

Cardiac Assessment Report

Generated for: Basil M K
Session: session_015 | Assessment: as_card_01
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Key Body Vitals

Metric	Value	Classification
Heart Rate	61 bpm	Normal
Blood Pressure (Systolic)	111 mmHg	Normal
Blood Pressure (Diastolic)	72 mmHg	Normal

Cardiovascular Endurance

Metric	Value	Classification
Cardiac Output	5.54 L/min	Normal
Mean Arterial Pressure	99 mmHg	Normal
Jog Test Performance	N/A %	N/A

Body Composition

Metric	Value	Classification
BMI	8.1 kg/m ²	Underweight

