

Patient Name: Jane Smith

Age: 64

Diagnosis: Type 2 Diabetes Mellitus, Hypertension

Lab Results:

- HbA1c: 8.4%
- Systolic BP: 185 mmHg
- LDL Cholesterol: 190 mg/dL

Plan:

Recommend dietary changes and initiate insulin therapy. Monitor blood pressure closely to avoid hypertensive crises. Schedule follow-up in 1 month.