

# BASAK UMay KUDAY

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## EDUCATION

### Bilkent University The Department of Psychology

Sep 2021 – Ongoing [Anticipated Graduation: Jun 2025]  
Ankara, Turkey

- **Bachelor of Arts programme in Psychology**, minor in **Molecular Biology and Genetics**
- **Relevant Courses:** Psychodiagnostics, Experimental Psychology, Behavioral and Cognitive Neuroscience, Child and Adolescent Psychopathology, Clinical Interview Skills and Techniques, Psychology of Play, Learning and Memory, Perception, Attention, and Action, Statistical Methods in Psychological Science I & II, Research Methods in Psychological Science I & II, Social Psychology, Individual Differences and Personality, Developmental Psychology, Advanced Cognitive and Social Development, Neuropsychology, Abnormal Psychology, Clinical Psychology, Psychological Testing and Measurement, Professional Communication
- **Senior Project:** Ongoing research on the impact of fear on decision-making, aiming to examine the motivational influences of fear on people's decision-making processes, supervised by Assoc. Prof. Robert Ian Bowers; currently in the planning and literature review phase; filmed a fear-inducing scenario from first-person view using GoPro and created a decision-making task with interactive video on Stornaway, plan to measure participants' physiological responses (heart rate, galvanic skin response) via Arduino Uno, and analyze data on MATLAB
- **Select Academic Work:**
  - **Directed Research in Psychology:** Conducted a literature review about the effect of fear on decision-making and the neurological, physiological, evolutionary, and innate bases of fear; wrote proposal for examining how immediate fear influences individuals' decision-making as basis for my senior thesis
  - **Professional Communication** (Group Project): Proposed an app for Bilkent University to increase accessibility to mental health services for students and staff called PsycSync, prioritised the necessary services by interviewing students confidentially to figure out which services they needed the most but did not have easy access to at Bilkent, came up with possible solutions, and highlighted the need integrating the school's gym facilities for fitness training to complement mental health resources

### Altinbas University Faculty of Dentistry

Sep 2018 – Oct 2021  
Istanbul, Turkey

- Moved on from the Bachelor of Dentistry programme to change career path after completing 196 ECTS of coursework and achieving a GPA of 2.98/4.00
- **Relevant Courses:** Psychology for Health Sciences, Ethics and Professionalism in Health Sciences, Behavioral Management, Advanced Research Methodology I & II, Digestive System and Metabolism, Cardiovascular and Respiratory System, Pathology, Pharmacology, Pediatric Dentistry, Nutrition, Health Services Administration, Endocrine and Urogenital Systems, Infectious Diseases and Immunity, Tissue, Skeleton and Nervous Systems

## INTERNSHIP & RESEARCH EXPERIENCE

### Bilkent University Undergraduate Research Assistant in the Bilkent Development Laboratory (Bil-Ge)

Sep 2022 – Ongoing  
Ankara, Turkey

- Assisted mothers during children's part in experiments in research about the effect of mothers' epistemological backgrounds on their children's sociocognitive development, overseen by Assoc Prof Dr Hande Ilgaz
- Trained in the Dimensional Change Card Sort (DCCS), unexpected location experiment paradigm, content false belief, appearance reality tasks and more to become a well-rounded research data transcriber and practitioner
- Coded and transcribed data from a graduate research experiment's participant self-reports of memories according to variance in cognitive process descriptions

### Ozge Ismailoglu Counselling Clinical Intern

Jan 2024  
Gaziantep, Turkey

- Shadowed and was trained in doing intake interviews for adult, child, and adolescent clients in varied types of therapy such as CBT for all clients, online EMDR and psychodrama group therapy, and play therapy for children
- Learned about and analyzed the use of the Wechsler Intelligence Scale for Children Fourth Edition (WISC-IV) and Denver II Developmental Screening Test assessments for children patients and their treatment plans

### Ceresta Counselling Centre Clinical Intern

Sep 2024  
Gaziantep, Turkey

- Observed kids during play therapy sessions and the applications of MOXO Attention Tests for both children and adolescents while shadowing multiple therapists
- Under therapist supervision, familiarized myself with the files of the children and families coming in for sessions and discussed with the therapists after sessions what physical behaviours the children showed during therapy, what were the families' main concerns, whether the children manifested relevant symptoms and what the next step in their therapy and treatment may be depending on each case
- Aided families and children during group workshops

**Gaziantep Temel YAPA Preschool  
Intern**

**Aug 2024  
Gaziantep, Turkey**

- Shadowed the institution's psychologist during orientation to observe whether the kids were regulating well and assessing the special attention they might need according to their developmental strengths and weaknesses in light of their medical and psychological diagnoses such as Down Syndrome or autism spectrum disorder
- Assisted the youngest kids in classes (ages 2-3)

**TED University**

**Jun – Aug 2023  
Ankara, Turkey**

**Intern / Research Assistant at the Real Life Cognition Lab**

- Transcribed physical self-report data to the digital database and coded data related to autobiographical memories in English and Turkish based on whether narratives were chronologically or thematically coherent to investigate whether reminiscence functions moderate the relationship between well-being and narrative coherence
- Collaborated with data coder partners to increase interrater reliability, supervised by Prof Dr T. Uzer Yildiz

**Bilkent University**

**Feb – Jun 2023  
Ankara, Turkey**

**Undergraduate Research Assistant at the Comparative Cognition Lab**

- Watched hours of experimental videos and coded qualitative data for canine cognition and behaviour compared to that of their owners versus strangers (experimenters)
- Compared codes with partners to increase interrater reliability among other research assistants and partners
- Attended weekly discussion meetings about comparative psychology led by biologist Dr Kaan Kerman

## **EDUCATIONAL ENRICHMENT ACTIVITIES**

**American Psychological Association (APA) Continuing Education Courses**

**Sep 2024 – Ongoing**

- Take the following courses to expand academic knowledge of Psychology topics beyond the Bilkent curriculum from the APA Office of Continuing Education in Psychology:
  - The KSADS-COMP for Child Psychiatric Diagnostic and Intake Assessment (2 CE Credits)
  - Promoting Fair and Equitable Cognitive Assessment of Diverse Children and Adolescent Populations (1.5 CE Credits)
  - Personalizing Psychotherapy: Assessing and Accommodating Patient Preferences (1.5 CE Credits)
  - Psychological Assessment of Bipolar Spectrum Disorders: A Multimethod Approach (3 CE Credits)
  - Current Trends and Best Practices in Developmental Disabilities Assessment for Autism and Intellectual Disability (3 CE Credits)

## **EXTRACURRICULAR ACTIVITIES & OTHER PROJECTS**

**Turkish Family Health and Planning Foundation Academy**

**Sep 2024 – Ongoing**

- Participate in workshops on safe sexuality, societal gender equality, and dating violence within the scope of the Youth Studies Volunteering project
- Plan to conduct peer studies within universities, prepare brochures to use in college studies and set up an informational table for World AIDS Day (December 1st) to raise social awareness of these issues
- Took courses on safe sexuality, societal gender equality, and dating violence and earned certifications

## **SKILLS, HOBBIES & MEMBERSHIPS**

- **Technical:** Python, Spyder, Jasp, MegaStat for Excel, Microsoft Office, Adobe (Lightroom, Premier Pro, Photoshop), WriterDuet
- **Language:** Turkish (Native), English (Advanced, TOEFL Sep 2024 Total Score 106/120)  
Spanish (Beginner)

**FOR MORE INFORMATION AND ACTIVITIES, PLEASE VISIT MY ONLINE RESUME.**