



THIS IS TO CERTIFY

Bashir Abubakar

HAS SUCCESSFULLY ATTAINED THE

NHS LEADERSHIP ACADEMY AWARD IN LEADERSHIP FOUNDATIONS: LEVEL 1

AWARDED IN RECOGNITION OF YOUR DEDICATION AND ACHIEVEMENT BY

Navinacians

Dr Navina Evans CBE MRCPsych, Chief Workforce, Training and Education Officer NHS England

DATE

19 Jun 2025

CERTIFICATE NUMBER: K9HVWFFQGKIRZXL5





Transcript

Bashir Abubakar

Has attained the NHS Leadership Academy Award in Leadership Foundations: Level 1

In completion of

- Course 1: Exploring what leadership means to me
- Course 2: Leading through relationships
- Assessment Level 1: My leadership difference

Course 1 gave participants opportunity to explore self-awareness and agency. The course covered the different definitions of leadership, the nature of issues that require leadership behaviours, the role of values in leading self and others, the bias we hold and how to use public narrative to connect around shared purpose.

Course 2 considered how leadership behaviours impact others. Participants explored seeing events through multiple perspectives and discovered key concepts like influence and power in the workplace. Participants discovered how to influence using adaptive leadership while learning ways to be a more inclusive leader.

Learning commitment

61 hours of learning over a 13 week period Plus an estimated 26 hours of workplace application

Learning outcomes

- Identify the issues that require leadership behaviours
- Understand the different but inseparable roles of leadership and management
- Describe your personal values through your story
- Determine when you are operating out of alignment with your values
- Notice your bias and how it may impact the workplace
- Discuss with others the value of diversity and difference in a group
- Connect your core values to resilience
- Reflect on your impact on others and determine if you will develop further leadership capabilities
- Notice the same event is experienced by others in different ways
- Locate where you have made inferences and when and how to seek clarity
- Describe where you can influence a change in alignment with values
- Describe your personal leadership behaviours using the healthcare leadership model
- Notice heroic leadership behaviours and the impact they have on teams and culture
- Identify and describe situations that require adaptive leadership and take action with a new leadership approach
- Analyse, critique, and evaluate learning and leadership practice
- Begin to develop reflexivity in leadership practice
- Demonstrate the impact leadership development has had on leadership behaviours
- Demonstrate the impact leadership development has had on the delivery of high quality care
- Evaluate and select appropriate models of reflection
- Contribute to peer learning by providing developmental feedback

Syllabus

- The elements of good decision making
- The types of issues that leadership can be applied to
- The concept of leadership
- Why leadership matters
- What makes good leadership
- Authenticity
- Valuing difference and inclusive leadership
- The roots of resilient leaders
- Multiple perspectives
- Inference and judgement
- Influence
- Improving emotional intelligence
- Avoiding a hero culture
- Leaders as hosts
- Assess your leadership behaviours
- Adaptive leadership
- Shared leadership
- Reflecting on feedback
- Power and power flows
- Explore future visions for health and care systems
- Developing critically reflective and reflexive practice

Issued: 19 Jun 2025

• Evaluating learning and impact