

$$\begin{aligned}
j &= 13/2, \quad I = 35/2, \\
j_1 &= j \cos(\pi/4), \quad j_2 = j \sin(\pi/4) \cos(\pi/4), \quad j_3 = j \sin(\pi/4) \sin(\pi/4), \\
I_1 &= I \cos \theta, \quad I_2 = I \sin \theta \cos \varphi, \quad I_3 = I \sin \theta \sin \varphi, \\
h(\theta, \varphi) &= \frac{1}{120}(I \cos \theta - j_1)^2 + \frac{1}{40}(I \sin \theta \cos \varphi - j_2)^2 + \frac{1}{60}(I \sin \theta \sin \varphi - j_3)^2.
\end{aligned} \tag{1}$$

$$\begin{aligned}
j &= 13/2, \quad I = 35/2, \\
j_2 &= I \cos(\pi/4), \quad j_3 = j \sin(\pi/4) \cos(\pi/4), \quad j_1 = j \sin(\pi/4) \sin(\pi/4), \\
x_2 &= I \cos \theta, \quad x_3 = I \sin \theta \cos \varphi, \quad x_1 = I \sin \theta \sin \varphi, \\
h(\theta, \varphi) &= \frac{1}{120}(I \sin \theta \sin \varphi - j_1)^2 + \frac{1}{40}(I \cos \theta - j_2)^2 + \frac{1}{60}(I \sin \theta \cos \varphi - j_3)^2.
\end{aligned} \tag{2}$$