

# BASAK UMay KUDAY

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American Psychological Association (APA) Undergraduate Student Affiliate Member C2405095566

## EDUCATION

### Bilkent University

Sep 2021 – Ongoing [Anticipated Graduation: Jun 2025]

### The Department of Psychology

Ankara, Turkey

- **Bachelor of Arts programme in Psychology**, minor in **Molecular Biology and Genetics**
- **Relevant Courses:** Psychodiagnostics, Experimental Psychology, Behavioral and Cognitive Neuroscience, Learning and Memory, Perception, Attention, and Action, Statistical Methods in Psychological Science I & II, Research Methods in Psychological Science I & II, Social Psychology, Industrial and Organizational Psychology, Individual Differences and Personality, Developmental Psychology, Advanced Cognitive and Social Development, Neuropsychology, Abnormal Psychology, Clinical Psychology, Psychological Testing and Measurement, Professional Communication
- **Senior Project:** Ongoing research on the impact of fear on decision-making, aiming to examine the motivational influences of fear on people's decision-making processes, supervised by Assoc. Prof. Robert Ian Bowers; currently in the planning and literature review phase and is in preparation to apply for a [TUBITAK grant](#)
- **Select Academic Work:**
  - **Directed Research in Psychology:** Conducted a literature review about the effect of fear on decision-making and the neurological, physiological, evolutionary, and innate bases of fear; wrote a research proposal for examining how immediate fear influences individuals' decision-making which became the basis of my senior project
  - **Professional Communication** (Group Project): Proposed an app for Bilkent University to increase accessibility to mental health services for students and staff called PycSync, prioritised the necessary services by interviewing students confidentially to figure out which services they needed the most but did not have easy access to at Bilkent, came up with possible solutions, and highlighted the need integrating the school's gym facilities for fitness training to complement mental health resources

### Altinbas University

Sep 2018 – Oct 2021

### Faculty of Dentistry

Istanbul, Turkey

- Moved on from the Bachelor of Dentistry programme to change career path after completing 196 ECTS of coursework and achieving a GPA of 2.98/4.00
- **Relevant Courses:** Psychology for Health Sciences, Ethics and Professionalism in Health Sciences, Behavioral Management, Advanced Research Methodology I & II, Digestive System and Metabolism, Cardiovascular and Respiratory System, Pathology, Pharmacology, Pediatric Dentistry, Nutrition, Health Services Administration, Endocrine and Urogenital Systems, Infectious Diseases and Immunity, Tissue, Skeleton and Nervous Systems

## INTERNSHIP & RESEARCH EXPERIENCE

### Bilkent University

Sep 2022 – Ongoing

### Undergraduate Research Assistant in the Bilkent Development Laboratory (Bil-Ge)

Ankara, Turkey

- Assisted mothers during children's participation in experiments and tests in a research project about mothers' epistemological backgrounds on their children's sociocognitive development, overseen by Assoc Prof Dr Hande Ilgaz
- Trained in the Dimensional Change Card Sort (DCCS), unexpected location experiment paradigm, content false belief, appearance reality tasks and more to become a well-rounded research data transcriber and practitioner
- Coded and transcribed data from a graduate research experiment's participant self-reports of memories according to variance in cognitive process descriptions

### Ceresta Counselling Centre

Sep 2024

### Clinical Intern

Gaziantep, Turkey

- Observed kids during play therapy sessions and the applications of MOXO Attention Tests for both children and adolescents while shadowing multiple therapists

- Under therapist supervision, familiarized myself with the files of the children and families coming in for sessions and discussed with the therapists after sessions what physical behaviours the children showed during therapy, what were the families' main concerns, whether the children manifested relevant symptoms and what the next step in their therapy and treatment may be depending on each case
- Aided families and children during group workshops

**Gaziantep Temel YAPA Preschool  
Intern**

**Aug 2024  
Gaziantep, Turkey**

- Shadowed the institution's psychologist during orientation to observe whether the kids were regulating well and assessing the special attention they might need according to their developmental strengths and weaknesses in light of their medical and psychological diagnoses such as Down Syndrome or autism spectrum disorder
- Assisted the youngest kids in classes (ages 2-3)

**TED University**

**Jun – Aug 2023**

**Intern / Research Assistant at the Real Life Cognition Lab**

**Ankara, Turkey**

- Transcribed physical self-report data to the digital database and coded data related to autobiographical memories in English and Turkish based on whether narratives were chronologically or thematically coherent to investigate whether reminiscence functions moderate the relationship between well-being and narrative coherence
- Collaborated with data coder partners to increase interrater reliability, supervised by Prof Dr T. Uzer Yildiz

**Bilkent University**

**Feb – Jun 2023**

**Undergraduate Research Assistant at the Comparative Cognition Lab**

**Ankara, Turkey**

- Watched hours of experimental videos and coded qualitative data for canine cognition and behaviour compared to that of their owners versus strangers (experimenters)
- Compared codes with partners to increase interrater reliability among other research assistants and partners
- Attended weekly discussion meetings about comparative psychology led by biologist Dr Kaan Kerman

## **EDUCATIONAL ENRICHMENT ACTIVITIES**

**American Psychological Association (APA) Continuing Education Courses**

**Sep 2024 – Ongoing**

- Take the following courses to expand academic knowledge of Psychology topics beyond Bilkent curriculum from the APA Office of Continuing Education in Psychology:
  - The KSADS-COMP for Child Psychiatric Diagnostic and Intake Assessment (2 CE Credits)
  - Training the Psychological Assessors of Tomorrow: WS205 (2.5 CE Credits)
  - Promoting Fair and Equitable Cognitive Assessment of Diverse Children and Adolescent Populations (1.5 CE Credits)

## **EXTRACURRICULAR ACTIVITIES**

**Turkish Family Health and Planning Foundation Academy**

**Sep 2024 – Ongoing**

- Participate in workshops on safe sexuality, societal gender equality, and dating violence within the scope of the Youth Studies Volunteering project
- Plan to conduct peer studies within universities, prepare brochures to use in college studies and to set up an informational table for the World AIDS Day (December 1st) to raise social awareness of these issues
- Took courses on safe sexuality, societal gender equality, and dating violence and earned certifications

**FOR MORE ACTIVITIES, PLEASE VISIT MY PERSONAL ONLINE RESUME.**

## **SKILLS AND HOBBIES**

- **Technical:** Python, Spyder, Jasp, MegaStat for Excel, Microsoft Office, Adobe (Lightroom, Premier Pro, Photoshop), WriterDuet
- **Language:** Turkish (Native), English (Advanced, TOEFL Sep 2024 Total Score 106/120)  
Spanish (Beginner)
- **Sports:** Swimming, diving
- **Interests:** Script-writing, film-making, creative writing, photography