

# Using open data to benchmark internal dynamics of phosphatidylcholine in molecular dynamics simulations

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## Abstract

Molecular dynamics (MD) simulations are a widely used to study the atomistic structure and dynamics of biomembranes. It remains unknown, however, how well the conformational dynamics observed in MD simulations correspond to those occurring in real life phospholipids. The accuracy of such time scales in MD can be assessed by comparing against the effective correlation times of the C-H bonds measured in nuclear magnetic resonance experiments (J. Chem. Phys. 142 044905 (2015)).

Here, we analysed the conformational dynamics of phospholipids as produced by several commonly used MD models (force fields). None of the tested force fields reproduced all the effective correlation times within experimental error, much like they do not provide accurate conformational ensemble (J. Phys. Chem. B 119 15075 (2015)). However, the dynamics observed in CHARMM36 and Slipids were more realistic than those seen in the Amber Lipid14, OPLS-based MacRog, and GROMOS-based Berger force fields, where dynamics of the glycerol backbone was unrealistically slow.

# 1 Introduction

Open access to standardised and searchable pools of experimental data has shaped the state of the art of research in life sciences ever since the conception of the Protein Data Bank (PDB)<sup>1,2</sup> and the GenBank.<sup>3,4</sup> Constantly extending and improving in fidelity<sup>5-7</sup> owing to a collaborative effort, they have enabled scientific progress that is well beyond the resources of one single research group, leading to entirely new ways of doing science in the form of bio- and cheminformatics,<sup>8</sup> enabling data-driven discovery of characterisation techniques,<sup>9</sup> drugs,<sup>10</sup> and materials.<sup>11</sup> In addition to experimental results, the push from funders towards public availability and conservation of data has more recently extended to molecular dynamics (MD) simulation trajectories of biomolecules, leading to increase in discussion on how and by whom databases of dynamic information, would be set up.<sup>12-16</sup> **1.Mention GPCRmd<sup>17</sup>?** For atomistic MD simulations of lipid membranes, the NMRlipids Project ([nmrlipids.blogspot.fi](http://nmrlipids.blogspot.fi)) has actually already since 2013 created such a databank.<sup>7</sup> Here we use the existing NMRlipids databank ([zenodo.org/communities/nmrlipids](https://zenodo.org/communities/nmrlipids)) and demonstrate, for the first time, the viability of creating new scientific knowledge solely through analysis of pre-existing, open access MD simulation data.

In their biologically relevant state as the core components of the cell's membranes, lipids are intrinsically unstructured. To properly describe such molecules, a whole ensemble of structures and their conformational dynamics is needed. To obtain such description, MD simulations of lamellar phospholipid bilayer systems have been widely used.<sup>18? -23</sup> The atomistic view they provide on biomembranes holds vast potential in making further connections between lipid structure and function and to decipher, e.g., possible molecular mechanisms behind anesthetics,<sup>19?</sup> the effect of cholesterol on membrane structure,<sup>20?</sup> and the functioning of membrane proteins<sup>24</sup> **2.add more references.** However, to be truly useful MD should:

- 1) Give the right statistics. Even when explor-

ing static properties, it is crucial to assess how well the simulations have converged. In order to extract reliable statistics, the conformations sampled have to represent the equilibrium distribution with enough transitions between states. Indeed, previous work has indicated that even 500 ns simulations might be insufficient for lipids.<sup>22,25</sup> 2) Give the right dynamics. For a complete picture of membrane functioning, knowledge on the bilayer dynamics in addition to equilibrium measurements are needed. The ability of the MD model to reproduce the relative abundance of different dynamical processes is crucial for the correct interpretation of pathways leading to, e.g., membrane deformation<sup>26</sup> and lipid-induced conformational<sup>27,28</sup> changes of membrane proteins. The availability of such MD model could also greatly guide both the configuration and the interpretation of NMR experiments used to extract dynamical information from lipid assemblies.

Here we will analyze a wide set of publicly available phosphatidylcholine (PC) phospholipid bilayer MD simulation trajectories, produced using different MD models (force fields). We test whether force fields reproduce the experimentally observed internal dynamics of PC lipids, and investigate if the dynamics extracted from various models share common features that can be used to draw general conclusions on the system, to suggest future directions for experimental research, and to avoid potential pitfalls in future simulations of bilayers. In addition to simulations of one component bilayers under standard conditions, we study the effects of varying hydration, cholesterol content, and NaCl concentration.

Our analysis of the lipid dynamics is based on two quantities measured in previous <sup>13</sup>C-NMR experiments: The effective C-H bond correlation time  $\tau_e$  and the spin-lattice relaxation rate  $R_1$ , both directly calculable from atomistic MD simulations. The  $\tau_e$  are effectively an average over all the time scales relevant for the lipid internal dynamics, and respond intuitively to changes in these: Increasing  $\tau_e$  always signals some type of slowdown in the C-H bond dynamics.<sup>22</sup> The  $R_1$  rates (or the corresponding  $T_1$  times) have been traditionally used to assess

both the conformational dynamics of lipids in experiments<sup>29–33</sup> and the dynamics produced by MD models in simulations.<sup>29,31,32,34</sup> In contrast to  $\tau_e$ , the  $R_1$  are sensitive to processes within a rather narrow time scale window set by the magnet frequency, and changes in  $R_1$  are not intuitively related to changes in process speeds: A decrease in  $R_1$  only tells that the amount of processes in the sensitive time window decreases, but not if the corresponding processes become faster or slower.

In summary, this work provides first comprehensive comparison of dynamics of different phosphatidylcholine MD models, where both pure bilayers and the model response to changing conditions and composition is explored. The study is conducted using data-driven exploration of pre-existing, publicly available simulation trajectories to demonstrate the power of open, well documented MD data in creating new knowledge at a lowered computational cost and high potential for automation.

## 2 Methods

## 3 Theoretical Background

<sup>13</sup>C NMR experiments investigating lipid conformational dynamics take advantage of the fact that the relaxation of <sup>13</sup>C magnetization dominantly happens via the dipolar coupling of the carbon with the magnetic moments of the protons bound to it, with the symmetry axis of the interaction aligning with the C–H bond. The spectral density depicting the <sup>13</sup>C relaxation rates (at frequency  $\omega$ ) is expressed as

$$j(\omega) = 2 \int_0^\infty \cos(\omega\tau) g(\tau) d\tau, \quad (1)$$

which is the Fourier transformation of the C–H bond second order autocorrelation function at time  $\tau$

$$g(\tau) = \langle P_2(\vec{\mu}(t) \cdot \vec{\mu}(t + \tau)) \rangle, \quad (2)$$

where  $\vec{\mu}(t)$  is the unit vector in the direction of the C–H bond at time  $t$  and  $P_2$  is the second order Legendre polynomial. The angular

brackets depict averaging over time. The autocorrelation function can be expressed as the product of two functions

$$g(\tau) = g_f(\tau) g_s(\tau), \quad (3)$$

where  $g_f(\tau)$  characterizes fast decays owing to, for example, the molecular rotations, and  $g_s(\tau)$  describes slow decays that originate from, e.g., lipid diffusion. The two components, along with the oscillation due to magic angle spinning at the  $\sim$ kHz region, are depicted in Fig. 1. Correlation time of 4.2 ms has been estimated for multilamellar POPC samples at 300 K for the slow modes, whereas in liquid crystalline lipid bilayers the faster  $g_f(\tau)$  decays to a plateau value  $S_{CH}^2$  within a few hundred nanoseconds.<sup>22</sup> The C–H bond order parameters

$$S_{CH} = \frac{1}{2} \langle 3 \cos^2 \theta - 1 \rangle, \quad (4)$$

where  $\theta$  is the angle between the bond and the bilayer normal, are measured in NMR experiments from this plateau. As  $S_{CH}$  describes the conformational ensemble of the molecule, the fast-decaying component of the rotational correlation function intuitively depicts the time needed to sample these conformations. The characteristic time can be quantified via the effective correlation time

$$\tau_e = \int_0^\infty \frac{g_f(\tau) - S_{CH}^2}{1 - S_{CH}^2} d\tau. \quad (5)$$

The integrand can be viewed as a reduced and normalized correlation function

$$g'_f(\tau) = \frac{g_f(\tau) - S_{CH}^2}{1 - S_{CH}^2}. \quad (6)$$

That is,  $\tau_e$  is defined as the area under  $g'_f(\tau)$ , as graphically depicted in Fig. 1b. **3.Maybe also add 1C that explicitly shows  $g'_f$ ?** It is easily seen that in the presence of more long-lived correlations  $\tau_e$  grows, signaling that more time is needed for full conformational sampling.

The spin-lattice relaxation rate  $R_1$  defines the time-scale on which <sup>13</sup>C longitudinal magnetiza-

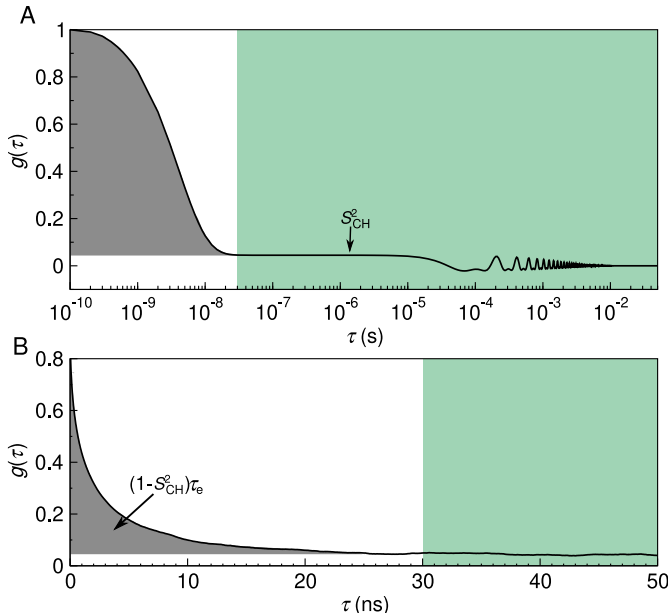


Figure 1: The autocorrelation function  $g(\tau)$  a) The fast mode (white background) and the slow mode (shaded green) of the correlation function along with the oscillation owing to magic angle spinning. The fast mode decays to a plateau quantifying the  $S_{CH}$  while the slow mode gives the final descent to zero. b) Illustration of typical C–H bond autocorrelation function obtained from a MD simulation. The gray area under the curve gives a way of quantifying the  $\tau_e$ .

tion equilibrates. It is defined as

$$R_1 = \frac{d_{CH}^2 N_H}{20} [j(\omega_H - \omega_C) + 3j(\omega_C) + 6j(\omega_H + \omega_C)], \quad (7)$$

where  $N_H$  is the number of bound hydrogens,  $\omega_H$  and  $\omega_C$  are the Larmor frequencies for  $^1H$  and  $^{13}C$ , and  $d_{CH}$  is the rigid dipolar coupling constant. For the methylene bond,  $d_{CH}/2\pi$  approximately equals to -22 kHz. **4.why there is a minus sign above?**

The dependency of  $R_1$  on the spectral densities  $j$  at the Larmor frequencies means that the  $R_1$  value depicts the relative amounts of relaxation processes with time-scales near the inverses of these frequencies. Since the Larmor frequencies depend on the field strength used in the NMR measurements, this typically makes  $R_1$  sensitive to  $\sim 1$ –10 ns time-scales. Importantly,

**Table 1: Analyzed simulations of POPC lipid bilayers at standard conditions.**

| force field                  | $N_l^a$ | $N_w^b$ | $T^c$ (K) | $t_{anal}^d$ (ns) | files <sup>e</sup> |
|------------------------------|---------|---------|-----------|-------------------|--------------------|
| Berger-POPC-07 <sup>36</sup> | 128     | 7290    | 298       | 50                | [37]               |
| CHARMM36 <sup>38</sup>       | 128     | 5120    | 303       | 140               | [39]               |
|                              | 34      | 1020    | 300       | 140               | [40]               |
| MacRog <sup>41</sup>         | 128     | 6400    | 310       | 200               | [42]               |
| Lipid14 <sup>43</sup>        | 72      | 2234    | 303       | 50                | [44]               |
| Slipids <sup>45</sup>        | 200     | 9000    | 310       | 500               | [46]               |
| ECC <sup>47</sup>            | 128     | 6400    | 300       | 300               | [48]               |

<sup>a</sup>Number of POPC molecules.

<sup>b</sup>Number of water molecules.

<sup>c</sup>Simulation temperature.

<sup>d</sup>Trajectory length used for analysis.

<sup>e</sup>Reference for the openly available simulation files.

tantly, a change in  $R_1$  thus indicates a difference in the relative amounts of processes within the detection window, and therefore does not give information on the modulation of the total sampling rate.

### 3.1 Experimental data acquisition and analysis

All the experimental quantities were collected from the literature **5.Except are they, or mostly from Tiago and re-analysed from raw data?** sources referred at the respective figures **6.How to refer to experimental data from Tiago?**.

### 3.2 Simulational data acquisition and analysis

The simulation trajectories used in this work were collected from the Zenodo repository ([zenodo.org](https://zenodo.org)) with majority of the data originating from the NMRlipids Project<sup>21,35</sup> ([nmrlipids.blogspot.fi](https://nmrlipids.blogspot.fi)). Table 1 details, with references to the trajectory files, the simulations of pure POPC bilayers at/near room temperature and at full hydration, whereas Table 2 lists simulations including cholesterol; Table 3 simulations with varying hydration; and Table 4 at increasing NaCl concentration. Additional computational details for each of the simulations are available at the cited Zenodo entry.

**Table 2: Analyzed simulations of cholesterol-containing POPC bilayers.**

| force field POPC/cholesterol     | $c_{\text{chol}}^a$ | $N_{\text{chol}}^b$ | $N_l^c$ | $N_w^d$ | $T^e(\text{K})$ | $t_{\text{anal}}^f(\text{ns})$ | files <sup>g</sup> |
|----------------------------------|---------------------|---------------------|---------|---------|-----------------|--------------------------------|--------------------|
| Berger-POPC-07 <sup>36</sup>     | 0%                  | 0                   | 128     | 7290    | 298             | 50                             | [37]               |
| /Höltje-CHOL-13 <sup>20,49</sup> | 50%                 | 64                  | 64      | 10314   | 298             | 60                             | [50]               |
| CHARMM36 <sup>38</sup>           | 0%                  | 0                   | 128     | 5120    | 303             | 140                            | [39]               |
| /CHARMM36 <sup>51</sup>          | 50%                 | 80                  | 80      | 4496    | 303             | 200                            | [52]               |
| MacRog <sup>41</sup>             | 0%                  | 0                   | 128     | 6400    | 310             | 200                            | [42]               |
| /MacRog <sup>41</sup>            | 50%                 | 64                  | 64      | 6400    | 310             | 200                            | [42]               |
| Slipids <sup>45</sup>            | 0%                  | 0                   | 200     | 9000    | 310             | 500                            | [46]               |
| /Slipids <sup>53</sup>           | 50%                 | 200                 | 200     | 18000   | 310             | 500                            | [46]               |

<sup>a</sup>Bilayer cholesterol content (mol %).

<sup>b</sup>Number of cholesterol molecules.

<sup>c</sup>Number of POPC molecules.

<sup>d</sup>Number of water molecules.

<sup>e</sup>Simulation temperature.

<sup>f</sup>Trajectory length used for analysis.

<sup>g</sup>Reference for the openly available simulation files.

**Table 3: Analyzed simulations of lipid bilayers under varying hydration level.**

| force field                  | lipid             | $n_{w/l}^a$ | $N_l^b$ | $N_w^c$ | $T^d(\text{K})$ | $t_{\text{anal}}^e(\text{ns})$ | files <sup>f</sup> |
|------------------------------|-------------------|-------------|---------|---------|-----------------|--------------------------------|--------------------|
| Berger-POPC-07 <sup>36</sup> | POPC              | 57          | 128     | 7290    | 298             | 50                             | [37]               |
| Berger-DLPC-13 <sup>54</sup> | DLPC <sup>g</sup> | 24          | 72      | 1728    | 300             | 80                             | [55]               |
|                              | DLPC <sup>g</sup> | 16          | 72      | 1152    | 300             | 80                             | [56]               |
|                              | DLPC <sup>g</sup> | 12          | 72      | 864     | 300             | 80                             | [57]               |
| Berger-POPC-07 <sup>36</sup> | POPC              | 7           | 128     | 896     | 298             | 60                             | [58]               |
| Berger-DLPC-13 <sup>54</sup> | DLPC <sup>g</sup> | 4           | 72      | 288     | 300             | 80                             | [59]               |
| CHARMM36 <sup>38</sup>       | POPC              | 40          | 128     | 5120    | 303             | 140                            | [39]               |
|                              | POPC              | 15          | 72      | 1080    | 303             | 20                             | [60]               |
|                              | POPC              | 7           | 72      | 504     | 303             | 20                             | [61]               |
| MacRog <sup>41</sup>         | POPC              | 50          | 288     | 14400   | 310             | 40                             | [62]               |
|                              | POPC              | 15          | 288     | 4320    | 310             | 100                            | [62]               |
|                              | POPC              | 10          | 288     | 2880    | 310             | 100                            | [62]               |

<sup>a</sup>Water/lipid molar ratio.

<sup>b</sup>Number of lipid molecules.

<sup>c</sup>Number of water molecules.

<sup>d</sup>Simulation temperature.

<sup>e</sup>Trajectory length used for analysis.

<sup>f</sup>Reference for the openly available simulation files.

<sup>g</sup>1,2-didodecanoyl-sn-glycero-3-phosphocholine.

**7. The data points here do not match those in Fig. 5B.**

**MacRog in Fig. 5B: 50, 25, 10, 5 w/l, and C36 in**

**Fig. 5B: 40, 31, 15, 7 w/l.**

**8. The  $t_{\text{anal}}$  for MacRog here do not match Ref. 62**

**(100 ns  $\rightarrow$  50 ns)?**

**Table 4: Analyzed simulations of POPC lipid bilayers at varying NaCl concentration.**

| force field POPC/ions   | [NaCl] <sup>a</sup> (mM) | $N_{\text{Na}}^b$ | $N_l^c$ | $N_w^d$ | $T^e(\text{K})$ | $t_{\text{anal}}^f(\text{ns})$ | files <sup>g</sup> |
|-------------------------|--------------------------|-------------------|---------|---------|-----------------|--------------------------------|--------------------|
| CHARMM36 <sup>38</sup>  | 0                        | 0                 | 128     | 5120    | 303             | 140                            | [39]               |
| /CHARMM36 <sup>63</sup> | 346                      | 13                | 72      | 2085    | 303             | 80                             | [64]               |
|                         | 692                      | 26                | 72      | 2085    | 303             | 73                             | [65]               |
|                         | 947                      | 37                | 72      | 2168    | 303             | 60                             | [66]               |
| MacRog <sup>41</sup>    | 0                        | 0                 | 128     | 6400    | 310             | 400                            | [42]               |
| /OPLS <sup>67</sup>     | 103                      | 27                | 288     | 14554   | 310             | 90                             | [68]               |
|                         | 207                      | 54                | 288     | 14500   | 310             | 90                             | [68]               |
|                         | 311                      | 81                | 288     | 14446   | 310             | 80                             | [68]               |
|                         | 416                      | 108               | 288     | 14392   | 310             | 90                             | [68]               |
| Slipids <sup>45</sup>   | 0                        | 0                 | 200     | 9000    | 310             | 500                            | [46]               |
| /AMBER <sup>69</sup>    | 130                      | 21                | 200     | 9000    | 310             | 100                            | [70]               |
|                         | 999                      | 162               | 200     | 9000    | 310             | 200                            | [71]               |

<sup>a</sup>NaCl concentration, calculated as  $[\text{NaCl}] = N_{\text{Na}} \times [\text{water}] / N_w$ , where  $[\text{water}] = 55.5 \text{ M}$ .

<sup>b</sup>Number of  $\text{Na}^+$  ions, equal to number of  $\text{Cl}^-$  ions.

<sup>c</sup>Number of POPC molecules.

<sup>d</sup>Number of water molecules.

<sup>e</sup>Simulation temperature.

<sup>f</sup>Trajectory length used for analysis.

<sup>g</sup>Reference for the openly available simulation files.

The simulation data were analyzed using in-house scripts. These are available on GitHub<sup>?</sup> along with a Python notebook outlining an example analysis run. After downloading the necessary files from Zenodo, the trajectory was processed with Gromacs `gmx trjconv` to make the molecules whole. The C–H bond order parameters  $S_{\text{CH}}$ , see Eq. (4), were then calculated with the `calcOrderParameters.py`<sup>?</sup> script that uses the MDanalysis<sup>?</sup> Python library. The C–H bond correlation functions  $g(\tau)$ , see Eq. (2), were calculated with Gromacs5.1.4<sup>?</sup> `gmx rotacf`; note that on simulation (fast) time scales  $g = g_s g_f = g_f$ . To obtain the  $g'_f$ , the  $S_{\text{CH}}$  were used to normalize the  $g_f$  following Eq. (6).

The effective correlation times  $\tau_e$  were then calculated by integrating  $g'_f(\tau)$ , see Eqs. (5) and (6), over time from  $\tau = 0$  until  $\tau = t_0$ . Here  $t_0 = \min\{t | g'_f(t) = 0\}$ , that is,  $t_0$  is the first time point at which  $g'_f$  reached zero. If  $g'_f$  did not reach zero within  $t_{\text{anal}}/2$ , the  $\tau_e$  was not determined, and we report only its upper and lower error estimates.

To quantify the error on  $\tau_e$ , we first estimate the error on  $g'_f(\tau)$ , where we account for two sources of uncertainty,  $g_f(\tau)$  and  $S_{\text{CH}}^2$ . Perform-



ing linear error propagation on Eq. (6) gives

$$\Delta g'_f(\tau) = \left| \frac{1}{1 - S_{\text{CH}}^2} \right| \Delta g_f(\tau) + \left| \frac{2(g_f(\tau) - 1) S_{\text{CH}}}{(1 - S_{\text{CH}}^2)^2} \right| \Delta S_{\text{CH}}. \quad (8)$$

Here the  $\Delta S_{\text{CH}}$  was determined as in the NMR-lipids Project:<sup>21</sup> as the standard error of the mean of the  $S_{\text{CH}}$  of all the  $N_l$  individual lipids in the system. Similarly, we quantified the error on  $g_f(\tau)$  by first determining an individual correlation function  $g_f^m(\tau)$  for each lipid  $m$  over the whole trajectory, and then obtaining the error estimate  $\Delta g_f(\tau)$  as the standard error of the mean over the  $N_l$  lipids. Importantly, this gives an uncertainty estimate at each time point  $\tau$ .

To obtain the lower bound on  $\tau_e$ , we integrate the function  $g'_f(\tau) - \Delta g'_f(\tau)$  over time from  $\tau = 0$  until  $\tau = t_l$ . Here

$$t_l = \min \left\{ \left\{ t \mid g'_f(t) - \Delta g'_f(t) = 0 \right\}, \frac{t_{\text{anal}}}{2} \right\}. \quad (9)$$

That is,  $t_l$  equals the first time point at which the lower error estimate of  $g'_f$  reached zero; or  $t_l = t_{\text{anal}}/2$ , if zero was not reached by that point.

To obtain the upper error estimate on  $\tau_e$ , we first integrate the function  $g'_f(\tau) + \Delta g'_f(\tau)$  over time from  $\tau = 0$  until  $t_u = \min \{t_0, t_{\text{anal}}/2\}$ . Note, however, that this is not yet sufficient, because there could be slow processes that our simulation was not able to see. Although these would contribute to  $\tau_e$  with a low weight, their contribution over long times could still add up to a sizable effect on  $\tau_e$ . That said, it seems feasible to assume (see Fig. 1A) that there are no longer-time contributions to  $g_f$  than something that decays with a time constant of  $10^{-6}$  s. We use this as our worst case estimate to assess the upper bound for  $\tau_e$ , and assume that all the decay from the time point  $t_u = \min \{t_0, t_{\text{anal}}/2\}$  onwards comes solely from this slowest process. The additional contribution to the upper bound for  $\tau_e$  then reads  $\Delta g'_f(t_u) \times (\exp(-t_u/10^{-6} \text{ s}) - \exp(-1)) \times 10^{-6} \text{ s}$ .

**9. Discuss the possibility of skewed error distributions?**

The  $R_1$  rates were calculated using Eq. (7). The spectral density  $j(\omega)$  was obtained from the normalized correlation function  $g'_f$  by fitting it with a sum of  $N = 71$  exponentials

$$g'_f(\tau) \approx \sum_{i=1}^N \alpha_i e^{-\tau/\tau_i}, \quad (10)$$

with logarithmically spaced time-scales  $\tau_i$  ranging from 0.1 ps to 1  $\mu\text{s}$ , and then calculating the spectral density of this fit based on the Fourier transformation<sup>22</sup>

$$j(\omega) = 2(1 - S_{\text{CH}}) \sum_{i=1}^N \alpha_i \frac{\tau_i}{1 + \omega\tau_i}. \quad (11)$$

The  $R_1$  rate of a given C–H bond was first calculated separately for each lipid  $m$  (using Eq. (7) with  $N_H = 1$ , and  $j^m(\omega)$  obtained for the normalized correlation function  $g_f^m$ ). The resulting  $N_l$  measurements per bond were then assumed independent: Their mean gave the  $R_1$  rate of the bond, and standard error of the mean its uncertainty. The total  $R_1$  rate of a given carbon was obtained as a sum of the  $R_1$  rates of its C–H bonds. When several carbons contribute to the experimental  $R_1$  rate of a carbon segment, the carbon-wise  $R_1$  rates were averaged to obtain the segment-wise  $R_1$  rate. The segment-wise error estimates were obtained by standard error propagation, starting from the uncertainties of the  $R_1$  rates of the C–H bonds.

To gain some qualitative insight on the time scales at which the main contributions to the (headgroup)  $R_1$  rates arise, we also looked at 'cumulative'  $R_1$  rates,  $R_1(\tau)$ . These contained just those contributions in the sum of Eq. (11) for which  $\tau_i < \tau$ . Note that here the  $g'_f$  averaged over lipids was used; therefore, the 'cumulative'  $R_1(\tau \rightarrow \infty)$  does not necessarily have exactly the same numerical value as the actual  $R_1$ .

Finally, we note that the fit of Eq. (10) provides an alternative to estimating  $\tau_e$ , because

$$\tau_e = \int_0^\infty g'_f(\tau) d\tau \approx \sum_{i=1}^N \alpha_i \tau_i. \quad (12)$$

When the simulation trajectory is not long enough for the correlation function to reach the

plateau, integrating  $g'_f$  gives a lower bound estimate for  $\tau_e$ , while the sum of Eq. (12) includes also (some) contribution from the longer-time components via the fitting process. However, in practice the fit is often highly unreliable in depicting the long tails of the correlation function, and thus we chose to quantify  $\tau_e$  using the area under  $g'_f$ , and estimate its uncertainty as detailed above.

## 4 Results and Discussion

In the following, we discuss phospholipid conformational dynamics in six different MD force fields. We do this first for standard conditions (pure POPC bilayers, full hydration, no salt; see Table 1 for simulation details and Fig. 2 for results) and then proceed to cover a wider range of experimentally, biologically, and computationally relevant conditions. We investigate how the dynamics change when cholesterol is added to the bilayer (Table 2 and Fig. 4), when hydration level is reduced (Table 3 and Fig. 5), and when monovalent salt is added to the solution (Table 4 and Fig. 7).

One should keep in mind that none of the force fields we study produces all the C–H bond order parameters,  $S_{CH}$ , within experimental accuracy.<sup>21</sup> This means that the structural ensembles simulated do not exactly match the structural ensemble occurring in reality. Consequently, the  $\tau_e$  times and  $R_1$  rates depict the dynamics of sampling a somewhat different phase space for each model. To this end, we avoid overly detailed discussion on the models and rather concentrate on common and qualitative trends.

### Effective correlation times $\tau_e$ at standard conditions.

The left panels of Fig. 2 compare the  $\tau_e$  obtained for fully hydrated POPC bilayers in experiments (black) and in the six different MD force fields (color).

Qualitatively, every force field captures the general shape of the  $\tau_e$  profile: Dynamics slows down towards the glycerol backbone in both

the headgroup and the tails. Quantitatively, MD has a tendency towards slightly too fast dynamics in the membrane core, but at the water-facing interface MD is typically too slow. CHARMM36 and Slipids show the best overall performance—although the  $\tau_e$  in Slipids exhibit a qualitatively wrong (decreasing) trend from  $g_3$  to  $g_1$ .

The detected slow glycerol backbone dynamics in MD is consistent with previous results for the Berger model.<sup>22</sup> It also agrees with the insufficient conformational sampling of glycerol backbone torsions observed in 500-ns-long CHARMMc32b2<sup>72,73</sup> simulations of a DOPC lipid.<sup>25</sup>

Note that the temperature varied across these openly available simulation data. However, it was in no case lower than in the experiment. Were the simulations done at the experimental 298 K, the overestimation of  $\tau_e$  at the glycerol backbone by MD would get worse as  $\tau_e$  increases at decreasing temperature—as indicated by the CHARMM36 data covering several temperatures. **10.HA: add new CHARMM36 data to plot**

### $R_1$ rates at standard conditions.

The panels on the right side of Fig. 2 compare experimental and simulated  $R_1$  rates under the same conditions as for the  $\tau_e$  on the left.

There are certain qualitative features that all force fields predict correctly (for example that  $g_2$  has the smallest  $R_1$  among the glycerol and C9 among the oleoyl double bond segments), and certain that they all miss (that  $R_1$  rates for the oleoyl segments C8, C10, and C11 are all roughly equal).

Quantitatively, there are a few cases where both  $R_1$  and  $\tau_e$  (almost) match experiments, suggesting (almost) correct rotational dynamics at all relevant time scales. For example, Slipids performs well at the  $\beta$  and  $\alpha$  segments; CHARMM36 for the  $g_3$ ,  $g_2$ , C2 and C3; Lipid14 and ECC for the oleoyl double bond; and MacRog for the tail end segments.

Notably, there are also instances where the  $R_1$  comparison distinctly differs from what is seen for  $\tau_e$ : Some models that do very well for  $\tau_e$ ,

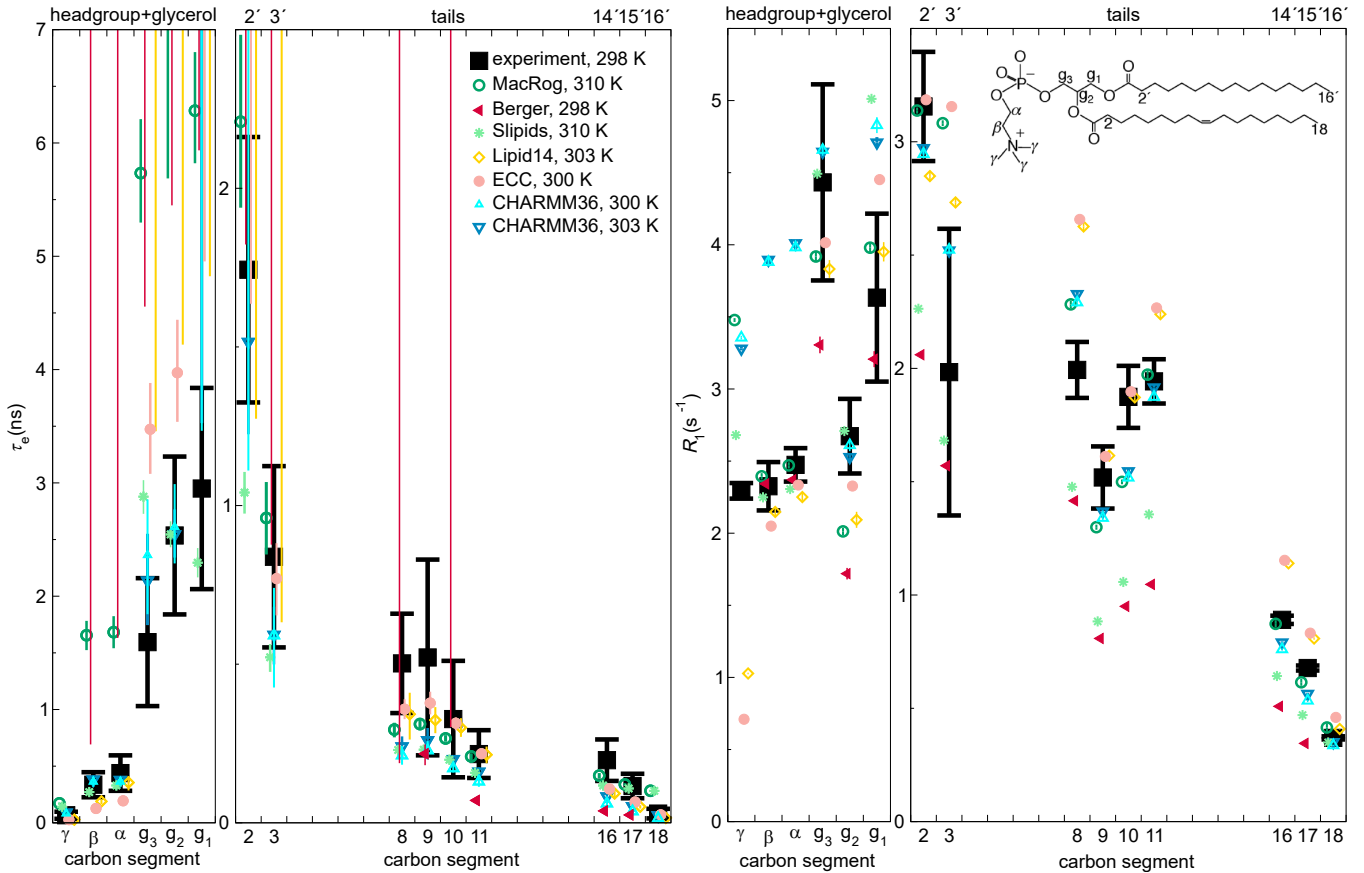


Figure 2: Effective correlation times ( $\tau_e$ , left panels) and  $R_1$  rates (right panels) in experiments (black) and MD simulations (colored) of POPC bilayers in  $L_\alpha$  phase under full hydration. Inset on the right shows the POPC structure and carbon segment labeling. Each plotted value contains contributions from all the hydrogens within its carbon segment; the data for segments 8–11 are only from the sn-2 (oleoyl) chain, whereas the (experimentally non-resolved) contributions of both tails are included for segments 2–3 (2'–3' in the sn-1 chain) and 16–18 (14'–16'). Simulation data are only shown for the segments for which there exists experimental data. For  $\tau_e$ , a simulation data point indicates the average over C–H bonds; however, if  $\tau_e$  could not be determined for all bonds, only the error bar (extending from the mean of the lower to the mean of the upper error estimates) is shown. The Berger data for methyl segments ( $\gamma$ , C18, and C16') are left out, because the protonation algorithm used to construct the hydrogens post-simulation in united atom models does not preserve the methyl C–H bond dynamics. Table 1 provides further simulation details. Error bars for the experimental values reflect error estimate of XXX.

11.Experimental error estimate changed since the data were originally published; needs to be explained to the reader.

12.How to refer to the experiments? Not really from previous publication because of re-analysis.

do rather poorly for  $R_1$ . Conversely, a matching  $R_1$  can be accompanied by a larger-than-experimental  $\tau_e$ . To appreciate such differences, recall that in order to capture our experimental  $R_1$  rates (measured at 125 MHz) a force field has to have correct rotational dynamics at the  $(2\pi \times 125 \text{ MHz})^{-1} \approx 1 \text{ ns}$  time scale, whereas  $\tau_e$  reflects all the sub- $\mu\text{s}$  time scales (Fig. 1).

MacRog for the  $\beta$ ,  $\alpha$ ,  $g_3$ , and  $g_1$  segments pro-

vides a prominent example where the  $R_1$  rates are well reproduced, but  $\tau_e$  times systematically overestimated. Such a combination suggests that MD does well at the 1 ns scale, but has too slow long-time dynamics.

The opposite—where  $\tau_e$  matches experiments, but  $R_1$  does not—is demonstrated by all five all-atom force fields for the  $\gamma$  segment, and by CHARMM36 for  $\beta$  and  $\alpha$ . Therein a cancel-



lation of error occurs in  $\tau_e$ : The wrong dynamics at the 1 ns scale are compensated by wrong dynamics at the other time scales. As CHARMM36 overall performs rather well for both  $R_1$  and  $\tau_e$ , we proceed to study this shortcoming on the headgroup  $R_1$  rates in some more detail.

## Dynamics of headgroup segments in CHARMM36.

Figure 3A zooms in on the headgroup ( $\gamma$ ,  $\beta$ ,  $\alpha$ ) segments, whose  $\tau_e$  were not clearly visible on the scale of Fig. 2. For all three, CHARMM36 matches the experimental  $\tau_e$ , but overestimates  $R_1$ . No other force field does any better for  $\gamma$ , but for  $\beta$  and  $\alpha$  Slipids provides almost perfect dynamics.

To investigate where the differences between force fields arise, we visualize the 'cumulative'  $R_1(\tau)$  in Fig. 3B. It is obtained, as detailed in Methods, by including in the sum of Eq. (11) only terms with  $\tau_i < \tau$ . Consequently, at  $\tau \rightarrow \infty$  the 'cumulative'  $R_1(\tau)$  approaches the actual  $R_1$ . Ranges of steepest increase therefore indicate time scales that most strongly contribute to  $R_1$  rates.

Figure 3B shows that for models that overestimate the  $R_1$  rate of  $\gamma$  (MacRog, CHARMM36, and Slipids, see Fig. 3A) the major contribution to  $R_1$  arises at  $\tau > 50$  ps, whereas those underestimating the  $R_1$  (Lipid14 and ECC, see Fig. 2) the major contribution comes from  $\tau < 50$  ps. This also manifests in the distribution of fitting weights ( $\alpha_i$  in Eq. (10)) in Fig. 3C: The earlier the non-zero weights occur, the smaller is the resulting  $R_1$ .

For the  $\beta$  and  $\alpha$  segments, Fig. 3B shows that the main contribution to  $R_1$  rates arises from processes between 200 ps and 2 ns. As CHARMM36 has the largest weights of all models in this window (Fig. 3C), it overestimates  $R_1$ . In contrast, Slipids, which has simultaneously  $R_1$  and  $\tau_e$  correct, has its largest weights at  $\tau < 200$  ps. Indeed, considerable weights at short time scales ( $< 10$  ps in  $\alpha$  for Lipid14, ECC, Berger) and at long time scales ( $> 10$  ns in both  $\beta$  and  $\alpha$  for MacRog and Berger) do not manifest at all in the  $R_1$  rates. How-

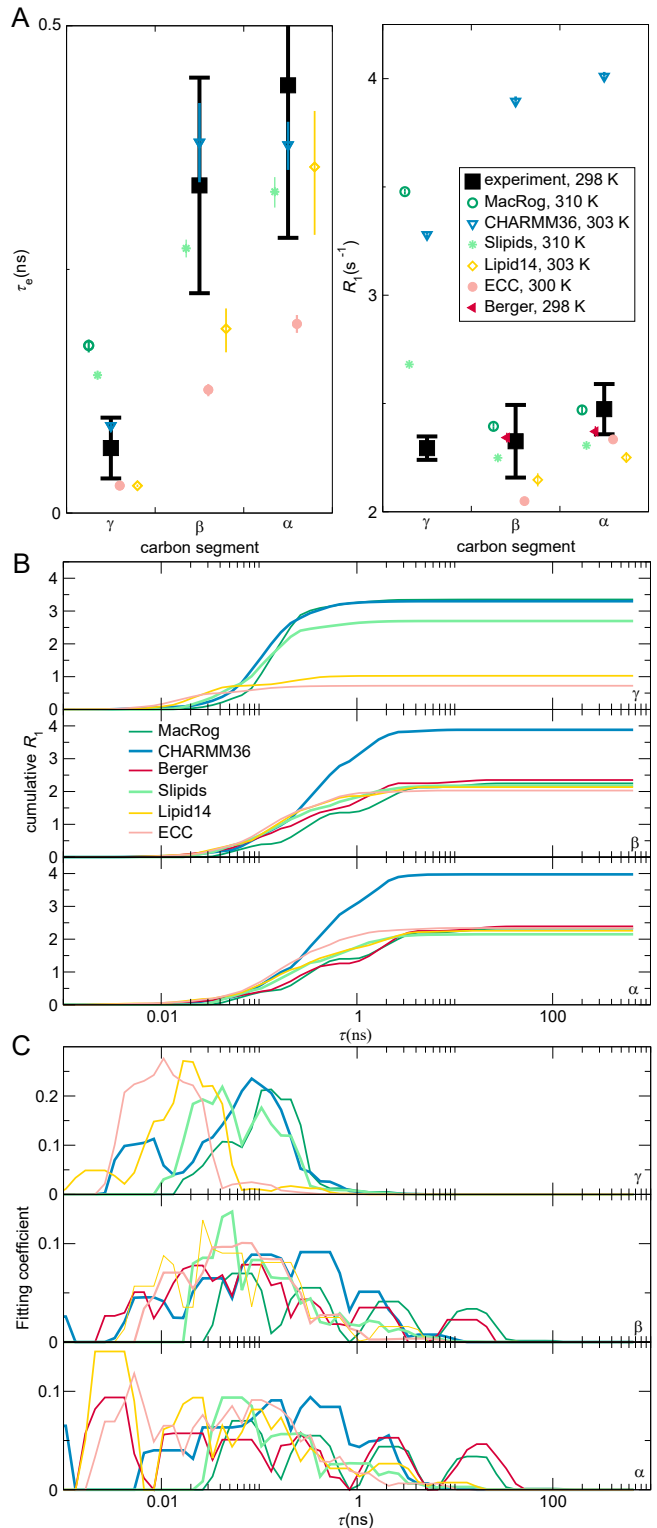


Figure 3: (A) Zoom on the headgroup  $\tau_e$  (left panel) and  $R_1$  (right). (B) 'Cumulative'  $R_1$  (see Methods for definition) of the  $\gamma$  (top panel),  $\beta$  (middle), and  $\alpha$  (bottom) segments. (C) Prefactor weights  $\alpha_i$  from Eq. (10) of  $\gamma$  (top),  $\beta$  (middle), and  $\alpha$  (bottom). In B and C, a sliding average over 5 neighboring data points is shown.

ever, the latter contribute heavily on  $\tau_e$ , which is thus considerably overestimated by MacRog and Berger (Fig. 2).

What are the motions in the 0.2–2 ns window that are over-presented in CHARMM36? Identifying them and speeding them up would improve the model dynamics. However, the connection between the fitted correlation times and the correlation times of distinct motional processes, such as dihedral rotations and lipid wobbling, turns out to be highly non-trivial; we thus refrain from further analysis here.

## Effect of cholesterol.

The experimental effective correlation times  $\tau_e$  (Fig. 4A, top panels) show that when cholesterol is added, the glycerol region conformational dynamics slow down markedly. The tail segments slow down too, the effect increasing towards the backbone.

In stark contrast, however, the  $\tau_e$  of headgroup segments ( $\gamma$ ,  $\beta$ ,  $\alpha$ ) are unaffected by cholesterol. Furthermore, cholesterol induces no measurable change in the headgroup  $\beta$  and  $\alpha$  segment dynamics at short ( $\sim 1$  ns) time scales, as demonstrated by the experimental  $R_1$  rates (Fig. 4A, lower panels). That said, there is a small but measurable impact on  $R_1$  at  $\gamma$ .

All the force fields investigated qualitatively reproduce the increase in  $\tau_e$  (see Fig. 4B): Slipids gives the best magnitude estimates, while CHARMM36 and MacRog clearly overestimate the changes at the glycerol, C2, and C3 carbons. Notably, MacRog [13](#) and Berger? erroneously predict slow down also for the  $\beta$  and  $\alpha$  carbons, for which experiments detect no change. Note that, while CHARMM36 correctly shows no change in  $\tau_e$  of the  $\gamma$ ,  $\beta$ , and  $\alpha$  carbons, it predicts a non-zero  $\Delta R_1$  for all three, indicating some inaccuracies in the headgroup rotational dynamics. Such inaccuracies might be reflected in the recent findings<sup>74</sup> (obtained using CHARMM36) that the headgroups of PCs neighbouring a cholesterol (within 6.6 Å) spend more time on top of the cholesterol than elsewhere; such arrested rotations could manifest on  $\tau_e$  and  $R_1$ . Interestingly, the tail  $\Delta R_1$  seem to be pretty well reproduced by all three

all-atom force fields, whereas Berger fails to capture the change at the oleoyl double bond.

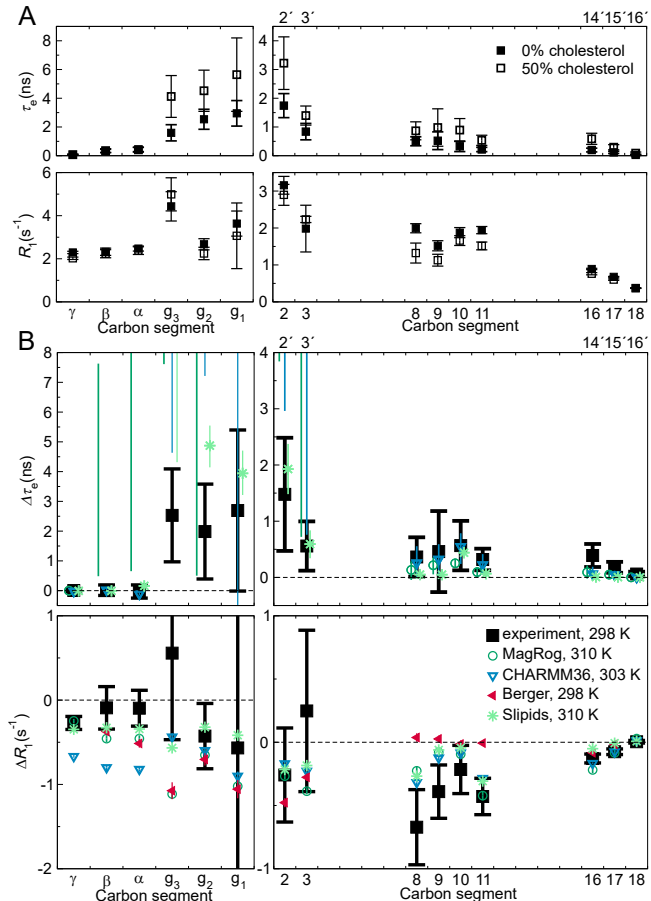


Figure 4: Effect of bilayer cholesterol content. (A) The experimental effective correlation times  $\tau_e$  (top panels) and  $R_1$  rates (bottom) in a pure POPC bilayer and in a bilayer containing 50% cholesterol. The data were measured at 298 K and full hydration. (B) The change in  $\tau_e$  ( $\Delta\tau_e$ , top panels) and  $R_1$  ( $\Delta R_1$ , bottom), both in experiments and in MD simulations, when bilayer composition changes from pure POPC to 50% cholesterol. Berger not shown for  $\Delta\tau_e$ , because the open data available were insufficient to determine meaningful error estimates. Error estimates for the simulated  $\Delta\tau_e$  are the maximal possible based on the errors at 0% and 50% cholesterol; for other data regular error propagation is used. Table 2 provides further simulation details; for segment labeling, see Fig. 2.

**14. @Hanne: Double check that the calculation of errors in (B) was as the caption describes. 15. Check if cholesterol data is in full hydration**

## Effect of drying.

Figure 5A shows how a mild dehydration affects C-H bond dynamics in the PC headgroup and glycerol backbone; the plot compares the experimental effective correlation times  $\tau_e$  measured for POPC at full hydration and for DMPC (1,2-dimyristoyl-sn-glycero-3-phosphocholine) at 13 waters per lipid.

The  $\tau_e$  are the same within experimental accuracy, which suggests two conclusions. Firstly, The headgroup ( $\gamma$ ,  $\beta$ ,  $\alpha$ )  $\tau_e$  are unaffected by structural differences in the tails. This is analogous to what was seen experimentally when adding cholesterol (Fig. 4): Changes in the tail and glycerol regions do not reflect to the headgroup. Secondly, a mild dehydration does not alter the  $\tau_e$  in the headgroup and glycerol regions.

Figure 5B shows the effects of dehydration in three MD models. Combination of the unrealistically slow dynamics, especially in the glycerol backbone, (Fig. 2) and the relatively short lengths of the openly available trajectories (Table 3) led to large uncertainty estimates. However, in the  $\gamma$  segment there is clearly no effect above 13 w/l in CHARMM36 and MacRog, in agreement with the experiments; reducing water content further induces a slow down, especially in MacRog below 10 w/l. Similarly, the  $\beta$  and  $\alpha$  segments show no detectable change above 13 w/l for CHARMM36 and Berger, in agreement with the experiments; below 10 w/l Berger exhibits a slowdown, and in CHARMM36 the slowdown manifests as an abrupt increase of the uncertainty estimate.

Owing to the large uncertainties, we only point out the qualitative trends of the lower error estimates on the glycerol segments. For CHARMM36 the it stays almost constant all the way until 7 w/l, for Berger and MacRog the lower error estimate suggests a retardation of the dynamics starting already from  $\sim 20$  w/l.

These simulational findings suggest that experiments reducing hydration levels below 10 w/l would also show an increase in  $\tau_e$ . This prediction is in line with the exponential slowdown of the headgroup conformational dynamics upon dehydration that was indicated by

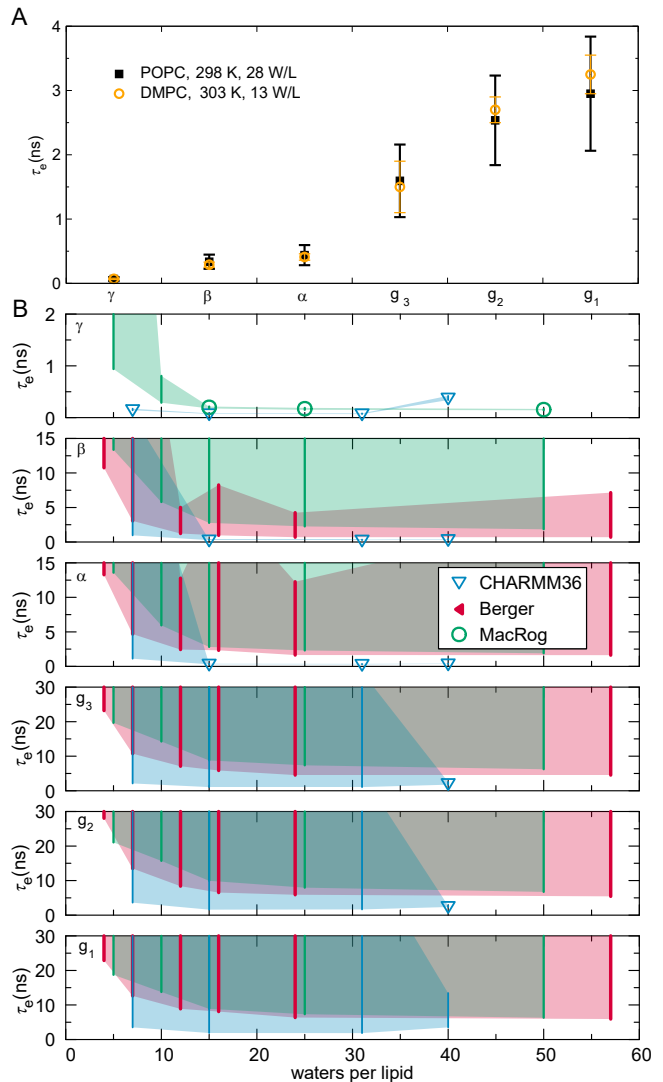


Figure 5: Effect of drying on effective correlation times in headgroup and glycerol backbone. (A) Experimental  $\tau_e$  for DMPC (from Ref. 75) at low hydration do not significantly differ from the  $\tau_e$  for POPC at full hydration. (B) Calculated  $\tau_e$  for POPC at decreasing hydration in three MD models. Note that three Berger data points are from DLPC bilayers **dashed**. Symbols give the mean of segment hydrogens, if  $\tau_e$  could be determined for all hydrogens; else only the error bar (extending from the mean of the lower to the mean of the upper uncertainty estimates) is shown; the area delimited by the error bars is shaded for visualization. See Table 3 for simulation details.

**16.How to refer to full hydration POPC data?**

**17.Add also the black and orange (i.e. experimental) data points to B. 18.DLPC Berger points dashed or just in caption**

$^2\text{H}$ -NMR  $R_1$  measurements of DOPC bilayers:  $R_1 \sim \exp(-n_{\text{w/l}}/4)$ .<sup>76</sup> The slowdown was attributed to the reduction in the effective volume available for the headgroup<sup>76</sup> owing to its tilt towards the membrane upon dehydration; the tilt is observed via changes of the lipid headgroup order parameters,<sup>77</sup> and is qualitatively reproduced by all the simulation models.<sup>21</sup>

Figure 6 shows a collection of experimental  $^{13}\text{C}$ -NMR  $R_1$  rates measured at 125 MHz for the headgroup segments at different water contents; in addition to the full hydration POPC data from Fig. 2, DMPC at 13 w/l,<sup>75</sup> and POPC at 20 and 5 w/l<sup>78</sup> are shown. An increasing trend with decreasing hydration is observed for all the segments, indicating changes of headgroup dynamics at short ( $\sim 1$  ns) time scales. Interestingly, only CHARMM36 captures this, whereas Berger and MacRog give decreasing  $R_1$  rates for  $\beta$  and  $\alpha$ .

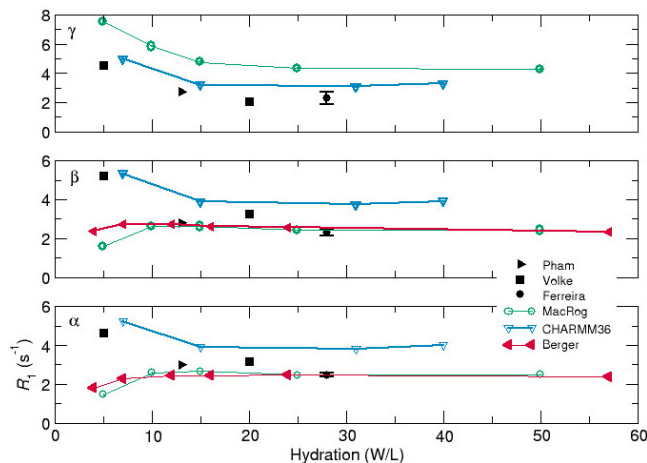


Figure 6: Effect of drying on  $^{13}\text{C}$ -NMR  $R_1$  rates of the headgroup segments (at 125 MHz) in experiments and simulations.

**19.HA: Redo & merge this with the upper image**

The slow down discussed here is of significance not only when simulating a bilayer (stack) under low hydration, but also for studies of intermembrane interactions, such as membrane fusion, because these naturally lead to dehydrated conditions when the lipid assemblies approach. Slower dynamics imply that longer simulation times are needed for equilibration, for reliably quantifying the properties of the bilayers, and for observing rare events.

## Effect of cation binding.

**20.MARKUS: I have started to think that we maybe should drop this section, because we do not have any experimental data to compare against. However, if we do decide to keep it, to me it seems that our main point here is not on the effects monovalent salt, but rather on the effects of cation binding. Therefore, it would be better to plot  $\Delta\tau_e$  as a function of the bound cation charge, as we did in Fig. 3 of Ref. 35; then we could also include calcium data.**

Finally, we comment on the response of the MD model dynamics to increasing amounts of monovalent salt. To our knowledge, no experimental  $^{13}\text{C}$ -NMR  $R_1$  or  $\tau_e$  data exists as a function of monovalent salt concentration; therefore, the following discussion is kept qualitative. Experimentally, the modulation of  $\alpha$  and  $\beta$  carbon order parameters upon increasing ion concentration have been used to quantify ion binding to lipid bilayers (the molecular electrometer<sup>35,79</sup>). The order parameters are constant for POPC bilayers under NaCl addition in experiments, indicating negligible ion binding. Based on this, we anticipate the effective correlation times also to be unaffected by monovalent salt.

The molecular electrometer has been used to show that most molecular dynamics force fields overestimate the binding of monovalent ions to PC bilayers:<sup>35</sup> In the simulations the modulation of the  $\alpha$  and  $\beta$  carbon order parameters by increasing NaCl concentration was overestimated compared to the experiments, and accompanied by accumulation of ions at the bilayer surface. In Fig. 7 we compare three force fields, one that is known to exhibit pronounced overbinding<sup>35</sup> (MacRog) and two producing more realistic binding affinity (Slipids and CHARMM36). The lateral distribution of  $\text{Na}^+$  ions near the bilayer is quantified in Fig. 7A whereas Fig. 7B shows the change in  $\tau_e$  for increasing salt concentration. Ion accumulation results in a slow down in the effective correlation time. Correlation times extracted from CHARMM36 vary only a little (low ion binding) when ion concentration is increased, whereas a slightly more pronounced change is observed with Slipids, and MacRog exhibits a clear slow-down (significant ion binding). This



indicates that, similarly to the order parameters,  $\tau_e$  may be useful in investigating the ion binding affinity of lipid bilayers and experimental work exploring this avenue would be interesting.

#### 21.validity of statement regarding Slipids

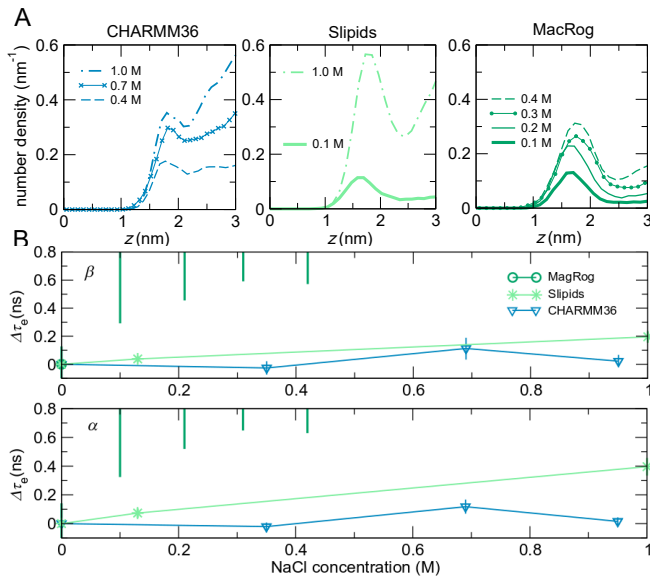


Figure 7: The impact of increasing ionic strength on effective correlation times. a) The density distribution (average over both leaflets) of  $\text{Na}^+$  ions as function of distance  $z$  from the bilayer center. The plots for each force field are presented from left to right in the order of increasing ion accumulation. b) Effective correlation times for  $\alpha$  and  $\beta$  C-H bonds in growing NaCl concentration from CHARMM36, Slipids, MacRog POPC simulations. Details on the simulation data are provided in Table 4.

## 5 Conclusions

#### 22.Laske bilayerissa Sch korrelaatiot yksittaisille lipidelle vs taueff —

Q: How is the effective correlation time  $\tau_e$  related to the autocorrelation of the order parameter  $S_{\text{CH}}$ ? After all,  $\tau_e$  does measure the reorientation of the C-H bond, which is clearly related to how fast the  $S_{\text{CH}}$  is sampled.

A: In a lipid bilayer, the second order rotational correlation function approaches  $S_{\text{CH}}^2$ . The speed of this approach tells how fast the

C-H bond orientations are sampled. In the relaxation experiment this speed is measured.

In the C-H bond order parameter experiment one measures how much of the second order rotational correlation is left after all the available C-H bond orientations in the bilayer have been sampled.

That is,  $\tau_e$  does indeed measure how fast the  $S_{\text{CH}}^2$  is sampled.

If the relaxation is single-exponential,  $\tau_e$  is the relaxation time of this exponential process. If the relaxation is multi-exponential,  $\tau_e$  is the weighted mean of the corresponding set of relaxation times.

In the multi-exponential case it is a bit hard to say just based on  $\tau_e$ , how long one needs to sample the  $S_{\text{CH}}$ , because this depends also on the above-mentioned weights of the processes.

The main advantage of  $\tau_e$  is that the larger (smaller) it is, the slower (faster) the process is. The same is not true for  $R_1$  or other spin relaxation parameters, because their connection to the molecular dynamics is complicated, and goes through the spectral density, see Eq. (7).

Here, we have investigated the dynamics of phosphatidylcholine molecular dynamics models using publicly available MD trajectories. The MD models are able to qualitatively capture the correlation time profile of POPC—the slow glycerol backbone and the faster dynamics of the headgroup and tail regions—but most are prone to too slow dynamics of the glycerol C-H bonds. In general, these force fields reproduce the experimentally detected  $R_1$  values adequately, indicating that processes at time scales  $\sim 1$  ns are represented but problems arise at longer time-scales. While none of the force fields is able to reproduce all the experimental values, the CHARMM36 POPC model performs well when compared to the effective correlation times, while the Slipids and Lipid14 force field provide realistic  $R_1$  in the PC headgroup and glycerol regions. However, since none of the current MD models reproduce the experimental order parameters, these timescales depict a sampling of a conformational space that does not fully represent the underlying reality.

In addition to the bilayers under standard



conditions, we also explored how the dynamics react to the addition of cholesterol, salt, and to the reduction of hydration level. When cholesterol is mixed into the POPC bilayer, the conformational dynamics of the tails and the glycerol regions slows down. Again, the MD models are able to qualitatively capture this, but some also predict an increase in the correlation times for the headgroup carbons, possibly leading to erroneous conclusions. In increasing salt concentration a behaviour reminiscent of the molecular electrometer was observed: Amount of ion binding to the bilayer correlated with the magnitude of slowdown in the correlation times. This could open up the possibility of using effective correlation times in quantifying the ion binding to lipid bilayers. When reducing the water content, the MD models exhibited somewhat constant correlation times down to  $\sim 15$  waters per lipid in agreement with experimental data. After this, a slow down was observed.**23.hydratation needs some kind of statement of significance.**

By gathering a set of experimental information on the phosphatidylcholine dynamics and underlining some of the typical features of the MD models, this study sets a foundation and a potential roadmap for further improvement of the current force fields. While work is still needed in capturing even the correct order parameters, the dynamics is equally essential part of developing MD into a true computational microscope; after all, it is possible to obtain the correct order parameters just by freezing the system into a set of selected conformations.**24.not very smoothly put, help!**

Finally, this work demonstrates the power of open data in creating new knowledge out of existing trajectories at a reduced computational and labor cost. Although no new simulations were performed for the purpose of this work, we were able to conduct a comprehensive study on the dynamics of MD models under several conditions. An interesting extension would be exploring other lipid headgroups individually as well as performing a comparison of MD model dynamics between headgroup types, as the available simulation data goes well beyond simulations of lipids with the phosphocholine

headgroup. If the data are well indexed and documented, this process could be easily automated and has the potential to facilitate faster progress, eg., in the development of lipid (and other) MD models. Naturally, such database would provide a fruitful platform to other machine learning applications as well.

## Acknowledgement

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## Graphical TOC Entry

TOC here if needed