**Welcome to Kingston Hospital (index.html)**

Here you will be able to find all the relevant information you need about Kingston Hospital NHS Trust.

Kingston Hospital NHS Trust provides a full range of diagnostic and treatment services to approximately 320,000 people locally. We are proud of our reputation as the largest single site District General Hospital in London and our Maternity Unit is the second biggest in London.  In a National survey, we were rated as the Best Maternity Service in London by, the National Health Watchdog, the Care Quality Commission.\*

**Improving our patients’ experience – invitation to our ‘In our shoes’ sessions**

At Kingston Hospital NHS Trust our ambition is for all of our patients to experience care that is safe, compassionate and of the highest quality. As a part of this we are building on work we have done so far to improve our patients’ experience, by listening to the actual experiences and views of our patients.

We would like to hear your views about what was good about the care you or your loved one received and what you feel needs improving.

To do this, we are running a series of *“In Your Shoes”* events in November 2011. Each workshop will last around 2 hours. Patients who attend will be able to:

* share your recent experiences in our care, one-to-one with a member of the hospital team, letting them know what it was like ‘in your shoes’
* discuss what went well, as well as what needs improving
* share your ideas and listen to other people’s views in group discussions
* help us shape our vision for the standards of care all our staff will live up to

**Laboratory Services (lab.html)**The Kingston Hospital Laboratory is the leading diagnostic laboratory service provider in the region and other than serving the hospital's needs, it offers referral services for all rare tests to other institutions in the country and Eastern Africa Region. To ensure efficiency in reports dispatch, the department uses a laboratory information system that is interfaced with all analyzers and hospital information management system (CARE 2000).   
  
We also employ an internally well developed and longstanding quality system geared towards continual improvement strategies in the whole department. The department is sub divided into sections, specific to similar diagnostic laboratory tests.   
  
**Histopathology & Cytopathology Section**  
  
The section has modern automation and in conjunction with best management practices, produces quality results for biopsies within 3-5 days. Quality is ensured by collaborations with The University of Siena and the Lancet Laboratory, South Africa. Cytology procedures such as pap- smears, Fine Needle Aspiration (FNA) and fluid cytology have a turn around time of 1-2 days.  
  
**Microbiology**  
  
The section is specialized for the diagnosis of Bacteriology, Parasitology and Tuberculosis. The Automation here includes the latest MGIT- 960 TB System and BactAlert 3D blood culture system. Due to considerable high number of results involved here, the Laboratory information system has come in handy in ensuring timely results capture for both internal and external clients. Some of the specialized strengths in the section include testing in:

* The section has a highly sensitive bacterial identification system to species level.
* Antibiotic susceptibility testing using quantitative results in MIC values ( E-test method)
* Rapid DNA testing for bacterial vaginosis with a turn around time of 45 minutes (results given are for candida spp, trichomonas vaginalis and Gardnerella vaginitis).
* Serological test in place employ highly sensitive kits aimed at target decision making by the clinicians.

We are currently subscribed to the Human External Quality Control Program.  
  
**Biochemistry**  
  
This section is fully automated, with the State of Art ‘Aeroset' Biochemistry analyzer with capabilities of testing 2000 samples per hour and relays results to the laboratory and hospital information system interface from between 15 minutes to 1 hour duration. However, the skilled technologists must first authenticate the results for the rest of the authorized HIS users to view the results.  
  
The Back-up system includes the Olympus and Roche biochemistry analyzers. Some of the rare tests done in house include all Immunoglobulins, Immuno electrophoresis, Complements 3 & 4, Transferrin and Lipoprotein.  
  
**Special Chemistry**  
  
This section is highly specialized performing all the immunological and other rare tests. It has a panel of over 500 tests. It is equipped with most analyzers and like  
in the Biochemistry section, the results are sent directly from the analyzers to the Hospital Information System. The analyzers include; Axysm Immuno analyzer, Architect Immuno analyzer, Elecys Immuno analyzer, the Vidas for hormones and TDX for drugs analysis. Some of our strength include tests that other hospitals send abroad but we run them locally within a day, these includes; Pro BNP (a cardiac marker), all types of Tumours markers for Cancer, Auto immune antibody screening with tests (CNP ANCA, ENA, Double Stranded DNA, Anti CCP & Anti Cardiolipin Antibody), Therapeutic drug monitoring, ACTH, Parathyroid hormone, DHEA (precursor for testosterone) and Procalcitonin.  
  
The section has collaborations with leading laboratories in South Africa, United Kingdom and Italy where it refers tests as need be.  
  
**Haematology & Blood Transfusion**  
  
The section is responsible for blood counts and provision of safe blood for transfusion to all patients. It is equipped with four main analyzers which also relay reports directly to the information system; The Cell Dyne 3500, Cell Dyne 3700, Celltac Haematology analyzers, Fascount and the ACL Coagulation equipments.

**Pharmacy (pharmacy.html)**

The Kingston HospitalPharmacy has been in existence for the last 50 years since 1956 and has grown over the years in terms of the quantity, quality and variety of drugs dispensed and other auxiliary services provided. The pharmacy falls under the division of clinical services and is manned by highly qualified professional staff with specialized certifications from both Kenya and the United Kingdom.

**School of Nursing (nursing.html)**

The Kingston HospitalCicely McDonnell School of Nursing, an initiative of the Kenya Hospital Association, was opened in 1956. It is named after Sister Cicely McDonnell, a woman who made an immense personal contribution to the welfare and health of Kenyan people. She set high professional standards in all her work and she spent most of her life in Maternity Nursing in Nairobi.  
  
Her life of devoted service was and has remained an inspiring example to Kenyans who undertake the Nursing profession. The school was the first privately owned nursing school in pre-independence Kenya. Headed by Miss Campbell, the first sister tutor, the school admitted only five students who were white. African student nurses were first admitted in 1962.  
  
Today, 60 nurses graduate every year from the school on average. To date, over one thousand six hundred nurses have graduated from the institution, a third of which have been absorbed by the Nairobi Hospital.  
  
The rest have joined public and private organizations locally and abroad. Located in a serene environment with beautiful and well-maintained gardens, the school offers a favourable environment that moulds the right attitude for nursing education. The resources available include well equipped lecture rooms, skills laboratory, computer skills laboratory and a library resource center equipped with modern books, internet services and other teaching and learning materials.  
  
The management of the school has built an exemplary institution that continues to produce graduates who are professionally outstanding through education and practical training. Today, it has become a necessary resource in medical care in Kenya producing qualified responsible nurses who deliver healthcare with a difference.  
  
**Student Nurses Welfare**  
  
The welfare of students at the Cicely McDonnell School of Nursing is of utmost importance to the management as it gives a state of equilibrium of the physical, mental, social and spiritual components of student nurses. The students are therefore provided with homely environment and are encouraged to participate in charitable and spiritual activities such as the Christian Union, Catholic Action among others. The facilities include a nurses' home, catering, health care and recreational facilities such as swimming pool, football, darts, netball, volley ball and other indoor games.  
  
The students also organize major activities which include charity events, a swimming gala, a Christmas concert, sports activities, open days and corporate social responsibility activities.

**Courses**

**Bachelor of Science in Nursing**  
  
The School offers a Bachelor of Science in Nursing in collaboration with the University of Eastern Africa, Baraton. The program started in April 2008 and is intended to benefit holders of Diploma in Nursing. It is designed to last 3-4 years on a part time basis with classes being held on Thursdays and Fridays only.  
  
**Admission Requirements for the Bachelor of Science (Nursing)**

* Kenya Registered Nurse/Midwife
* Two years working experience
* Kenya Certificate of Secondary Education
* Professional Certificate
* Nursing Council License

**Duration:** Three and a Half to Four Years  
  
**Basic Programme**  
  
This is a 3 year Kenya Registered Nursing (KRN) program and is approved by the Nursing Council of Kenya. The Programme trains first level hospital based Nurses and prepares them to work efficiently in an acute health care setting. The curriculum which is structured to include Nursing, Biological, Behavioral and Social Sciences courses provides a sound foundation for individual nurses to develop in the areas of career choice.  
  
These areas include: Midwifery, Mental health Nursing /Psychiatry, Pediatrics, Critical Care Nursing /Intensive Care Nursing, Peri - Operative Nursing /Theatre and to embark on degree programs. The Kenya Registered Nursing program is regionally and internationally recognized and the graduates have been registered in countries like Britain, USA, and Australia.

|  |  |
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| **Admission Requirements for the Basic Program** | |
| KCSE or Equivalent with mean grade C+ (plus) and above | |
| Mathematics | C-(Minus) |
| Biology | C (Plain) |
| English | C (Plain) |
| Any other science subject | C (Plain) |
| **Applicants with foreign certificates should have them verified by the Kenya National Examination Council** | |

**Post Basic Programs**  
  
The Cicely McDonnell School of Nursing offers several post basic courses that aim at providing participants with opportunities for continuing professional development.

**1. Higher Diploma in Peri – operative Nursing/Theatre (1 Year Course)**

**2. Higher Diploma in Critical Care/Intensive Care Nursing (1 Year Course)**

**3. ECHN Upgrading Program (2 Years distance /electronic learning program)**

**4. Higher Diploma in Paediatric Nursing**

**Admission Requirements**

* Registered practicing nurse with a valid practice license
* One year Nursing Experience
* One-year experience in the related field is an added advantage.

|  |  |
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| **5. Short Post-Basic Courses** | |
| Research Methodology | 3 Months |
| Counseling | 6 Weeks |
| Teaching and Assessing & Mentorship | 5 Weeks |
| Phlebotomy | 3 Weeks |
| Clinical Nursing – Medical/Surgical | 3 Weeks |
| HIV and AIDS Counselling Course | 2 Weeks |
| Diabetes Course | 1 Week |
| Nursing Process | 1 Week |
| Advanced Cardiac Life Support (ACLS) | 4 Days |
| Pain Management | 3 Days |
| Basic Life Support | 3 Days |
| Palliative Nursing | 3 Days |
| Paediatric Advanced Life Support (PALS) | 4 Days |
| Advanced Trauma Life Support (ATLS) | 4 Days |

**KENYA MEDICAL TRAINING COLLEGE**  
***Training for Better Health***

Top of Form

Bottom of Form

**Introduction**

The national distribution of the KMTC campuses in the country amplifies the government's determination to take health services closer to Kenyans.  
  
The unique location of the Colleges in urban and rural settings, and the exchange programmes encouraged towards qualification, gives our students the much-needed exposure to all the Kenya settings.  
  
The 65 constituent colleges of the expansive institution - spread throughout the country as far as Lodwar and Garissa, Loitoktok and Kisumu - ensures decentralization of health services to the community.  
  
The close proximity of these colleges to government hospitals gives them an edge over all other health training facilities in Kenya and in the African continent.

## Embu Campus

**History of Embu Campus**   
  
Situated one kilometer from Embu town, Kenya Medical Training College- Embu campus is in Eastern Province, along Embu-Meru highway behind Embu Provincial General Hospital.  
  
Started in 1975 by missionaries as a Health Training College, it was under administration of Sister Barry as the Principal until 1987 when Kenya Medical Training College took over its management, offering Enrolled Community Nursing Certificate Course. The campus was officially opened by Hon Kenneth Matiba in 1987.  
 **Population**   
  
Join the campus where others have changed their lives as well as those of others. 329 students are taking Diploma in Community Health Nursing, 97 are taking Diploma in Medical Laboratory Sciences, 53 are taking Diploma in Environmental Health Nursing while 58 students are Distance Learners in the department of Community Health Nursing.  
The Principal is leading a staff population of more than 50 in making Embu campus the glory of Eastern Province in health care training.

## Eldoret Campus

**Brief History**

Eldoret Campus is in Uasin-Gishu County situated in Eldoret town next to Moi Teaching & Referral Hospital. It was established in 1977 as a school of nursing with an intake of 25 students per class training Kenya enrolled community health nursing.

In 1987 Hospital Maintaince School was established with the aid of Austria and German Governments and Ministry of Health. The population per intake was 12 students per class offering certificate course. By 1991- School of nursing was upgraded to train Kenya Registered Community Health Nursing with an intake of 30 students per class and training Certificate was stopped. In 1996- Nursing and hospital Maintance Schools were merged to form the current Eldoret Medical Training Centre.

September 2003 Certificate course in Medical Engineering was upgraded to diploma with an increased number of intakes from 12 to 25 students per class.

Diploma course in Clinical Medicine was started with an intake of 50 students per class the same year 2003.

Higher National Diploma in Anaesthesia course was started in 2006 with intake of 10 students.

In-service Medical Engineering was started in March 2014 with intake of 35 students.

We also have a staff population of 76 who facilitate teaching and learning and other supportive activities under the able leadership of Mr. David Yator Toroitich.

## Kisumu Campus

Kisumu Medical Training College opened its door as a formal training institution for nurses in 1953.In those early years, it catered for a total of about forty five students out of whom less than ten qualified in a year. The institution has expanded over the years to having more than 700 students with an annual output 300 trained manpower. Presently, Kisumu Medical Training College is one of the largest provincial Training Institutions in the country. It has two campuses (the upper campus and the lower campus)   
  
Kisumu Medical Training College upper campus is located at Kondele on Kisumu-Kakamega road and is approximately two kilometers from Kisumu town. The lower campus is based at Kisumu District Hospital just opposite Jomo- Kenyatta sports ground.

## Nyamira Campus

**Historical Background**   
KMTC Nyamira opened its doors for its first group of students in March 2012 for Diploma in Community Health Nursing.

**Location**

KMTC Nyamira is located in Nyamira County, within Nyamira County Hospital staff quarters. It is 0.5Km from County Headquarters and 0.1Km off Nyamira – Nyamaiya road. It lies within a five (5) acre land donated by the hospital.

**Student Population**   
The college has a student population of three hundred and thirty two (332).

## Gatundu Campus

Situated about 500 meters from Gatundu town, Kenya Medical Training College- Gatundu campus is in Kiambu County behind Gatundu level IV Hospital.  
   
The college started in 2015 September with the first class of 53 clinical medicine students reporting in November of the same year. The second group of nursing students reported in March 2016.

The campus was officially inaugurated by His Excellency the President Hon. Uhuru Kenyatta On 13th April 2016.

**Administration structure**  
  
The college is headed by a principal.

**Population of the campus at present**  
  
Our student population currently stands at 102 students. We are expecting to admit 100 students in September 2016.

## Makindu Campus

**History of Makindu Campus**   
Kenya medical training college-Makindu campus is situated 200 meters off Mombasa Nairobi highway next to Makindu level-4 hospital and along Makindu - Wote road.  
  
Started in September 2015 through the initiative of the County Government of Makueni in partnership with KMTC, the campus was initially housed at the trauma Centre within the hospital.  In June 2016 the students relocated to the first two classrooms constructed in the campus’s five acre piece of land allocated by the county.

The campus was officially commissioned by His Excellency President Uhuru Kenyatta in a colorful ceremony on 7th December 2016.

**Student Population**   
The college has a student population of one hundred and fifty (150) students and still growing.

## Kabarnet Campus

KMTC Kabarnet dates back to 1990 when it was established as a KMTC campus at the then Baringo District Development Institute now GTI Baringo.  
It started by training certificate in Enrolled Community Nursing and Public Health Technicians up to 1999 when PHT bore Diploma in Public Health (in-service) in the year 2000. The Government of Kenya during the same period through the MOH had proposed to build KMTC Kabarnet on a plot of 8 acres set aside next to Kabarnet District Hospital for the same project.  
  
The project physically commenced on 13th May 1991 with then R. Valley P. C. Mr. Yusuf Hajji laying the foundation stone on 22nd May, 1991.  
Though the project is still incomplete to date, we were able to shift from GTI to our new building next to the District Hospital on 19th February 2004.  
The college is located in Kabarnet town, next to Kabarnet District Hospital. The campus is a few kilometers from the scenic Kerio Valley and Lakes Baringo and Bogoria.

## Nyeri Campus

**History of Nyeri Campus**  
  
The history of Nyeri campus can be traced back to 1947 when the college opened its doors to its first students. It was started as an Enrolled Nursing school.  
In 1975, the college admitted the first Enrolled Community Nursing students while in 1995, the first Kenya Registered Community Health Nursing class at the campus took off. Nine years later in 2004, the college began offering an upgrading course in Kenya Registered Community Health Nursing.   
The college is located along Kimathi/Kangemi Road, next to Nyeri County Level v Hospital.

## Kakamega Campus

**Brief History**  
  
The college has a long history dating back to 1922 when it started training Health Workers who qualified as Medical attendants. The training of enrolled nurses started in 1952 while that of Environmental Health Sciences was inaugurated in 1979. The faculty of Medical Laboratory Technology (now Medical Laboratory Sciences) was introduced in 1981.  
  
The three faculties offered certificate courses until 1994 when Medical Laboratory Sciences started a diploma course, followed by nursing department in 2000.   
  
Environmental Health Sciences introduced in-service diploma courses in September 2001. In addition to the three regular progammes, the Nursing faculty started upgrading of enrolled nurses to diploma level in September 2005.  
  
Currently the college has a student population of 678 comprising of regular, self-sponsored and in-service upgrading.  
  
KMTC Kakamega is situated in Kakamega town, next to the Provincial General Hospital, Kakamega.  
 **Administrative structure**  
  
The Principal is the head of the institution assisted by two deputies. One of the deputy principals heads the academic department and the other deals with finance and administrative matters.  
  
A head of department is responsible for the running of academic department. All the teaching staff is directly answerable to the Head of Department.  
  
The Executive Officer handles general administrative matters.  
  
In addition, there are standing management committees responsible for overseeing the various activities within the college.  
 **Population of students**  
  
Currently the college has a student population of 678 comprising of regular, self-sponsored and in-service upgrading.

**Library {LIB.HTML}**

**Medical Library**  
  
The Kingston Hospital Library is a fully equipped medical resource centre located on the ground floor of the new doctors consulting rooms. Managed by the Cicely McDonnell School of Nursing, the library is strategic in supporting medical research as it is equipped with the latest books, videos, articles and journals that give the medical fraternity an international point of view.  
  
There is access to the internet which assists in online research as well as communication.  
  
**Rules and Regulations**  
  
Use of the Library

* Admission to the use of the Library is restricted to The Kingston Hospital Employees, Nursing Students and Members of the Admitting Staff only.
* All users must carry a valid Staff or Student card or be dressed in official uniform
* The Librarian reserves the right of admission

**Business Hours**  
  
The Library is open from Monday to Saturday (except on Public/National Holidays)  
  
Monday - Friday: 8.00 a.m. - 7.00 p.m.  
Saturday: 8.30 a.m. - 5.00 p.m.  
  
**Conduct**

The Librarian may exclude a user from the Library for any willful or persistent infringement of the Regulations, or for acting in any way which may interfere with the convenience of other persons using the Library, or with the work of the Library.

Willful damage to Library materials will result in payment of a penalty charge and the cost of replacing damaged material. A report of the incident will be made to the THM management of the individual concerned. Depending on the seriousness of the damage the person responsible may also be suspended from the use of the Library for an appropriate period of time.

All readers are expected to maintain silence and act with decorum. Use of mobile phones in the library is not allowed

Smoking, eating and drinking are strictly forbidden in the Library.

All official notices will be displayed in the Entrance Hall of the Library and carry the full force of the Regulations.

**Borrowing and Use of Material**

* All loan transactions, including refusal to lend, will be at the discretion of the Librarian, though borrowing facilities will not be denied without good cause.
* The user shall be responsible for the safety of any items used for reference or borrowed from the Library and shall be liable to pay the cost of repair or replacement, plus an administration fee, for any item which has been lost or damaged, or which cannot be produced when requested.
* Bone fide members shall borrow a maximum of TWO(2) books for a period of TWO (2) weeks with an option of renewal for a similar period. Videos, CDs, and other electronic resources shall be borrowed overnight (extension of period depended on the circumstances, e.g. Training)
* A fine shall be levied on overdue books at the rate of KShs. 3 per day on ordinary books, KShs. 5 per day on Short loan books and KShs. 10 on Videos, CDs, DVDs
* Internet search shall cost KShs. 100 per search, printing will cost KShs. 10 per page and articles downloaded will cost KShs. 20 per article.
* Computer games are not allowed
* Downloading and installing unauthorized software(s) is not allowed
* Personal items like bags/briefcases are not allowed into the reading area. Readers shall take full responsibility of their valuable items, e.g. laptops, mobile phones, cameras etc

**Calendar[CAL.HTML]**

|  |  |
| --- | --- |
| 1st March (Annually) | Intake of both basic programmes and post-basic programmes |
| 1st September (Annually) | Intake of both basic programmes and post-basic programmes |
| Applications | Received all year round |
| Short-listing | Done in July of every year. |
| Interviews | October (Annual) |
| Graduation Ceremony | October (Annual) |
| Swimming Gala | Any month of the year |
| Walks | Any month of the year |
| Christmas Concert | December |

**ISO Certification (iso.html)**

**QUALITY PROCESS**

In pursuit of clinical excellence and quality healthcare services, The Kingston Hospital has embraced Quality Improvement Principles and put forth a team of dedicated staff to facilitate the process and to bring on board all staff in the achievement, practice and sustain certification in Food Safety Management, Quality Management and Environmental Management. Our mark of distinction as a healthcare institution is CONSISTENCY. Quality Service shall be provided to all our clients; with respect and dignity, and at all times, making sure that each client’s need is uniquely met, and exceeded.

The Kingston Hospital has demonstrated commitment to these ideals. Three certifications have been issued to the Hospital:

                         i.  **ISO 9001:2008    Quality Management System**

The Kingston Hospital shall endeavor to consistently provide quality healthcare services by efficiently combining cutting-edge technology with qualified staff and streamlined processes to all its clients. A good example of this commitment is that a client shall notice a change in the staff serving him/her and not the quality of service during each shift change.

                         ii.   **ISO 22000:2005  Food Safety Management System**

Through process audits, staff training, investment in technology and nutritional values, The Kingston Hospital shall provide all its clients with quality food; from breakfast to supper and everything in between. These meals shall be served at acceptable temperatures and with decent expedient service.

                         iii.     **ISO 14001:2004  Environmental Management System**

The Kingston Hospitalis committed to the conservation of natural resources and shall as such carry out its duties responsibly, careful use of energy and water, and participate in activities that are geared towards conserving the environment; locally, nationally and regionally. Examples of these activities locally and nationally include cleanup exercises along Ngong Road, Ralph Blunche Road and Argwings Kodhek Road and tree planting and maintenance at the Nairobi National Park under the Greenline Project.

The Quality Team welcomes you to the Kingston Hospitalwebsite.

The Kingston Hospitalis committed to quality in every aspect of the business.  
  
**Quality Policy**  
The Kingston Hospitalis committed to providing healthcare to international standards and aims at becoming a total quality hospital. The Hospital Management is committed to:

* Ensuring our facilities and practices consistently deliver desired levels of quality performance.
* Partnering with our suppliers in the provision of quality healthcare services.
* Recruiting and maintaining qualified personnel and developing high levels of staff competence.
* Continually improve our Quality Management System.

**Objective**   
  
To determine the quality level of the entire hospital in the first year of establishment of the Quality Management System.   
  
**ISO Certifications**

* **15189** - This is a certification for the accreditation of the Laboratory. It ensures that every test undertaken undergoes the correct internationally standardized process and that all tools used are to the correct standard and that the result given is the correct result. The Hospital is well on its way to achieving this certification for the Laboratory.
* **9001:2008** - This certification demonstrates the Hospital's commitment to providing healthcare to international standards and aims at becoming a total quality Hospital.
* **22000:2005** - This certification seeks to ensure safety in the handling and management of food from source to the time it is served in the Hospital from our main Kitchen.
* **140001:2004** - This certification is for effective management of the environment through the elements such as energy, water, fire and the air. The Hospital was recently awarded this certification.

**Intensive Care Unit (icu.html)**

The Kingston Hospital Intensive Care Unit is a 24 hours critical care centre with a capacity of two rooms and five ward beds and it admits critical patients of all ages from neonates to senior citizens offering them highly skilled, individualized nursing and medical services. The ICU nurses who have been trained in cardiac life support offer emergency services to the rest of the hospital's clinical areas.  
  
The department offers specialised services to the hospital departments as well as other hospitals within Nairobi which include: blood gas analysis, ethylene oxide sterilization of equipment, dialysis treatment for the critically ill, continuous renal replacement therapy as well as conventional dialysis for the stable patients. As a training centre for critical care nursing, the Kingston Hospital ICU has been offering experiential training to nursing students at the Cicely McDonnel School as well as other hospital-based students such as Kijabe and Maua.  
  
All ICU nurses and doctors undergo ACLS (Advanced Cardiac Life Support) course bi-annually and are equipped with the latest evidence based practice according to American resuscitation protocols. In addition, there is always a doctor on duty, a physiotherapist, a priest and a nutritionist to boost efficiency in care and emergencies.  
  
**Facilities**  
  
The ICU has the state of the art "ICU specific" electrical beds which have the capacity to weigh the patient, measures angle of inclination, have inbuilt ripple mattresses, and can be used as a chair. Each bedside has a Philips monitor M-50 which is capable of monitoring the heart rate, oxygen saturation, Etco2, invasive haemodynamics i.e. cardiac output, intracranial pressures among others. There is a central monitor console which facilitates monitoring of all patients on a common screen and has printing capability.  
  
Also available are biphasic and monophasic defibrillators and an equipped emergency trolley available which is used to offer emergency services to the rest of the Hospital. The ICU is also equipped with an in-house blood bank for quick access to blood. Modern technology ventilators i.e. The Evita four Edition and the Savina are installed and are used to ventilate both intubated and non intubated patients with varieties as per the patient's requirement.  
  
The Evita four Edition can ventilate neonates, children and adults as well. Other ventilators include Six servo three 900c ventilators and servo 300A ventilator and incubators for the neonates. Continuous renal replacement machines for dialysing critical patients are available as well as a bronchoscope.  
  
**Visiting Hours**  
  
ICU has open visiting time between 7am-9pm. This ensures that patients' visitors spend enough time with their loved ones at the critical moments.

**High Dependency Unit (hdu.html)**

The High Dependency Unit was created to cater for patients requiring intensive nursing care. It is classified under intensive care nursing with ICU and takes care of patients during transition from ICU to wards as well as patients who do not require to be in ICU but are too sick to be in the wards. The ward has seven beds and it is equipped with both digital and electronic monitoring equipments for patients. It receives patients requiring multiple organ support including ventilatory needs.

**Other Facilities (other.html)**

**The Red Cross Shop**  
  
The Red Cross shop is situated on the Ground Floor of the hospital opposite the Matron's Office. The shop supplies toiletries and a variety of other items including newspapers and magazines.  
  
**Restaurants**  
  
There are two restaurants and a coffee shop where Doctors, Clients and Visitors are welcome to enjoy sumptuous meals and snacks. Amadeus Cafeand Bistro are located at the Doctors Plaza and they serve Austrian Cuisine while the coffee shop located on the 1st floor between South Wing and St. Marys Ward serves Swahili Dishes. **Florist**  
  
There is a florists shop opposite the main entrance of the Hospital. Cards, gifts and flowers are available here.  
  
**The League of Friends**  
  
The Hospital League of Friends is a registered charitable organization that arranges various events to raise funds for buying specific items to improve patients' comfort physically, mentally and morally. Originally founded by European Women, the League was inaugurated in 1917. It runs a trolley service everyday where various items are purchased at a non-profitable price to patients. They also run a magazine library for patients who like reading.

**FEEDBACK** **(feedback.html)**

Top of Form

**Enter Patient's Details and and Your Message Below**

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| |  |  | | --- | --- | | Title\* | Gender  Male Female | | First Name\* | Surname\* | | Ward | Bed No. | | Your Message | | | Your Email\* | | |



Bottom of Form