

POULOMI SANYAL

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D.O.B: 18/12/1998

Address: 2/2/56 Thackeray Road, Alipore Police Line,
Alipore, Kolkata- 700027, West Bengal.



EXPERIENCE

- Worked as a trainee dietitian in DESUN Hospital and Heart Institute, Kolkata, exclusively for 6 months [21st July, 2022 – 20th January, 2023]

SKILLS

- Nutritional assessment
- Clinical assessment
- Patient counselling
- Diet chart preparation
- Entering patient information in patient database (30 words per minute)

STRENGTH

- Hard working
- Flexible
- Friendly
- Punctual

HOBBIES

- Kitchen gardening
- Cooking
- Listening to music

LANGUAGES

- English
- Bengali
- Hindi

ACHIEVEMENT

- Ranked 1st in lecture competition in the 'National Nutrition Week Celebrations 2018' organized by Maharani Kasiswari College in collaboration with Indian Dietetic Association-Bengal Chapter.
- Completed FOSTAC training in Manufacturing (Level 2) and COVID- Food Safety Supervisor.

CAREER OBJECTIVE

An organized, hardworking fresher committed to helping people lead healthier lives. Currently seeking opportunity for suitable position of junior dietitian in a reputed organization to enhance skill in nutrition and dietetics to contribute significantly to the organization and to the society as well.

EDUCATION

- NSHM Knowledge Campus, Kolkata [MAKAUT] 2020 - 2022**
M.Sc. in Dietetics & Nutrition – 85.6%
- Paramedical College- Durgapur [Vidyasagar University] 2017 - 2020**
B.Sc. in Nutrition – 86.1%
- Kalyani Public School 2017**
12th Board [CBSE] – 58.6%
- Auxilium Convent School 2015**
10th Board [ICSE] – 78.8%

ACADEMIC PROJECTS

- Dissertation – Prevalence of constipation and its relationship with dietary habits in college going girls (18-25 years).

CERTIFICATES

- IQ City Medical College & Narayana Multispeciality Hospital: Hospital survey to observe nutritional deficiency.
- National seminar on nutritional modification in therapeutic diets: New approaches to change the usual dietary trends in the field of nutrition.
- National conference PHYSICON-2019 on recent trends in physiology and healthcare research for salubrious society.

EXTRA-CURRICULAR ACTIVITIES

- Art**
Purbi Sangeet–O–Kala Kendra [2007 – 2014]
- Dance (Bharat Natyam)**
Pracheen Kala Kendra, Chandigarh [2006 – 2013]