

英语逆袭班 英语 100 句讲义

本周主要学习内容:

第 1-25 句

第一周 1-5 句

1. According to a recent survey, four million people die each year from diseases linked to smoking.

依照最近的一项调查，每年有 4,000,000 人死于与吸烟有关的疾病。

recent ['ri:snt] adj. 近来的; 新近的

survey [sə'vei] n. 民意调查

link [lɪŋk] v. 把……连接起来

according to 据(……所说); 根据

die from 死于……

2. We should spare no effort to beautify our environment.

我们应该不遗余力地美化我们的环境。

beautify ['bjʊ:tɪfaɪ] v. 美化; 使更美丽

environment [ɪn'vaɪrənmənt] n. 环境; 自然环境

spare no efforts 不遗余力

3. This view is now being questioned by more and more people.

这一观点正受到越来越多人的质疑。

view [vju:] n. 看法; 观点

question ['kwestʃən] v. 质疑; 怀疑

more and more 越来越多的

4. No invention has received more praise and abuse than Internet.

没有一项发明像互联网一样同时受到如此多的赞扬和批评。

invention [ɪn'venʃn] n. 发明; 创造

receive [rɪ'si:v] v. 受到; 收到

Practice makes perfect.

praise [preɪz] n. 赞扬; 称赞

abuse [ə'bjʊ:z]

① n. 恶语

② n. 滥用

e.g. What she did was an abuse of her position as manager.

她的所作所为是滥用经理职权。

more...than... 比……更多……

5. People equate success in life with the ability of operating computer.

人们把会使用计算机与人生成功相提并论。

success [sək'ses] n. 成功; 胜利

ability [ə'bɪləti] n. 能力; 才能

operate ['ɒpəreɪt] v. 操作; 使用

equate...with... 把……与……等同; 同等对待

第一周 6-10 句

6. The number of tourists has increased significantly in recent years.

近年来旅游者的人数大大增加了。

tourist ['tʊərɪst] n. 旅游者; 观光者

increase [ɪn'kri:s] v. 增多; 增加

significantly [sɪg'nɪfɪkəntli] adv. 显著地; 明显地

the number of ……的数目

7. This phenomenon has caused wide public concern in many places of world.

这一现象在全世界许多地方已引起了广泛关注。

phenomenon [fə'nɒ:mɪnən] n. 现象

cause [kɔ:z] v. 引起; 导致

wide [waɪd] adj. 广泛的; 范围大的

public ['pʌblɪk] adj. 大众的; 公众的

concern [kən'sɜ:n] n. 担心; 忧虑

cause wide public concern 引起广泛关注

8. Lack of physical exercise is the major cause of obesity in young students.

缺乏体育锻炼是青少年学生肥胖的主要原因。

 Notes:

Practice makes perfect.

physical ['fɪzɪkl] adj. 身体的; 躯体的
major ['meɪdʒə(r)] adj. 主要的
cause [kɔːz] n. 原因; 起因
obesity [əʊ'biːsɪti] n. 肥胖 (症)
lack of 缺乏
physical exercise 体育锻炼

 Notes:

9. We have made great progress in controlling population.

我们在控制人口方面取得了巨大进展。

progress ['prəʊɡres] n. 进步; 进展
control [kən'trəʊl] v. 控制; 限制
population [ˌpɒpjʊ'leɪʃn] n. 人口; 人口数量

make great progress 取得巨大进步

10. In the last decades, advances in medical technology have made it possible for people to live longer than in the past.

在过去的几十年, 先进的医疗技术已经使得人们比过去活的时间更长成为可能。

last [lɑːst] adj. 刚过去的; 上一个的
decade ['dekeɪd] n. 十年; 十年期
advance [əd'vɑːns] n. 进步; 进展
medical ['medɪkl] adj. 医疗的
technology [tek'nɒlədʒi] n. 技术

make...possible 使……成为可能
in the past 在过去

第一周 11-15 句

11. Many experts point out that physical exercise contributes directly to a person's physical fitness.

许多专家指出体育锻炼直接有助于身体健康。

expert ['ekspɜːt] n. 专家
point [pɔɪnt] v. 指; 指向
contribute [kən'trɪbjʊːt] v. 有助于; 贡献于
directly [də'rektli] adv. 直接地
fitness ['fɪtnəs] n. 健壮; 健康

Practice makes perfect.

point out 指出
contribute to 有助于；贡献于
physical fitness 身体健康

 Notes:

12. In view of such serious situation, environmental tools of transportation like bicycle are more important than any time before.

考虑到这些严重的状况，我们比以往任何时候更需要像自行车这样的环保型交通工具。

serious ['sɪəriəs] adj. 不好的；严重的
situation [ˌsɪtʃu'eɪʃn] n. 情况；状况
environmental [ˌm,vaɪrən'mentl] adj. 生态环境的；有关环境的
tool [tu:l] n. 工具
transportation [ˌtræns'pɔ:'teɪʃn] n. 交通运输

in view of 鉴于；考虑到

13. Using bicycle contributes greatly to people's physical fitness as well as easing traffic jams.

使用自行车有助于人们的身体健康，并极大地缓解了交通阻塞。

ease [i:z] v. 减轻；缓解

as well as 也；和……一样
traffic jams 交通阻塞

14. Despite many obvious advantages of bicycle, it is not without its problem.

尽管自行车有许多明显的优点，但是它也存在它的问题。

despite [dɪ'spaɪt] prep. 即使；尽管
obvious ['ɒvviəs] adj. 明显的；显然的
advantage [əd'vɑ:ntɪdʒ] n. 优势；优点

15. Bicycle can't be compared with other means of transportation like car and train for speed and comfort.

在速度和舒适度方面，自行车是无法和汽车、火车这样的交通工具相比的。

compare [kəm'peə] v. 比较；对比
means [mi:nz] n. 方式；途径
speed [spi:d] n. 速度；速率
comfort ['kʌmfɔ:t] n. 舒服；安逸

Practice makes perfect.

compare with 与……相比较

 Notes:

第一周 16-20

16. The latest surveys show that quite a few children have unpleasant associations with homework.

最近的调查显示相当多的孩子对家庭作业没什么好感。

latest ['leɪtɪst] adj. 最近的; 最新的

unpleasant [ʌn'pleznt] adj. 令人不快的; 不舒服的

association [ə'soʊsi'eɪʃn] n. 关联; 联系

quite a few 相当多的

have...association with 与……有联系

17. People seem to fail to take into account the fact that education does not end with graduation.

人们似乎忽视了教育不应该随着毕业而结束这一事实。

seem [si:m] v. 好像; 似乎; 看起来

fail [feɪl] v. 未做; 未履行

fact [fækt] n. 事实; 真相

education [ˌedʒu'keɪʃn] n. 教育

end [end] v. 结束; 终止

graduation [ˌgrædʒu'eɪʃn] n. 毕业

seem to do 看起来; 似乎; 好像

fail to do 未能做某事

take into account 考虑

end with 以……结束

18. An increasing number of people are beginning to realize that education is not complete with graduation.

越来越多的人开始意识到教育不能随着毕业而结束。

realize ['ri:əlaɪz] v. 认识到; 意识到

complete [kəm'pli:t] adj. 完成; 结束

an increasing number of 不断增加的……; 越来越多的……

begin to 开始做某事

Practice makes perfect.

 Notes:

19. When it comes to education, the majority of people believe that education is a lifetime study.

说到教育，大部分人认为其是一个终生的学习。

majority [mə'dʒɔ:rəti] n. 大部分；大多数

believe [br'i:lv] v. 相信

lifetime ['laɪftaɪm] n. 一生；终身

when it comes to 当提到，当谈到

the majority of 大多数

20. It is hard to imagine a student focusing their energy on textbook while other children are playing.

当别的孩子在玩耍的时候，很难想象一个学生能集中精力在课本上。

imagine [ɪ'mædʒɪn] v. 想象；设想

focus ['fəʊkəs] v. 集中（注意力，精力）

energy ['enədʒi] n. 精力；活力

focus on 关注；聚焦于

第一周 21-25 句

21. She found it extremely difficult to get a job.

她发觉找工作极其困难。

extremely [ɪk'stri:mli] adv. 极其；极端

difficult ['dɪfɪkəlt] adj. 困难的；难做的

get a job 找工作

find it difficult to do sth. 发觉做某事很困难

22. We should attach primary importance to the development of economy.

我们应该把经济发展放在第一位。

attach [ə'tætʃ] v. 认为有重要性(或意义、价值、分量等)；重视

primary ['praɪməri] adj. 主要的；最重要的

importance [ɪm'pɔ:rtns] n. 重要性；重要

development [dɪ'veləpmənt] n. 发展；成长

economy [ɪ'kɒnəmi] n. 经济；经济情况

attach importance to 认为有重要性；重视

Practice makes perfect.

 Notes:

23. An investigation shows that female workers tend to have a favorable attitude toward retirement.

一项调查显示女性工作者对退休持有赞许态度。

investigation [inˌvestrɪˈgeɪʃn] n. 调查; 侦查

female [ˈfiːmeɪl] adj. 女性的

favorable [ˈfeɪvərəbəl] adj. 赞许的; 赞同的

attitude [ˈætɪtʊd] n. 态度; 看法

toward [təˈwɔː(r)d] prep. 向; 朝

retirement [rɪˈtaɪəmənt] n. 退休; 退職

tend to 往往; 倾向于

24. In the second place, there seem to be too many people without job and not enough job position.

第二方面, 失业的人似乎太多而又没有足够的工作岗位。

enough [ɪˈnʌf] det. 足够的; 充足的

position [pəˈzɪʃn] n. 职位; 职务

in the second place 第二方面

job position 工作岗位

25. There is a growing tendency for parent these days to stay at home to look after their children instead of returning to work earlier.

现在, 父亲或母亲留在家里照顾他们的孩子而不愿过早返回工作岗位正成为一个不断增加的趋势。

tendency [ˈtendənsi] n. 倾向; 趋势

return [rɪˈtɜːn] v. 回去; 返回

a growing tendency 一个不断增长的趋势

stay at home 留在家

look after 照顾

instead of 代替; 而不是