

# ASHOKA UNIVERSITY DINING MENU

3rd September 2018 to 9th SEPTEMBER 2018

	BREAKFAST	LUNCH	SNACKS	DINNER
DAILY	PORRIDGE	RAITA/DAHI/CHHACHH	TEA/ COLD COFFEE	COMPOSITE SALAD
	HOT/COLD MILK	COMPOSITE SALAD		PICKLE
	CHUTNEY/KETCHUP	PICKLE/PAPAD		PAPAD
	TEA/COFFEE	PLAIN RICE/PULAO		PLAIN RICE/PULAO
	BANANA	ROTI/BREAD		ROTI/BREAD
	BREAD/BUTTER/JAM			
MONDAY	CHOLE KULCHE BOILED EGG MIXED FRUIT CORN FLAKES	RAJMA ALOO HARA PYAZ STEAMED VEGETABLES	PAPDI CHAAT	DAL TADKA BHINDI MASALA BAKED CORN & SPINACH RICE KHEER
TUESDAY	VEGETABLE VERMICELLI CHEESE OMLETTE GUAVA CHOCOS	LOBIYA GAJAR MATTAR TOMATO CREAM PASTA SHAHI TUKDA	CHOCOLATE MUFFIN	BLACK MASOOR ALOO CAPSICUM SAUTE VEGETABLES
WEDNESDAY	GRILLED CHEESE SANDWICH BOILED EGG SWEET LIME CORN FLAKES	CHICKEN CHETTINAD KASHMIRI PANEER DAL PALAK	UPMA	DAL PANCHRATAN SOYA MINCE MATAR BAKED LASAGNA ICE CREAM
THURSDAY	POHA FRIED EGG SARDA CHOCOS	PUNJABI KADI TAWA VEGETABLES VEGETABLE PASTA PUMPKIN PIE	BHAJIYA	DAL MAKHANI STUFFED BAINGAN ALOO SAUTE'CARROTS AND BEANS
FRIDAY	BLACK CHANNA POORI HALWA BOILED EGGS WATER MELON CORN FLAKES	CHICHEN KOHLAPURI PALAK PANEER DAL	VEG PUFF	ALOO MATTAR CHANNA DAL SPAGHETTI CHOCOLATE MOUSSE
SATURDAY	MIXED PARANTHA EGG BHURJI PINEAPPLE MUESLI	PINDI CHOLE BHATURE MASALA ALOO FRIED CHILLI SWEET LASSI	VEG SANDWICH	SOYA CHAAP YELLOW DAL KURKURE BHINDI GULAB JAMUN
SUNDAY	HOT CHOCOLATE FRIED EGGS BAKED BEANS HASH BROWN FLAKES	IDLI - SAMBHAR LEMON RICE SUNDAL GUR PAYSAM	BROWNIE	EGG CURRY KADAI PANEER GREEN MOONG DAL



