

$$\begin{array}{ccccccccccc}
\dots & \longrightarrow & \pi_n(F, e_0) & \xrightarrow{i_*} & \pi_n(E, e_0) & \xrightarrow{p_*} & \pi_n(B, b_0) & \xrightarrow{\partial} & \pi_{n-1}(F, e_0) & \xrightarrow{i_*} & \pi_{n-1}(E, e_0) & \longrightarrow & \dots \\
& & \uparrow \parallel & & \uparrow \parallel & & \uparrow p_* \cong & & \uparrow \parallel & & \uparrow \parallel & & \\
\dots & \longrightarrow & \pi_n(F, e_0) & \xrightarrow{i_*} & \pi_n(E, e_0) & \xrightarrow{j_*} & \pi_n(E, F, e_0) & \xrightarrow{\partial} & \pi_{n-1}(F, e_0) & \xrightarrow{i_*} & \pi_{n-1}(E, e_0) & \longrightarrow & \dots
\end{array}$$