetting something, that is as long as your friends and family know about this holiday.

Halfway Point of the Year – This year is half over, and it is a good time to assess how things are going. How close are we to meeting our goals for this year? What must we do to get/keep things on track? It's also Wednesday, which is called “Hump Day.” So this must be “Big Hump Day.”

Freedom From Fear of Public Speaking Day – Being able to speak to a group of people is one of the most essential skills needed in business and in life. There are a lot of books, classes and groups that can help people overcome their fear of speaking in public.

Special Recreation for the Disabled Day - In many cases it does not take a lot of time or money to make a business more accessible to disabled people.

Amelia Earhart Disappearance Anniversary – On this day in 1937 aviatrix, Amelia Earhart, disappeared over the Pacific while attempting to fly around the world.

www.ameliaearhart.com



Thursday, July 3
Day 184 181 Days Remaining

Compliment Your Mirror Day – Self-affirmation can be very beneficial.

National Chocolate Wafer Day

Automobile Birthday - On this day in 1886 Carl Benz displayed the first automobile, the Benz Patent Motor Car.

www.loc.gov/rr/scitech/mysteries/auto.html

Air Conditioning Appreciation Day – The air conditioner was partially responsible for the great migration to the South (southern states). Places like Florida and Texas would not be as populated as they are today if it had not been for air conditioning.

Stay Out of the Sun Day – Staying out of direct sunlight is one of the best ways to avoid overexposure.

American Redneck Day

Disobedience Day

<http://thoreau.eserver.org/civil.html>

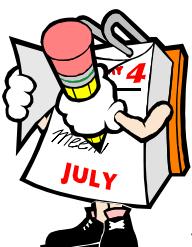
Idaho Admission Day - Idaho became the 43rd state on this day in 1890.

www.state.id.us/aboutidaho/history.html Official website of the State of Idaho

<http://history.idaho.gov> Idaho Historical Society

www.visitidaho.org/press/about/idaho_history.htm

www.history.com/topics/idaho



Friday, July 4
Day 185 180 Days Remaining



Independence Day – The history of celebrating our independence on the Fourth of July:
http://en.wikipedia.org/wiki/Independence_Day_%28United_States%29

National Barbecue Day – This is probably the one day of the year when the most outdoor cooking is done.

<http://nationalbbqday.ca>

www.nbbqa.org National Barbeque Association

www.hpbba.org Hearth, Patio and Barbecue Association

Caesar Salad Birthday – On July 4, 1924, restaurant owner, Caesar Cardini, was running short of supplies and had to create a salad from the ingredients at hand. The salad soon became a specialty of the restaurant, and subsequently copied by competitors. However, Caesar's brother, Alex, also claims to have created the now famous salad.
www.marzetti.com/products/cardinis/

Country Music Day

<http://countrymusichalloffame.org/country-music-history/>

Rodeo Anniversary – There are various theories on when and where the first rodeo was held, the date given usually in the 1860's. However, it is very likely there were many events much like modern rodeos throughout the United States and Mexico much earlier.
<http://rodeo.about.com/od/history/a/rodeohistory1.htm>

Sidewalk Egg Frying Day – An egg requires 158 degrees to cook, and a concrete sidewalk only gets to 145 degrees. The dense mass of the concrete absorbs the solar energy and dissipates it. Placing a black skillet on the sidewalk may get hot enough to cook an egg.

Birthday of Koko the Gorilla – Koko was born on this day in 1971 at the San Francisco Zoo. She was used in an experiment to teach sign language to animals and now knows more than one thousand signs.

www.sfzoo.org/

www.koko.org/

www.pbs.org/wnet/nature/koko/

Bus Birthday – The first bus was built in 1829. It was pulled by horses.

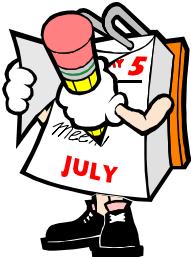
Birthday of President Calvin Coolidge – John Calvin Coolidge, Jr. (July 4, 1872 – January 5, 1933) was the thirtieth president.

www.whitehouse.gov/about/presidents/

<http://millercenter.org/president/coolidge>

www.calvin-coolidge.org/

www.history.com/topics/calvin-coolidge



Saturday, July 5

Day 186 179 Days Remaining

National Graham Cracker Day – The Graham Cracker was developed in 1829 in Bound Brook, New Jersey by an eccentric Presbyterian minister, the Reverend Sylvester Graham to cure the dread fever of lust.

www.boundbrook-nj.org/boundbrookhistory.cfm

Spam Birthday – Spam was introduced on this day in 1937.

www.spam.com

Workaholics Day – “All work and no play, makes Jack a dull boy.”

www.workaholics-anonymous.org

Birthday of the Bikini - Bikini-like garments have been worn throughout various civilizations for many years but the modern bikini was introduced in a Paris in 1946. Louis Reard was an automobile engineer who also helped out at his mother's lingerie shop. After creating the skimpy two-piece swim suit he wanted an appropriate name. He named it after Bikini Island (where nuclear testing was done earlier that month) because he thought the excitement over the bikini would be explosive but the fashion didn't catch on for a number of years. Fashion designer, Jacques Heim, had created a similar swimsuit the same year and decided to use the same name.



Sunday, July 6

Day 187 178 Days Remaining

National Fried Chicken Day

All-Star Game Anniversary - The first major league all-star baseball game was played on this day in 1933 in Chicago.

National Air Traffic Control Day - This was designated by President Ronald Reagan in 1986. The airways traffic control system was established by the U.S. Bureau of Air Commerce on this day in 1936.

www.natca.org National Air Traffic Controllers Association
www.reagan.utexas.edu/archives/speeches/1986/70386c.htm Proclamation 5511

Birthday of John Paul Jones – John Paul Jones (July 6, 1747 – July 18, 1792) was a Scottish sailor famous as a naval fighter in the American Revolution. He was also the first man to be given the rank of 1st Lieutenant in the Continental Navy which later became the U.S. Navy. By 1779 Jones was Captain of the Bonhomme Richard and it was aboard that ship during the Battle of Flamborough Head that he said the often quoted words “I have not yet begun to fight.”

www.history.navy.mil/bios/jones_jp.htm
http://www.nps.gov/museum/exhibits/revwar/image_gal/indeimg/jpjones.html

Birthday of President George W. Bush (born in 1946) - He was the forty-third president.

<http://www.whitehouse.gov/about/presidents/>

Build a Scarecrow Day (first Sunday)



Monday, July 7
Day 188 177 Days Remaining

Global Forgiveness Day - This was created in 1994 by the Christian Embassy of Christ's Ambassadors.

http://www.ceca.cc/global_forgetfulness_day/

Father-Daughter Take a Walk Together Day

Chocolate Day - Chocolate was introduced to Europe in 1550.

<http://archive.fieldmuseum.org/Chocolate/about.html>

National Macaroni Day

National Strawberry Sundae Day

Comic Book Birthday - The first comic book "The Wasp", was published on this day in 1802.

<http://www.thecomicbooks.com/old/Platinum.html>

International Town Criers Day (second Monday)

<http://www.ushistory.org/towncrier/> American Guild of Town Criers



Tuesday, July 8

Day 189 176 Days Remaining

Ice Cream Sundae Day

Be a Kid Day

Video Games Day – Either a day to indulge or to abstain.

Liberty Bell Cracks - The Liberty Bell was hung in the Pennsylvania State House in 1753. The bell had several cracks in it over the years that caused it to have to be repaired. There are several different versions of how and when the crack that made the bell unringable appeared. Some sources say it was while it was being rung at funeral of Chief Justice John Marshall on this day in 1835.

<http://www.ushistory.org/libertybell/>

<http://www.nps.gov/inde/liberty-bell-center.htm>

<http://www.visitphilly.com/history/philly/the-liberty-bell-center/>

<http://uaoc.org/fourth/libertybell.html>

<http://libertybellmuseum.org/>

<http://libertybellmuseum.com/>

Baseball All-Star Game (second Tuesday)

http://mlb.mlb.com/mlb/events/all_star/y2013/



Wednesday, July 9

Day 190 175 Days Remaining

National Sugar Cookie Day – Sugar Cookies are super easy, and fun to make.

Rock n' Roll Day - Dick Clark became the host of American Bandstand on this day in 1956.

<http://www.tv.com/shows/american-bandstand/>

<http://www.museum.tv/eotvsection.php?entrycode=americanband>

The Fox and the Hound Day - Disney's *The Fox and the Hound* was first released on this day in 1980.

<http://disney.com>



Thursday, July 10
Day 191 174 Days Remaining

Teddy Bear's Picnic Day

Don't Step on a Bee Day

Police Radio Day - According to some sources the first two-way radio was installed in a police car on this day in Eastchester, New York. Other Sources say it was in March 1933 in Bayonne, New Jersey. Either way having two-way communication between headquarters and patrol cars was a major advance for law enforcement.

Wyoming Admission Day - Wyoming became the 44th state in 1890.

<http://wyoming.gov/history.aspx>
http://www.wwcc.cc.wy.us/wyo_hist/
<http://www.wyohistory.org/>
<http://www.history.com/topics/wyoming>



Friday, July 11
Day 192 173 Days Remaining

National Blueberry Muffin Day

Cheer Up the Lonely Day

All-American Pet Photo Day – Take photographs of your pets, especially when they are still young. You will be glad you did later.

Swimming Pool Day – Swimming is the most effective form of exercise because it involves every muscle in the body.

Vegetarian Food Day

<http://www.vegkitchen.com/>

National Convenience Store Day - The first 7-Eleven opened in 1927 in Dallas, Texas. The first stores were open from 7 a.m. to 11 p.m. and that is how the name came about.
<http://www.7-eleven.com>

(Former) **Marine Corps Day** - The U.S. Marine Corps was established November 10, 1775 to help the Navy during the Revolutionary War. It was abolished at the end of the war and then reestablished on this day in 1798.

www.marines.com/

www.marines.mil/

<http://www.defense.gov/afd/marinecorps.aspx>

World Population Day – This day was created by the United Nations in 1989 to raise awareness of the problems of over-population.

<http://www.unfpa.org/public/world-population-day>

Birthday of President John Quincy Adams (July 11, 1767 – February 23, 1848) - He was the sixth president of the United States of America.

<http://www.whitehouse.gov/about/presidents/johnquincyadams>

<http://www25.uua.org/uuhs/duub/articles/johnquincyadams.html>

<http://millercenter.org/president/jqadams>

<http://www.history.com/topics/john-quincy-adams>

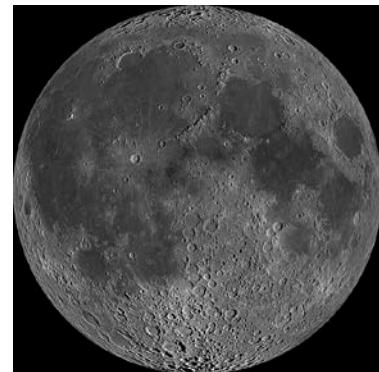
<http://www.nps.gov/adam/jqabio.htm>

<http://www.masshist.org/jqadiaries/index.cfm>



Saturday, July 12
Day 193 172 Days Remaining

Thunder Moon (Full Moon) – The “Full Moon” phase of the Moon is when it is entirely outside of the Earth’s shadow from the Sun. On a clear night, the full moon can give enough light to make it possible to read a newspaper. A full moon can be used to promote a “Moonlight Madness” sale or other nighttime promotion. The full moon in July is called the “Thunder Moon.” The full



moon will occur at 11:25 UTC.

Pecan Pie Day

Simplicity Day – This is the birthday of Henry David Thoreau (July 12, 1817 – May 6, 1862). Thoreau believed that we should all simplify our lives.

http://www.thoreausociety.org/_news_abouthdt.htm

<http://www.walden.org/thoreau>

<http://plato.stanford.edu/entries/thoreau/>

<http://thoreau.eserver.org/whowhy.html>

<http://www.online-literature.com/thoreau/>

Different Colored Eyes Day

Etch-a-Sketch Birthday - The first Etch-a-Sketch drawing toy went on sale in 1960.

<http://www.ohioart.com/etch/>

Stone House Day (second Saturday) - This event takes place each year in Hurley, New York.

<http://www.stonehouseday.org/>



Sunday, July 13
Day 194 171 Days Remaining

French Fries Day

Beans and Franks Day

Puzzle Day - This is the birthday of Erno Rubik, inventor of the Rubik's Cube, who was born on this day in 1944.

<http://www.rubiks.com/>

Barbershop Music Appreciation Day - This is the anniversary of the formation in 1945 of The Sweet Adelines, a group of women singers who support the musical art form of barbershop harmony.

<http://www.sweetadelineintl.org/>

Fool's Paradise Day - A fool's paradise is a state of happiness based on false hope.

Barn Day (second Sunday)

<http://www.oldbarnsite.com/>



Monday, July 14
Day 195 170 Days Remaining

Farm Heritage Day

<http://www.americanfarmheritagemuseum.org> American Farm Heritage Museum

Pick Blueberries Day – Blueberries are very good for you. They have high fiber, no fat and taste great. They are also high in anti-oxidants that are believed to fight aging. Picking your own blueberries can also be good exercise.

Tape Measure Birthday - On this day in 1868, a spring-click tape measure was patented by Alvin J. Fellows of New Haven, Connecticut.

Corkboard Birthday - Corkboard was patented on this day in 1891 by John T. Smith of Brooklyn, New York.

Pandemonium Day – Maybe this explains it, at least for today. We are not sure if this is a day to create pandemonium, or watch out for it.

Birthday of President Gerald Ford (July 14, 1913 – December 26, 2006) – Gerald Rudolph “Jerry” Ford, Jr. was the 38th President of the United States, and America's only President who was never elected to any office higher than the US Congress.

<http://www.whitehouse.gov/about/presidents/geraldford>

<http://www.fordlibrarymuseum.gov/grf/fordbiop.asp>

<http://millercenter.org/president/ford>

<http://www.ford.utexas.edu/>



Tuesday, July 15
Day 196 169 Days Remaining

I Love Horses Day

<http://ultimatehorsesite.com/>

National Tapioca Pudding Day

Margarine Birthday – Margarine was invented in 1869 by French chemist, Hippolyte Mege-Mouriés, after Emperor Napoleon offered a prize for anyone who created a substitute for butter to be used by the lower classes.

<http://www.imace.org> International Margarine Association of the Countries of Europe
<http://www.webexhibits.org/butter/margarine.html>

Toss Away the "Could Haves" and "Should Haves" Day - This was created by Martha J. Ross-Rodgers to encourage people to not let past regrets ruin their present lives.

<http://www.wcspeakers.com/speaker.cfm?ID=8545>

No-Hitter Day - There have only been 269 no-hitter games in Major League baseball between 1876 and 2010. The first no-hitter in the modern era was pitched on this day in 1876 by George Bradley.



Wednesday, July 16
Day 197 168 Days Remaining

Fresh Spinach Day

National Get Out of the Doghouse Day – This may only apply to boyfriends and husbands.

Parking Meters Birthday – The first parking meter was installed on this day in 1935 in Oklahoma City, Oklahoma. The parking ticket was probably created soon afterwards.

Ride to Work Day (third Wednesday) – Ride your motorcycle to work today.
<http://www.ridetowork.org> Ride to Work, Inc.



Thursday, July 17

Day 198 167 Days Remaining

National Peach Ice Cream Day

Disneyland Anniversary - Disneyland opened on this day in Anaheim, California in 1955, less than one year after construction began.

<http://disneyland.disney.go.com/>

Air Conditioner Birthday - American engineer, Willis Carrier, invented the first practical air conditioner in 1902.

www.carrier.com

Wrong Way Day – On this day in 1929, Douglas Corrigan misread the compass on his plane after leaving Brooklyn and ended up in Dublin, Ireland instead of Los Angeles, California. From that time on his nickname was “Wrong Way Corrigan.”

<http://www.historynet.com/the-adventures-of-wrong-way-corrigan.htm>



Friday, July 18

Day 199 166 Days Remaining

Tony the Tiger's Birthday – Tony the Tiger became the mascot for Kellogg's Frosted Flakes® in 1952.

<http://www.frostedflakes.com/>

Chrysanthemum Day – It is unknown why this is Chrysanthemum Day since they are planted in the spring and bloom in the fall.

World Listening Day

<http://www.worldlisteningproject.org/world-listening-day/> World Listening Project

<http://www.sfu.ca/~truax/wsp.html> The World Soundscape Project

National Caviar Day



Saturday, July 19

Day 200 165 Days Remaining

New Friends Day - Proverbs 18:24 "A man that hath friends must show himself friendly: and there is a friend that sticketh closer than a brother."

National Raspberry Cake Day

Colt 45 Day – Birthday of Samuel Colt (July 19, 1814 – January 10, 1862), the inventor of the Colt 45 revolver and other firearms.

http://www.netstate.com/states/people/ct_sc.htm

Bloomer Day – Bloomers originally were a loose fitting trouser that was tight at the ankle. A knee-length skirt was worn over the bloomers. This was not only more comfortable than the tight corsets, layers of petticoats and long skirts, it also allowed women to ride bicycles and participate in sports activities.

<http://petticoatsandpistols.com/2009/04/07/amelia-bloomer-set-fashion-on-its-ear/>

Stick Out Your Tongue Day – The non-verbal method for expressing disapproval. :-p

Triple Play Day - The first Major league baseball unassisted triple play was accomplished on this day in 1909 by Neal Ball. This is one of the rarest events of Major League baseball and has only happened fifteen times between 1900 and 2012.

<http://www.baseball-almanac.com/feats/feats8.shtml>



Sunday, July 20

Day 201 164 Days Remaining

Ugly Truck Day – Be proud today.

National Lollipop Day – A form of lollipop dates back to the Middle Ages when people ate boiled sugar with the aid of a stick. George Smith, owner of a confectionary company called the Bradley Smith Company, took credit for inventing the modern version of the

lollipop which he began making in 1908, and in 1931, he trademarked the term “lollipop,” borrowing the name from a famous race horse named Lolly Pop.

<http://www.candyfavorites.com/shop/catalog-lollipop-history.php>

http://www.gavelstore.com/pop_history.html

<http://www.candyusa.com/FunStuff/FunFactsDetail.cfm?ItemNumber=972>

First Moon Walk Anniversary – On this day in 1969 astronaut, Neil Armstrong, became the first man to walk on the moon. His first words as he stepped on the surface of the moon were “That’s one small step for a man, one giant leap for mankind.” It was thought for years that Armstrong had inadvertently left out the “a” before the word “man,” but more sophisticated analysis of the tape shows that he did say it.

<http://history1900s.about.com/od/1960s/p/firstmanmoon.htm>

<http://www.firstmenonthemoon.com/>

<http://www.space.com/16758-apollo-11-first-moon-landing.html>



Photo: NASA

National Ice Cream Day (third Sunday) - This was designated by President Ronald Reagan in 1984.

<http://www.idfa.org/news--views/media-kits/ice-cream/july-is-national-ice-cream-month/>

Sundae Sunday (third Sunday) - According to legend, the ice cream sundae was created because of “blue laws” restricting most non-essential things from being sold on Sunday. After ice cream sodas were restricted but not ice cream in a dish, someone came up with the idea of putting the syrup used in sodas directly on the ice cream.



Monday, July 21
Day 202 163 Days Remaining

National Junk Food Day – Today you can eat your favorite junk food without feeling too guilty.

National Crème Brûlée Day

National Tug-Of-War Tournament Day

National Women's Hall of Fame Anniversary – The National Women's Hall of Fame was started in Seneca Falls, New York in 1969 and moved into its permanent home in 1979. Seneca Falls is where the first Women's Rights Convention was held under the leadership of Elizabeth Cady Stanton.

<http://www.greatwomen.org/>

Coldest Day Ever – The lowest natural temperature (-128.6 degrees Fahrenheit) ever recorded was on this day at Vostok, Antarctica in 1983.

Disneyland Construction Begins - On this day in 1954 in Anaheim, California, construction began on what would become Disneyland. The park opened less than one year later (July 17, 1955).

<http://disneyland.disney.go.com/>



Tuesday, July 22

Day 203 162 Days Remaining

Pi Approximation Day – When expressed in the day/month format, today is 22/7. 22 divided by 7 equals 3.14285714 (an over-approximation of the value of pi).

Hammock Day

Summer Leisure Day – This is probably just another name for Hammock Day.

Froot Loops® Birthday – Kellogg's® introduced this breakfast cereal on this day in 1963. The name "Froot Loops" was probably chosen so a copyright on the name could be secured. Today is the 50th birthday of this cereal.

www.frootloops.com

America the Beautiful Day - This patriotic song started as a poem written by Katharine Lee Bates. The poem, originally titled *Pikes Peak*, was first published in the Fourth of July edition of the church periodical *The Congregationalist* in 1895. At that time, the poem was titled *America* for publication.

<http://lcweb2.loc.gov/diglib/ihas/loc.natlib.ihas.200000001/default.html>

<http://cantorion.org/pieces/3049/America-the-Beautiful-%28Materna%29>

Rat-catchers Day - This celebrates the legend of the Pied Piper of Hamelin. According to Wikipedia the poem by Robert Browning uses the date 22 July 1376 as the day the Pied Piper led the children from the town of Hamelin, while the Brothers Grimm give it as 26 Jun 1284. This is a good day for exterminators to promote their business.



Wednesday, July 23
Day 204 161 Days Remaining

Ice Cream Cone Day – It is possible that the ice cream cone was invented by Charles E. Minches in Missouri in 1904.

<http://whatscookingamerica.net/History/IceCream/IceCreamCone.htm>

National Vanilla Ice Cream Day – Despite the huge variety of flavors available, vanilla continues to be the most popular choice. However, many people will put something on top of their plain vanilla ice cream, like chocolate syrup or candy sprinkles.

Gorgeous Grandma Day

Private Eye Day – Birthday of author Raymond Chandler (July 23, 1888 – March 26, 1959).

<http://home.comcast.net/~mossrobert/>



Thursday, July 24
Day 205 160 Days Remaining

National Drive-Thru Day – Celebrate this special day by visiting your favorite fast-food restaurant.

Instant Coffee Birthday - Instant coffee was invented in 1938.

Cousins Day

Virtual Love Day - Send virtual flowers to your virtual lover.

Birthday of President Martin Van Buren (December 5, 1782 – July 24, 1862) - He was the eighth president of the United States of America.

<http://www.whitehouse.gov/about/presidents/martinvanburen>

<http://www.nps.gov/mava/index.htm>

<http://millercenter.org/president/vanburen>
<http://www.history.com/topics/martin-van-buren>
<http://www.nndb.com/people/821/000024749/>



Friday, July 25
Day 206 159 Days Remaining

National Hot Fudge Sundae Day

Mechanical Merry-Go-Round Birthday - Prior to 1871, merry-go-rounds had been powered by horses, so this was a big step forward.

Birthday Cake Birthday - Some sources say the Greeks were the first to put candles on a cake celebrating a birthday in 55 B.C. Other sources say the tradition of birthday cakes started in Germany during the Middle Ages.

http://en.wikipedia.org/wiki/Birthday_cake

A Day Out of Time - On the 13 Moon calendar the old year ends on July 24th and the new years starts on July 26th, making the day we refer to as July 25th a 'Day out of time'.
<http://www.13moon.com/13%20MOON%20MISSION.htm>

System Administrator Appreciation Day (last Friday) - Thank your System Administrator.

<http://sysadminday.com/>



Saturday, July 26
Day 207 158 Days Remaining

New Moon – The “New Moon” phase of the moon is when the moon is fully hidden in the earth’s shadow from the sun. A clear night during a new moon is a prime opportunity for stargazing. The new moon will occur at 22:42 UTC.

National Coffee Milkshake Day – Don’t knock it until you’ve tried it.
<http://eatocracy.cnn.com/2012/07/26/national-coffee-milkshake-day/>

Aunt and Uncle Day - This was designated by Florida State Senator, Tony Hill in 2005.

All or Nothing Day - Give your all to something you have always wanted to do but have been afraid to for some reason. You just might succeed – and if not, at least you tried.

Telescope Birthday - Thomas Harriot is the first astronomer to draw an object after seeing it through a telescope. It was a map of the moon drawn on this day in 1609.

<http://galileo.rice.edu/sci/harriot.html>

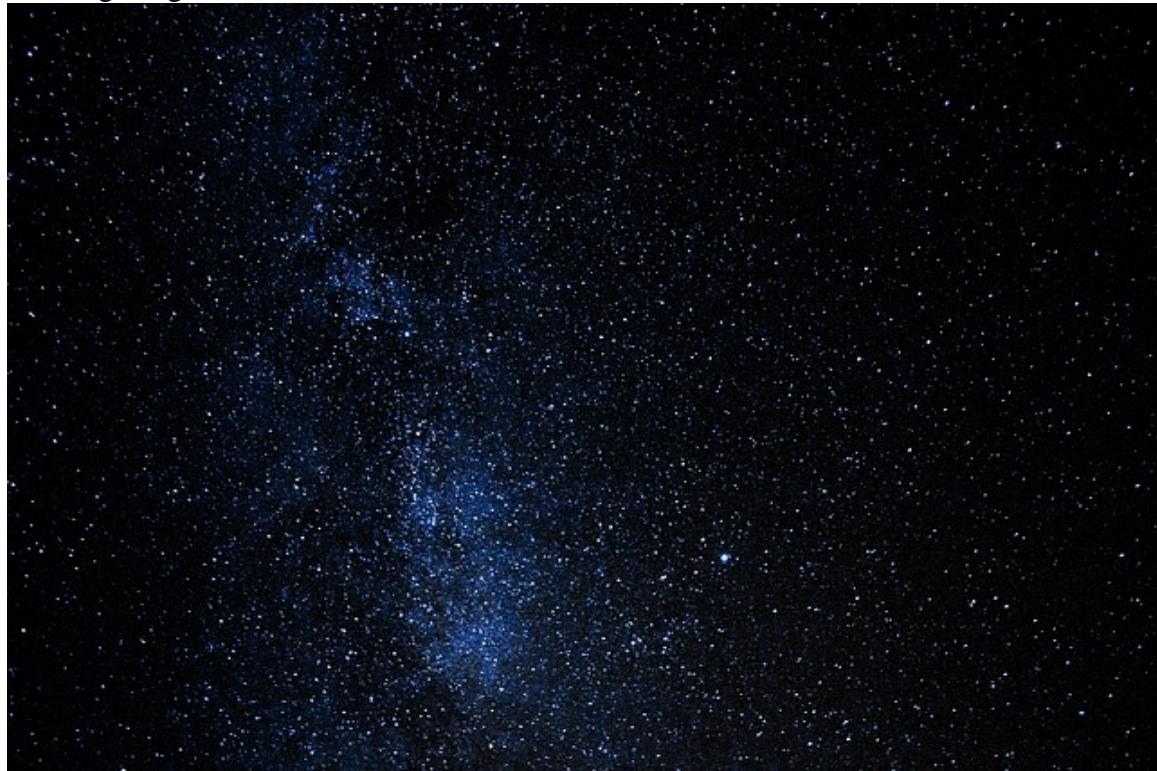
<http://www-history.mcs.st-andrews.ac.uk/Biographies/Harriot.html>

<http://www.ecu.edu/cs-cas/harriot/>

<http://www.luminarium.org/renlit/hariot.htm>

<http://plus.maths.org/content/thomas-harriot-lost-pioneer>

New Moon – The “New Moon” phase of the moon is when the moon is fully hidden in the earth’s shadow from the sun. A clear night during a new moon is a prime opportunity for stargazing. The new moon will occur at 5:42PM CST, 22:42 UTC.



Americans With Disabilities Day - The Americans with Disabilities Act was signed into law on this day in 1990.

<http://www.ada.gov/>

Postmaster General Day - On this day in 1775 the Continental Congress created the position of Postmaster General and appointed Benjamin Franklin to the job. Franklin kept the position after the Declaration of Independence was signed.

<http://about.usps.com/who-we-are/postal-history/postalpeople.htm>

New York Admission Day - New York became the 11th state in 1788.

<http://www.nyhistory.org/>
<http://newyorkhistoryblog.org/>
<http://www.nyhistory.com/>



Sunday, July 27
Day 208 157 Days Remaining

Walk on Stilts Day

Birthday of Bugs Bunny - Bugs Bunny, as we know him today, first appeared in *A Wild Hare*, released on this day in 1940.

<http://www.imdb.com/title/tt0033260/>
<http://looneytunes.kidsweb.com/games/bugs-bunny-hopping-carrot-hunt>
<http://www.supercartoons.net/cartoon/896/bugs-bunny-a-wild-hare.html>

Korean War Veterans Armistice Day - On this day in 1953 the Armistice that ended the Korean War was signed.

<http://www.whitehouse.gov/the-press-office/2012/07/27/presidential-proclamation-national-korean-war-veterans-armistice-day-201>
<http://olivergraham.net/blog/2012/07/25/national-korean-war-veterans-armistice-day/>

National Parents Day (fourth Sunday)

<http://www.parentingcoalition.org/> Parenting Coalition International, Inc.
<http://www.parentsday.com/>



Monday, July 28
Day 209 156 Days Remaining

Southern Delta Aquarids Meteor Shower – The Delta Aquarids can produce about 20 meteors per hour at their peak. It is produced by debris left behind by comets Marsden and Kracht. The shower usually peaks on the night of July 28 and the morning of July 29, but some meteors can also be seen from July 12 through August 23. The radiant point

for this shower will be in the constellation Aquarius. This should be a great year for this shower because the thin crescent moon will set early in the evening leaving dark skies for what should a good show. Best viewing will be from a dark location after midnight. Best viewing is usually to the east after midnight.

World Hepatitis Day

www.cdc.gov/Features/ViralHepatitis/ Centers for Disease Control and Prevention

National Milk Chocolate Day - Milk is added to chocolate to make it smoother and mellower to the taste.

www.hersheys.com

Birthday of Beatrix Potter – Beatrix Potter (July 28, 1866 – December 22, 1943) was an English author of children's books, Peter Rabbit being her most well-known character.

<http://www.beatrixpottersociety.org.uk/> The Beatrix Potter Society

<http://www.hop-skip-jump.com/>

<http://www.nationaltrust.org.uk/hill-top/>

http://www.peterrabbit.com/en/beatrix_potter/beatrixs_life

Fingerprint Day - Fingerprints were first used as a method of identification in 1858.



Tuesday, July 29

Day 210 155 Days Remaining

National Chicken Wing Day – This day was designated by the city of Buffalo, New York to celebrate what is variously called chicken wings, buffalo wings or hot wings.

<https://www.facebook.com/pages/National-Chicken-Wing-Day/150113178381044>

<http://www.buffalowing.com/>

National Lasagna Day

Rain Day – It has rained on this day in Waynesburg, Pennsylvania 112 times in the past 136 years.

<http://www.raindayfestival.com/>

National Lipstick Day

<http://en.wikipedia.org/wiki/Lipstick>

Birthday of NASA - On this day in 1958, President Dwight Eisenhower signed the National and Aeronautics and Space Act that led to the creation of the National Aeronautics and Space Administration.

<http://history.nasa.gov/>



Wednesday, July 30
Day 211 154 Days Remaining

Kiss Your Car Day – Henry Ford (July 30, 1863 – April 7, 1947) didn't invent the car, but he did make it affordable by developing the assembly line method of mass production. Today is his birthday.

<http://www.hfmvg.org/exhibits/hf/>
<http://www.history.com/topics/henry-ford>

National Cheesecake Day - See 101 Cheesecake Recipes.
<http://www.101cheesecakerecipes.com/>

Comedy Day

Father-in-Law Day

WAVES Day - On this day in 1942 President Roosevelt signed a bill that allowed women to volunteer in the Navy as WAVES (Women Accepted for Volunteer Emergency Service).

<http://www.history.navy.mil/photos/prs-tpic/females/wave-ww2.htm>



Thursday, July 31
Day 212 153 Days Remaining

Mutts Day – A “mutt” is a mongrel dog (a dog without a pedigree). The majority of dogs today meet this qualification, but they still make good pets.

Birthday of J.K. Rowling – Joanne Rowling, the author of the Harry Potter book series was born on this day in 1965. J.K. Rowling is her pen name.

www.jkrowling.com
http://www.jkrowling.com/en_GB/

Shredded Wheat Birthday - Shredded Wheat was created in 1893 and continues to be sold today.

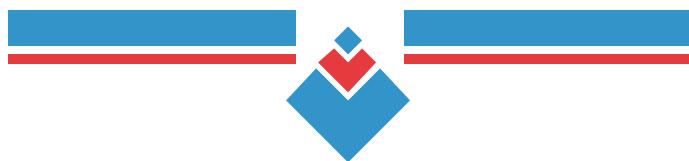
<http://www.postfoods.com/our-brands/post-shredded-wheat>

U.S. Patent Office Anniversary - Until the Federal Patent Act was passed, each state had their own patent rules and regulations. The first American patent was issued on this day in 1790.

<http://www.uspto.gov>

Week-Long Events in

JULY



Special Recreation Week (first week)

Be Nice to New Jersey Week (first full week)

Barbershop Quartet Week (first full week)

Take Charge of Change Week (first full week)

Change can be stressful if you resist it or just let it happen but if you prepare yourself change can be a positive thing--or at least less scary.

Dog Days of Summer (July 3 – August 11 according to The Old Farmer's Almanac) The name comes from the early belief that Sirius (the Dog Star) being close to the sun caused weather to be extra hot.

<http://earthsky.org/brightest-stars/sirius-the-brightest-star>

Freedom Week (week including July 4th)

National Laundry Workers Week (second week)

Farriers Week (second full week)

A farrier takes care of horses' hooves, including trimming and shoeing. A farrier can also be a blacksmith, but they are two different occupations. A blacksmith is someone who works with iron using a furnace.

Therapeutic Recreation Week (second full week)

This was created in 1984 by the National Therapeutic Recreation Society.
<http://www.recreativeresources.com>

National Independent Retailers Week (week that includes the 21st)

National Rabbit Week (third week)

World Hug Week (third week)

Every Body Deserves a Massage week (third full week)
<http://www.amtamassage.org> American Massage Therapy Association

Coffee Week (fourth week)

www.ineedcoffee.com

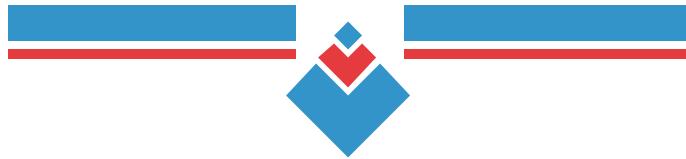
National Salad Week (fourth week)

www.salad-recipe.net

Hospitality House week (fourth full week)

www.nahhh.org National Association of Hospital Hospitality Houses

Month-Long Events in JULY



Creativity Month – Several people have designated a month for creativity. One of them is Rita Emmett, author of *The Procrastinators Handbook*, *The Procrastinating Child* and *The Clutter-Busting Handbook*.

<http://www.ritaemmett.com>

Anti-Boredom Month – Here are 20 Really Cool Websites to Help Cure Boredom:
<http://webtrends.about.com/od/webportals/tp/20-really-cool-websites.htm>

Cell Phone Courtesy Month – See Cell Phone Etiquette Rules People Still Break:
<http://www.bspcn.com/2008/08/14/top-10-cell-phone-etiquette-rules-people-still-break/>

Dog House Repair Month - If your dog needs a house, see How to Build a Dog House:
<http://www.azwoodman.com/how-to-build-doghouse.html>

Recreation and Parks Month

www.nrpa.org National Recreation and Park Association

Tour de France Month

<http://www.letour.fr/le-tour/2013/us/>

Women's Motorcycle Month

<http://www.motorcycle.com/news/july-is-womens-motorcycle-month-85113.html>

Purposeful Parenting Month**Family Reunion Month**

<http://family-reunion.com>

Home Inspector Appreciation Month

www.nahi.org The National Association of Home Inspectors

Water Gardening Month

<http://www.thepondprofessor.com/dirpondcare.htm>

Foreign Language Month

http://www.huffingtonpost.com/rep-rush-holt/why-foreign-language-educ_b_127588.html

Smart Irrigation Month

<http://www.smartirrigationmonth.org> Irrigation Association

Skin Care Awareness Month

http://www.womenfitness.net/skincare_month.htm

Baked Bean Month

<http://www.beanbible.com>

Blueberry Month - Designated in 1999 by the Department of Agriculture.

www.usda.gov

Culinary Arts Month**Hot Dog Month**

<http://www.hot-dog.org> Hot Dog City, sponsored by the National Hot Dog & Sausage Council

National Ice Cream Month - Designated by President Ronald Reagan in 1984.

<http://www.idfa.org/news--views/media-kits/ice-cream/july-is-national-ice-cream-month/>

Peach Month – As designated by President Ronald Reagan in 1982.**Picnic Month**

Cord Blood Awareness Month

<http://www.parentsguidecordblood.org> Parent's Guide to Cord Blood Foundation

International Group B Strep Awareness Month

<http://www.groupbstrepinternational.org> Group B Strep International

Hemochromatosis Screening Awareness Month

<http://www.americanhs.org> American Hemochromatosis Society

Juvenile Arthritis Awareness Month

<http://www.arthritis.org/conditions-treatments/disease-center/juvenile--arthritis/>

UV Safety Month

<http://www.uvsungear.com/uv-safety-info.html>

Wheelchair Beautification Month – As designated by Horace Knowles.

August

~ August 2014 ~						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31	Notes:					

Flower - Gladiolus (signifies beauty and strength of character)

Alternate Flower - Poppy

Birthstone - Peridot (signifies friendship and happiness)

Alternate Birthstone - Sardonyx

Name Origin - named for Augustus Caesar, first Roman emperor



Friday, August 1
Day 213 152 Days Remaining

National Girlfriends Day

Sports Day

First U.S. Census – The first census, in 1790, recorded a population of four million people in the United States.

Respect for Parents Day – “Honour thy father and thy mother: that thy days may be long upon the land which the LORD thy God giveth thee.” Exodus 20:12.

Rounds Resounding Day

Birthday of Francis Scott Key – Francis Scott Key (August 1, 1779 – January 11, 1843) was a patriot, author, poet and attorney. He is best known for writing *The Star-Spangled Banner* which later became our national anthem.

<http://www.francisscottkey.org>

<http://www.nps.gov/fomc/historyculture/francis-scott-key.htm>

<http://www.usflag.org/francis.scott.key.html>

<http://amhistory.si.edu/starspangledbanner/francis-scott-key.aspx>

Chopsticks Song Birthday - *Chopsticks*, also known as *The Celebrated Chop Waltz*, was written by English composer, Euphemia Allen, in 1877.

Air Force Day - This was designated in 1947 by President Harry Truman.

Holiday Inn Birthday – The first Holiday Inn opened in 1952.

<http://traveltips.usatoday.com/history-holiday-inn-hotels-61884.html>

National Minority Donor Awareness Day
<http://donatelife.net>

MTV Birthday – MTV, the cable television music channel, started on this day in 1981.
www.mtv.com

Woman Astronomers Day

San Francisco Cable Car Day - Cable cars started running on this day in San Francisco in 1873.

Spiderman's Birthday - Spiderman first appeared in Amazing Fantasy #15 in 1962. He got his own comic book series in 1963.

Colorado Admission Day – Colorado became the 38th state in 1876.

www.historycolorado.org
<http://www.history.com/topics/colorado>



Saturday, August 2
Day 214 151 Days Remaining

National Ice Cream Sandwich Day

National Pretty is as Pretty Does Day

Lincoln Penny Anniversary – The Lincoln penny was first issued on this day in 1909.

National Mustard Day (first Saturday)



Sunday, August 3
Day 215 150 Days Remaining

National Bratwurst Day – Some observe this on August 16th.

National Watermelon Day

National Park Day

www.nrpa.org National Recreation and Park Association

American Canoe Association Anniversary - The American Canoe Association was founded on this day in 1880.

<http://www.americancanoe.org>

Airplane Crop Duster Day

International Forgiveness Day (first Sunday) – This was created by the World Forgiveness Alliance.

<http://www.forgivenessalliance.org>

National Friendship Day (first Sunday) – This was designated by Congress in 1935.

www.FriendshipDay.org

Sisters Day (first Sunday) – “If you don't understand how a woman could both love her sister dearly and want to wring her neck at the same time, then you were probably an only child.” Linda Sunshine



Monday, August 4
Day 216 149 Days Remaining

Kentucky Fried Chicken Birthday - The first Kentucky Fried Chicken franchise restaurant opened in 1952 in Salt Lake City, Utah.

www.kfc.com

Champagne Day

Coast Guard Day - The Revenue Cutter Service was established on this day in 1790. The fleet of ten cutters were responsible for tariff laws. The name was changed to the Coast Guard in 1915.

www.uscg.mil/

Birthday of President Barack Obama (born in 1961) - He is the forty-fourth president.



<http://www.whitehouse.gov/about/presidents/barackobama>



Tuesday, August 5
Day 217 148 Days Remaining

Tish'a B'Av – A major Jewish holiday, the Ninth of Av, is a fast commemorating the destruction of the two Temples. It begins at sundown tonight.

<http://www.hebcal.com/holidays/2013-2014>

International Beer Day

<http://www.internationalbeerday.com>

Traffic Lights Birthday - On this day in 1914 a red/green traffic signal was installed on the corner of East 105th Street and Euclid Avenue in Cleveland, Ohio.

Work Like a Dog Day

Income Tax Anniversary - To help finance the Civil War, President Abraham Lincoln signed the law imposing the first federal income tax on this day in 1861. Income taxes were stopped in 1872 and revived in 1894. In 1895 the Supreme Court determined that income taxes were unconstitutional but that was rectified when the 16th Amendment was ratified in 1913.

www.irs.gov

National Night Out (first Tuesday) - This is also known as Night Out Against Crime.

www.natw.org



Wednesday, August 6
Day 218 147 Days Remaining

Birthday of the World Wide Web (WWW) - The World Wide Web has a long history of trial and error but the first time it was available to the public on the internet was on this day in 1991.

Wiggle Your Toes Day

National Fresh Breath Day – Bad breath is an immediate offence that can jeopardize a business deal. So called “breath mints” can be a quick remedy in an emergency, but they can also contribute to the problem by drying out your mouth. The best treatment is to brush your teeth (and especially your tongue) with toothpaste after every meal. Chronic bad breath can be a sign of both dental and medical problems.

Purple Heart Award Day - Originally called the Badge of Military Merit, the Purple Heart was established by George Washington on this day in 1782. At that time he was the commander-in-chief of the Continental Army.



Thursday, August 7
Day 219 146 Days Remaining

Beach Party Day

National Lighthouse Day – Congress approved the use of lighthouses on this day in 1789.

National Sea Serpent Day



Friday, August 8
Day 220 145 Days Remaining

Happiness Happens Day – Happiness is contagious.
<http://sohp.com> The Secret Society of Happy People

National Frozen Custard Day

Sneak Zucchini onto Your Neighbor's Porch Night

Kool-Aid® Days (9 – 11, second weekend including Friday) - This is observed in Hastings, Nebraska to celebrate Kool-Aid being Nebraska's official soft drink.

<http://www.kool-aiddays.com>

Gals Night Out (second Friday)



Saturday, August 9
Day 221 144 Days Remaining

National Hand Holding Day

National Rice Pudding Day

Book Lovers Day - This is also celebrated the first Saturday in November.

<http://www.nationalbook.org> National Book Foundation

International Art Appreciation Day

Celebrate Your Lakes Day – There are so many fun and relaxing activities to do on a lake. Volunteers are needed to keep our lakes clean and pollution-free. Join or sponsor a clean-up day.

Dance a Polka Day

<http://www.letspolka.com>

Smokey Bear's Birthday - Smokey, mascot of the U.S. Forest Service, first appeared on a poster on this day in 1944.

<http://www.fs.fed.us>

<http://www.smokeybear.com>

Betty Boop Birthday - Betty Boop made her first appearance in a cartoon on this day in 1930. At that time she was depicted as a French poodle, but became the person as we know her by 1932.

National Garage Sale Day (second Saturday) – A yard sale is a great way to recycle usable items, and make a little money too! See these great tips:

<http://www.yardsalequeen.com>



Sunday, August 10
Day 222 143 Days Remaining



Full Moon aka Super Moon – The “Supermoon” phenomenon which generated a lot of interest in 2011 will make another appearance tonight. A full moon again coincides with the moon's closest approach to the Earth on its elliptical orbit. According to NASA, a full moon at perigee is up to 14% larger and 30% brighter than one at its furthest point (apogee). On a clear night, the full moon can give enough light to make it possible to read a newspaper. This phase occurs at 18:09 UTC. This full moon was known by early Native American tribes as the Full Sturgeon Moon because the large sturgeon fish of the Great Lakes and other major lakes were more easily caught at this time of year. The full moon in August is most commonly called the “Grain Moon,” as farmers trying to get their harvest in may take advantage of the light of the full moon to work into the night. This moon has also been known as the Green Corn Moon. A full moon can be used to promote a “Moonlight Madness” sale or other nighttime promotion.

<http://earthsky.org/space/what-is-a-supermoon>

National S'mores Day

Lazy Day

National Spoil Your Dog Day

Smithsonian Institute Anniversary - The Act that created the Smithsonian Institute was signed by President James K. Polk was signed on this day in 1846. The more than \$500,000 used to start it were bequeathed in a will by British scientist, James Smithson, for reasons no one really knows.

<http://www.si.edu/About/History>

Missouri Admission Day - Missouri became the 24th state in 1821.

<http://www.mohistory.org>

<http://www.history.com/topics/missouri>

<http://www.sos.mo.gov/archives/history/>

<http://shs.umsystem.edu/index.shtml>

<http://mo.nhd.org>

Birthday of President Herbert Hoover – Hebert Clark Hoover (August 10, 1874 – October 20, 1964) was the thirty-first president of the United States of America.

<http://www.whitehouse.gov/about/presidents/herberthoover>

<http://www.history.com/topics/herbert-hoover>

<http://millercenter.org/president/hoover>

<http://www.hoover.archives.gov> Presidential Library & Museum

<http://www.nps.gov/heho/historyculture/herbert-hoover.htm> National Historic Site



Monday, August 11
Day 223 142 Days Remaining

Son and Daughter Day – Children grow up so fast. Spend time with them while you can.

Play in the Sand Day

Roller Rink Birthday - The world's first roller rink opened on this day in 1866 in Newport, Rhode Island.

Mall of America Birthday - The Mall of America was opened to the public on this day in Bloomington, Minnesota in 1992. This is the largest shopping mall in America in terms of retail space but second in terms of total floor space. Since malls often add space the largest mall title changes over time.

Birthday of Steve Wozniak - Stephen Gary “Steve” Wozniak, known as Woz, co-founded Apple Computer with Steve Jobs and Ronald Wayne. The co-founder of Apple computers was born on this day in 1950.

www.woz.org/

Birthday of Robert G. Ingersoll – Robert Green Ingersoll (August 11, 1833 – July 21, 1899) was a free-thinker, orator and rights advocate.

<http://www.secularhumanism.org/index.php?section=ingersoll&page=bio>

Annual Medical Check-Up Day – Everybody should have a thorough medical examination at least once a year.

Presidential Joke Day - This day originated in 1984 when President Ronald Reagan was doing a voice test before a radio address. He didn't realize he was on the air and as a joke he said: "My fellow Americans, I am pleased to tell you I just signed legislation which outlaws Russia forever. The bombing begins in five minutes."



Tuesday, August 12
Day 224 141 Days Remaining

Perseids Meteor Shower – The Perseids is one of the best meteor showers to observe, producing up to 60 meteors per hour at their peak. The shower's peak usually occurs on August 13 & 14, but you may be able to see some meteors any time from July 23 - August 22. The radiant point for this shower will be in the constellation Perseus. The near first quarter moon will set before midnight, leaving optimal conditions and dark skies for what should be an awesome show. Find a location far from city lights and look to the northeast after midnight.

If your business or office has a good area for stargazing, host a Meteor Shower Party. Make it very family friendly: No smoking or alcohol permitted, serve hotdogs, provide some children's games, etc. Partner with an amateur astronomy club to provide some telescopes and viewing assistance. Providing a fun, family-friendly event like this is a great way to connect with the community and build goodwill for your company, which makes this a *great promotional idea!*

Thank You Day (also celebrated on September 20)

Middle Children's Day

Vinyl Record Day - This was started in 2002 by the San Luis Obispo County Board of Supervisors in California to recognize Edison's invention of the phonograph in 1877.
<http://www.vinylrecordday.com>

International Youth Day - This was designated by the United Nations in 1999 to draw attention to youth issues worldwide.

<http://www.un.org/en/events/youthday/>

Truck Drivers Day



Wednesday, August 13

Day 225 140 Days Remaining

Left-Handers Day – This was created in 1976 by Left-Handers International.

<http://www.lefthandersday.com>

<http://www.left-handersinternational.com> Left-Handers International

See this list of Famous Left-Handers: <http://www.indiana.edu/~primate/left.html>

<http://www.anythinglefthanded.co.uk>

Greyhound Bus Birthday – In 1914 the first Greyhound bus line opened. There was only one bus and it went between the towns of Hibbing and Alice in Minnesota.

www.greyhound.com

Taxicab Birthday – Some sources have the word “taxicab” as being coined by Harry N. Allen in 1907, but other sources dispute that.

Bambi’s Birthday – Walt Disney’s animated film *Bambi* opened in New York on this day in 1942 after premiering in London a few days earlier.

<http://disney.go.com/disneyvideos/animatedfilms/bambi/>



Thursday, August 14

Day 226 139 Days Remaining

National Creamsicle® Day – Creamsicles® are on a stick like popsicles, but with vanilla ice cream in the center.

<http://www.popsicle.com/product/category/107662/creamsicle>

Romance Day

Wiffle Ball Birthday – The Wiffle Ball was created on this day in 1953 by David Mullany.

National Financial Awareness Day

International Nagging Day

Navajo Code Talkers Day - This was designated by President Ronald Reagan on this day in 1982. Navajos and other Native American code talkers have served in various wars and different branches of the military.

<http://navajocodetalkers.org>

Social Security Act Day - On this day in 1935 the Social Security Act became law.

<http://www.ssa.gov/history/>



Friday, August 15
Day 227 138 Days Remaining

Sit Back and Relax Day

National I Love Cowboys and Cowgirls Day

Wizard of Oz Day – The motion picture *The Wizard of Oz* had its official Hollywood premiere on this day in 1939 but was first shown three days earlier in Oconomowoc, Wisconsin.

<http://thewizardfoz.warnerbros.com>



Saturday, August 16
Day 228 137 Days Remaining

True Love Forever Day

Tell a Joke Day

National Bratwurst Day – This is sometimes listed as August 3rd.

Eyeglasses Birthday – Handheld magnification has been used since ancient times. There are also very early records of dark glasses to reduce glare. However, the first person to

invent wearable, corrective eyeglasses is not known. One person so credited is an Italian, Salvino D'Armate, on this day in 1284.

Klondike Gold Discovery Anniversary – Gold was discovered along the Klondike River in Canada on this day in 1896. Since that region was remote most prospectors landed in Alaska and then hiked and rafted to the area of the gold.

Woodward Dream Cruise Day (third Saturday) - This was started in 1995 in Detroit as a fundraiser for a soccer field in a nearby city. It has grown into the largest one-day classic car show in the world.

<http://www.woodwarddreamcruise.com>

International Homeless Animals Day® (third Saturday) - This was created by the International Society for Animal Rights to create awareness of pet overpopulation and promote spay/neuter programs.

<http://www.isaronline.org/ihad.html>



Sunday, August 17
Day 229 136 Days Remaining

National Honey Bee Day - As much as one third of the food we eat is pollinated by honey bees, to say nothing of the honey they provide.

<http://www.nationalhoneybeeday.com>

National Thrift Shop Day - If you don't shop at your local Goodwill, DAV or other thrift shop you are missing out on some great bargains.

Birthday of Davy Crockett – Davy Crockett (August 17, 1786 – March 6, 1836) was a frontiersman, politician and soldier. He died at the battle of the Alamo.

<http://www.lsjunction.com/people/crockett.htm>

<http://twain.lib.virginia.edu/projects/price/acrocket.htm>

<http://www.history.com/topics/davy-crockett>

<http://davycrockettfacts.com>

Sandcastle Day - See Sandcastle Central for tips and tricks on building sandcastles as well as some amazing sand sculpture photos.

<http://www.sandcastlecentral.com>

Wrench Birthday - The first wrench patent was granted to Solymon Merrick in 1835.



Monday, August 18
Day 230 135 Days Remaining

Mail Order Catalog Printing Day

Birthday of Virginia Dare – The first English child born in America was Virginia Dare, on this day in 1587 (her date of death is unknown). She is the namesake of Dare County, North Carolina. She was the granddaughter of John White, the governor of the Colony of Roanoke.

<http://www.britannica.com/EBchecked/topic/151518/Virginia-Dare>

<http://www.co.dare.nc.us/> Dare County, North Carolina

BTK Sentencing Day - On this day in 2005, serial killer, Dennis Rader, aka BTK, was sentenced to ten life sentences in prison and will not be eligible for parole for at least 175 years. The killings started in 1974 with the killing of four members of the Otero family. He eventually killed at least ten people with his last murder taking place in 1991. During the years of the killings Rader communicated with the police and newspapers and gave himself the name BTK (which stood for Bind, Torture, Kill). Rader does not appear to have been extremely popular or well liked but seemed to be a normal family man active in the community and in his church, and not the type of person you would suspect of murder. He may not have been caught if he hadn't started communicating with the police again.

<http://documentarystorm.com/b-t-k-the-worlds-most-elusive-serial-killer/>



Tuesday, August 19
Day 231 134 Days Remaining



National Aviation Day – This was designated in 1939 by President Franklin Roosevelt. This day was chosen because it is the birthday of Orville Wright (August 19, 1871 – January 30, 1948) and it celebrates the development of aviation. See The Aviation History Online Museum

<http://wright.nasa.gov/orville.htm>

www.aviation-history.com Aviation History Online Museum

<http://www.co.dare.nc.us/> Dare County, North Carolina

Stay at Home with Your Kids Day (third Monday) – This was started in 1999 by Work at Home Moms online magazine. The purpose is to encourage and support parents who have chosen to work from home in order to spend more time with their children.

<http://www.wahm.com>

<http://www.wahm.com/articles/Stay-Home-With-Your-Kids-Day.html>

World Photography Day – Louis Daguerre (November 18, 1787 – July 10, 1851) is credited with inventing photography. On this day in 1839 his invention of the Daguerreotype photographic process was announced by the French government as a gift “Free to the World.” This, and the invention of the Calotype process, lead to photography as we know it today.

www.worldphotographyday.org

National Soft Ice Cream Day

National Potato Day

Hot and Spicy Food Day

Birthday of President Bill Clinton – William Jefferson “Bill” Clinton (born August 19, 1946) was the forty-second president.

www.clintonfoundation.org

www.whitehouse.gov/about/presidents/williamjclinton



Wednesday, August 20
Day 232 133 Days Remaining

All-American Soap Box Derby Day - The first Soap Box Derby was held on this day in 1934.

<http://www.aasbd.org>

Chocolate Pecan Pie Day

Bad Hair Day – This is the birthday of Don King, born Cleveland, Ohio in 1931. You have to hand it to the guy. He would not be as well known as he is, if it wasn’t for the wild hairstyle. He is an American boxing promoter, famous for the “Rumble in the Jungle” and the “Thrilla in Manila.” He has had a long association with Mike Tyson.

<http://www.donking.com>

National Lemonade Day - Many sources indicate that lemonade was invented on this day in 1630 in Paris, France. However, the idea of adding water and sugar to fruit juice is not exclusive to one individual or location, and is likely to have been done by many.

National Radio Day

<http://www.westga.edu/~bquest/2001/radio.htm>

Dial Telephone Birthday - A. E. Keith and John and Charles Erickson applied for a patent on the dial telephone on this day in 1896.

World Mosquito Day - On this day in 1897 Dr. Ronald Ross discovered the link between mosquitoes and malaria. For this discovery he was awarded the Nobel Prize for medicine in 1902.

http://www.nobelprize.org/nobel_prizes/medicine/laureates/1902/ross-bio.html

<http://www.malariaosite.com/malaria/ross.htm>

Birthday of President Benjamin Harrison (August 20, 1833 – March 13, 1901) – He was the twenty-third president. He was a grandson of President William Henry Harrison.

<http://www.whitehouse.gov/about/presidents/benjaminharrison>

<http://www.presidentbenjaminharrison.org>

<http://millercenter.org/president/bharrison>

<http://www.history.com/topics/benjamin-harrison>



Thursday, August 21
Day 233 132 Days Remaining

National Spumoni Day

http://www.cooks.com/rec/search/0,1-0.spumoni_ice_cream.FF.html

Christopher Robin's Birthday - Christopher Robin Milne is the son of Alan Alexander Milne, author of the *Winnie the Pooh* book series. He was born on this day in 1920. Christopher and his stuffed animal collection were the inspiration behind the characters in the stories.

<http://www.gutenberg.org/browse/authors/m#a730>

<http://www.npg.org.uk/collections/search/person.php?LinkID=mp09399>

Monarch Butterflies Day - About this time of year monarch butterflies begin their annual migration from Canada and the northern part of the United States to central Mexico.

<http://www.monarchwatch.org>

National Senior Citizens Day – As designated by President Ronald Reagan in 1988.
<http://www.usa.gov/Topics/Seniors.shtml>

American Bar Association Birthday - The American Bar Association was founded on this day in 1878 in New York.

<http://www.americanbar.org>

Hawaii Admission Day - Hawaii became the 50th state on this day in 1959.

<http://www.hawaiihistory.org>

<http://www.gohawaii.com/statewide/travel-tips/history>

<http://www.history.com/topics/hawaii>

<http://www.hawaiianhistory.org>

<http://www.hawaiian-roots.com/hawaiihistory.htm>



Friday, August 22
Day 234 131 Days Remaining

Be an Angel Day - This was started in 1993 by Jayne Howard Feldman to encourage people to be an like an angel to someone today.

<http://www.earthangel4peace.com>

National Eat a Peach Day

Cadillac Birthday - The Cadillac Automobile Company was started on this day in 1902.

<http://www.cadillac.com>

Tooth Fairy Day (also celebrated on February 28)

Birthday of President Lyndon B. Johnson – Lyndon Baines Johnson (August 27, 1908 – January 22, 1973) was the thirty-sixth president of the United States of America.

<http://www.whitehouse.gov/about/presidents/lyndonbjohnson>

http://www.lbjlib.utexas.edu/johnson/archives.hom/biographys.hom/lbj_bio.asp

<http://www.history.com/topics/lyndon-b-johnson>

<http://www.nps.gov/ljjo/index.htm>

<http://millercenter.org/president/lbjohnson>

<http://www.lbjlibrary.org>

<http://www.pbs.org/wgbh/americanexperience/films/lbj/>



Saturday, August 23

Day 235 130 Days Remaining

Hug Your Sweetheart Day

Ride the Wind Day

Health Unit Coordinator Day - This was created in 1980 by the National Association of Health Unit Coordinators, Inc.

www.nahuc.org/HUC%20Day%20August%202023.htm

www.nahuc.org



Sunday, August 24

Day 236 129 Days Remaining

Shooting Star Day – We are not sure why this day is observed, since there are no meteor showers peaking tonight. The closest meteor shower, the Perseids, peaks on the night of August 12 and the morning of August 13. Tonight is actually the last night to see any meteors from the Perseids for this year, before the Earth finishes its annual pass through the path of comet Swift-Tuttle (which was discovered in 1862).

Waffle Day – The waffle iron was patented on this day in 1869 to Cornelius Swartwout.

International Strange Music Day – This was created by professional musician, Patrick Grant, to encourage people to expand their repertoire of music appreciation.

<http://www.strangemusic.com>

Single-Parent Family Day – According to the 2010 United States Census, 27% of children live with one parent.

<http://www.singleparentadvocate.org>

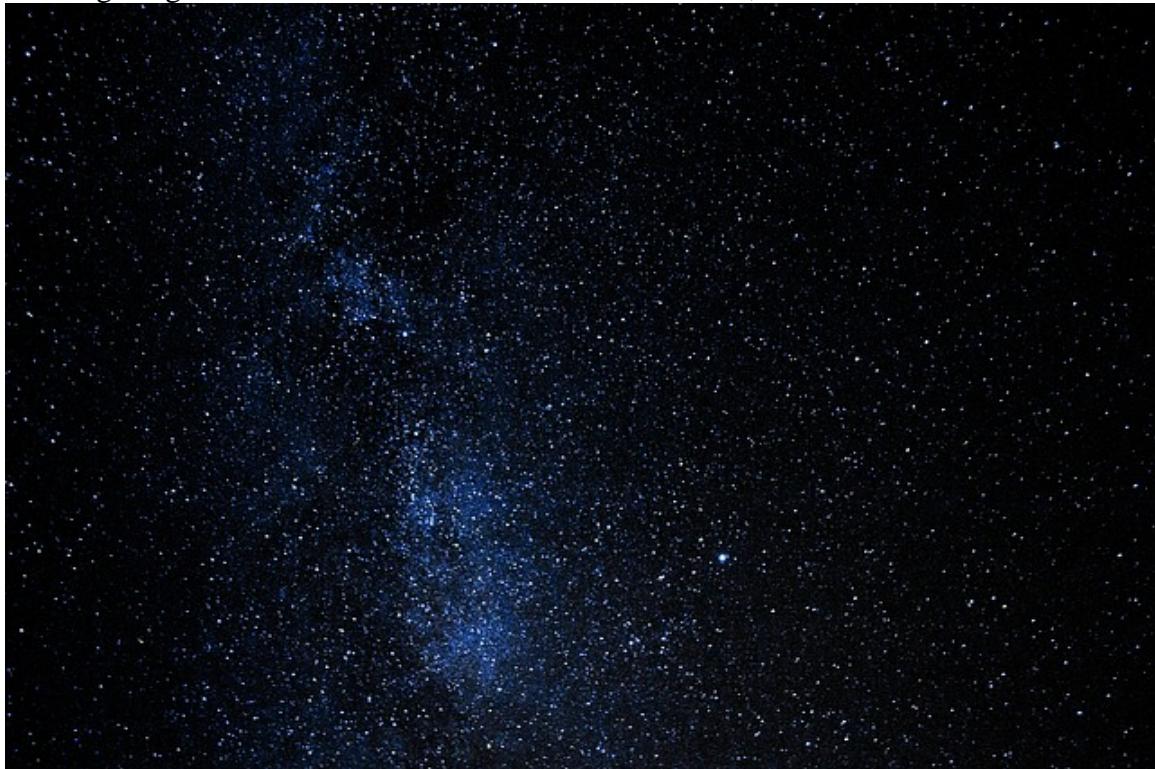
<http://www.webmd.com/parenting/features/single-parents-tips>

<http://singleparent411.org>



Monday, August 25
Day 237 128 Days Remaining

New Moon – The “New Moon” phase of the moon is when the moon is fully hidden in the earth’s shadow from the sun. A clear night during a new moon is a prime opportunity for stargazing. The new moon will occur at 9:13AM CST, 14:13 UTC.



Kiss and Make Up Day – A reaffirmation of affection is often the best way to bring about a reconciliation.

Healthy Lifestyle Day – Good health must be maintained on a daily basis.
<http://www.mayoclinic.com/health/HealthyLivingIndex/HealthyLivingIndex>

National Park Service Day – The National Park Service was established in 1916.
www.nps.gov

Amelia Earhart Day - On this day in 1932 Amelia Earhart became the first female aviator to fly nonstop across the United States.
<http://www.ameliaearhart.com>

English Channel Swim Day - On this day in 1875, Captain Matthew Webb (January 19, 1848 – July 24, 1883) of England became the first person to swim the English Channel without assistance. Eight years later he drowned while attempting to swim across the Niagara River just downriver from the Falls.



Tuesday, August 26

Day 238 127 Days Remaining

Birthday of Mother Teresa - Mother Teresa, born Anjezë Gonxhe Bojaxhiu (August 26, 1910 – September 5, 1997), celebrated her birthday on the 27th because that was the day she was baptized. After her death, she was beatified by Pope John Paul II and given the title “Blessed Teresa of Calcutta.”

<http://www.motherteresa.org>

http://www.nobelprize.org/nobel_prizes/peace/laureates/1979/teresa-bio.html

<http://www.ewtn.com/motherteresa/>

National Cherry Popsicle Day

www.popsicle.com

National Dog Day

This was created in 2004 by author and dog trainer, Colleen Paige.

<http://www.nationaldogday.com>

4-leaf clover Make Your Own Luck Day

Women's Equality Day - On this day in 1920 the Nineteenth Amendment to the Constitution, giving women the right to vote, became law. A Presidential Proclamation was made by President Obama in 2012.

<http://www.nwhp.org/resourcecenter/equalityday.php>

http://womenshistory.about.com/od/wed/Womens_Equality_Day_August_26.htm

<http://www.whitehouse.gov/the-press-office/2012/08/24/presidential-proclamation-women-s-equality-day-2012>

Horseshoe Day

Toilet Paper Birthday – Some sources list today as the day toilet paper was invented in 580. Because there were no patents, newspaper ads or written history of the event, no one really knows if this is true. People have tried all kinds of things before paper was invented. Some of the most common were grass, leaves, corncobs, stones, sponges and their left hand. In India, the custom is for food to only be consumed using the right hand.

After paper was invented, many people used old catalogs and newspapers. The rolled and perforated toilet paper like we use today was first produced around 1880. See the History of Toilet Paper:

<http://nobodys-perfect.com/vtpm/exhibithall/informational/tphistory.html>



Wednesday, August 27

Day 239 126 Days Remaining

National Banana Lovers Day – Bananas are the perfect food. They come in an easy to carry six-pack called a “bunch.” They come in biodegradable zip-open packaging. They have a snap-open top. They come with a non-slip grip. They have a built-in ripeness indicator: Green is not ripe yet, yellow is just right for eating, brown freckles mean it’s about to pass its expiration date, and dark brown means it’s ready for making banana bread. They are ergonomically designed for optimal insertion into the mouth. The fruit inside is soft, sweet and easily digested. They are very affordable, relatively speaking.

<http://nutritiondata.self.com/facts/fruits-and-fruit-juices/1846/2>

<http://www.banana.com>

<http://www.whfoods.com/genpage.php?tname=foodspice&dbid=7>

<http://www.chiquita.com/products/fruits/bananas.aspx>

Just Because Day – Just because you want to.

Motorist Consideration Day – If drivers would show some consideration of other drivers, there would be fewer accidents and definitely less stress.



Thursday, August 28

Day 240 125 Days Remaining

National Cherry Turnover Day

National Bow Tie Day

End of the Fairy Tale Day - Prince Charles and Princess Diana were divorced on this day in 1996.

I Have a Dream Day - This is the anniversary of Martin Luther King's famous speech in 1963, delivered from the steps of the Lincoln Memorial during the March on Washington for Jobs and Freedom to over 250,000 civil rights supporters.

<http://www.learnoutloud.com/Free-Audio-Video/Politics/-I-Have-a-Dream/7283>

<http://www.americanrhetoric.com/speeches/mlkihaveadream.htm>



Photo: LIFE



Friday, August 29
Day 241 124 Days Remaining

Neptune Night – The blue planet will be at its closest approach to Earth and its face will be fully illuminated by the Sun. This is the best time to view Neptune. Due to its distance, it will only appear as a tiny blue dot in all but the most powerful telescopes.

Chop Suey Day

Final Episode of The Fugitive - The final episode of the TV series The Fugitive was on this day in 1967.

<http://www.imdb.com/title/tt0056757/>

Lemon Juice Day - Lemon juice not only adds flavor to a wide variety of foods, it is also a great source of Vitamin C and flavonoids. It also can be used as a natural cleanser.

<http://www.food.com/library/lemon-juice-55>

<http://www.fitsugar.com/10-Reasons-Lemon-Juice-Good-You-14860617>

http://www.naturalnews.com/lemon_juice.html

<http://www.mnn.com/your-home/at-home/stories/24-things-you-can-clean-with-lemon>

Mary Poppins Day – The motion picture *Mary Poppins* was released by Disney on this day in 1964.

<http://www.imdb.com/title/tt0058331/>

<http://disneydvd.disney.go.com/mary-poppins-45th-anniversary-special-edition.html>

<http://movies.disney.com/movies/mary-poppins-4ba34c4976ce759e961b9666>

<http://www.marypoppins.com> The Broadway musical



Saturday, August 30
Day 242 123 Days Remaining

National Marshmallow Toasting Day – This time of year is too warm for a bonfire, but...

Rowboat Day – Apparently, today is the day to row, row, row your boat . . .

National Frankenstein Day – Birthday of Mary Wollstonecraft Shelley (August 30, 1797 – February 1, 1851), author of the book *Frankenstein*.

<http://people.brandeis.edu/~teuber/shelleybio.html>

<http://www.duluth.lib.mn.us/programs/frankenstein/shelleybio.html>

http://www.online-literature.com/shelley_mary/

<http://www.gutenberg.org/browse/authors/s#a61>



Sunday, August 31
Day 243 122 Days Remaining

Eat Outside Day

Trail Mix Day – Make your own trail mix with dried fruits, nuts and seeds. Add some M&M chocolate candies.

National Box Car Day

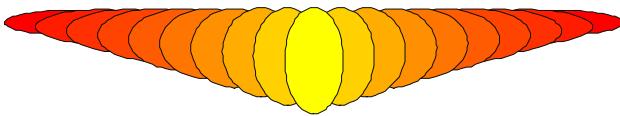
<http://www.marshallindependent.com/page/content.detail/id/535737/Box-Car-Days--soon-to-get-rolling-in-Tracy.html?nav=5015>

<http://www2.exploremnnesota.com/events/1887/box-car-days/details.aspx>

<http://www.tracymn.org>

Week-Long Events in

AUGUST



Simplify Your Life Week (first week)
www.OnlineOrganizing.com

Clown Week (first week)
www.InternationalClownWeek.org

Video Game Week (first week)

National Fraud Awareness Week (first full week)

This is sponsored by the FCC and aimed at phone and mail fraud. There are many types of fraud aimed at senior citizens.

www.fcc.gov
<http://www.poststat.net/pwp008/pub.52/issue.1098/article.4530/>

Smile Week (second week)
Visit your dentist regularly and keep smiling!

National Bargain Hunting Week (week starting the first Monday)

This was created by author Debbie Keri-Brown in 1996.

<http://bargainhunting.webs.com>

Air Conditioning Appreciation Week (second full week)

National Scrabble Week (second full week)

Don't Wait! Celebrate! Week (second full week)

This week was created by Patty Sachs to remind us that we don't always have to wait until a special occasion to celebrate.

<http://www.pattysachs.com/dontwait.htm>

Resurrect Romance Week (second full week)

This was started in 1995 by author Michael Webb to promote romantic gestures that focus on time and attention and not money or things.

<http://www.theromantic.com>

Aviation Week (week including Orville Wright's birthday, born Aug 19, 1874)
<http://www.aviation-history.com> The Aviation History Online Museum

Thanks for all the Gifts Week (third week)

National Friendship Week (third week)

National Veterinary Week (fourth week)

National Heritage Week (fourth full week)

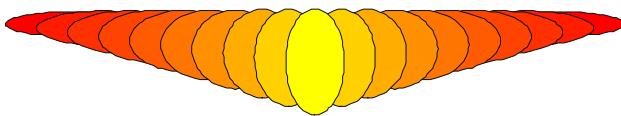
<http://www.heritageweek.ie>

Be Kind to Humankind Week (25 - 31)

This was created in 1988 by Lorraine Jara to encourage people not to ignore the needs of our fellow human beings.

<http://bk2hk.org>

Month-Long Events in **AUGUST**



Happiness Happens Month

<http://sohp.com> The Secret Society of Happy People

Hug Month

Romance Awareness Month

Artist Appreciation Month

http://www.artfactory.com/art_appreciation/art_appreciation.html

Air Travel Month

Family Fun Month

Golf Month

<http://www.golf.com>

National Parks Month

<http://www.nrpa.org> National Recreation and Park Association

Gladiola Month

<http://www.flower-gardening-made-easy.com/gladiola-bulbs.html>

Clown Month

<http://worldclown.com> World Clown Association

Win With Civility Month

Toddler Month

Get Ready for Kindergarten Month

Child Support Month

Data Entry Month

Inventors Month

http://inventors.about.com/od/astartinventors/a/Famous_Inventor.htm

Make a Will Month (also listed in May) - Making a will is something we tend to put off but it if you have ever had a family member pass away with no will you know the confusion and conflict it causes. Ideally a will should be drawn up by an attorney. But if that isn't an option there are many websites that will help you create your own will.

Coffee Month

<http://www.ineedcoffee.com>

Brownies at Brunch Month

Catfish Month

Harvest Month

Children's Eye Health and Safety Month

<http://www.preventblindness.org>

Children's Vision and Learning Month

<http://www.childrensvision.com> Children's Vision Information Network

Cataract Awareness Month

<http://www.aao.org> American Academy of Ophthalmology

Eye Exam Month – If it has been more than a year since your last eye exam you should schedule one today.

<http://www.seetolearn.com> Eye Care Council, Inc.

National Immunization Awareness Month

<http://www.cdc.gov/vaccines/events/niam/default.htm>

Medic Alert Month

<http://www.medicalert.org> MedicAlert Foundation

Psoriasis Awareness Month

<http://www.psoriasis.org> National Psoriasis Foundation

Spinal Muscular Atrophy Awareness Month

<http://www.curesma.org> Families of SMA

Water Quality Month

<http://wqic.nal.usda.gov> The Water Quality Information Center

SEPTEMBER

~ September 2014 ~						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Labor Day	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	Notes:			

Flower - Aster (signifies devotion and joy)

Alternate Flower - Morning Glory

Birthstone - Sapphire (signifies clear thinking and purity)

Name Origin - September is Latin for seventh (it was originally the seventh month)



Monday, September 1
Day 244 121 Days Remaining



Labor Day (first Monday) - This was started by the Knights of Labor to celebrate the working class. It was first observed as a legal holiday in Oregon in 1887. Congress declared it a national holiday in 1894.

National Cherry popover Day

Dr. Phil Day - Dr. Phil McGraw was born on this day in 1950. Even though he counsels couples having marital difficulty, he seems to be having some of his own.

<http://www.drphil.com>

Birthday of Rocky Marciano – Rocky Marciano (September 1, 1923 – August 31, 1969) was an American professional boxer and the World Heavyweight Champion.

American Chess Day



Tuesday, September 2
Day 245 120 Days Remaining

Pierce Your Ears Day

National Blueberry Popsicle Day

V-J Day - This is also called Victory over Japan Day. It marks the anniversary of the signing of the surrender documents by Japan that ended WWII in 1945.



Wednesday, September 3

Day 246 119 Days Remaining

National Wilderness Day - The Wilderness Act was enacted by Congress in 1964.

Skyscraper Day - This a day to appreciate the tall buildings in your area.

National Welsh Rarebit Day – Also known as Welsh Rabbit.



Thursday, September 4

Day 247 118 Days Remaining

World Chocolate Day

Eat an Extra Dessert Day

Kodak™ Anniversary - George Eastman patented roll film and trademarked the name "Kodak" in 1888.

<http://www.kodak.com/US/en/corp/kodakHistory/>

Bright Idea Day – A bright idea means nothing unless it is acted upon.

Newspaper Carrier Day - The first newspaper carrier, Barney Flaherty, was hired on this day in 1833 by the New York Sun.



Friday, September 5
Day 248 117 Days Remaining

Cheese Pizza Day

Clifford the Big Red Dog Birthday - The first book of the Clifford the Big Red Dog series was published in 1963. (Some sources say February 15, 1963.)

<http://www.scholastic.com/clifford/>

Be Late for Something Day

Birthday of Jesse James – Infamous western outlaw Jesse James (September 5, 1847 – April 3, 1882) was a bank robber, train robber, and murderer from Missouri. He was killed by a member of his own gang, Robert Ford, who wanted to collect a bounty on James.



Saturday, September 6
Day 249 116 Days Remaining

National Coffee Ice Cream Day

Read a Book Day - Visit your local library.

<http://www.nationalbook.org> National Book Foundation

Fight Procrastination Day (aka **Just Do It! Day**) - Whatever you've been putting off, now's the time. If what you are facing seems too difficult break it down into steps and do the first one. Often things are not as difficult as they seemed once you start.

Aunt's Day (Saturday after Labor Day, also celebrated the third Sunday in May)

Federal Lands Cleanup Day (Saturday after Labor Day) - This was created in 1985 to encourage all citizens to help in the cleanup of federal lands. President Reagan made a Presidential Proclamation on September 5, 1986.

<http://www.reagan.utexas.edu/archives/speeches/1986/090586c.htm>

National Hummingbird Day (first Saturday)



Sunday, September 7
Day 250 115 Days Remaining

Raggedy Ann's Birthday - The original Raggedy Ann doll was created in 1915 and the first of the book series came out in 1918.

Automobile Parade Day - On this day in 1899, the first automobile parade in America took place at Madison Square Garden in New York City.

Google Commemoration Day - Google was created on this day in 1998 by Sergey Brin and Larry Page.

<http://www.google.com/about/company/history/>

Neither Rain Nor Snow Day - This celebrates the opening of the New York Post Office on this day in 1914. Inscribed on the building is “Neither snow nor rain nor heat nor gloom of night, stays these couriers from the swift completion of their appointed rounds.”

Beer Lover's Day

ESPN Birthday - ESPN debuted in 1979.

<http://espncareers.com/about-us/history.aspx>

Grandparents Day (Sunday after Labor Day) - This was designated by President Jimmy Carter in 1978 with the urging of Marian McQuade. The official song of Grandparents Day is “A Song for Grandma and Grandpa” by Johnny Prill. The official flower is the forget-me-not.

<http://www.grandparents.com/grandkids/grandparents-day/when-is-grandparents-day>



Monday, September 8
Day 251 114 Days Remaining

Blue's Birthday - Blue's Clues premiered on this day in 1996.
<http://www.nickjr.com/blues-clues/>

International Literacy Day - This was designated by UNESCO in 1966 by the National Institute for Literacy.
<http://www.unesco.org/new/en/unesco/events/prizes-and-celebrations/celebrations/international-days/literacy-day/>

Miss America Anniversary – The first Miss America, Margaret Gorman of the District of Columbia, was crowned on this day in 1921 in Atlantic City, New Jersey.
<http://www.missamerica.org/our-miss-americas/miss-america-history.aspx>

Pledge of Allegiance Day - On this day in 1892 a Boston magazine published some words written by Francis Bellamy for students to repeat on October 12 (Columbus Day) that year. Those words, “I pledge allegiance to my Flag and the Republic for which it stands – one nation indivisible – with liberty and justice for all,” soon became known as the Pledge of Allegiance. In 1923, the words “my flag” were replaced with “the Flag of the United States of America.” On December 28, 1945 Congress officially recognized the Pledge of Allegiance. In 1954 the words “under God” were added.

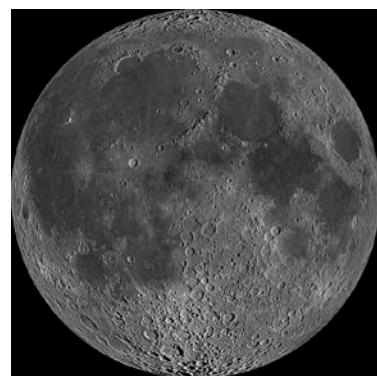
<http://www.ushistory.org/documents/pledge.htm>

Pardon Me Day - On this day in 1974, President Gerald Ford granted a “full, free, and absolute pardon unto Richard Nixon for all offenses against the United States which he, Richard Nixon, has committed or may have committed or taken part in during the period from January 20, 1969 through August 9, 1974.”



Tuesday, September 9
Day 252 113 Days Remaining

Fruit Moon or Harvest Moon (Full Moon) – The “Full Moon” phase of the Moon is when it is entirely outside of the Earth’s shadow from the Sun. On a clear night, the full moon can give enough light to make it possible to read a newspaper. A full moon can be used to promote a “Moonlight Madness” sale or other nighttime promotion. The full moon in September is called the “Fruit Moon” or “Harvest Moon.” The farmers trying to get their harvest in may take advantage of the light of the full moon to work



into the night. The full moon will occur at 01:38 UTC.

Teddy Bear Day – The stuffed bear cub toy was named for U.S. President Theodore Roosevelt, whose nickname was “Teddy.” Roosevelt refused to kill a captured American Black Bear captured by his attendants on a hunting trip in Mississippi in November 1902. He deemed it unsportsmanlike, but instructed them to kill the animal to put it out of its misery. A political cartoon by Clifford Berryman in The Washington Post on November 16, 1902 depicted Roosevelt refusing to shoot a cute little bear. Morris Michtom saw the cartoon and created a small stuffed bear cub, which he put on display in his store window with a sign that read, “Teddy’s Bear.” The new toy was an instant success and spawned the Ideal Novelty and Toy Co. Through mergers and acquisitions, what was the Ideal Toy Company is now part of Mattel, Inc.

Pampers Birthday - Pampers were first sold in 1961. The original disposable diapers were nothing like they are today. They were very bulky and just rectangular instead of fitted. There were no fasteners so you still had to use diaper pins. On top of that they were very expensive. Most people used them only for vacations because they were disposable. It was inconvenient to wash cloth diapers while away from home.

www.pampers.com

Birthday of NBC – The National Broadcasting Company was formed in 1926 by RCA (Radio Corporation of America). Its logo is a stylized peacock with different-colored feathers, first put into use when the network began broadcasting in color.

www.nbc.com

California Admission Day - California became the 31st state on this day in 1850.

<http://www.californiahistory.com>

<http://www.history.com/topics/california>

<http://www.californiahistoricalociety.org>

<http://www.ca.gov/about/history.html>



Wednesday, September 10
Day 253 112 Days Remaining

International Make Up Day

Sew Be It! Day – Elias Howe patented the first working sewing machine in the United States on this day in 1846.

National Swap Ideas Day – We all have a lot of ideas that just never go anywhere. Perhaps by swapping ideas we will find someone who can expand on our brainchild and carry it through to fruition.

Make Your Bed Day

World Suicide Prevention Day

<http://www.iasp.info> International Association for Suicide Prevention



Thursday, September 11

Day 254 111 Days Remaining

9-11 Anniversary – On this day in 2001 terrorists attacked the World Trade Center towers and the Pentagon.

<http://www.911memorial.org>

Patriots Day - This day is in memory of the 2,993 people killed in the September 11, 2001 attacks.

<http://www.911memorial.org>

National 911 Emergency Day – This was proclaimed by President Ronald Reagan in 1987. This day is to celebrate the 911 system and the public safety dispatchers who get rescue and/or medical assistance to those in need in case of an emergency.

<http://kidshealth.org/kid/watch/er/911.html>

No News is Good News Day

Hoover Dam - Hoover Dam, now a National Historic Landmark, was dedicated on this day in 1936.

<http://www.usbr.gov/lc/hooverdam/>

<http://travelnevada.com/destinations/hoover-dam/>

<http://www.history.com/topics/hoover-dam>

STOP a Suicide Today (Thursday of the week including the 10th) - Of the almost 30,000 who commit suicide every year, seventy percent of them give some kind of warning ahead of time.

<http://www.stopasuicide.org> Stop a Suicide Today!

National Day of the Working Parent (second Thursday) - Working parents have a constant juggling act to try to balance both work and home lives. Thank goodness for FMLA in helping parents be able to take time off when their children are ill.



Friday, September 12
Day 255 110 Days Remaining

National Chocolate Milkshake Day – This is a favorite holiday of many people, young and old.

National Policewoman Day

National Video Games Day – Not all video games are a waste of time. Some are designed to make learning fun.



Saturday, September 13
Day 256 109 Days Remaining

Positive Thinking Day

<http://www.positivethinkingday.com>

Fortune Cookie Day – There are several different claims as to the origin of the fortune cookie. Most likely they were first created in California in the early 1900's.

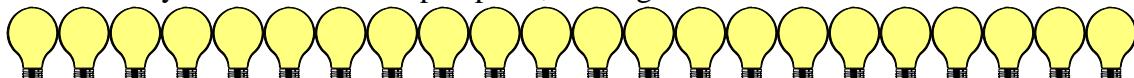


Promotional Fortune Cookies!



Nobody can resist finding out their fortune! Promotional Fortune Cookies can be used to promote a business product or service. We can provide a marketing program or business promotion with fortune cookies containing customized messages. These fortune cookies are individually-wrapped, making them easy to distribute. We can also provide them in a customized Chinese restaurant take-out box, to continue the promotion theme!

Promotional Fortune Cookies are a fun way to promote your business and get the attention of your customers and prospects, making this a ***Great Promotional Idea!***



National Peanut Day

<http://www.peanut-institute.org>

Bald is Beautiful Day (also celebrated on October 14)

Defy Superstition Day - So walk under a ladder, break a mirror, let a black cat cross your path, open an umbrella indoors and do all those other things that many people feel are bad luck.

Thank a Programmer Day - Everything you do on a computer has a programmer behind it.

Scooby-Doo Birthday - Scooby-Doo debuted on this day in 1969.

National Iguana Awareness Day (second Saturday)

<http://exoticpets.about.com/cs/iguanas/a/niad.htm> Iguana care tips



Sunday, September 14

Day 257 108 Days Remaining

National Cream-Filled Donut Day

Greenpeace Day – Greenpeace was founded in 1971.

<http://www.greenpeace.org/usa/en/>

Francis Scott Key Day – Francis Scott Key wrote The Star Spangled Banner in 1814.

Lone Ranger Day – Clayton Moore (September 14, 1914 – December 28, 1999) played a fictional western character, The Lone Ranger, on the television series of the same name. The program ran from 1949-1951 and from 1954-1957.

National Pet Memorial Day - (second Sunday)



Monday, September 15

Day 258 107 Days Remaining

PHF Sibling Appreciation Day – The Pediatric Hydrocephalus Foundation, Inc is a 501c(3) not-for-profit corporation whose purpose is to fund a cure for hydrocephalus, a birth disorder of the brain.

www.hydrocephaluskids.org

Felt Hat Day - The weather is starting to cool and so it is time to bring out your felt hat.

International Sing-Out Day (this is also celebrated on April 23) - Sing in the shower, sing in the car on the way to work, get a group together to sing on your lunch hour, have a family song fest after dinner, and last of all sing your baby to sleep.

Born to Be Wild Day – We are not sure of the reason for this day, but it may be a good day to listen to Steppenwolf's "Born to Be Wild."

National Caregivers Day - If you know someone who is a caregiver for a sick relative or friend try to support them in any way you can. Just taking over for an hour while they take a nap can be a great help. If you don't feel you can handle caregiving then offer to do some shopping, mow the lawn or some other task.

SomeDay – We couldn't find much information about this day but most likely it is the time to do all those things we planned to do "someday."

Birthday of President William Howard Taft (September 15, 1857 – March 8, 1930) – He was the twenty-seventh president.

<http://www.whitehouse.gov/about/presidents/williamhowardtaft>

<http://millercenter.org/president/taft>

<http://www.history.com/topics/william-howard-taft>

<http://www.nps.gov/wiho/index.htm>

<http://www.supremecourthistory.org/history-of-the-court/chief-justices/william-howard-taft-1921-1930/>



Tuesday, September 16
Day 259 106 Days Remaining

Wife Appreciation Day – Don't look at this as just another day to bring flowers and candy. See it as a day to seriously think of all the contributions your wife brings to the relationship. Make a point of telling her how much you appreciate those things.

Play-Doh® Day - Play-Doh® was created by Joe McVicker in 1956.

http://www.hasbro.com/playdoh/en_us/

Collect Rocks Day

<http://suite101.com/article/rock-collecting-for-beginners-a95918>

National Step-Family Day

<http://www.blended-families.com>

International Day for the Preservation of the Ozone Layer - This was started by the United Nations General Assembly in 1994 to commemorate the Montreal Protocol on Substances that Deplete the Ozone Layer signing in 1987.

<http://www.un.org/en/events/ozoneday/>

Mayflower Departure Anniversary - The Pilgrims left Plymouth, England on the Mayflower on this day in 1620 and arrived in the new world November 21, 1620.

Wrinkled Raincoat Day - One way to get wrinkles out of a raincoat is to put it in the dryer with a couple of wet bath towels. Check it every few minutes so it doesn't overheat.

Trail of Tears Commemoration Day

<http://www.nationaltota.org> Trail of Tears Association

Mexican Independence Day - The Mexican War of Independence against the Spanish started on this day in 1810 and ended September 27, 1821.



Wednesday, September 17
Day 260 105 Days Remaining



Constitution Day – This was established 1940 to commemorate the anniversary of the ratification of the Constitution in 1787. In 1952 it was officially changed from Citizenship Day to Constitution Day but continues to be known by both names.

M*A*S*H Premier Day – M*A*S*H premiered on this day in 1972 and ended on February 28, 1983.

National Apple Dumpling Day

National School Backpack Awareness Day (third Wednesday) – It's important to know how carrying a heavy backpack can affect your child's health.

http://www.promoteot.org/AI_BackpackAwareness.html American Occupational Therapy Association.



Thursday, September 18
Day 261 104 Days Remaining

International Eat an Apple Day

<http://www.usapple.org> U.S. Apple Association

Long Playing Record Day - RCA Victor introduced a phonograph record in 1931 that could hold fifteen minutes of music per side.

U.S. Air Force Birthday - The Air Force was established as a separate branch of the military on this day in 1947.

www.airforce.com

New York Times Birthday - The New York Times was founded on this day in 1851.

<http://www.nytco.com/company/>



Friday, September 19
Day 262 103 Days Remaining



POW/MIA Recognition Day (third Friday)

www.vfw.org Veterans of Foreign Wars of the United States

National Butterscotch Pudding Day

Women's E-Commerce Awareness Day - This day is to raise awareness among women of the potential of e-commerce businesses for women.

International Talk Like a Pirate Day

<http://www.talklikeapirate.com>



Saturday, September 20
Day 263 102 Days Remaining

Leil Selichot – A minor Jewish holiday: Prayers for forgiveness in preparation for the High Holidays.

<http://www.hebcal.com/holidays/2013-2014>

Thank You Day (also celebrated on August 12) - It's always a good day to thank people for the things they do.

National Punch Day

National Student Day

National Farm Safety Day

California Coastal Cleanup Day (third Saturday) - This was started in 1985.
<http://www.coastal.ca.gov/publiced/ccd/ccd.html> California Coastal Commission

Idaho Spud Day (third Saturday)

National Neighborhood Day (third Saturday) - This was created in 2004 to help build relationships within neighborhoods that will lead to stronger communities.
<http://neighborhoodday.org>



Sunday, September 21
Day 264 101 Days Remaining

Pause the World Day - Wouldn't it be great if all the noise and hustle and bustle could stop for a day and we could just sit and think or have long conversations with friends and loved ones.

World Gratitude Day - This was created by the United Nations to remind us to express appreciation for things people and groups do in making the world a better place.

International Day of Peace - This was designated by the United Nations in 1995 and is also known as World Peace Day.

<http://www.internationaldayofpeace.org>
<http://www.un.org/en/events/peaceday/>

Miniature Golf Day (also celebrated the second Saturday in May)

National Women's Friendship Day (third Sunday) - This was created in 1999 by the Kappa Delta Sorority. "Men come and go, but girlfriends are forever...and they're really handy at mocking the men who go."

<http://www.kappadelta.org>
<http://www.kappadelta.org/nwfmguest>



Monday, September 22

Day 265 100 Days Remaining

Last Day of Summer – Today would seem to be the perfect day for a celebration of the outdoors. Plan a picnic or barbecue, along with some fun activities for family and friends. Enjoy the Last Day of Summer!

National White Chocolate Day

National Respect for Centenarians Day - More and more people are living to be 100 or more. Hopefully someone is taking the time to find out more about the lifestyle choices and family history of those who managed to live such a long life.

Band-Aid Birthday - The band-aid was invented by Earle Dickson in 1921.

American Business Women's Day - This is the anniversary of the founding of the American Business Women's Association.

www.abwa.org

Elephant Appreciation Day™ - This was created by Wayne Hepburn in 1996.

http://www.himandus.net/elefunteria/eday/eday_main.html

U.S. Post Office Anniversary - On this day in 1789 the Act was adopted that established a post office and Postmaster General. For info about the post office see the Smithsonian National Postal Museum, the site has info about the history of the Post Office as well as games and puzzles for all ages.

www.usps.com

<http://www.postalmuseum.si.edu>

Family Day – A Day to Eat Dinner With Your Children™ (fourth Monday) - This was started in 2001 by The National Center on Addiction and Substance Abuse.

<http://www.casacolumbia.org/templates/Home.aspx?articleid=287&zoneid=32>



Tuesday, September 23

Day 266 99 Days Remaining

Autumn Equinox - The Sun will shine directly on the equator and there will be nearly equal amounts of day and night throughout the world. This is also the first day of fall (autumnal equinox) in the northern hemisphere and the first day of spring (vernal equinox) in the southern hemisphere.

First Day of Fall – In case you are not familiar with astronomical terms such as the one cited directly above, today is the first day of the Autumn or Fall season in the northern hemisphere (United States).

CASA Family Day – Started in 2001 by the National Center on Addiction and Substance Abuse at Columbia University. “A national initiative to remind parents that YOU have the power to keep your kids substance free!”

<http://casafamilyday.org/familyday/>

Dear Diary Day – It is suggested that everyone keep a journal or diary of some kind. It may sound too simple to be true, but writing things down is a good way to help you come to a decision as well as relieve stress.

Neptune Birthday - On this day in 1846, astronomer Johann Gottfried Galle discovered the planet Neptune.

Checkers Day - This doesn't have anything to do with playing checkers, although you can celebrate it that way if you want. This is the day a speech was given by then vice-presidential candidate Richard M. Nixon. There had been speculation about the misuse of campaign funds. During the speech Nixon denied misusing the funds. He also talked about a new puppy his daughter had that they named “Checkers.” Evidently the public decided that a dog-lover must be honest.



Wednesday, September 24

Day 267 98 Days Remaining

New Moon – The “New Moon” phase of the moon is when the moon is fully hidden in the earth’s shadow from the sun. A clear night during a new moon is a prime opportunity for stargazing. The new moon will occur at 1:13AM CST, 06:13 UTC.



National Punctuation Day® - This was created by Jeff Rubin in 2004 to emphasize the importance of proper punctuation.

<http://www.nationalpunctuationday.com>

Transatlantic Telephone Anniversary - The first transatlantic telephone cable was finished on this day in 1956.

Gallbladder Good Health Day

<http://www.womentowomen.com/digestionandgihealth/gallbladderhealth.aspx>

National Women's Health & Fitness Day (last Wednesday)

<http://www.fitnessday.com>



Thursday, September 25
Day 268 97 Days Remaining

Rosh Hashana – The Jewish New Year (Hebrew Year 5775). Rosh Hashana begins at sundown today and continues until sundown tomorrow, September 26.

<http://www.hebcal.com/holidays/2014-2015>

National One-Hit Wonder Day

Uno Birthday - Uno was invented in 1971.

Newspaper Day - The first U.S. newspaper published was in Boston, Massachusetts in 1690. It was shut down immediately by the British and the publisher arrested.

RAINN Day (fourth Thursday) - This is an annual campaign to raise awareness of sexual violence on college campuses, sponsored by RAINN (Rape, Abuse and Incest National Network).

<http://www.rainn.org/rainnday>



Friday, September 26
Day 269 96 Days Remaining

Johnny Appleseed Day - Johnny Appleseed, whose real name was John Chapman, was born on this day in 1774.

National Food Service Employees Day - Think how different our lives would be if we had to cook every meal we eat. Thank a food service employee.

International Tool Day - This celebrates those individuals who make their living using tools or who spend their spare time making things with tools.

United States Postal Service Day - The first postmaster general to serve under the constitution was Samuel Osgood, appointed on this day in 1789.

<http://www.postalmuseum.si.edu>

National Mesothelioma Awareness Day

www.curemeso.org Mesothelioma Applied Research Foundation

Native American Day (fourth Friday) - This was created in 1968 by President Ronald Reagan.

<http://www.nativeamericanday.com>



Saturday, September 27

Day 270 95 Days Remaining

Shabbat Shuva – A special Jewish Shabbat (Sabbath) that falls between Rosh Hashanah and Yom Kippur (Shabbat of Returning).

<http://www.hebcal.com/holidays/2014-2015>

Crush a Can Day - Crushing aluminum cans can be a good way to work off stress--and they take up much less room in your recycle bin.

Ancestor Appreciation Day - As you learn more about your ancestors you are sure to find a great appreciation of the trials and tribulations many of them went through. A great place to start a search for your ancestors is Cyndi's List.

www.cyndislist.com

Fun and Fancy Free Day - On this day in 1947, Disney released a feature film titled *Fun and Fancy Free*.

National Public Lands Day (last Saturday) - National Public Lands Day is a time for us to volunteer to clean up and improve the public lands that we all enjoy.

<http://www.publiclandsday.org>

National Hunting and Fishing Day® (fourth Saturday) - This was designated by President Richard Nixon in 1972. I am guessing this day was selected because it is still warm enough to fish in most places and some hunting seasons are already open.

<http://www.nhfd.org>

Rabbit Day (fourth Saturday) - This day encourages keeping rabbits as pets and protecting rabbits in the wild. It also discourages the use of rabbit fur and rabbits as food.

Family Health and Fitness Day (last Saturday)

<http://www.fitnessday.com>

<http://www.aafp.org/online/en/home.html>



Sunday, September 28
Day 271 94 Days Remaining



Gold Star Mothers Day (last Sunday) - This day is to honor mothers who have lost a son or daughter who was serving in the United States Armed Forces.

www.goldstarmoms.com American Gold Star Mothers, Inc.
www.army.mil/goldstarmothers/
www.goldstarmothersday.com

Tzom Gedaliah (date varies) – A minor Jewish fast: Fast of the Seventh Month, commemorates the assassination of the Jewish governor of Judah. Begins at sundown.
<http://www.hebcal.com/holidays/2014-2015>

Read a Child a Book You Like Day - If you don't have any books left from your childhood you will likely find some of your old favorites at your local library.

National Good Neighbor Day - This was started by Becky Mattson from Montana to recognize the importance of good neighbors. It was celebrated on the fourth Sunday of September until the U.S. Senate passed a resolution in 2003 that it be September 28.

National Strawberry Cream Pie Day

Birthday of Confucius - Well-known Chinese philosopher, Confucius, was born on this day in 551 BC.

World Rabies Day

<http://www.worldrabiesday.org>

World Heart Day (last Sunday) - This was created in 1999 by the World Heart Federation.

www.world-heart-federation.org



Monday, September 29

Day 272 93 Days Remaining

VFW Day - The Veterans of Foreign Wars was established on this day in 1899.
www.vfw.org

National Coffee Day

Broadway Musicals Day

Saint Gabriel Feast Day - This was originally set as March 24 in 1921 when it was first included in the General Roman Calendar. In 1969 the date was changed to September 29. Saint Gabriel is the patron saint of messengers - including postal, telephone, and telecommunications workers.



Tuesday, September 30

Day 273 92 Days Remaining

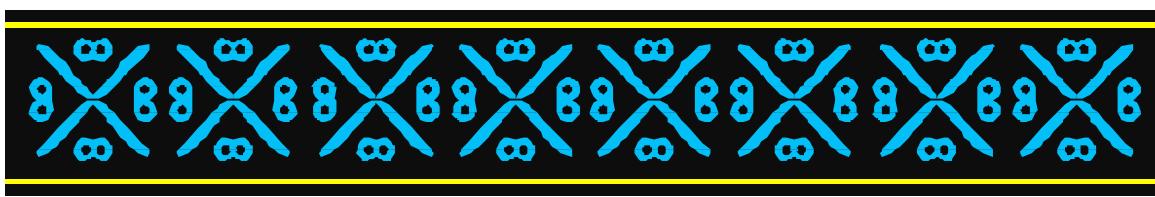
National Hot Mulled Cider Day

World Series TV Premier - The World Series was televised for the first time on this day in 1947. The New York Yankees beat the Brooklyn Dodgers.

Goodbye Howdy Doody Day - The last episode of Howdy Doody was on this day in 1960. Clarabell the clown had never spoken a word during the show until that day when he said "Goodbye, kids."

Ask a Stupid Question Day (last school day of September) - Generally this is celebrated by students trying to think of silly questions to ask in class.

Week-Long Events in SEPTEMBER



International Enthusiasm Week (1 - 7)

Find something today you can be enthusiastic about and pass on that enthusiasm to others.

Childhood Injury Prevention week (first full week)

<http://www.safekids.org> Safe Kids USA®.

Waffle Week (first full week)**National Suicide Prevention Week (week that includes the 10th)**

www.suicidology.org The American Association of Suicidology

International Housekeepers Week (second full week)

www.ieha.org International Executive Housekeepers Association

National Invisible Chronic Illness Awareness Week (second full week)

<http://invisibleillnessweek.com>

National Assisted Living Week® (second full week)

This was created by the National Center for Assisted Living in 1995.

www.ahcacal.org/ncal/

National No Bully Week (second full school week)

Make your school has a firm and comprehensive no bullying policy.

Substitute Teacher Appreciations Week (second full school week)**Wilderness Week (third week)**

This is a week for wilderness advocates to meet with members of Congress to discuss protecting remaining wilderness areas.

TV Turn-off Week (third week)

This is also celebrated in April. Now that the weather has warmed up, it is a good time to explore outside activities.

www.tvturnoff.org Center for Screen-Time Awareness

National Farm Safety and Health Week (third full week)

www.necasag.org National Education Center for Agricultural Safety

Build a Better Image Week (third full week)

People form an opinion of you by how they see you dress, act, talk, walk, etc. You can build a better image of yourself, and improve the way you are perceived.

Constitution Week (third full week)

www.constitutionweekusa.com

Farm Animals Week (third full week)

This is sponsored by the Humane Society of the United States.

www.humanesociety.org

National Farm and Ranch Safety Week (third full week)

www.necasag.org National Education Center for Agricultural Safety

National Rehabilitation Awareness week (third full week)

www.nraf-rehabnet.org National Rehabilitation Awareness Foundation

National Unmarried and Single Americans Week (third full week)

<http://www.celebratelove.com/singlesweek.htm>

Prostate Cancer Awareness Week (third full week)

www.pcaawareness.net

www.pcf.org Prostate Cancer Foundation

Balance Awareness Week (third full week)

If you have never suffered from vertigo, dizziness or other balance issues you are probably not aware of the difficulties it can cause. This was created in 1997 by the Vestibular Disorders Association.

www.vestibular.org

Restless Leg Syndrome Education and Awareness Week (third full week)

www.rls.org Restless Legs Syndrome Foundation

National Dog Week (third full week)

National Flower Week (third full week)

http://landscaping.about.com/cs/landscapecolor/a/fall_flowers.htm

Angel Week (24 - 28)

Deaf Awareness Week (last full week)

www.nad.org National Association of the Deaf

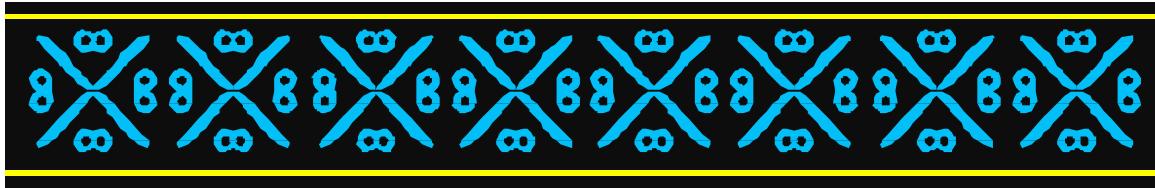
National Chimney Safety Week (week starting the last Sunday)

www.csia.org Chimney Safety Institute of America

Adult Immunization Awareness Week (week starting the last Sunday)

www.nfid.org National Foundation for Infectious Diseases

**Month-Long Events in
SEPTEMBER**



National Service Dog Month

www.naturalbalanceinc.com/national-service-dog-month.aspx

Hunger Action Month

<http://hungeractionmonth.org>

<http://feedingamerica.org>

Fall Hat Month

http://www.gone-ta-pott.com/national_fall_hat_month.html

Square Dance Month

<http://www.dosado.com>

Ballroom Dancing Month

www.BallroomDancers.com

Classical Music Month

www.classical.net

Piano Month

<http://pianonet.com> The National Piano Foundation

Pleasure Your Mate Month

<http://marriage.families.com/blog/pleasure-your-mate-month-come-to-your-senses>

Reunion Planning Month

Children's Good Manners Month

<http://members.cox.net/dr.manners/> The Good Manners Club™

Courtesy Month

www.notsocommoncourtesy.com Not So Common Courtesy™

Library Card Sign-up Month

www.ilovelibraries.org™

Literacy Month

www.nifl.gov National Institute for Literacy

Little League® Month

www.littleleague.org Little League® Online

National Yoga Awareness Month - See YogaMonth.org.

School Success Month

Youth Activities Month - There is a fine balance between a child being so busy they don't have time to be a kid and a child having so much idle time they get into trouble.
<http://www.essortment.com/many-extracurricular-activities-many-65239.html>

Metaphysical Awareness Month

Subliminal Communication Month

<http://www.skepdic.com/subliminal.html>

Self-Awareness Month

<http://stress.about.com/b/2009/09/01/september-is-self-awareness-month.htm> Stress Management Blog

Self-Improvement Month - There are many great websites offering self-improvement.

Save the Tiger Month

<http://www.panthera.org/programs/tiger/save-tiger-fund>

Be Kind to Editors and Writers Month

http://www.associatedcontent.com/article/369074/september_is_be_kind_to_editors_and_.html?cat=4

College Savings Month - designated by Congress in 2003.

www.collegesavings.org College Savings Plans Network

Coupon Month

www.SavingAdvice.com

Hispanic Heritage Month (September 15 - October 15)

<http://www.somosprimos.com/heritage.htm>

Sea Cadet Month – This was designated in 1997 by the Navy League of the U.S. The Naval Sea Cadet Corps is a great program for young people between eleven and seventeen years old.

Better Breakfast Month

www.BetterBreakfast.org

Biscuit Month

National Chicken Month
www.nationalchickenmonth.com

Five-a-Day Month
<http://www.fruitsandveggiesmatter.gov/>

Fruit and Veggies - More Matters™ Month
www.FoodSafety.gov
<http://www.fruitsandveggiesmatter.gov/>

Honey Month
www.honey.com National Honey Board

Mushroom Month - See
<http://mushroominfo.com> Fresh Mushrooms - Nature's Hidden Treasure

Organic Harvest Month™
www.ota.com/news/ohmcalendar.html Organic Trade Association

Potato Month

Rice Month - This was designated by Congress in 1991.
www.usarice.com USA Rice Federation

Whole Grains Month
www.wholegrainscouncil.org

Baby Safety Month - This was designated in 1991 by the Juvenile Products Manufacturers Association.
http://www.jpma.org/bsm/2010/index.php?section=about&content=about_bsm

Sports and Home Eye Safety Month
<http://www.preventblindness.org/safety>

Menopause Awareness Month
www.menopause.org North American Menopause Society

Gum Care Month
<http://www.webmd.com/oral-health/teeth-and-gum-care>

ADHD Awareness Month
www.adhdAwareness.com

National Alcohol and Drug Addiction Recovery Month
www.recoverymonth.gov

National Atrial Fibrillation Awareness Month
www.StopAfib.org

Childhood Cancer Month
www.CureSearch.org

National Cholesterol Education Month
<http://www.webmd.com/cholesterol-management/>
<http://hp2010.nhlbihin.net> National Heart, Lung and Blood Institute

Cold and Flu Campaign Month
<http://www.webmd.com/cold-and-flu/default.htm> Cold and Flu Health Center

Emergency Preparedness Month – Create an Emergency Plan and be prepared for different types of emergencies.

Food Allergy Awareness Month
www.foodallergy.org Food Allergy and Anaphylaxis Network

Food Safety Education Month
www.FoodSafety.gov

Gynecologic Cancer Awareness Month
www.thegcf.org Gynecologic Cancer Foundation

National Head Lice Prevention Month
www.HeadLice.org

Healthy Aging Month
www.healthyaging.net Healthy Aging®

National Infant Mortality Awareness Month
www.nationalhealthystart.org National Healthy Start Association

Leukemia and Lymphoma Awareness Month
www.lls.org Leukemia and Lymphoma Society®

Osteopathic Medicine Month
<http://www.aacom.org/about/osteomed/pages/default.aspx>

Ovarian Cancer Awareness Month
www.ovarian.org National Ovarian Cancer Coalition

Pain Awareness Month
www.PainAwareness.org

www.painfoundation.org American Pain Foundation

National Pediculosis Prevention Month

www.HeadLice.org

Prostate Cancer Awareness Month

<http://zerocancer.org> Zero – The Project to End Prostate Cancer

<http://www.pcaawareness.net> Prostate Cancer Awareness

www.pcf.org Prostate Cancer Foundation

Reye's Syndrome Awareness Month

www.reyessyndrome.org National Reye's Syndrome Foundation

National Sickle Cell Month

<http://www.sicklecelldisease.org> Break the Sickle Cycle

Spinal Cord Injury Awareness Month

www.spinalcord.org National Spinal Cord Injury Association

Stop the Violence and Save Our Kids Month –

<http://www.topix.com/album/detail/bronx-ny/UNOG70U57GV989OI> Stop the Violence - Save Our Children

OCTOBER

~ October 2014 ~						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6	7	8	9	10	11
12	13 Columbus Day	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31 Halloween	Notes:

Flower - Calendula (signifies cheerfulness and friendship)

Alternate Flowers - Marigold, Cosmos

Birthstone - Opal (signifies hope and innocence)

Alternate Birthstone - Pink Tourmaline

October Name Origin - October is Latin for eighth (it was originally the eighth month)



Wednesday, October 1
Day 274 91 Days Remaining

Send a Smile Day - Send a happy e-card, postal mail card or text message to someone who needs it.

National Homemade Cookie Day – See these cookie recipes:
<http://allrecipes.com//Recipes/desserts/cookies/>

Less Than Perfect Day

Compact Disc Birthday - The first music CD was released on this day in 1982. It was Billy Joel's 52nd Street.

International Day of Older Persons - This was designated by the United Nations General Assembly in 1990.

Model T Birthday - The Ford Model T was introduced on this day in 1908.

Postcard Birthday - The first postcards were issued on this day in 1869 in Vienna, Austria.

Special Delivery Birthday - The post office began special delivery mail service in the United States in 1885.

World Vegetarian Day - The North American Vegetarian Society was established on this day in 1977.

www.navs-online.org

Walt Disney World Day - Walt Disney World opened on this day in 1971 in Orlando, Florida.

World Series Birthday - The first Major League baseball World Series started on this day in 1903. The Boston Americans beat the Pittsburgh Pirates.

Yosemite National Park Anniversary - Yosemite National Park was established in 1890 with the help of naturalist John Muir.

Birthday of President Jimmy Carter (born in 1924) - He was the thirty-ninth president.
<http://www.whitehouse.gov/about/presidents/>

International Walk to School Day (first Wednesday) - This started in 2000.
www.walktoschool.org



Thursday, October 2
Day 275 90 Days Remaining

Guardian Angel Day

Name Your Car Day – Naming your car or vehicle is one way to personalize it without it costing you a cent.

www.namely-yours.com/on-cars.php

National Custodial Worker Day – Custodial workers often do the job nobody else wants. If you like your surroundings, thank a custodial worker.

Twilight Zone Birthday – The television show *Twilight Zone* debuted on this day in 1959.

National Depression Screening Day® (first Thursday)
www.mentalhealthscreening.org Screening for Mental Health®



Friday, October 3

Day 276 89 Days Remaining

Look at the Leaves Day – Depending on where you live, the leaves on most of the hardwood trees have changed color.

Techies Day – If you are an electronics aficionado, today is your day.

Captain Kangaroo Anniversary – The children's television show *Captain Kangaroo* debuted on this day in 1955.

Family TV Show Day – A few decades ago, the first hour of television programming in the evening (after the news and game shows) was called the “family hour.” Even though we have many programming choices available to us to today, finding a values-based program that the whole family can watch together can provide an opportunity for the family to talk, discuss, share and bond.

Mickey Mouse Club Birthday – A children's television show, the *Mickey Mouse Club*, debuted on this day in 1955.

Lee National Denim Day (first Friday) - This is a huge fundraiser for breast cancer research, sponsored by Lee, a manufacturer of denim clothing.

www.denimday.com

World Smile Day® (first Friday) - On this day do what you can to make people smile, starting with yourself. In 1963 commercial artist Harvey Ball created the now familiar yellow and black smiley face symbol. In 1999 Harvey created World Smile Day® because he felt the commercialization of the symbol had detracted from his original intention of it standing for kindness and happiness.



Diversity Day (first Friday) - Today is the day to recognize and appreciate our differences and what we can accomplish because of them.



Saturday, October 4

Day 277 88 Days Remaining

Yom Kippur – A major Jewish holiday, Yom Kippur (Day of Atonement), begins at sundown.

<http://www.hebcal.com/holidays/2014-2015>

Astronomy Day (Part 2) – Astronomy Day is an annual event intended to provide a means of interaction between the general public and various astronomy enthusiasts, groups and professionals. The theme of Astronomy Day is “Bringing Astronomy to the People,” and on this day astronomy and stargazing clubs and other organizations around the world will plan special events. You can find out about special local events by contacting your local astronomy club or planetarium. You can also find more about Astronomy Day by visiting the website below.

<http://www.astroleague.org/al/astrod/astrod.html> The Astronomical League

Taco Day (also celebrated on June 12)

World Animal Day - This is a day to recognize and appreciate the plethora of animals that we share our world with.

www.worldanimalday.org.uk

Snoopy's Birthday – Cartoonist Charles Shultz introduced a dog named “Snoopy” in his *Peanuts* comic strip on this day in 1950. Snoopy was more human than canine. We (the readers) could read what he was thinking (text in a thought cloud). Snoopy fantasized about being a WWI ace fighter pilot, shooting it out in the skies with the Red Baron. He struggled as a writer, typing draft after draft on a manual typewriter while sitting on top of his doghouse (which is where he also slept, by the way). He philosophized about the great (and not so great) mysteries of life. Over time, Snoopy became more popular than his fictional master, Charlie Brown.

National Golf Day Anniversary - This is sponsored by the PGA as a charitable fund raising event. The date for the event varies by year but the first National Golf Day was held on this day in 1952.

www.golf.com

Toot Your Flute Day – Another way of saying “blow your own horn.” Don’t think that it’s being proud or arrogant to promote yourself. Especially if you have a business. Toot, blow, beat, shout – do whatever it takes to be noticed.

Ten-Four Day – In radio operator code, “ten-four” signifies an affirmative response or acknowledgement. Since today is the fourth day of the tenth month (10/4), it is a good day for affirmative action or acknowledgement.

Birthday of President Rutherford B. Hayes (born in 1822) - He was the nineteenth president.

<http://www.whitehouse.gov/about/presidents/>

International Frugal Fun Day (first Saturday) – Being frugal can be fun.
www.frugalfun.com



Sunday, October 5
Day 278 87 Days Remaining

Do Something Nice Day – Celebrate this day by doing something nice for someone.

Long Walk Day - On June 20, 1970 David Kunst set off to be the first person to walk around the world. Twenty-one pairs of shoes and over four years later he finished his walk on this day in 1974.

National Storytelling Day – Everyone loves a good story. Start telling a story, and watch as people stop to listen.

National Be Nice to Lawyers Day - Lawyers are the butt of many jokes. Today is a day to be nice to lawyers for a change.

World Teacher's Day - This was created in 1994. If you can read this, thank a teacher!

World Series Radio Broadcast Anniversary - The World Series was broadcast on radio for the first time in 1921. The New York Giants beat the New York Yankees five games to three.

Birthday of President Chester A. Arthur (born in 1829) - He was the twenty-first president.

<http://www.whitehouse.gov/about/presidents/>

Intergeneration Day (first Sunday) – Also known as Bridge the Generation Gap Day.
<http://www.intergenerationday.org>



Monday, October 6

Day 279 86 Days Remaining

Mad Hatter Day – English author Charles Lutwidge Dodgson (pseudonym Lewis Carroll) wrote a novel in 1865 entitled *Alice's Adventures in Wonderland*. One of his characters is the Mad Hatter. A slip of paper sticking out of the band of his hat says “10/6.” So today is a day to be silly like the Mad Hatter.

Garlic Lovers Day

<http://www.garlic-central.com/garlic-cooking.html>

Talking Motion Picture Birthday - The first motion picture to use spoken dialog was The Jazz Singer, which premiered on this day in 1927. It was created by Warner Brothers using a wax record for the sound and synchronizing the record with the film.

Physician Assistant Day

German-American Heritage Day - On this day in 1683 thirteen German families arrived in Philadelphia and eventually founded Germantown, Pennsylvania. This recognition day was designated in 1983 by President Ronald Reagan.

National Child Health Day (first Monday)

<http://www.mchb.hrsa.gov> Maternal and Child Health Bureau

World Habitat Day (first Monday) - This was designated by the United Nations.



Tuesday, October 7

Day 280 85 Days Remaining

Uranus Night – The blue-green planet will be at its closest approach to Earth and its face will be fully illuminated by the Sun. This is the best time to view Uranus. Due to its distance, it will only appear as a tiny blue-green dot in all but the most powerful telescopes.

Frappe Day

National Flower Day - On this day in 1986, President Ronald Reagan signed the bill that made the rose our national flower.

Bathtub Day

G-Rated Birthday - It was in 1968 that the Motion Picture Association of America's film-rating system was developed. The G rating (general audiences, all ages admitted) is the only rating that has not changed.



Wednesday, October 8
Day 281 84 Days Remaining

Hunter's Moon or Harvest Moon (Full Moon) – The “Full Moon” phase of the Moon is when it is entirely outside of the Earth’s shadow from the Sun. On a clear night, the full moon can give enough light to make it possible to read a newspaper. A full moon can be used to promote a “Moonlight Madness” sale or other nighttime promotion. The full moon in October is called the “Hunter’s Moon” or “Harvest Moon.” This is probably because hunters can see their prey more easily with the light of the moon. Farmers trying to get their harvest in may take advantage of the light of the full moon to work into the night. The full moon will occur at 10:51 UTC.



Total Lunar Eclipse – A total lunar eclipse occurs when the Moon passes completely through the Earth's dark shadow, or umbra. During this type of eclipse, the Moon will gradually get darker and then take on a rusty or blood red color. The eclipse will be visible throughout most of North America, South America, eastern Asia, and Australia.
<http://eclipse.gsfc.nasa.gov/LEplot/LEplot2001/LE2014Oct08T.pdf>

Draconids Meteor Shower – The Draconids is a minor meteor shower producing only about 10 meteors per hour. It is produced by dust grains left behind by comet 21P Giacobini-Zinner, which was first discovered in 1900. The shower runs annually from October 6-10 and peaks this year on the night of the 8th and morning of the 9th. Unfortunately the glare from the full moon this year will block out all but the brightest meteors. If you are extremely patient, you may be able to catch a few good ones. Best

viewing will be just after midnight from a dark location far away from city lights. Meteors will radiate from the constellation Draco, but can appear anywhere in the sky.

American Touch Tag Day – Often called “Tag You’re It,” this is one of the oldest and most popular children’s games worldwide. One of the reasons why is because the rules are so simple: If the person who is “it” touches you, you become “it.”

Children's Day - This was designated by President Bill Clinton in 2000.

Back to Basics Day

<http://backtobasicliving.com/blog/>

Lovable Lawyers Day – There is always someone who loves the lawyer. If a lawyer wins his court case, his client loves him. If he loses, then the opposing plaintiff loves him.

Take Your Teddy Bear to Work and School Day (second Wednesday)

SAVE Today (second Wednesday) - SAVE stands for Stop America's Violence Everywhere. This day was created in 1995 by the American Medical Association Alliance.

www.amaalliance.org

Emergency Nurses Day (second Wednesday)

www.ena.org Emergency Nurses Association



Thursday, October 9

Day 282 83 Days Remaining

Sukkot (Feast of Tabernacles) – A major Jewish holiday, begins at sundown tonight and continues for seven days (eight in the diaspora).

<http://www.hebcal.com/holidays/2014-2015>

National Sneakers Day – Sneakers are called such because they have soft rubber soles that make little or no noise, making it possible for the wearer to “sneek” by.

Curious Events Day

Two-way Telephone Conversation Anniversary - The first two-way long-distance telephone conversation took place on this day in 1876 between Boston and Cambridge.

The significance of this event is the fact that both parties could talk and be heard simultaneously. Prior to this, the line had to be switched between talk and listen mode.

Fire Prevention Day

www.FireSafety.gov

<http://complianceandsafety.com/safety-tips/fire-safety-tips>

Leif Erikson Day - This was designated by Congress in 1963. It is a day set aside to honor Leif Erikson and his fellow Norwegian explorers who were the first Europeans to arrive in North America.



Friday, October 10
Day 283 82 Days Remaining

National Metric Day – Celebrated by geeks and math teachers (is there a difference?) because today is the tenth day of the tenth month. The metric system of measurement is based on the unit *ten*. The United States is one of only three countries that have yet to adopt the Metric System as their official system of weights and measures. Burma (Myanmar) and Liberia are the other two countries. Our monetary system is metric (100 cents in a dollar), and soda comes in two liter bottles, but that's about it. The Metric Conversion Act of 1975 only provides government assistance for the *voluntary* conversion to the metric system.

www.nctm.org National Council of Teachers of Mathematics

www.ansi.org American National Standards Institute

National Angel Food Cake Day

Tuxedo Day – The tuxedo was introduced to American Society by New York millionaire James Brown Potter. Potter brought the new style of dinner jacket home from London, and wore it to a ball at the Tuxedo Club in New York in 1886. The other gentlemen attending saw the new attire and adopted it as their informal dining uniform.

www.thetuxedoclub.org

World Mental Health Day - Designated by The World Federation for Mental Health to promote mental health awareness and education.

www.wfmh.org World Federation for Mental Health

U.S. Naval Academy Anniversary – The United States Naval Academy was established on this day in 1845.

www.usna.edu United States Naval Academy

World Egg Day (second Friday) - This was designated by the International Egg Commission.

www.internationalegg.com International Egg Commission



Saturday, October 11

Day 284 81 Days Remaining

It's My Party Day - Any day is a good day for a party.

“You Go, Girl” Day - This is a day to recognize and acknowledge the accomplishments of females.

Sausage Pizza Day – Usually this is Italian sausage.



Sunday, October 12

Day 285 80 Days Remaining

Destiny Day – “It is in your moments of decision that your destiny is shaped.” Tony Robbins

World Arthritis Day – (part of National Action Week) 14th Annual Bone and Joint Health National Awareness Week dedicating specific days to major conditions affecting the musculoskeletal system, with activities planned in countries around the world aimed at highlighting the severe impact of these disorders on millions of children, adults and elderly people worldwide. Today is dedicated to focusing on arthritis. For more information please visit:

http://www.usbjd.org/projects/NAW_op.cfm?CFID=289606&CFTOKEN=71775577

National Gumbo Day

Old Farmers Day

U.S. Navy Memorial Anniversary - The U.S. Navy Memorial was dedicated on this day in 1991 in Washington D.C.

www.navymemorial.org

Freethought Day - This is observed by freethinkers, humanists and others on the anniversary of the end of the Salem witch trials. See Freethought Day

<http://freethoughtday.org>

www.freethoughtdayatdisney.org

<http://ffrf.org> Freedom From Religion Foundation

www.huumanists.org/events/freethought-day HUUMANISTS

www.facebook.com/FreethoughtDay

National Clergy Appreciation Day (second Sunday) – Also known as National Pastor Appreciation Day.

www.my-pastor.com/what-day-is-pastor-appreciation-day.html



Monday, October 13
Day 286 79 Days Remaining



Columbus Day (observed second Monday) - Christopher Columbus arrived in America on October 12, 1492.

www.eyewitnesstohistory.com/columbus.htm

Canadian Thanksgiving Day (second Monday) - This was designated by the Canadian Parliament in 1957.

Skeptics Day – This is also observed on January 13th and on the first Friday the 13th of the year (June 13, 2014).

U. S. Navy Birthday - The Continental Congress established the Continental Navy on this day in 1775.

Metastatic Breast Cancer Awareness Day

<http://mbcn.org> Metastatic Breast Cancer Network



Tuesday, October 14
Day 287 78 Days Remaining

National Dessert Day

Bald is Beautiful Day (also celebrated on September 13)

Winnie-the-Pooh Anniversary – The first Winnie-the-Pooh book was published on this day in 1926.

National FRUMP Day – This day honors all FRUMPs, that is Frugal, Responsible, Unpretentious, Mature Persons.

national lower case day – It is much easier to read an email or text message that has correct capitalization. For those who do not want to take the time to do that at least type in all lower case and not IN ALL UPPER CASE (that is considered SHOUTING!).

Occupational Therapy Day – As designated by President George Bush in 1992.
www.aota.org The American Occupational Therapy Association

Birthday of President Dwight D. Eisenhower – Dwight David “Ike” Eisenhower (October 14, 1890 – March 28, 1969) was the thirty-fourth president.

www.whitehouse.gov/about/presidents
www.dwightdeisenhower.com



Wednesday, October 15
Day 288 77 Days Remaining

National Mushroom Day
<http://mushroominfo.com>

National Poetry Day – This is the birthday of the Roman poet Virgil.
www.poets.org/page.php/prmID/41 The Academy of American Poets

National Grouch Day – According to *Sesame Street Magazine*.
http://muppet.wikia.com/wiki/National_Grouch_Day

Sewing Lovers Day

Pregnancy and Infant Loss Remembrance Day – This was designated by House of Representatives Resolution 222 in 2006.

www.compassionatefriends.org The Compassionate Friends

White Cane Safety Day - This was created in 1964 to celebrate the independence given to visually impaired people by a white cane.

<https://nfb.org/white-cane-safety-day> NFB (National Federation of the Blind)



Thursday, October 16
Day 289 76 Days Remaining

Shmini Atzeret – A major Jewish holiday, Shmini Atzeret (Eighth Day of Assembly), begins at sundown tonight.

<http://www.hebcal.com/holidays/2014-2015>

World Spine Day – (part of National Action Week) 14th Annual Bone and Joint Health National Awareness Week dedicating specific days to major conditions affecting the musculoskeletal system, with activities planned in countries around the world aimed at highlighting the severe impact of these disorders on millions of children, adults and elderly people worldwide. Today is dedicated to focusing on spine health and treatment. For more information please visit:

http://www.usbjd.org/projects/NAW_op.cfm?CFID=289606&CFTOKEN=71775577

Dictionary Day – Birthday of Noah Webster (October 16, 1758 – May 28, 1843), who created the first American dictionary.

www.noahwebsterhouse.org

Learn a Word Day - This is another day created in honor of Noah Webster's birthday. Webster, who created the first American dictionary, was born on this day in 1758.

<http://www.notablebiographies.com/Tu-We/Webster-Noah.html>

National Boss Day - A card or verbal thanks to your boss is probably more appropriate than a gift for this day. If there are several people employed where you work it would be

better to get together and decide what to do rather than let it become a competition to see who gives the best gift.

National Feral Cat Day

www.nationalcatday.com

World Food Day

www.worldfooddayusa.org The U.S. Committee for World Food Day

Get Smart About Credit Day (third Thursday) – Too many people do not understand the true cost of using credit. Credit should be seen as a financial management tool, not as available spending money. Look at the total cost of a purchase using credit: principle plus interest payments. Use credit to leverage your money for growth through equity acquisition.



Friday, October 17
Day 290 75 Days Remaining

Simchat Torah – A major Jewish holiday, Simchat Torah (Day of Celebrating the Torah) begins at sundown tonight.

<http://www.hebcal.com/holidays/2014-2015>

Wear Something Gaudy Day – Now you have an excuse.

Black Poetry Day - This day celebrates Jupiter Hammon, the first published African-American poet. Check your public library for the works of Langston Hughes, Maya Angelou, Margaret Walker, Paul Laurence Dunbar, or your favorite black poet.

International Day for the Eradication of Poverty - This was started in 1987 in Paris to remember victims of extreme poverty. In 1992 the United Nations General Assembly designated this as a day for governments and others to work together on the issue of poverty.

World Trauma Day – (part of National Action Week) 14th Annual Bone and Joint Health National Awareness Week dedicating specific days to major conditions affecting the musculoskeletal system, with activities planned in countries around the world aimed at highlighting the severe impact of these disorders on millions of children, adults and elderly people worldwide. Today is dedicated to focusing on trauma. For more information please visit:

http://www.usbjd.org/projects/NAW_op.cfm?CFID=289606&CFTOKEN=71775577

National Mammography Day (third Friday)
www.nbcam.org National Breast Cancer Awareness Month
www.cancer.org American Cancer Society



Saturday, October 18
Day 291 74 Days Remaining

National Chocolate Cupcake Day

Watch a Squirrel Day – It can be fun to watch how diligent and industrious squirrels are. These qualities make the squirrel a good choice for an office project mascot. Squirrels are also a symbol of frugality, storing up nuts for the winter. Use this characteristic for an employee profit-sharing or retirement plan, or any program that involves preparing for the future.

National Concern About Young People and Violence Day - Any solution concerning young people and violence has to involve parents and teachers as well as legal authorities.

No Beard Day – It can take months to grow a beard, but it can be shaved off in a minute or two.

World Menopause Day

www.menopause.org North American Menopause Society
www.healthline.com/health/menopause Menopause Info and Resources

Women in Military Service Memorial - The Women in Military Service for America Memorial was dedicated in 1997.
www.womensmemorial.org



Sunday, October 19
Day 292 73 Days Remaining

World Pediatric Bone and Joint (PB&J) Day – (part of National Action Week) 14th Annual Bone and Joint Health National Awareness Week dedicating specific days to major conditions affecting the musculoskeletal system, with activities planned in countries around the world aimed at highlighting the severe impact of these disorders on millions of children, adults and elderly people worldwide. Today is dedicated to focusing on pediatric bones and joints. For more information please visit:

http://www.usbjd.org/projects/NAW_op.cfm?CFID=289606&CFTOKEN=71775577

Change Your Life Day - Many of us think about things we could do to change our lives. Today is the day to stop thinking and start doing.

Star-Spangled Banner Debut - The *Star-Spangled Banner* was first sung in public on this day in 1814.

Sweetest Day (third Sunday) - The first Sweetest Day was in 1921 when candy makers in Cleveland, Ohio gave boxes of candy to the poor and needy. Several other candy makers in different places at different times have done the same thing. Some people today celebrate this as a day for women to give candy to their husbands or boyfriends. Others see it as a day to be extra nice today to those less fortunate than themselves.

Sunday School Teacher Appreciation Day (third Sunday) – Your Sunday School teacher works every Sunday morning without pay to give you a better understanding of the Bible.



Monday, October 20
Day 293 72 Days Remaining

World Osteoporosis Day – (part of National Action Week) 14th Annual Bone and Joint Health National Awareness Week dedicating specific days to major conditions affecting the musculoskeletal system, with activities planned in countries around the world aimed at highlighting the severe impact of these disorders on millions of children, adults and elderly people worldwide. Today is dedicated to focusing on osteoporosis. For more information please visit:

http://www.usbjd.org/projects/NAW_op.cfm?CFID=289606&CFTOKEN=71775577

Shampoo Day

Suspenders Day – Celebrate by wearing your suspenders today.

International Air Traffic Control Day

National Brandied Fruit Day

World Osteoporosis Day

<http://www.iofbonehealth.org> International Osteoporosis Foundation

International Adjust Your Chair Day (third Monday) - Many people sit in a chair everyday that is not in an ergonomically correct position. This can cause all kinds of problems over the long term, especially if you work at a computer.

<http://www.healthycomputing.com/office/setup/chair/>



Tuesday, October 21
Day 294 71 Days Remaining

Orionids Meteor Shower – The Orionids is an average shower producing up to 20 meteors per hour at its peak. It is produced by dust grains left behind by comet Halley, which has been known and observed since ancient times. The shower runs annually from October 2 to November 7. It peaks this year on the night of October 21 and the morning of October 22. This will be an excellent year for the Orionids because there will be no moon to interfere with the show (the New Moon will fully occur on October 23). Best viewing will be from a dark location after midnight. Meteors will radiate from the constellation Orion, but can appear anywhere in the sky.

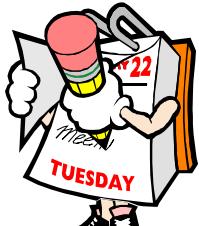
Garbanzo Bean Day - Garbanzo beans are also known as chickpeas. They are also mashed to become hummus.

Count Your Buttons Day

Reptile Awareness Day

<http://www.reptilechannel.com/reptile-awareness-day.aspx>

<http://pro.petfinder.com/reptile-awareness-day/>



Wednesday, October 22

Day 295 70 Days Remaining

Clean Up the Earth Day - Earth Day only comes once a year so this day was created halfway between to remind us that caring for the environment cannot be accomplished in just one day.

Eat a Pretzel Day

National Nut Day - You can either eat nuts or act nutty...or both.

National Knee Day

Parachute Birthday - The first practical parachute was invented by Louis-Sebastian Lenormand in 1783.

Scientific Literature Day - Scientific journals that require peer review for publication are extremely important. People can and do make all kinds of outlandish claims and it would be difficult for the general public to check everything out.

Stuttering Awareness Day

www.stutteringhelp.org The Stuttering Foundation®

Used Car Dealership Birthday - The first used car dealership was opened on this day in London, England in 1897.

Lung Health Day (fourth Wednesday)

www.lungusa.org American Lung Association

www.aarc.org American Association for Respiratory Care



Thursday, October 23

Day 296 69 Days Remaining



Partial Solar Eclipse – A partial solar eclipse occurs when the Moon covers only a part of the Sun, sometimes resembling a bite taken out of a cookie. A partial solar eclipse can only be safely observed with a special solar filter or by looking at the Sun's reflection (not in a mirror). The partial eclipse will be visible throughout most of North and Central America.

<http://eclipse.gsfc.nasa.gov/SEplot/SEplot2001/SE2014Oct23P.GIF>

Do-It-Yourself Day – On this day in 1910, Blanche Stuart Scott was the first female to fly solo in an airplane.

<http://earlyaviators.com/eblanche.htm>

Soccer Player Day

National Mole Day – This day is to promote interest in chemistry. The date comes from Avogadro's Number (6.02×10^{23}), which is a basic measuring unit in chemistry.

Organized by the National Mole Day Foundation, Inc., the day is celebrated between 6:02 AM and 6:02 PM, making the date 6:02 10/23, an approximation of Avogadro's Number.

www.moleday.org

New Moon – The “New Moon” phase of the moon is when the moon is fully hidden in the earth’s shadow from the sun. A clear night during a new moon is a prime opportunity for stargazing. The new moon will occur at 4:56PM CST, 21:56 UTC.



TV Talk Show Host Day – Birthday of Johnny Carson (October 23, 1925 – January 23, 2005) who hosted The Tonight Show from 1962 - 1992. During that time, it was called “The Tonight Show Starring Johnny Carson.” In the opening credits, Carson was introduced with an exaggerated “Here’s Johnny!”

www.johnnycarson.com



Friday, October 24

Day 297 68 Days Remaining

Hershey Inc. Day - The Hershey Company was incorporated on this day in 1927.

National Bologna Day - This day is very easy and inexpensive to celebrate. Have sandwiches for lunch and dinner and do something fun or productive during the time you would normally spend cooking.

40-Hour Work Week Day - On this day in 1938 the Fair Labor Standards Act went into effect.

Transcontinental Telegram Birthday - On this day in 1861 the first transcontinental telegram was sent.

United Nations Day - The official start of the United Nations was on this day in 1945 when the charter was ratified.



Saturday, October 25

Day 298 67 Days Remaining

World Pizza Maker's Day

World Pasta Day
www.ilovepasta.org National Pasta Association

National Cartoonists Against Crime Day - This day is in honor of cartoonists who promote crime prevention through their cartoons.

Make a Difference Day (fourth Saturday) – This was created by USA Weekend Magazine. This is the day to help your neighbors or help out with local projects in your community



Sunday, October 26
Day 299 66 Days Remaining

National Pumpkin Day - This is the day to select and carve a pumpkin in preparation for Halloween.

Horseless Carriage Day

Mule Day - The first mules in America arrived in Boston, Massachusetts, in 1785. They were a gift from King Charles III of Spain.

Mother-in-Law Day (fourth Sunday) – This holiday was created in 2002.



Monday, October 27
Day 300 65 Days Remaining



Navy Day – Starting in 1922, this day is celebrated on the birthday of President Theodore Roosevelt because he was such a strong supporter of the Navy.

Birthday of President Theodore Roosevelt – Theodore “Teddy” Roosevelt (October 27, 1858 – January 6, 1919) was the twenty-sixth president.

www.whitehouse.gov/about/presidents/theodoreroosevelt

Boxer Shorts Birthday - Boxer shorts were introduced in 1901.

Birthday of Dylan Thomas – Welsh poet Dylan Thomas (October 27, 1914 – November 9, 1953) wrote *Do Not Go Gentle into That Good Night*.



Tuesday, October 28
Day 301 64 Days Remaining

Ugly Pickup Truck Day – If you own one, be proud because today is your day!

National Chocolate Day

Plush Animal Lovers Day – Plush animals are not just for children, a lot of adults collect them as well.

Bring Your Jack-O-Lantern to Work Day

Bill Gates Day – Microsoft CEO, Bill Gates, was born on this day in 1955.

Criminal Fingerprints Day – The first national fingerprint repository was created in 1904 by the International Association of Chiefs of Police.

Separation of Church and State Day - On this day in 1963 the Supreme Court ruled that Bible reading (other than private) in public schools was unconstitutional.

Lady Liberty's Birthday – The Statue of Liberty, a gift from France, was dedicated on this day in 1886.

Ticker-Tape Parade Birthday - The first ticker-tape parade was on this day in 1886. It was not a planned event but a spontaneous response to the dedication of the statue of liberty. Since ticker-tape machines are no longer used the paper in ticker-tape parades is mostly shredded waste office paper.



Wednesday, October 29
Day 302 63 Days Remaining

National Cat Day
www.nationalcatday.com

Internet Birthday – The first network transmission of data was on this day in 1969 between the University of California in Los Angeles and the Stanford Research Institute.
www.internetsociety.org

Hermit Day

National Oatmeal Day
www.quakeroats.com

Stock Market Crash – On October 24, 1929 there was a major dip in stock prices but by afternoon things recovered. Four days later, on the 29th, there was an even larger crash without a recovery. Known as “Black Tuesday,” this marked the beginning of the Great Depression which lasted into the mid-1940’s (World War II).



Thursday, October 30
Day 303 62 Days Remaining

Candy Corn Day - Brach's alone sells enough candy corn every year to circle the earth more than four times if the pieces were laid end to end.

Devil's Night (Angel's Night) – In Detroit, Michigan starting in the 1930's this night was a time for acts of petty vandalism like soaping windows, toilet papering yards, etc. But starting in the 70's the vandalism became destructive and included arson. In 1995 the city organized Angel's Night. They have more than 50,000 volunteers patrolling the streets and a youth curfew starting at 6 p.m. This has greatly reduced the problem.

www.detroitmi.gov/DepartmentsandAgencies/AngelsNight.aspx

Mischief Night - In many places this is a night when you might be expected to have things written on your car windows with soap or toilet paper strewn over your shrubs. It is a lot of fun for pre-teens and teens to be able to do things they ordinarily wouldn't but can easily get out of hand.

Bodybuilders Day

Create a Great Funeral Day - This was created in 1999 by author, Stephanie West Allen. Whether you are someone who like to have things done your way or whether you just don't want to burden the loved ones you leave with the task, pre-planning your funeral is a good idea.

www.nfda.org/planning-a-funeral/preplanning.html

Birthday of President John Adams (October 30, 1735 – July 4, 1826) - He was the second president. Ironically, both he and his successor, Thomas Jefferson, died within hours of each other on Independence Day in 1826.

www.whitehouse.gov/about/presidents



Friday, October 31
Day 304 61 Days Remaining

Halloween – The name is believed to have originated from “All Hallows’ Eve,” as it is the eve of All Hallows or All Saints Day (November 1st).

National Caramel Apple Day

Knock-Knock Joke Day - Kids of trick-or-treating age also like knock-knock jokes. So have some ready for the kids who come to your door tonight. For those who don't care for knock-knock jokes here's one you might enjoy telling:

Knock, Knock.

Who's there?

Police.

Police who?

Police stop telling knock, knock jokes!

Magic Day – This was created by the Society of American Magicians to commemorate the death of Harry Houdini who was president of that group when he died on this day in 1926.

<http://magicsam.com> Society of American Magicians

Increase Your Psychic Powers Day - Whether or not psychic powers exist, we can discern others intentions and emotions by reading their body language, watching facial expressions and listening for changes in their tone of voice.

Trick or Treat for UNICEF Day - The United Nations Children's Fund was formerly called the United Nations International Children's Emergency Fund and that is where the acronym UNICEF comes from. One of their fund raisers is having children trick or treat for UNICEF donations instead of candy.

<http://youth.unicefusa.org/trickortreat>

Mount Rushmore Anniversary - The sculptures on Mount Rushmore were started October 4, 1927 and completed on this day in 1941.

www.nps.gov/moru

Nevada Admission Day - Nevada became the 46th state in 1907.

www.history.com/topics/nevada

Week-Long Events in **OCTOBER**



Hearing Aid Awareness Week (first full week)

<http://ihsinfo.org> International Hearing Society

www.healthyhearing.com

National Work From Home Week (first full week)

Many jobs can be done just as well from home, saving commuting time, office space and gasoline. If you think your job could be done at home, talk to your employer.

www.homebiznotes.com/home-biz-owners-celebration-national-work-from-home-week/

National Carry a Tune Week (week that includes the 7th)

William Billings (October 7, 1746 – September 26, 1800) was the first popular composer born in America. He is regarded as the father of American choral music.

www.uh.edu/engines/epi1188.htm Engines of Our Ingenuity

Universal Children's Week (first week)

Children are our future and they deserve to be protected from harm, educated well and brought up to be respectful, responsible adults.

Squirrel Appreciation Week (first full week)

Mental Illness Awareness Week (first full week)

www.nami.org National Alliance on Mental Illness

National Newspaper Week (first full week)

<http://nnaweb.org> National Newspaper Association

Mystery Series Week (first full week)

Two-thirds of all new mysteries each year feature a series detective.

Get Organized Week (first full week)

www.napo.net National Association of Professional Organizers

Nuclear Medicine Week (first full week)

www.snm.org Society of Nuclear Medicine and Molecular Imaging

No Salt Week (first full week)

There are a lot of herbs and spices that give food great flavor without salt and are a lot better for you.

www.hsph.harvard.edu/nutritionsource/salt-substitutes/ Harvard School of Public Health

Financial Planning Week (first full week)

www.fpanet.org Financial Planning Association

4-H Week (first full week)

www.4-h.org

Spinning and Weaving Week (first full week)

www.weavespindye.org Handweavers Guild of America, Inc.

Customer Service Week (first full week)

This is a week for companies to recognize the value and importance of good customer service employees.

www.csweek.com

Teller Appreciation Week (first full work week)

www.bankersonline.com

Drive Safely Work Week (first full work week)

<http://trafficsafety.org> NETS® (Network of Employers for Traffic Safety)

National Fire Prevention Week (week including the 9th)

www.nfpa.org National Fire Protection Association

www.firesafetytips.com

National Metric Week (week including the 10th)

www.nvtm.org National Council of Teachers of Mathematics

Emergency Nurses Week (week including the second Wednesday)

www.ena.org Emergency Nurses Association

National Pet Peeve Week (second week)

Make a list of your top three pet peeves and compare the list with your friends.

Physician Assistants Week (second week)

National Wildlife Refuge Week (second full week) – Visit and support a wildlife refuge near you.

www.fws.gov/refuges/

Earth Science Week (second full week)

This was created by the American Geological Institute.

www.agiweb.org

Customer Service Week (second full work week) – Serving the people who serve customers.

www.csweek.com

Home-Based Business Week (second full week)

Having a home-based business can be very convenient. If you are considering it, do extensive research about a business before getting started.

World Rainforest Week (second full week)

<http://ran.org> Rainforest Action Network.

Improve Your Home Office Week (second full week)

See Top 10 Ways to Improve Your Home-Office Productivity and Motivation:

<http://ezinearticles.com/?Top-10-Ways-to-Improve-Your-Home-Office-Productivity-and-Motivation&id=4188771>

National Health Care Quality Week (second full week)

www.nahq.org National Association for Healthcare Quality

National School Lunch Week (second full school week)

<http://schoolnutrition.org> School Nutrition Association

Bone and Joint Decade National Action Week (12 - 20)

An annual global event, Bone and Joint Health National Awareness Week is held October 12-20 with activities focused on disorders including arthritis, back pain, osteoporosis and trauma. The events and projects organized by individuals and organizations worldwide are designed to raise awareness of prevention, disease management and treatments as well as advances in a number of areas.

http://www.usbjd.org/projects/NAW_op.cfm?CFID=289606&CFTOKEN=71775577

www.usbji.org

National Food Bank Week (week including the 16th)

This was created in 1987 to recognize the importance of food banks.

National Health Education Week (third week)

www.nche.org National Center for Health Education

National Business Women's Week (third week)

This was celebrated in April starting in 1928 and changed to October in 1938.

<http://www.bpw-international.org> BPW International

International Infection Prevention Week (third week)

This was designated by President Ronald Reagan in 1986.

www.apic.org Association for Professionals in Infection Control and Epidemiology

Teen Read Week (third full week)

This was created by the Young Adult Library Services Association in 1998.

www.ala.org/yalsa/

Pharmacy Week (third full week)

www.pharmacist.com American Pharmacists Association

Radon Action Week (third full week)

www.epa.gov/radon/ Environmental Protection Agency

Forest Products Week (third full week)

www.idahoforests.org Idaho Forest Products Commission

Collegiate Alcohol Awareness Week (third full week)

<http://life.familyeducation.com/teen/drugs-and-alcohol/29743.html>

National School Bus Safety Week (third full week)

<http://itre.ncsu.edu/ghsp/parents.html> School Bus Safety Tips

YWCA Week Without Violence® (third full week)

This was created in 1995 to promote a violence-free world.

<http://www.ywcaendtoviolence.org/home.htm>

Kids Care Week (third full week)

This week encourages children to help their community.

www.kidscare.org

Character Counts!® Week (third full week)

This recognizes the importance of teaching children respect, responsibility and other aspects of good character.

<http://charactercounts.org>

Chemistry Week (third full week)

This was created in 1987 by the American Chemical Society.

<http://acs.org>

Synergy Week International (third full week)

This week encourages organizations to integrate their resources to achieve high potential success.

Freedom From Bullies at Work Week (third full week)

http://www.workplacebullying.org/tools/freedom_week.html Workplace Bullying Institute

Medical Assistants Recognition Week (third full week)
www.aama-ntl.org American Association of Medical Assistants

National Drug-Free Work Week (week starting the third Monday)
<http://www.dol.gov/asp/programs/drugs/workingpartners/DFWW-Introduction.asp>

Respiratory Care Week (fourth full week)
www.aarc.org American Association for Respiratory Care

Give Wildlife a Brake Week (fourth full week)
Something I've learned from personal experience: If you see a deer cross the road in front of you, there will most likely be more than just one. Watch out for that second deer!
www.wildlifeincrisis.com Wildlife in Crisis, Inc.

The Magic of Differences Week (fourth full week)
Imagine how boring the world would be if we were all alike. Innovation comes from imagination. If everyone had the same talents and ideas, we would not see very much in the way of progress.

National Save Your Back Week (fourth full week)
www.spine-health.com
http://www.ergonomics.ucla.edu/Howto_Back.html How to Save Your Back.

Prescription Errors Education and Awareness Week (24 - 31)
Prescription errors, such as dispensing the wrong medication or giving the wrong dosage or instructions, can have devastating results. Double-check your prescriptions with your doctor.
<http://patients.about.com/od/drugsandsafety/a/pharmerrors.htm>

Peace, Friendship and Goodwill Week (25 - 31)
www.friendshipandgoodwill.org International Society of Friendship and Good Will

Month-Long Events in OCTOBER



Halloween Safety Month
<http://www.halloween-safety.com>

Trick of Treat for UNICEF Month
<http://youth.unicefusa.org/trickortreat> United Nations Children's Fund

Country Music Month

Roller Skating Month

Stamp Collecting Month

www.stampcollection.net

8-ball Billiards Awareness Month

Class Reunion Month

Family History Month

www.ancestry.com

www.cyndislist.com

Clock Month

Dinosaur Month (started in 1997)

<http://paleobiology.si.edu/dinosaurs> Smithsonian National Museum of Natural History

Discover America Month

www.discoveramerica.com Official Travel and Tourism Website of the United States

Adopt a Shelter Animal Month

www.aspca.org

Animal Safety and Protection Month

www.doggies.com

eCard Month

Children's Internet Safety Month – This was designated by the Senate in 2000.

www.safer-internet.net

High Tech Month - This was designated by Congress in 1985 as being in October (joint resolution H.J.RES.128), but most calendars now list January as High Tech Month.

Computer Learning Month

www.gcflearnfree.org/computers GCR LearnFree.org®

National Cybersecurity Awareness Month

www.cauce.org Coalition Against Unsolicited Commercial Email

Positive Attitude Month

http://stress.about.com/od/positiveattitude/Positive_Attitude_Develop_a_Positive_Attitude_for_Stress_Relief.htm

Listen to Your Inner Critic Month

Pajama Month

Right-Brainers Rule Month

<http://blogthings.com/areyourightorleftbrainedquiz/>

<http://homeworktips.about.com/od/learningstyles/a/leftrighthbrain.htm>

Communicate with Your Kid Month

National Reading Group Month – Created by the Women's National Book Association in 2007.

www.nationalreadinggroupmonth.org

Go on a Field Trip Month

www.gettingoutside.com/Go-on-a-Field-Trip-Month-October

Walk to School Month

www.walkbiketoschool.org

Head Start Awareness Month – This was designated by President Ronald Reagan in 1982. Since 1965 the Head Start program has benefited millions of pre-school children.

www.nhsa.org National Head Start Association

Let's Talk Month – This is a campaign coordinated by Advocates for Youth to encourage parents to talk to their children about sexuality and relationships.

www.advocatesforyouth.org

Sarcasm Month

Clergy Appreciation Month

www.thrivingpastor.org/cam

Cosmetology Month

www.probeauty.org/nca National Cosmetology Association

Diversity Awareness Month

<http://icma.org>

Energy Management Month – There are many websites with advice on how to manage your energy use. It's a WIN-WIN because you will save money and also help the environment.

Fall Car Care Month

www.carcare.org

Women's Small Business Month

www.womanowned.com

Workplace Politics Awareness Month

<http://careerplanning.about.com/od/workplacesurvival/a/politics.htm>

Crime Prevention Month

www.ncpc.org National Crime Prevention Council

National Domestic Violence Awareness Month - This was designated by Congress in 1989.

www.nrcdv.org/dvam/ The Domestic Violence Awareness Project

Remember the Loss of a Child Month

www.compassionatefriends.org

Apple Month (goes through November)

www.usapple.org U.S. Apple Association

National Applejack Month – Applejack is a more concentrated and potent form of Apple cider.

Caramel Month**Celebrate Sun Dried Tomatoes Month****Chili Month**

www.famouschilirecipes.com/national-chili-month.html

Cookie Month**Dessert Month****Eat Better, Eat Together Month**

www.families.com/blog/why-families-should-eat-dinner-together

Go Hog Wild – Eat Country Ham Month

www.countryham.org National Country Ham Association

World Hunger Awareness Month

www.thp.org The Hunger Project

Pasta Month

www.ilovepasta.org National Pasta Association

Pizza Month

Popcorn Poppin' Month

www.popcorn.org The Popcorn Board

Pork Month

www.nppc.org National Pork Producers Council

www.pork.org National Pork Board

Pretzel Month

Auto Battery Safety Month

National Dental Hygiene Month

www.adha.org American Dental Hygienists' Association

Blindness Awareness Month

www.lowvision.org The Low Vision Gateway

www.preventblindness.org Prevent Blindness.org

Eye Injury Prevention Month

www.aao.org American Academy of Ophthalmology

www.webmd.com/eye-health/tc/eye-injuries-prevention

Glaucoma Awareness Month – As observed by The American Academy of Ophthalmology.

www.aao.org

Lazy Eye (Amblyopia) Month

www.lazyeye.org

Talk About Prescriptions Month – If you get prescriptions from more than one doctor be sure they all know what the other doctors have prescribed. Also let your pharmacy know of any medications you get from another pharmacy or any OTC medications you use.

www.talkaboutrx.org The National Council on Patient Information and Education

AIDS Awareness Month – This was designated by President Ronald Reagan in 1988.

www.aids.org

National Breast Cancer Awareness Month (started in 1984)

www.nbcam.org

Campaign for Healthier Babies Month

www.nbdpn.org National Birth Defects Prevention Network
www.marchofdimes.com March of Dimes

Children's Health Month – This was designated by the EPA to promote the awareness of environmental risks affecting children.

<http://yosemite.epa.gov/ochp/ochpweb.nsf/content/homepage.htm> Environmental Protection Agency

Depression and Mental Health Month

www.mentalhealthamerica.net Mental Health America

National Disability Employment Awareness Month - This was designated by Congress in 1988.

www.dol.gov/odep Office of Disability Employment Policy

National Down Syndrome Awareness Month

www.ndss.org National Down Syndrome Society

Dryer Vent Safety Month (some sources list it as being observed in January)

Family Sexuality Education Month

www.pamf.org/teen/parents/sex/talksex.html Talking to Teens About Sex

Health Literacy Month – The more you know about staying healthy the better.

www.healthliteracymonth.org

Emotional Wellness Month

<http://wordsofwellness.com>

Healthy Lung Month

www.lungusa.org American Lung Association

Family Health Month

www.aafp.org American Academy of Family Physicians

Liver Awareness Month

www.liverfoundation.org American Liver Foundation

Long-Term Care Planning Month

www.longtermcare.gov National Clearinghouse for Long-Term Care Information

March for Babies (formerly known as WalkAmerica)

www.marchforbabies.org

National Medical Librarians Month

www.mlanet.org Medical Library Association

Orthodontic Health Month

www.mylifemysmile.org American Association of Orthodontists

National Physical Therapy Month

www.apta.org American Physical Therapy Association

Prenatal Infection Awareness Month - This was designated by Group B Strep International.

www.groupbstrepinternational.org

Rett Syndrome Awareness Month

www.rettsyndrome.org International Rett Syndrome Foundation.

RSV Awareness Month - The Respiratory Syncytial virus may cause only minor cold symptoms in adults but can cause major problems for babies and small children.

<http://kidshealth.org/parent/infections/lung/rsv.html>

www.lung.org American Lung Association

National Spina Bifida Awareness Month

www.spinabifidaassociation.org Spina Bifida Association

Spinal Health Month

www.spine-health.com

Substance Abuse Prevention Month

www.aap.org American Academy of Pediatrics

Sudden Infant Death Syndrome Awareness Month

www.sids.org American SIDS Institute

www.firstcandle.org First Candle

Walk for Diabetes Month

www.diabetes.org American Diabetes Association



~ November 2014 ~						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4 Election Day	5	6	7	8
9	10	11 Veterans' Day	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27 Thanksgiving	28	29
30	Notes:					

Flower - Chrysanthemum (signifies cheerfulness and friendship)

Alternate Flower - Orchid

Birthstone - Citrine (signifies loyalty and fidelity)

Alternate Birthstone - Yellow Topaz

November Name Origin - November is Latin for ninth (it was originally the ninth month)



Saturday, November 1
Day 305 60 Days Remaining

Cake Appreciation Day

All Saints' Day – Also known as All Hallowed Day, this is a day to commemorate all saints known and unknown.

National Authors' Day

www.kidsread.com

www.authorguru.net

www.themysteryreader.com

National Family Literacy Day

<http://lincs.ed.gov> Literacy Information and Communication System

<http://www.readwritethink.org/classroom-resources/calendar-activities/celebrate-national-family-literacy-20681.html>

No Driving with Cell Phones Day – On this day in 2001, New York became the first state to ban drivers from talking on hand-held cell phones. Many other states have followed even though this will only be partly helpful. Studies have shown that even when using a hands-free headset drivers are distracted enough to increase the chance of an accident considerably.

Hello Kitty's Birthday - Hello Kitty was introduced on this day in 1974 in Japan.

www.hellokittyuniverse.com I Love Hello Kitty

International Coaches Day – This was started in 2002 to honor coaches of all kinds.

www.coachfederation.org

Plate Tectonics Day – German scientist, Alfred Wegener was born on this day in 1880. He created the theory of continental drift. His theory was not accepted by other scientists until many years after his death. Now he is recognized as being the founding father of plate tectonics.

World Vegetation Day

Book Lover's Day 2014 (first Saturday) – This is also celebrated on August 9.
www.nationalbook.org National Book Foundation



Sunday, November 2
Day 306 59 Days Remaining

National Deviled Egg Day – Easy to make, delicious, and an appropriate party treat.

Look for Circles Day - This is a fun day for young children who are learning the concept of shapes. Give them stickers or praise each time they point out something that is in the shape of a circle.

Piggy Bank Day – In addition to being a name for swine, “pig” is also a form of earthenware. Folks often saved money in kitchen pots and jars made of pig, called “pig jars.” By the 18th century, the term “pig jar” had evolved to “pig bank” or “piggy bank.” A piggy bank made of earthenware in Indonesia dates back to the 14th or 15th century.

All Souls' Day – This day commemorates the souls of the faithful who have passed away.

Women's Right to Vote Day – On this day in 1920 women were allowed to vote for the first time in federal elections.

Birthday of Daniel Boone – Kentucky frontiersman, Daniel Boone (October 22, 1734 – September 26, 1820), is one of our earliest folk heros.

www.danielboonehomestead.org
www.danielboonehome.com
www.danielboonetrail.com

Plan Your Epitaph Day – If you don't plan it, someone else will.

National Traffic Directors Day – This day recognizes the people who work in the continuity, billing, business, production and other behind the scenes departments of radio

and television stations. It was created by the Traffic Directors Guild of America in 2000 to commemorate the first commercial radio broadcast in Pittsburgh in 1922.

www.tcg.org Traffic Directors Guild of America

North Dakota Admission Day – North Dakota became the 39th state on this day in 1889.

<http://history.nd.gov> State Historical Society of North Dakota

South Dakota Admission Day – South Dakota became the 40th state on this day in 1889.

<http://history.sd.gov> South Dakota State Historical Society

Birthday of President Warren G. Harding (November 2, 1865 – August 2, 1923) – He was the twenty-ninth president.

www.whitehouse.gov/about/presidents

Birthday of President James K. Polk (November 2, 1795 – June 15, 1849) – He was the eleventh president.

www.whitehouse.gov/about/presidents

www.jameskpolk.com James K. Polk Home

Zero-Tasking Day (first Sunday) – Everyone needs a day off now and then. Use this day to relax or do something fun.

New York City Marathon (first Sunday) – The first annual New York City Marathon was held in 1970.

Daylight Savings Time ends (first Sunday) – You would think everybody would be on time for church today, seeing that everyone had an extra hour of sleep. But...



Monday, November 3
Day 307 58 Days Remaining

New Moon – The “New Moon” phase of the moon is when the moon is fully hidden in the earth’s shadow from the sun. A clear night during a new moon is a prime opportunity for stargazing. The new moon will occur at 12:50 UTC.

Housewife's Day – Housewives do not always get the respect they deserve. They are a major asset to the neighborhoods in which they live. They are the one all the children can go in an emergency. They don't mind accepting a delivery for you when you're not at

home. They help working parents by chauffeuring their children to soccer games and play days. They do a million things and never ask for anything in return. Today is the day to thank them.

National Sandwich Day

Give Someone a Dollar Today Day – It's always a good idea to have a few dollars in your pocket or purse, not necessarily for yourself, but for a friend or coworker that may be short of cash. Instead of giving cash money to a homeless person, a good idea is to carry a McDonald's gift card with \$5 on it. That way they will actually use it for food and not for drugs or alcohol.

Birth of the Bra – On this day in 1914, Mary Phelps Jacob was issued the first patent for a brassiere.

Public Television Birthday – The Public Broadcasting Service was founded in 1969.

National Sleep-In Day – Take advantage of that extra hour of sleep you get from the end of daylight savings time.

www.sleepfoundation.org National Sleep Foundation



Tuesday, November 4
Day 308 57 Days Remaining

National Candy Day – Since this is kind of in-between Halloween and Christmas, you may be low on candy. Stock up and celebrate!

Air-Conditioned Automobile Anniversary – Packard introduced the first air-conditioned automobile in 1939. In order to turn the air-conditioning on and off you had to shut off the engine, open the hood and connect or disconnect the belt from the compressor.

King Tut Day – On this day in 1922 the tomb of King Tutankhamun was discovered.
www.kingtutone.com/tutankhamun/

Election Day (first Tuesday after the first Monday) - This election will only be for special elections to the United States Congress. There will also be gubernatorial and state legislative elections in a few states; as well as numerous citizen initiatives, mayoral races, and a variety of other local offices on the ballot.



Wednesday, November 5

Day 309 56 Days Remaining

First Post Office Anniversary – The first post office in the colonies was set up in Boston, Massachusetts in 1639 in the home of Richard Fairbanks.

First Woman Voting Anniversary – On this day in 1872 suffragist Susan B. Anthony voted. At that time it was illegal for women to vote in national elections in the United States so she was fined one hundred dollars.

First Woman Governor Anniversary – The voters of Connecticut elected Ella Grasso governor on this day in 1974. She was the first woman governor who was not the wife or widow of a past governor.

Franklin D. Roosevelt Election Anniversary – For the only time in United States history a president was elected to a third consecutive term on this day in 1940.



Thursday, November 6

Day 310 55 Days Remaining

Frosty Moon (Full Moon) – The “Full Moon” phase of the Moon is when it is entirely outside of the Earth’s shadow from the Sun. On a clear night, the full moon can give enough light to make it possible to read a newspaper. A full moon can be used to promote a “Moonlight Madness” sale or other nighttime promotion. The full moon in November is called the “Frosty Moon.” The full moon will occur at 4:22PM CST, 22:22 UTC.



I Love Nachos Day – Who doesn’t?

International End Gossip Day – Office gossip can have some serious repercussions. Keeping an open line of communication and letting everyone know what’s going on will minimize people speculating and assuming the worst.

Basketball Day – James Naismith (November 6, 1861 – November 28, 1939) invented the game of basketball, and is credited with inventing the first football helmet.

Electric Razor Birthday – On this day in 1928, Lieutenant Colonel Jacob Schick (September 16, 1877 – July 3, 1937) was granted a patent for the first electric razor. He started the Schick Dry Shaver, Inc. razor company.

Halfway Point of Autumn – At this time of year it is typically quite chilly in the morning and evening. But it is still warm enough in mid-day to participate in outdoor activities.

Marching Band Day

Saxophone Day – Antoine-Joseph “Adolphe” Sax (November 6, 1814 – February 4, 1894) invented the saxophone.

www.adolphestax.com

Marooned Without a Compass Day – Many people have cell phones with a GPS app or digital compass to help them find their way around.

International Day for Preventing the Exploitation of the Environment in War and Armed Conflict

www.unep.org

National Men Make Dinner Day™ (first Thursday) – This is the day for all the real men to step up to the plate (the dinner plate, that is). Come on, men! You can do it!

www.menmakedinnerday.com



Friday, November 7
Day 311 54 Days Remaining

National Bittersweet Chocolate With Almonds Day

Hug a Bear Day – It may be wise to hug a teddy bear and not a real bear.

Notary Public Day – This was started in 1975 to commemorate the public service provided by notaries.

www.asnnotary.org American Society of Notaries

World Community Day (first Friday) - This was created by Church Women United to focus on justice and peace through non-violent means.



Saturday, November 8
Day 312 53 Days Remaining

I Hate to Cook Day – Two words: FAST FOOD!

Try a New Recipe Day

www.allrecipes.com

www.food.com

Dunce Day – Duns Scotus (c. 1266 – November 8, 1308) was a medieval scholar in Duns, Scotland. He believed that a cone-shaped cap would cause knowledge to flow from the point and down into the head of the wearer. Forcing a student to sit in a corner wearing a “dunce cap” was intended to mock and embarrass the child, perhaps to the point that they would become more diligent in their studies.

X-ray Day – Chemist and physicist, Marie Skłodowska-Curie (November 7, 1867 – July 4, 1934), discovered polonium and radium. She was awarded two Nobel Prizes for her work related to radioactivity which led to x-rays.

Montana Admission Day – Montana became the 41st state on this day in 1889.

www.montanahistory.net

<http://mhs.mt.gov> Montana Historical Society



Sunday, November 9
Day 313 52 Days Remaining

Go to an Art Museum Today Day – Art is the result of creativity and imagination. Who knows? Maybe going to an art museum will cause your own creative juices to flow.

Parade Day – This day is listed on many holiday sites, but no information is available about its origin.

Chaos Never Dies Day – We may not be able to obliterate chaos from our lives entirely, but the more simplicity and order we can create, the better. Check out 72 Ideas to Simplify Your Life:

<http://zenhabits.net/simple-living-manifesto-72-ideas-to-simplify-your-life/>



Monday, November 10

Day 314 51 Days Remaining

Marine Corps Day – The U.S. Marine Corps was first established on this day in 1775 to help the navy during the Revolutionary War. It was abolished at the end of the war and then reestablished on July 11, 1798.

National Forget-Me-Not Day – Today would be a good day to contact clients and prospects you haven't spoken with in a while.

National Vanilla Cupcake Day

Gingerbread House Day (also celebrated December 12) - This could also be called "**Eat Yourself Out of House and Home Day**."

www.wilton.com/celebrations/Christmas/gingerbread.cfm

Birth of the Motorcycle – The first gasoline-powered motorcycle was invented in 1885 by Gottlieb Daimler. It was called the Daimler Reitwagen (means “riding car”). It could reach speeds of 7 MPH.

Area Codes Birthday – The first customer-dialed call using an area code was placed on this day in 1951. Previous to that you had to go through an operator to place a long distance call. The call was between Mayor M. Leslie Downing in Englewood, New Jersey and Mayor Frank Osborne in Alameda, California.

Sesame Street Day – This educational program premiered on public television on this day in 1969.



Tuesday, November 11

Day 315 50 Days Remaining



Veterans Day – WWI formally ended at 11 a.m. on the eleventh day of the eleventh month in 1918. This day was created to remember veterans of all wars.

www.va.gov/opa/vetsday/

Tomb of the Unknown Soldier Anniversary – The dedication of the Tomb of the Unknown Soldier was on this day in 1921, with the interment of an unknown soldier killed in battle during WWI. In 1958, an unknown soldier from WWII and an unknown soldier from the Korean War were laid to rest at the tomb. In 1984, an unknown soldier from the Vietnam War was laid to rest at the tomb. In 1994, the body of Michael J. Blassie (the unknown soldier from the Vietnam War) was exhumed and identified through DNA testing. His remains were given a proper burial in his home state of Missouri. At present, there remain only three unknown soldiers at the tomb.

<https://tombguard.org> Society of the Honor Guard

Remembrance Day – This is celebrated in Canada and other countries to commemorate the end of WWI. The armies stopped fighting at 11 a.m. on the eleventh day of the eleventh month in 1918.

Route 66 Birthday – Route 66, one of the first U.S. highways, was established on this day in 1926. It went 2,448 miles from Chicago, Illinois to Los Angeles, California by way of Missouri, Kansas, Oklahoma, Texas, New Mexico and Arizona. The route was changed and updated over the years and little by little was replaced by other interstate highways. U.S. Route 66 officially ceased to exist as of 1985. You can still drive many parts of the original road as often they became state and local roads.

Air Day

www.sparetheair.org spare the air

Four Ones Day – This is on 11/11 every year.

Washington State Admission Day – Washington became the 42nd state in 1889.

www.historylink.org/

www.washingtonhistory.org/

www.secstate.wa.gov/history/

National Young Readers Day (second Tuesday) – This was created in 1989 by Pizza Hut and the Library of Congress to encourage children to read.

www.bookitprogram.com Pizza Hut BOOK IT! Program



Wednesday, November 12

Day 316 49 Days Remaining

Chicken Soup for Soul Day – This day was created by Mark Victor Hansen and Jack Canfield, authors of the famous book series. It is meant to be "... a celebration of who you are, where you've been, where you're going, and who you will be thankful to when you get there!"

www.chickensoup.com Chicken Soup for the Soul

www.markvictorhansen.com

<http://jackcanfield.com>

Are You Ready for Some Football? Day – The first Sunday football game in Philadelphia was held on this day in 1933. Prior to this date, football games on Sundays were illegal.

National Pizza With the Works Except Anchovies Day – No explanation required.

Ellis Island Closing Anniversary – The Ellis Island immigration station in New York Harbor was closed on this day in 1954.

www.ellisisland.org The Statue of Liberty – Ellis Island Foundation, Inc.

Holland Tunnel Day – The Holland Tunnel, the first underwater tunnel, that connected New York and New Jersey, opened on this day in 1927.

Arkansas Joins the Twentieth Century Day - On this day in 1968 the Supreme Court declared that the Arkansas law banning the teaching of evolution in public schools was unconstitutional.



Thursday, November 13

Day 317 48 Days Remaining



Photo: National Park Service / Nathan King

Vietnam Veterans Memorial Day - On this day in 1982 the Vietnam Veterans Memorial was dedicated. The wall listed 58,191 names when it was completed in 1983. As of May 2011, there are 58,272 names, including eight women.

<http://thewall-usa.com>

www.wmf.org Vietnam Veterans Memorial Fund

www.virtualwall.org Vietnam Veterans Memorial Wall – The Virtual Wall™

www.vietnamveteransmemorial.org

World Kindness Day - This is the anniversary of the first World Kindness Movement® conference. The purpose is to focus on the things we have in common with people in every culture so we can attain a peaceful coexistence.

www.worldkindness.org.sg/

www.kindness.com.au

www.kindnessuk.com

First Helicopter Flight – Paul Cornu of France was able to lift a helicopter off the ground and keep it in the air for twenty seconds on this day in 1907.

First Pacific Balloon Crossing Anniversary – The Double Eagle V became the first hot air balloon to cross the Pacific on this day in 1981.



Friday, November 14
Day 318 47 Days Remaining

National Pickle Appreciation Day – Who doesn't appreciate a good pickle?

Loosen Up, Lighten Up Day – Loosen your necktie (and maybe your belt), don't be so serious, and feel the stress melt away.

Operating Room Nurse Day – This was created in 1989 by Iowa Governor Terry Branstad.

Streetcar Birthday – The first streetcar was used today in 1832 in New York City. It was pulled by horses along steel rails in the middle of the street.



Saturday, November 15
Day 319 46 Days Remaining

Godiva Chocolates in America Day - Godiva chocolates were first sold in the United States at Wanamaker's in Philadelphia, Pennsylvania in 1966.

Pack Your Mom's Lunch Day – Kids can pack their mother's lunch today for a change. Don't forget to put in a note or special treat along with the healthy food.

I Love to Write Day – This was started in 2002 by author John Riddle. The purpose it to encourage people to write down their thoughts, whether in the form of a poem, short story, the start of a novel, letter, etc.

www.ilovetowriteday.org

America Recycles Day – This was started in 1997. So much can be accomplished when everyone does their part.

www.kab.org Keep America Beautiful

Clean Out Your Refrigerator Day – It's not a bad idea to clean out the refrigerator at least once a year. Throw out anything that is past its expiration date, or if it smells funky. Don't just do this at home, remember to clean out the refrigerator in the employee lounge at the office.

Little Red Wagon Day – Most of us had one of these when we were little.

National Philanthropy Day® - This was started in 1986 by the Association of Fundraising Professionals. It recognizes the great contribution to society that is made by those individuals and groups who support all kinds of worthy causes.

www.afpnet.org Association of Fundraising Professionals

Safety Razor Birthday - On this day in 1904, King Gillette was granted a patent for a safety razor.

www.gillette.com

Sadie Hawkins Day (first Saturday on or after the 9th) – This is an opportunity for the woman to ask the man: to a dance, on a date, etc. Sadie Hawkins Day originated from the Li'l Abner comic strip and was first mentioned on November 13, 1937. Don't confuse this with February 29 when it is okay for a woman to propose to a man.



Sunday, November 16

Day 320 45 Days Remaining

National Fast Food Day – “Fast food” used to mean “unhealthy.” Most fast food restaurants now have healthier choices on their menus.

www.mcdonalds.com McDonald's®

www.bk.com Burger King®

www.hardees.com Hardee's®

www.arbys.com Arby's®

<http://krystal.com> Krystal®

www.subway.com Subway®

www.sonicdrivein.com Sonic Drive-In®

www.tacobell.com Taco Bell®

www.dairyqueen.com Dairy Queen®

www.kfc.com KFC® (Kentucky Fried Chicken®)

www.ljsilvers.com Long John Silver's®

www.captaindins.com Captain D's®

www.jackinthebox.com Jack in the Box®

www.whitecastle.com White Castle®

www.wendys.com Wendy's®

http://popeyes.com Popeye's Chicken & Biscuits®

www.bojangles.com Bojangles'®

www.awrestaurants.com A&W Restaurants®

www.quiznos.com Quiznos®

National Guacamole Day

Have a Party With Your Bear Day

Button Day

Birth of the Blues Day – Musician and composer, W.C. Handy (November 16, 1873 – March 28, 1958), is known as the “father of the Blues.”

www.wchandymusicfestival.org Music Preservation Society, Inc.

www.handyblues.org W.C. Handy Blues & Barbecue Festival

International Day for Tolerance – This was designated by the United Nations General Assembly in 1996.

www.un.org/en/events/toleranceday/

Educational Support Professionals Day - This was created by the National Education Association in 1987 to honor school support staff.

www.nea.org National Education Association

Oklahoma Admission Day – Oklahoma became the 46th state in 1907.

www.okhistory.org Oklahoma Historical Society

www.oklahomahistory.net



Monday, November 17
Day 321 44 Days Remaining

Leonids Meteor Shower – The Leonids is one of the better meteor showers to observe, producing an average of 40 meteors per hour at their peak. The shower itself has a cyclic peak year every 33 years where hundreds of meteors can be seen each hour. The last of these occurred in 2001. The shower usually peaks on the night of November 17 and the early morning of November 18, but you may see some meteors from November 13 - 20. The waning crescent moon will not be much of a problem this year. Skies should be dark enough for a good show. Best viewing will be from a dark location after midnight. Meteors will radiate from the constellation Leo, but can appear anywhere in the sky.

World Prematurity Day

www.facebook.com/WorldPrematurityDay

National Chocolate Celebration Day

www.allchocolate.com

Homemade Bread Day – There are many health benefits to be enjoyed by baking your own bread from freshly-milled wheat.

www.breadbeckers.com

Take a Hike Day – Hiking is good for the body as well as the soul. It's great exercise but more importantly it's a great stress reliever.

Coping With Uncertainty Day – Nothing in life is completely for certain. Even the best laid plans will meet with opposition and change. Learning how to cope with uncertainty is a valuable skill, both in the workplace as well as in our personal lives.

<http://ezinearticles.com/?Coping-With-Uncertainty&id=1343541>

www.iup.edu/page.aspx?id=40173

www.washingtonpost.com/wp-dyn/content/article/2009/09/28/AR2009092802875.html

<http://blogs.hbr.org/demaio/2009/05/how-are-you-coping-with-uncert.html>

National Farm Joke Day



Tuesday, November 18

Day 322 43 Days Remaining

Teddy Bear Day – The teddy bear first went on sale in 1902.

www.quinlanmuseum.com Susan Quinlan Doll & Teddy Bear Museum & Library

Mickey Mouse Day – The Mickey Mouse character was introduced on this day in 1928 in the animated short film *Steamboat Willie*.

www.disneyshorts.org/shorts.aspx?shortID=96

Touch-Tone Telephone Birthday – Push-button phones that used audio tones to convey numbers were introduced in Pennsylvania in 1963.

<http://visual.ly/telephone-evolution> The Evolution of the Telephone

Time Zones Anniversary – In early times each city or town was in charge of keeping their own time. Usually the sun was used as a guide with noon being when the sun was straight overhead. This became a major problem for railroads trying to set up arrival and departure schedules. Sir Sanford Fleming of Canada came up with the time zones we use today in 1878 but it took several years for them to be adopted. Railroad companies in the United States started using the time zones on this day in 1883. By 1895 most places in the United States adopted time zones but they were not made mandatory until 1918.

www.worldtimezone.com

Prematurity Awareness Day (third Tuesday)

www.marchofdimes.com The March of Dimes®

School Pride Day (Tuesday of American Education Week)



Wednesday, November 19

Day 323 42 Days Remaining

Play Monopoly Day – The first Monopoly Game (in the form we know it) went on sale in 1935. Some sources list this as February 6.

www.hasbro.com/monopoly/en_us/

National Vichyssoise Day – (pronounced: vish·ē·swäz') is a thick soup made of puréed leeks, onions, potatoes, cream, and chicken stock. It is traditionally served cold.

Although the name is French, there is some debate as to its origin. Julia Child called it “an American invention.” One source says it originated at The Algonquin Hotel in Manhattan.

<http://allrecipes.com/recipe/vichyssoise/>

Gettysburg Address Anniversary – On this day in 1863, President Lincoln delivered a short speech at the dedication of the Soldier's National Cemetery in Gettysburg, Pennsylvania. It became known as the Gettysburg Address.

Birthday of President James A. Garfield (November 19, 1831 – September 19, 1881) – He was the twentieth president.

www.whitehouse.gov/about/presidents/

www.nps.gov/jaga/index.htm National Park Service – James A. Garfield Home



Thursday, November 20

Day 324 41 Days Remaining

Universal Children's Day – This day was established by the United Nations in 1954 and aims to promote the welfare of children around the world.

www.un.org/en/events/childrenday/

Absurdity Day – By definition, absurdity is the quality or state of being ridiculous or wildly unreasonable. So, use this day to identify the absurd things in your life. If you can get rid of them, do. If you cannot, accept them and move on.

Bicycle Birthday – The first pedal bicycle patent in the U.S. was awarded on this day in 1866 to Pierre Lallement and James Carroll.

www.bicycling.com

National Peanut Butter Fudge Day

Traffic Light Day – The first four-way red, amber, green traffic light was created by police officer, William Potts and installed on the corner of Woodward and Michigan Avenues in Detroit, Michigan in 1920.

First Airport Anniversary – The first municipal airport in the United States opened on this day in 1919 in Tucson, Arizona.

Air Your Dirty Laundry Day – Why anyone would want to do this is beyond me, but if you do, today is the day to do it.

Future Teachers of America Day

www.futureeducators.org Future Educators Association®

Birthday of Robert Francis Kennedy – “Bobby” Kennedy (November 20, 1925 – June 6, 1968) was a United States Senator and brother of John F. Kennedy. Bobby was assassinated during his campaign for president on June 6, 1968. His wife, Ethel, gave birth to their eleventh child six months after his death.

National Parental Involvement Day™ (third Thursday) – Started in 1995, a day to encourage parents to be involved in their child’s education.

<http://www.projectappleseed.org/abc.html>

Catholic School Principal Appreciation Day (Thursday before Thanksgiving) – This was designated by the National Catholic Educational Association.

www.ncea.org

Great American Smokeout (Thursday before Thanksgiving) – This was created in 1977 by the American Cancer Society.

www.cancer.org



Friday, November 21

Day 325 40 Days Remaining

Pumpkin Pie Day – This is also celebrated on December 25.

World Hello Day – This was started in 1973. The purpose of this day is to recognize the importance of communication in preserving world peace. To participate, simply greet ten people during the course of the day.

www.worldhellday.org

World Television Day – This was created by the United Nations General Assembly in 1996. Several countries voted against the resolution. One reason is that there are already days commemorating telecommunications and media. But the main objection was because a majority of the world population doesn't have access to television.

www.un.org/en/events/televisionday/

North Carolina Admission Day – North Carolina became the 12th state in 1789.

www.northcarolinahistory.org



Saturday, November 22

Day 326 39 Days Remaining

Go For a Ride Day

Birthday of Jamie Lee Curtis – Curtis, actress and author of children's books was born on this day in 1958.

www.jamieleecurtisonline.com

Humane Society Anniversary - On this day in 1954 The Humane Society of the United States was founded.

www.humanesociety.org

Phonograph Day – The phonograph was first exhibited by Thomas Edison on this day in 1877.

New Moon – The “New Moon” phase of the moon is when the moon is fully hidden in the earth’s shadow from the sun. A clear night during a new moon is a prime opportunity for stargazing. The new moon will occur at 7:32AM CST, 12:32 UTC.



Slumber Party Day – This day is also listed on many different dates, and no definitive information is available about its origin.

International Start Your Own Country Day – This was started in 1939 at the World's Fair in New York.

John F. Kennedy Assassination Anniversary – On this day in 1963 our 35th president was assassinated in Dallas, Texas by Lee Harvey Oswald.

www.jfklibrary.org John F. Kennedy Presidential Library and Museum

Stop the Violence Day – This was started in 1990. This day was chosen because of being the day President John Kennedy was assassinated. Wear white ribbons and drive with your headlights on to show your support of stopping violence of all kinds.

National Adoption Day (the Saturday before Thanksgiving) – This was designated in 2000 by the Alliance for Children's Rights. On this day many courts across the U.S. finalize adoptions of children from foster care.

www.nationaladoptionday.org

International Aura Awareness Day (fourth Saturday) - This was created in 2001.
www.realityshifters.com RealityShifters

National Family Volunteer Day (Saturday before Thanksgiving)

National Survivors of Suicide Day 2013 (Saturday before Thanksgiving) – This was designated by Congress as a time when friends and family of those who have committed suicide can console and support each other.

www.afsp.org American Foundation for Suicide Prevention



Sunday, November 23
Day 327 38 Days Remaining

Color Photos Birthday – Kodak introduced the first modern color film in 1935. Most people continued to take black and white photos for many years after that because of the high cost of color film and developing. Also many of the early color photos faded quickly.

www.kodak.com/US/en/corp/kodakHistory/

Jukebox Day – On this day in 1889 the first 'nickel-in-the-slot' machine was put in service in San Francisco, California.

Pencil Sharpener Birthday – The first modern-style pencil sharpener was patented by John Love of Massachusetts in 1897.

National Cashew Day

Eat a Cranberry Day – Cranberries can be good for you but you probably need more than one to make a difference!

Birthday of President Franklin Pierce (November 23, 1804 – October 8, 1869) - He was the fourteenth president.

www.whitehouse.gov/about/presidents/



Monday, November 24
Day 328 37 Days Remaining

National Espresso Day

D.B. Cooper Day – On this day in 1971, a man using the alias 'D.B. Cooper' parachuted out of a plane with twenty-one pounds of twenty dollar bills that he had extorted from Northwest Orient Airlines. His true identity has never been discovered and neither he nor his remains have been found.

On the Origin of the Species Anniversary – Charles Darwin's *On the Origin of the Species* was published on this day in 1859. The word “evolution” is nowhere to be found in his book.

Softball Birthday – Softball was invented on this day in Chicago in 1887 by George Hancock.

Birthday of President Zachary Taylor (November 24, 1784 – July 9, 1850) - He was the twelfth president.

www.whitehouse.gov/about/presidents/

Military Families Recognition Day (Monday before Thanksgiving) - This was designated by President Bill Clinton in 1994.

www.militaryfamily.org National Military Family Association



Tuesday, November 25
Day 329 36 Days Remaining

National Parfait Day

Department of Homeland Security Birthday – The Department of Homeland Security was formed on this day in 2002.

National Don't Utter a Word Day – This is a day for listening more than you talk.

International Day for the Elimination of Violence Against Women – This day was created in 1999 by the United Nations General Assembly.
www.un.org/en/events/endviolenceday/



Wednesday, November 26
Day 330 35 Days Remaining

National Cake Day

Birthday of Charles Schulz – Charles Schulz (November 26, 1922 – February 12, 2000) was the creator of the Peanuts comic strip, featuring Charlie Brown and Snoopy.
<http://schulzmuseum.org> Charles M. Schulz Museum
www.flyingace.net Snoopy's Home

Lion Day – The first lion exhibited in the United States was in Boston in 1716.

First Official Thanksgiving Day – Various colonies celebrated Thanksgiving on various dates starting in 1621. However, a proclamation, signed by President George Washington, declared November 26, 1789 as the first official Thanksgiving Day.

National Family Caregivers Day (day Before Thanksgiving) – If you know someone who is caring for an ill family member please offer to help - even if just for an hour now and then. If you don't feel you could take over caregiving for even a short time, you can still offer to run errands.

<http://caregiveraction.org>

What Do You Love About America? Day (day before Thanksgiving)



Thursday, November 27
Day 331 34 Days Remaining



Thanksgiving Day (fourth Thursday) – William Bradford, Governor of Plymouth Colony, made the following Proclamation on Thursday, November 29, 1623:

Inasmuch as the great Father has given us this year an abundant harvest of Indian corn, wheat, peas, beans, squashes, and garden vegetables, and has made the forests to abound with game and the sea with fish and clams, and inasmuch as he has protected us from the ravages of the savages, has spared us from pestilence and disease, has granted us freedom to worship God according to the dictates of our own conscience. Now I, your magistrate, do proclaim that all ye Pilgrims, with your wives and ye little ones, do gather at ye meeting house, on ye hill, between the hours of 9 and 12 in the day time, on Thursday, November 29th, of the year of our Lord one thousand six hundred and twenty-three and the third year since ye Pilgrims landed on ye Pilgrim Rock, there to listen to ye pastor and render thanksgiving to ye Almighty God for all His blessings.

Freckle Pride Day

National Bavarian Cream Pie Day

Pie in the Face Day – Just remember: What goes around, comes around!

Electric Guitar Day - This is celebrated on the birthday of well-known guitarist, Jimi Hendrix (November 27, 1942 – September 18, 1970).

www.jimihendrix.com

Pins and Needles Day – This celebrates the opening of the Broadway musical, Pins and Needles. It was a pro-labor play produced by the International Ladies Garment Workers' Union with union members as the cast.

www.laborarts.org/exhibits/ilgwu/

National Family History Day (on Thanksgiving) - This was created in 2004 by the Department of Health and Human Services. While families are together for the holidays get info about the health history of as many ancestors and family members as you can. Have someone write it down and copy it for others in the family. This could be just the clue a doctor needs to diagnose a problem or it can give you clues of lifestyle changes that could lengthen your life.

www.hhs.gov/familyhistory/



Friday, November 28
Day 332 33 Days Remaining

(27 Shopping Days until Christmas)

National French Toast Day

Auto Race Birthday - The first auto race in the U.S. was held on this day in 1895 Illinois.

Red Planet Day – This day was created to commemorate the spacecraft Mariner 4 that launched on this day in 1964 and passed within 6,118 miles of Mars. There were once many different theories as to why Mars appeared to be red. It is now known that there is a lot of iron oxide (aka rust) on the surface. There is also iron oxide particles in the atmosphere of Mars.

Skywriting Birthday – In New York City in 1922, pilot John Savage wanted to demonstrate the viability of skywriting as an advertising method. He spelled out the words 'Hello USA call Vanderbilt 7200'. More than 47,000 people called the number.

National Flossing Day (always the day after Thanksgiving) – Flossing is as essential to good oral hygiene as is brushing.

www.flossing.org The National Flossing Council

Native American Heritage Day (day after Thanksgiving) – This was designated by Congress in 2009.

Black Friday (day after Thanksgiving) – This is the day when many people start their Christmas shopping. Many retailers only start turning a profit when holiday shopping starts. In other words they go from being in the red to being in the black, hence the term, "Black Friday." Retailers will often have "door-buster" specials to lure shoppers into their stores. Needless to say, this is the largest shopping day of the year. Many economists will use today's sales figures as a measure of how the economy is doing. Including today, there are 27 shopping days until Christmas.

Buy Nothing Day (day after Thanksgiving) - This was created in 1992 to point out the problems associated with consumerism.

www.buynothingday.org

National Day of Listening (day after Thanksgiving) - While visiting family for the holiday ask older family members about their life. Better yet record the stories for future generations.

<http://nationaldayoflistening.org/> StoryCorps National Day of Listening

Sink Day (day after Thanksgiving)

You're Welcome Day (day after Thanksgiving)



Saturday, November 29

Day 333 32 Days Remaining
(26 Shopping Days until Christmas)

Small Business Saturday® (the Saturday after Thanksgiving) – A program started in 2010 by the Small Business Administration as “a day to celebrate and support small businesses and all they do for their communities.” The idea is to give small businesses a way to compete with major retailers and Black Friday. The U.S. Senate officially recognized Small Business Saturday® in a resolution (S. Res. 320, 112th Congress) in 2011. Shop Small® is an advertising slogan and graphic sponsored by the American Express Company.



http://www.sba.gov/about-sba/sba_initiatives/small_business_saturday_2013

<https://www.govtrack.us/congress/bills/112/sres320/text>

<https://www.facebook.com/SmallBusinessSaturday>

<https://www.americanexpress.com/us/small-business/Shop-Small/>

<https://shopsmallneighborhoods.americanexpress.com/>

<https://www.openforum.com/keywords/small-business-saturday/>

<http://www.nfib.com/small-business-saturday>

<http://www.youtube.com/user/americanexpressOPEN>

<http://smallbusiness.foxbusiness.com/entrepreneurs/2013/11/07/how-small-businesses-can-benefit-from-small-business-saturday/>

Pop-Tarts® Birthday – Pop-Tarts® were first sold on this day in 1963.

www.poptarts.com

Throw Out Your Leftovers Day

Electronic Greetings Day – With the advent of email, there is no excuse not to send someone a holiday greeting.

Get Rid of Clutter Day - You can't have everything in its place if there isn't a place for everything.

<https://sites.google.com/site/clutterersanonymous/Home?pli=1> Clutterers Anonymous

Square Dance Day (also celebrated January 24)

www.dosado.com



Sunday, November 30

**Day 334 31 Days Remaining
(25 Shopping Days until Christmas)**

Beginning of Advent – Advent starts the fourth Sunday before December 25 and ends at sundown on December 24.

Day of Friendship

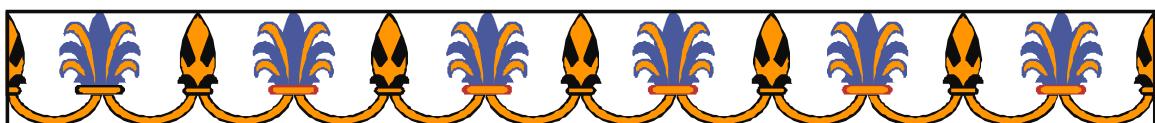
Computer Security Day – This day was created in 1988 to raise awareness of possible computer security issues. While this is the designated date, some groups celebrate it on the last workday in November or the next work day if the 30th is on the weekend.

www.computersecurityday.org Association for Computer Security Day

Perpetual Youth Day – Birthday of game-show host and television personality, Dick Clark (November 30, 1929 – April 18, 2012). He was the host of American Bandstand and later of New Year's Rockin' Eve. For many years he hardly seemed to age at all.
<http://dickclark.com>

Birthday of Oliver Winchester – Oliver Fisher Winchester (November 30, 1810 – December 11, 1880) was a manufacturer, rifle maker, and politician.

Week-Long Events in NOVEMBER



National Primary Care Week (1 - 5)

www.amsa.org American Medical Student Association

World Communication Week (1 - 7)

Homeless Week (first week)

This is listed on different dates in different places. It would be a good time to educate yourself on how many homeless people are in your town and what you can do to help.

National Fig Week (first week)

Figs are considered to be a fruit but actually are inverted flowers.

www.californiafigs.com California Dried Figs

Cat Week (first week)

Radiologic Technology Week (week including the 8th)

<http://onlineradiologytechnicianschools.com/> Radiology Tech Schools

Santa Dear Santa Letter Week (second week)

Children should mail their letters to Santa by now so he will have plenty of time to deliver the items they want.

Animal Shelter Appreciation Week (second week)

www.aspca.org

World Kindness Week (second week)

International Fraud Awareness Week (second week)

This was created by The Association of Certified Fraud Examiners.

www.acfe.com

Kid's Goal Setting Week (second full school week)

Children should not only be taught the importance of setting goals, but the skills needed to achieve them as well.

www.goalsguy.com/Events/k_qa.html The GoalsGuy®

National Hunger and Homelessness Awareness Week (week preceding the week of Thanksgiving) – November 16-22, 2014 – Co-sponsored by the National Coalition for the Homeless and the National Student Campaign against Hunger and Homelessness.

www.nationalhomeless.org/ National Coalition for the Homeless

www.studentsagainsthunger.org/forms/hhp/national-hunger-and-homelessness-awareness-week National Student Campaign Against Hunger & Homelessness

<http://cce.wsu.edu/awareness-weeks/nhhaw/>

Pursuit of Happiness Week (second full week)

www.sohp.com The Secret Society of Happy People

Shallow Persons Awareness Week (second full week)

Drowsy Driving Prevention Week™ (second full week)

<http://drowsydriving.org>

National Drug Facts Week (second full week)
www.drugfactsweek.drugabuse.gov/

PeriOperative Nurse Week (second full week)
This was previously called Operating Room Nurse Week. It is sponsored by the Association of periOperative Registered Nurses.
www.aorn.org

Home Care Aide Week (second full week)
www.nahc.org National Association for Home Care and Hospice

American Education Week (week before Thanksgiving)
This was created in 1921 by the National Education Association.
www.nea.org

Geography Awareness Week (third week)
This was designated in 1987 by President Ronald Reagan.
www.mywonderfulworld.org
http://education.nationalgeographic.com/education/collections/geographyawarenessweek/?ar_a=1

GERD Awareness Week (third full week)
This was created by the International Foundation for Functional Gastrointestinal Disorders. GERD stands for gastroesophageal reflux disease. It is also known as peptic esophagitis and chronic heartburn.
www.aboutgerd.org

Game and Puzzle Week (third full week)

Better Conversation Week (third full week)
www.conversationmatters.com

National Family Week (week of Thanksgiving)
This is sponsored by the Alliance for Children and Families.
<http://alliance1.org>

National Adoption Week (week of Thanksgiving)
This was designated by President Gerald Ford in 1976.

Church/State Separation Week (Tuesday to Saturday of Thanksgiving week)
www.au.org Americans United

National Bible Week (Sunday to Sunday of Thanksgiving week)
This was created by in 1941 the National Bible Association.
www.nationalbible.org

Tie One On for Safety (Thanksgiving to December 31)
This was formerly called the Red Ribbon Campaign.
www.madd.org Mothers Against Drunk Driving

Travelers with Disabilities Week (last week)
<http://enabledtraveler.com>

Month-Long Events in **NOVEMBER**



Art Every Day Month – Started by Leah Piken Kolidas over ten years ago. She has several resources available on her website to aid in being creative every day.
<http://creativeeveryday.com/art-every-day-month>

Family Reunion Month – Regardless of when your family reunion takes place (most take place in the Summer), extensive planning is essential to success.
www.Family-Reunion.com Mister Spiffy's Reunion Planner

Family Stories Month – When the family is together for the holidays, it is the best time to get the family stories, especially from the senior generation. Write them down, along with any photographs that are available. Better yet, record them on video. This may be the only contact the coming generation will have with the senior generation in your family.

Life Writing Month – Your personal life may not seem interesting or important to anyone else, but your future generations will want to know all about it. Write your own biography. It doesn't have to be a literary masterpiece.

Adoption Awareness Month

Celebrate Empty-Nester Month – This was designated by Pillsbury. They offer information about cooking, shopping and meal planning for when there is just two.
www.pillsbury.com/recipes/cooking-for-two Pillsbury
www.emptynestmag.com Empty Nest Magazine
www.emptynestsupport.com
<http://foryourmarriage.org/help-for-empty-nesters/>
<http://crr.bc.edu/briefs/do-parents-live-it-up-when-children-fly-the-coop/>

Cozy Cuddles for Kids™ Month – This group makes hats, mittens, quilts, etc and donates them to needy children.

Ice Skating Month – Either on an indoor skating rink or it could be cold enough in some parts of the country to skate outdoors on a pond.

Model Railroad Month – This is great fun for all ages.

www.nmra.org The National Model Railroad Association

www.modelroader.com Model Railroader Magazine

Music Month – “Music can change the world because it can change people.” – Bono

Drum (Percussion) Month – A drum can be almost any thing you can tap on. Play on!

Sleep Comfort Month

www.bettersleep.org The Better Sleep Council

Aviation History Month – There is nothing like watching a live air show.

www.aviation-history.com The Aviation History Online Museum

Inspirational Role Models Month – If possible, thank the people in your life that have served as good role models.

Military Family Appreciation Month

www.militaryfamily.org National Military Family Association

Native American Heritage Month – This was designated by President George Bush in 1990.

<http://nativeamericanheritagemonth.gov>

Fun With Fondue Month – Fondue is fun. Even the name is fun to say.

www.gofondue.com

Georgia Pecan Month – Pecans are loaded with antioxidants.

www.georgiapecans.org Georgia Pecan Commission

Peanut Butter Lovers Month – If you’re not allergic to peanuts, they can be an excellent source of cheap protein. Two tablespoons of peanut butter contains 8 grams of protein and 2 grams of fiber.

<http://peanutbutterlovers.com>

<http://peanut-butter.org>

Pomegranate Month – Many scholars believe that the forbidden fruit which Eve ate in the Garden of Eden was actually a pomegranate (the Bible does not name the fruit).

<http://pomegranates.org> Pomegranate Council

Diabetic Eye Disease Month – Diabetes can cause permanent loss of eyesight. Get tested today.

www.diabetes.org American Diabetes Association

Flu and Pneumonia Immunization Campaign - If you are over 60 or have health problems you should be immunized no later than November.

www.ahip.org/HumanaFluandPneumonia/

Alcohol Education Month

<http://life.familyeducation.com/drugs-and-alcohol/communication/51061.html>

Alzheimer's Disease Awareness Month – Offer to sit with someone so their caregiver can have a break for a few hours. Make a photo album of family members for someone with Alzheimer's to help them keep their memory longer.

www.alz.org Alzheimer's Association

COPD Awareness Month - This was designated by President George W. Bush in 2001. COPD (Chronic Obstructive Pulmonary Disease) is an umbrella term used to describe progressive lung diseases including emphysema, chronic bronchitis, refractory (non-reversible) asthma, and some forms of bronchiectasis.

www.copdfoundation.org COPD Foundation

American Diabetes Month – Diabetes is treatable and can be controlled.

www.diabetes.org American Diabetes Association

National Epilepsy Awareness Month – This was started in 1969 by the Epilepsy Foundation and endorsed by congress in 2002.

www.epilepsyfoundation.org

National Family Caregivers Month – If you know someone who is caring for an ill family member please offer to help - even if just for an hour now and then. If you don't feel you could take over caregiving for even a short time, you can still offer to run errands.

<http://caregiveraction.org> Caregiver Action Network

National Healthy Skin Month

www.aad.org American Academy of Dermatology

www.mayoclinic.com/health/skin-care/SN00003 Five Tips for Healthy Skin

Home Care Month – Many sources say that the best care can be provided at home, but there are many challenges that come with it. Learn all you can before attempting to provide home care for a loved one.

www.nahc.org National Association for Home Care and Hospice

www.nhpco.org National Hospice and Palliative Care Organization

National Hospice and Palliative Care Month

www.nahc.org National Association for Home Care and Hospice

Impotency Awareness Month – Impotency is a common problem with men, and is nothing to be embarrassed about. There are treatments available.

www.medicinenet.com/impotence/symptoms.htm

Lung Cancer Awareness Month

www.lungcanceralliance.org Lung Cancer Alliance

Marrow Donor Awareness Month

<http://marrow.org> National Marrow Donor Program

Orphan Disease Month

www.rarediseases.org National Organization for Rare Disorders

Pancreatic Cancer Awareness Month

www.pancan.org Pancreatic Cancer Action Network

National Prematurity Awareness Month

www.marchofdimes.com/mission/prematurity.html March of Dimes®

www.cdc.gov/Features/PrematureBirth/ Centers for Disease Control and Prevention

www.lung.org/about-us/our-impact/top-stories/november-is-national.html American Lung Association

www.facebook.com/WorldPrematurityDay

Pulmonary Hypertension Awareness Month

www.phassociation.org Pulmonary Hypertension Association

TMJ Awareness Month – Temporomandibular Disorders (TMJD), commonly called TMJ, are a complex and often misunderstood set of conditions characterized by pain in the jaw joint and surrounding tissues and limitation in jaw movements.

www.tmj.org The TMJ Association, Ltd.

DECEMBER

~ December 2014 ~						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25 Christmas	26	27
28	29	30	31	Notes:		

Flower - Holly (signifies celebration and prosperity)

Alternate Flowers - Poinsettia, Narcissus

Birthstone - Blue Topaz (signifies success and prosperity)

Alternate Birthstones - Turquoise, Zircon

Name Origin - December is Latin for tenth (it was originally the tenth month)



Monday, December 1

**Day 335 30 Days Remaining
(24 Shopping Days until Christmas)**

Christmas Lights Day – Find some inspiration at the Holdman House.

www.holdman.com



Most people will purchase their live Christmas tree, or dig out their artificial tree, early in the month so they can enjoy it throughout the holiday season. A great promotion for a business is to have a custom Christmas ornament made to give to employees and/or customers. Create a new ornament for each year and make it an annual tradition for more impact. Distributing a custom ornament can be a good way to promote the company's values, such as the support of the family, humanitarian interests, the company's origin or history, etc. During the season of peace on earth and goodwill toward men, a Christmas ornament promotion can create some goodwill for the sponsoring business, which makes this a *great promotional idea!*



Dr. Pepper's Birthday – The soft drink, Dr. Pepper, was invented by pharmacist Charles Alderton and first served in 1885.

Eat a Red Apple Day – As the old saying goes “an apple a day keeps the doctor away.” There is more truth to that statement than not. Apples contain modest amounts of nearly all the most important nutrients and because of their universal flavor appeal, versatility and convenience for use, nutritionists and dietitians rate them high on any list for eating right and staying fit. They are good for your teeth, your stomach, your skin and complexion, your nerves, your smile and overall good health.

www.applejournal.com

www.goodfruit.com

<http://fruitgrowersnews.com>

www.growingproduce.com

www.usapple.org

www.waga.org Wisconsin Apple Growers Association

www.newenglandapples.org New England Apple Growers Association

www.virginiaapples.org Virginia Apples

www.nyapplecountry.com New York Apple Association

www.bestapples.com Washington State Apple Commission

www.ncapplegrowers.com North Carolina Apple Growers Association

[http://blueridgeapplegrowers.com](http://www.blueridgeapplegrowers.com) Blue Ridge Apple Growers Association

www.massfruitgrowers.org Massachusetts Fruit Growers Association

www.vermontapples.org Vermont Tree Fruit Growers Association

Rosa Parks Day – On this day in 1955, Rosa Louise Parks (February 4, 1913 – October 24, 2005) was arrested for civil disobedience, for refusing to give up her seat in the “colored” section to a white passenger when the “white” section was full on a bus in Montgomery, Alabama. The U.S. Congress called her “the first lady of civil rights,” and the “mother of the freedom movement.” When she died in 2005, she was the first woman and second non-U.S. government official to lie in honor at the U.S. Capitol Rotunda.

www.thehenryford.org/exhibits/rosaparks/story.asp

www.rosaparksfacts.com

www.rosaparks.org Rosa & Raymond Parks Institute for Self Development

National Weather Service Anniversary – Originally called the Weather Bureau, the National Weather Service was established in 1870.

<http://weather.gov>

The Civil Air Patrol Anniversary – The Civil Air Patrol is an official auxiliary of the U.S. Air Force. It is a volunteer, non-profit organization. It was started in 1941. The main services they perform are emergency services, search and rescue, disaster relief, aerospace education, and introducing prospective youth to piloting.

www.gocivilairpatrol.com

World AIDS Day

www.worldaidsday.org

www.worldaidscampaign.org

Cyber Monday (Monday after Thanksgiving) – Shop online today for all those things you couldn't find at the stores on Black Friday.



Tuesday, December 2

Day 336 29 Days Remaining
(23 Shopping Days until Christmas)

National Fritter Day

Coats for Kids Day – This is listed under many different dates. Most likely because many individual groups sponsor similar programs when the weather starts to get colder to gather winter coats for kids.

www.coats-for-kids.org Coats for Kids Foundation

Play Basketball Day – The first basketball game was played on this day in 1891, with a soccer ball and peach baskets nailed on the walls for baskets. It was created by Dr. James Naismith (November 6, 1861 – November 28, 1939), who was at the time athletic director of the YMCA in Springfield, Massachusetts. The game was created because the cold winters kept everyone indoors.

Special Education Day - This is the anniversary of the signing of the first special education law by President Gerald Ford in 1975.

www.specialeducationday.com



Wednesday, December 3

Day 337 28 Days Remaining
(22 Shopping Days until Christmas)

Let's Hug Day – Hugging can be therapeutic and beneficial.
<http://eqi.org/ht.htm> Hug Therapy

Make a Gift Day – Homemade gifts can be the best kind, because they are made with love.

International Day of Persons with Disabilities – This day was designated by the United Nations in 1992.

www.un.org/disabilities/default.asp?id=1597

www.who.int/mediacentre/events/annual/day_disabilities/en/index.html

First Successful Heart Transplant Anniversary – The first successful human-to-human heart transplant was performed by Dr. Christiaan Barnard (November 8, 1922 – September 2, 2001) on this day in 1967 in Cape Town, South Africa. The patient died eighteen days later of pneumonia most likely caused by immunosuppressive drugs but the surgery was still considered a success because the heart was not rejected.

www.mytransplantlife.com

Illinois Admission Day - Illinois became the 21th state in 1818.

www.illinoishistory.gov

www.illinois.gov/about/Pages/HistoryAndCulture.aspx



Thursday, December 4

Day 338 27 Days Remaining
(21 Shopping Days until Christmas)

Santa's List Day – He's making a list and checking it twice, gonna see who's naughty or nice.

Cookie Day – Holiday cookies are the best kind!

Ribbons and Wrap Day – Stock up and get ready to wrap.

Dice Day – Dice have been discovered by archaeologists dating before 2000 BC. Dice were invented independently by many different civilizations. Dice were mostly used for games but a few civilizations believed that the gods controlled how the dice landed, so they were used to make important decisions.

Extraordinary Work Team Recognition Day - This was created in 2000 by QPC, Inc. It is a day to recognize teams that “consistently work extraordinarily well together to produce significant results for their companies or organizations.”

www.extraordinaryteam.com

www.inc.com/geoffrey-james/7-habits-of-extraordinary-teams.html

Wear Brown Shoes Day – Don't ask why because I don't know.



Friday, December 5

Day 339 26 Days Remaining
(20 Shopping Days until Christmas)

National Tinsel Day – Use caution with tinsel. It's not safe with certain pets around, especially cats.

Blue Jeans Day – These iconic pants are the quintessential casual attire. Possible morale and productivity booster: Allow employees to wear blue jeans to work today. If their performance is increased as a result of being permitted to wear their blue jeans today, then maybe they can wear them every Friday (Casual Friday).

Communicate With Your Baby Day – Just because babies cannot talk does not mean they cannot communicate. Yes, they cry when they want or need something. Remember, babies express emotions more than thoughts. Most facial expressions are not learned, so pay close attention. Watch their hand movements as well as the sounds they make. Look directly at them when you talk. It's a wonderful thing to laugh with a baby.

National Sachertorte Day – Sachertorte is a specific type of chocolate cake, or torte, invented by Austrian Franz Sacher in 1832 for Prince Wenzel von Metternich in Vienna, Austria. The recipe was later perfected by Sacher's son, Eduard, and served at the Hotel Sacher (established by Eduard in 1876). It remains as one of the most famous Viennese culinary specialties today.

www.sacher.com/en-original-sacher-tart.htm

International Volunteer Day – This was designated in 1985 by the United Nations to recognize the value of volunteers to society.

www.un.org/en/events/volunteerday/

www.volunteeractioncounts.org/en/

www.unv.org/what-we-do/intl-volunteer-day.html

www.worldvolunteerweb.org

Birthday of Walt Disney – Walter Elias Disney (December 5, 1901 – December 15, 1966) founded the Walt Disney Co. in 1923. “If you can dream it, you can do it.” –Walt Disney.

<http://disney.com>





Saturday, December 6

Day 340 25 Days Remaining
(19 Shopping Days until Christmas)

Moon before Yule (Full Moon) – The “Full Moon” phase of the Moon is when it is entirely outside of the Earth’s shadow from the Sun. On a clear night, the full moon can give enough light to make it possible to read a newspaper. A full moon can be used to promote a “Moonlight Madness” sale or other nighttime promotion. The full moon in December is called the “Moon before Yule.” The full moon will occur at 6:27AM CST, 12:27 UTC.



Take Your Child to a Bookstore Day (first Saturday) –

The fifth annual Take Your Child to a Bookstore Day — supporting the vital role of bookstores in our communities — will be held on December 6, 2014. Over 500 bookstores are slated to participate this year. This holiday was started by Jenny Milchman: “Take Your Child to a Bookstore Day began when my children were little and I was going to story time at bookstores nearly every week. Did all children know the pleasure of spending time in a bookstore? I wondered. Of being drawn into a magic world for a while, then being left to choose treasures on the shelf? I wanted to begin a holiday that would expose as many kids as possible to this joy.”

<http://www.takeyourchildtoabookstore.org>

Give a Secret Gift Day – Giving a gift in secret accomplishes two things. It is truly a surprise to the recipient, and they are not bound or forced to reciprocate. It is the ultimate act of selflessness. “A gift in secret pacifieth anger...” –Proverbs 21:14

Saint Nicholas Day – Saint Nicholas died on this day in 346AD. He was known for secret gift giving. One of the legends about Saint Nicholas gave rise to the tradition of hanging stockings over the fireplace on Christmas eve.

Microwave Oven Day – Tappan introduced the first microwave oven for home use in 1955, but these units were still too large and expensive for most families. A countertop version was first introduced in 1967 by the Amana Corporation, which was acquired in 1965 by Raytheon. By the mid-1980s, microwave ovens were in general use.

National Gazpacho Day – Gazpacho is a tomato-based vegetable soup, traditionally served cold. It originated in the southern Spanish region of Andalucía.

Mitten Tree Day – The exact origin of this practice is unknown, but it's a good thing to do none the less. One possible origin is a book, *The Mitten Tree*, written by Candace Christiansen. Set up a tree (or a mitten tree stand designed for this purpose) in the office, business or school. People donate mittens by placing them on the tree. You can also accept gloves, hats, coats and other winter clothing. Before Christmas, the items are removed from the tree and donated to those in need.

National Bad Hair Day – This is the one day of the year you can celebrate your bad hair.

Pawnbrokers Day – On this day pawnbrokers all across America donate musical instruments to Boys & Girls Clubs of America.

www.nationalpawnbrokers.org National Pawnbrokers Association
www.bgca.org Boys & Girls Clubs of America



Sunday, December 7

Day 341 24 Days Remaining
(18 Shopping Days until Christmas)



Pearl Harbor Remembrance Day – On this day in 1941 the Japanese attacked Pearl Harbor, which brought the U.S. into WWII. President Franklin Roosevelt said that this day was “a date which will live in infamy.” It is tradition to fly the American flag at half-staff until sunset, in honor of more than 2,400 Americans that died from the attack.

www.pearlharborohahu.com Pearl Harbor Memorial
www.nps.gov/valr/ USS Arizona Memorial
www.pearlharbor.org

Hang a Wreath Day

Letter Writing Day – It takes more time to write an actual letter than it does to sign a card or send an email. That is why it is so special.

National Cotton Candy Day – Cotton candy is made by drawing sugar into long delicate fibers that resemble fluffy cotton. The first recorded appearance of this fluffy delight was in the 16th century. Spun sugar was an expensive, labor-intensive endeavor and was only affordable to the wealthy. Ironically, machine-spun cotton candy was invented in 1897 by a dentist. William Morrison and confectioner John C. Wharton first introduced ‘Fairy Floss’ at the 1904 World’s Fair in St. Louis, Missouri. They sold 68,655 boxes at the then-high price of 25¢ per box, half the cost of admission to the fair (equivalent to \$6 today). Joseph Lascaux, another dentist, invented a similar cotton candy machine in

1921. His patent named the sweet confection “cotton candy” and the “fairy floss” name melted away, much like the product does in one’s mouth.

www.cottoncandy.net

National Fire Safety Day – The National Fire Safety Council, Inc. was founded on this day in 1979.

<http://nfsc.org> National Fire Safety Council, Inc.

Christmas Seals® Day – The first Christmas Seals® were sold on this day in the U.S. in 1907. Christmas Seals® are used to raise funds and awareness for the American Lung Association®.

www.christmasseals.org

Civil Aviation Day – This was established in 1994 by the International Civil Aviation Organization.

www.icao.int

Delaware Admission Day – Delaware became the first state in 1787.

<http://portal.delaware.gov/facts/history/delhist.shtml>

www.hsd.org Delaware Historical Society

www.delawareliving.com/history.html



Monday, December 8
Day 342 23 Days Remaining
(17 Shopping Days until Christmas)

National Brownie Day

Winter Flowers Day – There are many different varieties of flowers you can grow inside to have blooms in the winter. For example: African violets, amaryllis, begonias, calla lily, Christmas cactus, primrose, kalanchoe, orchid, and, of course, poinsettia.

Birthday of Eli Whitney – Eli Whitney (December 8, 1765 – January 8, 1825) is best known for inventing the cotton gin, which played a big part in the industrial revolution.
www.liwhitney.org Eli Whitney Museum and Workshop

Anniversary of John Lennon's murder – On this day in 1980 one of the Beatles (a rock band), John Lennon, was shot by deranged fan Mark David Chapman.

www.johnlennon.com



Tuesday, December 9

Day 343 22 Days Remaining
(16 Shopping Days until Christmas)

Homemade Gift Day – The extra time and effort it takes to make a gift rather than simply buying one is what makes it so special.

Mail Your Cards Day – The volume of mail handled by the postal service is highest during this time of year. Make this day the deadline for getting those cards in the mail, if you want them to arrive before Christmas.

www.usps.com

National Pastry Day

<http://baking911.com/learn/baked-goods/pastry>

Ball-bearing Roller Skates Day – Ball-bearing roller skates were patented on this day in 1884.



Wednesday, December 10

Day 344 21 Days Remaining
(15 Shopping Days until Christmas)

Dewey Decimal Day – Birthday of Melvil Dewey (December 10, 1851 – December 26, 1931), librarian and founder of the Dewey Decimal system.

www.oclc.org/dewey/resources/biography/

Birthday of Emily Dickinson – Emily Dickinson (December 10, 1830 – May 15, 1886) was an American poet. Less than a dozen of her poems were ever published during her lifetime. It wasn't until after her death that the bulk of her nearly eighteen hundred poems were discovered by her younger sister, Lavinia.

www.emilydickinsonmuseum.org Emily Dickinson Museum

www.poets.org/edick/

Nobel Prize Awards Day – The first Nobel Prize was awarded in 1901.

www.nobelprize.org

Human Rights Day – Anniversary of the United Nations Universal Declaration of Human Rights in 1948.

www.un.org/en/documents/udhr/index.shtml

Women's Rights in Wyoming Day – On this day in 1869, the Wyoming Territory decided to allow women to vote and hold office.

http://theautry.org/explore/exhibits/suffrage/suffrage_wy.html

Mississippi Admission Day - Mississippi became the 20th state in 1817.

www.history.com/topics/mississippi

<http://mdah.state.ms.us/timeline/>

<http://mshistorynow.mdah.state.ms.us/>

www.mshistory.net Foundation for Mississippi History



Thursday, December 11

Day 345 20 Days Remaining
(14 Shopping Days until Christmas)

Hi Neighbor Day – Don't get so busy during the holidays that you can't say “Hi” to your neighbors.

National Noodle Ring Day

National Knitters Day

International Mountain Day – This was designated by the United Nations in 2003. The purpose is to recognize the importance of mountains to life.

www.un.org/en/events/mountaintday/

UNICEF Anniversary – Established in 1946, the United Nations Children's Fund was originally called the United Nations International Children's Emergency Fund and that is where the acronym UNICEF comes from.

www.unicef.org

Indiana Admission Day - Indiana became the 19th state in 1816.

www.indianahistory.org Indiana Historical Society

www.history.com/topics/indiana

www.indiana.edu/~imaghist/ Indiana Magazine of History



Friday, December 12

Day 346 19 Days Remaining
(13 Shopping Days until Christmas)

Gingerbread House Day (also celebrated November 10) – This could also be called “**Eat Yourself Out of House and Home Day**.”

Ding-a-Ling Day

National Poinsettia Day - This was designated by Congress in memory of Joel Roberts Poinsett who introduced the Mexican plant to the U.S.

www.poinsettiaday.com

Golf Tee Day – A golf tee similar to what is used today was patented on this day in 1899 in the U.S. by dentist George Franklin Grant.

www.golf.com

Pennsylvania Admission Day – Pennsylvania became the second state in 1787.

www.explorepahistory.com

www.pa-history.org Pennsylvania Historical Association

<http://hsp.org> Historical Society of Pennsylvania

www.ushistory.org/pennsylvania/



Saturday, December 13

Day 347 18 Days Remaining
(12 Shopping Days until Christmas)

Geminids Meteor Shower – Considered by many to be the best meteor shower in the heavens, the Geminids are known for producing up to 120 multicolored meteors per hour at their peak. The shower is produced by debris left behind by an asteroid known as 3200 Phaethon, which was discovered in 1982. The shower runs annually from December 7-17. It peaks this year on the night of the 13th and morning of the 14th. The waning gibbous moon will block out some of the meteors this year, but the Geminids are so

bright and numerous that it should still be a good show. Meteors will radiate from the constellation Gemini, but can appear anywhere in the sky. Best viewing is usually to the east after midnight from a dark location away from city lights.

National Cocoa Day – We can thank the Aztecs for this delightful drink.

Day of the Horse – This was designated in 2004 by the Senate.

<http://ultimatehorsesite.com> The Ultimate Horse Site

Saint Lucy's Day – Saint Lucy represents the promise of light in the midst of the darkness of winter. This is also known as Little Yule.

Violin Day

www.violinonline.com

Bicycle Built for Two Day – It's a little too cold this time of year in most parts of the country to be taking a date on a bicycle.

Clip-On Tie Day – To the great relief of the knot-challenged, the clip-on tie was invented on this day in 1928.

International Shareware Day (second Saturday) - Shareware is proprietary software that is provided to users without payment on a trial basis. It is not freeware. If the user wants to continue using the software, they are expected to pay for it.

<http://download.com>



Sunday, December 14
Day 348 17 Days Remaining
(11 Shopping Days until Christmas)

Buy a Tree Day – Take a stroll through a Christmas Tree lot to get into the holiday mood.

www.livingchristmastrees.com

Deck the Halls Day – Take advantage of today being a Saturday to finish your Christmas decorating.

www.hgtv.com/decorating-basics/our-favorite-christmas-decorating-ideas/pictures/index.html

Email Tag Day

Opposites Attract Day

www.drphil.com/articles/article/355 Dr. Phil

National Bouillabaisse Day – Bouillabaisse is a traditional Provençal fish stew originating from the port city of Marseille.

www.simplyrecipes.com/recipes/bouillabaisse/

Birthday of Shirley Jackson – Author, Shirley Jackson (December 14, 1916 – August 8, 1965), is perhaps best known for her short story, *The Lottery*.

<http://shirleyjackson.org>

www.shirleyjacksonawards.org

American Revolution Anniversary – The first military operation of the American Revolution took place at Portsmouth, New Hampshire on this day in 1774.

www.americanrevolutionarywar.net

www.ushistory.org/declaration/revwartimeline.htm

South Pole Day – The first successful expedition to reach the geographic south pole was on this day in 1911. The leader of the group was Norwegian Roald Amundsen.

Alabama Day - Alabama became the 22nd state on December 14, 1819.

www.archives.state.al.us/aha/aha.html Alabama Historical Association

www.archives.alabama.gov/ Alabama Department of Archives and History

www.history.com/topics/alabama

National Children's Memorial Day (second Sunday)

<http://ncmd.tripod.com>

<http://angelmoms.com/ncmd/candles.html>

www.compassionatefriends.org Compassionate Friends

www.missfoundation.org/newsevents/events/ncmd2012 MISS Foundation



Monday, December 15

Day 349 16 Days Remaining
(10 Shopping Days until Christmas)

National Lemon Cupcake Day

Sleep Comfort Day

www.bettersleep.org Better Sleep Council

Bill of Rights Day - The Bill of Rights was ratified on this day in 1791. The Bill of Rights sets limits on the powers of the Federal government and protects our personal liberties.



Tuesday, December 16
Day 350 15 Days Remaining
(9 Shopping Days until Christmas)

National Chocolate-Covered Anything Day

Birthday of Beethoven – Ludwig van Beethoven (December 16, 1770 – March 26, 1827) was only seven years old when he first performed in public (March 1778).
www.lvbeethoven.com

Boston Tea Party – On this day in 1773, Boston colonists boarded three ships and threw the cargo of tea into Boston Harbor to protest the taxes on tea.



Wednesday, December 17
Day 351 14 Days Remaining
(8 Shopping Days until Christmas)



Chanukah (Hanukkah) – A major Jewish holiday, Chanukah, the Jewish festival of rededication, is also known as the Festival of Lights. Chanukah begins at sundown tonight and continues until sundown on December 24.

<http://www.hebcal.com/holidays/2014-2015>

Cookie Cutter Day

Maple Syrup Day

Color TV Anniversary - On this day in 1953 the first television programs in color were broadcast. To let people know how good color TV was some stations send out plastic

overlays of colored pictures. At a certain time each day they would put a black and white picture on the screen and you would put the plastic on the screen to see how much better it looked in color.

Wright Brothers' First Flight Anniversary - On this day in Kitty Hawk, North Carolina in 1903, the Wright brothers attained the first powered, piloted flight in history. It lasted twelve seconds.



Thursday, December 18

Day 352 13 Days Remaining
(7 Shopping Days until Christmas)

Cookie Baking Day

Find a Friend, Be a Friend Day - Go out of your way to get to know your neighbors and acquaintances better. You never know which might be your new best friend. But don't forget your old friends. If you know someone who needs a hand or a listening ear take time for them as well.

Nutcracker Ballet Anniversary - The Nutcracker was first performed in 1892 in Russia.

Hug a Soccer Player Day

Play Bingo Day – The game Bingo was invented in 1929.

National Roast Suckling Pig Day

New Jersey Admission Day - New Jersey became the third state on this day in 1787.

<http://www.nj.gov/nj/about/history/>

<http://www.jerseyhistory.org>

<http://www.history.com/topics/new-jersey>

<http://njhistoryadvocates.org>



Friday, December 19

**Day 353 12 Days Remaining
(6 Shopping Days until Christmas)**

Build a Snowman Day

Chocolate Pizza Day

Oatmeal Muffin Day

A Christmas Carol Anniversary - Charles Dickens' book, *A Christmas Carol*, was published on this day in 1843.

Underdog Day (third Friday) - This was created in 1976 to celebrate unsung heroes such as Sherlock Holmes' Dr. Watson or Robinson Crusoe's Man Friday.



Saturday, December 20

**Day 354 11 Days Remaining
(5 Shopping Days until Christmas)**

Go Caroling Day - Get together with friends, family or a church group to go caroling. Nursing homes, children's homes and other places often welcome carolers if you call ahead. You can also just carol around your neighborhood.

Dot Your I's With Smileys Day

Games Day - When it is cold outside it is a good time to play board games or card games with friends and family.

Sacagawea Day - Sacagawea was a Native American woman who acted as a guide and interpreter for the Lewis and Clark Expedition from 1805-06. She died on this day in 1812 at the age of twenty-four (born in 1788 in Salmon, Idaho).



Sunday, December 21

Day 355 10 Days Remaining

(4 Shopping Days until Christmas)

New Moon – The “New Moon” phase of the moon is when the moon is fully hidden in the earth’s shadow from the sun. A clear night during a new moon is a prime opportunity for stargazing. The new moon will occur at 7:36PM CST (December 22, 2014, 01:36 UTC).



Crossword Puzzle Anniversary - The first crossword puzzle was published in a newspaper on this day in 1913. It was created by Arthur Wynne. Here is the actual crossword puzzle he created:

<http://thinks.com/crosswords/first1.htm>

Look on the Bright Side Day - This is the day with the least amount of daylight so make your own brightness by counting your blessings.

Flashlight Day - Test the batteries in all your flashlights, including the one in your car.

Forefathers Day - The Pilgrims landed at Plymouth, Massachusetts on this day in 1620.

Snow White Anniversary – The animated film, *Snow White*, premiered on this day in 1937.

Winter Solstice - This is the shortest day of the year and marks the first day of winter. It is always between the 20th and 22nd. The South Pole of the earth will be tilted toward the Sun, which will have reached its southernmost position in the sky and will be directly over the Tropic of Capricorn at 23.44 degrees south latitude. This is the first day of

winter (winter solstice) in the northern hemisphere and the first day of summer (summer solstice) in the southern hemisphere.

Winter Begins

California Kiwifruit Day (first day of winter)
www.kiwifruit.org California Kiwifruit Commission



Monday, December 22

Day 356 9 Days Remaining
(3 Shopping Days until Christmas)

Christmas Tree Light Day - Thomas Edison is said to have created the first string of Christmas lights when he used them to decorate his lab in 1880. His friend, Edward H. Johnson created a string of lights to use on his Christmas tree in 1882. Still, it was many years later before electric lights on Christmas trees became common.

National Date Nut Bread Day

National Haiku Poetry Day

Abilities Day - This day honors disabled people and their caregivers. It is also a time to recognize that we all have abilities and disabilities of some sort.

U.S. Golf Association Anniversary – The U.S. Golf Association was founded in 1894.
www.Golf.com

Thermometer Birthday - Gabriel Fahrenheit invented the first practical thermometer in 1714. He introduced the Fahrenheit scale in 1724. Using his thermometer, he marked the highest and lowest temperature readings. The lowest temperature he marked became “0” degrees, and the highest temperature he marked became “100” degrees. This became the Fahrenheit temperature scale, which is still used in many parts of the world today. Incidentally, the Celsius temperature scale, named after Swedish Astronomer Anders Celsius (1701-1744), is based on the freezing point (0 degrees Celsius) and the boiling point (100 degrees Celsius) of water at mean sea level. In 1954, the Celsius scale was calibrated to the Kelvin scale.



Tuesday, December 23

Day 357 8 Days Remaining
(2 Shopping Days until Christmas)

Festivus - This was created in 1966 but little-known until mentioned in a Seinfeld episode in 1997. "It's a festivus for the rest of us." It is dedicated to celebrating without the pressure and commercialism of traditional holidays.

<http://www.religioustolerance.org/festivus.htm>

National Popcorn Popping Day – Try making popcorn in a pan instead of the microwave. Using the fireplace would be even better. And use real butter.
www.popcorn.org Popcorn Board

Roots Day - When you visit relatives over the holidays, it would be a good time to gather information about your family history. There may even be some family heirlooms you can see. Take photographs and record video interviews with the oldest family members. They are a treasure trove of information.

HumanLight Celebration - This holiday celebrates the vision of a future with people working together "toward a happy, just and peaceful world."
<http://HumanLight.org>

Economists Day

Federal Reserve System Anniversary - The Federal Reserve System was established in 1913.



Wednesday, December 24

Day 358 7 Days Remaining
(1 Shopping Days until Christmas)

Christmas Eve

Silent Night Anniversary - On this day in 1818 teacher and musician Franz Gruber created a melody and guitar accompaniment for a poem that had been written by his friend Father Joseph Mohr. *Silent Night* was the end result.

Eggnog Day - Homemade eggnog tastes so much better than what is sold in stores.

Last Minute Shopper's Day - If you wait until today to do your shopping there is a very good chance that what you buy will end up being returned. So maybe you should just give a gift card.

Phonograph Patent Day - A patent for the phonography was filed by Thomas Edison on this day in 1877.

Apollo 8 Moon Orbit Anniversary - On this day in 1968 Apollo 8 reached the moon and orbited it ten times over twenty hours. This was the first time humans left the earth's orbit. The three astronauts aboard were the first people to directly view the far side of the moon.



Thursday, December 25
Day 359 6 Days Remaining



Christmas – Originally called the “Christ Mass,” it was a special mass held by the Catholic Church to commemorate the birth of Jesus Christ as a human being. One of the names given to him is Immanuel, which means, “God with us.” He was born of a woman named Mary, without a human father (she was a virgin). This was made possible by what is referred to as the immaculate conception. Mary was espoused to a man named Joseph. When it was discovered that Mary was pregnant, Joseph knew the child was not his because they had not consummated their marriage. Therefore, he suspected infidelity on her part. Joseph considered divorcing her, but an angel spoke to him in a dream: “But while he thought on these things, behold, the angel of the Lord appeared unto him in a dream, saying, Joseph, thou son of David, fear not to take unto thee Mary thy wife: for that which is conceived in her is of the Holy Ghost.” (The Holy Bible, Matthew 1:20).

Christmas Parade Day – (Also known as **Walt Disney World Christmas Day Parade** and the **Disney Parks Christmas Day Parade**.) This is a televised event that airs on Christmas Day on the ABC network, taped primarily inside the Magic Kingdom theme park at Walt Disney World Resort in Orlando, Florida. The first live telecast of the Christmas Parade was on this day in 1983.

<http://disneyparks.disney.go.com/blog/tag/christmas-day-parade/>

Nativity Scene Anniversary – In 1223, Saint Francis of Assisi assembled the first known nativity scene.

Pumpkin Pie Day – Also celebrated November 21.

Rudolph the Red-Nosed Reindeer Birthday – On this day in 1939, the retailer Montgomery Ward introduced Rudolph the Red-Nosed Reindeer as a character in a book by the same title. The story was written as a poem by Robert L. May. In the first year, 2.5 million copies of the book were distributed as a store promotion.

Richard Starkey Day – On Christmas morning in 1959, Richard Starkey received his first drum set as a Christmas gift. He went on to become Ringo Starr, drummer for the legendary rock band the Beatles. Many consider him to be one of the most famous drummers of all time.

www.ringostarr.com

Sir Isaac Newton Day – Birthday of the physicist, mathematician and astronomer (December 25, 1642 – March 20, 1727).

www.newton.ac.uk/newtlife.html

www.bbc.co.uk/history/historic_figures/newton_isaac.shtml



Friday, December 26
Day 360 5 Days Remaining

Kwanzaa - Kwanzaa was created in 1966 to honor African heritage. It starts today and goes through January 1.

<http://www.officialkwanzaawebsite.org>

Boxing Day – This is celebrated in many mostly English speaking countries. It has nothing to do with the sport of boxing (pugilism), but rather started as a tradition when employers would give boxed gifts (called “Christmas boxes”) to their employees on the day after Christmas. Today, it is often observed as a day of giving to the needy and to service people. In South Africa, Boxing Day was renamed to Day of Goodwill in 1994. In Ireland, the day is known as St. Stephen’s Day or the Day of the Wren. In many European countries, including notably Germany, Poland, Scandinavia and the Netherlands, this day is celebrated as the Second Christmas Day. In Canada, Boxing Day is a federal public holiday. In Ontario, Boxing Day is a statutory holiday where all full-time employees receive time off with pay.

Candy Cane Day - Today you can start eating all those candy canes you have been using for decoration.

Percolator Anniversary – On this day in 1865, James Mason of Massachusetts was awarded the first U.S. patent for a coffee percolator. A percolator is not a very good way to make coffee, as it heats it to boiling temperature (not good). This is what makes it “perk.”

Recyclable Packaging Day - Gather up all the paper, cardboard, and other recyclables left from your holiday celebrations and take it for recycling.

National Whiners Day – This is a day we can do without.



Saturday, December 27
Day 361 4 Days Remaining

National Fruitcake Day – Eat it if you like it, throw it out if you don’t.

Make Paper Snowflakes Day - This is a great activity for children getting bored during Christmas break.

Visit the Zoo Day - Many zoos have discounted tickets during cold weather.
www.aza.org Association of Zoos and Aquariums



Sunday, December 28
Day 362 3 Days Remaining

Call a Friend Day - If there is a friend you didn't happen to see during the holidays, today would be a good time to give them a call.

National Card Playing Day - Learn some new card games or play your old favorites.

Chewing Gum Day - Chewing gum was around for many years in various forms but was first patented on this day in 1869 by William Finley Semple.

Eat Vegetarian Day – Even if you are not fond of vegetables, you can refrain from eating meat for one day.

Return-Your-Gifts Day - By now the lines of people returning gifts should be a little shorter. If you don't return your gifts now it is probable they will be pushed aside and forgotten.

Pledge of Allegiance Day - In 1892 a Boston magazine published some words written by Francis Bellamy for students to repeat on October 12 (Columbus Day) that year. Those words, "I pledge allegiance to my Flag and the Republic for which it stands - one nation indivisible - with liberty and justice for all" soon became known as the Pledge of Allegiance. In 1923, the words "the Flag of the United States" replaced "my flag." On this day in 1945 Congress officially recognized the Pledge of Allegiance. In 1954 the words "under God" were added.

Anniversary Of Poor Richard's Almanac

Iowa Admission Day - Iowa became the 29th state in 1846.

www.iowa.gov

Birthday of President Woodrow Wilson (born in 1856) - He was the twenty-eighth president.

<http://www.whitehouse.gov/about/presidents/>



Monday, December 29
Day 363 2 Days Remaining

Ice Skating Day

Bowling Ball Day - A wooden modern-style bowling ball was invented in 1862.

Texas Admission Day - Texas became the 28th state in 1845.

Birthday of President Andrew Johnson (born in 1808) - He was the seventeenth president.

<http://www.whitehouse.gov/about/presidents/>



Tuesday, December 30

Day 364 1 Day Remaining

Take a Walk Day – Taking a walk in the winter can be enjoyable (seeing the scenery) and a good workout (because the body is burning additional calories to stay warm).

National Bicarbonate of Soda Day

<http://www.rd.com/home-garden/83-extraordinary-uses-for-baking-soda/article23745.html>

Monkees Birthday - Two members of the Monkees were born on this day. Davy Jones in 1945 and Michael Nesmith in 1942.

Roy Rogers TV Show Anniversary - The Roy Rogers Show premiered on this day in 1951.



Wednesday, December 31

Day 365

New Year's Eve

Leap Second Time Adjustment Day - This is a one-second adjust made as needed on June 30 and December 31 to keep Coordinated Universal Time close to mean solar time.
http://en.wikipedia.org/wiki/Leap_second

Make Up Your Mind Day – Don't start the new year with a lot of leftover indecisiveness. Make up your mind, make a plan, and make progress in the new year.

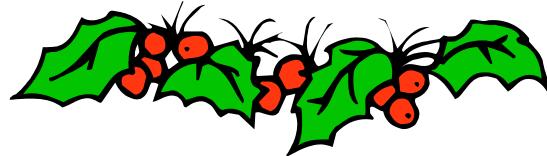
One Voice Day - One determined voice can make a difference.

World Peace Meditation Day - This was created in 1986. It is a time for the people of the world to meditate on world peace.

Universal Hour of Peace - This starts at 11:30 p.m. today and ends at 12:30 a.m. January First. The whole world is united in heart and mind toward the common goal of peace.

No Interruptions Day (last business day) - In a lot of business offices, there are many last minute things that need to be completed before the new year begins.

Week-Long Events in **DECEMBER**



Christmas Tree Week (first week)

National Cookie Cutter Week (first week)

<http://www.frankencutters.com/cccc/> Cookie Cutter Collectors Club

Tolerance Week (first week)

Tolerating others does not require being or believing the same. It is about accepting others as they are, and recognizing that being different does not mean being inferior.

National Aplastic Anemia and MDS Awareness Week (first week)

<http://www.aamds.org> Aplastic Anemia and MDS International Foundation, Inc.

National Hand Washing Awareness Week (first full week)

One of the best ways to prevent the spreading of infectious and contagious diseases is to wash your hands often throughout the day, especially before meals.

<http://www.henrythehand.com>

Over Tip Your Waitstaff Week (second week)

Waiters and waitresses usually receive the majority of their income from tips, so a good tip is always appreciated.

Tell Someone They're Doing a Good Job Week (third week)

Napoleon said, "A man will work for a paycheck, but he will risk his life for a medal."

Spoken praise in front of one's peers is worth more than money.

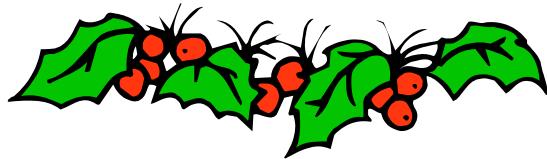
Thank a Soldier Week (19 - 25)

<http://iwvpa.net/jonesd/>

Lipstick Week (fourth week)

It's About Time Week (25 - 31)

Month-Long Events in DECEMBER



Stress-Free Family Holidays Month

<http://1stholtistic.com/reading/health/health-10-tips-for-a-stress-free-holiday.htm>

Holly Month

National Critical Infrastructure Protection Month – Designated as such by Presidential Proclamation.

Get to Know Your Neighbors Month

<http://moving.about.com/od/settlingintips/a/meetneighbors.htm>

Write to a Friend Month – A hand-written letter means much more than a pre-printed Christmas card. It means you thought enough of your relationship with them to take the time to write a letter. With email, cellphones, and instant everything, very few people take the time to hand-write a letter any more. If you want to forge a strong friendship, or make an existing friendship stronger, write a letter.

Bingo Month

Read a New Book Month – A newly-published book, especially a business book, will have the newest and most up-to-date information and strategies. Make it a point to read a newly-published book this month.

www.nationalbook.org See The National Book Foundation

Tie Month

Closed Caption TV Month - See the History of the Closed-Captioning:

<http://inventors.about.com/library/inventors/blclosedcaptioning.htm>

Learn a Foreign Language Month - See Why Foreign Language Education Matters:

http://www.huffingtonpost.com/rep-rush-holt/why-foreign-language-educ_b_127588.html

Sign Up for Summer Camp Month

<http://www.acacamps.org> American Camp Association

Art and Architecture Month

<http://www.artsandarchitecture.com> Art and Architecture® Magazine

Calendar Awareness Month - See History of the Calendar:

<http://www.infoplease.com/ipa/A0002061.html#axzz0xpzbze7ot>

Universal Human Rights Month**Identity Theft Prevention and Awareness Month****Write a Business Plan Month**

<http://www.myownbusiness.org/s2/> My Own Business™

Safe Toys and Gifts Month - See Choosing Safe Toys:

http://kidshealth.org/parent/growth/learning/safe_toys.html

Drunk and Drugged Driving Prevention Month

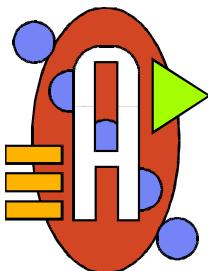
http://www.cdc.gov/Motorvehiclesafety/Impaired_Driving/

Tie One on For Safety® - This started as Project Red Ribbon in 1986 by MADD (Mothers Against Drunk Drivers). It begins on Thanksgiving Day and ends on December 31st.

<http://www.madd.org>

Hearing Impairment Awareness Month

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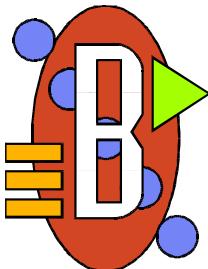


Birthday of Hank Aaron	February 5
Hank Aaron Day	April 8
Abilities Day	December 22
Absolutely Incredible Kid Day®	(third Thursday)
Absurdity Day	March 20
Abused Women and Children Awareness Day	November 20
Academy Awards Month	June 8
A Christmas Carol Anniversary	March
Accordion Day	December 19
Act Happy Day	January 13
Birthday of President John Adams	March 17
Birthday of President John Quincy Adams	October 30
A Day Out of Time	July 11
ADHD Awareness Month	July 25
Adhesive Postage Stamps Day	September
Administrative Professionals Day®	May 6
(Wednesday of the last full week)	April 23
Administrative Professionals Week	April
(last full week)	October
Adopt a Shelter Animal Month	November
Adoption Awareness Month	September
Adult Immunization Awareness Week (week starting the last Sunday)	December 3
Beginning of Advent	February 5
Aerial Victory Day	June 4
Birthday of Aesop	June 15
A Friend in Need is a Friend Indeed Day	October
AIDS Awareness Month	November 4
Air-Conditioned Automobile Anniversary	July 17
Air Conditioner Birthday	July 3
Air Conditioning Appreciation Day	August
Air Conditioning Appreciation Week	November 11
(second full week)	August 1
Air Day	May 15
Air Force Day	August 3
Airmail Service Anniversary	August
Airplane Crop Duster Day	November 20
Air Travel Month	
Air Your Dirty Laundry Day	

Alabama Day		December 14
Alaska Admission Day		January 3
Alaska Purchase Day		March 30
Alcoholics Anonymous Birthday		June 9
Alcohol Awareness Month		April
Alcohol Education Month		November
Alcohol-Free Weekend	(first weekend)	April 5
All-American Pet Photo Day		July 11
All-American Soap Box Derby Day		August 20
Ethan Allen Day		January 21
All is Ours Day		April 8
All or Nothing Day		July 26
All Saints' Day		November 1
All Souls' Day		November 2
All-Star Game Anniversary		July 6
Almond Day		February 16
Alzheimer's Disease Awareness Month		November
Amateur Radio Month		April
Ambivalence Day		April 24
Amelia Earhart Disappearance Anniversary		July 2
America the Beautiful Day		July 22
America Recycles Day		November 15
American Bar Association Birthday		August 21
American Business Women's Day		September 22
American Canoe Association Anniversary		August 3
American Chess Day		September 1
American Chocolate Week	(third week, 17-23)	March
American Circus Day		April 3
American Diabetes Month		November
American Eagle Day		June 20
American Education Week	(week before Thanksgiving)	November
American History Month		February
American Lung Association Birthday		May 6
American Map Day		March 31
American Red Cross Anniversary		May 21
American Red Cross Month		March
American Redneck Day		July 3
American Revolution Anniversary		December 14
American Stroke Month		May
American Touch Tag Day		October 8
Americans with Disabilities Day		July 26
Amnesty International Day		May 28
Ancestor Appreciation Day		September 27
Ancestor Honor Day	(third Monday)	May 19
Animal Cruelty Prevention Month		April
Angel Week		Sept 24-28

Animal Safety and Protection Month		October
Animal Shelter Appreciation Week	(second week)	November
Annual Medical Check-Up Day		August 11
Ansel Adams Day		February 20
Saint Anthony the Great Feast Day		January 17
Birthday of Susan B. Anthony		February 15
Anti-Boredom Month		July
Anxiety Disorders Screening Day	(first Wednesday)	May 7
Apollo 8 Moon Orbit Anniversary		December 24
Appendectomy Day		January 4
Apple Computer Day		June 4
Apple Month	(goes through November)	October
Johnny Appleseed Day		March 26
Johnny Appleseed Day		September 26
Appreciate Diversity Month		April
Appreciate a Dragon Day		January 16
April Fool's Day		April 1
April Showers Day		April 22
Aquarium Month		June
Archery Day		January 23
Area Codes Birthday		November 10
Are You Ready for Some Football? Day		November 12
Arizona Admission Day		February 14
Arlington National Cemetery Day		May 13
Arkansas Admission Day		June 15
Arkansas Joins the Twentieth Century Day		November 12
Armed Forces Day	(third Saturday)	May 17
Armed Forces Week	(from the second Saturday to the third Sunday)	May
Armored Warships Day		March 9
Army Day		April 6
Around the World Day		January 8
Art and Architecture Month		December
World Arthritis Day		October 12
Birthday of President Chester A. Arthur		October 5
Artist Appreciation Day		February 3
Artist Appreciation Month		August
Artist of America Day		June 1
Ash Wednesday 2013		February 13
Ask a Stupid Question Day	(last school day of September)	September 30
Asparagus Day		May 24
ASPCA® Day		April 10
Aspirin's Birthday		February 27
Astronauts Day		April 9
Astronomy Day (Part 1)		May 10
Astronomy Day (Part 2)		October 4
Astronomy Week	(14-20, 2014)	April

Assembly Line Worker's Day		January 14
Assistant Principals Week	(third week)	April
As Young as You Feel Day		March 22
Auctioneers Day	(third Saturday)	April 19
Audubon Day		April 26
Aunt and Uncle Day		July 26
Aunt's Day	(third Sunday)	May 18
Aunt's Day (Saturday after Labor Day, also the third Sunday in May)		September 6
Australia Day		January 26
Auto Battery Safety Month		October
Autograph Collectors Week	(first full week)	March
Automotive Birthday		July 3
Automotive Parade Day		September 7
Automotive Service Professionals Day		June 12
Automotive Service Professionals Week	(second full week)	June
Auto Race Birthday		November 28
Auto Race Day		June 22
Autumn Equinox		September 22
Aviation History Month		November
Aviation Week(week including Orville Wright's birthday, born Aug 19, 1874)		August
Awkward Moments Day		March 18



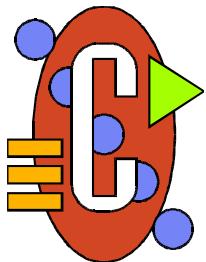
Babe Ruth Day		May 6
Baby-Boomer Day		January 1
Baby Boomer Recognition Day		June 21
Baby Safety Month		September
Babysitter Safety Day		March 5
Bachelors Day		February 29
Back to Basics Day		October 8
Backwards Day		January 31
Bad Hair Day		August 20
Bald Eagle Appreciation Days		January 19
Bagels and Lox Day		February 9
Baked Bean Month		July
Bake for Family Fun Month		February
Bake Your Own Bread Day		June 17
Balance Awareness Week	(third full week)	September
Bald is Beautiful Day	(also celebrated on October 14)	September 13

Bald is Beautiful Day	(also celebrated on September 13)	October 14
Ball-bearing Roller Skates Day		December 9
Ballroom Dance Day		April 4
Ballroom Dancing Month		September
Bambi's Birthday		August 13
Banana Bread Day		February 23
Band-Aid Birthday		September 22
Barbecue Month		May
Barbershop Quartet Week	(first full week)	July
Barbie's Birthday		March 9
Barbershop Music Appreciation Day		July 13
Barbershop Quartet Day		April 11
Bar Code Birthday		June 26
Barn Day	(second Sunday)	July 13
Barney and Friends Day		April 6
Everett Barney Day		January 16
Baseball All-Star Game	(second Tuesday)	July 8
Baseball Day		June 26
Baseball Hall of Fame Day		January 29
Basketball Day		January 15
Basketball Day		November 6
Bath Safety Month		January
Bathtub Day		October 7
Battleship Day		February 15
Beach Party Day		August 7
Be a Kid Day		July 8
Be an Angel Day		August 22
Bean Day		January 6
Beans and Franks Day		July 13
Beauticians Day		June 26
Be Cook at Work Day		July 1
Be Electric Day		February 11
Beer Can Appreciation Day		January 24
Beer Lover's Day		September 7
Birthday of Beethoven		December 16
Be Humble Day		February 22
Be Kind to Editors and Writers Month		September
Be Kind to Humankind Week	(24-30)	August
Be Late for Something Day		September 5
Alexander Graham Bell Day		March 3
Bell Bottoms Day		April 5
Belle Starr Day		February 5
Belly Laugh Day		January 24
Be Nice to New Jersey Week	(first full week)	July
Berlin Wall Day		April 29
Best Friends Day		June 8

Better Breakfast Month		September
Better Business Communication Day		January 23
Better Conversation Week	(third full week)	November
Better Hearing and Speech Month		May
Better Sleep Month		May
Bicycle Birthday		November 20
Bicycle Built for Two Day		December 13
Bicycle Race Day		May 31
Big Bird Day		March 20
Bike Safety Month		April
Bike to Work Week	(third full work week)	May
Biking Week	(first week)	March
Birthday of the Bikini		July 5
Bill Gates Day		October 28
Bill of Rights Day		December 15
Bingo Month		December
Bird Day		May 4
Birth Control Pill Day		May 9
Birthday Cake Birthday		July 25
Birth Mother's Day	(Saturday before Mother's Day)	May 10
Biscuit Month		September
Black Friday	(day after Thanksgiving)	November 28
Black History Month		February
Black Poetry Day		October 17
Blame Someone Else Day	(first Friday the 13th of the year)	June 13
Blender Day		January 4
Blindness Awareness Month		October
Blood Pressure Day		May 10
Blood Type Awareness Day		June 14
Bloomer Day		July 19
Birth of the Blues Day		November 16
Blue's Birthday		September 8
Blueberry Cheesecake Day		May 26
Blueberry Month		July
Blue Jeans Birthday		May 20
Blue Jeans Day		December 5
Bob Day		May 26
Bodybuilders Day		October 30
Bone and Joint Decade National Action Week	(11 - 19)	October
Book Lovers Day		August 9
Book Lover's Day 2013	(first Saturday)	November 1
Book Month		May
Birthday of Daniel Boone		November 2
Betty Boop Birthday		August 9
Bone and Joint Health National Awareness Week	(12 – 20)	October
Boost Your Hometown Month		April

Born to Be Wild Day		September 15
Boston Tea Party Day		December 16
Bowling Ball Day		December 29
Box Camera Day		May 7
Boxer Shorts Birthday		October 27
Boxing Day		December 26
Boy Scout Anniversary		February 8
Boy Scout Anniversary Week	(first full week)	February
Birth of the Bra		November 2
Brain Awareness Week	(second full week)	March
Brain Injury Awareness Month		March
Brain Tumor Action Week	(first full week)	May
Bread Machine Baking Month		January
Bright Idea Day		September 4
Bring Your Jack-O-Lantern to Work Day		October 28
Broadway Musicals Day		September 29
Birthday of Charlotte Bronte		April 21
Brooklyn Bridge Birthday		May 24
Brooklyn Bridge Day		January 3
Brothers Day		May 24
Brown Bag it Thursday	(third Thursday)	May 15
Brownies at Brunch Month		August
John Moses Browning Day		January 21
Brrr! It's Cold Day		January 23
BTK Sentencing Day		August 18
Bubble Bath Day		January 8
Bubble Wrap® Appreciation Day		January 28
Birthday of President James Buchanan		April 23
Buckle Up Day		January 1
Birthday of Bugs Bunny		July 27
Build a Better Image Week	(third full week)	September
Build a Scarecrow Day	(first Sunday)	July 6
Build a Snowman Day		December 19
Bunsen Burner Day		March 31
Burger Lovers Day		February 15
Robert Burns Day		January 25
Burn Awareness Week	(first full week)	February
Birthday of President George Bush		June 12
Birthday of President W. Bush		July 6
Bus Birthday		July 4
Butterflies Day		March 14
Butterfly Day		June 19
Button Day		November 16
Buy a Musical Instrument Day		May 22
Buy a Tree Day		December 14
Buy Nothing Day	(day after Thanksgiving)	November 28

Buzzard Day	(first Sunday after the 15th)	March 16
Bye Bye Beatles Day		January 30
Lord Byron Day		January 22



Cable Car Day		January 17
Cadbury Chocolate Day		March 4
Cadillac Birthday		August 22
Caesar Salad Birthday		July 4
Cake Appreciation Day		November 1
Calendar Awareness Month		December
California Admission Day		September 9
California Coastal Cleanup Day	(third Saturday)	September 20
California Earthquake Preparedness Month		April
California Kiwifruit Day	(first day of winter)	December 21
Call a Friend Day		December 28
Camera Day		June 29
Camcorder Day		January 20
Campaign for Healthier Babies Month		October
Camp Fire Founders Day		March 17
Camp Fire USA Birthday Week (week that includes the 17th)		March
Canada Day (aka Dominion Day)		July 1
Canadian Mounties Day		February 1
Canadian Thanksgiving Day	(second Monday)	October 13
Candy Cane Day		December 26
Candy Corn Day		October 30
Canned Food Month		February
Can Opener Birthday		January 5
Caramel Month		October
Caramel Popcorn Day		April 7
Car Care Month		April
Card and Letter Writing Month		April
Cardiac Rehabilitation Week (week of Valentine's Day)		February
Cardiovascular Professionals Week (week of Valentine's Day)		February
Career Nurse Assistants Day	(second Thursday)	June 12
Careers in Cosmetology Month		January
Car Keys and Small Change Day		February 28
Birthday of Lewis Carroll		January 27
Carrot Cake Day		February 3

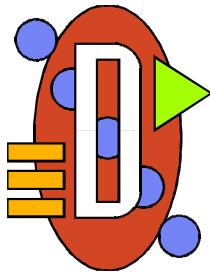
Cash Register Birthday		January 30
Cat Week	(first week)	November
Cataract Awareness Month		August
Catfish Month		August
Catholic School Principal Appreciation Day (Thurs. before Thanksgiving)		November 20
Catholic Schools Week	January 26 – February 1	
Celebrate Empty-Nester Month		November
Celebrate Sun Dried Tomatoes Month		October
Celebrate Your Lakes Day		August 9
Celebrate Your Name Week	(first full week)	March
Celebration of Life Day		January 22
Celebration of Life Month		January
Celebration of Life Week		January 1-7
Celebration of Love Week	(week of Valentine's Day)	February
Celebration of the Senses Day		June 24
Celibacy Awareness Month		June
Cellophane Tape Anniversary		May 27
Cell Phone Courtesy Month		July
Cervical Health Awareness Month		January
Cesar Chavez Day		March 31
Cesarean Awareness Month		April
Champagne Day		August 4
Change Your Life Day		October 19
Chanukah, Hanukkah (Jewish holiday)	(date varies each year)	Dec. 17-24
Chaos Never Dies Day		November 9
Character Counts Week	(third full week)	October
Checkers Day		September 23
Check Your Batteries Day	(second Sunday)	March 19
Cheerios Day		May 1
Cheerleading Week	(first full week)	March
Cheer Up the Lonely Day		May 11
Cheese Fondue Day		April 11
Cheese Pizza Day		September 5
Chemistry Week	(third full week)	October
Cherry Cheesecake Day		April 23
Cherry Coke Day		February 19
Cherry Dessert Day		May 26
Cherry Pie Day		February 20
Chewing Gum Day		December 28
Chicka Chicka Boom Boom Day		March 20
Chicken Month		September
Chicken Soup for Soul Day		November 12
Chicken Wings Day		July 29
Child Care Provider Appreciation Day™ (Friday before Mothers Day)		May 9
Childhood Cancer Month		September
Childhood Depression Awareness Day (Tuesday of the first full week)		May 6

Childhood Injury Prevention Week	(first full week)	September
Childhood Stroke Awareness Month		May
Child Labor Day		January 31
Child Support Month		August
Child Vision Awareness Month		June
Children of Alcoholics Week (week of Valentine's Day)		February
Children's Authors and Illustrators Week (first week)		February
Children's Book Week (12-18, 2014, date varies)		May
Children's Craft Day		March 14
Children's Day (second Sunday)		June 8
Children's Day		October 8
Children's Eye Health and Safety Month		August
Children's Good Manners Month		September
Children's Health Month		October
Children's Internet Safety Month		October
Children's Picture Book Day		March 28
Children's Mental Health Awareness Week (first full week)		May
Children's Vision and Learning Month		August
Children with Alopecia Day		April 14
Chili Day (Observed on the last Thursday of February)		February 28
Chili Month		October
Chinese New Year 2013		February 10
Chocolate Cake Day		January 27
Chocolate Chip Day		May 15
Chocolate-Covered Cashew Day		April 21
Chocolate Custard Day		May 5
Chocolate Day		February 12
Chocolate Day		July 7
Chocolate Fondue Day		February 5
Chocolate Lovers Month		February
Chocolate Month		March
Chocolate Parfait Day		May 1
Chocolate Pecan Pie Day		August 20
Chocolate Pizza Day		December 19
Chopsticks Song Birthday		August 1
Chop Suey Day		August 29
Christmas		December 25
Christmas Eve		December 24
Christmas Lights Day		December 1
Christmas Seals® Day		December 7
Christmas Parade Day		December 25
Christmas Tree Light Day		December 22
Christmas Tree Week (first week)		December
Chronic Fatigue Syndrome Awareness Month		March
Chrysanthemum Day		July 18
Church/State Separation Week(Tuesday to Saturday of Thanksgiving week)		November

Cinco de Mayo	May 5
Circus Day	May 19
Civil Aviation Day	December 7
Civil War Anniversary	April 12
The Civil Air Patrol Anniversary	December 1
Clashing Clothes Day	January 24
Class Reunion Month	October
Classical Music Month	September
Classified Ads Month	May
Birthday of Cassius Clay	January 17
Clean Air Month	May
Clean Out Your Bookcase Day	February 20
Clean Out Your Refrigerator Day	November 15
Clean Up the Earth Day	October 22
Clean Up Your Computer Month	January
Clean Up Your Room Day	May 10
Clergy Appreciation Month	October
Birthday of President Grover Cleveland	March 18
Click It or Ticket	(last Monday to Sunday)
Clifford the Big Red Dog Birthday	February 15
Clifford the Big Red Dog Birthday	September 5
Clinical Trial Awareness Month	January
Clip-On Tie Day	December 13
Birthday of President Bill Clinton	August 19
Clock Month	October
Closed Caption TV Month	December
Clown Month	August
Clown Week	(first week)
Coast Guard Day	August
Coast Guard Day	January 28
Coats for Kids Day	August 4
Coffee Cake Day	December 2
Coffee Month	April 7
Coffee Week	August
Cold and Flu Campaign Month	July
Coldest Day Ever	September
Collect Rocks Day	July 21
College Savings Month	September 16
Collegiate Alcohol Awareness Week	(third full week)
Colt 45 Day	September
Colorado Admission Day	October
Color Photos Birthday	July 19
Columbus Day	August 1
Comedy Day	November 23
Come in From the Cold Day	October 13
Comet Brooks 2 – 2014	July 30
	January 22
	June 7

Comet Comas Sola 2014	(appears every 8.8 years)	October 17
Comet Faye 2014	(appears every 7.55 years)	May 29
Comet Finlay 2014	(appears every 6.75 years)	December 27
Comet Harrington-Abell 2014	(appears every 7.53 years)	March 7
Comet Holmes 2014	(appears every 6.88 years)	March 27
Comet LINEAR 2014	(appears every 5.09 years)	May 6
Comet Tempel-Swift-LINEAR 2014	(apprears every 6.37 years)	August 26
Comic Book Birthday		July 7
Common Courtesy Day		March 21
Communicate with Your Baby Day		December 5
Communicate with Your Kid Month		October
Community Spirit Month		April
Compact Disc Birthday		October 1
Compliment Day		January 24
Compliment Your Mirror Day		July 3
Computer Learning Month		October
Computer Security Day		November 30
Concorde Day		January 21
Birthday of Confucius		September 28
Congenital Heart Defect Awareness Week (7th-14th)		February
Conjunction of Venus and Jupiter		May 28
Connecticut Admission Day		January 9
Conserve Water Week	(second full week)	March
Constitution Day		September 17
Constitution Week	(third full week)	September
Consumer Awareness Week	(third week)	April
Birthday of President Calvin Coolidge		July 4
Cookie Baking Day		December 18
Cookie Cutter Day		December 17
Cookie Day		December 4
Cookie Month		October
Coping With Uncertainty Day		November 17
Copyright Law Anniversary		May 31
Coquilles St. Jacques Day		May 16
Cord Blood Awareness Month		July
Cordon Bleu Day		April 4
Corkboard Birthday		July 14
Cornelia de Lange Syndrome Awareness Day (second Saturday)		May 10
Correct Posture Month		May
Corvette's Birthday		June 30
Cosmetology Month		October
Counseling Awareness Month		April
Country Music Day		July 4
Country Music Month		October
Count Your Buttons Day		October 21
Couple Appreciation Month		April

Coupon Month		September
Courtesy Month		September
Cousins Day		July 24
Cover the Uninsured Week	(second full week)	May
Cowboy Poetry Week	(third full week)	April
Cozy Cuddles for Kids™ Month		November
Cracker Jack® Birthday		June 16
Crackerjacks Prize Day		February 19
Create a Great Funeral Day		October 30
Creative Beginnings Month		May
Creative Ice Cream Flavors Day		July 1
Creative Romance Month		February
Creativity Month		July
Crime Prevention Month		October
Crime Stoppers Month		January
Criminal Fingerprints Day		October 28
Birthday of Davy Crockett		August 17
Crochet Week	(second week)	March
Croissant Day		January 30
Crossword Puzzle Anniversary		December 21
Crush a Can Day		September 27
C-Section Day		January 14
Cuckoo Warning Day		June 21
Cuddle Day		February 25
Cuddle Up Day		January 6
Cuddly Kitten Day		March 23
Culinary Arts Month		July
Curious Events Day		October 9
Birthday of Jamie Lee Curtis		November 22
Customer Loyalty Month		April
Customer Service Day		January 17
Customer Service Week	(first full week)	October
Cyber Monday	(Monday after Thanksgiving)	December 1

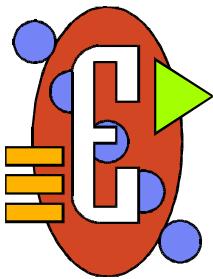


Daffodil Month	March
Daffynitions Month	April
Dairy Queen® Birthday	June 22
Daisy Day	January 28

Dance a Polka Day		August 9
Dance Day		March 21
Dance Day		April 29
Dandelion Day		April 5
Daniel Boone Day		June 7
Dare Day		June 1
Birthday of Virginia Dare		August 18
Dare to Live Day		April 30
Darwin Day		February 12
Data Entry Month		August
Date Your Mate Month		May
Birthday of Jefferson Davis		June 3
Day of Friendship		November 30
Day of the Horse		December 13
Dr. Phil Day		September 1
Daydreamers Day		January 1
Daylight Savings Time begins	(second Sunday)	March 9
Daylight Savings Time ends	(first Sunday)	November 2
D.B. Cooper Day		November 24
D-Day Commemoration (WWII)		June 6
Deaf Awareness Week	(last full week)	September
Deaf History Month		March
Dear Abby		January 9
Dear Diary Day		September 23
Decide to Be Married Day		June 27
Deck the Halls Day		December 14
Deep Vein Thrombosis Awareness Month		March
Defy Superstition Day		September 13
Delaware Admission Day		December 7
Dental Drill Pay		January 26
Dentist's Day		March 6
Department of Homeland Security Birthday		November 25
Depression and Mental Health Month		October
Descendants Days	(last Saturday)	June 28
Design Drafting Week	(second full work week)	April
Designated Hitter Day		January 11
Dessert Month		October
Destiny Day		October 12
Develop Alternative Vices Day		February 9
Devil's Food Cake Day		May 19
Devil's Night (Angel's Night)		October 30
Dewey Decimal Day		December 10
Diabetes Alert Day	(fourth Tuesday)	March 25
Diabetic Eye Disease Month		November
Dial Telephone Birthday		August 20
Dice Day		December 4

Birthday of Emily Dickinson		December 10
Dictionary Day		October 16
Dieting Day Off		May 6
Different Colored Eyes Day		July 12
Ding-a-Ling Day		December 12
Dinner Day		January 13
Dinosaur Month		October
Discover America Month		October
Birthday of Walt Disney		December 5
Disneyland Anniversary		July 17
Disneyland Construction Begins		July 21
Disobedience Day		July 3
Diversity Awareness Month		October
Diversity Day	(first Friday)	October 3
Divorce Day		January 5
Dixie Cup Birthday		March 23
DNA Discovery Day		February 28
Do a Grouch a Favor Day		February 16
Doctors Day	(last Tuesday)	March 25
Dog Appreciation Day		August 26
Dog Biscuit Appreciation Day		February 23
Dog Bite Prevention Week	(third full week)	May
Dog Days of Summer (July 3 – Aug. 11 according to The Old Farmer's Almanac)		July
Dog House Repair Month		July
Do-It-Yourself Day		October 23
Dollar Bill Day		March 10
Donald Duck Day		June 9
Donate a Day's Wages to Charity Day	(second Wednesday)	May 14
Don't Wait! Celebrate! Week	(second full week)	August
Donut Day	(first Friday)	June 6
Donut Day		June 22
Don't Cry Over Spilled Milk Day		February 11
Don't Step on a Bee Day		July 10
Do Something Nice Day		October 5
Dot Your I's With Smileys Day		December 20
Dracula's Birthday		May 26
Draw a Dinosaur Day		January 30
Dream Day		March 11
Drinking Straw Day		January 3
Drive-in Theater Birthday		June 6
Driver License Test Birthday		July 1
Drive Safely Work Week	(first full week)	October
Drowsy Driving Prevention™	(second full week)	November
Dr. Pepper's Birthday		December 1
Drum (Percussion) Month		November
Drunk and Drugged Driving Prevention Month		December

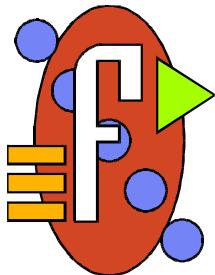
Drunk Driving Memorial Day	May 14
Dryer Vent Safety Month	October
Dry Milk Day	April 9
Dump Your Significant Jerk Day	February 7
Dunce Day	November 8
Dystonia Awareness Week (first full week and previous Saturday)	June



Amelia Earhart Day	January 11
Amelia Earhart Day	August 25
Dale Earnhardt Remembrance Day	February 18
Ear-Muff Day	March 13
Birthday of Wyatt Earp	March 19
Earth Day	March 22
Earth Day	April 22
Earth Science Week	(second full week)
Early Bird Day	October
Easter (Easter is always a Sunday between March 22 and April 25)	July 1
Easter Island Day	April 20
Eat a Cranberry Day	April 5
Eat an Extra Dessert Day	November 23
Eat a Pretzel Day	September 4
Eat a Red Apple Day	October 22
Eat Better, Eat Together Month	December 1
Eat Dessert First Week	October
Eat Outside Day	May
Eat Vegetarian Day	August 31
Eat What You Want Day	December 28
Eat Your Vegetables Day	May 11
Eating Disorders Awareness Week (week starting the last Sunday)	June 17
eCard Month	February
Economists Day	October
Birthday of Thomas Edison	December 23
Educational Support Professionals Day	February 11
Effective Communications Month	November 16
Egg Month	June
Eggnog Day	May
Egg Salad Week	December 24
8-ball Billiards Awareness Month	April
	October

Eight-Track Tape Day		April 11
Birthday of President Dwight D. Eisenhower		October 14
Elected Officials Day	(third Friday)	May 17
Election Day (first Tuesday after the first Monday)		November 5
Electric Guitar Day		November 27
Electric Mixer Birthday		April 23
Electric Razor Birthday		November 6
Electronic Communications Week	(fourth work week)	April
Electronic Greetings Day		November 29
Elementary School Teacher Day		January 28
Elephant Appreciation Day		September 22
Ellis Island Closing Anniversary		November 12
Ellis Island Day		January 1
Email of Appreciation Week	(second full week)	March
Email Tag Day		December 14
Email Week	(second full week)	June
Emergency Medical Services Week	(third full week)	May
Emergency Nurses Day	(second Wednesday)	October 8
Emergency Nurses Week	(week including the second Wednesday)	October
Emergency Preparedness Month		September
Emotional Wellness Month		October
Empire State Building Birthday		May 1
Employee Appreciation Day		March 4
Empowered Women Entrepreneurs Day		April 7
Encourage a Young Writer Day		April 10
End of the Fairy Tale Day		August 28
Energy Management Month		October
Engineering Week (week including Washington's birthday)		February
English Channel Swim Day		August 25
ENIAC Anniversary		February 14
Epiphany		January 5
Escape from Alcatraz Day		June 11
Escargot Day		May 24
Eskimo Pie Day		January 24
ESPN Birthday		September 7
ESTEME Week	(second full week)	April
Etch-a-Sketch Birthday		July 12
Ethics Awareness Month		March
Every Body Deserves a Massage Week	(third full week)	July
Everything You Do is Right Day		March 16
Expect Success Month		February
Explore Your Career Options Week	(first full week)	April
Extraordinary Work Team Recognition Day		December 4
Extraterrestrial Abductions Day		March 20
Eye Exam Month		August
Eyeglasses Birthday		August 16

Eye Injury Prevention Month		October
Eye Safety Awareness Week	(June 27-July 5)	June

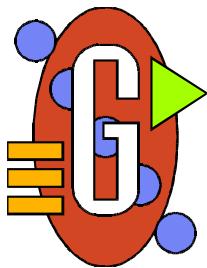


Fairmount Park Bridge Day		January 2
Fall Car Care Month		October
Fall Hat Month		September
Family Fit Lifestyle Month		January
CASA Family Day		September 23
Family Day – A Day to Eat Dinner With Your Children™(fourth Monday)		September 23
Family Fun Month		August
Family Health and Fitness Day	(last Saturday)	September 27
Family Health Month		October
Family History Day		June 14
Family History Month		October
Family Reunion Month		July
Family Reunion Month		November
Family Sexuality Education Month		October
Family Stories Month		November
Family TV Show Day		October 3
Family Wellness Month		May
Farm Heritage Day		July 14
Farriers Week	(second full week)	July
Fat Free Living Month		January
Father-Daughter Take a Walk Together Day		July 7
Father's Day	(third Sunday)	June 15
Father-in-law Day		July 30
Feast of the Epiphany		January 6
Federal Lands Cleanup Day	(Saturday after Labor Day)	September 6
Federal Reserve System Anniversary		December 23
Felt Hat Day		September 15
Ferris Wheel Birthday		June 21
Ferris Wheel Day		February 14
Festival of Sleep Day		January 3
Festivus		December 23
Fettuccine Alfredo Day		February 7
Fibromyalgia Awareness Day		May 12
Fibromyalgia Education and Awareness Month		May
Fig Newton Day		January 16

Fight Procrastination Day		September 6
Birthday of President Millard Fillmore		January 7
Final Episode of The Fugitive		August 29
Financial Planning Week	(first full week)	October
Find a Friend, Be a Friend Day		December 18
Find a Rainbow Day		April 3
Find Your Soul Mate Day		May 22
Fingerprint Day		July 28
Fire Drill Day		April 23
Fire Escape Ladder Birthday		May 7
Fire Prevention Day		October 9
Fireside Chat Day		March 12
Fireworks Safety Month	(June 1- July 4)	June
First Airport Anniversary		November 20
First American in Space Day		May 5
First American Space Walk		June 3
First Balloon Flight across the English Channel		January 7
First Bank Day		January 4
First Day of Fall		September 22
First Helicopter Flight		November 13
First Hot Air Balloon Flight		June 4
First Kentucky Derby Anniversary		May 17
First Moon Walk Anniversary		July 20
First Pacific Balloon Crossing Anniversary		November 13
First Post Office Anniversary		November 5
First Public School Day		February 13
First Space Walk Day		March 18
First Successful Heart Transplant Anniversary		December 3
First Super Bowl Anniversary		January 15
First Tornado Anniversary		June 10
First Transcontinental Railroad Completed		May 10
First U.S. Census		August 1
First Westminster Dog Show Anniversary		May 8
First Woman Governor Anniversary		November 5
First Woman Mayor Day		April 4
First Woman to Climb Mount Everest Day		May 16
First Woman Voting Anniversary		November 5
First Women Generals Day		June 11
Birthday of Bobby Fischer		March 9
Five-a-Day Month		September
55 mph Speed Limit		January 2
Flag Day		June 14
Flashlight Day		December 21
Flexible Work Arrangement Week	(first full week)	May
Flip a Coin Day		June 1
Flip Your Mattress Day		May 15

Flirting Week	(week of Valentine's Day)	February
Flu and Pneumonia Immunization Campaign		November
Floral Design Day		February 28
Foreign Language Month		July
Florida Admission Day		March 3
Florida Arbor Day		January 18
Fly a Kite Day		June 15
Flying Saucer Day		June 24
Flying Solo Day		May 20
FM Radio Day		January 5
Food Allergy Awareness Month		September
Food Allergy Awareness Week	(second full week)	May
Food Health Awareness Month		April
Food Safety Education Month		September
Fool's Paradise Day		July 13
Birthday of President Gerald Ford		July 14
Ford Mustang Birthday		April 17
Forefathers Day		December 21
Forget Your New Year's Resolution Day		January 17
Forest Products Week	(third full week)	October
Fortune Cookie Day		September 13
4-H Anniversary Day		January 15
4-H Week	(first full week)	October
4-leaf clover Lady Luck Day		April 5
4-leaf clover Make Your Own Luck Day		August 26
Four Ones Day		November 11
40-Hour Work Week Day		October 24
45-RPM Day		January 10
The Fox and the Hound Day		July 9
Fragrance Day		March 21
Birthday of Anne Frank		June 12
Benjamin Franklin's Birthday		January 17
Frappe Day		October 7
Joe Frazier Day		January 12
Freckle Pride Day		November 27
Freedom Week	(week including July 4th)	July
Freedom From Bullies at Work Week	(third full week)	October
Freedom From Fear of Public Speaking Day		July 2
Freedom of Information Day		March 16
Freethinkers Day		January 29
Freethought Day		October 12
French Fries Day		July 13
Frequent Flyer Day		May 1
Fresh Spinach Day		July 16
Fresh Veggies Day		June 16
Frisbee® Day		January 23

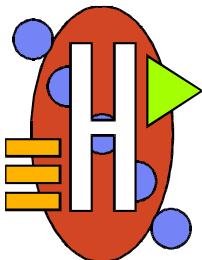
Frog Jumping Day	May 13
Froot Loops® Birthday	July 22
Birthday of Robert Frost	March 26
Fruit and Veggies – More Matters™ Month	September
Fun and Fancy Free Day	September 27
Fun at Work Day	January 28
Fun with Fondue Month	November
Future Farmers of America Week (the third week starting the third Sat.)	February
Future Teachers of America Day	November 20



Saint Gabriel Feast Day	March 24
Saint Gabriel Feast Day	September 29
Galileo Day	February 15
Gallaudet Day	April 15
Gallbladder Good Health Day	September 24
Gals Night Out	August 8
Games Day	December 20
Game and Puzzle Week	November
Garbanzo Bean Day	October 21
Gardening Exercise Day	June 6
Birthday of Garfield the Cat	June 19
Birthday of President James A. Garfield	November 19
Garlic Day	April 19
Garlic Lovers Day	October 6
Genealogy Day	(Saturday of the first full week)
Genius Day	March 8
Geography Awareness Week	March 14
Georgia Admission Day	November
Georgian Calendar Day	January 2
Georgia Pecan Month	February 22
GERD Awareness Week	November
German-American Heritage Day	November
Get Caught Reading Month	October 6
Get Happy Week	May
Get Inspired Month	May
Get on the Computer Day	February
Get Organized Month	January 5
Get Organized Week	January
	October

Get Over it Day™		March 9
Get Ready for Kindergarten Month		August
Get Rid of Clutter Day		November 29
Get Smart About Credit Day	(third Thursday)	October 16
Get to Know Your Neighbors Month		December
Gettysburg Address Anniversary		November 19
Gilligan Day		January 9
Gingerbread House Day	(also celebrated December 12)	November 10
GI Joe's Birthday		February 2
Gingerbread House Day	(also celebrated November 10)	December 12
Girl Scout Birthday		March 12
Girl Scout Leader Appreciation Day		April 22
Girl Scout Week	(week that includes the 12th)	March
Give a Secret Gift Day		December 6
Give Kids a Smile® Day 2013		February 6
Give Me Liberty Day		March 23
Give Someone a Dollar Today Day		November 3
Give Up Easily Day		March 2
Give Wildlife a Brake Week	(fourth full week)	October
Gladiola Month		August
Glaucoma Awareness Month		October
Global Forgiveness Day		July 7
Go Caroling Day		December 20
Godiva Chocolates in America Day		November 15
Go Fishing Day		June 18
Go For a Ride Day		November 22
Go For Broke Day		April 5
Go Hog Wild		October
Golden Gate Bridge Anniversary		May 27
Golden Rule Week	(first week)	April
Gold Record Day		February 10
Gold Rush Day		January 24
Gold Star Mothers Day	(last Sunday)	September 28
Golf America Day		February 22
Golf Course Day		March 30
Golf Day		January 17
Golf Month		August
Golf Tee Day		December 12
Golf Week	(third week)	February
Golfer's Day		April 10
Goodbye Howdy Doody Day		September 30
Good Friday	(Friday before Easter)	April 18
Good Samaritan Involvement Day		March 13
Goodwill Industries Week		May
Google Commemoration Day		September 7
Go on a Field Trip Month		October

Gorgeous Grandma Day		July 23
Go to an Art Museum Today Day		November 9
Grand Central Station Anniversary		February 2
Grandmother Achievement Day		February 11
Grandparents Day	(Sunday after Labor Day)	September 7
Grandparents and Grandchildren Day		March 18
Granola Bar Day		January 21
Birthday of President Ulysses S. Grant		April 27
G-Rated Birthday		October 7
Graves' Disease Awareness Week	(second full week)	January
Great American Grump Out Day	(first Wednesday)	April 2
Great American Picnic Day	(last Saturday)	June 28
Great American Smokeout	(Thursday before Thanksgiving)	November 20
Great Lovers Day		April 2
Great San Francisco Earthquake Anniversary		April 18
Greek Independence Day		March 25
Greenpeace Day		September 14
Greyhound Bus Birthday		August 13
Grilled Cheese Sandwich Month		April
Groundhog Day		February 2
Guardian Angel Day		October 2
Guide Dog Day	(last Wednesday)	April 30
Gum Care Month		September
Gynecologic Cancer Awareness Month		September

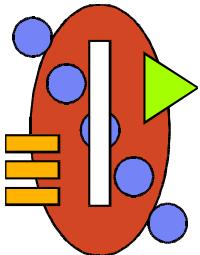


Hairball Awareness Day	(last Friday)	April 25
Hairstylist Appreciation Day		April 30
Halfway Point of Autumn		November 6
Halfway Point of Spring		May 5
Halfway Point of the Year		July 2
Halfway Point of Winter		February 3
Halloween		October 31
Halloween Safety Month		October
Hamburger Month		May
Hammock Day		July 22
Birthday of John Hancock		January 23
National Handwriting Day		January 23
Hang a Wreath Day		December 7

Hanukkah, Chanukah (Jewish holiday)	(date varies each year)	Dec. 17-24
Happiness Happens Day		August 8
Happiness Happens Month		August
“Happy Birthday” Birthday		June 27
Happy Day		January 15
Birthday of President Warren G. Harding		November 2
Birthday of President Benjamin Harrison		August 20
Birthday of President William Henry Harrison		February 9
Harvest Month		August
Hat Day		January 18
Have a Cola Day		May 8
Have a Heart Day		February 14
Have a Party With Your Bear Day		November 16
Hawaii Admission Day		August 21
Birthday of President Rutherford B. Hayes		October 4
Head Start Awareness Month		October
Health Information Professionals Week	(17-23)	March
Health Literacy Month		October
Health Unit Coordinator Day		August 23
Healthy Aging Month		September
Healthy Lifestyle Day		August 25
Healthy Lung Month		October
Healthy Vision Month		May
Healthy Weight Week	(third full week)	January
Hearing Aid Awareness Week	(first full week)	October
Hearing Impairment Awareness Month		December
Heart Failure Awareness Week (second full week)		February
Heart Health Month		February
Heart to Heart Day		January 24
Heirloom Seeds Day		June 2
Hell is Freezing Over Day		January 31
Hello Kitty’s Birthday		November 1
Help Animals Week	(fourth week)	June
Help Someone See Week	(first full week)	March
Hemochromatosis Screening Awareness Month		July
Hemophilia Month		March
Hepatitis Awareness Month		May
Hermit Day		October 29
Hershey Inc. Day		October 24
High Tech Month		October
Hi Neighbor Day		December 11
Hires Root Beer Birthday		May 16
Hispanic Heritage Month	(Sept 15 – Oct 15)	September
Alfred Hitchcock Day		March 12
HIV Testing Day		June 27
HIV Vaccine Awareness Day		May 18

Hoagie Day		May 5
Holiday Inn Birthday		August 1
Holland Tunnel Day		November 12
Holly Month		December
Sherlock Holmes Day		January 6
Holocaust Remembrance Day (United Nations)		January 27
Holocaust Memorial Day, Holocaust Remembrance Day (Jewish holiday)	April 28	
Holocaust Victims Remembrance Month		April
Home-Based Business Week	(second full week)	October
Home Care Aide Week	(second full week)	November
Home Care Month		November
Home Decorating Month		April
Home Fire Safety Month		January
Home Improvement Safety Month		April
Home Inspection Month		April
Home Inspector Appreciation Month		July
Homeless Week	(first week)	November
Homemade Bread Day		November 17
Homemade Gift Day		December 9
Homemade Soup Day		February 4
Home Run Day		April 23
Home Run Times Three Day		April 16
Home Safety Month		June
Homes for Birds Week®	(second week)	February
Homogenized Milk Day		April 4
Honey Month		September
Honor Society Awareness Month		March
Hoof Care Week	(fourth work week)	January
Birthday of President Herbert Hoover		August 10
Hoover Dam		September 11
Hope Chest Month		May
Birthday of Roger Hornsby		April 27
Horse Day		April 17
Horseless Carriage Day		October 26
Horse Month		March
Horseshoe Day		August 26
Hospital Admitting Clerks Day	(first Friday)	April 4
Hospitality House Week	(fourth full week)	July
Hot Air Balloon Week	(fourth week)	January
Hot and Spicy Food Day		August 19
Hot Breakfast Month		February
Hot Dog Month		July
Hot Tub Day		March 28
Housewife's Day		November 3
Hug a Bear Day		November 7

Hug a Member of the Military Day		March 4
Hug a Newsman/Newswoman Day		April 4
Hug a Prom Sponsor Day		April 26
Hug a Soccer Player Day		December 18
Hug Month		August
Hug Your Cat Day	(listed in some places as June 4)	May 30
Hug Your Sweetheart Day		August 23
HumanLight Celebration		December 23
Human Resources Month		January
Human Resources Week	(first full week)	March
Human Rights Day		December 10
Human Society Anniversary		November 22
Hunger Awareness Month		June
Hunt for Happiness Week	(third full week)	January
Huntington's Disease Awareness Month		May
Hurray for Buttons Day		May 9
Hurricane Preparedness Week	(third full week)	May
Husband Appreciation Day	(third Saturday)	April 19

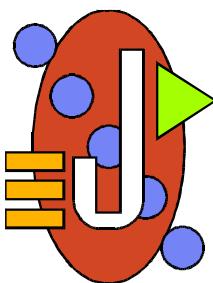


I am in Control Day		March 30
Ice Cream Cone Day		June 3
Ice Cream Cone Day		July 23
Ice Cream Day		June 8
Ice Cream Freezer Birthday		May 30
Ice Cream Month		July
Ice Cream Soda Day		June 20
Ice Cream Sundae Day		July 8
Iced Tea Day		June 10
Ice Skating Day		December 29
Ice Skating Month		November
Idaho Admission Day		July 3
Idaho Spud Day	(third Saturday)	September 20
Ideas Month		March
Ides of March		March 15
Iditarod® Start Day	(starts the first Saturday)	March 1
I Forgot Day		July 2
I Hate to Cook Day		November 8
I Have a Dream Day		August 28
I Just Called to Say I Love You Day		May 13

Illinois Admission Day		December 3
I Love Horses Day		July 15
I Love My Dentist Day		June 2
I Love Nachos Day		November 6
I Love to Write Day		November 15
I'm Not Going to Take it Anymore Day		January 7
Impotency Awareness Month		November
Improve Management Skills Month		March
Improve Your Home Office Week	(second full week)	October
Income Tax Anniversary		August 5
Income Tax Day		January 1
Income Tax Return Preparers and Accountants Day		April 15
Inconvenience Yourself™ Day 2013		February 27
Increase Your Psychic Power Day		October 31
Identity Theft Prevention and Awareness Month		December
Independence Day		July 4
Indiana Admission Day		December 11
Indianapolis 500 Anniversary		May 30
Indian Motorcycle Birthday		May 24
I Need a Patch for That Day		May 21
Infertility Month		June
Inflatable Tire Day		January 16
Informed Women Month		April
Birthday of Robert G. Ingersoll		August 11
Inhalants and Poisons Awareness Week	(third week, 16-22)	March
Inspirational Role Models Month		November
Inspire Your Heart with Art Day		January 31
Instant Coffee Birthday		July 24
Insurance Awareness Day		June 28
Intergeneration Day	(first Sunday)	October 5
International Adjust Your Chair Day	(third Monday)	October 20
International Air Traffic Control Day		October 20
International Art Appreciation Day		August 9
International Aura Awareness Day	(fourth Saturday)	November 22
International Beer Day		August 5
International Children's Book Day		April 2
International Chocolate Day		February 12
International Coaches Day		November 1
International Coaching Week	(first full week)	February
International Coaching Week	(third full week)	May
International Coffee Gourmet Month		January
International Creativity Month		January
International Day for the Elimination of Violence Against Women		November 25
International Day for the Eradication of Poverty		October 17
International Day for the Preservation of the Ozone Layer		September 16
International Day for Tolerance		November 16

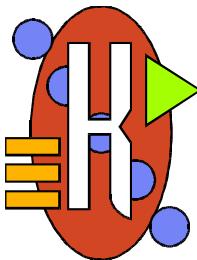
International Day of Forests		March 21
International Day of Older Persons		October 1
International Day of Peace		September 21
International Day of Persons with Disabilities		December 3
International Eat an Apple Day		September 18
International End Gossip Day		November 6
International Enthusiasm Week	(1 - 7)	September
International Firefighters' Day		April 4
International Day for Preventing the Exploitation of the Environment in War and Armed Conflict		November 6
International Forgiveness Day	(first Sunday)	August 3
International Fraud Awareness Week	(second week)	November
International Friendship Month		February
International Friendship Week	(last full week)	February
International Frugal Fun Day	(first Saturday)	October 4
International Fun at Work Day	(first Monday)	April 7
International Get Over It Month		January
International Group B Strep Awareness Month		July
International Holocaust Remembrance Day		April 8
International Homeless Animals Day®	(third Saturday)	August 16
International Housekeepers Week	(second full week)	September
International Infection Prevention Week	(third week)	October
International Jazz Day (on the Saturday of Memorial Day weekend)		May 24
International Joke Day		July 1
International Jugglers Day (aka Multi-Task Day)		April 18
International Listening Awareness Month		March
International Literacy Day		September 8
International Make Up Day		September 10
International Migratory Bird Day	(second Saturday)	May 10
International Mirth Month		March
International Moment of Laughter Day		April 14
International Mountain Day		December 11
International Museum Day		May 18
International Nagging Day		August 14
International Nurses Day		May 12
International Pancake Day		February 12
International Pen-Friends Week	(1-7)	May
International People Skills Month		June
International Picnic Day		June 18
International Plant Appreciation Day		April 13
International Shareware Day	(second Saturday)	December 13
International Sing-Out Day (this is also celebrated on September 15)		April 23
International Sing-Out Day (this is also celebrated on April 23)		September 15
International Skeptics Day		January 13
International Start Your Own Country Day		November 22
International Strange Music Day		August 24

International Talk Like a Pirate Day		September 19
International Tool Day		September 26
International Town Criers Day	(second Monday)	July 14
International Tuba Day	(first Friday)	May 2
International Violin Day		June 17
International Volunteer Day		December 5
International Waffle Day		March 25
International Walk to School Day	(first Wednesday)	October 1
International Women's Day		March 7
International Youth Day		August 12
Internet Birthday		October 29
Intravenous Nurse Day		January 25
Introduce a Girl to Engineering Day		February 20
Inventors Day		February 11
Inventors Month		August
Iowa Admission Day		December 28
Iris Day		May 8
Irish-American Heritage Month		March
Irritable Bowel Syndrome Month		April
Israeli Independence Day (Declaration of Independence 1948)		May 6
Israeli Memorial Day (for Fallen Soldiers and Victims of Terrorism)		May 5
It All Adds Up Day		January 8
IT Appreciation Week	(third week)	June
It's About Time Week	(25 – 31)	December
It's My Party Day		October 11
It's OK to Be Different Month		January
I Value Our Friendship Day		February 13
I Want You to Be Happy Day		March 3
Iwo Jima Day		February 19



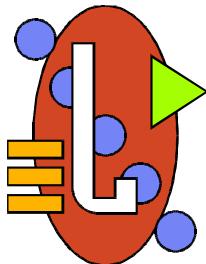
Jack Dempsey Day		June 24
Jackhammer Day		January 30
Birthday of President Andrew Jackson		March 15
Birthday of Shirley Jackson		December 14
Birthday of Stonewall Jackson		January 21
Birthday of Jesse James		September 5
Jamestown Landing Day	(Saturday of the second full week)	May 18
Birthday of President Thomas Jefferson		April 13

Jelly Bean Day		April 22
Jerusalem Day, Yom Yerushalayim (Israeli national holiday)		May 28
Jewish American Heritage Month		May
Birthday of Saint Joan of Arc		January 6
Birthday of Steven Jobs		February 24
Jobs for Teens Week	(third week)	March
Joe Day		March 27
Birthday of President Andrew Johnson		December 29
Birthday of President Lyndon B. Johnson		August 22
Join Hands Day	(first Saturday)	May 3
Birthday of John Paul Jones		July 6
Jukebox Day		November 23
Jump in a Puddle and Splash Someone Day		January 11
Jump Over Things Day		April 6
June Bug Day		June 7
Juneteenth		June 19
Junior Achievement® Week	(fourth week)	January
Just Because Day		August 27
Juvenile Arthritis Awareness Month		July



Captain Kangaroo Anniversary		October 3
Birthday of Captain Kangaroo		June 27
Kansas Admission Day		January 29
Karaoke Week	(last full week)	April
Keep America Beautiful Month		April
Birthday of Helen Keller		June 27
Helen Keller Deaf-Blind Awareness Week (week that includes the 27th)		June
Birthday of President John F. Kennedy		May 29
Birthday of Robert Francis Kennedy		November 20
John F. Kennedy Assassination Anniversary		November 22
Kentucky Admission Day		June 1
Kentucky Derby	(first Saturday)	May 3
Kentucky Fried Chicken Birthday		August 4
Birthday of Francis Scott Key		August 1
Francis Scott Key Day		September 14
Kids Care Week	(third full week)	October
Kids E.N.T. (Ears, Nose, Throat) Month		February
Kid's Goal Setting Week	(second full school week)	November
Kids Kick Butts Day	(fourth Wednesday)	March 26

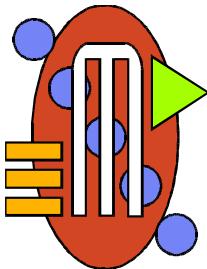
Kids Sports Month		June
Kindergarten Day		April 21
Birthday of The Lion King		June 15
Birthday of Martin Luther King, Jr.		January 15
Martin Luther King, Jr. Day 2014	(third Monday)	January 20
King Tut Day		November 4
Kiss and Make Up Day		August 25
Kiss Your Car Day		July 30
Kiss Your Mate Day		April 28
Kitchen Klutzes of America Day		June 13
Klondike Gold Discovery Anniversary		August 16
Knights of Columbus Founders Day		March 29
Knock-Knock Joke Day		October 31
Kodak™ Anniversary		September 4
Birthday of Koko the Gorilla		July 4
Susan G. Komen Global Race for the Cure Day	(first Saturday)	June 7
Kool-Aid® Days	(8-10, second weekend including Friday)	August 8
Korean War Anniversary		June 25
Korean War Armistice Day		June 27
Korean War Veterans Armistice Day		July 27
Kwanzaa		December 26



Labor Day		May 1
Labor Day	(first Monday)	September 1
Lady and the Tramp Anniversary		June 22
Lady Liberty's Birthday		October 28
Lag B'Omer (Jewish holiday)	(date varies every year)	May 18
Landscape Architecture Week	(second full week)	April
Lassie's Birthday		June 4
Last Day of Summer		September 21
Last Minute Shopper's Day		December 24
Laugh at Work Week	(1-7)	April
Laugh Day		March 19
Laundromat Day		April 18
Law Day		May 1
Law Enforcement Month		May
Law Enforcement Training Week	(first full week)	January
Lawn Mower Day		May 9

Lazy Day		August 10
Lazy Eye (Amblyopia) Month		October
Leaders are Readers Day (Tuesday of National Family Reading Week)		April 30
Leap Day		February 29
Leap Second Time Adjustment Day		June 30
Leap Second Time Adjustment Day		December 31
Learn a Foreign Language Month		December
Learn a Word Day		October 16
Learn to Read a Road Map Day		April 4
Learn to Ski Day		January 19
Learn What Your Name Means Day		March 6
Leave a Legacy® Month		April
Birthday of Robert E. Lee		January 19
Lee National Denim Day	(first Friday)	October 3
Left-Handers Day		August 13
Legal Assistants Day		March 26
Lei Day		May 1
Leif Erikson Day		October 9
Leil Selichot (Jewish holiday)		September 20
Lemon Juice Day		August 29
Anniversary of John Lennon's murder		December 8
LEON Day		June 25
Leprechaun Day		May 13
Less Than Perfect Day		October 1
Letter Writing Day		December 7
Let There Be Light Day		January 27
Let's All Eat Right Day		February 25
Let's Hug Day		December 3
Let's Talk Month		October
Leukemia and Lymphoma Awareness Month		September
Shari Lewis Day		January 17
Liberty Bell Cracks		July 8
Library Card Sign-up Month		September
Library Lovers Month		February
Library of Congress		April 24
License Plates Birthday		April 25
Lighter Car Day		January 13
Life Balance Month		January
Life Writing Month		November
Lightning Safety Week	(third full week)	June
Limerick Day		May 12
Birthday of President Abraham Lincoln		February 12
Lincoln Penny Anniversary		August 2
Birthday of Charles Lindbergh		February 4
Lion Day		November 26
Listening Day		April 9

Listen to Your Inner Critic Month		October
Literacy Month		September
Little Lamb Day		May 24
Little League Month		September
Little Red Wagon Day		November 15
Lipstick Week	(fourth week)	December
Liver Awareness Month		October
Loch Ness Monster Day		May 22
Locomotive Day		February 21
Log Cabin Day		June 25
Lone Ranger Day		January 30
Lone Ranger Day		September 14
Long Distance Day		January 25
Long Playing Record Day		September 18
Long-Term Care Planning Month		October
Long Walk-Day		October 5
Look Alike Day		April 20
Look at the Leaves Day		October 3
Look on the Bright Side Day		December 21
Look Up at the Sky Day		April 13
Loosen Up, Lighten Up Day		November 14
Lose Weight, Feel Great Week		January 1-8
Lost Sock Memorial Day		May 9
Louis Braille Day		January 4
Louisiana Admission Day		April 30
Lovable Lawyers Day		October 8
Love a Tree Day		May 16
Love Conquers All Day		June 3
Love Your Independent Bookstore Month		January
Love Your Pet Day		February 20
Love Your Pet Week	(third week)	February
Low Vision Awareness Month		February
Loyalty Day		May 1
Lucky Penny Day		May 23
Saint Lucy's Day		December 13
Lunar Eclipses (listed in order of event)		
Penumbral Lunar Eclipse (the Americas, Pacific, Australia)		April 15
Penumbral Lunar Eclipse (Americas, Asia, Pacific, Australia)		October 8
Lung Cancer Awareness Month		November
Lung Health Day	(fourth Wednesday)	October 22
Lupus Awareness Day		May 10
Lupus Awareness Month		May
Lyme Disease Awareness Month		May

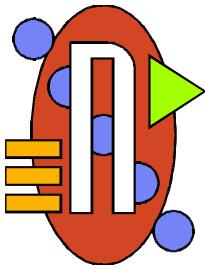


Mad Hatter Day		October 6
Birthday of President James Madison		March 16
Magic Day		October 31
The Magic of Differences Week	(fourth full week)	October
Mail Order Catalog Printing Day		August 18
Mail Your Cards Day		December 9
Maine Admission Day		March 15
Make a Difference Day	(fourth Saturday)	October 25
Make a Gift Day		December 3
Make a New Friend Day		February 11
Make a Quilt Day		April 18
Make a Will Month (also listed in May)		August
“Make My Day” Day		May 31
Make Paper Snowflakes Day		December 27
Make Up Your Mind Day		December 31
Make Your Bed Day		September 10
Make Your Dream Come True Day		January 13
Make Your Point Day		January 28
Male Watcher Day		January 8
Mall of America Birthday		August 11
Man Watchers Week	(third week)	January
Maple Syrup Day		December 17
March for Babies		October
Marching Band Day		November 6
Birthday of Rocky Marciano		September 1
Mardi Gras Day		February 27
Marfan Syndrome Awareness Month		February
Margarine Birthday		July 15
(Former) Marine Corps Day		July 11
Marine Corps Day		November 10
Marooned Without a Compass Day		November 6
Marrow Donor Awareness Month		November
Marshmallow Fluff Birthday		May 14
Maryland Admission Day		April 28
Mary Poppins Day		August 29
M*A*S*H Premier Day		September 17
Massachusetts Admission Day		February 6
Mathematics Education Month		April

May Day		May 1
Mayflower Departure Anniversary		September 16
Birthday of Willie Mays		May 6
Christa McAuliffe Day		January 28
McDonald's Birthday		April 15
Birthday of President William McKinley		January 29
Measure Your Feet Day		January 23
Mechanical Merry-Go-Round Birthday		July 25
Mechanic's Day		March 1
Medic Alert Birthday		March 26
Medic Alert Month		August
Medical Assistants Recognition Week	(third full week)	October
Medication Safety Week	(1-7)	April
Meet a Mate Week	(second full week)	June
Melanoma Monday®	(first Monday)	May 5
Melanoma/Skin Cancer Detection and Prevention Month®		May
Memo Day		May 21
Memorial Day	(observed the last Monday)	May 26
Memory Day		March 21
Menopause Awareness Month		September
Men's Month		June
Mental Health Month		May
Mental Illness Awareness Week	(first full week)	October
Mental Retardation Awareness Month		March
Merry-Go-Round Birthday		May 17
Metaphysical Awareness Month		September
Metastatic Breast Cancer Awareness Day		October 13
Meteorite Day		June 30
Meteor Showers (listed in order of event)		
Quadrantids Meteor Shower	(peak January 2-3)	January 1-5
Lyrids Meteor Shower	(peak April 22-23)	April 16-25
Eta Aquarids Meteor Shower	(peak May 5-6)	Apr 19-May 28
Delta Aquarids Meteor Shower	(peak July 28-29)	Jul 12-Aug 23
Perseids Meteor Shower	(peak August 12-13)	Jul 17-Aug 24
Draconids Meteor Shower	(peak October 8-9)	Oct 6-10
Orionids Meteor Shower	(peak October 22-23)	Oct 2-Nov 7
Taurids Meteor Shower	(peak November 5-6)	Sept 7-Dec 10
Leonids Meteor Shower	(peak November 17-18)	Nov 6-30
Geminids Meteor Shower	(peak December 13-14)	Dec 7-17
Ursids Meteor Shower	(peak December 22,23)	Dec 17-25
Meteor Shower 2014 (from Comet 209P/LINEAR)		May 24
Metric System Day		January 18
Mexican Independence Day		September 16
Michigan Admission Day		January 26
Mickey Mouse Club Birthday		October 3
Mickey Mouse Day		November 18

Microfilm Day		March 28
Microsoft Birthday		April 4
Microwave Oven Birthday		January 24
Microwave Oven Day		December 6
Middle Children's Day		August 12
Middle Name Pride Day	(Friday of the first full week)	March 7
Midsummer Day		June 21
Midsummer's Eve		June 20
Military Appreciation Month		May
Military Family Appreciation Month		November
Military Families Recognition Day	(Monday before Thanksgiving)	November 25
Milk Carton Day		January 8
Milk in a Bottle Day		January 11
Milk in Glass Bottles Day		April 8
Miniature Gold Day	(also celebrated the second Saturday in May)	September 21
Minnesota Admission Day		May 11
Minority Cancer Awareness Week	(third full week)	April
Mint Day		April 2
Mischief Night		October 30
Miss America Anniversary		September 8
Missing Persons Day		January 3
Mississippi Admission Day		December 10
Missouri Admission Day		August 10
Mister Rogers' Neighborhood Anniversary		May 22
Mitten Tree Day		December 6
Model Railroad Month		November
Model T Birthday		October 1
Monarch Butterflies Day		August 21
Monkees Birthday		December 30
Monopoly Day		February 6
Birthday of President James Monroe		April 28
Montana Admission Day		November 8
Birthday of Joe Montana		June 11
Month of the Military Child		April
Moon Phases:		
Full Moon	Moon after Yule	January 15
	Snow Moon	February 14
	Sap Moon	March 16
	Grass Moon [also: Total Lunar Eclipse]	April 15
	Planting Moon	May 14
	Honey Moon, Flower Moon,	
	Rose Moon, Strawberry Moon	June 12
	Thunder Moon	July 12
	Full Sturgeon Moon, Green Corn Moon,	
	Grain Moon [also: Super Moon]	August 10
	Full Corn Moon, Fruit Moon or Harvest Moon	September 8

Hunter's Moon, Travel Moon or Blood Moon [also: Total Lunar Eclipse]		October 8
Frosty Moon or Beaver Moon		November 6
Moon before Yule or Long Nights Moon		December 6
New Moon		January 1
		January 30
		March 1
		March 30
		April 29
		May 28
		June 27
		July 26
		August 25
		September 24
		October 23
		November 22
		December 21
Moon Eclipse (see Lunar Eclipse)		
Morticians Day		June 16
Mother Goose Day		May 1
Mother's Day	(second Sunday)	May 11
Mother-in-law Day	(fourth Sunday)	October 26
Birth of the Motorcycle		November 10
Motorcycle Riders Day		May 14
Motorcycle Safety Awareness Month		May
Motorist Consideration Day		August 27
Mount Rushmore Anniversary		October 31
Mount St. Helens Erupted		May 18
Moving Month		May
Mozart Day		January 27
Mr. Potato Head Day		April 30
MTV Birthday		August 1
Mucular Degeneration Awareness Month		February
Mule Day		October 26
Multiple Chemical Sensitivity (MCS) Awareness Week (first full week)		May
Multiple Personality Day		March 5
Muscular Dystrophy Awareness Week	(second week)	February
Museum Day		January 12
Mushroom Month		September
Music Month		November
Mustang Ford Car Birthday		June 4
Mutts Day		July 31
Mystery Series Week	(first full week)	October
Myasthenia Gravis Awareness Month		June



Birthday of Ralph Nadar		February 27
Namesake Day	(Sunday of the first full week)	March 2
Name Your Car Day		October 2
Name Your Own Holiday Day		March 8
Birthday of NASA		July 29
National Accordion Awareness Month		June
National Activity Professionals Day		January 27
National Activity Professionals Week	(third full week)	January
National Adopt a Shelter Cat Month		June
National Adoption Day	(the Saturday before Thanksgiving)	November 22
National Adoption Week	(week of Thanksgiving)	November
National Agriculture Day		March 19
National Agriculture Week	(week including the first day of spring)	March
National Air Traffic Control Day		July 6
National Alcohol and Drug Addiction Recovery Month		September
National Alcohol and Other Drug-Related Birth Defects Week		May
National Alcohol Screening Day®	(Thursday of the first full week)	April 10
National Angel Food Cake Day		October 10
National Animal Cracker Day		April 18
National Animal Poison Prevention Week	(third week, 17-23)	March
National Anonymous Giving Week	(third week)	March
National Aphasia Awareness Month		June
National Aplastic Anemia and MDS Awareness Week	(first week)	December
National Apple Dumpling Day		September 17
National Applejack Month		October
National Applesauce Cake Day		June 6
National Arbor Day	(last Friday)	April 25
National Arthritis Month		May
National ASK Day		June 21
National Assisted Living Week®	(second full week)	September
National Asthma and Allergy Awareness Month		May
National Atheist Day		April 1
National Atheist Day		April 13
National Attitude Day		June 5
National Atrial Fibrillation Awareness Month		September
National Author's Day		November 1
National Autism Awareness Month		April
National Aviation Day		August 19

National Baby Day		May 2
National Backyard Games Week (last full week before Memorial Day)		May
National Bad Hair Day		December 6
National Badminton Day		March 22
National Bake Sale Day	(second Saturday)	May 10
National Banana Cream Pie Day		March 2
National Banana Lovers Day		August 27
National Barbecue Day		July 4
National Bargain Hunting Week	(week starting the first Monday)	August
National Bavarian Cream Pie Day		November 27
National Beef Steak Month		June
National Be Kind to Animals Week®	(first full week)	May
National Be Nice to Lawyers Day		October 5
National Beverage Day		May 6
National Bible Week (Sunday to Sunday of Thanksgiving week)		November
National Bicarbonate of Soda Day		December 30
National Bike-to-Work Day	(third Friday)	May 16
National Bike Month		May
National Bird Day		January 5
National Birth Defects Prevention Month		January
National Bittersweet Chocolate with Almonds Day		November 7
National Blonde Brownie Day		January 22
National Blueberry Muffin Day		July 11
National Blueberry Pancake Day		January 28
National Blueberry Popsicle Day		September 2
National Bologna Day		October 24
National Book Blitz Month		January
National Boost Your Self-Esteem Month		February
National Boss Day		October 16
National Bouillabaisse Day		December 14
National Bow Tie Day		August 28
National Box Car Day		August 31
National Branded Fruit Day		October 20
National Bratwurst Day		August 3
National Bratwurst Day		August 16
National Breast Cancer Awareness Month		October
National Brownie Day		December 8
National Bubba Day		June 2
National Bubble Week	(fourth week)	March
National Burglary Prevention Month		June
National Business Image Improvement Month®		May
National Business Women's Week	(third week)	October
National Buttercrunch Day		January 20
National Buttermilk Biscuit Day		May 14
National Butterscotch Pudding Day		September 19
National Caffeine Addiction Awareness Month		February

National Cake Day		November 26
National Call in Single Day		February 14
National Camping Week	(last full week)	June
National Cancer Control Month		April
National Cancer Prevention Month		February
National Cancer Survivors Day®	(first Sunday)	June 1
National Candied Orange Peel Day		May 4
National Candy Day		November 4
National Candy Month		June
National Caramel Apple Day		October 31
National Card Playing Day		December 28
National Caregivers Day		September 15
National Carry a Tune Week (week that includes the 7th)		October
Birthday of President Jimmy Carter		October 1
National Cartoonists Against Crime Day		October 25
National Cartoonists Day		May 5
National Cashew Day		November 23
National Cat Day		October 29
National Catfish Day		June 25
National Cat Health Month		February
National Caviar Day		July 18
National Celiac Awareness Month		May
National Cereal Day		March 7
National Cheerleading Coaches Day		June 7
National Cheese Ball Day		April 17
National Cheesecake Day		July 30
National Cheese Lover's Day		January 20
National Cherry Pie Month		February
National Cherry Popover Day		Sepember 1
National Cherry Popsicle Day		August 26
National Cherry Turnover Day		August 28
National Child Abuse Prevention Month		April
National Child Passenger Safety Awareness Week (second full week)		February
National Child's Day (first Sunday)		June 2
National Children's Dental Health Month		February
National Children's Memorial Day	(second Sunday)	December 14
National Chimney Safety Week	(week starting the last Sunday)	September
National Chip and Dip Day		March 23
National Chocolate Celebration Day		November 17
National Chocolate Chip Cookie Week	(first week)	March
National Chocolate-Covered Anything Day		December 16
National Chocolate Covered Caramel Day		March 19
National Chocolate Covered Cherry Day		January 3
National Chocolate Covered Raisin Day		March 24
National Chocolate Cupcake Day		October 18
National Chocolate Day		October 28

National Chocolate Éclair Day		June 22
National Chocolate Ice Cream Day		June 7
National Chocolate Milkshake Day		September 12
National Chocolate Mint Day		February 19
National Chocolate Mousse Day		April 3
National Chocolate Pudding Day		June 26
National Chocolate Wafer Day		July 3
National Cholesterol Education Month		September
National Clam on the Half-Shell Day		March 31
National Clean off Your Desk Day		January 14
National Clergy Appreciation Day	(second Sunday)	October 12
National Clutter Awareness Week	(fourth week)	March
National Cocoa Day		December 13
National Coffee Day		September 29
National Coffee Ice Cream Day		September 6
National Coffee Milkshake Day		July 26
National Collision Awareness Month		March
National Colo-rectal Cancer Awareness Month		March
National Columnists Day		April 18
National Concern About Young People and Violence Day		October 18
National Condom Day		February 14
National Condom Month		February
National Condom Week (week of Valentine's Day)		February
National Congenital Cytomegalovirus (CMV) Awareness Month		June
National Consumer Protection Week	(first full week)	March
National Convenience Store Day		July 11
National Cookie Cutter Week	(first week)	December
National Corn Chip Day		January 29
National Cotton Candy Day		December 7
National Craft Month		March
National Crayola Day		April 25
National Cream-Filled Donut Day		September 14
National Creamsicle Day		August 14
National Creative Frugality Week	(fourth week)	January
National Crème Brûlée Day		July 21
National Crime Victims' Rights Week	(6-12, 2014)	April
National Critical Infrastructure Protection Month		December
National Custodial Worker Day		October 2
National Cut Your Energy Costs Day		January 10
National Cybersecurity Awareness Month		October
National Dairy Month		June
National Dance Like a Chicken Day		May 14
National Date Bread Day		December 22
National Day of Learning	(day after Thanksgiving)	November 28
National Day of Prayer	(first Thursday)	May 1
National Day of Reason	(first Thursday)	May 1

National Day of the Working Parent	(second Thursday)	September 11
National Day of Unplugging (sunset March 1 to sunset March 2)		March 1-2
National Day to Prevent Teen Pregnancy		May 5
National Dental Hygiene Month		October
National Depression Screening Day®	(first Thursday)	October 2
National Dessert Day		October 14
National Deviled Egg Day		November 2
National Digestive Diseases Awareness Month		May
National Disability Employment Awareness Month		October
National Dog Week	(third full week)	September
National Don't Utter a Word Day		November 25
National Domestic Violence Awareness Month		October
National Down Syndrome Awareness Month		October
National Dress Up Your Pet Day		January 14
National Drive-Thru Day		July 24
National Drug Facts Week	(second full week)	November
National Drug-Free Work Week	(week starting the third Monday)	October
National Ducks and Wetlands Day		July 1
National Eat a Peach Day		August 22
National Eggs Benedict Day		April 16
National Embroidery Month		February
National Endometriosis Awareness Month		March
National English Toffee Day		January 8
National Epilepsy Awareness Month		November
National Espresso Day		November 24
National Etiquette Week	(work week beginning the second Monday)	May
National Eye Care Month		January
National Eye Donor Month		March
National Facial Protection Month		April
National Family Caregivers Day	(day before Thanksgiving)	November 26
National Family Caregivers Month		November
National Family History Day	(on Thanksgiving)	November 27
National Family Literacy Day		November 1
National Family Reading Week (week ending the first Saturday of May)		April
National Family Reading Week (week ending the first Saturday)		May
National Family Recreation Day	(first Saturday)	June 7
National Family Recreation Week	(1-7)	June
National Family Volunteer Day (Saturday before Thanksgiving)		November 23
National Family Week	(week of Thanksgiving)	November
National Farm and Ranch Safety Week	(third full week)	September
National Farm Joke Day		November 17
National Farm Safety Day		September 20
National Farm Safety and Health Week	(third full week)	September
National Farm Workers Day		March 31
National Fast Food Day		November 16
National Feral Cat Day		October 16

National Fiber Focus Month		January
National Fig Week	(first week)	November
National Financial Awareness Day		August 14
National Financial Wellness Month		January
National Fire Prevention Week	(week including the 9th)	October
National Fire Safety Day		December 7
National Fishing Week	(first week)	June
National Flag Week	(week that includes the 14th)	June
National Flossing Day	(always the day after Thanksgiving)	November 29
National Flower Day		October 7
National Flower Week	(third full week)	September
National Folic Acid Awareness Week	(fourth work week)	January
National Food Bank Week	(week including the 16th)	October
National Food Service Employees Day		September 26
National Foreign Language Week	(first full week)	March
National Forget-Me-Not Day		November 10
National Forgiveness Week	(third week)	June
National Frankenstein Day		August 30
National Fraud Awareness Week	(first full week)	August
National Freedom Day		February 1
National French Toast Day		November 28
National Fresh Breath Day		August 6
National Fresh Fruit and Vegetables Month		June
National Fresh Squeezed Juice Day		January 15
National Fried Chicken Day		July 6
National Friendship Day	(first Sunday)	August 3
National Friendship Week	(third week)	August
National Fritter Day		December 2
National Frog Month		April
National Frozen Custard Day		August 8
National Frozen Food Day		March 6
National Frozen Food Month		March
National Frozen Yogurt Day		February 6
National Frozen Yogurt Month		June
National Fruitcake Day		December 27
National FRUMP Day		October 14
National Fudge Day		June 16
National Garage Sale Day	(second Saturday)	August 9
National Garden Week	(first full week)	June
National Gazpacho Day		December 6
National Get Out of the Doghouse Day		July 16
National Geographic Day		January 27
National Gingerbread Day		June 5
National Girls and Women in Sports Day		February 2
National Girlfriends Day		August 1
National Glaucoma Awareness Month		January

National Golf Day Anniversary		October 4
National Good Neighbor Day		September 28
National Goof-Off Day		March 22
National Graham Cracker Day		July 5
National Grapefruit Month		February
National Grape Popsicle Day		May 27
National Grasslands Week	(third week)	June
National Grouch Day		October 15
National Guacamole Day		November 16
National Guitar Month		April
National Gumbo Day		October 12
National Gumdrop Day		February 15
National Haiku Poetry Day		December 22
National Hamburger Day		May 28
National Hand Holding Day		August 9
National Handshake Day		June 28
National Hand Washing Awareness Week	(first full week)	December
National Handwriting Analysis Week	(week that includes the 23rd)	January
National Handwriting Day		January 23
National Headache Awareness Week	(first full week)	June
National Head Lice Prevention Month		September
National Health Care Quality Week	(second full week)	October
National Health Education Week	(third week)	October
National Healthy Skin Month		November
National Heritage Week	(fourth full week)	August
National Hernia Awareness Month		June
National High Blood Pressure Education Month		May
National High Tech Month		January
National Historic Preservation Week	(first full week)	May
National Hobby Month		January
National Homemade Cookie Day		October 1
National Honesty Day		April 30
National Honey Bee Day		August 17
National Hospice and Palliative Care Month		November
National Hospital Week	(second full week)	May
National Hot Fudge Sundae Day		July 25
National Hot Mulled Cider Day		September 30
National Hot Tea Month		January
National Hug Week		May
National Hugging Day		January 21
National Humane Education Month		March
National Hummingbird Day	(first Saturday)	September 6
National Humor Month		April
National Hunger Awareness Day		June 3
National Hunting and Fishing Day®	(fourth Saturday)	September 27
National Ice Cream Day	(third Sunday)	July 20

National Ice Cream Sandwich Day		August 2
National Iced Tea Month		June
National Iguana Awareness Day	(second Saturday)	September 13
National I Love Cowboys and Cowgirls Day		August 15
National Immunization Awareness Month		August
National Inane Answering Machine Day		January 30
National Independent Retailers Week	(week that includes the 21st)	July
National Infant Immunization Week	(starts the fourth Sunday)	April
National Infant Mortality Awareness Month		September
National Invisible Chronic Illness Awareness Week	(second full week)	September
National Jigsaw Puzzle Day		January 29
National Junk Food Day		July 21
National Kazoo Day		January 28
National Kidney Month		March
National Kids Fitness Day		May 4
National Kite Month		April
National Knee Day		October 22
National Knitters Day		December 11
National Lasagna Day		July 29
National Laundry Workers Week	(second week)	July
National Lawn and Garden Month		April
National League Birthday		February 2
National Leave the Office Early® Day	(first Wednesday)	June 4
National Lemonade Day		August 20
National Lemon Cupcake Day		December 15
National Library Week	(second full week)	April
National Licorice Day		April 12
National Lighthouse Day		August 7
National Little League Baseball Week	(starts the second Sunday)	June
National Lipstick Day		July 29
National Lollipop Day		July 20
National Lost Penny Day ©1995		February 12
National lower case day		October 14
National Macaroni Day		July 7
National Macaroon Day		May 31
National Mail order Gardening Month		January
National Mammography Day	(third Friday)	October 17
National Maritime Day		May 22
National Marshmallow Toasting Day		August 30
National Medal of Honor Day		March 25
National Medical Librarians Month		October
National Medical Transcriptionist Week	(third full week)	May
National Meeting Planners Appreciation Day(Monday of the first full week)		May 6
National Men Make Dinner Day™	(first Thursday)	November 6
National Men's Health Week (week before and including Father's Day)		June
National Mental Health Counseling Week	(first full week)	May

National Mentoring Month		January
National Mesothelioma Awareness Day		September 26
National Metric Day		October 10
National Metric Week	(week including the 10 th)	October
National Military Spouse Appreciation Day (Friday before Mothers Day)		May 9
National Milk Chocolate Day		July 28
National Miniature Golf Day	(second Saturday)	May 10
National Minority Donor Awareness Day		August 1
National Missing Children's Day		May 25
National Mole Day		October 23
National Mom and Pop Business Owners Day		March 29
National Multiple Sclerosis Education and Awareness Month		March
National Mushroom Day		October 15
National Music in Our Schools Month		March
National Mustard Day	(first Saturday)	August 2
National Native American HIV/AIDS Awareness Day		March 20
National Neighborhood Day	(third Saturday)	September 20
National Neurofibromatosis Month		May
National Newspaper Week	(first full week)	October
National Night Out	(first Tuesday)	August 5
National Night Shift Workers Day	(second Wednesday)	May 14
National 911 Emergency Day		September 11
National No Bully Week	(second full school week)	September
National No Homework Day		May 6
National Noodle Month		March
National Noodle Ring Day		December 11
National Nothing Day		January 16
National Nurses Day		May 6
National Nurses Week(6-12, ending on Florence Nightingale's birthday)		May
National Nursing Assistants Week	(starts the second Thursday)	June
National Nursing Home Week®	(second full week)	May
National Nut Day		October 22
National Nutrition Month®		March
National Oatmeal Cookie Day		April 30
National Oatmeal Day		October 29
National Oatmeal Month		January
National One-Hit Wonder Day		September 25
National Open an Umbrella Indoors Day		March 13
National Opposite Day		January 25
National Optimism Month		March
National Orange Blossom Day		June 27
National Osteoporosis Awareness and Prevention Month		May
National Parental Involvement Day™	(third Thursday)	November 20
National Parents Day	(fourth Sunday)	July 27
National Parfait Day		November 25

National Park Day		August 3
National Park Service Day		August 25
National Parks Month		August
National Park Week	(third full week)	April
National Pastry Day		December 9
National Pay Your Bills Week	(first week)	February
National Patient Safety Awareness Week	(first full week)	March
National Peach Ice Cream Day		July 17
National Peanut Day		September 13
National Peanut Month		March
National Peanut Brittle Day		January 26
National Peanut Butter Fudge Day		November 20
National Peanut Butter and Jelly Day		April 2
National Pediculosis Prevention Month		September
National Penny Anniversary		August 2
National Personal Self-Defense Awareness Month		January
National Pest Control Month		June
National Pet Memorial Day	(second Sunday)	September 14
National Pet Poison Prevention Week	(third week, 16-22)	March
National Pet Week	(first full week)	May
National Pet Peeve Week	(second week)	October
National Pharmacist Day		January 12
National Philanthropy Day®		November 15
National Philatelic Society Month		March
National Physical Education and Sport Week	(1-7)	May
National Physical Fitness and Sports Month		May
National Physical Therapy Month		October
National Pickle Appreciation Day		November 14
National Pig Day		March 1
National Pineapple Upside-Down Cake Day		April 20
National Pink Day		June 23
National Pistachio Day		February 26
National Pizza with the Works Except Anchovies' Day		November 12
National Poetry Day		October 15
National Poetry Month		April
National Poinsettia Day		December 12
National Polka Dot Day		January 22
National Popcorn Day 2013		February 3
National Popcorn Popping Day		December 23
National Poison Prevention Week	(third week, 16-22)	March
National Policewoman Day		September 12
National Postcard Week	(first full week)	May
National Potato Day		August 19
National Potato Chip Day		March 14
National Pound Cake Day		March 4
National Pretty is as Pretty Does Day		August 2

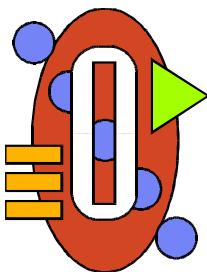
National Pretzel Day		April 26
National Primary Care Week	(1 – 5)	November
National Problem Gambling Awareness Week (second week)		March
National Procrastinators Week (second week or third week)		March
National Professional Pet Sitters Week	(first full week)	March
National Public Health Week (week starting the first Monday)		April
National Public Lands Day	(last Saturday)	September 27
National Pumpkin Day		October 26
National Punch Day		September 20
National Punctuation Day®		September 24
National Quilting Day	(third Saturday)	March 15
National Rabbit Week	(third week)	July
National Radio Day		August 20
National Radio Month		January
National Radon Action Month		January
National Raspberry Cake Day		July 19
National Read a Road Map Week	(first full week)	April
National Reading Group Month		October
National Receptionist Day	(second Wednesday)	May 14
National Recycling Month		April
National Rehabilitation Awareness Week	(third full week)	September
National Respect for Centenarians Day		September 22
National Religious Freedom Day		January 16
National Rice Pudding Day		August 9
National Rocky Road Day		June 2
National Rosacea Awareness Month		March
National Rose Month		June
National Running and Fitness Week	(third full week)	May
National Sachertorte Day		December 5
National Safe Boating Week	(third full week)	May
National Salad Week	(fourth week)	July
National Salute to Hospitalized Veterans Week		February
National Sanctity of Human Life Day		January 20
National Sandwich Day		November 3
National Sarcoidosis Awareness Month		April
National Save Your Back Week	(fourth full week)	October
National School Backpack Awareness Day	(third Wednesday)	September 17
National School Breakfast Week	(first full school week)	March
National School Bus Safety Week	(third full week)	October
National School Counseling Week (first full week)		February
National School Lunch Week	(second full school week)	October
National School Nurse Day	(Wednesday between 6 - 12)	May 7
National Science Month		March
National Scleroderma Awareness Month		June
National Scoliosis Awareness Month		June
National Scrabble Week	(second full week)	August

National Scrapbook Day	(first Saturday)	May 3
National Seafood Month		June
National Sea-Monkey® Day		May 16
National Sea Serpent Day		August 7
National Second-Hand Wardrobe Day		January 5
National Senior Citizens Day		August 21
National Senior Health and Fitness Day	(last Wednesday)	May 28
National Service Dog Month		September
National Shrimp Scampi Day		April 29
National Shut-in Visitation Day		February 11
National Siblings Day		April 10
National Sickle Cell Month		September
National Sing-Out Day		March 22
National Single Parent Day		March 21
National Sleep Apnea Awareness Day		March 31
National Sleep Awareness Week® (week starting the last Monday)		March
National Sleep-In Day		November 3
National Smith Day		January 6
National S'mores Day		August 10
National Snack Food Month		February
National Sneakers Day		October 9
National Soft Ice Cream Day		August 19
National Soft Pretzel Month		April
National Soup Month		January
National Spina Bifida Awareness Month		October
National Spoil Your Dog Day		August 10
National Splurge Day		June 18
National Spring Cleaning Week (week starting the last Sunday)		March
National Spring Fever Week (week including the first day of spring)		March
National Spumoni Day		August 21
National Static Cling Day		April 26
National STD Awareness and Education Month		April
National Step-Family Day		September 16
National Storytelling Day		October 5
National Strawberry Cream Pie Day		September 28
National Strawberry Sundae Day		July 7
National Stress Awareness Day		April 16
National Student Day		September 20
National Student Nurses Day		May 8
National Sugar Cookie Day		July 9
National Suicide Prevention Week (week that includes the 10th)		September
National Sunscreen Protection Day		May 27
National Survivors of Suicide Day 2013 (Saturday before Thanksgiving)		November 22
National Swap Ideas Day		September 10
National Sweet Potato Month		February
National Taffy Day		May 23

National Tap Dance Day		May 25
National Tapioca Pudding Day		July 15
National Teacher Appreciation Day	(Tuesday of the first full week)	May 7
National Teen Pregnancy Prevention Month		May
National Telework Week	(first full 5 day week, Monday-Friday)	March
National Thrift Shop Day		August 17
National Time Out Day		June 16
National Tinsel Day		December 5
National Tortellini Day		February 13
National Tortilla Chip Day		February 24
National Tourism Day		May 7
National Toxic Encephalopathy and Chemical Injury Awareness Month		May
National Trading Card Day		February 24
National Traffic Directors Day		November 2
National Trails Day®	(first Saturday)	June 7
National Transportation Week	(week that includes the third Friday)	May
National Travel and Tourism Week	(first full week)	May
National Tug-of-War Tournament Day		July 21
National Umbrella Month		March
National Unmarried and Single Americans Week	(third full week)	September
National Vanilla Cupcake Day		November 10
National Vanilla Ice Cream Day		July 23
National Veterinary Week	(fourth week)	August
National Vichyssoise Day		November 19
National Video Games Day		September 12
National Volunteer Blood Donor Month		January
National Volunteer Week		April
National Walk@Lunch Day	(last Wednesday)	April 30
National Waltz Day		March 4
National Watermelon Day		August 3
National Weather Observers Day		May 4
National Weatherperson's Day		February 5
National Weather Service Anniversary		December 1
National Week of the Ocean	(first full week)	April
National Welding Month		April
National Welsh Rarebit Day		September 3
National Whiners Day		December 26
National White Chocolate Cheesecake Day		March 6
National White Chocolate Day		September 22
National Wild Bird Feeding Month		February
National Wilderness Day		September 3
National Wildflower Week	(second week)	May
National Wildlife Week	(second full week)	March
National Wildlife Refuge Week	(second full week)	October
National Women and Girls HIV/AIDS Awareness Day		March 10
National Women's Friendship Day	(third Sunday)	September 21

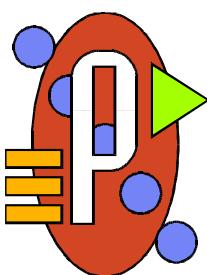
National Women's Hall of Fame Anniversary		July 21
National Women's Health and Fitness Day	(last Wednesday)	September 24
National Women's Health Week	(second full week)	May
National Women's History Month		March
National Work at Home Week	(last full week)	March
National Work From Home Week	(first full week)	October
National Write a Letter of Appreciation Week	(1-7)	March
National Write to Congress Day		January 3
National Yoga Awareness Month		September
National Young Readers Day	(second Tuesday)	November 11
National Yo-Yo Day		June 6
National Youth Sports Safety Month		April
National Zucchini Bread Day		April 25
Native American Appreciation Day		June 7
Native American Citizenship Day		June 15
Native American Day	(fourth Friday)	September 26
Native American Heritage Day	(day after Thanksgiving)	November 28
Native American Heritage Month		November
Native American Rights Day		May 12
Nativity Scene Anniversary		December 25
Nature Photography Day		June 15
Navajo Code Talkers Day		August 14
Navy Day		October 27
Birthday of NBC		September 9
Near Miss Day		March 23
Nebraska Admission Day		March 1
Neither Rain Nor Snow Day		September 7
Neon Sign Day		January 19
Neptune Birthday		September 23
Neptune at Opposition		August 27
Neuropathy Week		May
Nevada Admission Day		October 31
New Friends Day		July 19
New Friends, Old Friends Week		May
New Hampshire Admission Day		June 21
New Homeowners Day		May 1
New Jersey Admission Day		December 18
New Mexico Admission Day		January 6
Newspaper Carrier Day		September 4
Newspaper Day		September 25
Sir Isaac Newton Day		December 25
New Years Day		January 1
New Year's Eve		December 31
New York Admission Day		July 26
New York City Marathon	(first Sunday)	November
New York Times Birthday		September 18

Night Baseball Anniversary		May 24
9-11 Anniversary		September 11
911 Day		February 16
Birthday of President Richard Nixon		January 9
No Beard Day		October 18
Nobel Prize Awards Day		December 10
No-Brainer Day		February 27
No Dirty Dishes Day		May 18
No Driving with Cell Phones Day		November 1
No Fast Food Day		April 15
No-Hitter Day		July 15
No Interruptions Day	(last business day)	December 31
No More Dishpan Hands Day		April 1
No Name-Calling Week	(third work week)	January
No News is Good News Day		September 11
Norman Rockwell Day		May 20
North American Occupational Safety and Health Week (first full week)		May
North Carolina Admission Day		November 21
North Dakota Admission Day		November 2
North Pole Discovery Day		April 6
No Salt Week	(first full week)	October
Nostalgia Week	(fourth week)	February
Nosy Neighbor Appreciation Day		April 17
Notary Public Day		November 7
No Tillage Week		January
Nuclear Medicine Week	(second week)	October
Number Please Day	(first full week)	January 28
Nurse Anesthetist Week		January
Nutcracker Ballet Anniversary	(fourth work week)	December 18
Nylon Day		February 16
Nylon Stocking Day		May 15
Nylon Toothbrush Day		February 24



Oatmeal Muffin Day		December 19
Birthday of President Barack Obama		August 4
Obnoxious Day		February 24
Occupational Therapy Day		October 14
Occupational Therapy Month		April

Ohio Admission Day	March 1
Oklahoma Admission Day	November 16
Oklahoma Day	April 22
Oklahoma City Bombing Commemoration Day	April 19
Older Americans Mental Health Week	(last full week)
Older Americans Month	May
Old Farmers Day	May
Old Maid's Day	October 12
Old Rock Day	June 4
Old Stuff Day	January 7
101 Dalmatians Birthday	March 2
One Voice Day	January 25
On-Hold Month	December 31
Online Romance Week	March
On the Origin of the Species Anniversary	May
Operating Room Nurse Day	November 24
Operation Desert Storm Anniversary	November 14
Opposites Attract Day	January 17
Orange Juice Day	December 14
Orbit Day	May 4
Oreo Cookie Day	February 20
Organ and Tissue Donor Awareness Week	March 6
Organ and Tissue Donor Day	April
Organic Harvest Month™	February 14
Organize Your Files Week	September
Organize Your Home Day	April
Organize Your Home Office Day	January 9
Oregon Admission Day	March 11
Orphan Disease Month	February 14
Orthodontic Health Month	November
Osteopathic Medicine Month	October
World Osteoporosis Day	September
Ovarian Cancer Awareness Month	October 20
Over The Rainbow Day	September
Over Tip Your Waitstaff Week	May 15
Oyster Day	December
	May 5



Pack Rat Day

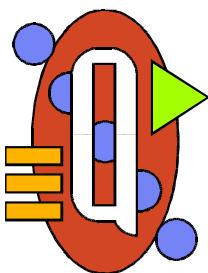
May 17

Pack Your Mom's Lunch Day		November 15
Birthday of Paddington Bear™		June 25
Saint Anthony of Padua Feast Day		June 13
Pain Awareness Month		September
Pajama Month		October
Palm Sunday	(Sunday before Easter)	April 13
Pampers Birthday		September 9
Pan American Day		April 14
Pancake Week	(week before Ash Wednesday)	February
Pancreatic Cancer Awareness Month		November
Pandemonium Day		July 14
Paper Clip Birthday		May 29
Parachute Birthday		October 22
Parade Day		November 9
Paraprofessional Appreciation Day	(first Wednesday)	April 2
Pardon Me Day		September 8
National Parental Involvement Day™	(third Thursday)	November 20
Parents Without Partners Month		March
Parking Meters Birthday		July 16
Parkinson's Awareness Month		April
Rosa Parks Birthday		February 4
Passover, Pesach (Jewish holiday)	(date varies every year)	April 15
Pasta Month		October
Patriots' Day	(third Monday)	April 21
Patriots Day		September 11
Pause the World Day		September 21
Pawnbrokers Day		December 6
Peace Corps Anniversary		March 1
Peace Corps Week	(week that includes March 1st)	March
Peace, Friendship, and Goodwill Week	(24 – 30, 2014)	October
Peace Officers Memorial Day		May 15
Peace of Mind Week	(1-7)	May
Peach Blossom Day		March 3
Peaches and Cream Day		June 21
Peach Month		July
Peanut Butter Lover's Day		March 1
Peanut Butter Lovers Month		November
Pearl Harbor Remembrance Day		December 7
Pecan Day		March 25
Pecan Month		April
Pecan Pie Day		July 12
Peculiar People Day		January 10
World <u>Pediatric Bone & Joint (PB&J)</u> Day		October 19
Pediatric Nurse Practitioner Week	(second week)	March
Pencil Sharpener Birthday		November 23
Penguin Awareness Day		January 20

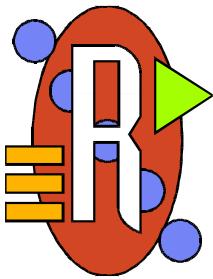
Pennsylvania Admission Day		December 12
J.C.Penny Birthday		January 17
Pepsi-Cola Birthday		June 16
Percolator Anniversary		December 26
Perennial Gardening Month		June
Perfect Game Day		May 5
PeriOperative Nurse Week	(second full week)	November
Perpetual Youth Day		November 30
Personal History Month		May
Pesach, Passover (Jewish holiday)	(date varies every year)	April 15
Pesach Sheni (Jewish holiday)	(date varies every year)	May 14
Pet First Aid Awareness Month		April
Pharmacy Week	(third full week)	October
PHF Sibling Appreciation Day		September 15
Philatelic Exhibition Month		May
Phonograph Day		November 22
Phonograph Patent Day		December 24
Photo Developing Day		January 17
Physician Assistant Day		October 6
Physician Assistants Week	(second week)	October
Piano Month		September
Pi Approximation Day		July 22
Pi Day		March 14
Pick Blueberries Day		July 14
Picnic Month		July
Pie Day		January 23
Pie in the Face Day		November 27
Pie Month		February
Pierce Your Ears Day		September 2
Birthday of President Franklin Pierce		November 23
Pig Callers Day		June 14
Piggy Bank Day		November 2
Pig in a Blanket Day		April 24
Pink Flamingo Day		May 29
Pins and Needles Day		November 27
Pistol Patent Day		February 25
Pizza Month		October
Pizza Week	(second week)	January
Plain Yogurt Day		June 20
Plan a Solo Vacation Day		March 1
Plant a Flower Day		March 12
Plant Something Day		May 19
Plant the Seeds of Greatness Month		February
Plan Your Epitaph Day		November 2
Plate Tectonics Day		November 1
Play Basketball Day		December 2

Play Bingo Day		December 18
Play-Doh® Day		September 16
Playground Safety Week	(last week)	April
Play in the Sand Day		August 11
Play Monopoly Day		November 19
Pleasure Your Mate Month		September
Pledge of Allegiance Day		September 8
Pledge of Allegiance Day		December 28
Plumbers Day		April 25
Plush Animal Lovers Day		October 28
Pluto Day		February 18
Edgar Allen Poe Day		January 19
Poetry Reading Day		April 28
Poison Prevention Awareness Month		March
Polar Bear Day		February 27
Police Officers Who Gave Their Lives in the Line of Duty Week		April
Police Radio Day		July 10
Police Week	(week that includes the 15th)	May
Birthday of President James K. Polk		November 2
Pomegranate Month		November
Pony Express Day		April 3
Anniversary of Poor Richard's Almanac		October
Popcorn Poppin' Month		November 29
Pop-Tarts® Birthday		May 27
Pop-up Toaster Birthday		October
Pork Month		October
Positive Attitude Month		January 2
Positive Postcard Day		September 13
Positive Thinking Day		July 1
Postage Stamp Anniversary		October 1
Postcard Birthday		April 6
Post-It® Notes Day		February 20
Post Office Anniversary		July 26
Postmaster General Day		February
Potato Lovers Month		September
Potato Month		July 28
Birthday of Beatrix Potter		March 19
Poultry Day		January
Poverty in America Awareness Month		September 19
POW/MIA Recognition Day	(third Friday)	May 17
Preakness	(third Saturday)	October 15
Pregnancy and Infant Loss Remembrance Day		May 3
Pregnancy Fitness Awareness Day		November 18
Prematurity Awareness Day	(third Tuesday)	November
Prematurity Awareness Month		October
Prenatal Infection Awareness Month		

Presidential Inauguration Day		January 20
Presidential Joke Day		August 11
Presidents Day 2013		February 18
Prescription Errors Education and Awareness Week	(24 -31)	October
Pretzel Month		October
Prevent Injuries Month		April
Pride in Food Service Week	(first full work week)	February
Prime Number Day		January 25
Primrose Month		February
Private Eye Day		July 23
Profess Your Love Day		June 9
Professional Photographer's Month		May
Professional Social Work Month		March
Prom/Graduation Safety Month		May
Prostate Cancer Awareness Month		September
Prostate Cancer Awareness Week	(third full week)	September
Prune Breakfast Month		January
Psoriasis Awareness Month		August
PTA® Founders Day		February 17
PTA® Teacher Appreciation Week	(first full week)	May
Public Library Day		April 9
Public School Volunteer Week	(third full week)	April
Public Service Day		June 23
Public Television Birthday		November 3
Pulmonary Hypertension Awareness Month		November
Pulmonary Rehabilitation Week	(second full week)	March
Pumpkin Pie Day		November 21
Pumpkin Pie Day		December 25
Purim, Shushan Purim (Jewish holiday)	(date varies each year)	March 17
Purim Katan (Jewish holiday)	(date varies each year)	February 14
Purple Heart Award Day		August 6
Purposeful Parenting Month		July
Pursuit of Happiness Week	(second full week)	November
Puzzle Day		January 19
Puzzle Day		July 13



Quirky Alone Day	February 14
Quirky Country Music Song Titles Day	March 27



Rabbit Day	(fourth Saturday)	September 27
Race Unity Day	(second Sunday)	June 8
Radiologic Technology Week	(week including the 8th)	November
Radon Action Week	(third full week)	October
Rain Day		July 29
Raggedy Ann's Birthday		September 7
RAINN Day	(fourth Thursday)	September 25
Raisin Day		April 30
Rampant Inflation Day		January 7
Random Acts of Kindness Day		February 17
Random Acts of Kindness Week	(week starting the second Monday)	February
Random Acts of Kindness Month		February
Rape Survivor Day		January 9
Rat-catchers Day		June 26
Rat-catchers Day		July 22
Ratification Day		January 14
Reach as High as You Can Day		April 12
Read Across America Day		March 2
Read a Book Day		September 6
Read a Child a Book You Like Day		September 28
Read an E-Book Week	(first full week)	March
Read a New Book Month		December
Reading is Fun Week	(second full week)	May
Birthday of President Ronald Reagan		February 6
Really Long Distance Day		January 7
Rebel Day		February 8
Rebuild Your Life Month		June
Recess at Work Day		June 15
Recommitment Month		May
Reconciliation Day		April 2
Recreational Water Illness Prevention Week (the week ending on Memorial Day)		May
Recreation and Parks Month		July
Recyclable Packaging Day		December 26
Red Planet Day		November 28
Reference Book Month		January
Relationship Renewal Day		May 4
Relationship Wellness Month		February

Remember the Loss of a Child Month		October
Remembrance Day		November 11
Reminiscence Week	(third week)	January
Remote Control Day		June 29
Repeat Day		June 3
Reptile Awareness day		October 21
Respect for Parents Day		August 1
Respect Your Cat Day		March 28
Respiratory Care Week	(fourth full week)	October
Responsible Pet Owner Month		February
Restless Leg Syndrome Education and Awareness Week	(third full week)	September
Resurrect Romance Week	(second full week)	August
Rett Syndrome Awareness Month		October
Return Borrowed Books Week	(first week)	March
Return-Your-Gifts Day		December 28
Reunion Planning Month		September
Paul Revere Day		January 1
Revise Your Work Schedule Month		May
Revolutionary War Anniversary		April 19
Reye's Syndrome Awareness Month		September
Rhode Island Admission Day		May 29
Rhubarb Day		January 11
Ribbons and Wrap Day		December 4
Rice Month		September
Richter Scale Day		April 26
Rid the World of Fad Diets and Gimmicks Day		January 17
Ride the Wind Day		August 23
Ride to Work Day	(third Wednesday)	July 16
Right-Brainers Rule Month		October
Rivers Month		June
Robert Kennedy Assassination Anniversary		June 5
Christopher Robin's Birthday		August 21
Jackie Robinson Day		January 31
Robinson Crusoe Day		February 1
Jackie Robinson Day		April 15
Birthday of Sugar Ray Robinson		May 3
Rock and Roll Day		January 8
Rock n' Roll Day		July 9
Rocky Mountain National Park Anniversary		January 26
Rodeo Anniversary		July 4
Mr. Rogers Day		March 20
Roller Coaster Day		March 22
Roller Rink Birthday		August 11
Roller Skating Day		January 12
Roller Skating Month		October
Romance Awareness Month		August

Romance Day		August 14
Birthday of President Franklin D. Roosevelt		January 30
Franklin D. Roosevelt Election Anniversary		November 5
Birthday of President Theodore Roosevelt		October 27
Root Canal Awareness Week	(week starting the last Sunday)	March
Roots Day		December 23
Rosa Parks Day		December 1
Rosh Hashanah (Jewish New Year)	(date varies each year)	September 25
Betsy Ross Day		January 1
Rounds Resounding Day		August 1
Route 66 Birthday		November 11
Rowboat Day		August 30
Birthday of J.K. Rowling		July 31
Roy Rogers TV Show Anniversary		December 30
RSV Awareness Month		October
Rubber Band Day		March 17
Rubber Eraser Day		April 15
Rudolph the Red-Nosed Reindeer Birthday		December 25
RV Lifestyle Week	(23-29)	April



Sacagawea Day		December 20
Sadie Hawkins Day		November 15
Safe Toys and Gifts Month		December
Safety Pin Day		April 10
Safety Razor Birthday		November 15
Saint Nicholas Day		December 6
Salad Month		May
Salesperson Day	(first Friday)	March 7
Dr. Jonas Salk Day		March 26
Salsa Month		May
Salvation Army Day		March 10
Sandcastle Day		August 17
Sandpaper Birthday		June 14
San Francisco Cable Car Day		August 1
Santa Dear Santa Letter Week	(second week)	November
Santa's List Day		December 4
Sarcasm Month		October
Saturn Night (Saturn at Opposition)		April 28
Sauntering Day		June 19

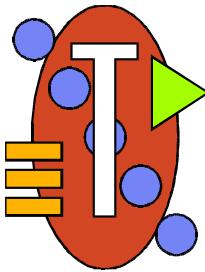
Sausage Pizza Day		October 11
SAVE Today	(second Wednesday)	October 8
Save the Tiger Month		September
Save Your Hearing Day		May 31
Save Your Vision Month		March
Save Your Vision Week	(first full week)	March
Saxophone Day		November 6
Say Hello! Day		March 7
Say Hi to Mom Day		March 5
Scavenger Hunt Day		May 24
Schizophrenia Awareness Week	(third full week)	May
School Board Recognition Month		January
School Bus Drivers Appreciation Day	(first Monday)	May 5
School Bus Drivers Day	(fourth Tuesday)	April 22
School Crossing Guard Week	(second week)	January
School Librarian Day		April 4
School Library Media Month		April
School Lunch Superhero Day	(first Friday)	May 2
School Pride Day (Tuesday of American Education Week)		November 18
School Principals Day		May 1
School's Out Month		May
School Success Month		September
Birthday of Charles Schulz		November 26
Science Fiction Day		January 2
Scientific Literature Day		October 22
Scooby-Doo Birthday		September 13
Scoop the Poop Week	(fourth week)	April
Scrabble Day		April 13
Sea Cadet Month		September
Second-Hand Shopping Week	(fourth week)	March
Second Honeymoon Weekend (Friday to Sunday following Valentine's)		February
Secret Pal Day		January 13
Secret Service Anniversary		April 14
Seeing Eye Dog Day		January 29
Self-Awareness Month		September
Self-Improvement Month		September
Self-Renewal Day		February 2
Send a Card to a Friend Day		February 7
Send a Smile Day		October 1
Senior Women's Travel Month		January
Separation of Church and State Day		October 28
Serendipity Day		January 28
Sesame Street Day		November 10
Saint Elizabeth Ann Seton Feast Day		January 4
Severe Weather Awareness Week	(date varies by state)	March
Sew Be It! Day		September 10

Sewing Lovers Day		October 15
Sexual Assault Awareness and Prevention Month		April
Shabbat Shuva (Jewish holiday)	(date varies each year)	September 27
Shallow Persons Awareness Week	(second full week)	November
Shampoo Day		October 20
Share a Smile Day		March 1
Shavuot, Festival of Weeks (Jewish holiday)	(date varies each year)	June 4
“She’s Funny That Way” Day		March 31
Shmini Atzeret (Jewish holiday)	(date varies each year)	October 16
Shooting Star Day		August 24
Shopping Cart Birthday		March 15
Shredded Wheat Birthday		July 31
Shushan Purim (Jewish holiday)	(date varies each year)	March 17
Sibling Appreciation Day		May 2
Sidewalk Egg Frying Day		July 4
Sierra Club Anniversary		May 28
Sight-Saving and Ultraviolet Awareness Month		May
Significant Other Day		May 5
Signing of the Endangered Species Act		February 3
Sign Up for Summer Camp Month		December
Silent Night Anniversary		December 24
Silly Putty® Day		January 3
Simchat Torah (Jewish holiday)	(date varies each year)	October 17
Simplicity Day		July 12
Simplify Your Life Week		August
Single-Parent Family Day		August 24
Single-Tasking Day		February 21
Sink Day (day after Thanksgiving)		November 29
Sir Paul Day		March 11
Sisters Day	(first Sunday)	August 3
Sit Back and Relax Day		August 15
Skating Week	(third week)	January
Skeptics Day		October 13
Skin Care Awareness Month		July
Skippy® Peanut Butter Day		February 1
Skyscraper Day		September 3
Skywriting Birthday		November 28
Sleep Comfort Day		December 15
Sleep Comfort Month		November
Sleep Safety Month		February
Slumber Party Day		November 22
Small Business Saturday®	(Saturday after Thanksgiving)	November
Small Press Month		March
Smart Irrigation Month		July
Smiles are Contagious Day		February 8
Smile Power Day		June 15

Smile Week	(second week)	August
Smithsonian Institute Anniversary		August 10
Smoke and Mirrors Day		March 29
Smokey Bear's Birthday		August 9
Smoking is Bad for You Day		January 11
Sneak a Kiss Day		June 15
Sneak Zucchini onto Your Neighbor's Porch Night		August 8
Snoopy's Birthday		October 4
Snowman Burning Day	(first day of spring)	March 20
Snow White Anniversary		December 21
Soccer Player Day		October 23
Social Security Act Day		August 14
Social Security Day		January 31
Softball Birthday		November 24
Solar Eclipse (Australia)		May 10
Solo Diners Eat Out Week	(1st through 7th)	February
SomeDay		September 15
"Someday We'll Laugh About This" Week	(first full week)	January
Son and Daughter Day		August 11
Sony Walkman Birthday		July 1
Soul Food Month		June
South Carolina Admission Day		May 23
South Dakota Admission Day		November 2
Southern Belles Month		April
South Pole Day		December 14
Spaghetti Day		January 4
Spaghetti-Os Birthday		May 16
Spam Birthday		July 5
Spam Day		May 16
Birthday of Sparky the Fire Dog		March 18
Spay Day USA		February 26
Speak Up and Succeed Day		January 22
Special Delivery Birthday		October 1
Special Education Day		December 2
Special Education Week	(third week)	January
Special Librarians Day		April 13
Special Recreation for the Disabled Day		July 2
Special Recreation Week	(first week)	July
Spiderman's Birthday		August 1
Spinal Cord Injury Awareness Month		September
Spinal Health Month		October
Spinal Muscular Atrophy Awareness Month		August
World Spine Day		October 16
Spinning and Weaving Week	(first full week)	October
Sports and Home Eye Safety Month		September
Sports Day		August 1

Sports Eye Safety Month		April
Sports Trivia Week	(third week)	March
Spouse's Day		January 26
Spring Equinox		March 20
Square Dance Day		January 24
Square Dance Day	(also celebrated January 24)	November 29
Square Dance Month		September
Squirrel Appreciation Day		January 21
Squirrel Appreciation Week	(first full week)	October
Stamp Collecting Month		October
Stand for Children Day		June 1
Richard Starkey Day		December 25
Star-Spangled Banner Day		March 3
Star-Spangled Banner Debut		October 19
Start of Passover	(April 14 – April 22)	April 14
Statue of Liberty Day		June 17
Stay at Home with Your Kids Day	(third Monday)	August 18
Stay Out of the Sun Day		July 3
Stay Young Forever Day		January 20
Steakhouse Month		June
Steel Plow Day		May 6
Stepfather's Day		January 9
Stepmother's Day	(third Sunday)	May 18
Step-parent Week	(first week)	June
Stick Out Your Tongue Day		July 19
Sticky Bun Day		February 21
Sticky Stamp Day		February 15
Stock Market Crash		October 29
Stone House Day	(second Saturday)	July 12
STOP a Suicide Today	(Thursday of the week including the 10th)	September 11
Stop Bad Service Day		March 5
Stop the Violence Day		November 22
Stop the Violence and Save Our Kids Month		September
Stop! Yield! Day		January 20
St. Patrick's Day		March 17
Birthday of Levi Strauss		February 26
Strawberry Ice Cream Day		January 15
Strawberry Month		May
Strawberry Parfait Day		June 25
Straw Hat Month		April
Streetcar Birthday		November 14
Stress Awareness Month		April
Stress-Free Family Holidays Month		December
Student Safety Month		June
Student Volunteer Day		February 20
Stuffed Mushroom Day		February 4

Student Government Day	(first Friday)	April 4
Stupid Guy Thing Day		June 22
Sturge-Weber Awareness Month		May
Stuttering Awareness Day		October 22
Stuttering Awareness Week	(second full week)	May
Subliminal Communication Month		September
Submarine Day		March 17
Substance Abuse Prevention Month		October
Substitute Teacher Appreciations Week	(second full school week)	September
Sudden Infant Death Syndrome Awareness Month		October
Sugar Cone Day		January 29
Suicide Awareness Week	(first full week)	May
Sukkot, Feast of Tabernacles (Jewish holiday – date varies each year)		October 9-15
Summer Leisure Day		July 22
Summer Solstice		June 21
Sun Awareness Day	(second Saturday)	May 10
Sundae Sunday	(third Sunday)	July 20
Sunday School Teacher Appreciation Day	(third Sunday)	October 19
Sunglasses Birthday		July 1
Sunglasses Day		June 27
Sun Safety Week	(first full week)	June
Sunshine Week	(week that includes the 16th)	March
Super Bowl Sunday 2013		February 3
Superman's Birthday		June 1
Suspenders Day		October 20
Surviving Rejection Day		April 6
Swallows Return to San Juan Capistrano Day		March 19
Sweetest Day	(third Sunday)	October 19
Sweet Potato Day	(first Monday)	April 7
Swim a Lap Day		June 24
Swimming Pool Day		July 11
Synergy Week International	(third full week)	October
System Administrator Appreciation Day	(last Friday)	July 25



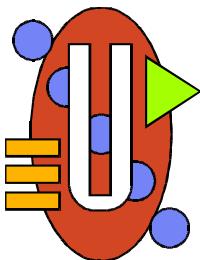
Tackle Your Clutter Month		April
Taco Day	(also celebrated on October 4)	June 12
Taco Day	(also celebrated on June 12)	October 4
Birthday of President William Howard Taft		September 15

Tailors Day	(first Wednesday)	June 4
Take a Chance Day		April 23
Take a Hike Day		November 17
Take a Smart Risk Week	(1 – 7)	May
Take a Walk Day		December 30
Take a Walk in the Park Day		March 30
Take a Wild Guess Day		April 15
Take Charge of Change Week	(first full week)	July
Take Our Daughters and Sons to Work Day	(fourth Thursday)	April 24
Take Your Child to a Bookstore Day	(first Saturday)	December 5
Take Your Dog to Work Day	(fourth Friday)	June 27
Take Your Pet to Work Week	(fourth week)	June
Take Your Teddy Bear to Work and School Day	(second Wednesday)	October 8
Talk About Prescriptions Month		October
Talking Motion Picture Birthday		October 6
Talk to Your Cat Day		January 22
Birthday of "Betty Marie" "Maria" Tallchief		January 24
Talk to Your Teens about Sex Month		March
Tape Measure Birthday		July 14
Tartan Day		April 6
Tattoo Pride Day		January 11
Tavern Day		March 4
Tax Day aka Freak-Out Day		April 15
Taxicab Birthday		August 13
Birthday of President Zachary Taylor		November 24
Teach Children to Save Day	(last Tuesday)	April 29
Tear the Tags Off the Mattress Day		May 9
Techies Day		October 3
Tech Support Appreciation Day		June 30
Teddy Bear Day		September 9
Teddy Bear Day		November 18
Teddy Bear's Picnic Day		July 10
Teen Read Week	(third full week)	October
Teflon® Day		April 6
Telecommuter Appreciation Week (week starting the last Sunday)		February
Telegraph Day		January 6
Telephone Day		March 10
Telescope Birthday		July 26
Television Birthday		January 26
Tell a Fairy Tale Day		February 26
Tell a Joke Day		August 16
Tell a Lie Day		April 4
Tell a Story Day		April 27
Teller Appreciation Week	(first full work week)	October
Tell Someone They're Doing a Good Job Week	(third week)	December
Tell the Truth Day		January 18

Temporary Insanity Day		February 19
Ten-Four Day		October 4
Tennessee Admission Day		June 1
Tennis Month		May
Tennis Shoe Birthday		June 25
Birthday of Mother Teresa		August 26
Testicular Cancer Awareness Month		April
Testicular Cancer Awareness Week	(1 - 7)	April
Texas Admission Day		December 29
Thank a Cow Week	(second week)	January
Thank a Postal Worker Day		February 4
Thank a Programmer Day		September 13
Thank a School Librarian Day (Wednesday of the first full week)		May 8
Thank a Soldier Week	(19 – 25)	December
Thanks for all the Gifts Week	(third week)	August
Thanksgiving	(fourth Thursday)	November 27
First Official Thanksgiving Day		November 26
Thank You Card Day		January 11
Thank You Day	(also celebrated on September 20)	August 12
Thank You Week	(second week)	January
The Day the Music Died		February 3
The Great Backyard Bird Count Weekend (15th – 18th)		February
Therapeutic Recreation Week	(second full week)	July
Thermometer Birthday		December 22
Thermos Bottle Day		January 31
Thesaurus Day		January 18
Birthday of Dylan Thomas		October 27
Three Mile Island Day		March 28
Thrift with Flair Day		January 2
Throw Out Your Leftovers Day		November 29
Thumb Appreciation Day		February 18
Thyroid Awareness Month		January
Ticker-Tape Parade Birthday		October 28
Tie Month		December
Tie One On For Safety	(Thanksgiving to December 31)	November
Tie One on For Safety®		December
Time Management Month		February
Time Zone Day		March 19
Time Zones Anniversary		November 18
Tin Can Day		January 19
Tinnitus Awareness Week	(third full week)	May
Tire Safety Week	(first full week)	June
Tish'a B'Av, the Ninth of Av (Jewish holiday – date varies each year)		August 5
Titanic Remembrance Day		April 15
TMJ Awareness Month		November
To Be or Not To Be Day		April 23

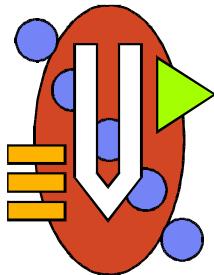
Toddler Month		August
Toilet Paper Birthday		August 26
Tolerance Week	(first week)	December
Tomb of the Unknown Soldier Anniversary		November 11
Tony the Tiger's Birthday		July 18
Toothbrush Birthday		June 26
Tooth Fairy Day		February 28
Tooth Fairy Day		August 22
Toothpaste Tube Birthday		May 22
Toothpick Day		February 20
Tootsie Roll Day		February 23
Toot Your Flute Day		October 4
Toss Away the "Could Haves" and "Should Haves" Day		July 15
Totally Chipotle® Day		May 5
Touch-Tone Telephone Birthday		November 18
Tour de France Month		July
Tourist Appreciation Day		May 6
Tournament of Roses Parade Day		January 1
Tournament of Roses Parade	(alternate date)	January 2
Traffic Light Day		November 20
Traffic Lights Birthday		August 5
Trail of Tears Commemoration Day		September 16
Trail Mix Day		August 31
Transatlantic Telephone Anniversary		September 24
Transcontinental Telegram Birthday		October 24
Trauma Awareness Month		May
World Trama Day		October 17
Traveler's Check Day		January 1
Travelers with Disabilities Week	(last week)	November
Trick or Treat for UNICEF Day		October 31
Trick or Treat for UNICEF Month		October
Triple Play Day		July 19
Trivia Day		January 4
Truck Drivers Day		August 12
True Love Forever Day		August 16
Truffles Day		May 2
Birthday of President Harry S. Truman		May 8
Trust Your Intuition Day		May 10
Try a New Recipe Day		November 8
Tubeless Tire Day		May 11
Tuberous Sclerosis Awareness Month		May
Tu BiShvat (Jewish New Year for Trees)	(date varies each year)	January 16
Tulip Day		May 13
Tuna Rights Day		April 21
Turkey Lovers Month		June
Turn Your Radio on Day		January 13

Turtle Races Day		June 12
Tutor Appreciation Day		April 8
Tuxedo Day		October 10
Color TV Anniversary		December 17
TV Dinner Day		April 6
TV Game Show Day		January 24
TV Guide Birthday		April 3
TV Talk Show Host Day		October 23
TV Turn-off Week	(third week)	April
TV Turn-off Week	(third week)	September
Tweed Day		April 3
Twilight Zone Birthdy		October 2
Twinkies		April 6
Twist Off Cap Day		January 31
Two-way Telephone Conversation Anniversary		October 9
Birthday of President John Tyler		March 29
Typewriter Day		June 23
Tzom Gedaliah (Jewish holiday, fast)	(date varies each year)	September 28



Ugly Pickup Truck Day		October 28
Ugly Truck Day		July 20
Umbrella Day		February 10
Underdog Day 2014	(third Friday)	December 19
UNICEF Anniversary		December 11
Unicycle Day		January 10
Unique Name Day	(Tuesday of the first full week)	March 4
United Nations Day		October 24
United States Postal Service Day		September 26
Unity in Diversity Day		May 7
Universal Children's Day		November 20
Universal Children's Week	(first week)	October
Universal Father's Week	(third full week)	June
Universal Hour of Peace		December 31
Universal Human Rights Month		December
Universal Letter-Writing Week		January 8-14
Uno Birthday		September 25
National Day of Unplugging	(sunset March 1 to sunset March 2)	March 1-2
Unsliced Bread Day		January 18
Uppity Women Day		March 7

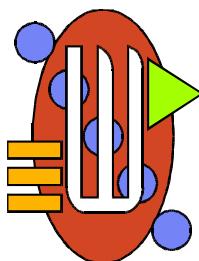
Uranus at Opposition	October 3
Urinal Day	March 27
U.S. Air Force Birthday	September 18
U.S. Air Force Academy Day	June 3
U.S. Army Birthday	June 14
U.S. Congress Anniversary	March 4
U.S. Department of Justice Anniversary	June 22
U.S. Elephant Day	April 13
U.S. Golf Association Anniversary	December 22
U.S. Naval Academy Anniversary	October 10
U.S. Navy Birthday	October 13
U.S. Navy Memorial Anniversary	October 12
U.S. Nickel Day	May 16
USO Anniversary Day	February 4
U.S. Patent Office Anniversary	July 31
U.S. Post Office Anniversary	May 8
U.S. Post Office Anniversary	September 22
Used Car Dealership Birthday	October 22
Utah Admission Day	January 4
UV Safety Month	July



Vacuum Cleaner Birthday	June 8
Valentine's Day	February 14
Birthday of President Martin Van Buren	July 24
Vanilla Milkshake Day	June 20
VCR Birthday	June 7
V-E Day	May 8
Vegetarian Food Day	July 11
Vermont Admission Day	March 4
Veterans Day	November 11
VFW Day	September 29
Victoria Day	May 19
Video Games Day	July 8
Video Game Week	August
Vietnam War End Anniversary	April 30
Birthday of Leonardo da Vinci	April 15
Vinyl Record Day	August 12
Violet Month	February

(Monday on or before May 24)
(first week)

Violin Day	December 13
Virginia Admission Day	June 25
Vision Research Month	June
Virtual Love Day	July 24
Visit the Zoo Day	December 27
Visit Your Relatives Day	May 18
Vitamin C Day	March 16
Viva Viagra Day	March 27
V-J Day	September 2
Volunteers Week	June
Volunteer Recognition Day	April 20
Vulvar Health Month	March



Waffle Day	August 24
Waffle Week	September
Waffle Iron Day	June 29
Wagons Ho! Day	May 1
Waitstaff Day	May 21
Walk Around Things Day	April 4
Walk for Diabetes Month	October
Walk on Stilts Day	July 27
Walk to School Month	October
Walk to Work Day	April 4
Walk Your Pet Month	January
Walt Disney World Day	October 1
Washington Admission Day	November 11
Birthday of President George Washington	February 22
Watch a Squirrel Day	October 18
Water Gardening Month	July
Water Quality Month	August
WAVES Day	July 30
Wear Brown Shoes Day	December 4
Wear Purple for Peace Day	May 16
Wear Red Day 2013	February 1
Wear Something Gaudy Day	October 17
Weather Day	February 9
Wedding March Day	January 25
Weed Your Garden Day	June 13
Week of the Young Child	April

(1 - 7)

(first full week)

(first Friday)

(second full week)

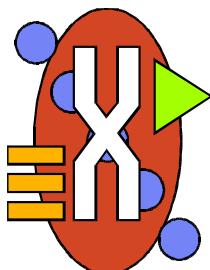
Welcome Home Vietnam Veterans Day		March 30
West Point Anniversary		March 16
West Virginia Admission Day		June 20
What Do You Love About America? Day	(day before Thanksgiving)	November 26
Wheelchair Beautification Month		July
Where's the Beef? Day		January 10
Where the Wild Things Are Day		June 10
Whisper "I Love You" Day		January 19
White Cane Safety Day		October 15
Birthday of Eli Whitney		December 8
Whole Grains Month		September
Whooping Crane Day		May 28
Wicket World of Croquet® Day	(second Saturday)	June 14
Wife Appreciation Day		September 16
Wiffle Ball Birthday		August 14
Wiggle Your Toes Day		August 6
Birthday of Laura Ingalls Wilder		February 7
Wilderness Week	(third week)	September
Willie Hoppe Day		January 15
Birthday of President Woodrow Wilson		December 28
Birthday of Oliver Winchester		November 30
Windmill Day	(second Saturday)	May 11
Birthday of Oprah Winfrey		January 29
Winnie-the-Pooh Anniversary		October 14
Winnie-the- Pooh Day		January 18
Winter Begins 2012, 2013, 2014		December 21
Winter Flowers Day		December 8
Winter Olympics Anniversary		January 25
Winter Solstice 2012, 2013, 2014		December 21
Win With Civility Month		August
Wisconsin Admission Day		May 29
Wise Health Consumer Month		February
Wizard of Oz Day		August 15
Women in Medicine Day		January 23
Women in Military Service Memorial		October 18
Women in Trousers Day		May 28
Women's Check-up Day	(Monday after Mothers Day)	May 12
Women's E-Commerce Awareness Day		September 19
Women's Equality Day		August 26
Women's Eye Health and Safety Month™		April
Women's Health Care Month		May
Women's Health Consumer Month		February
Women's Healthy Weight Day		January 24
Women's Heart Health Day 2013		February 15
Women's Heart Health Month		February
Women's Heart Health Week	(first week)	February

Women's Motorcycle Month		July
Women's Nutrition Week (starts Monday of the first full week)		April
Women's Right to Vote Day		November 2
Women's Rights in Wyoming Day		December 10
Women's Self-Empowerment Week	(first full week)	January
Women's Small Business Month		October
Women's World Day of Prayer	(first Friday)	March 7
Woodward Dream Cruise Day	(third Saturday)	August 16
Woodworking Month		April
Wordsmith Day		May 3
Word Nerd Day		January 9
Workaholics Day		July 5
Work at Home Fathers Day (Friday before Father's Day)		June 14
Work at Home Moms Week	(first full week)	May
Work Like a Dog Day		August 5
Workplace Conflict Awareness Month		April
Workplace Eye Safety Month		March
Workplace Napping Day (Monday after Daylight Savings Time starts)		March 11
Workplace Politics Awareness Month		October
Work Zone Awareness Week 2014	(7 - 11)	April
World AIDS Day		December 1
World Animal Day		October 4
World Arthritis Day		October 12
World Blood Donor Day		June 14
World Book Night US 2014		April 23
World Chocolate Day		February 12
World Chocolate Day		September 4
World Community Day	(first Friday)	November 7
World Communication Week	(1-7)	November
World Creativity and Innovations Week	(15-19)	April
World Day to Combat Desertification		June 17
World Egg Day	(second Friday)	October 10
World Environment Day		June 5
World Food Day		October 16
World Gratitude Day		September 21
World Habitat Awareness Month		April
World Habitat Day	(first Monday)	October 6
World Health Day		April 7
World Heart Day	(last Sunday)	September 28
World Hello Day		November 21
World Hug Week	(third week)	July
World Hunger Awareness Month		October
World Information Society Day		May 17
World Juggling Day	(Saturday closest to June 17th)	June 14
World Kidney Day		March 11
World Kindness Day		November 13

World Kindness Week	(second week)	November
World Listening Day		July 18
World Marriage Day		February 10
World Meningitis Day	(fourth Friday)	April 25
World Mental Health Day		October 10
World Menopause Day		October 18
World Meteorological Day		March 21
World Mosquito Day		August 20
World No Tobacco Day		May 31
World Oceans Day		June 8
World Osteoporosis Day		October 20
World Pasta Day		October 25
World Peace Meditation Day		December 31
World <u>Pediatric Bone & Joint (PB&J)</u> Day		October 19
World Penguin Day		April 25
World Photography Day		August 19
World Pizza Maker's Day		October 25
World Poetry day		March 21
World Population Day		July 11
World Puppetry Day		April 21
World Rabies Day		September 28
World Rainforest Week	(second full week)	October
World Red Cross Red Crescent Day		May 8
World Series Birthday		October 1
World Series Radio Broadcast Anniversary		October 5
World Series TV Premier		September 30
World Smile Day®	(first Friday)	October 3
World Spine Day		October 16
World Suicide Prevention Day		September 10
World Teacher's Day		October 5
World Television Day		November 21
World Thinking Day		February 22
World Trauma Day		October 17
World Tuberculosis Day		March 24
World Turtle Day		May 23
World Vegetarian Day		October 1
World Vegetation Day		November 1*
World Water Day		March 22
Birthday of the World Wide Web (WWW)		August 6
Birthday of Steve Wozniak		August 11
Wrench Birthday		August 17
Wright Brothers' First Flight Anniversary		December 17
Wrinkled Raincoat Day		September 16
Write a Business Plan Month		December
Write to Your Father Day	(second Sunday)	June 8
Write to a Friend Month		December

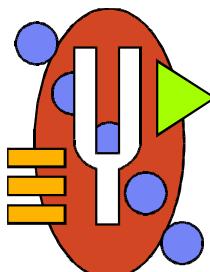
Write Your Memoirs Day
Wrong Way Day
Wyoming Admission Day

April 1
July 17
July 10



X-ray Day

November 8



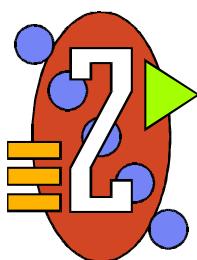
Yale Lock Day
Yellowstone Day
Yellowstone Park Day
YMCA Birthday
YMCA Birthday
YMCA Healthy Kids Day
Yom Kippur (Jewish holiday)
Yosemite National Park Anniversary
“You Go, Girl” Day
Young Achievers Month
Young People’s Poetry Week
Youth Activities Month
Youth Art Month
You’re Welcome Day (day after Thanksgiving)
Yours, Mine and Ours Month
YWCA Week Without Violence®

(third Saturday)
(date varies each year)

(third week)

(third full week)

May 6
March 1
February 29
February 10
June 6
April 19
October 4
October 1
October 11
May
April
September
March
November 29
January
October



Z-Day		January 1
Z Day		March 17
Zero-Tasking Day	(first Sunday)	November 2
Zip Code Anniversary		July 1
Zipper Day		March 20
Zoo and Aquarium Month		April
Zoo Day		July 1
Zoo Lovers Day		April 8



Here is a *Promotional Idea!*

