```
Show
ContourPlot3D[x^2 + y^2 + z^2 = \{13.5, 15.5, 17.5, 19.5, 21.5, 23.5, 25.5, 27.5, 29.5, 31.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 2
                           33.5, 35.5, 37.5, 39.5, 41.5, 43.5, 45.5 [20] ({13.5, 15.5, 17.5, 19.5, 21.5, 23.5,
                                      25.5, 27.5, 29.5, 31.5, 33.5, 35.5, 37.5, 39.5, 41.5, 43.5, 45.5 [20] + 1),
      \{x, -(\{13.5, 15.5, 17.5, 19.5, 21.5, 23.5, 25.5, 27.5, 29.5, 31.5, 33.5, 25.5, 27.5, 29.5, 27.5, 29.5, 31.5, 33.5, 27.5, 29.5, 27.5, 29.5, 27.5, 29.5, 27.5, 29.5, 31.5, 33.5, 27.5, 29.5, 27.5, 29.5, 31.5, 33.5, 27.5, 29.5, 27.5, 29.5, 31.5, 33.5, 27.5, 29.5, 27.5, 29.5, 31.5, 33.5, 27.5, 29.5, 27.5, 29.5, 31.5, 33.5, 27.5, 29.5, 27.5, 29.5, 27.5, 29.5, 27.5, 29.5, 27.5, 29.5, 27.5, 29.5, 27.5, 29.5, 27.5, 29.5, 27.5, 29.5, 27.5, 29.5, 27.5, 29.5, 27.5, 29.5, 27.5, 29.5, 27.5, 29.5, 27.5, 29.5, 27.5, 29.5, 27.5, 29.5, 27.5, 29.5, 27.5, 29.5, 27.5, 29.5, 27.5, 29.5, 27.5, 29.5, 27.5, 29.5, 27.5, 29.5, 27.5, 29.5, 27.5, 29.5, 27.5, 29.5, 27.5, 29.5, 27.5, 29.5, 27.5, 29.5, 27.5, 29.5, 27.5, 29.5, 27.5, 29.5, 29.5, 27.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.
                                      35.5, 37.5, 39.5, 41.5, 43.5, 45.5 [20] + pad),
           {13.5, 15.5, 17.5, 19.5, 21.5, 23.5, 25.5, 27.5, 29.5, 31.5, 33.5,
                           35.5, 37.5, 39.5, 41.5, 43.5, 45.5 [20] + pad},
      {y, -({13.5, 15.5, 17.5, 19.5, 21.5, 23.5, 25.5, 27.5, 29.5, 31.5,}
                                      33.5, 35.5, 37.5, 39.5, 41.5, 43.5, 45.5 [20] + pad),
           \{13.5, 15.5, 17.5, 19.5, 21.5, 23.5, 25.5, 27.5, 29.5, 31.5, 33.5, 27.5, 29.5, 27.5, 29.5, 31.5, 33.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.5, 29.
                           35.5, 37.5, 39.5, 41.5, 43.5, 45.5 [20] + pad},
      \{z, -(\{13.5, 15.5, 17.5, 19.5, 21.5, 23.5, 25.5, 27.5, 29.5, 31.5, \}
                                      33.5, 35.5, 37.5, 39.5, 41.5, 43.5, 45.5} [20] + pad,
           {13.5, 15.5, 17.5, 19.5, 21.5, 23.5, 25.5, 27.5, 29.5, 31.5, 33.5, 35.5,
                           37.5, 39.5, 41.5, 43.5, 45.5 [20] + pad, MeshFunctions \rightarrow
         {Function[\{x\$, y\$, z\$\}, Evaluate[\frac{1}{144}(1-1/(2\{13.5, 15.5, 17.5, 19.5, 21.5, 23.5, 17.5, 19.5, 21.5, 23.5, 17.5, 19.5, 21.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 23.5, 
                                                                             25.5, 27.5, 29.5, 31.5, 33.5, 35.5, 37.5, 39.5, 41.5, 43.5, 45.5} [20])
                                     x$^{2} + \frac{1}{30} (1 - 1 / (2 {13.5, 15.5, 17.5, 19.5, 21.5, 23.5, 25.5, 27.5, 29.5,
                                                                            31.5, 33.5, 35.5, 37.5, 39.5, 41.5, 43.5, 45.5} [20]) y$<sup>2</sup> +
                                \left(\frac{1}{14}\left(1-1\right)\left(2\left\{13.5, 15.5, 17.5, 19.5, 21.5, 23.5, 25.5, 27.5, 29.5, 14.4\right\}\right)
                                                                                                  31.5, 33.5, 35.5, 37.5, 39.5, 41.5, 43.5, 45.5 [20]) +
                                                 j/(144 {13.5, 15.5, 17.5, 19.5, 21.5, 23.5, 25.5, 27.5, 29.5, 31.5,
                                                                                33.5, 35.5, 37.5, 39.5, 41.5, 43.5, 45.5} [20] z<sup>2</sup> +
                                \frac{1}{2} {13.5, 15.5, 17.5, 19.5, 21.5, 23.5, 25.5, 27.5, 29.5, 31.5, 33.5,
                                                 35.5, 37.5, 39.5, 41.5, 43.5, 45.5} [20] \left(\frac{1}{144} + \frac{1}{30}\right) + \frac{1}{144} + \frac{1}{30}
                                  \frac{1}{14} {13.5, 15.5, 17.5, 19.5, 21.5, 23.5, 25.5, 27.5, 29.5, 31.5, 33.5,
                                                       35.5, 37.5, 39.5, 41.5, 43.5, 45.5} [20]^2 + \frac{1}{2} j \left( \frac{1}{20} + \frac{1}{14} \right) + \frac{j^2}{144} - \frac{j^2}{144} = \frac{1}{14} + \frac{j^2}{144} = \frac{1}{14} + \frac{j^2}{144} = \frac{1}{14} + \frac{j^2}{144} = \frac{j^2}{144
                                \frac{1}{14} {13.5, 15.5, 17.5, 19.5, 21.5, 23.5, 25.5, 27.5, 29.5, 31.5, 33.5, 35.5,
                                                 37.5, 39.5, 41.5, 43.5, 45.5 [20] (13.5, 15.5, 17.5, 19.5, 21.5, 23.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.5, 25.
                                                            27.5, 29.5, 31.5, 33.5, 35.5, 37.5, 39.5, 41.5, 43.5, 45.5  [20] -\frac{1}{2}
                                  \frac{2}{144} {13.5, 15.5, 17.5, 19.5, 21.5, 23.5, 25.5, 27.5, 29.5, 31.5,
                                                  33.5, 35.5, 37.5, 39.5, 41.5, 43.5, 45.5 [20] j]},
    \mathsf{Mesh} \rightarrow \{ \{ \{ \textbf{3.08893}, \textbf{3.51358}, \textbf{3.99377}, \textbf{4.52948}, \textbf{5.12072}, \textbf{5.76748}, \textbf{6.46976}, \textbf{7.22757}, \textbf{8.0409}, \textbf{6.46976}, \textbf{6.4697
                                8.90976, 9.83413, 10.814, 11.8495, 12.9404, 14.0869, 15.2889, 16.5464 [20]}},
      ContourStyle \rightarrow {Red, Specularity[0.2], Opacity[0.8]},
      \texttt{MeshStyle} \rightarrow
           {Yellow,
               Thick},
      PlotPoints \rightarrow 50, BoundaryStyle \rightarrow
           None,
      \textbf{Boxed} \rightarrow
         False,
      Axes → False, ContourPlot3D
                      -(1-1/(2 \{13.5, 15.5, 17.5, 19.5, 21.5, 23.5, 25.5, 27.5,
                                                                   29.5, 31.5, 33.5, 35.5, 37.5, 39.5, 41.5, 43.5, 45.5} [20] x^2
                 \frac{1}{30} (1-1/(2 {13.5, 15.5, 17.5, 19.5, 21.5, 23.5, 25.5, 27.5, 29.5, 31.5,
                                                                33.5, 35.5, 37.5, 39.5, 41.5, 43.5, 45.5} [20] ) y^2 +
                 \left(\frac{1}{14}\left(1-1\right)\left(2\left\{13.5,15.5,17.5,19.5,21.5,23.5,25.5,27.5,29.5,31.5,\right.\right)
                                                                                 33.5, 35.5, 37.5, 39.5, 41.5, 43.5, 45.5} [20]))
                                j / (144 {13.5, 15.5, 17.5, 19.5, 21.5, 23.5, 25.5, 27.5, 29.5, 31.5,
                                                              33.5, 35.5, 37.5, 39.5, 41.5, 43.5, 45.5} [20] z^2 +
               \frac{1}{2} {13.5, 15.5, 17.5, 19.5, 21.5, 23.5, 25.5, 27.5, 29.5, 31.5, 33.5, 35.5,
                              37.5, 39.5, 41.5, 43.5, 45.5} [20] \left( \frac{1}{144} + \frac{1}{30} \right) +
               \frac{1}{14} {13.5, 15.5, 17.5, 19.5, 21.5, 23.5, 25.5, 27.5, 29.5, 31.5, 33.5,
                                     35.5, 37.5, 39.5, 41.5, 43.5, 45.5} [20]^2 + \frac{1}{2} j \left( \frac{1}{20} + \frac{1}{14} \right) +
               \frac{j^2}{144} - \frac{1}{14} \{13.5, 15.5, 17.5, 19.5, 21.5, 23.5, 25.5, 27.5, 29.5, 31.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5, 24.5
                                33.5, 35.5, 37.5, 39.5, 41.5, 43.5, 45.5} [20]
                      \{13.5, 15.5, 17.5, 19.5, 21.5, 23.5, 25.5, 27.5, 29.5, 31.5, 33.5,
                                         35.5, 37.5, 39.5, 41.5, 43.5, 45.5} [20] - \frac{1}{2}
               \frac{2}{144} {13.5, 15.5, 17.5, 19.5, 21.5, 23.5, 25.5, 27.5, 29.5, 31.5, 33.5,
                                35.5, 37.5, 39.5, 41.5, 43.5, 45.5 [20] j =
           {3.08893, 3.51358, 3.99377, 4.52948, 5.12072, 5.76748, 6.46976,
                    7.22757, 8.0409, 8.90976, 9.83413, 10.814,
                      11.8495, 12.9404, 14.0869, 15.2889, 16.5464 [20],
      \{x, -2.1, \{13.5, 15.5, 17.5, 19.5, 21.5, 23.5, 25.5, 27.5, 29.5, 31.5, \}
                           33.5, 35.5, 37.5, 39.5, 41.5, 43.5, 45.5 [20],
         2.1 {13.5, 15.5, 17.5, 19.5, 21.5, 23.5, 25.5, 27.5, 29.5, 31.5,
                           33.5, 35.5, 37.5, 39.5, 41.5, 43.5, 45.5 [20]},
      {y, -2.1 \{13.5, 15.5, 17.5, 19.5, 21.5, 23.5, 25.5, 27.5, 29.5, 31.5,}
                           33.5, 35.5, 37.5, 39.5, 41.5, 43.5, 45.5 [20],
         2.1 {13.5, 15.5, 17.5, 19.5, 21.5, 23.5, 25.5, 27.5, 29.5, 31.5,
                           33.5, 35.5, 37.5, 39.5, 41.5, 43.5, 45.5 [20]},
      \{z, -2.1, \{13.5, 15.5, 17.5, 19.5, 21.5, 23.5, 25.5, 27.5, 29.5, 31.5, \}
                           33.5, 35.5, 37.5, 39.5, 41.5, 43.5, 45.5 [20],
         2.1 {13.5, 15.5, 17.5, 19.5, 21.5, 23.5, 25.5, 27.5, 29.5, 31.5,
                           33.5, 35.5, 37.5, 39.5, 41.5, 43.5, 45.5 [20]},
      ContourStyle → {Blue, Opacity[0.5]},
      \mathsf{Mesh} \to
         None, PlotPoints →
         50]]
```

 $I=Part[\{13.5, 15.5, 17.5, 19.5, 21.5, 23.5, 25.5, 27.5, 29.5, 27.5, 29.5, 31.5, 33.5, 35.5, 37.5, 39.5, 41.5, 43.5, 45.5\}, 20]$ \hbar ; $E=Part[\{3.08893, 3.51358, 3.99377, 4.52948, 5.12072, 5.76748, 6.46976, 7.22757, 8.0409, 8.90976, 9.83413, 10.814, 11.8495, 12.9404, 14.0869, 15.2889, 16.5464\}, 20]$ MeV

