

ONLINE SUPPLEMENTARY MATERIALS

The interplay of food insecurity, diet quality and dementia status in their association

with all-cause mortality among older US adults in the Health and Retirement Study 2012-2020

SUPPLEMENTARY METHODS 1: DEMENTIA OUTCOMES AND DESCRIPTION OF THE EMPLOYED ALGORITHM

The algorithms employ diverse combinations of sociodemographic, health and physical functioning, other metrics for social engagement, as well as cognitive indicators (such as cognition test item scores and proxy-reports of cognition) to forecast dementia status utilizing race/ethnicity-specific probability thresholds. Each method was designed to reduce discrepancies in prediction accuracy among race/ethnicity groups, achieving pairwise differences of 3 percentage points for sensitivity and 5 percentage points for specificity, so rendering it suitable for various studies on racial and ethnic disparities.

The data file (hrs dementia_20211109.sas7bdat) was created with the 2018 RAND V1 HRS longitudinal file ("randhrs1992_2018v1") and core HRS data; the code for reconstructing this dataset may be found in the corresponding GitHub project, dated 2021_1109.

Notice that there might be slight variations in probabilities and classifications across all years in this dataset when compared to the prior dataset (hrs dementia_20191028.sas7bdat), attributable to variations in source data. This previously published dataset, encompassing the years 2000 to 2014, was created utilizing the 2014 RAND HRS longitudinal V2 file ("randhrs1992_2014v2") and core HRS data; the code for replicating this earlier version of the dataset is accessible in the following GitHub repository, dated 2019_0529: https://github.com/powerpilab/AD_algorithm_development

Other source: ^{1,2}

SUPPLEMENTARY METHODS 2: FOOD INSECURITY SCALE AND HEI-2015

2.1. Food Insecurity scale, 2013 WAVE

** storage display value

**variable name type format label variable label

**-----

| | | | | |
|-----------|------|-------|--|----------------------------|
| **HNB1_13 | byte | %8.0g | | FOOD DID NOT LAST |
| **HNB2_13 | byte | %8.0g | | CANT AFFORD BALANCED MEALS |
| **HNB3_13 | byte | %8.0g | | CUT OR SKIP MEALS |
| **HNB4_13 | byte | %8.0g | | EAT LESS NOT ENOUGH MONEY |
| **HNB5_13 | byte | %8.0g | | GO HUNGRY NOT ENOUGH MONEY |

use DATA_HCNS,clear

destring HHID, replace

destring PN, replace

capture drop HHIDPN

egen HHIDPN = concat(HHID PN)

destring HHIDPN, replace

sort HHIDPN

save DATA_HCNSfin, replace

keep HHIDPN HNB1_13 HNB2_13 HNB3_13 HNB4_13 HNB19_13 HNB5_13

save foodinsecurity_data2013, replace

use foodinsecurity_data2013, clear

tab1 HNB1_13 HNB2_13 HNB3_13 HNB4_13 HNB19_13 HNB5_13

save foodinsecurity_data2013, replace

**Source: <https://www.ers.usda.gov/media/8282/short2012.pdf>

**i. Responses of “often” or “sometimes” on questions HH3 and HH4, and “yes” on AD1, AD2, and AD3 are coded as affirmative (yes). Responses of “almost every month” and “some months but not every month” on AD1a are coded as affirmative (yes).

**Note, there is one question that you did not mention that has a skip pattern: (a) “How often did this happen—almost every month, some months but not every month, or in only 1 or 2 months?” which relies on an affirmative response to (b) “In the **last 12 months, since last (name of current month), did (you/you or other adults in your household) ever cut the size of your meals or skip meals because there wasn’t enough money for food?”

**So the algorithm/logic would be as follows:

**1. Convert all character string variable to numeric (1 or 0) based on the above description in (i) for the 6 questions

**2. If there is an NA or missing value for the skip pattern question for those that responded “No” to question (b) above, it should be converted to 0.

**3. Take the sum of the six questions

**4. If sum ≥ 2 , 1, else 0

tab1 HNB1_13 HNB2_13 HNB3_13 HNB4_13 HNB5_13

capture drop HNB1_13r

gen HNB1_13r=.

```
replace HNB1_13r=HNB1_13
replace HNB1_13r=. if HNB1_13==99
replace HNB1_13r=4 if HNB1_13==3
```

```
capture drop HNB2_13r
gen HNB2_13r=.
replace HNB2_13r=HNB2_13
replace HNB2_13r=. if HNB2_13==99
replace HNB2_13r=4 if HNB2_13==3
```

```
capture drop HNB3_13r
gen HNB3_13r=.
replace HNB3_13r=HNB3_13
replace HNB3_13r=4 if HNB3_13==3
replace HNB3_13r=. if HNB3_13==99
```

```
capture drop HNB4_13r
gen HNB4_13r=.
replace HNB4_13r=HNB4_13
replace HNB4_13r=. if HNB4_13==99
```

```
capture drop HNB5_13r
gen HNB5_13r=.
replace HNB5_13r=HNB5_13
replace HNB5_13r=. if HNB5_13==99
```

```

capture drop foodinsecuritymiss
egen foodinsecuritymiss=rowmiss(HNB1_13r HNB2_13r HNB3_13r HNB3_13r HNB4_13r HNB5_13r)

capture drop foodinsecurity_tot
egen foodinsecurity_tot=anycount(HNB1_13r HNB2_13r HNB3_13r HNB3_13r HNB4_13r HNB5_13r),
values(1 2 3)
replace foodinsecurity_tot=. if foodinsecuritymiss>0

tab foodinsecurity_tot

capture drop foodinsecurity_totbr
gen foodinsecurity_totbr=.
replace foodinsecurity_totbr=1 if foodinsecurity_tot>=2
replace foodinsecurity_totbr=0 if foodinsecurity_tot<2 & foodinsecurity_tot~=.
```

```

sort HHIDPN

save, replace
```

2.2. HEI-2015, 2013 WAVE

Main Source for the HEI 2010 code, modified for HEI 2015:

[TB-1947.pdf](#)

*****HEI 2015*****

**STEP A: RUN STATA SCRIPTS FOR LEGUMES:

```
use "E:\FINAL_DATA\HCNS13_R_NT",clear
```

```
save "E:\FINAL_DATA\HEI2015", replace
```

```
**STEP A: RUN STATA SCRIPTS FOR LEGUMES:
```

```
capture drop m_mpf m_egg m_nutsd m_soy m_fish_hi m_fish_lo legumes kcal v_total v_drkgr
```

```
gen
```

```
m_mpf=C6D_FF_13+C6E_FF_13+C6F_FF_13+C6G_FF_13+C6H_FF_13+C6I_FF_13+C6J_FF_13+C  
6K_FF_13+C6L_FF_13+C6M_FF_13+C6N_FF_13+C6O_FF_13+C6P_FF_13+C6R_FF_13+C6S_FF_1  
3+C6T_FF_13+C6U_FF_13+C6V_FF_13+C6W_FF_13+C6Q_FF_13
```

```
gen m_egg=C6A_FF_13+C6B_FF_13+C6C_FF_13
```

```
gen m_nutsd=C9V_FF_13+C9W_FF_13+C9X_FF_13+C9F_FF_13
```

```
gen m_soy=C5E_FF_13+C3D_FF_13
```

```
gen m_fish_hi=C6V_FF_13+C6S_FF_13
```

```
gen m_fish_lo=C6T_FF_13+C6U_FF_13+C6W_FF_13
```

```
gen legumes=C5N_FF_13+C5P_FF_13
```

```
gen kcal=CALOR_SUM
```

```
gen v_total = C5A_FF_13+C5B_FF_13+C5C_FF_13+C5D_FF_13+  
C5F_FF_13+C5G_FF_13+C5H_FF_13+C5I_FF_13+C5J_FF_13+C5K_FF_13+C5L_FF_13+C5M_FF_  
13+C5N_FF_13+C5O_FF_13+C5P_FF_13+C5Q_FF_13+C5R_FF_13+  
C5S_FF_13+C5T_FF_13+C5U_FF_13+C5V_FF_13+C5W_FF_13+C5X_FF_13+C5Y_FF_13+C5Z_FF_  
_13+C5AA_FF_13+C5AB_FF_13
```

```
gen v_drkgr=C5T_FF_13+C5U_FF_13+C5V_FF_13
```

```
**pf_mps_total: m_mpf
```

```
**pf_eggs: m_egg
```

```
**pf_nutsds: m_nutsd
```

```
*pf_soy: m_soy
```

```
/* This program calculates legumes that get counted as meat and those that get  
counted as veggies*/
```

```
/** This macro gets called into the program that calculates HEI 2015 scores**/
```

```
capture drop allmeat
```

```
capture drop seaplant
```

```
capture drop mbmax
```

```
capture drop meatleg
```

```
capture drop legume_added_*
```

```
capture drop meatveg
```

```
capture drop extrmeat
```

```
capture drop extrleg
```

```
gen allmeat=m_mpf+m_egg+m_nutsd+m_soy
```

```
gen seaplant=m_fish_hi+m_fish_lo+m_nutsd + m_soy
```

```
gen mbmax=2.5*(kcal/1000)
```

```
gen needmeat=mbmax-allmeat if allmeat<mbmax
```

```
gen meatleg=4*legumes
```

```
/*Needs more meat, and all beans go to meat*/
```

```
gen all2meat=1 if meatleg<=needmeat /*folks who don't meet meat max and the amount  
of legumes they consume is less than the amount they need to reach mbmax*/
```

```
foreach var in allmeat seaplant {
```

```
gen legume_added_`var'=`var'+meatleg if all2meat==1
```

```
}
```

```
foreach var in v_total v_drkgr {
```

```
gen legume_added_`var'=`var' if all2meat==1
```

```
}
```

```
/*Needs more meat, and some beans go to meat, some go to veggies*/
```



```

gen meatveg=1 if meatleg>needmeat
gen extrmeat=meatleg-needmeat
gen extrleg=extrmeat/4
foreach var in allmeat seaplant {
replace legume_added_`var'=`var'+needmeat if meatveg==1 /*folks who don't meet
meat max and the amount of legumes they consume is more than the amount they need
to reach mbmax--rest go to veggies*/
}
foreach var in v_total v_drkgr {
replace legume_added_`var'=`var'+extrleg if meatveg==1
}
gen all2veg=1 if allmeat>=mbmax /*Folks who meet the meat requirement so all
legumes count as veggies*/
foreach var in allmeat seaplant {
replace legume_added_`var'=`var' if all2veg==1
}
foreach var in v_total v_drkgr {
replace legume_added_`var'=`var'+legumes if all2veg==1
}

save "E:\FINAL_DATA\HEI2015", replace

```

****STEP B: RUN STATA SCRIPT FOR HEI-2015**

```

use "E:\FINAL_DATA\HEI2015", clear

```

```

capture drop monofat

```

```

capture drop polyfat

```

capture drop add_sug
capture drop discfat_sol
capture drop alcohol
capture drop f_total
capture drop frtjuice
capture drop wholefrt
capture drop g_whl
capture drop d_total
capture drop Satfat
capture drop sodi
capture drop g_nwhl
capture drop sfat

gen monofat=MONFAT_SUM

gen polyfat=POLY_SUM

gen add_sug=C9AH_FF_13

gen discfat_sol=ADDFAT_SOL_SUM

gen alcohol=ALCO_SUM

gen f_total=
C4A_FF_13+C4B_FF_13+C4C_FF_13+C4D_FF_13+C4E_FF_13+C4F_FF_13+C4G_FF_13+C4H_FF_13+C4I_FF_13+C4J_FF_13+C4K_FF_13+C4L_FF_13+C4M_FF_13+C4N_FF_13+C4O_FF_13+C4P_FF_13+C4Q_FF_13+C4R_FF_13+ C4S_FF_13+C4C_FF_13

gen frtjuice=C4I_FF_13+C4K_FF_13+C4L_FF_13+C4N_FF_13+C4O_FF_13

gen wholefrt=f_total-frtjuice

gen

g_whl=C7B_FF_13+C7F_FF_13+C7G_FF_13+C7J_FF_13+C7SA_FF_13+C9AB_FF_13+C9AC_FF_13+C9AD_FF_13+C9G_FF_13+C9H_FF_13

gen d_total= C3A_FF_13+C3B_FF_13+C3C_FF_13 +
C3E_FF_13+C3G_FF_13+C3H_FF_13+C3I_FF_13+C3J_FF_13+C3L_FF_13+
C3M_FF_13+C3N_FF_13+C3D_FF_13

gen Satfat=SATFAT_SUM

gen sodi=SODIUM_SUM

```
gen  
g_nwhl=C7A_FF_13+C7C_FF_13+C7E_FF_13+C7H_FF_13+C7I_FF_13+C7K_FF_13+C7L_FF_13+C  
7M_FF_13+C7N_FF_13+C7O_FF_13+C7SB_FF_13+C7T_FF_13+C9J_FF_13+C9K_FF_13+C9L_FF_  
13+C9M_FF_13+C9N_FF_13+C9O_FF_13+C9P_FF_13+C9Q_FF_13+C9R_FF_13+C9S_FF_13+C9T  
_FF_13+C9U_FF_13+C9Y_FF_13+C9Z_FF_13+C9AA_FF_13
```

```
gen sfat=SATFAT_SUM
```

```
gen SatFat=SATFAT_SUM
```

```
save "E:\FINAL_DATA\HEI2015", replace
```

```
capture drop monopoly
```

```
capture drop addsugc
```

```
capture drop solfatc
```

```
capture drop maxalcgr
```

```
capture drop ethcal
```

```
capture drop exalccal
```

```
capture drop emptycal10
```

```
capture drop vegden
```

```
capture drop hei*
```

```
capture drop grbnden
```

```
capture drop frtden
```

```
capture drop wholefrt
```

```
capture drop whfrden
```

```
capture drop wgrnden
```

```
capture drop monopoly
```

```
capture drop farmin
```

```
capture drop farmax
```

```
capture drop sodden
```

```
capture drop sodmin
```

```
capture drop sodmax
```

```
capture drop rgden
```

capture drop rgmin
capture drop rgmax
capture drop sofa*
capture drop addedsugar_perc
capture drop addsugmin
capture drop addsugmax
capture drop heix12_addedsugar
capture drop saturatedfat_perc
capture drop saturatedfatmin
capture drop saturatedfatmax
capture drop heix13_saturatedfat

/*This do file creates HEI-2015 component densities and scores*/

gen monopoly=monofat+polyfat
gen addsugc=16*add_sug
gen solfatc=9*discfat_sol
gen maxalcgr=13*(kcal/1000)
gen ethcal=7*alcohol
gen exalccal=7*(alcohol-maxalcgr)
replace exalccal=0 if alcohol<=maxalcgr
gen emptycal10=addsugc+solfatc+exalccal
gen vegden=legume_added_v_total/(kcal/1000)
gen heix1_totalveg=5*(vegden/1.1)
replace heix1_totalveg=5 if heix1_totalveg>5
replace heix1_totalveg=0 if heix1_totalveg<0
gen grbnden=legume_added_v_drkgr/(kcal/1000)
gen heix2_greens_and_bean=5*(grbnden/.2)
replace heix2_greens_and_bean=5 if heix2_greens_and_bean>5

```
replace heix2_greens_and_bean=0 if heix2_greens_and_bean<0
gen frtden=f_total/(kcal/1000)
gen heix3_totalfruit=5*(frtden/.8)
replace heix3_totalfruit=5 if heix3_totalfruit>5
replace heix3_totalfruit=0 if heix3_totalfruit<0
gen wholefrt=f_total-frtjuice
gen whfrden=wholefrt/(kcal/1000)
gen heix4_wholefruit=5*(whfrden/.4)
replace heix4_wholefruit=5 if heix4_wholefruit>5
replace heix4_wholefruit=0 if heix4_wholefruit<0
gen wgrnden=g_whl/(kcal/1000)
gen heix5_wholegrain=10*(wgrnden/1.5)
replace heix5_wholegrain=10 if heix5_wholegrain>10
replace heix5_wholegrain=0 if heix5_wholegrain<0
gen dairyden=d_total/(kcal/1000)
gen heix6_totaldairy=10*(dairyden/1.3)
replace heix6_totaldairy=10 if heix6_totaldairy>10
replace heix6_totaldairy=0 if heix6_totaldairy<0
gen meatden=legume_added_allmeat/(kcal/1000)
gen heix7_totprot=5*(meatden/2.5)
replace heix7_totprot=5 if heix7_totprot>5
replace heix7_totprot=0 if heix7_totprot<0
gen seaplden=legume_added_seaplant/(kcal/1000)
gen heix8_seaplant_prot=5*(seaplden/.8)
replace heix8_seaplant_prot=5 if heix8_seaplant_prot>5
replace heix8_seaplant_prot=0 if heix8_seaplant_prot<0
gen faratio=monopoly/SatFat if SatFat>0
```

```

gen farmin=1.2
gen farmax=2.5
gen heix9_fattyacid=0 if SatFat==0 & monopoly==0
replace heix9_fattyacid=10 if SatFat==0 & monopoly>0
replace heix9_fattyacid=10 if faratio>=farmax & faratio !=.
replace heix9_fattyacid=0 if faratio<=farmin & faratio !=.
replace heix9_fattyacid=10*((faratio-farmin)/(farmax-farmin)) if faratio !=.
gen sodden=sodi/kcal
gen sodmin=1.1
gen sodmax=2
gen heix10_sodium=10
replace heix10_sodium=0 if sodden>=sodmax
replace heix10_sodium=10-(10*(sodden-sodmin)/(sodmax-sodmin))
gen rgden=g_nwhl/(kcal/1000)
gen rgmin=1.8
gen rgmax=4.3
gen heix11_refinedgrain=10
replace heix11_refinedgrain=0 if rgden>=rgmax
replace heix11_refinedgrain=10-(10*(rgden-rgmin)/(rgmax-rgmin))

gen addedsugar_perc=100*add_sug*16/kcal
gen addsugmin=6.5
gen addsugmax=26
gen heix12_addedsugar=0 if addedsugar_perc>=addsugmax
replace heix12_addedsugar=10 if addedsugar_perc<=addsugmin
replace heix12_addedsugar=10-(10*(addedsugar_perc-addsugmin)/(addsugmax-addsugmin))

```

```

gen saturatedfat_perc=100*sfat*9/kcal

gen saturatedfatmin=7

gen saturatedfatmax=15

gen heix13_saturatedfat=0 if saturatedfat_perc>=saturatedfatmax

replace heix13_saturatedfat=10 if saturatedfat_perc<=saturatedfatmin

replace heix13_saturatedfat=10-(10*(saturatedfat_perc-saturatedfatmin)/(saturatedfatmax-
saturatedfatmin))

foreach var in vegden grbnden frtnden whfrden wgrnden dairyden meatden seaplden faratio sodden rgden {
replace `var'=0 if `var'==.
}

foreach var in 1_totalveg 2_greens_and_bean 3_totalfruit 4_wholefruit 5_wholegrain 6_totaldairy
7_totprot 8_seaplant 9_fattyacid 10_sodium 11_refinedgrain 12_addedsugar 13_saturatedfat {
replace heix`var'=0 if kcal==0
}

foreach var in 1_totalveg 2_greens_and_bean 3_totalfruit 4_wholefruit 5_wholegrain 6_totaldairy
7_totprot 8_seaplant 9_fattyacid 10_sodium 11_refinedgrain 12_addedsugar 13_saturatedfat {
replace heix`var'=0 if heix`var'<0 & heix`var'!=.
}

foreach var in 9_fattyacid 10_sodium 11_refinedgrain {
replace heix`var'=10 if heix`var'>10 & heix`var'!=.
}

replace heix12_addedsugar=10 if heix12_addedsugar>10 & heix12_addedsugar!=.

replace heix13_saturatedfat=10 if heix13_saturatedfat>10 & heix13_saturatedfat!=.

```

gen hei2015_total_score=heix1_totalveg+heix2_greens_and_bean+heix3_totalfruit+ ///
heix4_wholefruit+heix5_wholegrain+heix6_totaldairy+heix7_totprot+heix8_seaplant ///
+heix9_fattyacid+heix10_sodium+heix11_refinedgrain+heix12_addedsugar+heix13_saturatedfat

label var hei2015_total_score "total hei-2015 score"

label var heix1_totalveg "hei-2015 component 1 total vegetables"

label var heix2_greens_and_bean "hei-2015 component 2 greens and beans"

label var heix3_totalfruit "hei-2015 component 3 total fruit"

label var heix4_wholefruit "hei-2015 component 4 whole fruit"

label var heix5_wholegrain "hei-2015 component 5 whole grains"

label var heix6_totaldairy "hei-2015 component 6 dairy"

label var heix7_totprot "hei-2015 component 7 total protein foods"

label var heix8_seaplant_prot "hei-2015 component 8 seafood and plant protein"

label var heix9_fattyacid "hei-2015 component 9 fatty acid ratio"

label var heix10_sodium "hei-2015 component 10 sodium"

label var heix11_refinedgrain "hei-2015 component 11 refined grains"

label var heix12_addedsugar "hei-2015 component 12 added sugar"

label var heix13_saturatedfat "hei-2015 component 13 saturated fat"

label var vegden "density of mped total vegetables per 1000 kcal"

label var grbnden "density of mped of dark green veg and beans per 1000 kcal"

label var frtden "density of mped total fruit per 1000 kcal"

label var whfrden "density of mped whole fruit per 1000 kcal"

label var wgrnden "density of mped of whole grain per 1000 kcal"

label var dairyden "density of mped of dairy per 1000 kcal"

label var meatden "density of mped total meat/protein per 1000 kcal"

label var seaplden "densitiy of mped of seafood and plant protein per 1000 kcal"

label var faratio "fatty acid ratio"

label var sodden "density of sodium per 1000 kcal"

label var rgden "density of mped of refined grains per 1000 kcal"

label var addedsugar_perc "percent of calories from added sugar"

label var saturatedfat_perc "percent of calories from saturated fat"

save "E:\FINAL_DATA\HEI2015", replace

keep HHID PN hei* vegden grbnden frtden whfrden dairyden meatden seaplden faratio sodden rgden
addedsugar_perc saturatedfat_perc-saturatedfat_perc

destring HHID, replace

destring PN, replace

capture drop HHIDPN

egen HHIDPN = concat(HHID PN)

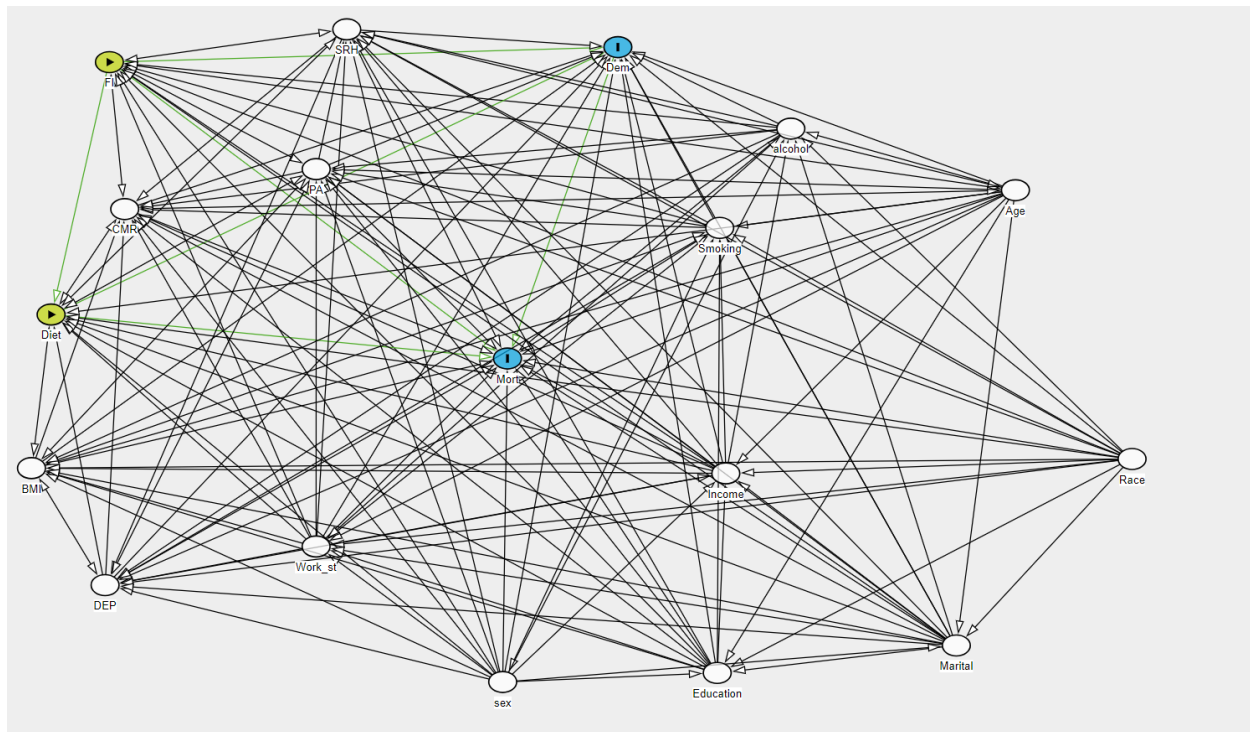
destring HHIDPN, replace

sort HHIDPN

su hei*

save "E:\FINAL_DATA\HEI2015_small", replace

SUPPLEMENTARY METHODS 3: Theoretical directed acyclic graph connecting various exposures, outcomes, mediators and covariates to be adjusted.



Minimal sufficient adjustment sets containing Age, BMI, CMR, DEP, Education, Income, Marital, PA, Race, SRH, Smoking, Work_st, alcohol, sex for estimating the total effect of FI, Diet on Mort, Dem:

- Age, BMI, CMR, DEP, Education, Income, Marital, PA, Race, SRH, Smoking, Work_st, alcohol, sex

dag {

bb="-5.398,-6.638,5.3,7.026"

Age [adjusted,pos="3.194,-3.146"]

BMI [adjusted,pos="-5.169,1.960"]

CMR [adjusted,pos="-4.376,-2.800"]

DEP [adjusted,pos="-4.543,4.109"]

Dem [outcome,pos="-0.185,-5.774"]

Diet [exposure,pos="-5.002,-0.862"]

Education [adjusted,pos="0.660,5.721"]

FI [exposure,pos="-4.506,-5.499"]

Income [adjusted,pos="0.733,2.056"]

Marital [adjusted,pos="2.692,5.217"]

Mort [outcome,pos="-1.123,-0.055"]

PA [adjusted,pos="-2.749,-3.533"]

Race [adjusted,pos="4.186,1.791"]

SRH [adjusted,pos="-2.489,-6.101"]

Smoking [adjusted,pos="0.681,-2.454"]

Work_st [adjusted,pos="-2.750,3.399"]

alcohol [adjusted,pos="1.286,-4.278"]

sex [adjusted,pos="-1.164,5.887"]

Age -> BMI

Age -> DEP

Age -> Dem

Age -> Diet

Age -> Education

Age -> Income

Age -> Marital

Age -> Mort

Age -> PA

Age -> SRH

Age -> Smoking

Age -> Work_st

Age <-> CMR

Age <-> FI

Age <-> alcohol

BMI -> CMR

BMI -> Dem

BMI -> Mort

BMI <-> DEP

BMI <-> Diet

BMI <-> PA

BMI <-> Smoking

CMR -> Dem

CMR -> Mort

CMR <-> Diet

CMR <-> FI

DEP -> CMR

DEP -> Dem

DEP -> Diet

DEP -> Mort

DEP <-> PA

DEP <-> Smoking

Dem -> Mort

Diet -> Dem

Diet -> Mort

Diet <-> PA

Diet <-> SRH

Education -> BMI

Education -> CMR

Education -> Dem

Education -> Diet

Education -> FI

Education -> Income

Education -> Mort

Education -> PA

Education -> SRH

Education -> Smoking

Education -> Work_st

FI -> Dem

FI -> Diet

FI -> Mort

FI <-> PA

FI <-> SRH

Income -> BMI

Income -> CMR

Income -> DEP

Income -> Dem

Income -> Diet

Income -> FI

Income -> Mort

Income -> PA

Income -> SRH

Income -> Smoking

Income -> alcohol

Marital -> BMI

Marital -> CMR

Marital -> DEP

Marital -> Dem

Marital -> Diet

Marital -> Education

Marital -> FI

Marital -> Income

Marital -> Mort

Marital -> PA

Marital -> SRH

Marital -> Smoking

Marital -> Work_st

Marital -> alcohol

PA -> CMR

PA -> Dem

PA -> Mort

PA -> SRH

Race -> BMI

Race -> DEP

Race -> Dem

Race -> Diet

Race -> Education

Race -> FI

Race -> Income

Race -> Marital

Race -> Mort

Race -> PA

Race -> SRH

Race -> Smoking

Race -> Work_st

Race -> alcohol

SRH -> CMR

SRH -> DEP

SRH -> Dem

SRH -> Mort

Smoking -> CMR

Smoking -> Dem

Smoking -> FI

Smoking -> Mort

Smoking -> PA

Smoking -> SRH

Smoking <-> Work_st

Smoking <-> sex

Work_st -> BMI

Work_st -> CMR

Work_st -> DEP

Work_st -> Dem

Work_st -> Diet

Work_st -> FI

Work_st -> Income

Work_st -> Mort

Work_st -> PA

Work_st -> SRH

Work_st <-> alcohol

alcohol -> BMI

alcohol -> CMR

alcohol -> DEP

alcohol -> Dem

alcohol -> FI

alcohol -> Mort

alcohol -> PA

alcohol -> SRH

sex -> BMI

sex -> CMR

sex -> DEP

sex -> Dem

sex -> Diet

sex -> Education

sex -> FI

sex -> Income

sex -> Marital

sex -> Mort

sex -> PA

```
sex -> SRH  
sex -> Work_st  
sex -> alcohol  
}
```

QR code for DAGitty website:



SUPPLEMENTARY REFERENCES

1. Beydoun MA, Tate R, Georgescu MF, et al. Poor sleep quality, dementia status and their association with all-cause mortality among older US adults. *Aging (Albany NY)*. 2024;16:12138-12167.
2. Georgescu MF, Beydoun MA, Ashe J, et al. Loneliness, Dementia Status, and Their Association with All-Cause Mortality Among Older US Adults. *J Alzheimers Dis*. 2024;99:753-772.