

# RLHF without RL

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# Plan

- What is RLHF for
- How RLHF works
- Problems
- What is DPO
- What is CoH

# What is RLHF for?

Basically, usually we have a big pretrained language model, and we want to tune it to produce more human-like answers

Answers should be safe, coherent and helpful

# How does RLHF work?

- SFT(Supervised Fine-Tuning)
- Reward Modeling Phase
- RL Fine-Tuning Phase

# SFT

Simply finetune the model to well-known tasks on good datasets

Get model  $\pi_{\text{sft}}(x)$

# Reward Modeling Phase

- $y_1, y_2 \sim \pi_{\text{sft}}(x)$  for every  $x$
- People determine if  $y_1$  better than  $y_2$

- actually a sigmoid of difference

$$p^*(y_1 \succ y_2 \mid x) = \frac{\exp(r^*(x, y_1))}{\exp(r^*(x, y_1)) + \exp(r^*(x, y_2))}.$$

- Train model to predict  $r^*$

$$\mathcal{L}_R(r_\phi, \mathcal{D}) = -\mathbb{E}_{(x, y_w, y_l) \sim \mathcal{D}} [\log \sigma(r_\phi(x, y_w) - r_\phi(x, y_l))]$$

Intuition is clear: better answer - bigger reward

## Reward Modeling Phase

$r_{\phi}(x) - \pi_{\text{sft}}(x)$  with linear head

Some weights are frozen to spend less resources

After all, normalize reward to nullify the expected value

## RL Fine-Tuning Phase

Now we optimize the following:

$$\max_{\pi_{\theta}} \mathbb{E}_{x \sim \mathcal{D}, y \sim \pi_{\theta}(y|x)} [r_{\phi}(x, y)] - \beta \mathbb{D}_{\text{KL}} [\pi_{\theta}(y | x) || \pi_{\text{ref}}(y | x)]$$

where  $\pi_{\theta}$  is initialized from  $\pi_{\text{sft}}$  (works better)

First term - optimize reward, second - stay close to original model

solve with RL(PPO)



# Problems

- Complex training pipeline
- Need to train multiple LM's
- Need to sample from LM - costly

## DPO(scary formulas)

Only RL Fine-Tuning Phase is changed

With some algebra, optimal policy is

$$\pi_r(y | x) = \frac{1}{Z(x)} \pi_{\text{ref}}(y | x) \exp \left( \frac{1}{\beta} r(x, y) \right)$$

$Z(x)$  - just to normalize probabilities

But, can't estimate  $Z(x)$  => can't sample

## DPO(scary formulas)

By using some more algebra, we get

$$r(x, y) = \beta \log \frac{\pi_r(y | x)}{\pi_{\text{ref}}(y | x)} + \beta \log Z(x)$$

Now, substitute this thing into  $p^*(y_1 \succ y_2 | x) = \frac{\exp(r^*(x, y_1))}{\exp(r^*(x, y_1)) + \exp(r^*(x, y_2))}$ , get

$$p^*(y_1 \succ y_2 | x) = \frac{1}{1 + \exp\left(\beta \log \frac{\pi^*(y_2|x)}{\pi_{\text{ref}}(y_2|x)} - \beta \log \frac{\pi^*(y_1|x)}{\pi_{\text{ref}}(y_1|x)}\right)}$$

## DPO(scary formulas)

Finally, we can maximize log-likelihood of our human dataset

$$\mathcal{L}_{\text{DPO}}(\pi_{\theta}; \pi_{\text{ref}}) = -\mathbb{E}_{(x, y_w, y_l) \sim \mathcal{D}} \left[ \log \sigma \left( \beta \log \frac{\pi_{\theta}(y_w | x)}{\pi_{\text{ref}}(y_w | x)} - \beta \log \frac{\pi_{\theta}(y_l | x)}{\pi_{\text{ref}}(y_l | x)} \right) \right]$$

Now model is very differentiable, can solve with DL, very cool

## DPO(scary formulas)

Try to understand loss through its' gradient( $r_\theta$  is from 2 slides ago)

$$\nabla_\theta \mathcal{L}_{\text{DPO}}(\pi_\theta; \pi_{\text{ref}}) = -\beta \mathbb{E}_{(x, y_w, y_l) \sim \mathcal{D}} \left[ \underbrace{\sigma(\hat{r}_\theta(x, y_l) - \hat{r}_\theta(x, y_w))}_{\text{higher weight when reward estimate is wrong}} \left[ \underbrace{\nabla_\theta \log \pi(y_w | x)}_{\text{increase likelihood of } y_w} - \underbrace{\nabla_\theta \log \pi(y_l | x)}_{\text{decrease likelihood of } y_l} \right] \right],$$

Weighing with beta is actually important, otherwise model degenerates

# DPO(scary formulas)

[illegible]

## DPO(scary formulas)

Final pipeline is:

- Do everything the same as in RLHF without last stage
- initialize new policy with fine-tuned model and train it on the new loss on human-labeled dataset
- Actually, can use other good data, not only from this model

# Experiments

- Controlled sentiment generation - IMDB - classifier
- Summarization - Reddit - GPT4
- Single-turn dialogue - Anthropic-HH - GPT4



# Experiments

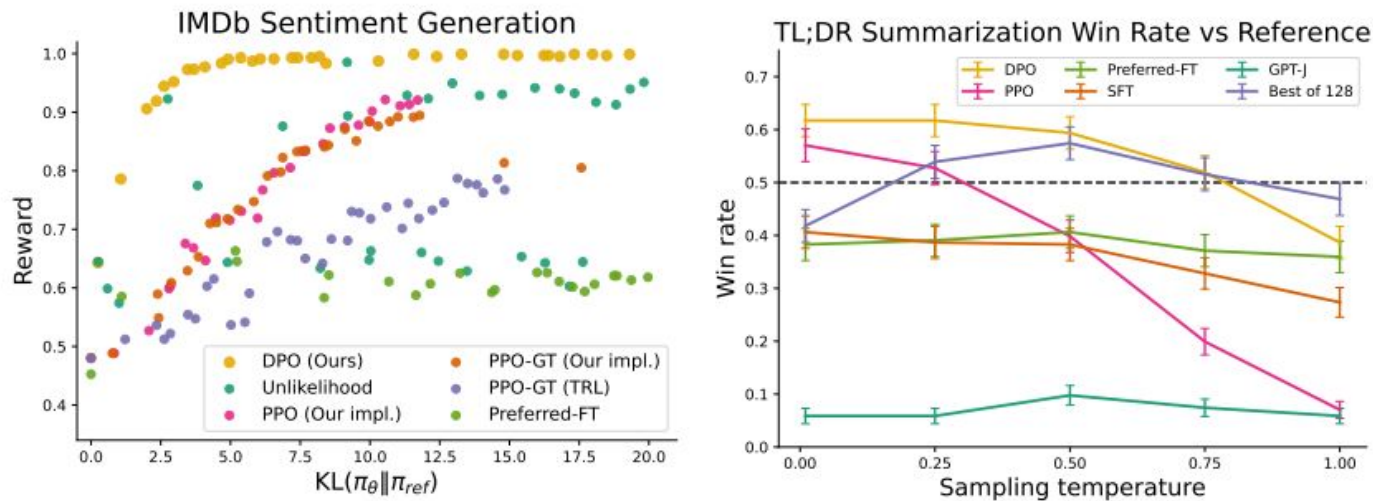


Figure 2: **Left.** The frontier of expected reward vs KL to the reference policy. DPO provides the highest expected reward for all KL values, demonstrating the quality of the optimization. **Right.** TL;DR summarization win rates vs. human-written summaries, using GPT-4 as evaluator. DPO exceeds PPO’s best-case performance on summarization, while being more robust to changes in the sampling temperature.

# Experiments

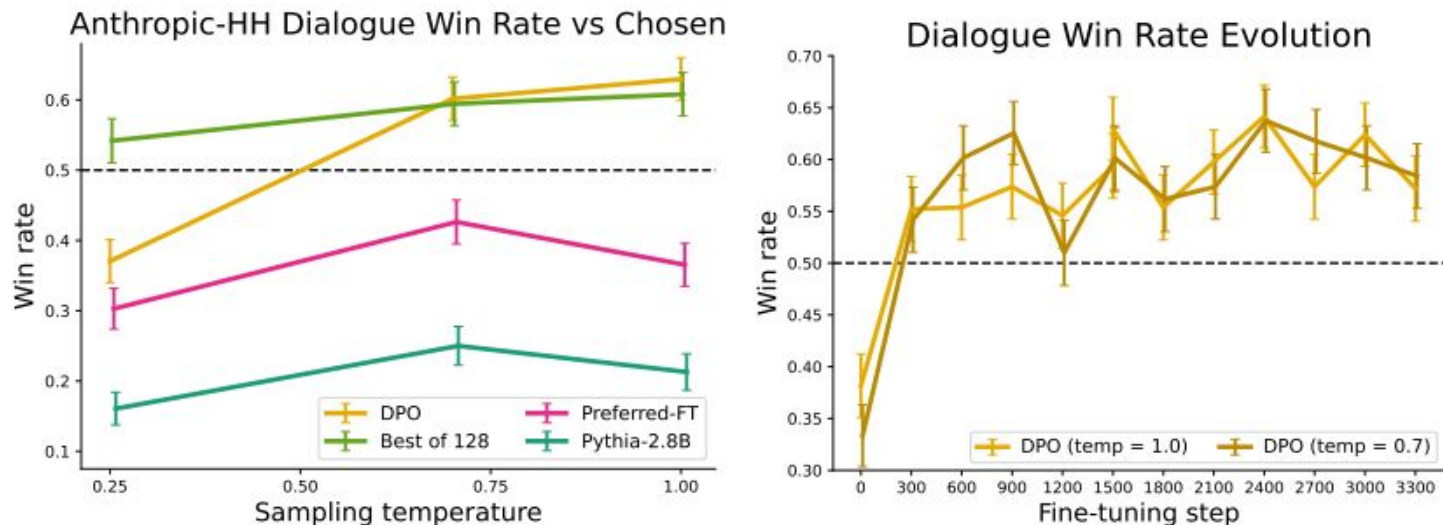


Figure 3: **Left.** Win rates computed by GPT-4 for Anthropic-HH one-step dialogue; DPO is the only method that improves over chosen summaries in the Anthropic-HH test set. **Right.** Win rates for different sampling temperatures over the course of training. DPO’s improvement over the dataset labels is fairly stable over the course of training for different sampling temperatures.

# Experiments

	DPO	SFT	PPO-1
N respondents	272	122	199
GPT-4 (S) win %	47	27	13
GPT-4 (C) win %	54	32	12
Human win %	58	43	17
GPT-4 (S)-H agree	70	77	86
GPT-4 (C)-H agree	67	79	85
H-H agree	65	-	87

Table 2: Comparing human and GPT-4 win rates and per-judgment agreement on TL;DR summarization samples. **Humans agree with GPT-4 about as much as they agree with each other.** Each experiment compares a summary from the stated method with a summary from PPO with temperature 0.

GPT is good, because people agree with it more than with each other

# CoH(Chain of Hindsight)

Key idea - let model see other answers during training(with feedback)

Feedback of any form can be used, but authors stick to templated, based on rating

## Natural language feedback examples

A good summary: {positive}, a worse summary: {negative}

You are a helpful assistant: {positive}, you are an unhelpful assistant: {negative}

A bad answer is {negative}, a good answer is {positive}

# CoH

- Loss is not applied on feedback tokens, because it works worse

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**Algorithm 1** Aligning language models from feedback with Chain of Hindsight.

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**Required:** Pretrained Language Model  $M$ , Human Feedback Dataset  $D$

**Required:** Maximum training iterations  $n$

Initialize

**for**  $iter = 1$  **to**  $n$  **do**

    Randomly sample a minibatch of model outputs and their associated ratings from dataset  $D$ .

    Construct training sequences by combining sampled model outputs with feedback based on ratings.

    Instruct finetune model  $M$  on the training sequences.

**end for**

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- Outputs are sampled before fine-tune cycle
- Mask 0%-5% previous tokens, so model doesn't remember answers
- Add log-likelihood on pretrain dataset

# Experiments

- Summarization
- Single-turn dialogue
- 75 experts proficient in English



# Experiments

Table 2: Pairwise human evaluation on dialogue task.

	Human evaluation win rate (%)			
	Base	Tie	CoH	$\Delta$
Helpful	15.8	34.8	49.4	33.6
Harmless	14.5	35.9	49.6	35.1
<b>Average</b>	15.2	35.3	<b>49.5</b>	<b>34.4</b>
	SFT	Tie	CoH	$\Delta$
Helpful	19.6	45.7	34.7	15.1
Harmless	18.6	37.4	44.0	25.4
<b>Average</b>	19.1	41.5	<b>39.4</b>	<b>20.3</b>
	C-SFT	Tie	CoH	$\Delta$
Helpful	21.8	46.9	31.3	9.5
Harmless	22.4	35.2	42.4	20.0
<b>Average</b>	22.1	41.0	<b>36.8</b>	<b>14.7</b>
	SFT-U	Tie	CoH	$\Delta$
Helpful	13.4	31.3	55.3	41.9
Harmless	14.5	28.7	56.8	42.3
<b>Average</b>	13.9	30.0	<b>56.0</b>	<b>42.1</b>
	RLHF	Tie	CoH	$\Delta$
Helpful	25.8	40.8	33.4	7.6
Harmless	20.9	38.8	40.3	19.4
<b>Average</b>	23.4	39.8	<b>36.9</b>	<b>13.5</b>

Table 1: Pairwise human evaluation on summarization task.

	Human evaluation win rate (%)			
	Base	Tie	CoH	$\Delta$
Accuracy	24.5	26.8	48.7	24.2
Coherence	15.6	18.5	65.9	50.3
Coverage	19.6	22.4	58.0	38.4
<b>Average</b>	19.9	22.6	<b>57.5</b>	<b>37.6</b>
	SFT	Tie	CoH	$\Delta$
Accuracy	25.5	32.6	41.9	16.4
Coherence	30.5	25.6	43.9	13.4
Coverage	28.5	25.4	46.1	17.6
<b>Average</b>	28.2	27.9	<b>44.0</b>	<b>15.8</b>
	C-SFT	Tie	CoH	$\Delta$
Accuracy	26.7	34.9	38.4	11.7
Coherence	32.5	22.9	44.6	12.1
Coverage	29.5	26.7	43.8	14.3
<b>Average</b>	29.6	28.2	<b>42.3</b>	<b>12.7</b>
	SFT-U	Tie	CoH	$\Delta$
Accuracy	18.7	17.9	63.4	44.7
Coherence	21.8	15.8	62.4	40.6
Coverage	23.6	17.2	59.2	35.6
<b>Average</b>	21.4	17.0	<b>61.7</b>	<b>40.3</b>
	RLHF	Tie	CoH	$\Delta$
Accuracy	31.8	29.5	38.7	6.9
Coherence	31.6	20.5	47.9	16.4
Coverage	28.9	21.9	49.2	20.3
<b>Average</b>	30.8	24.0	<b>45.3</b>	<b>14.5</b>

# Experiments

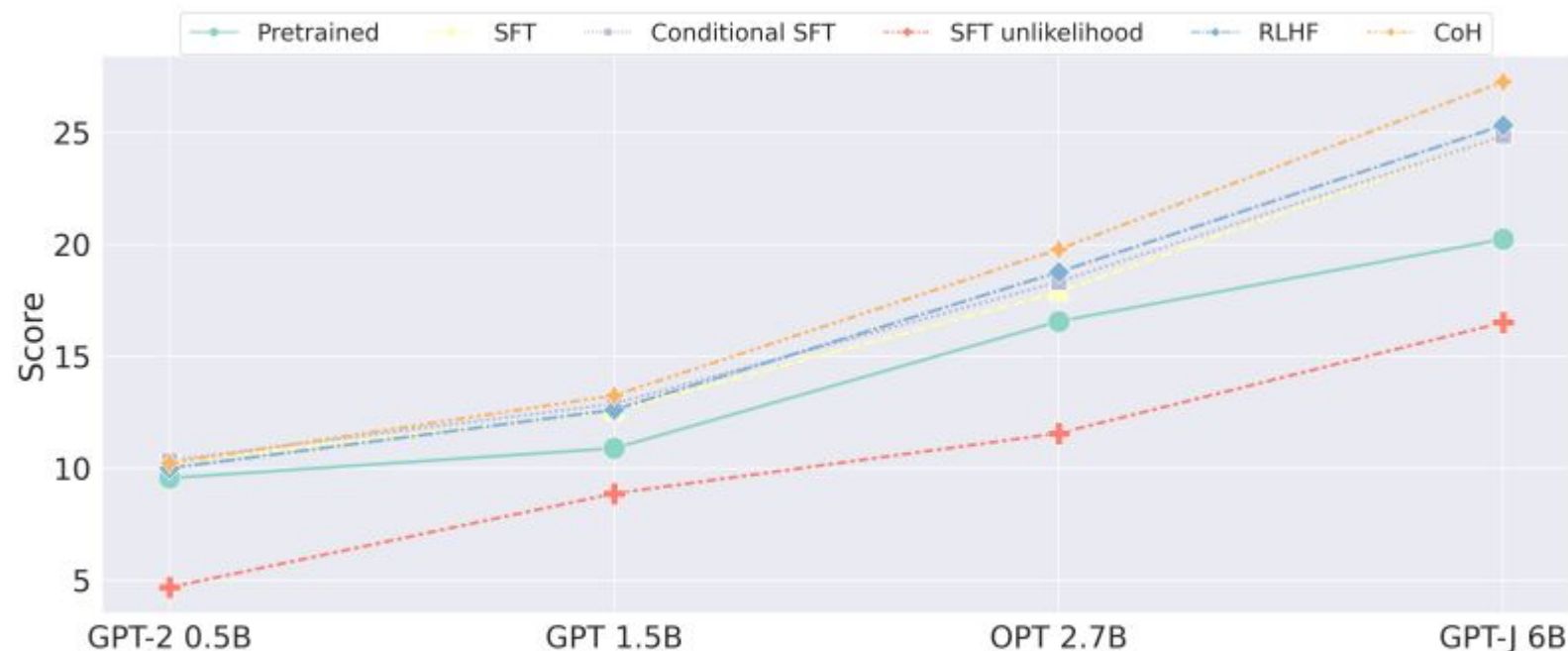


Figure 5: **Model scaling trend.** Comparing CoH with RLHF and SFT baselines on summarization benchmark with different model sizes. CoH outperforms RLHF, showing strong scaling capabilities.