



## مبادرة رواد مصر الرقمية للطلاب والخريجين

### CTRL+MIND

#### Mental-Health-in-Tech

This project analyzes mental health in the technology field using survey data and open datasets.

The goal is to explore patterns, risk factors, and build simple predictive models to understand how work culture, benefits, and demographics affect mental well-being.

#### Features:

- Data cleaning and exploratory analysis (EDA).
- Visualization of mental health trends in tech.
- Interactive dashboard for insights and recommendations.

#### Team Members:

- Basma Nabil Deniour
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#### Under the supervision of :

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