

Pain is vile yet a bewitching emotion. Exquisite and magnificent! The kind of emotion which needs to be felt intensely. As quoted by Louis Zamperini, "One moment of pain is worth a lifetime of glory."

The thought of replaying the moment of pain seems deranged. However, to some it is an indomitable addiction. They reminisce about this moment and relive the unfathomable pain time and again. Then this memory is engraved not just in their hearts and minds, but also in their souls. For the sane, It becomes a suffering and for the rest (the so called mad, the lunatics) it becomes a source of sheer happiness. This memory becomes an inseparable part of them, so does it's pain. Memory, so painful yet oddly satisfying. They become so habitualized to this pain that they find it difficult to let go of it. They shudder even at the thought of it because they attain a level where normal is no more normal to them. It's absolutely ironic how they find it agonizing and painful to let go of a memory so agonizing and painful!

~Sadaf