

## **Informed Consent Form**

The purpose of this research is to critique the design and gauge the perceived usefulness of a self-help iPhone application for patients with Generalized Anxiety Disorder (GAD). The researcher will provide the iPhone with the installed application. You will be asked to complete several tasks using this application and voice your comments and criticisms as you go. This study will take approximately 30 minutes to complete. There are no major risks to participating in this study. If, however, you feel uncomfortable at any point during the study, you may withdraw at no penalty.

Participants in this study will receive credit for the Psychology 100 class. In addition, a more thorough explanation of the current study will be given at the end of the experiment. If you have any further questions, please do not hesitate to contact Maxwell Barvian at [mlbarvian@noctrl.edu](mailto:mlbarvian@noctrl.edu) or (815) 715-0159, or his thesis director, Professor Caroline St. Clair, at [cstclair@noctrl.edu](mailto:cstclair@noctrl.edu) or (630) 637-5171.

Participation in this research will remain completely confidential. All of your responses will remain anonymous, and your identity will not be stored with your data. Furthermore, participation in this study is voluntary, and if you feel uncomfortable participating in the study for any reason, you are free to leave at any time without being penalized, and you will still receive credit for your course.

Please read and sign the agreement below:

By signing below, I certify that I am 18 years of age or older, and that the purpose and nature of this research has been sufficiently explained to me. I agree to participate in the study, and I understand that I am free to withdraw at any time without penalty.

Signature \_\_\_\_\_

Date\_\_\_\_\_

Printed Name \_\_\_\_\_